

MCG

In Collaboration with THE BOSTON CONSULTING GROUP



***Driving Productivity* for the Nation**

Workshop Series 1

Private Healthcare sector

28 April 2016

Registration

	Name	Designation	Company / Association / Ministry	Email address	Contact number
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We will respect your privacy and only use this in relation to the workshops!

Objectives of today

- 1 Recap the strategic direction for Productivity from the 11th Malaysia Plan
- 2 Provide overview of development of the National Productivity Blueprint
- 3 Discuss key gaps between our starting point and desired end-state for your sector's productivity
- 4 Brainstorm potential ways to close the productivity gap



What's in it for you?

Shape your industry so that you can be more competitive locally and internationally

Access opportunities to engage with the government, regulators and other key players

Remove barriers that are impeding productivity growth in your industry

Introducing your facilitators for the day

Zarif Munir



- **Partner, KL**
- Key Southeast Asia node for Healthcare and Operations practice area

Neil Soderlund



- **Senior Advisor, SYD**
- Head of the Health Care Practice Area in Australia and New Zealand
- Former specialist health care consultant in South Africa and the UK

Nurlin Salleh



- **Project Manager, KL**
- Deep experience in the public sector including large scale transformation
- Experience in enablement, gov procurement and innovation

Su En Yong



- **Project Manager, KL**
- Deep experience in Malaysian public sector, including with EPU
- Worked on large scale transformation for Msian govt

Jing Ting Yong



- **Consultant, KL**
- Extensive experience in M'sian gov projects and transformation
- Experience in operations in industrial goods within Asia

Nadia Anwar



- **Consultant, KL**
- Experience working with various Malaysian GLCs and the public sector, including economic development

Liyana Satar



- **Consultant, KL**
- Experience in public sector including economic development

Some ground rules for today



This is our future: we need to think about what we will do differently tomorrow



Everyone is expected to fully participate. This must be a collaborative session



Let's be mindful of time management and focus on what's important



Respect each other's contribution, minimize disruption from phone calls or emails if possible



We will try to stick to the agreed breaks

Two types of sessions we will go through today



Presentation

- 1 Meant to provide quick summary and overview only
- 2 Only ~20% of today's session on the presentation
- 3 Feel free to interject the presenter if you have interesting points to share



Group Discussion

- 1 Your opportunity to shape the agenda → should take full ownership
- 2 Everyone has an equal voice, regardless of entity you represent
- 3 MCG's role is not to steer nor influence, but to facilitate the discussions

Agenda

<u>Time</u>	<u>Session</u>	<u>PIC</u>
0830 - 0900	Arrival and registration	
0900 - 0930	Project context - Why have we embarked on this project? - What does this project entail?	P EPU/ BCG
0930 - 1030	What productivity means for this subsector - Why is it important? - Gap vs RMK 11 target and benchmarks - Our approach and initial views (challenges and existing plans)	P BCG
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1045 - 1145	Breakout session #1: Verify critical challenges and drill down to root causes	G Participants
1145 - 1215	Recap to the room	Participants
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1345 - 1445	Breakout session #2: Brainstorm and prioritize productivity improvement initiatives going forward	G Participants
1445 - 1500	Tea break	
1500 - 1530	Recap to the room	Participants
1530 - 1600	Closing remarks and next steps	BCG

P Presentation **G** Group discussion

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P Presentation **G** Group discussion

Overall project objectives to drive National Productivity

Four key objectives to drive National Productivity



1

Support RMK-11 Implementation

- Guide implementation to accelerate productivity improvements at national, industry and enterprise levels between 2016 and 2020



2

Provide comprehensive national productivity framework

- Address issues and challenges to productivity in a comprehensive and cohesive manner through the development of a national productivity framework



3

Outline productivity improvement strategies

- Design and develop improvement strategies, initiatives and programs at national, industry and enterprise levels



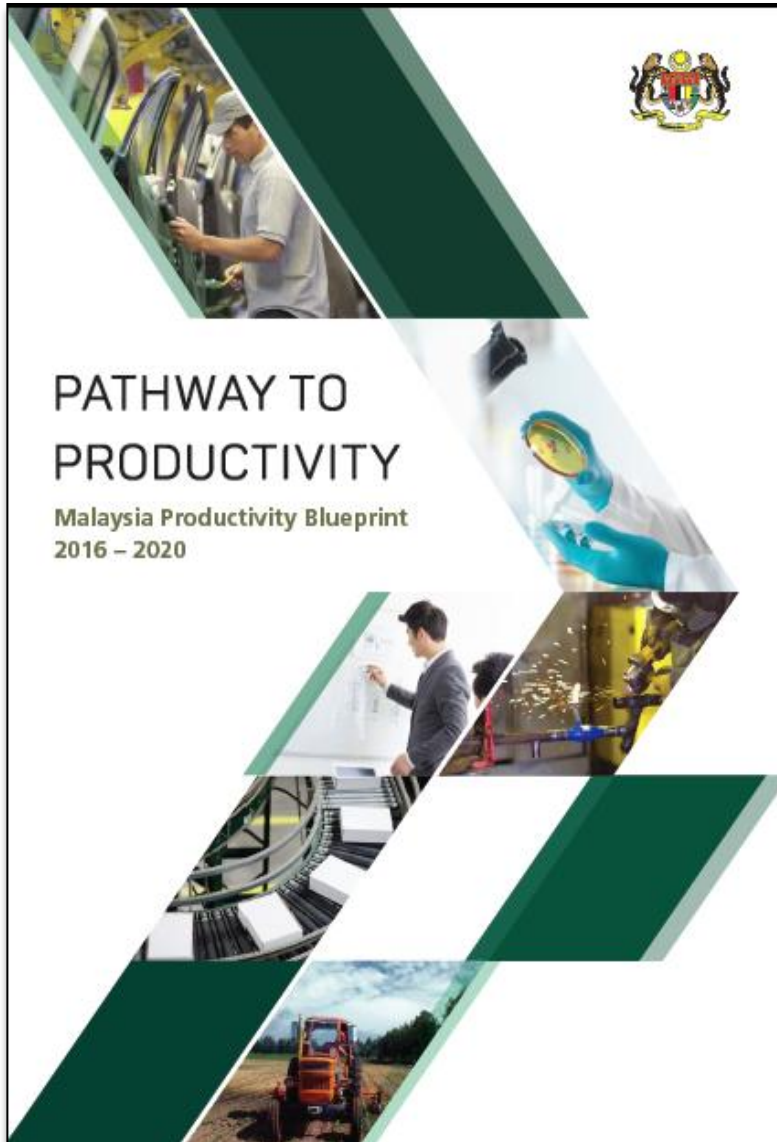
4

Commence implementation of productivity action plans

- Deep-dive and define action plans for priority sectors and support launch and implementation

To start with, Malaysia Productivity Blueprint developed and ready for launch

Illustrative



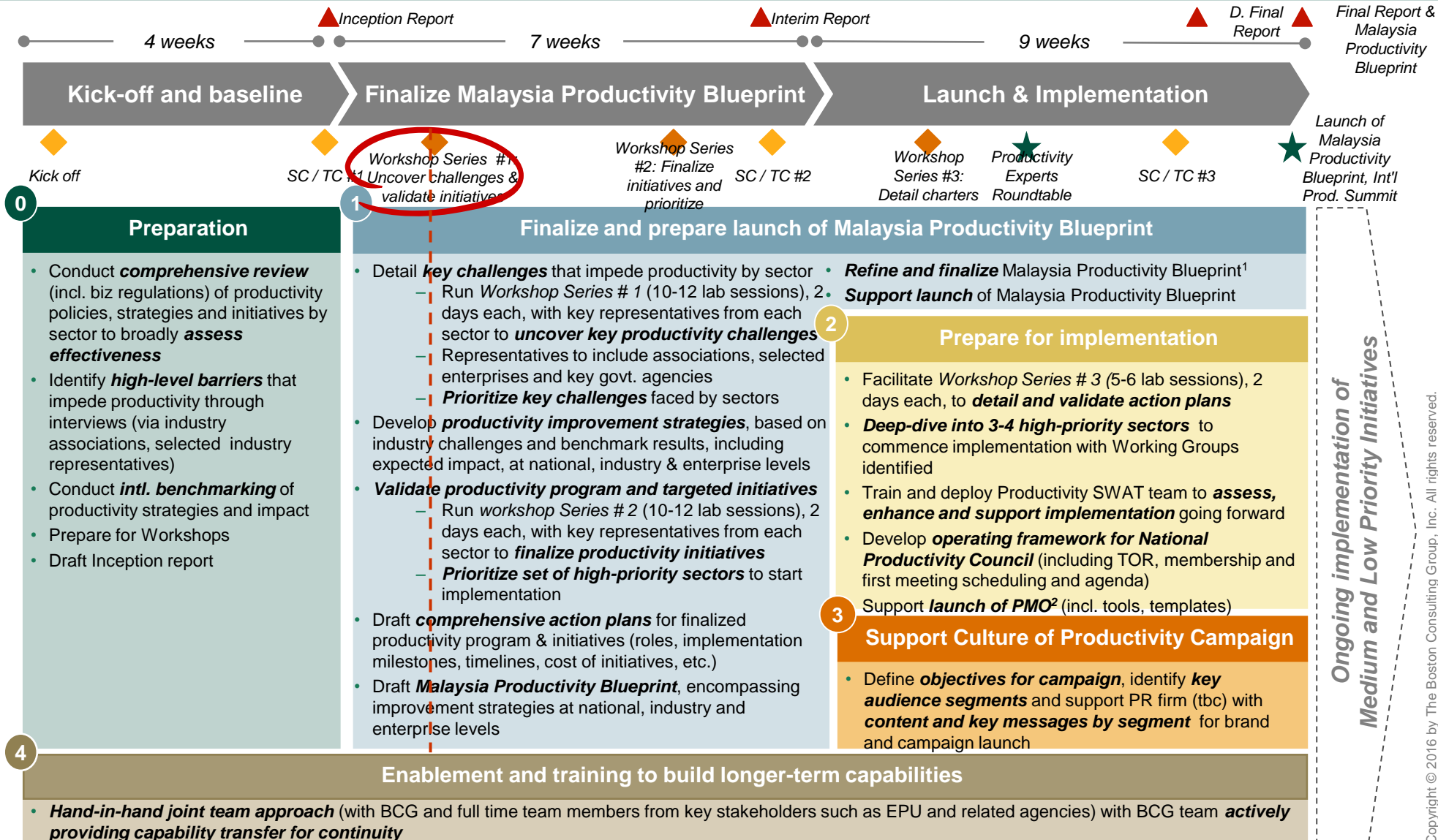
“

Economic growth during the Eleventh Plan must be driven by more sustainable sources of growth, particularly improvements in productivity. Targeted initiatives will be introduced at the national, industry and enterprise levels to ensure tangible and significant improvements in productivity. Specific productivity targets will be set and the outcomes will be closely monitored.” | 11th Malaysia Plan

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Context and Approach	17
Vision and Aspirations	25
Current Performance of Government and Industry	38
Recommendations	52
Governance and Implementation	78
Conclusion	100

Aim to finalise blueprint and commence implementation within 20 weeks



1. BCG to continue support to EPU beyond 20 week project period to finalize Malaysia Productivity Blueprint 2. Program Management Office

Active engagement with key stakeholders to ensure feasibility of implementation

Workshop series #1 (25/4 – 5/5)



Identify biggest productivity challenges and initiatives across key sectors

Workshop series #2 (16/5-27/5)



Detail out initiatives to drive productivity across key sectors and obtain stakeholder agreement

Interviews (ongoing)



Interviews held with select public and private sector stakeholders to

- Highlight productivity challenges
- Discuss and prioritize solutions

Questionnaire (May)



Link will be sent out

- gauge productivity sentiment
- understand productivity challenges across sectors and particularly at enterprise level

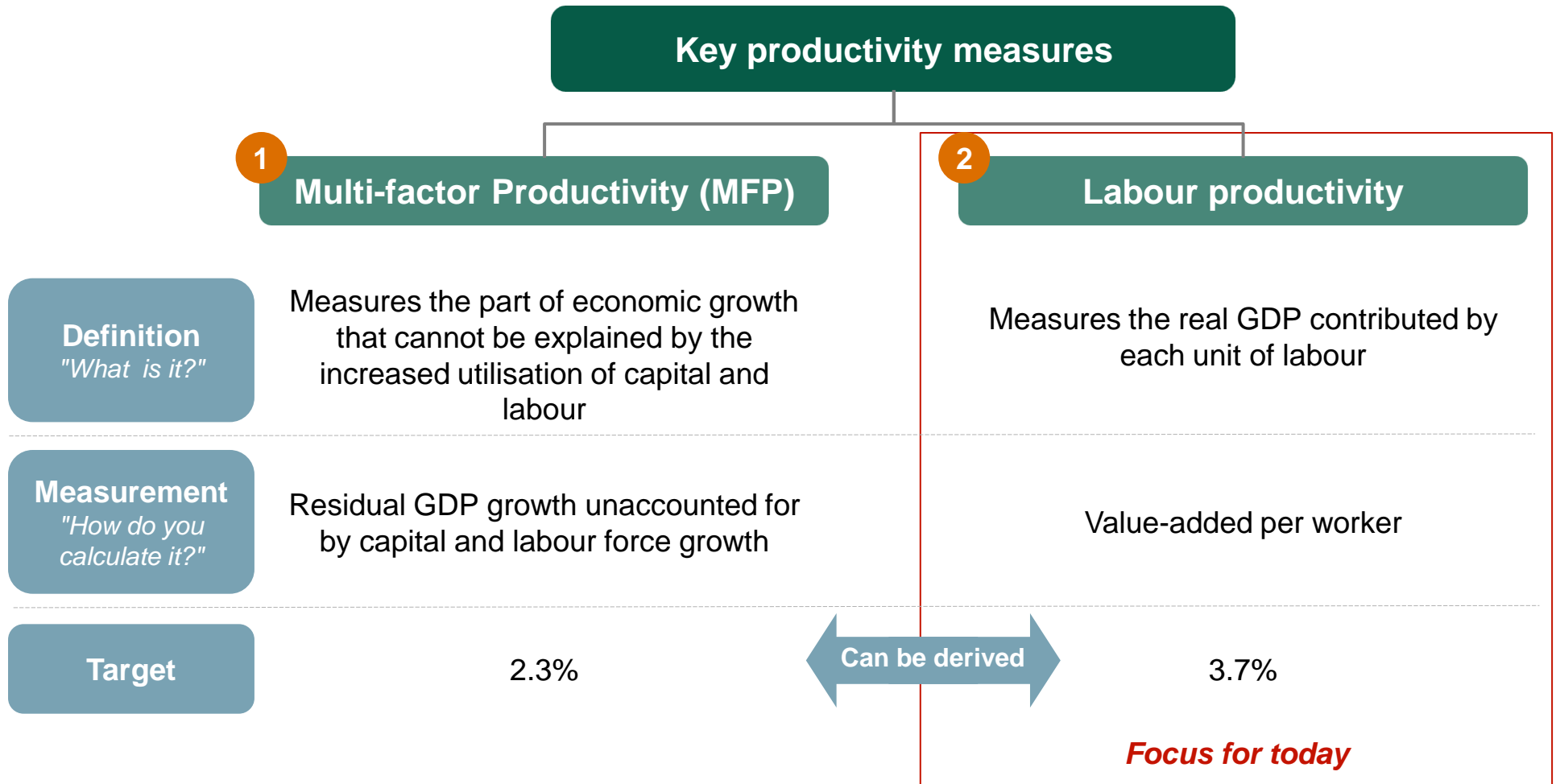
Let's start by sharing your views on "productivity"

- 1 **Register** on pollev.com/productivity using your smartphone or tablet browser
- 2 Answer the test question "**Did you sleep well last night?**"
- 3 Answer the question what "**productivity means to you?**" by choosing and typing **one** word from the selection provided below.

profitability	growth	sales	cost
efficiency	layoffs	investment	funding

- 4 See views across today's audience **shared live!**

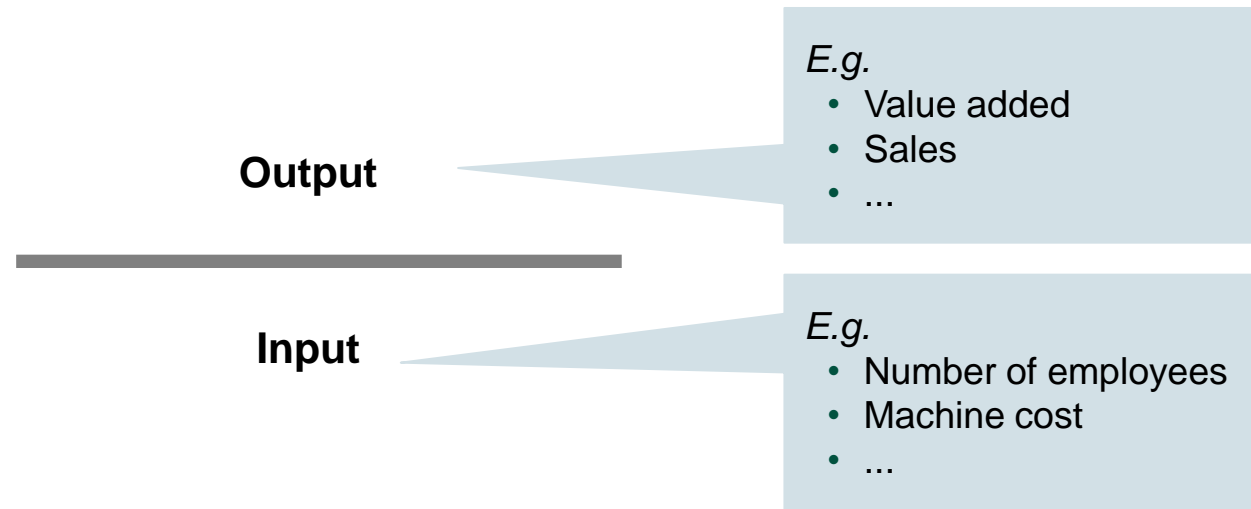
11th Malaysia Plan (RMK11) set clear targets for two measures of productivity defined at national level



1. As per RMK-11 2. Under mild assumptions, i.e., using Cobb-Douglas function and capital share of output remains constant over the short to medium term

Source: 11th Malaysia Plan, MCG analysis

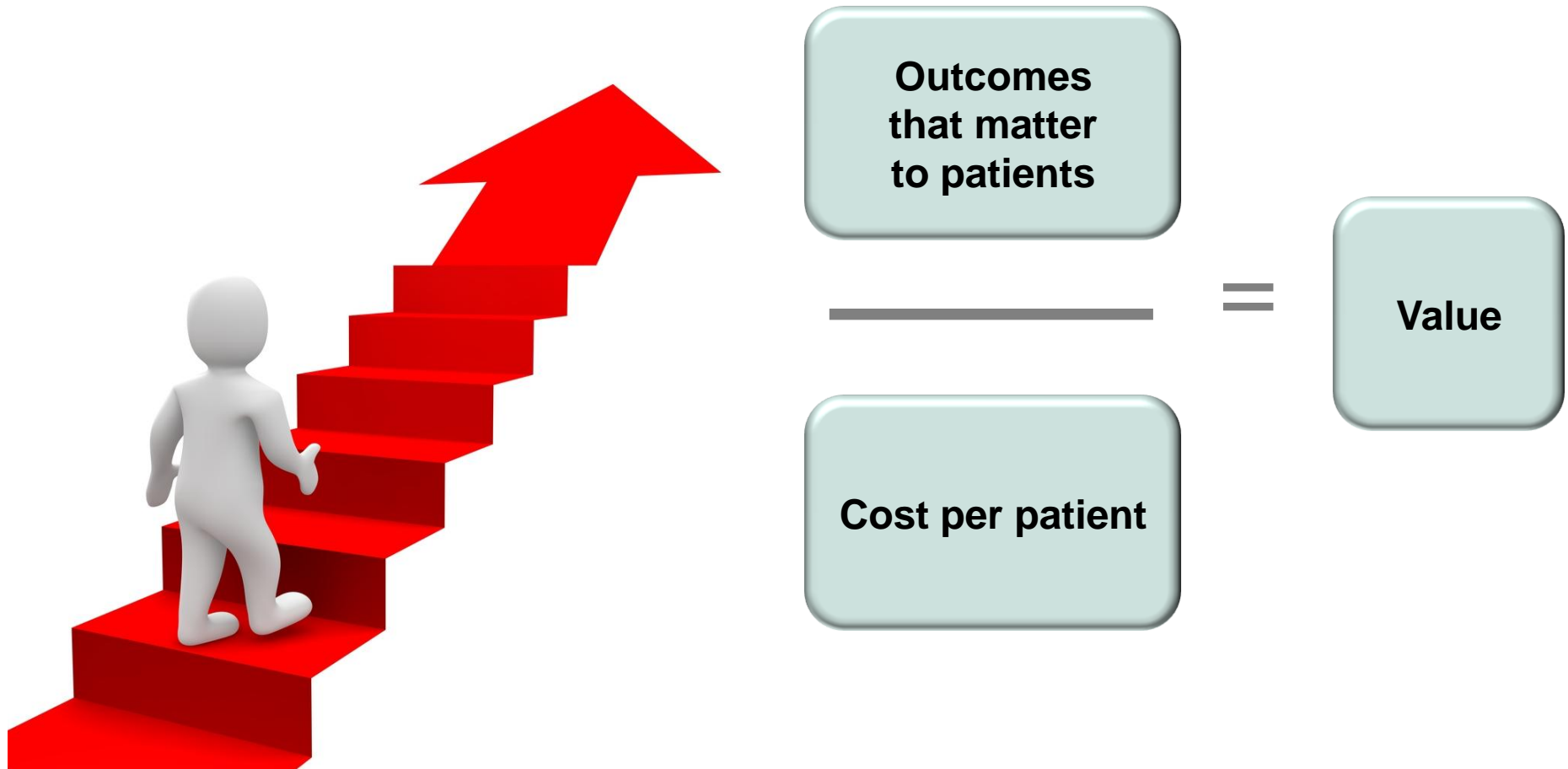
How do we define productivity?



***"Productivity isn't everything, but in the long run it is almost everything.
A country's ability to improve its standard of living over time depends almost entirely on its
ability to raise its output per worker... "***

-- Paul Krugman, The Age of Diminishing Expectations (1994)

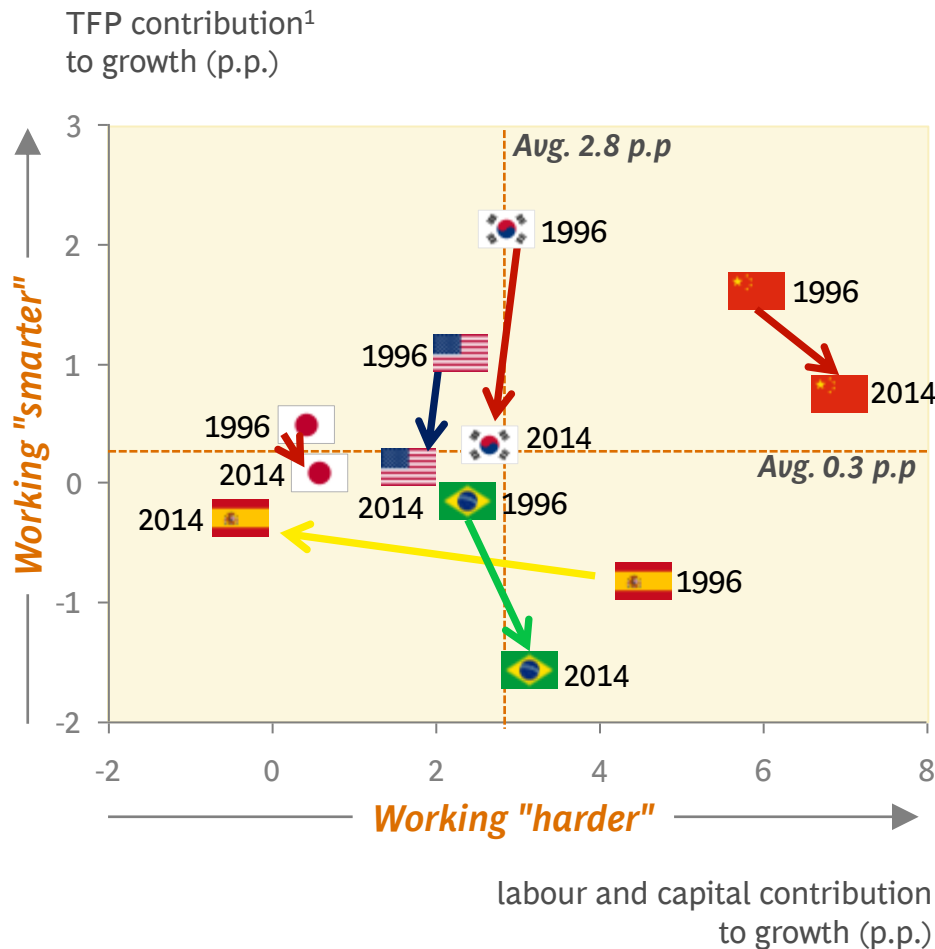
In Healthcare, a value-based approach needs to be taken into consideration



Later today, let's also discuss the operational metrics that help drive to good outcomes with minimal inputs

Globally, countries are working harder but not smarter

Individual growth paths and one critical commonality: decline of TFP contribution to growth



KEY OBSERVATIONS

Working smarter?: Decline of productivity growth is the common thread across key economies

- A number of large economies in negative terrain
- All economies exhibit downward trends in productivity growth

Working harder: labor and capital contributions much larger in absolute terms

- Capital often the more consistent growth driver, esp. in EMs
- Labor gained momentum post-crisis (example: the US)

1. Equivalent to TFP growth following the production function $\Delta \ln \text{GDP} = \nu_K \Delta \ln K + \nu_L \Delta \ln L + \Delta \ln \text{TFP}$

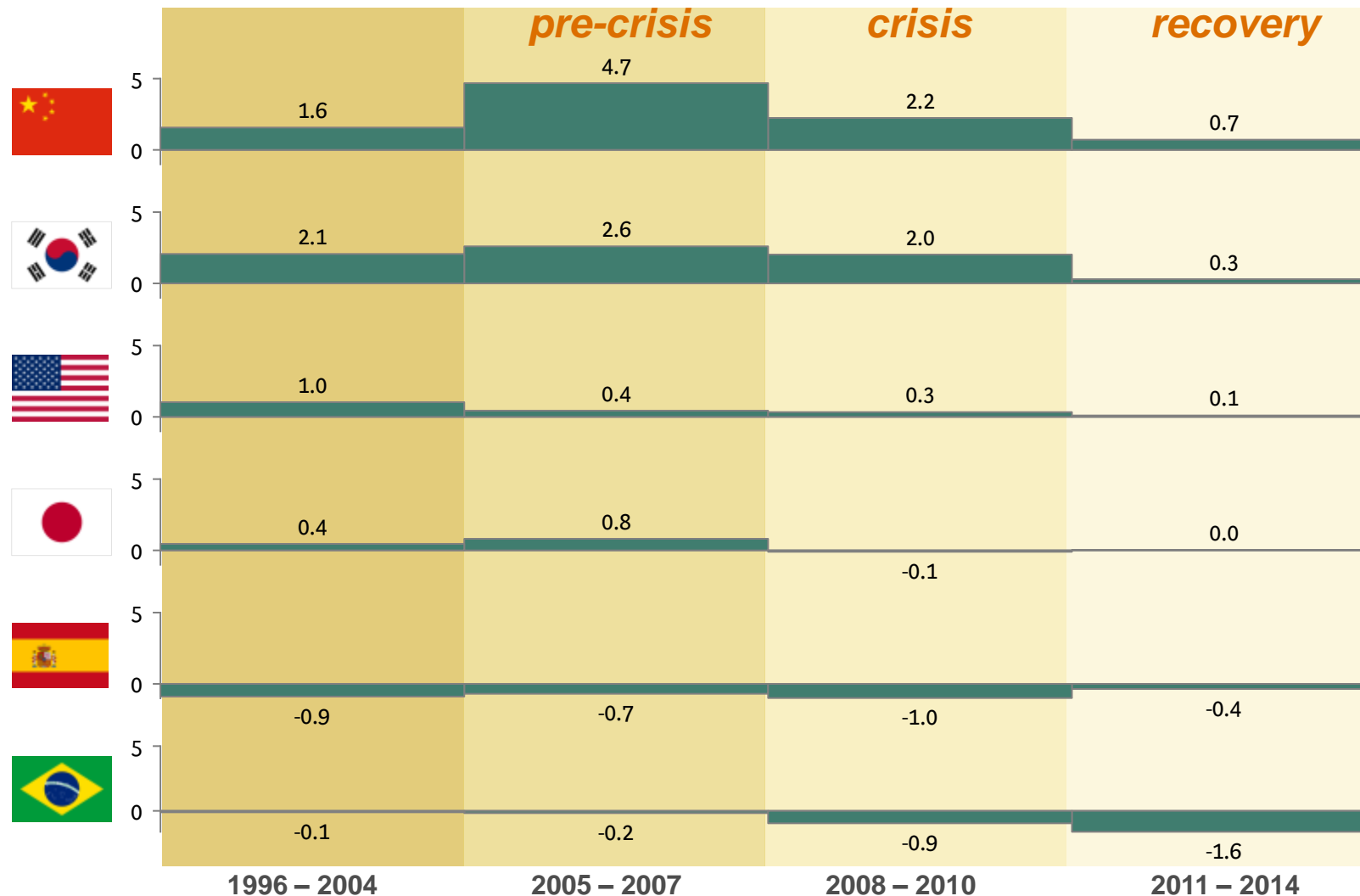
Note: Stylized paths based on start (1996-2007) and end (2011-2014) period averages

Source: The Conference Board, BCG Center for Macroeconomics analysis

Productivity (TFP) growth: disappearing everywhere

Global trend, all economies

Total factor productivity growth, period averages,
%



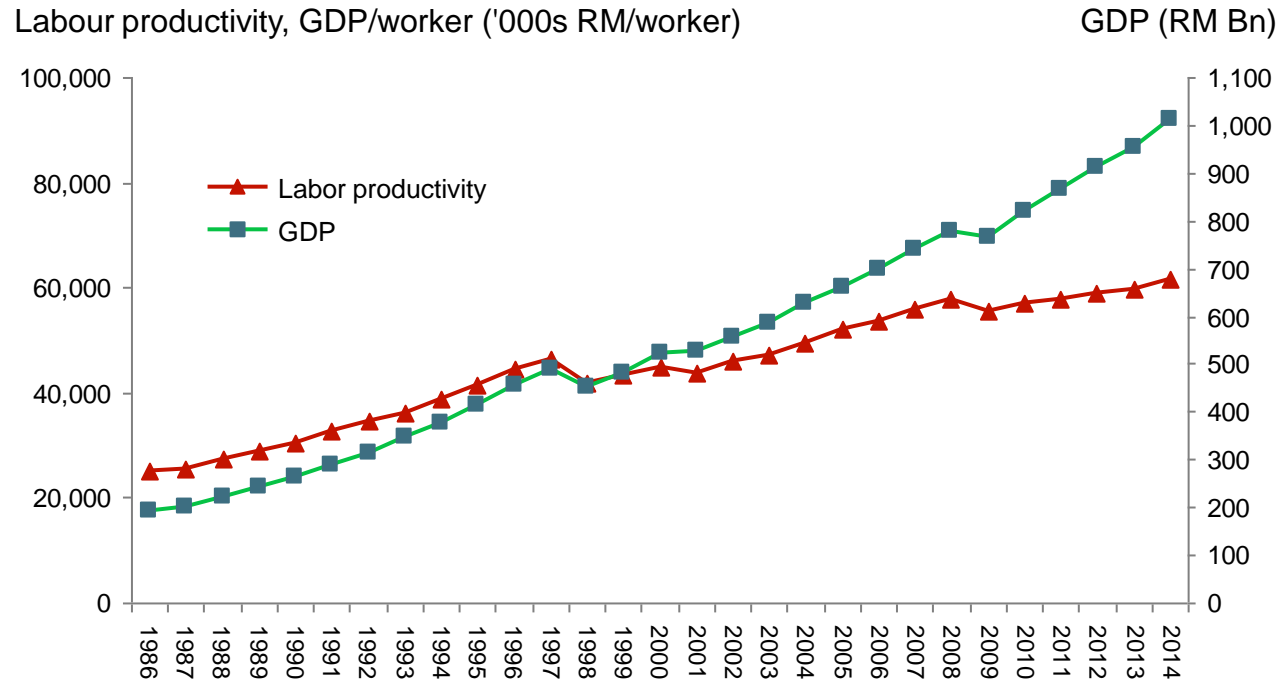
Source: The Conference Board, BCG Center for Macroeconomics analysis

EPU Drive to Productivity-Workshop Series 1 - Healthcare vf2.pptx

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Draft—for discussion only 18

Malaysia's gap between labor productivity growth and GDP growth has been widening



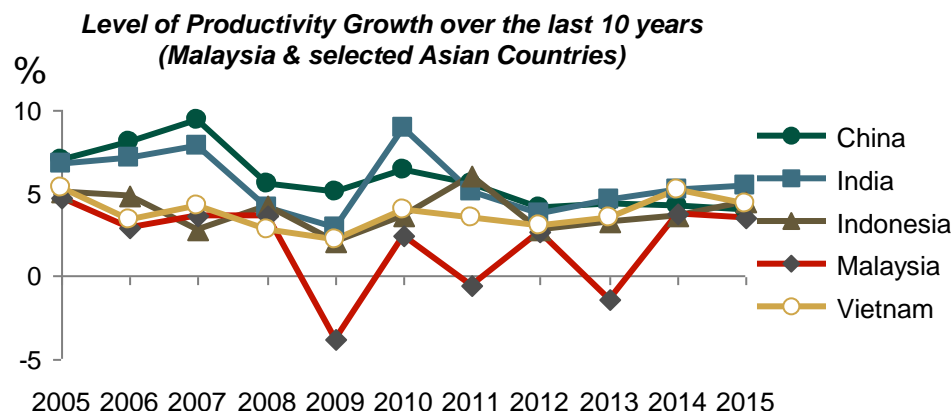
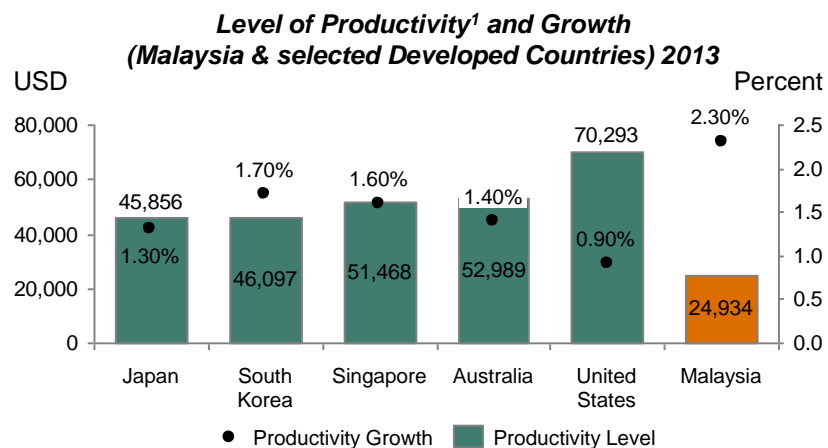
CAGR	1985 - 1994	1995 - 2004	2005 - 2014	RMK-11 target
GDP growth	7.15%	4.22%	4.37%	5.8%
Labour force growth	3.10%	2.58%	2.06%	
Labour productivity growth	4.25%	1.82%	1.71%	3.7%

Note: GDP based on 2010 prices. Labour productivity based on MPC data

Source: Economics and Corporate Planning Division, MPC Productivity Report 2014/2015, World Bank, EIU, DOS, MCG analysis

We are falling behind ... with risk of further slow down

Productivity behind developed countries, and slowing compared to emerging Asia



1. labour productivity per person employed, 2013
Source: Malaysian Productivity Corporation (MPC). The Conference Board – Total Economy Database, Oxford Economics

Ranking of international productivity slipping

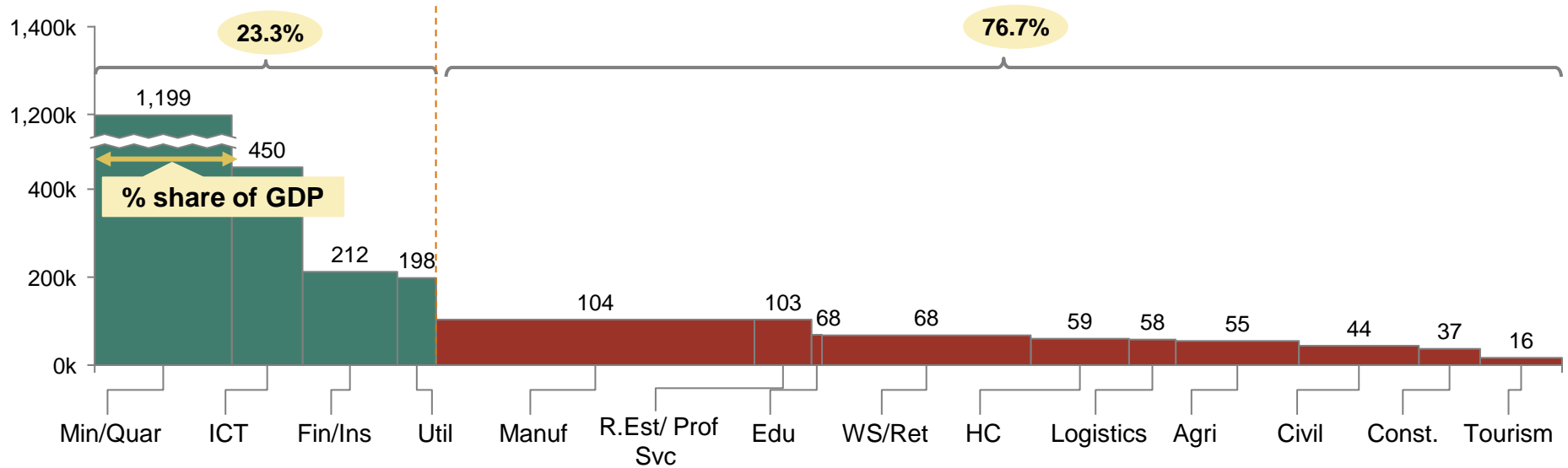
Ranking by GDP PPP per hr worked in 2014 USD

Rank	2009	2015
1	Luxembourg	Luxembourg
2	Norway	Norway
3	Belgium	Belgium
...		
10	Switzerland	Switzerland
11	Sweden	Singapore
...
20	Spain	Hong Kong
21	Trinidad & Tobago	Iceland
...	...	
44	Malaysia	Russia
45		Malaysia
...		
50	Bulgaria	Mexico
51	South Africa	South Africa

~77% of our economy still comprise of sectors with low productivity

Breakdown of productivity by sector vs % share of GDP, 2014

Productivity: GDP per employment (K RM/person)



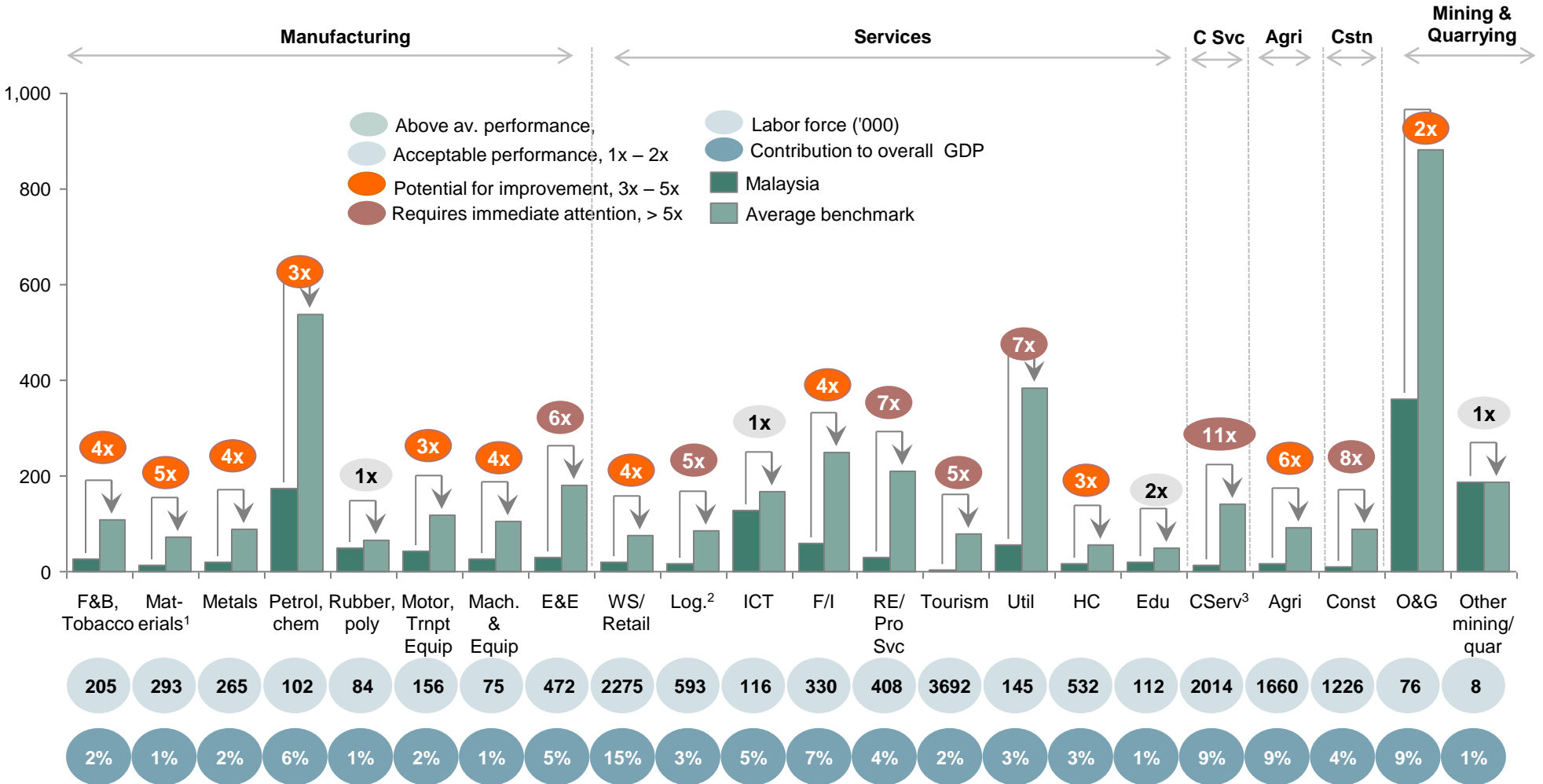
Value add (RM B)	109	56	75	31	253	46	8	166	78	37	98	95	49	65
Employment ³ ('000)	84	116	330	145	2266	408	112	2275	532	593	1660	2014	1226	3692

Note: RMK 11's target is RM 92.3K per person.

Source: MPC, DOS, MCG Analysis

Substantial gaps remain to be narrowed to benchmarks

Labor Productivity by selected sub-sectors vs. benchmark countries 2014 (USD \$, '000)

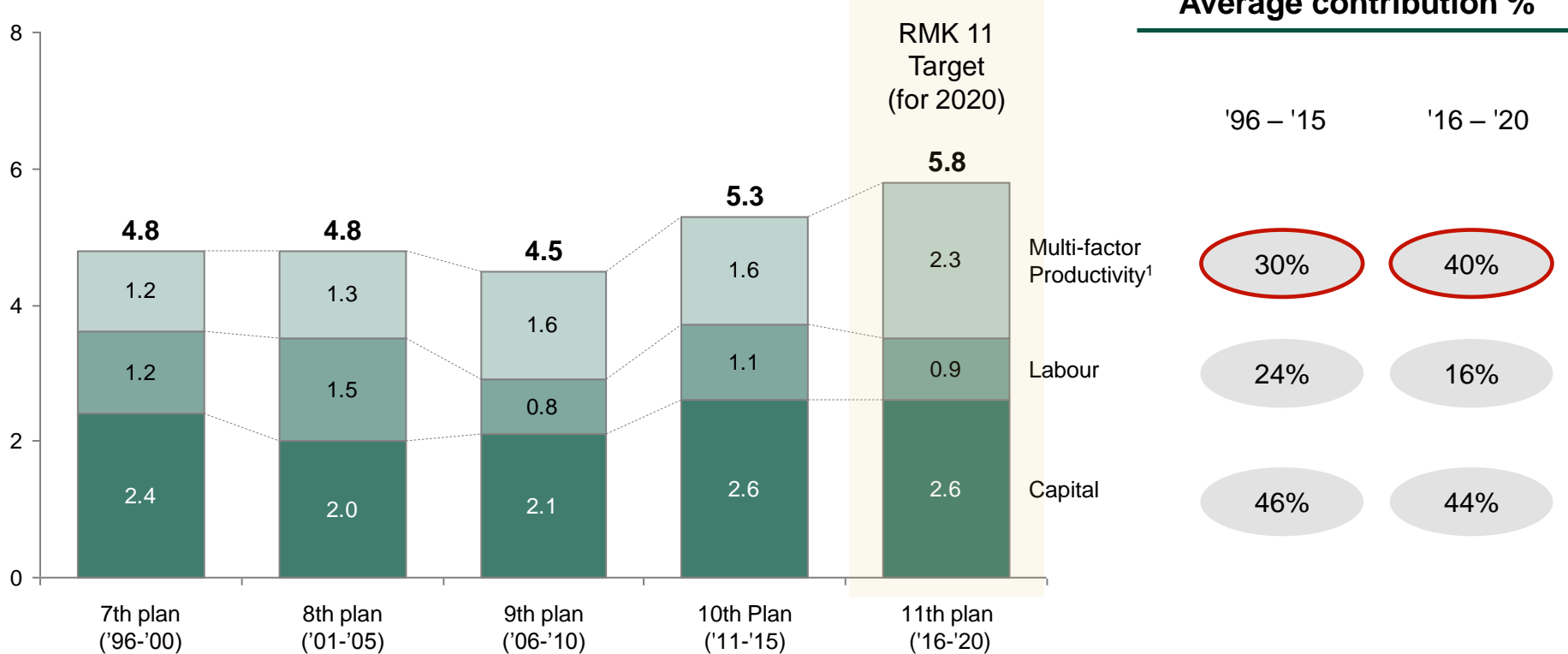


1. Textile, Apparel, Leather 2. US data excludes pipeline transportation 3. Benchmark countries used are SG (Public Admin & Def), US (Fed & State national defense and non-defense)
 Note: Benchmark countries: Singapore, Australia and USA in 2014, based on 2010 constant prices. Where sub-sector is unavailable, benchmark comparison only done on relevant countries
 Source: MPC, relevant Department of Statistics for Singapore, Australia and USA, MCG Analysis

Target to shift from input to productivity-driven growth

Capital investment has driven ~50% of GDP growth historically

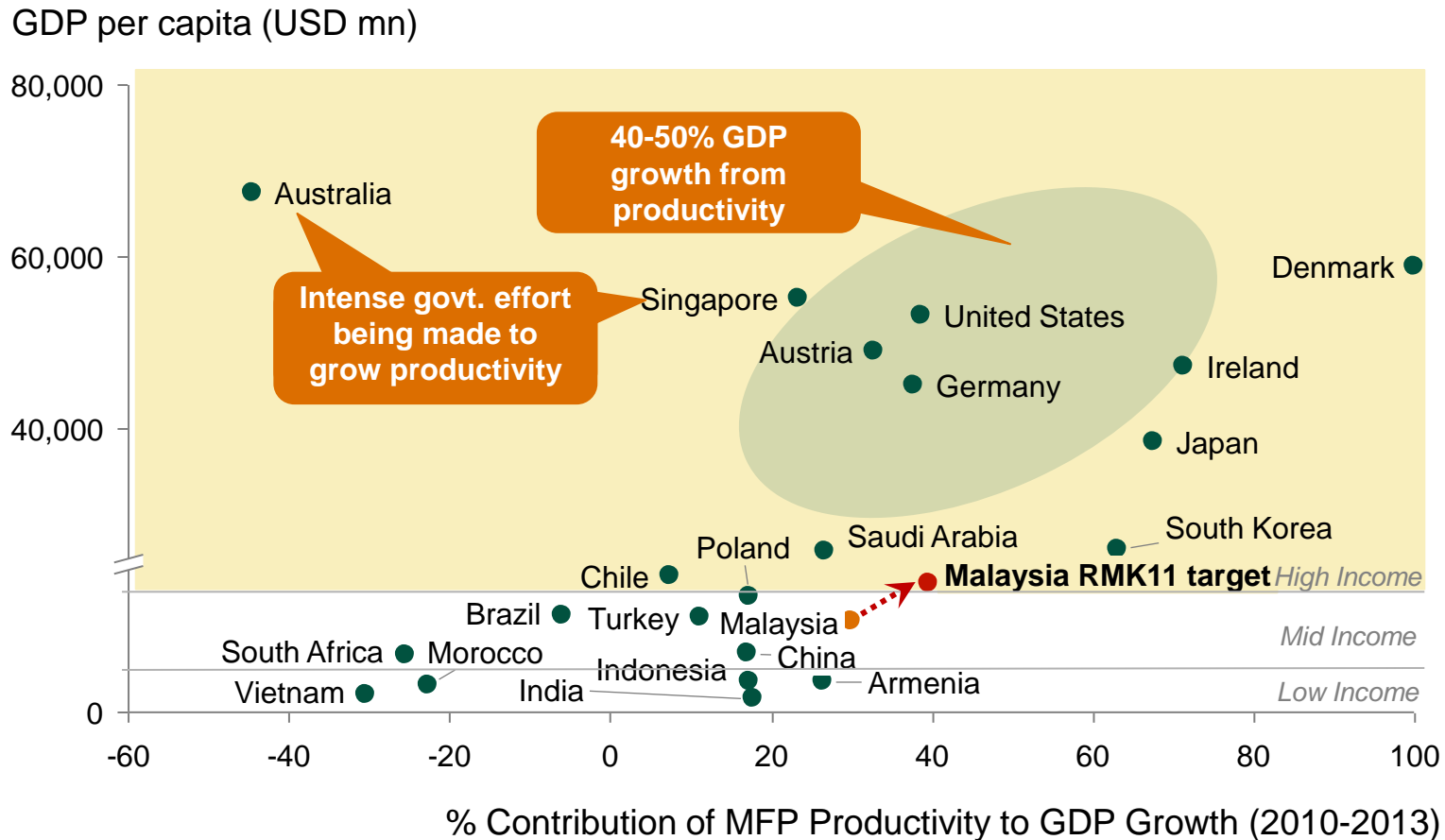
GDP growth contribution (%)



To attain productivity target of RM92k per worker by 2020, accelerated growth needed for next 5 years

1. As measured by TFP Source: 7th – 10th Malaysia Plans; Figures for 10th and 11th Malaysia Plans are projected figures as stated in the 11th Malaysia plan document. Source: 11th Malaysia Plan

Target will place M'sia within range of developed economies



1. % Contribution of Productivity to GDP growth is based on TCB data, average of 2010 – 2013 2. GDP per capita data from World Bank. current definition : high Income defined as GNI per capita of above USD 12,745; high mid income between USD 4,125 – 12,745; low mid income between USD 1,046 – 4,125

Source: 2014 The Conference Board, World Bank

Recent Govt. measures will require urgency to improve productivity and competitiveness

Subsidy reforms

Ongoing subsidy rationalization program for fuel and sugar since 2010

"As a **responsible** government, we should be **brave** in coming up with decisions which will put the country's **economy on a strong footing in the future.**"

Dato Sri Najib Razak, PM Malaysia



Tightened foreign labor policies



Increased levies for foreign workers and revised min wage for foreign workers ...

"The government has decided to **delay the intake of foreign workers** from all source countries including Bangladesh. We urge all employers to **recruit local workers as employees.**"

Datuk Seri Zahid, DPM Malaysia

...and recently froze recruitment of all foreign workers

Increasing liberalisation

Malaysia inked landmark TPPA with 11 other countries in 2016



"It cannot be denied there are several challenges ahead, but the Government recognizes that **as a whole, Malaysia can stand to benefit.**"

Datuk Seri Mustapa Mohamed, MITI Minister

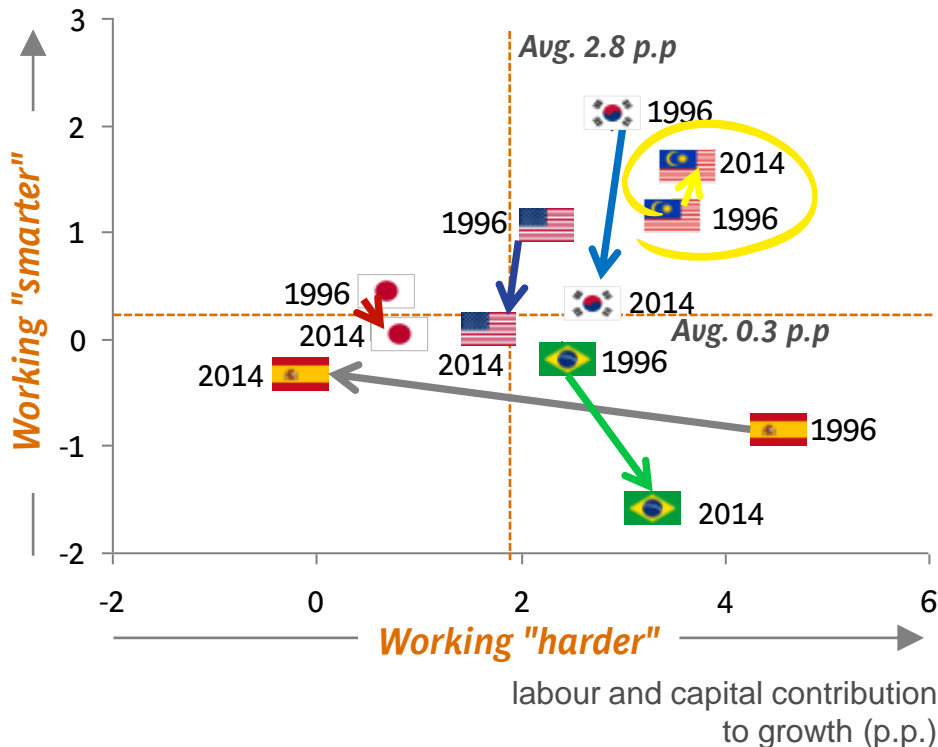
Reduction in protectionism measures to raise market competitiveness; players need to adapt to new reality

Going forward, M'sia needs mixed approach to drive productivity, including quick-wins and long-term initiatives

Relative to more advanced economies, MY has shown improvement

... and will need a differentiated approach on productivity growth

MFP contribution¹ to growth (p.p.)



Advanced economies face bigger challenge of investing further in R&D to drive new technologies

- Technology getting to "saturation" point i.e: Internet productivity gain largely fully absorbed while new breakthrough technology has yet to develop
- Higher R&D cost in pushing the "frontier" of productivity

Need to prioritize quick wins in Malaysia to catch up on productivity

- Facilitate adoption of technologies and innovation
- E.g., Tech transfer by creating a suitable environment to attract FDIs via trade rules, legal guarantees, incentives, etc....

While pushing for traditional productivity improvement initiatives

- E.g., Better management and organizational practices
- E.g., Removing regulatory obstacles

As well as investing in R&D for high impact productivity in the longer-term

- Focus on enabling industries that have high spillover impact to the economy i.e.: ICT, semiconductor manufacture, general equipment, etc.

1. Equivalent to TFP growth following the production function $\Delta \ln GDP = \sqrt{K} \Delta \ln K + \sqrt{L} \Delta \ln L + \Delta \ln TFP$
 Note: Stylized paths based on start (1996-2007) and end (2011-2014) period averages. Malaysian data based on RMK 11 reports
 Source: The Conference Board, BCG Center for Macroeconomics analysis

Success will ensure all segments of society benefit!

Illustrative

Nation

2015

RM 77 k
labour productivity

Middle income



2020

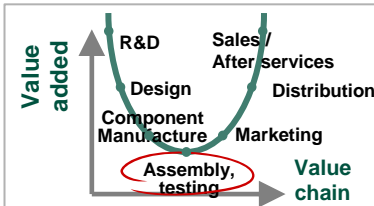
RM 92 k
labour productivity

High income

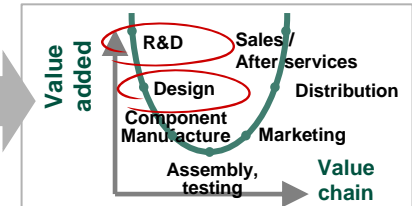
- Higher productivity increases output per worker and **disposable incomes, boosting economy further**

Industry

2015



2020



- Raising industry productivity enables **integration to higher value-add products, processes and value chain segments**

Enterprise

2015



2020



- Drive to boost productivity inspires constant innovation for **the most productive technology and methods, raising enterprise profits**

Individual

2015



2020



- Individuals are incentivized to work more productively, **raising wages, enabling more free time, better work quality and job satisfaction**

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P Presentation **G** Group discussion

Malaysia's private healthcare sub-sector comprises 3 industries

Private Healthcare

Definition

Human health and social work activities ranges from health care provided by trained medical professionals in hospitals and other facilities, over residential care activities that still involve a degree of health care activities to social work activities without any involvement of health care professionals.

Health Services

1

Human Health Activities

- Hospital activities
- Medical & dental practice activities
- Other human health activities

Social Work Services

2

Residential Care Activities

- Residential nursing care facilities
- Residential care activities for mental retardation/ health/ substance abuse
- Residential care activities for the elderly and disabled
- Other

3

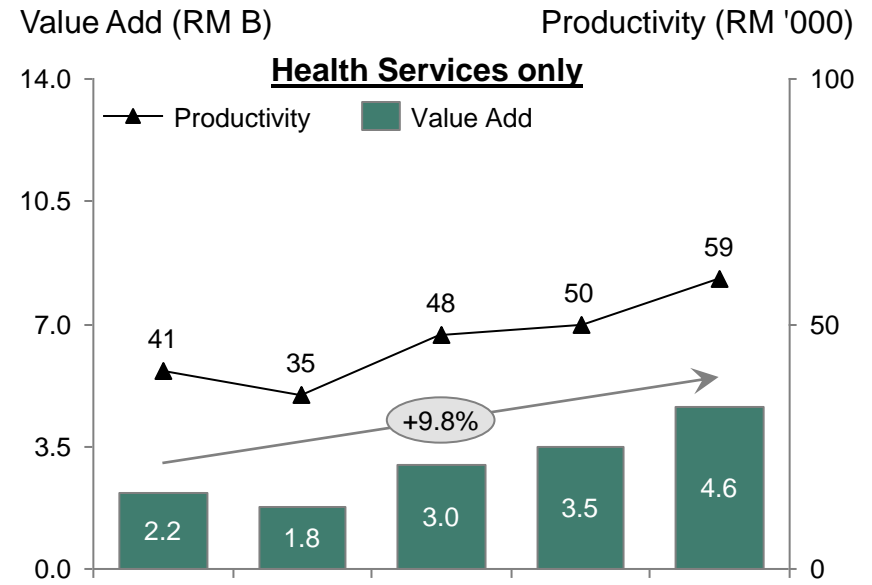
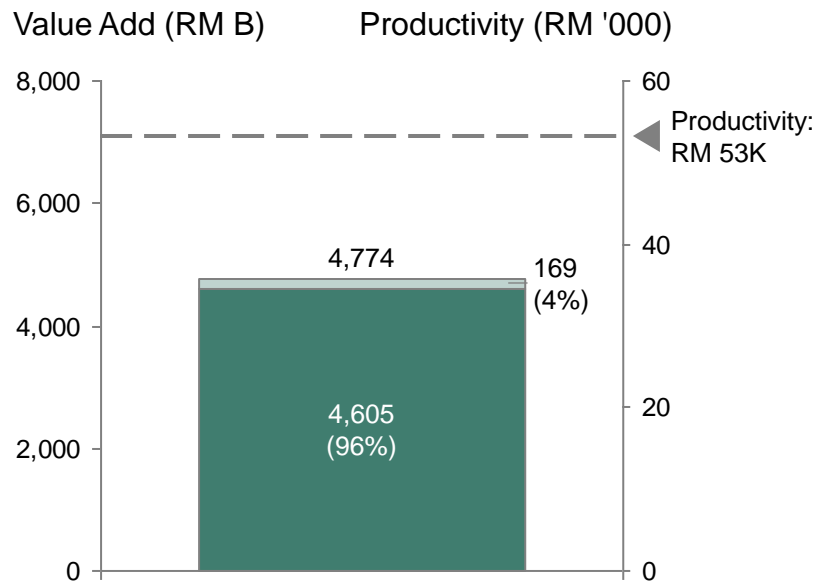
Social work activities without accommodation

- Social work activities without accommodation for the elderly and disabled
- Other social work activities without accommodation n.e.c.

Health Services drives Malaysia's public & private Healthcare, given its significant contribution to value add

Health Services contribute 96% of value add...

... which has been increasing from 2002-2010, with a workforce of 78K people



Share of GDP 0.6%

Share of GDP 0.6% 0.4% 0.5% 0.5% 0.6%

Share of employment¹ 0.7%

Share of employment 0.6% 0.5% 0.6% 0.7% 0.7%

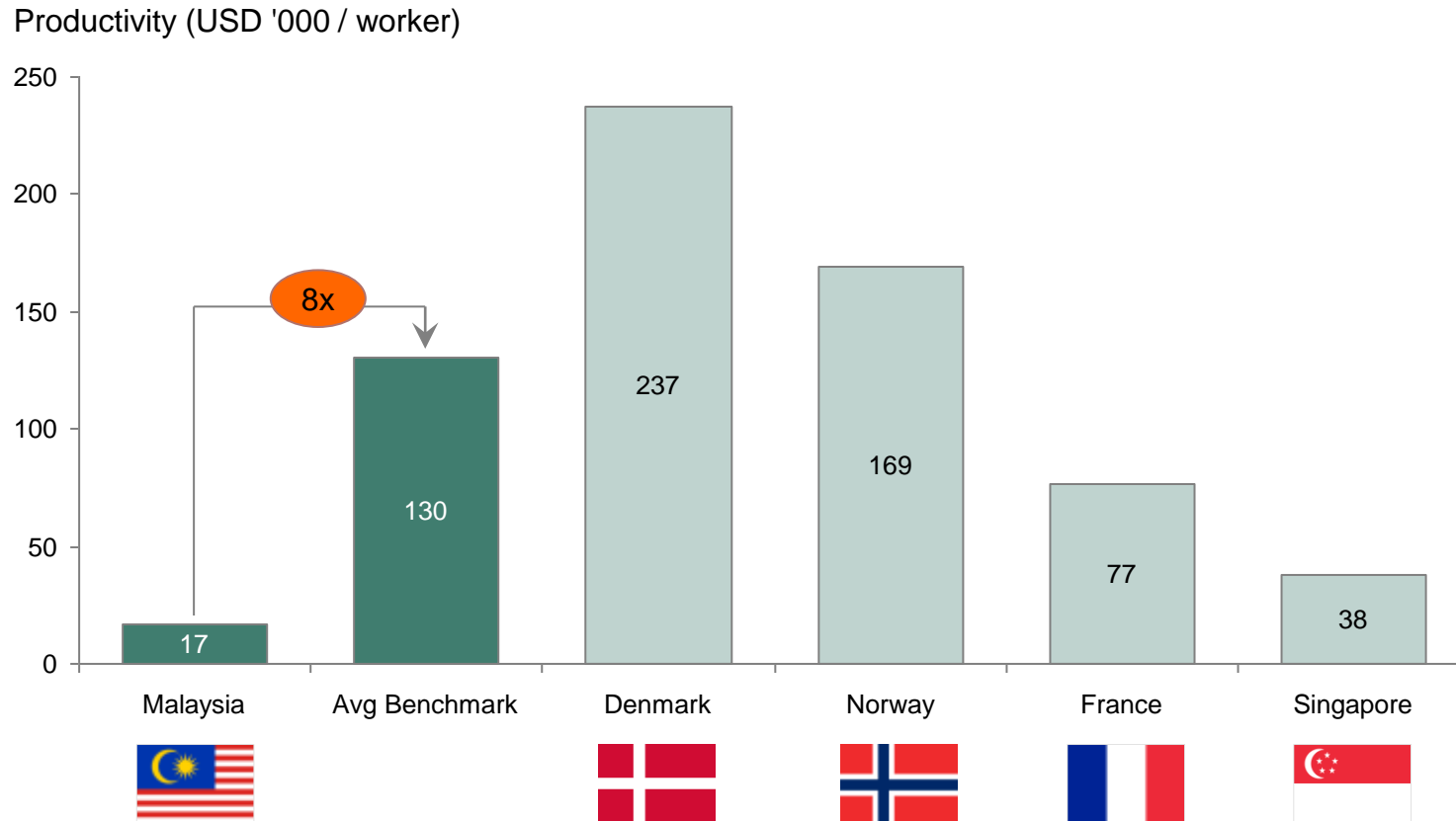
-- Productivity Social Work Services Health Services

1. Share of employment to total employment in Malaysia

Source: Value add and employment figures taken from Healthcare Census 2011; Total GDP from National Accounts (DOS)

Malaysia's public & private Healthcare productivity lags behind benchmark countries by ~8x

Labour Productivity by selected sub-sectors vs. benchmark average



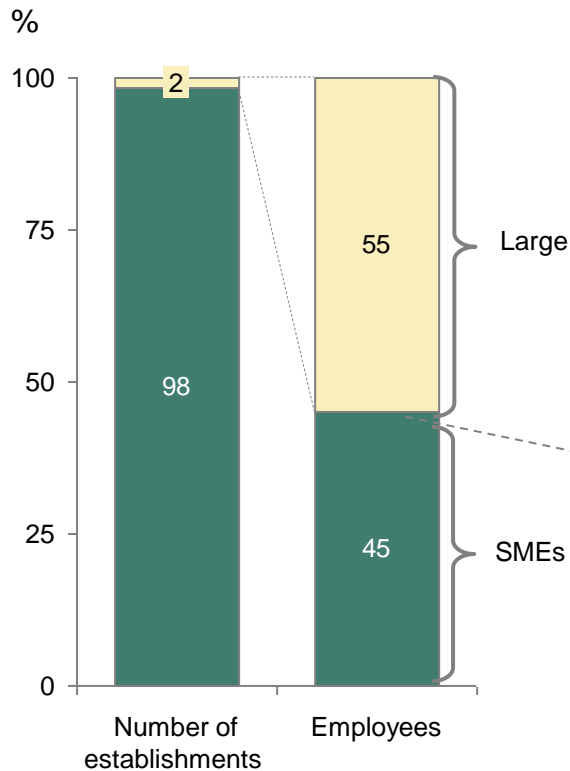
Note: Labour productivity based on constant 2010 prices. All benchmark data except calculated from 2014 prices, except Denmark (2011)

Source: Department of Statistics of respective benchmark countries

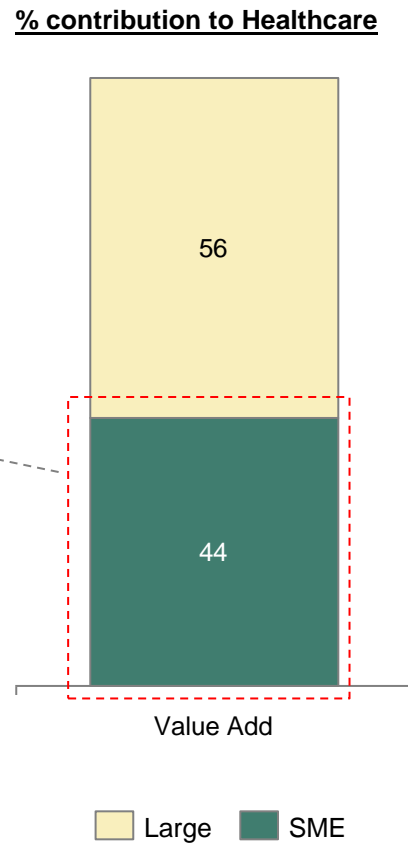
Despite SMEs accounting for 98% of establishments, its productivity levels are relatively similar to large companies

All data shown for 2010

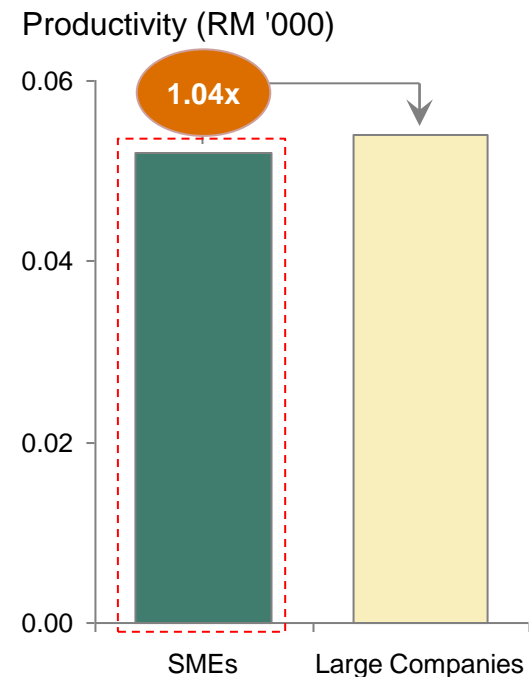
SMEs make up 98% of companies and 45% of workers



But only accounts for ~44% of value added ...

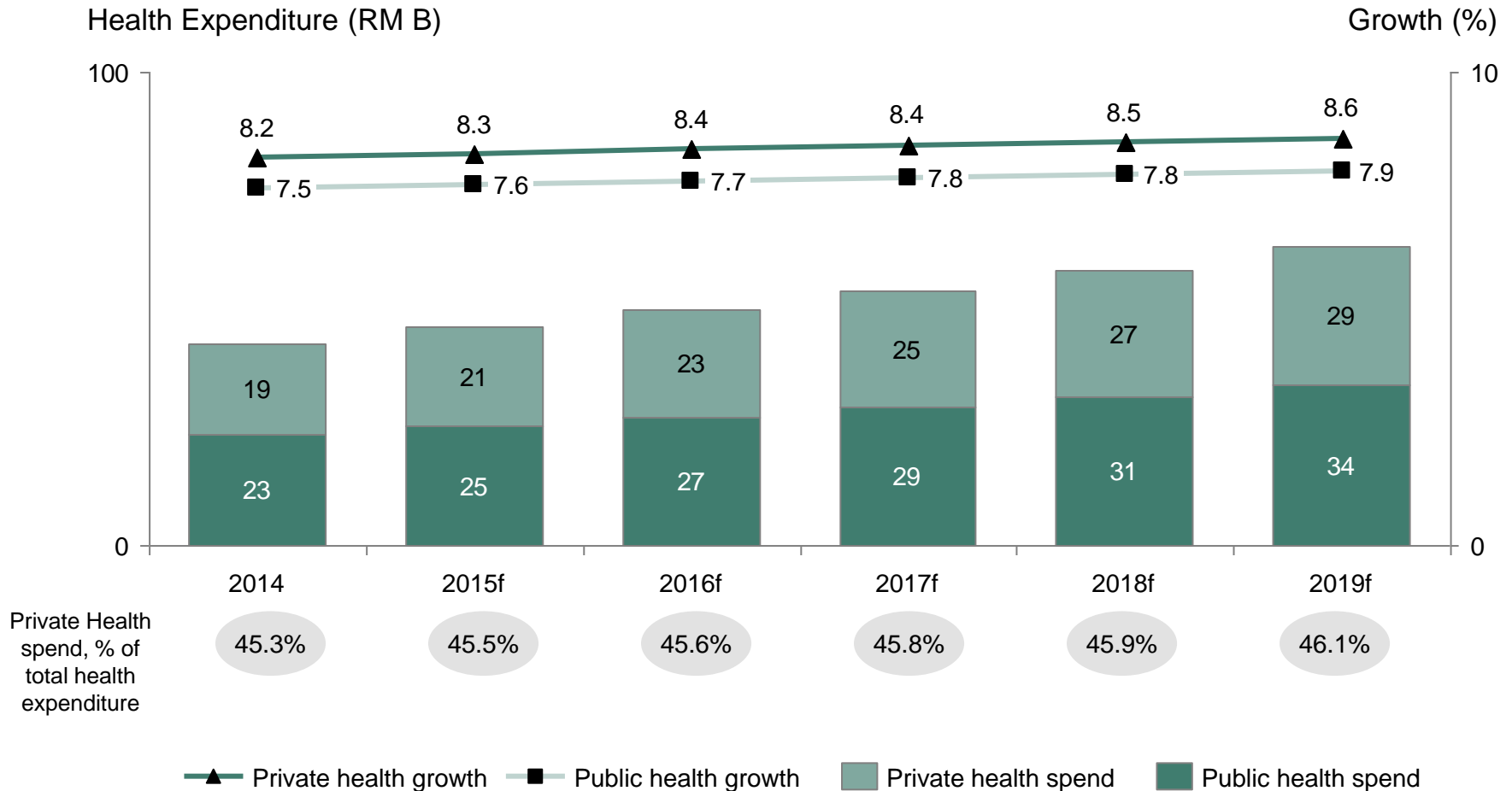


... as SMEs are 1.04x less productive than their larger counterparts



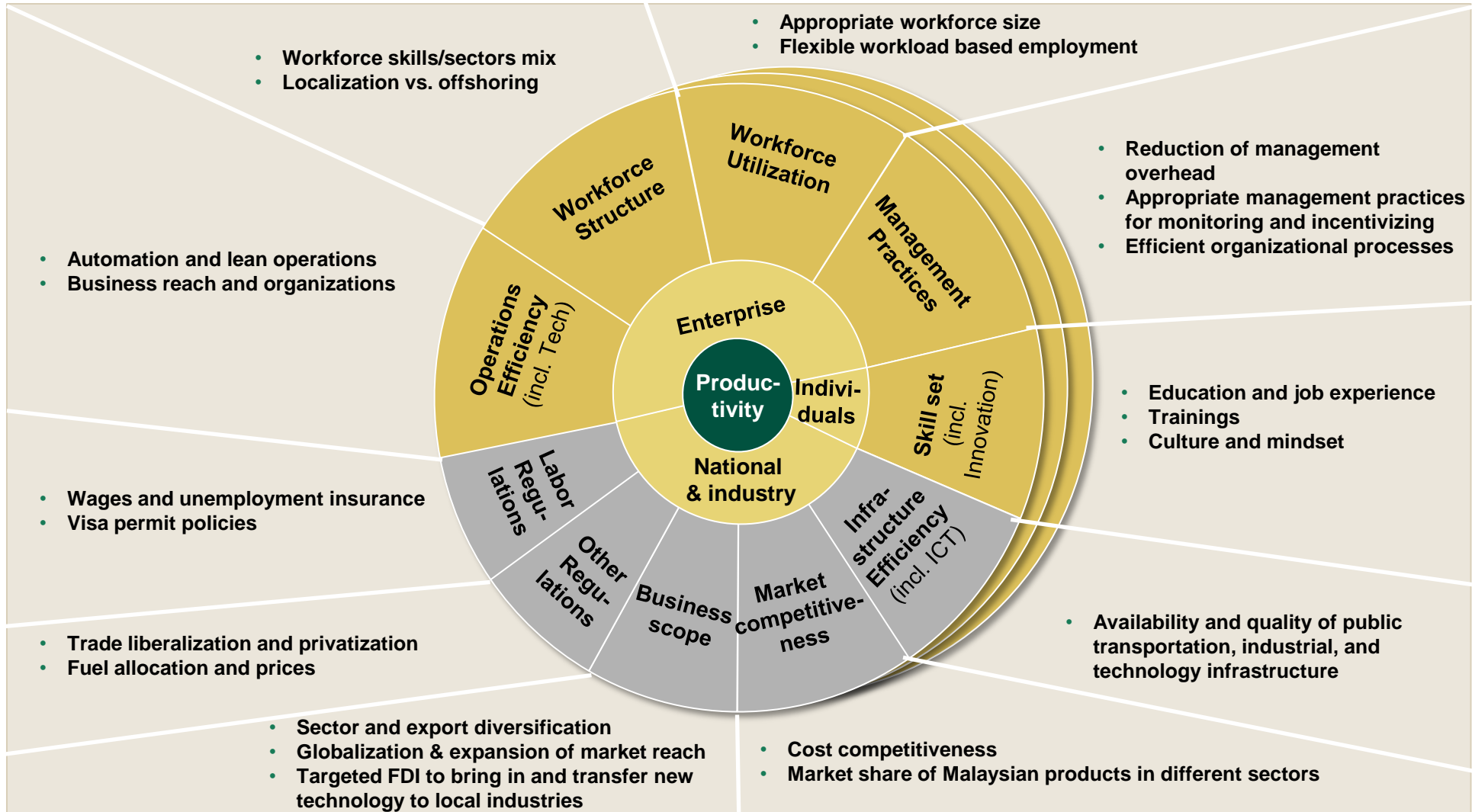
1. Based on total contribution to GDP 2. Sum of rest of subsectors
 Note: All data based on 2010 data. SME defined as output size less than RM5m
 Source: Economic Census 2011 Health and Social Work Services, MCG analysis

Private health expenditure growth is outpacing that of public health, and is expected to continue



Driving Productivity will require programs across three levels

National & Industry, Enterprise and Individuals



There are already plans and initiatives launched, with implications for productivity within Healthcare

	Strategy/ initiatives	Description
RMK-11	Building capacity & capability for internationalisation	Developing private healthcare enhancing hospital capacity, increasing international hospital accreditations, expanding insurance coverage and portability, etc.
	Adoption of lean healthcare initiatives	Improve overall efficiency and overall patient outcome
	Improving Regulatory Framework & Governance	Coordination & streamlining of existing regulations to ensure practicality, removing inefficiencies
ETP	Healthcare travel	Higher integration of value chain through industry collaboration and shared knowledge
	Creating diagnostic services nexus	Foster digitalization and automation of the production process
	Initiatives catered for elderly	Institutional aged care & retirement villages
	Ensure supply of high skilled practitioners	Allowing for specialist training in private hospitals
RMK-10	Expansion of talent pool	To ensure increased supply of high-skilled practitioners
	Ensuring access in rural & underserved areas	Increased connectivity and reach to patients
Govt initiative	Foreign doctors encouraged in M'sia	To ensure supply of skilled workforce
	MOH is considering using performance indicators for regulation purposes	To be confirmed – allows for better transparency to boost competitiveness among health care providers
Co.	Medical platform apps <ul style="list-style-type: none"> BookDoc, Door2Door 	Increased connectivity between patients & doctors

Are there any others we should be aware of / should refer to?

Six productivity challenges identified in Healthcare based on preliminary inputs

AN 28.Apr.16:

Preliminary

Primary issues

"Why is productivity low?"

- 1 **Workforce constraints, caused by insufficient talent supply & improper delegation of work**
- 2 **Weak adoption of ICT infrastructure & challenges in implementing it – e.g. lack of tech infrastructure to integrate medical documentation and reporting**
- 3 **Inefficient prioritization of care leading to wasted effort with no outcome improvement– e.g. overinvestment in technologies of little proven value**
- 4 **Medical tourism not capturing high-value customers**
- 5 **Sub-optimal coordination between private healthcare providers and regulatory bodies results in delay & unnecessary inefficiencies**
- 6 **Increasing pressure on private healthcare's capacity to deliver services due to demographic challenges**

Priority levers

"Which levers should we prioritize to boost productivity?"



Key productivity challenges for Healthcare (I/V)

Challenges and barriers

Levers Triggered

1

Workforce constraints, caused by insufficient talent supply & improper delegation of work

- **Insufficient talent supply & poor retention of skilled workforce**
 - Shortage of skilled doctors and nurses in private sector
 - Shorter time to specialise & relatively higher pay in other countries, e.g. Singapore
 - Many nurses shifting to public hospitals, drawn by better compensation packages and training opportunities
 - Limited training availability because of workload capacity constraints

- **Improper delegation of tasks may restrict healthcare professionals from maximising their output, as well as increase the risks of medical errors**
 - Highly-skilled medical professionals performing tasks that could be performed by nurses
 - Low-skilled workers tasked to perform high-skilled jobs, which may lead to preventable medical errors



■ Critical
 ■ Important
 ■ Necessary

Key productivity challenges for Healthcare (II/V)

Challenges and barriers

Levers Triggered

2

Weak adoption of ICT infrastructure and challenges in implementing it

- **No integrated portal which stores medical information & performance benchmarks**
 - Limits opportunity for private healthcare providers find targeted solutions to be more competitive
- **Lack of ICT infrastructure in developing countries like Malaysia risks exacerbating increase in flawed health assessments** due to combined challenges of misdiagnoses and missing data
- **Implementation could also be hindered by various challenges:**
 - **Organizational challenge** : whether organizational culture is supportive towards ICT adoption and implementation
 - **People challenge**: whether organizations recruit, select & employ competent human resources to use ICT as tools
 - **Technological challenge**: whether organizations build ICT infrastructures that are efficient & effective



■ Critical ■ Important ■ Necessary

Key productivity challenges for Healthcare (III/IV)

Challenges and barriers

Levers Triggered

3

Inefficient processes results in preventable delays and errors

- **Failure of providers to adopt widely recognized best medical practices**
 - Duplication of tests and procedures
 - Poor selection of candidates for intervention
 - Overuse of end-of-life salvage interventions that produce minimal increase in length or quality of life
 - Poor infection management, falls prevention, wound care causing longer lengths of stay and readmissions
 - Failure to measure and feedback errors and issues to clinicians so that system doesn't naturally correct itself
- **Inappropriate resource allocation**
 - Highly-trained physicians fill out basic paperwork
 - Rapid uptake of new technologies before their effectiveness has been proven
 - Nurses having to correct supply chain faults and search for missing supplies
- **Process breaks and unnecessary steps**
 - Ambiguous handover during transportation of lab, blood and tissue samples across floors & departments
 - Poor patient flow management in outpatient clinics in hospitals



■ Critical ■ Important ■ Necessary

Key productivity challenges for Healthcare (III/IV)

Challenges and barriers

Levers Triggered

4

Medical tourism not capturing high-value customers

- **Low revenue per patient - not targeting high-value customers** e.g. Singaporeans, and highly dependent on Indonesian tourists (~70%)
- **Lack foreign insurance portability** : No G2G arrangements allowing porting
- **Malaysian brands not as recognised in developed markets:** No local players with established relationships with foreign hospitals / research institute
- **Lack private hospital capacity risks not fully capturing market share of growing foreign tourists**



5

Sub-optimal coordination between private healthcare providers and regulatory bodies - resulting in delay & unnecessary inefficiencies

- **Duplication of information requests** – healthcare occupational licenses are requested during application of operational licenses, despite it being already available within MOH¹
- **Not all approvals fall under the single authority of CKAPS²**
 - Advertisements fall under licensing authority of MAB³
- **Restrictive regulations on advertisements** limits private healthcare facilities from being competitive.
- **No regulations to** share unified database, for integration across various monitoring and evaluation systems and database



■ Critical ■ Important ■ Necessary

1. Ministry of Health 2. Cawangan Kawalan Amalan Perubatan Swasta 3. Medicine Advertisements Board

Source: Interviews with medical professionals and experts, press search

Key productivity challenges for Healthcare (V/V)

Challenges and barriers

6

Increasing pressure on private healthcare's capacity to deliver services

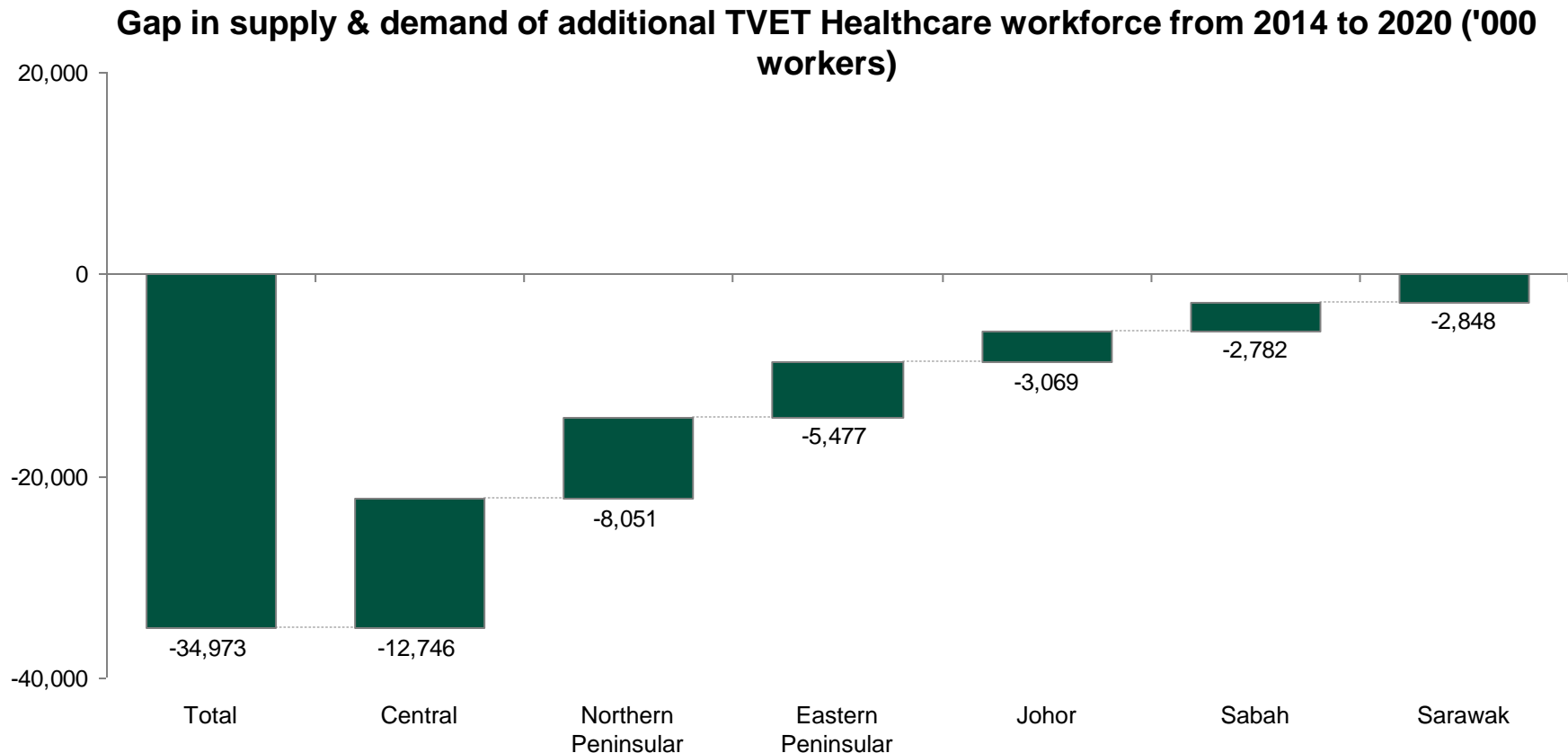
- Higher demand for quality healthcare, exacerbated by a foreseeable **ageing population by 2030**
- **Increasing incidences of communicable and non-communicable diseases** led to insufficient hospital beds, overcrowding, longer waiting periods and delayed consultation and admission for emergency cases.

Levers Triggered



■ Critical ■ Important ■ Necessary

There is generally a lack of TVET¹ workers in Msia's healthcare subsector



1. Technical, Vocational, Educational and Training - for Health and science, electronic engineering (medical)

Source: EPU, Labour Force Survey 2013, ILMIA, MCG analysis, DOS, 2013 JPK & MQA ILKA Audit Survey | 1. MSIC definition includes specialised design activities (e.g. fashion, graphic designers) 2. MSIC definition includes beauticians and hairdressers. Note: Excluded sectors with no TVET programmes identified (i.e. Real Estate and Public Administration). Supply excludes programmes not tied to economic sector demand, e.g. motivational, religious and language courses

Workforce constraints are due to lack of skilled personnel and improper delegation of work

Insufficient talent supply and poor retention of skilled workforce necessary for high-value output

- I **Long wait to specialise (~15 y) - many leave for Singapore**
 - Singapore's training programme is continuous, enabling sub-specialisation at a faster rate
- II **Some trainee doctors not equipped with necessary skills**
 - Poor English proficiency - 1,000 quit after 2 years
- III **Many nurses are leaving:**
 - Public sector offers attractive remuneration & benefits
 - Degrees easily recognized in UAE & Singapore, which offers better pay
- IV **Low training availability due to capacity constraints**
 - Limited workforce is hindering physicians etc. from attending conferences & seminars
 - Limited in-house training wastes time for attendees who would need to travel out

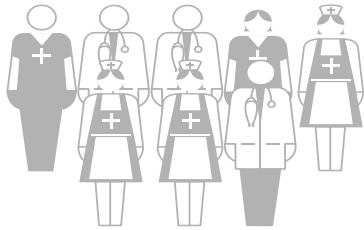
Improper delegation of work also contributes to low productivity

- I **Doctors tasked to perform low-value work, wasting valuable time**
- II **Low-skilled workers tasked to perform high-skilled jobs, which may lead to preventable medical errors**
 - Insufficiently qualified personnel performing examinations and operating x-ray machines

ICT infrastructure adoption and implementation could be hindered by challenges within the organisation

Organizational challenges

Whether organizational culture is **supportive towards ICT adoption and implementation**



Doctors fear lower no. of patients, e.g.:

- Transparency of benchmarking performance offers patients choice,
- Patient flow information allows patients to choose clinics/hospitals with shorter queue

Quality of care may deteriorate

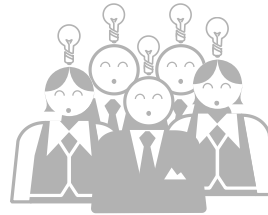
- Nurses' actions dependent on instructions on screen, not actual condition of patient

Reluctance in changing routine

- Complicated in terms of negotiating individual contracts with doctors
- Management may be averse to high investment costs & privacy issues

People challenges

Whether organizations employ **competent human resources** to use ICT as tools



Many healthcare providers do not have capacity to train resources:

- Existing workforce constrained by amount of workload
- Exacerbated by lack of skilled workers in existing workforce

Implementation challenges

Whether organizations build **efficient & effective ICT infrastructures**



Uncoordinated planning results in various complications:

- Ease of use for all levels of workforce – e.g. technicians
- System compatibility with existing infrastructure
- Lack of physical layout to store infrastructure
- No collaborative effort between IT department and clinician side

Lack of strict adherence to widely-recognized best medical practices can lead to preventable delays and errors



Failure of providers to adopt widely recognized best medical practices

Increases risks of complications / re-admissions

No strict adherence to best practices to improve efficiency

- Poor patient flow management in outpatient clinics in hospitals
- Poor maintenance of hospital facilities increases waiting time for medical / surgical procedures
- No proper documentation of patient medical information



Uncoordinated delivery of healthcare services

Wastes nurses' & technicians' time searching for commonly-needed medical supplies

Chain-of-custody issues can arise from undocumented

- Ambiguous handover during transportation of lab, blood and tissue samples across floors & department
- E.g. sterile-processing department did not have insight into current patients' needs – time wasted searching multiple locations for intravenous pump



Excessively high utilisation of tests & procedures

Improper tests takes up too much of time from already strained workforce

Mainly due to high availability of medical resources

- Unnecessary hospitalisation of customers for observation, increasing labour hours to tend for these patients

Lack of strict adherence to widely-recognized best medical practices can lead to preventable delays and errors



Failure of providers to adopt widely recognized best medical practices

- I Failure to measure & feedback errors and issues to clinicians so that system doesn't naturally correct itself
- II Duplication of tests & procedures
- III Poor selection of candidates for intervention
- IV Overuse of end-of-life salvage interventions that produce minimal increase in length or quality of life
- V Poor infection management, falls prevention, wound care causing longer lengths of stay and readmissions



Inappropriate resource allocation

- I **Nurses having to correct supply chain faults & search for missing supplies**
 - Nurses wasted hours searching multiple area for intravenous pump
 - Sterile-processing department acted dependently of patients' needs & had no insight into supplies required
- II **Rapid uptake of new tech before its effectiveness is proven** – due to high availability of medical resources
 - Unnecessary hospitalisation of customers for observation, increasing labour hours to tend for these patients



Process breaks and unnecessary steps

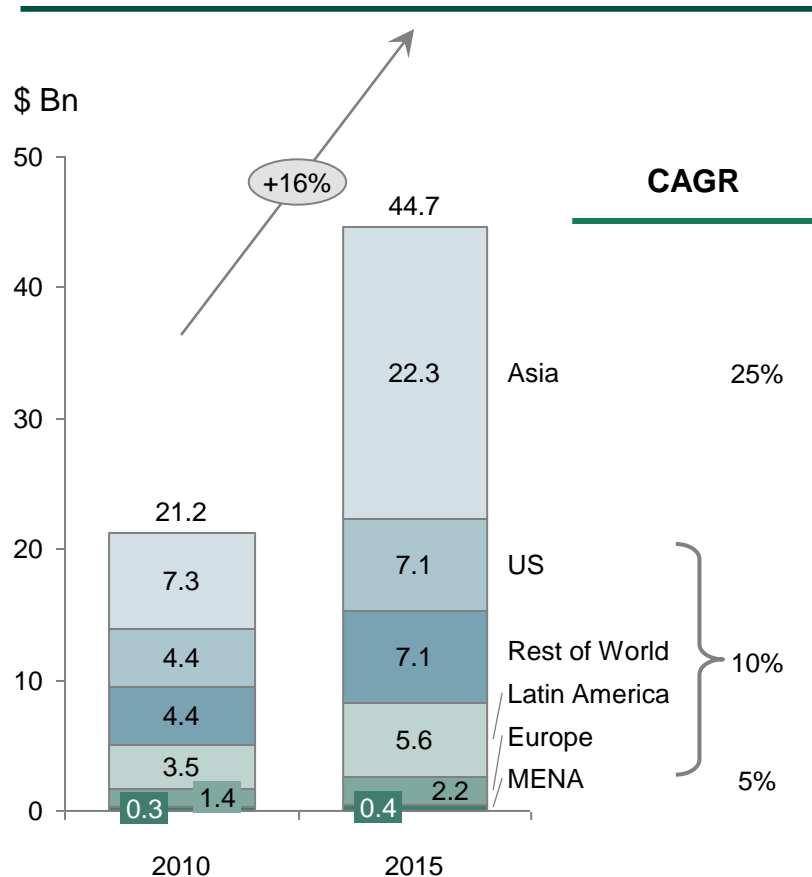
- I **Ambiguous handovers during transportation of lab, blood & tissue samples across floors, example:**

Pre Test	• Lab results not available
During Test	• Problems with preparation of images, e.g. wrong name assigned
Post Test	• Problems with transport from radiology, e.g. delay, inadequate handover

- II **Poor patient flow management in outpatient clinics in hospitals**
 - Inability to access medical information quickly – requesting patients to fill up basic particulars which should be pulled quickly from medical records

Medical tourism, particularly in Asia, is experiencing high double digit growth

Growth by region



Global and regional growth estimates

Patients Beyond Borders, 2010

- Estimate the **worldwide** medical tourism market is growing at a rate of **25-35%**

Deloitte, 2009

- US outbound medical tourism expected to **grow at 20% in 2009 and 35% in 2010**

Frost & Sullivan, 2007

- Estimated medical tourism market to grow at **19% and Asia at 26%**

Bumrungrad Hospital (Thailand), 2010

- International patient revenues increased by 23%**, driven primarily by volume growth

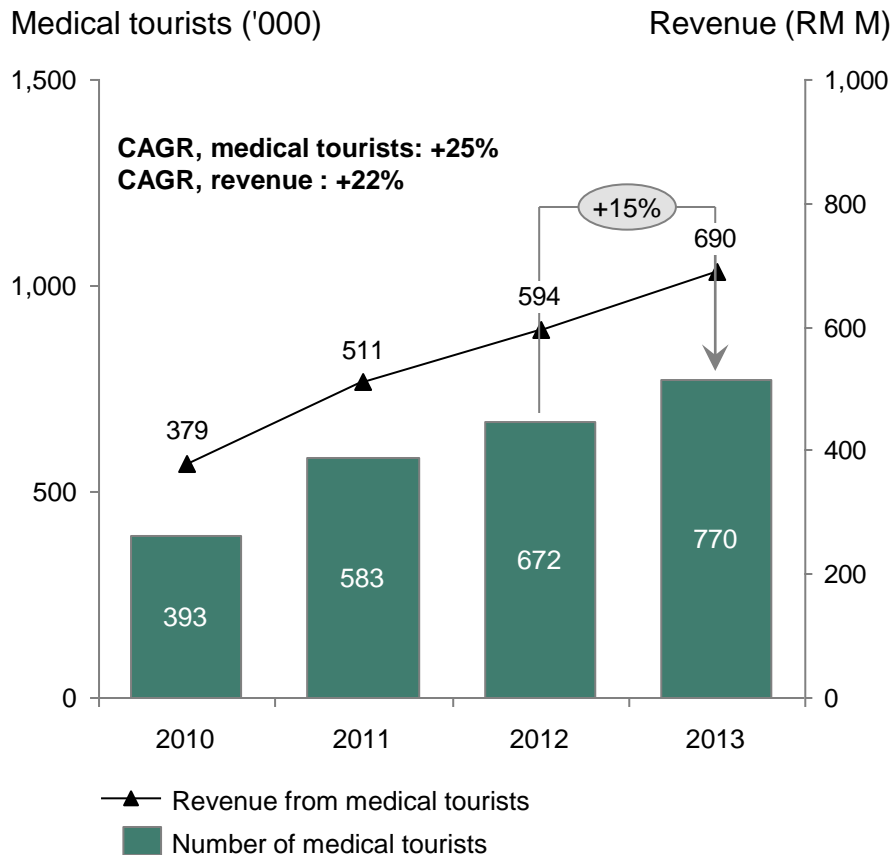
BCG, 2010

- Inbound medical tourism in the Middle East expected to grow at **~6%**

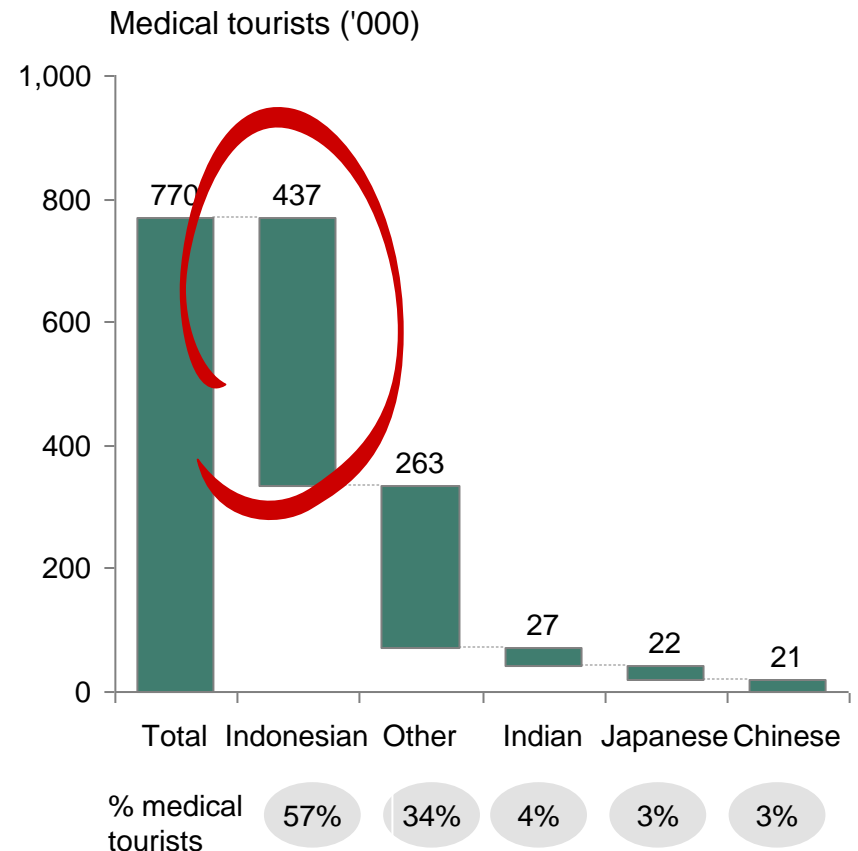
1. Patients beyond borders and others expect growth around 25-35% per annum
Source: Literature research, Patients beyond borders, MCG analysis

Malaysia is highly dependent on medical tourists from Indonesia, not targeting countries with high-value spend

Significant increase in medical tourists in 2013 by 15% ...

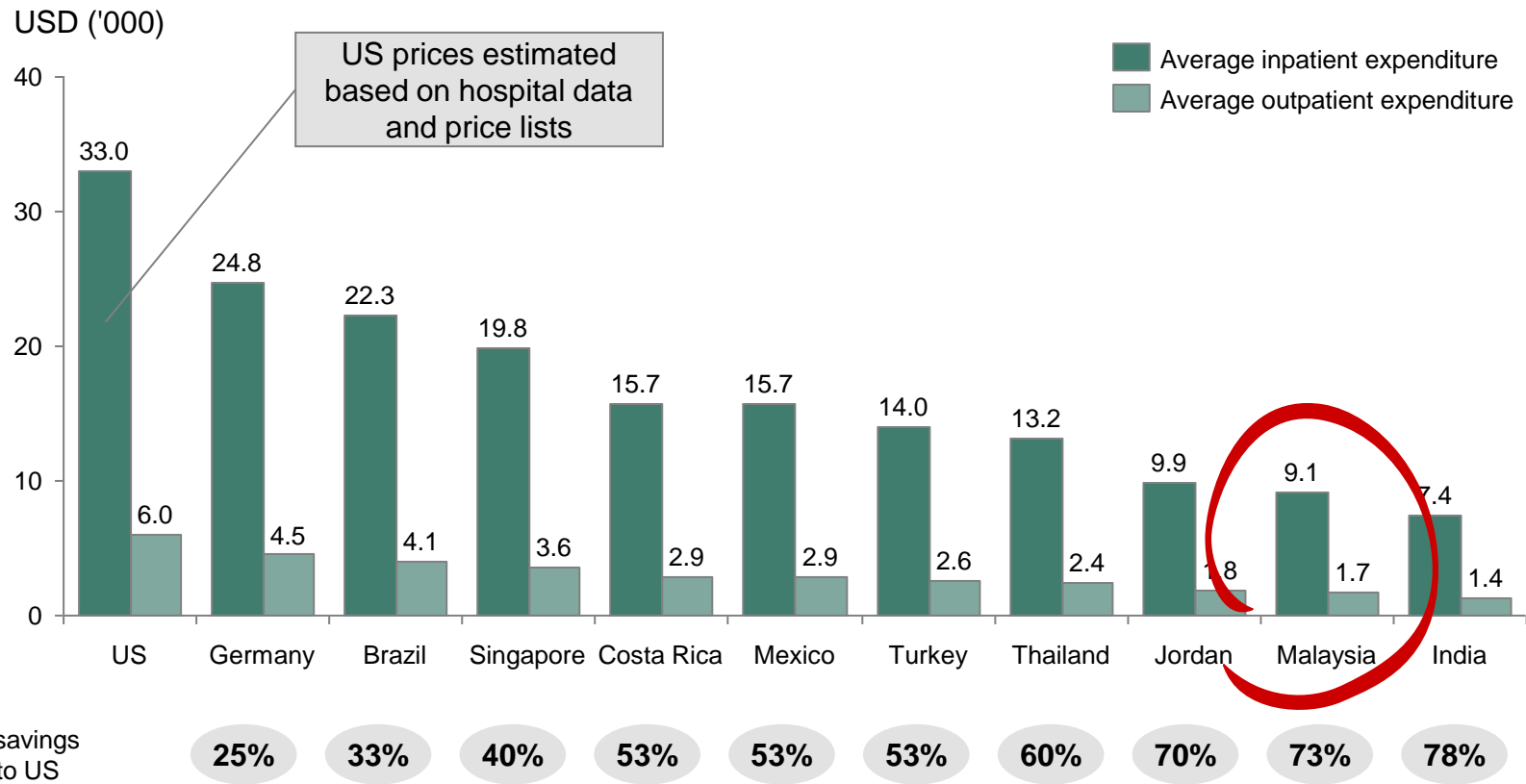


of which 57% are from Indonesia









In fact, Msia's packages are catered to low-value tourists, and is one of the cheapest compared against US

Inpatient and outpatient prices



Average % savings compared to US

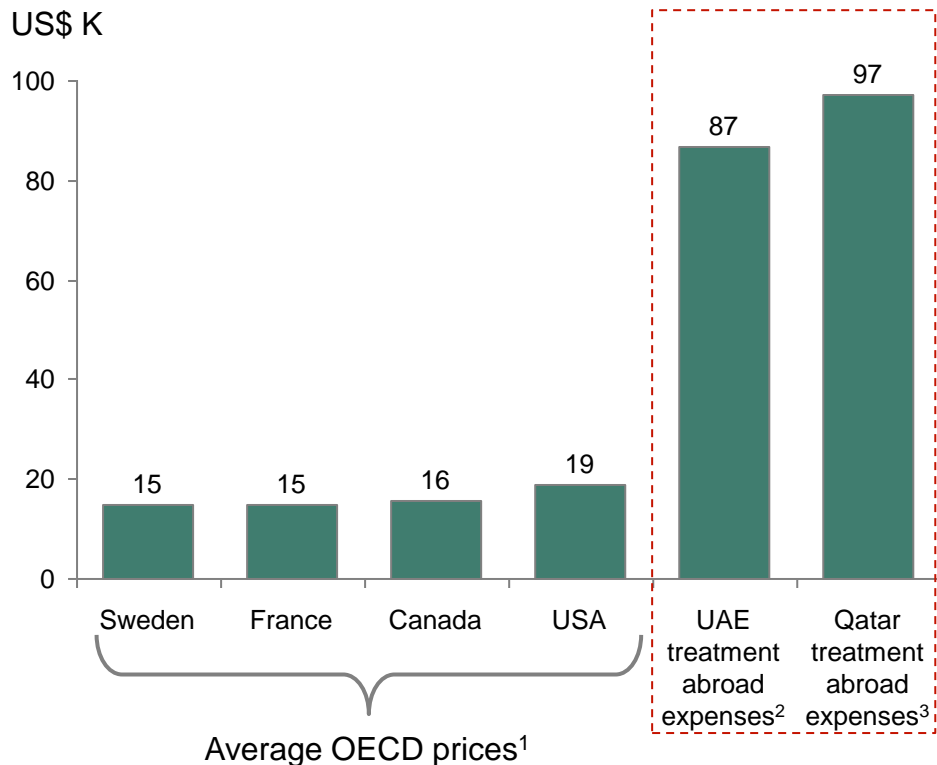
There is opportunity for Malaysia to target high-value tourists from MENA by augmenting service provided

	Typical Origin	Reason for visit	Price sensitivity
Quality	 <p>Middle East and North Africa, less developed Asian countries</p>	<p>Patients seeking higher quality of care and service not available in their home country</p>	 <p><i>Highest pricing power for providers</i></p>
Cost	 <p>United States</p>	<p>Uninsured or underinsured who cannot afford US cost Insured looking for cheaper treatment options</p>	
Access	 <p>Publically driven systems (EU, Canada, Australia)</p>	<p>Patients placed on the waiting list for certain procedures</p>	

Patients from the Middle East willing to pay for quality care

Priced considerably higher than average in OECD countries

Comparison of average inpatient prices across selected countries



Quality matters

Selected Quotes from interviews with UAE institutions

- "First we think about patient satisfaction"
- "Patients care about quality, how doctors and nurses treat them (service levels) and location"
- "Final choice on location is with patients to prevent us being blamed if anything goes wrong..."

"...For military, it's all about providing a certain level of outcome, price is not the issue..."

- "Budget is fixed but if there is a need to extend, it's fine. There is desire to accommodate healthcare needs, within reason of course..."

1. Average based on OECD price comparison of selected IP procedures 2. Average cost of procedures in US, UK, and GER (top MTA locations); 3. Qatar data is for UK hospitals only
Source: OECD, IPC, BCG

Coordination in adherence & implementation to regulations is lacking, resulting in resulting in delays & inefficiencies

MPC study revealed that coordination efforts within regulator not streamlined

I Duplication of requests during license applications

- Healthcare occupational licenses requested during application of operational licenses, despite it being already available within MOH
 - Malaysian Medical Council
 - Nursing Board
 - Malaysian Dental Council
 - Malaysian Pharmacy Board

II Not all private healthcare applications fall within purview of CKAPS¹

- Advertisement approvals are currently looked after by the Medicine Advertisements Board

While restrictions are necessary for patient safety, existing regulations are too restrictive

I No level-playing field for GPs and standalone clinics

- Unlike hospitals, Individual doctors aren't allowed to advertise in any form
- Health facility advertisements as a business entity allowed, but ads of a doctor/his practice as individuals are not

II Limits competitiveness domestically & internationally

- Patient testimonials not allowed, which are an important determining factor for medical tourists
- Even fact-based information about specialists' background & experiences are not allowed

Restrictions apply to any notice, circular, report, commentary, pamphlet, label, wrapper, or other document and announcement

- Medicines (Advertisement and Sale) Act 1956

1. Cawangan Kawalan Amalan Perubatan Swasta (Private Healthcare Control Branch)
Source: MPC Regulations Report, RMK-11

Private healthcare may face risks of service constraints, due to foreseeable increase in demand in the near future

M'sia to become ageing population country by 2030¹ ...

Health issues of the elderly demanding higher attention as population ages

Healthcare systems forced to become more efficient

- Aging population resulting in decreases in ratio of working/elderly population
- Leading to fewer people actively funding health
- Deteriorating ratio of active HC professionals to potential patients



... which creates new health challenges

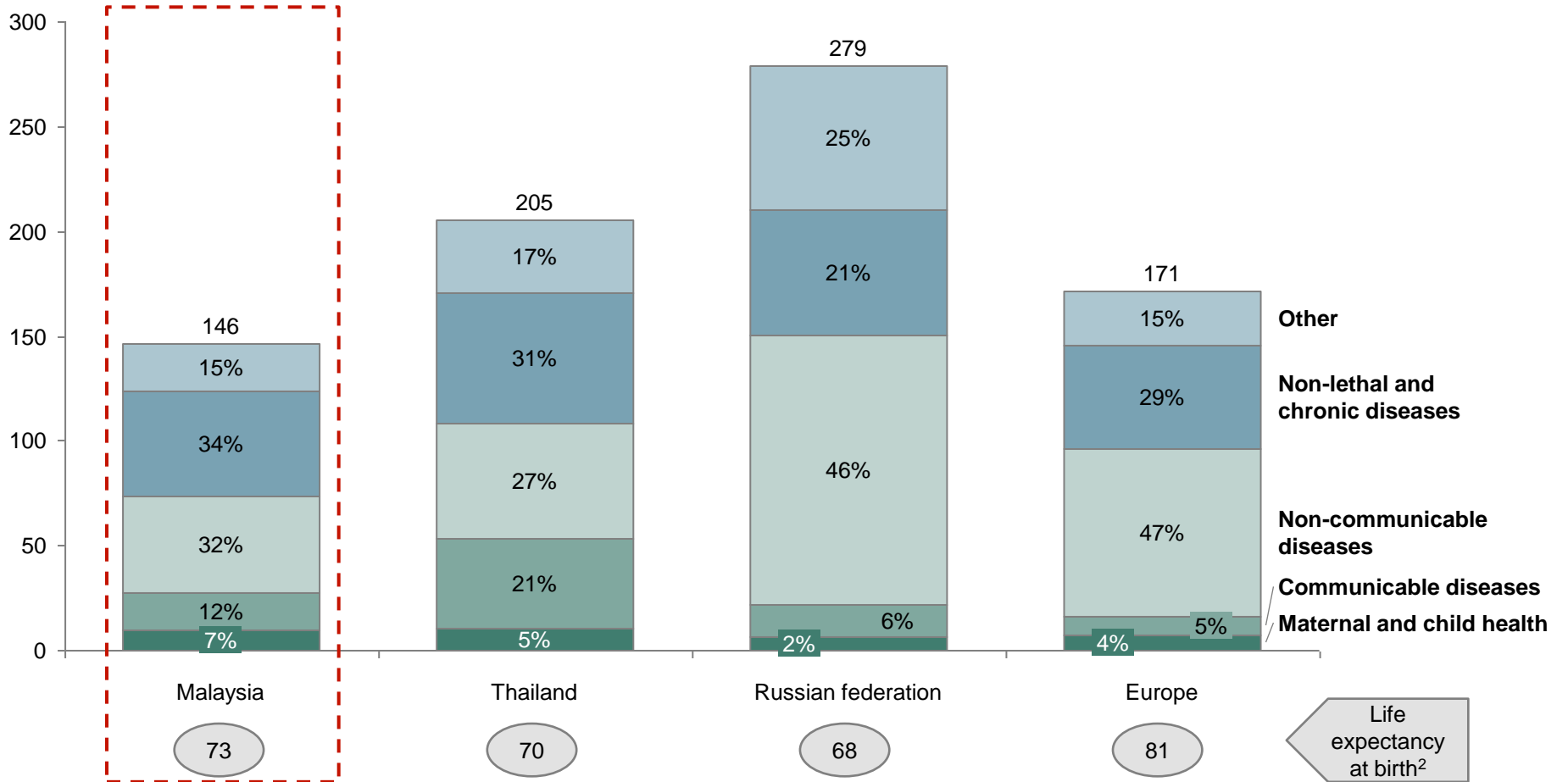
I Increased strain on healthcare system	<ul style="list-style-type: none"> • By 2020, healthcare spending is projected to triple in real dollar –
II Strain on resources	<ul style="list-style-type: none"> • Lack of resources (in terms of skill and absolute workforce)
III Increases prevalence of NCDs²	<ul style="list-style-type: none"> • Currently low focus on NCDs, with typically late stage detection and treatment • Increases in life expectancy and income levels to drive rising incidence of NCDs, forcing higher attention

1. 15% of population consisted of those aged 60 years and above (National Policy for the Elderly) 2. Non-communicable disease

Source: EIU; WHO; MOH; RMK10; MCG analysis

This is further strained by Msia's challenge in dealing with non-communicable, non-lethal & chronic diseases

Disability-adjusted life years [per '000 inhabitants]¹



1. DALY measures number of years lost due to ill-health, disability or early death, 2008 WHO data 2. 2009 WHO data
Source: WHO; MCG analysis

Agenda

<u>Time</u>	<u>Session</u>	<u>PIC</u>
0830 - 0900	Arrival and registration	
0900 - 0930	Project context - Why have we embarked on this project? - What does this project entail?	P EPU/ BCG
0930 - 1030	What productivity means for this subsector - Why is it important? - Gap vs RMK 11 target and benchmarks - Our approach and initial views (challenges and existing plans)	P BCG
1030 - 1045	Tea break	
1045 - 1145	Breakout session #1: Verify critical challenges and drill down to root causes	G Participants
1145 - 1215	Recap to the room	Participants
1215 - 1315	Lunch break	
1315 - 1345	Best practices from around the world	P BCG expert
1345 - 1445	Breakout session #2: Brainstorm and prioritize productivity improvement initiatives going forward	G Participants
1445 - 1500	Tea break	
1500 - 1530	Recap to the room	Participants
1530 - 1600	Closing remarks and next steps	BCG

P Presentation **G** Group discussion

Roundtable discussion I: Key productivity challenges

Part 1: Outline key levers to improve productivity

Have a look at the wheel and identify which lever is most critical for your sector?

- National & industry level
- Enterprise level
- Individual (worker) level

Let's discuss and agree on key levers

- Critical
- Important
- Necessary

Please rank the relative importance of levers from 1-10 (1 most important)

20 minutes

Part 2: Detailing out the challenges

Let's focus on prioritised levers 1-5

- What are the key challenges faced within your sector for prioritised levers #1, 2...?
- How do these challenges impact you?
- What is the root cause of this challenge?
- What has already been done to address this?
- Why does this continue to be a challenge despite existing initiatives?

40 minutes

Output: Key productivity challenges

Lever	Productivity challenge	Implication	Priority (H, M, L)
Text	Text	Text	Text

Agenda

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P Presentation **G** Group discussion

Case study: One of the most advanced electronic health systems, backed by strong government support



Government's initiatives helped to improve Denmark's hospitals productivity

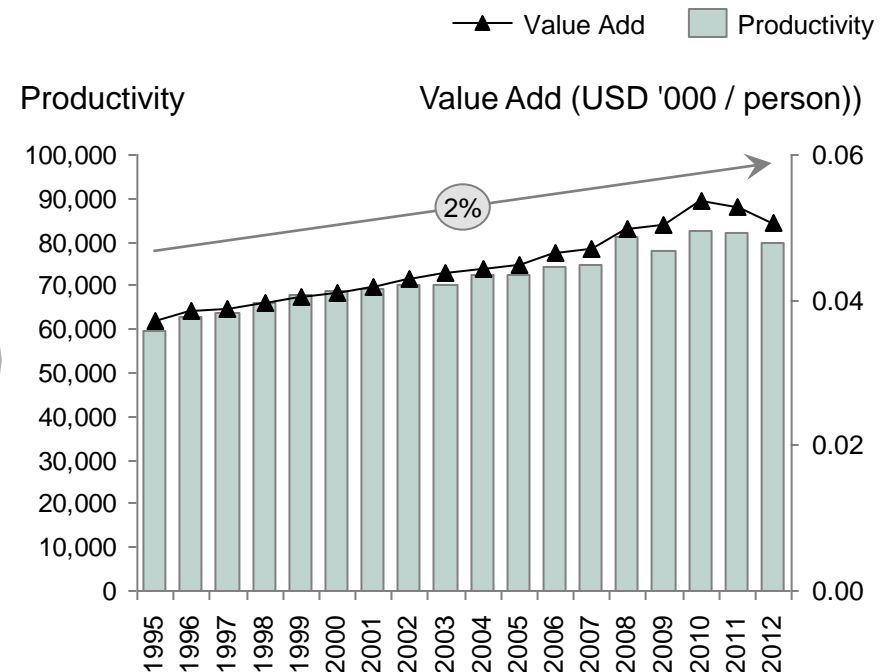
Expansion of e-health initiatives helped Denmark achieve the shortest average length of stay in hospital per patient in EU – 3.7 days in 2012

- **Champion in telehealth solutions**
 - First country to establish national standards for interoperability of personal health technologies
 - Meet demographic challenges with ageing citizens & patients with chronic disorders ,
- **Central 'e-Health Portal' info repository**
 - Transparency bolsters competition
 - Giving healthcare professionals in hospitals quick access to any patient's data and test results

E-health initiatives used to improve effective governance and management practices

- **Danish Safer Hospital Programme:** Systematic approach for healthcare professionals to measure & track whether quality care is provided
 - Real-time data identifies improvement opportunities
 - Reduces preventable errors and readmissions
 - More efficient use of resources from time saved
 - In 3 years, 5 hospitals increased no. of patients receiving complete range of recom. treatment by 5x

Danish hospital productivity has been at a stable +2% CAGR over last 20 years



We have identified 4 main levers of best practices to improve overall productivity

Best practices

1

ORG & DIVISION OF WORKFORCE

Skill-set sustainability

Workforce optimisation to address labour constraints

Effective governance for value

- International collaborations with institutions for sufficient skill support
- Role & coaching of MDs in training
- E-learning for nursing staff
- Enhance skill-mix
- Huddle system to identify issues & fix issues or escalate it efficiently
- Revamp medical equip & supplies department's work structure
- Patient-led support can free up resources for more pressing matters
- Incentives for doctors & hospitals who deliver outcomes, not just activity
- Advisory board of hospital chains benchmarks performance

2

ICT INFRA-STRUCTURE

Central repository of information fosters competition & allows better management of turnaround times

Other innovative infrastructure helps to free up resources

- Electronic requesting systems
- Web-based publication and publication of outcomes data
- Telemedicine and wearables
- SMS-based medication reminders for patients
- Provision of tablets and smartphones for doctors

3

DESIGN, PROCESS & LOGISTICS

Optimising design and operational processes can improve process flow

- 'Barn operating theatres' reduces time between patients and increases savings on overall floor space
- Using alphanumeric locks instead of keys
- Revise referral process to capture time savings
- Traffic segregation reduces heavy traffic, maintenance costs

4

MEDICAL TOURISM

Target high-value medical tourists

- Gain exposure – strong participation in international medical tourism
- Relax strict advertising regulations
- Comprehensive e-portal

Example initiatives to improve Healthcare productivity (I/VII)

Skill-set sustainability

Preliminary

Best practices



International collaborations with education institutions for sufficient supply of skilled labour

- Research and education: Hallym Univ Medical Center (S. Korea) sends students to its US partner institutions
- US physicians participate in research projects in South Korea



- **Consultation & advisory:** US' Partners Harvard Medical International aimed at international collaboration - advises India's Wockhardt hospitals on dev. of high-quality clinical programs



- **Management agreement:** John Hopkins Hospital oversees operations at executive level at Punta Pacifica Hospital
 - Provides educational and consulting support



Role & coaching of MDs in training

- Reinforce support and coaching for MDs in training by designating contact points for each activity and at each moment (e.g., during ward rounds, consultations, night shifts)



E-learning for nurses ensures competency and reduces need for time away from patients

- VITAL¹ saved 65,000 hours of hands-on nursing care and £833,000

Levers Triggered



■ Critical ■ Important ■ Necessary

1. Virtual Interactive Teaching and Learning
Source: Interviews with experts, press search

International collaborations can facilitate build-up of capabilities



Singapore's NUS¹ partnered with Yale to tap onto its expertise in liberal arts education



Singapore's Yale-NUS College's objective is "to offer a model of residential liberal arts education *not currently available in Asia*"

Transfer of various forms of "technology", from curriculum ...

- Collaborative cutting-edge research, material
- Access to world renowned professors

... to pedagogical best practices

- Emphasis on discussions, with smaller classes
- Guaranteed opportunity for every student to study abroad or intern overseas

Benefits of cross-border collaboration are two-way, and impact professors, students and companies



Korea's Asan partnered with international organizations to learn healthcare best practices



Asan Medical Center's extensive partnerships have played an integral role in its internationalization journey, e.g. collaboration with PHMI²

Asan employees attend PHMI observer programs in Harvard Medical School-affiliated teaching hospitals

- Learn international healthcare best practices

Asan and PHMI jointly organize biennial international symposiums in Seoul

- Thought leaders from the US, Korea, and neighboring Asian countries share cutting-edge research, practice

Partnership allows Asan to benchmark its clinical services against PHMI and partner hospitals

Cross-fertilization of worldwide best practices help to raise overall standards

1. National University of Singapore 2. Partners Harvard Medical International, an international healthcare organization with close links to Harvard Medical School
Source: World Bank-EPU Services Sector Blueprint, Yale-NUS College, Asan Medical Center, BCG

Example initiatives to improve Healthcare productivity (II/VII)

Workforce optimisation to address labour constraints

Preliminary

Best practices

Levers Triggered



Review delegation of work to free up resources and address medical workforce constraints

- Doctors not tasked to do lower-skilled work (X-rays, phlebotomy, etc.)
- Nurse-led clinics for minor ailments
- Patient-led support for sufferers of chronic diseases



Huddle system to quickly identify issues & fix / escalate it efficiently

- Quick morning huddles to identify and solve issues – with front-line clinical areas,¹ clinical and nonclinical ancillary areas
- Unfixed issues escalated to patient flow huddle & integrated huddle.
- Impact: Identified 39 complex issues/month, with median time to resolution of 5.5 days



Revamp medical equipment and supplies department's work structure

- Effective communication between nurses/technicians & supplies dept
 - Weekly staff meetings to anticipate supply requirements
- Standard-equipment order sets for high-volume & equipment-intensive surgical procedures – e.g., hip & knee replacement
- Implement hospital-level measures of supply dept's performance which incorporates internal customers' perspectives (vs. commonly-used actual-to-budgeted labor expenses)

■ Critical ■ Important ■ Necessary



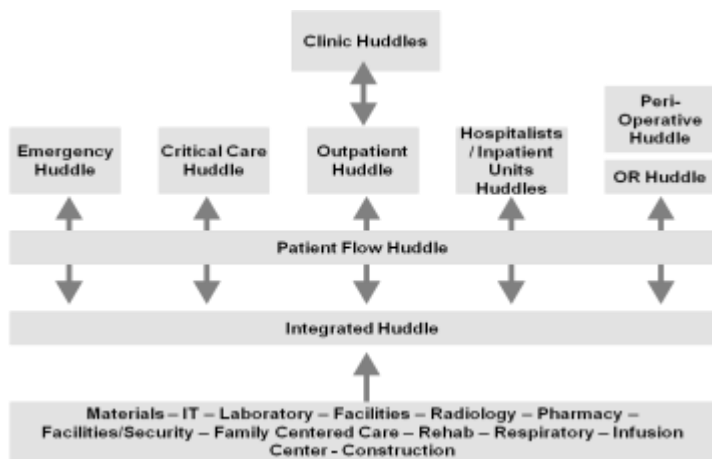
Tiered huddle systems are a great way to for workforce optimisation to address labour constraints



Tiered huddle system used to quickly identify issues & fix / escalate it efficiently

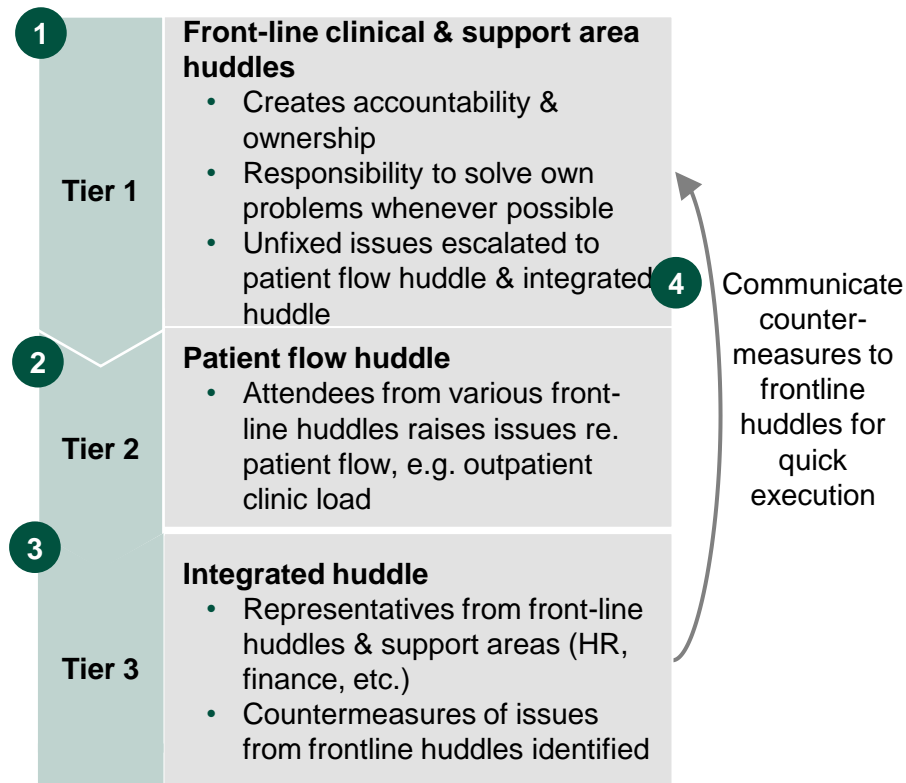
- **Quick morning huddles** to identify and solve issues –
- Issues identified on visibility boards, which helps expose situations in which expectations differ from reality
- Unfixed issues escalated to higher-tiered huddles, where solutions will be brainstormed

Illustrative: Huddle system of American hospital



- **Impact:** Identified 39 complex issues/month, with median time to resolution of 5.5 days

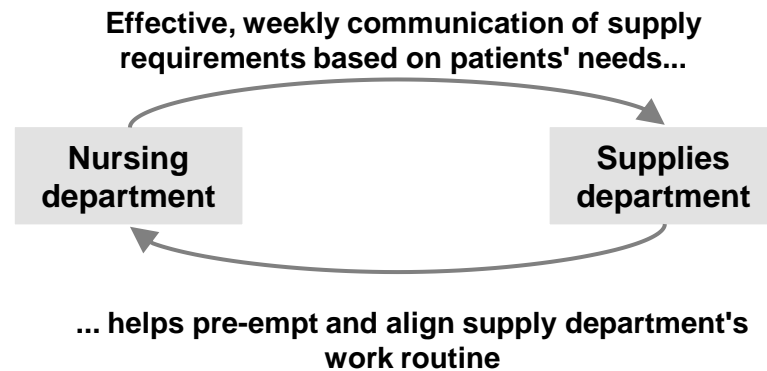
Structured system enables for effective communication & execution



Workforce optimisation to address labour constraints



Pre-emptive communication between departments reduces time wastage



- 1 **Assign responsibility to physician / highly skilled nurse** for determining materials & equipment patients require at start of the day
- 2 **Prepare standard-equipment order sets**
 - For high-volume & equipment-intensive surgical procedures – e.g. hip & knee replacement
- 3 **Implement hospital-level measures of supply dept's performance** which incorporates internal customers' perspectives (vs. commonly-used measure of actual-to-budgeted labor expenses)



Self-management tools can free up resources for more pressing matters

Chronic Disease Self-Management Programme

- Patient education programme targeting heart disease, lung disease and diabetes type 2
- Self-monitoring frees up physicians' and nurses' time from re-admissions
- In Denmark, self-management training is provided either in outpatient clinics' associated with the hospital,

Example initiatives to improve Healthcare productivity (III/VII)

Effective governance structure

Preliminary

Best practices

Levers Triggered

Value-focus oriented: Incentives for doctors & hospitals who deliver outcomes, not just activity



- **Quality registries** used in Sweden to drive care improvement
 - 50% reduction in mortality following AMI in one year
 - Transparency also help to increase compliance to care guidelines



- **Accountable Care Orgs (ACOs)** – network of doctors and hospitals, sharing financial & medical responsibility of providing efficient service
 - ACOs may opt to pay penalty if it doesn't meet performance benchmark



Advisory board of hospital chains practices benchmarking of each hospital's performance

- Hospital chains Helios demonstrated reductions in in-hospital mortality
- Any 'sub-par' results triggered a peer review with a view to improving their treatment processes.
- Operating as a chain allows hospitals to reduce functioning costs and achieve efficiencies:
 - Centralising a number of support services e.g., quality management, accounting and finances, procurement, HR

■ Critical ■ Important ■ Necessary



The Swedish HC system has a Value focus

Organisationsförslag för RC-VGR - Utökad erbjudande inom RC och tydligare samarbete med Gotha Forum

Variationer i kirurgisk volym i Svensk sjukvårdsregion

Redefining the role of the highly specialised AMC

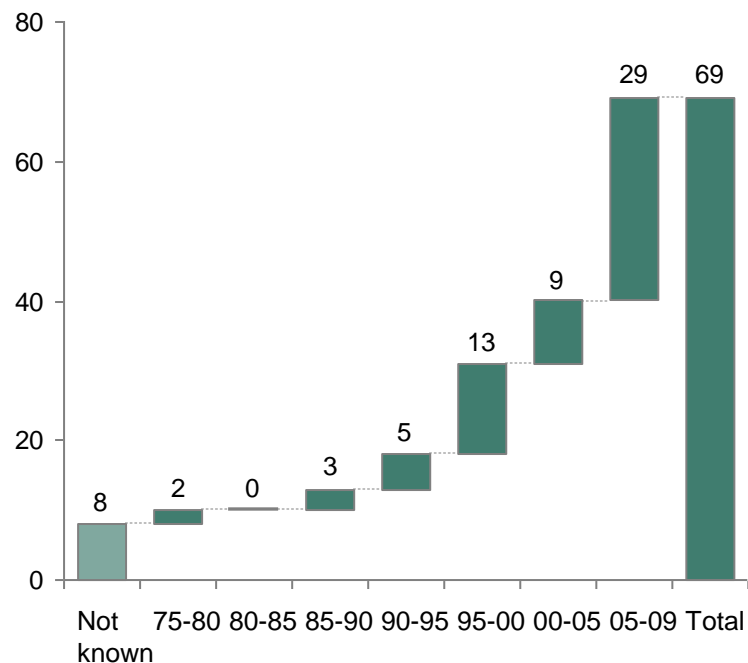
Manualen under kontinuerlig utveckling, initial respons positiv

Sweden uses quality registries to drive care improvement

Strong position in quality registries 2009

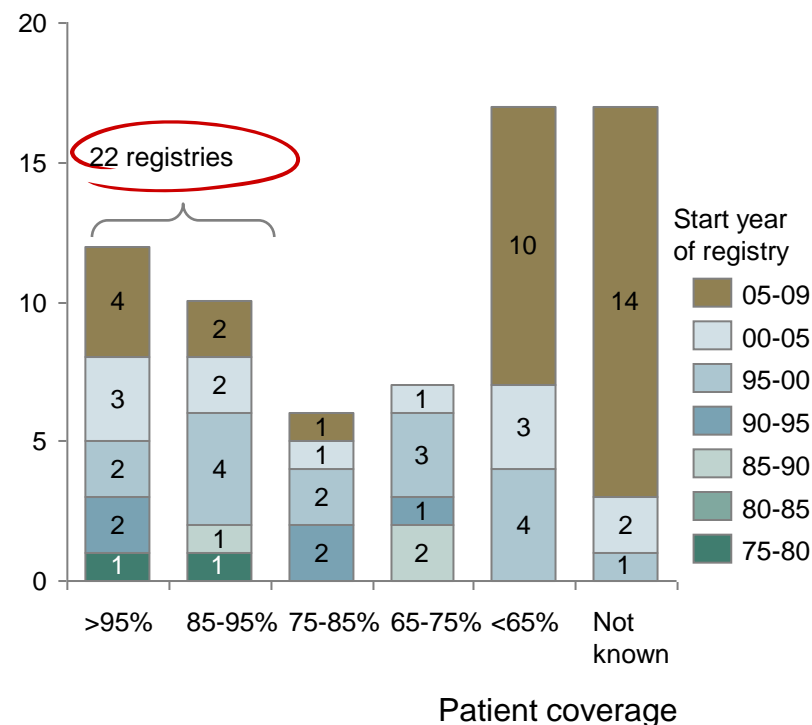
69 quality registries started to date¹

Quality registries by start year
(# of registries)



>20 registries with >85% patient coverage

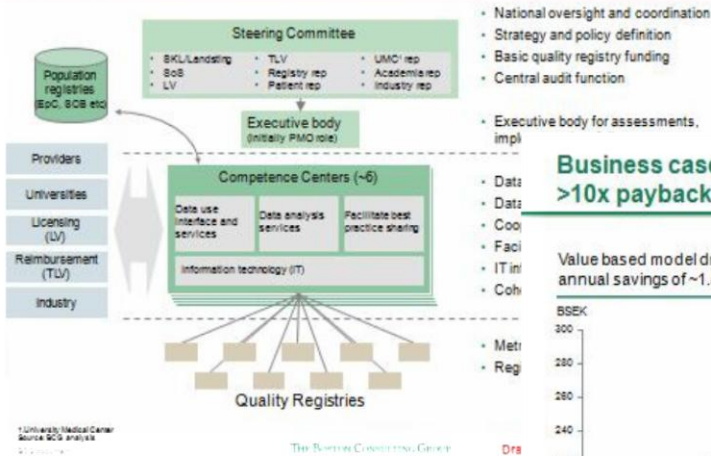
Quality registries by patient coverage, start year
(# of registries)



1. Only including registries receiving funding from SKL
Source: "National Healthcare Quality Registries in Sweden 2007"; Grant applications; MCG analysis

National strategy for Swedish registries in Aug 2009

BCG's proposal to the Government 2009 - striking a balance between central scale and local leadership



- National oversight and coordination
- Strategy and policy definition
- Basic quality registry funding
- Central audit function

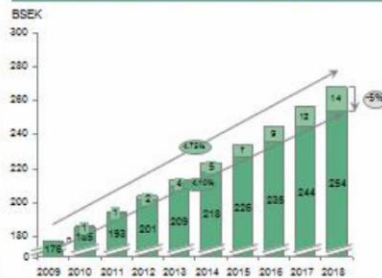
- Executive body for assessments, impl

- Data
- Data
- CoD
- Faci
- IT ini
- Coh

- Metr
- Reg

Business case example: proposed investments with >10x payback in medical cost only next 10 years

Value based model driving annual savings of ~1.5% in medical costs...



...equaling >10x direct medical cost payback

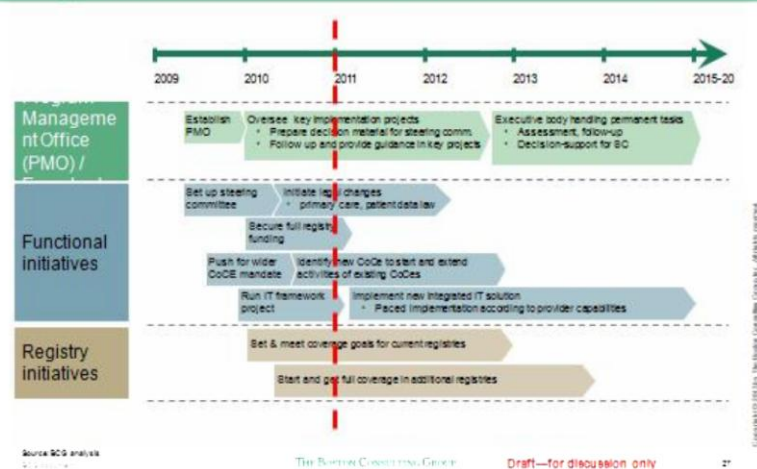
~56 BSEK in total savings over 10yrs, while delivering higher quality of care

Total req BSEK over sam
• Regis comp

10.8x mu coming 1

Swedish Government investing 150 M€ 2

Significant investments decided in 2011



50% reduction in mortality following AMI in one year

Changes in clinical practice following national publication of hospital outcomes data

Before

After

Karlstad central hospital

Ranked #43 of 73 hospitals



- Care cycle redone
- PCI¹ - unit established
- Emergency care expanded to 24/7 coverage

Quality index³ raised from 1 to 8, 30-day mortality reduced by 50% Ranked #22



1 year mortality 20%, ranked #68 of 73 hospitals



- Care aligned with national treatment guidelines²
- New specialist departments for specific coronary conditions started
- Staffing improved

Quality index raised from 1 to 4 Mortality reduced by 50% Ranked #45

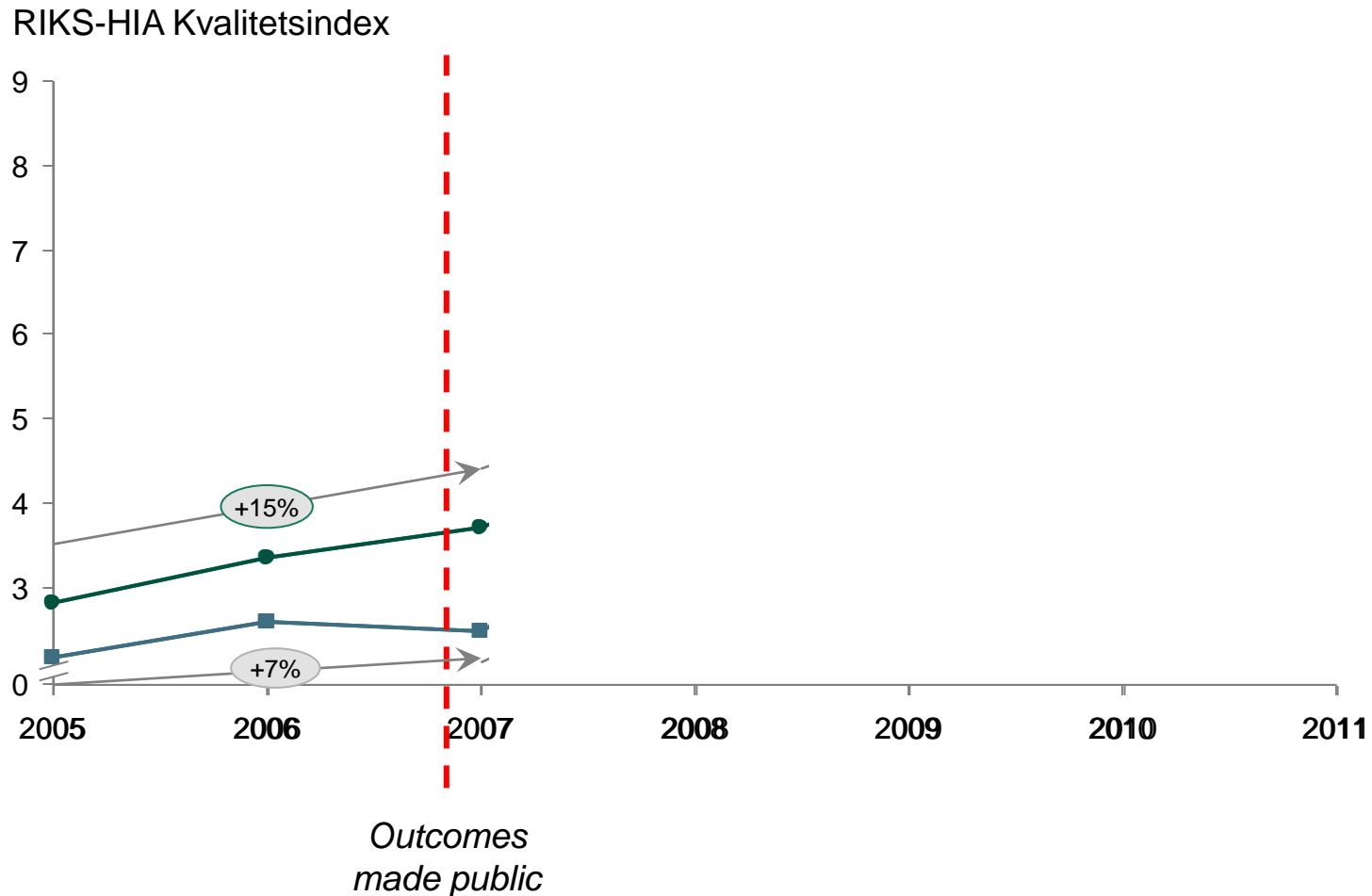


1. Percutaneous coronary intervention 2. on angiography and PCI 3. Riks-HIA

Source: SVT.se; Aftonbladet 2007-03-08; DN 2009-05-06; Dagens Medicin 2008-08-26; Läkartidningen nr 44 vol. 104, 2007; Värmlands Folkblad 10 Oct 2007

Transparency increases compliance to care guidelines

Example: Registry data for myocardial infarction



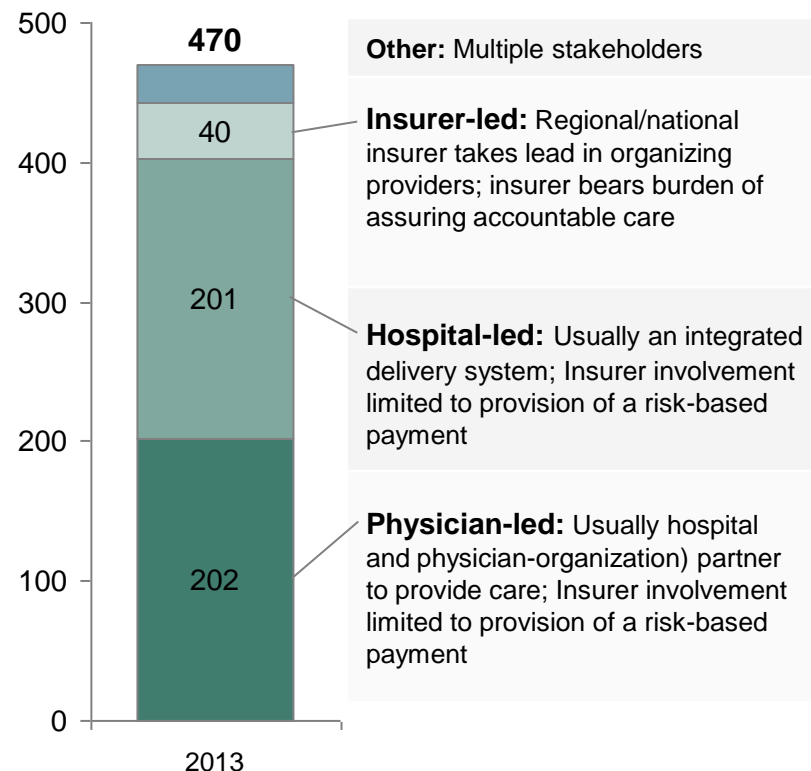
Accountable Care Organizations (ACOs) help to control hospital costs

ACO model incentivizes hospitals to keep patients healthy

Goal	Reduce health care system costs while simultaneously increasing quality
Description	<ul style="list-style-type: none"> • Comprised of multiple levels of providers organized as legal entities • Responsible for coordinating, delivering the full continuum of patient care • Incentivized for managing both the cost and quality of care
Structure	<p>Any combination of:</p> <ul style="list-style-type: none"> • Hospitals • Physicians • Other qualified providers • Payers

470 ACOs currently in the U.S.

ACOs, by organization type

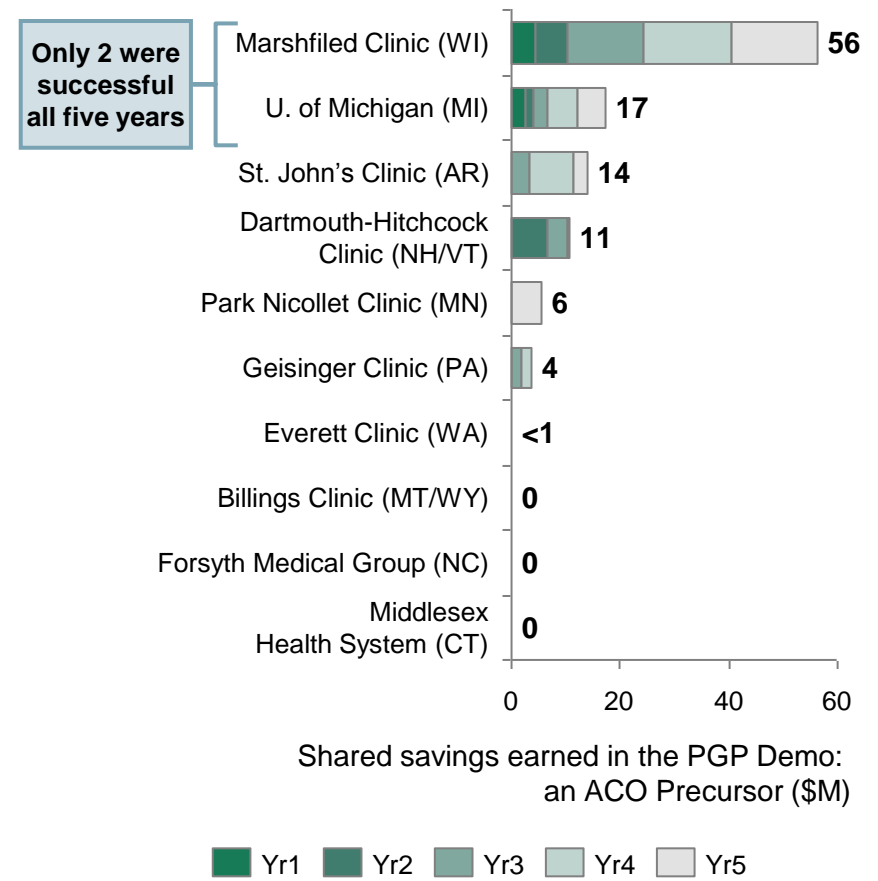


However, unclear whether ACOs without payer involvement will be successful

Not all hospitals have the necessary capabilities for population health management¹ ...

... as a consequence, pilot ACO results were highly varied²

- ☑ Well-defined leadership, governance structure
- ☑ Financial alignment behind goals of care coordination and cost reduction
- ☑ Clinical integration to align care across providers
- ☑ Processes and programs for population management (e.g. prevention, disease management, case management)
- ☑ Robust metrics, data for performance measurement
- ☑ Information technology capable of integrating, aggregating data and systems across participating organizations
- ☑ Physician engagement, performance evaluation



1. Blue Shield of California "An Accountable Care Organization Pilot: Lesson's Learned"

2. RTI International, "Physician Group Practice Demonstration: performance Year 1 – Preliminary Performance Year 5 Summary Results"

Effective governance structure and oversight is needed for disciplined roll-out of initiatives



Advisory Board mandates benchmarking in hospital chains



Hospital Group

Routine benchmarking to reduce inadvertent errors, freeing up resources from re-admissions

1

Performance benchmarking against hospitals
Laggards triggered peer review

2

Issues identified
Inter-disciplinary teamwork
ER management

3

Improvements implemented and continuously monitored

Within 4 years, AMI¹ in-hospital mortality rate dropped by 15% in 2006

1. Acute Myocardial Infarction

Source: Interviews with medical professionals and experts, press search



Multidisciplinary Action Plan Rounds to improve patient flow



Lucile Packard
Children's Hospital
Stanford

- Early discharge incentive program that was started among nurses and residents
- **Early morning discharges** on some medical teams have increased by **75-100%**
- Rounds by multi-disciplinary team successfully **decreased average length of stay by 10-20%**

Support ongoing transparency & efficiency initiatives through mobile & e-governance ...

Objective

Services provided

Owner



Mobile platform providing quick, easy real-time information on healthcare

Healthcare services information

- Location of providers
- Registered medication
- High-risk locations (e.g. dengue)

Health & fitness lifestyle assistance

- Health risk analysis / symptoms
- FAQs



Transparency in gov't procurement process – including information on tenders & contracts

Tender information for selected ministries

- Tender advertisements
 - Publication of tenders, by ministry & date
- Tender awards decisions
 - Value & winners of contracts

Procurement policy

- Procurement policy



Bringing more transactions involving vehicles online

- Increase online transactions to 85% from 40%

Transactions from older SIKAP system, including all involving:

- Vehicle, including road tax
- Licenses, registration, test results
- Violations, including fines, KEJARA points



Example initiatives to improve Healthcare productivity (IV/VII)

ICT Infrastructure

Preliminary

Best practices

Central repository of information fosters competition - better management of turnaround times



Electronic requesting systems prevents duplicate requests and allows better management of turnaround times

- Clinicians can request imaging procedures and receive updates on their progress digitally, replacing need for paper-based systems.



Web-based publication of benchmarking data collected from private healthcare providers fosters competition and efficiency

- Healthcare Evaluation Data enables NHS community to compare efficiency levels



Remote diagnostic/telemedicine and wearables increases patient outreach, reduces waiting time & human error by eliminating chain-of-custody issues



- Services could be outsourced to lower labour cost countries, e.g., India
- Reduces human error by eliminating chain-of-custody issues
- COPD¹ patients can be discharged and rehabilitated at home
 - Reduces ward cover for nurses
 - 50-60% reduction in hospital nights and re-hospitalizations

Levers Triggered



■ Critical ■ Important ■ Necessary

1. Chronic Obstructive Pulmonary Disease

Source: AFNF; Ericsson; WHO; UN Foundation; Medisat; MCG analysis

Example initiatives to improve Healthcare productivity (V/VII)

ICT Infrastructure

Preliminary

Best practices

Levers Triggered

Other innovative infrastructure helps to free up resources



SMS-based medication reminders can improve compliance by 30-70%, reducing complications and need for re-admission

- SIMpill Solution for TB in South Africa and Phoned Pill Reminders in Thailand resulted in 90% compliance of tuberculosis regime
- Typically 22-60% compliance without system



Tablets and smartphones as digital assistants for doctors – e.g. EMR & patient monitoring



■ Critical ■ Important ■ Necessary

Web-based publication and publication of outcomes data

Denmark has a centralised e-Health Portal 'Sundhed.dk' ...

- Centralised database of information, which is accessible across nation
 - 1.2m unique users /month



- Fosters transparency and increased efficiency in the roll-out of quality care**
- Easily accessible to citizens:** Access to information on classifications, treatments, waiting lists
- Time savings Online appointments by patients; access of patient records by healthcare professionals

... which fosters transparency and increased efficiency in the roll-out of quality care

Illustration: Bruno (patient) with pain in right hip

Process of electronic communication over a sample patient's course of treatment

- Makes appointment with GP through Sundhed.dk
- Doctor takes blood tests which are sent to lab & orders an X-ray exam
- Doctor receives report & orders for referral to Hip Arthroplasty department
- Patient referred – Doctor has access to X-ray & lab-reports that GP ordered.
Hospital sends a request for Bruno to be admitted for treatment & send notification to municipality to inform them of this
- Municipal homecare receives notification in advance of his discharge.
Homecare nurse orders prescription renewal from GP
- The municipality receives the rehabilitation programme and starts the rehabilitation process.

Central repository of information fosters competition & allows better management of turnaround times



Telemedicine reduces costs & waiting time

COPD¹ patients can be discharged and rehabilitated at home

- ~4% of Nordics have COPD
- Reduces ward cover for nurses
- 50-60% reduction in hospital nights and re-hospitalizations

Full-scale roll-out can achieve valuable time savings and expand customer reach



Electronic request systems result in better turnaround times

Web-based system, easy-to-use interface – eliminates resistance to new practices

Enable clinical requests from wards, clinics and GP surgeries

- E.g. radiology imaging

Full tracking and updates from computer terminal, replacing paper-based systems



1. Chronic Obstructive Pulmonary Disease

Hospitals are experimenting with virtual care through telemedicine

Services provided by telemedicine incorporate both provider and patient ...

Telemedicine is the delivery of remote clinical services using technology

Service offerings include:

- Primary care / specialist consultations with a patient
- Remote patient monitoring
- Consumer medical and health information
- Continuing medical education

... with multiple delivery mechanisms ...

Networked programs

Link tertiary care hospitals and clinics to rural/suburban areas

Point-to-point connections

Outsource specialty services to independent medical service providers

Monitoring center links

Centers for monitoring patients in the home (e.g. cardiac, pulmonary, home care)

e-health patient service sites

Web-based direct consumer outreach, including direct patient care

... and is increasingly being utilized

Estimated networked programs by ATA ...



... With expectations for a significant impacts in the next 10 years

89%

% of surveyed executives expecting telemedicine to transform U.S. healthcare in the next decade¹

1. Intel Digital Health: Telehealth in the U.S. Health Care System – Preliminary Topline Survey Findings (2010)
Source: American Telemedicine Association

Other innovative infrastructure helps to free up resources



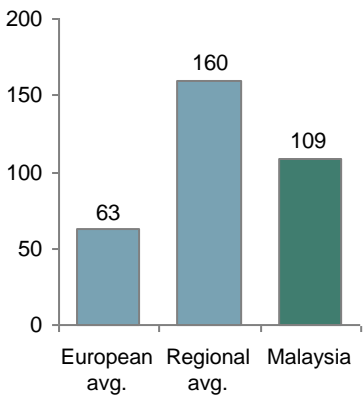
SMS reminders reduces re-admissions

Can improve compliance 30-70%

- SIMpill Solution for TB in South Africa and Phoned Pill Reminders in Thailand resulted in 90% compliance of tuberculosis regime
- Typically 22-60% compliance without system

Medium prevalence of TB

Prevalence per 100k population



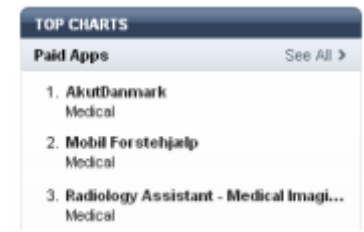
Provision of tablets & smartphones to doctors as productivity

Doctors are rapidly adopting tablets and smartphones as digital assistants, e.g.:

- Referencing & information
- Education & professional journals
- EMR & patient monitoring apps
- Imaging apps
- Point of care apps to be used at bedside
- Personal care apps for patients

Apple launched dedicated professional app store

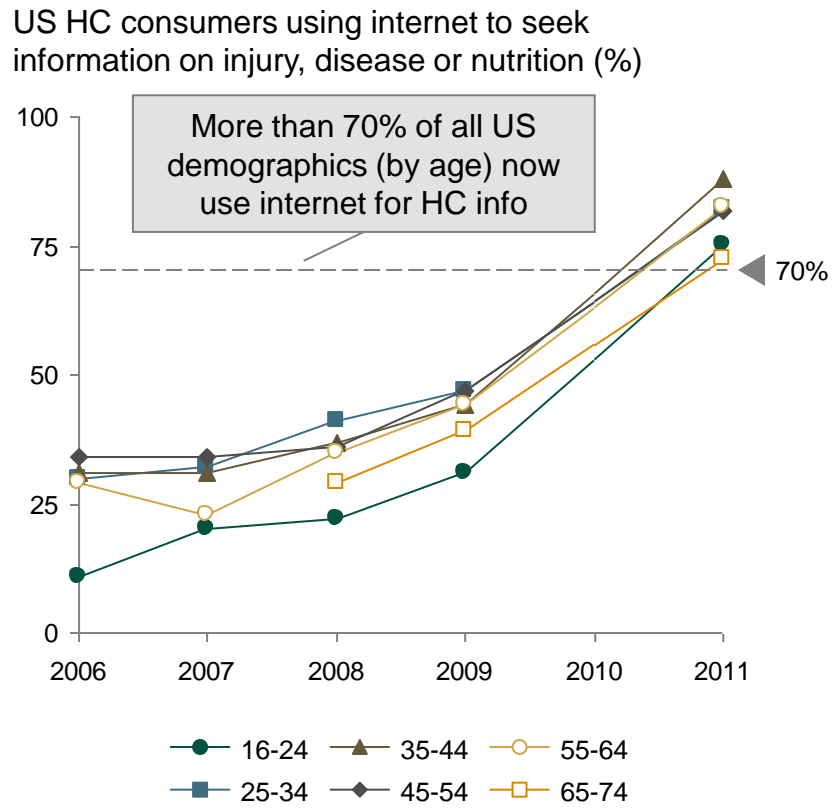
- Several companies now developing apps exclusively for healthcare professionals



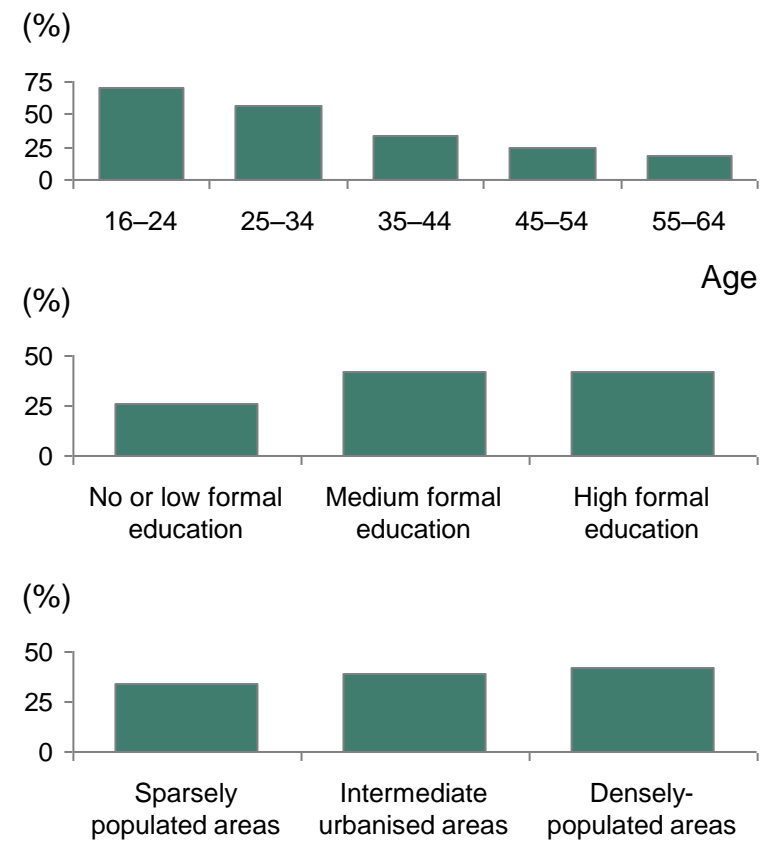
Note: Country situation based on latest WHO country data from 2009
 1. 5-10% of people without HIV and 30% of those co-infected with HIV develop active disease
 Source: WHO; UN Foundation; SIMpill; Businessweek; iTunes Store; Manhattan Research; MobiHealthNews; Apple; MCG analysis

Patients are increasingly online and are comfortable with digital and social media

Increasing use of Internet for health information¹

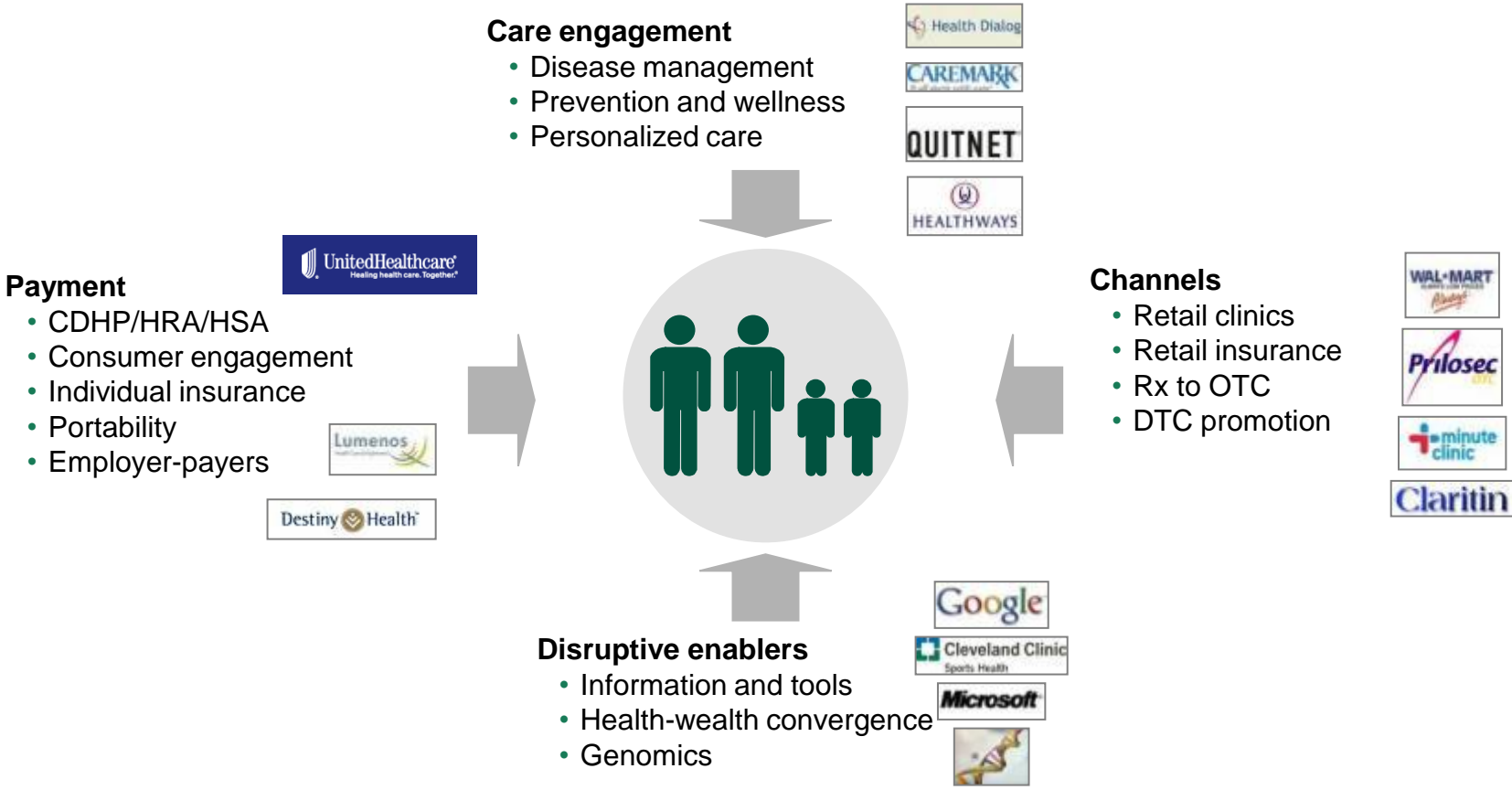


Blogs and social networks used for health advice & support²



1. HBS, January 21, 2011: PatientsLikeMe 2. Patient quote, industry research Source: Eurostat, MCG analysis

Several healthcare players are helping to drive this trend by getting patients to take charge



Technology is enabling patients to increasingly take charge of their health care

Patient empowerment has profound impact on treatment setting and MedTech distribution

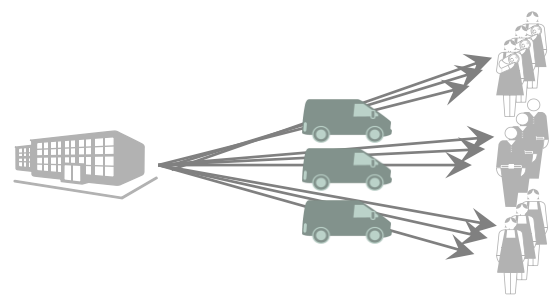
Key considerations for patients

How health care is delivered

- Cost
- Convenience
- Self informed
- Quality

Disruption of patient empowerment to status quo

- a Impact on treatment setting**
 - HC delivery moving out of traditional settings (e.g., hospitals, doctor offices) to move convenient locales for the patient (e.g., retail centers, places of employment and the home)
 - Reduced length of hospital stay
- a Impact on distribution**
 - Shift towards direct to patient distribution, bypassing traditional, more expensive channels such as pharmacies



MedTech companies such as ConvaTec are adapting to shift towards home care

Case study

ConvaTec is marketing its products to patients directly ...

Shift towards home care has necessitated MedTech companies to interact directly with patients/caregivers

MedTech companies are increasingly working with digital channels to "communicate with" patients/caregivers directly

Digital channels e.g., internet forums have proven to be a powerful channel for directly accessing consumers, patients and/or caregivers

- ... especially in settings where the product is associated with shame (e.g., ostomy, incontinence), as they provide an important platform for patients to share experiences without revealing their identity

ConvaTec is an example of a MedTech company that has begun to target the home care segment through online as well as traditional channels



... through a digital and traditional channels

Direct to patient

- Online support services and information
- ConvaTec Customer Interaction Center—has WOC on staff to follow up with patients by phone
- Direct, discreet delivery of products to home

Health professionals and caregivers

- ConvaTec Starter Kit web order tool to enable healthcare professionals to help prepare their patients for the transition home
- Online education portal (clinical evidence, informational guides, patient care guides)
- ConvaTec academy to train health professionals/caregivers

Example initiatives to improve Healthcare productivity (VI/VII)

Design, process & logistics

Preliminary

Best practices



"Barn operating theatres" reduces time between patients and increases savings on overall floor space

- Open-plan main surgical area, with each patient being treated in a dedicated space alongside the next.
- Adjacent anaesthetic rooms & recovery areas reduces transfer time



Revise referral process to capture time savings

- e.g., referral time to surgery reduced by over 50%
- Higher day case rate and lower hospital costs for hernia treatment



Traffic segregation reduces heavy traffic, maintenance costs

- Facilities management traffic segregated from patient flows
- Heavy linen cages, food & supplies trolleys transported by robots¹ in dedicated service lifts, saving GBP50K p.a. on repair costs



Replacing key to drugs cupboard with alphanumeric lock in casualty dept. – reduced time wasted looking for keys by 12 nurse-hours a week.

Levers Triggered



■ Critical ■ Important ■ Necessary

Optimising design & operational processes to improve process flow



'Barn' operating theatres

Reduces time between patients & increases savings on overall floor space

Open-plan main surgical area, with each patient treated in dedicated space alongside the next.

Low transfer time - adjacent anaesthetic rooms, recovery areas

No cross-contamination: Air flow from the canopies effectively acts as a divider



1. Automated Guided Vehicle System (AGVS)



Revise referral process to capture time savings

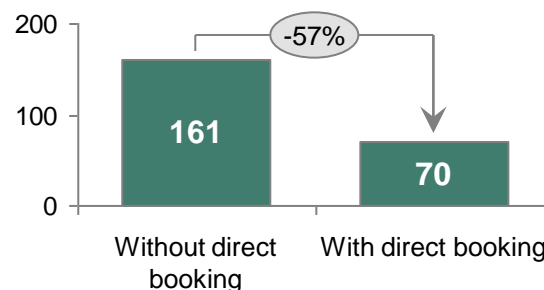
Case Study #1: Pilot initiative in Scotland & 6 trusts in England

- Patient self-referrals assessed by physiotherapist who identifies whether urgent, routine, etc.

Case Study #2: Direct booking for hernia procedures, Whittington Hosp.

- GP referrals triaged directly to the day surgery unit (DSU)
- DSU nurses pre-assess patients & book/ transfer patients to the in-patient lists of one surgeon.

Time from referral to surgery (Days)



Optimisation of traffic by segregation

- Traffic segregation reduces heavy traffic, maintenance costs
- Facilities management traffic segregated from patient flows
- Heavy linen cages, food & supplies trolleys transported by robots¹ in dedicated service lifts, saving GBP50K p.a. on repair costs



Example initiatives to improve Healthcare productivity (VII/VII)

Medical Tourism

Preliminary

Best practices

Levers Triggered

Measures to target high-value medical tourists



Comprehensive e-portal as one-stop-shop

- Dubai Health Experience: first comprehensive e-medical tourism portal
 - Medical insurance¹ to cover any complication or medical liability
 - Return to AEC and revision of surgery ROC



Strong participation in intl medical tourism events to gain exposure

- Turkey frequently attends and sponsors events
- Dubai has shown growing interest in hosting



Relaxation of rules on advertising

- Singapore & Thailand permits published patient testimonials which are easily accessible online - Relax strict advertising regulations

Gain exposure – strong participation in international medical tourism



■ Critical ■ Important ■ Necessary

1. Chronic Obstructive Pulmonary Disease

Source: AFNF; Ericsson; WHO; UN Foundation; Medisat; MCG analysis

Measures to target high-value medical tourists



Strong participation in intl events

Strong participation in intl medical tourism events to gain exposure

- Turkey frequently attends and sponsors events
- Dubai has shown growing interest in hosting



Relax advertising regulations

Singapore & Thailand permits **published patient testimonials** which are easily accessible online



Comprehensive med tourism e-portal

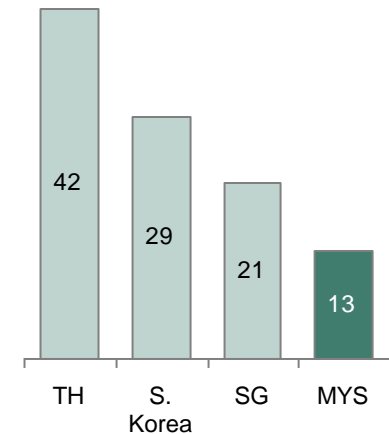
Dubai Health Experience: First comprehensive e-medical tourism portal

- Caters to premium customers
- Medical insurance¹ to cover any complication or medical liability
- Return to AEC and revision of surgery FOC



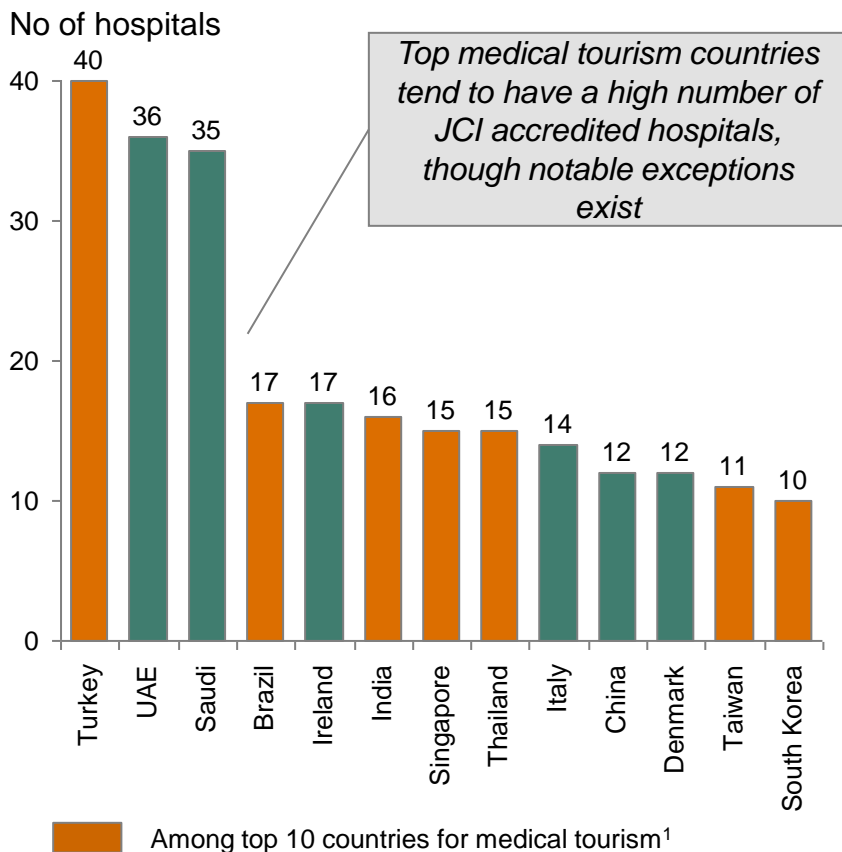
Accreditation & Govt. Support

High number of JCI³ accredited healthcare providers



JCI accreditation does not provide a full picture of quality, but is often used as decision factor by patients

Countries with highest number of JCI accreditations



Patients from the US/Europe trust in JCI accredited institutions

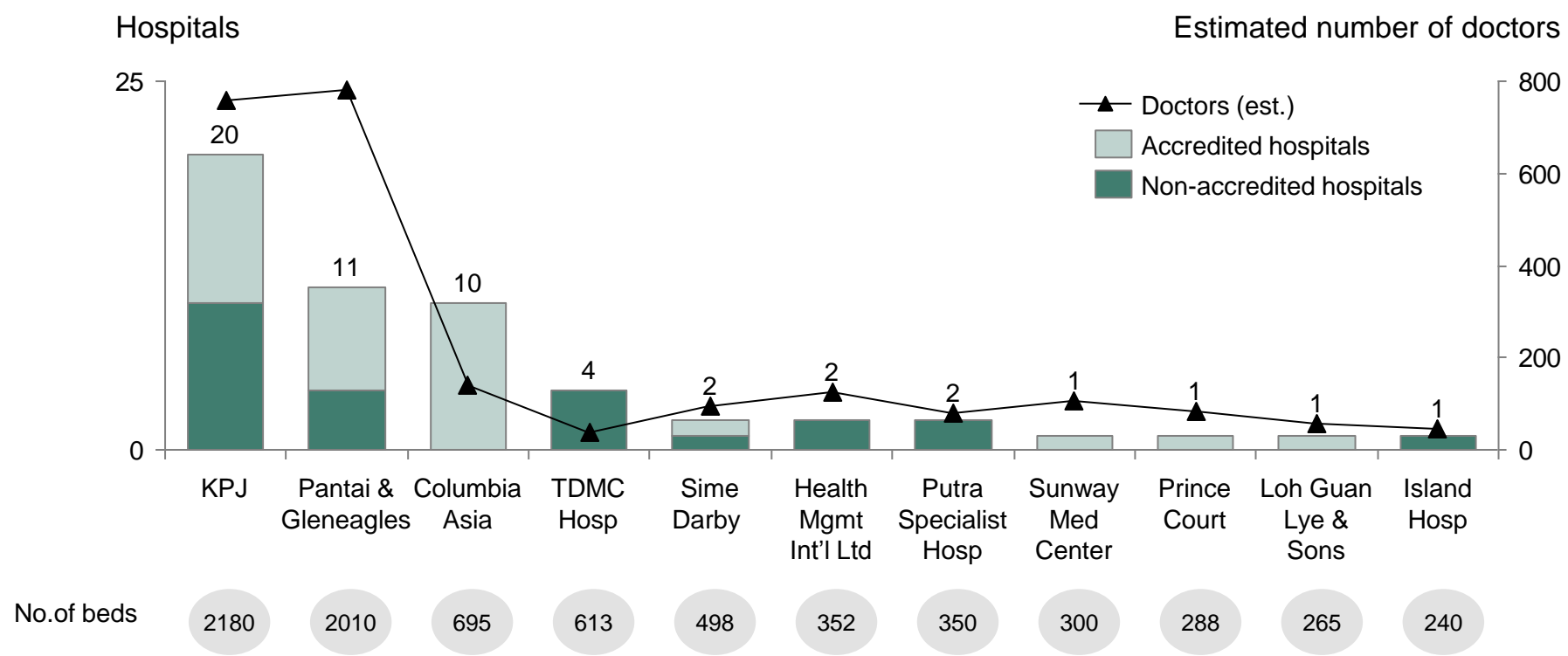
" I choose a JCI-accredited hospital. Qualifications were an important factor and then facilities, and how they handle things "
 - Patient at Christus Muguerza Hospital Alta Especialidad, Monterrey, Mexico

" In my choosing this hospital, cost was a secondary factor. I selected Bumrungrad as it kept popping up on search engines as number one and, at that time the only JCI-accredited hospital in Thailand. "
 - Patient at Bumrungrad, Thailand

1. According to Patients Beyond Borders

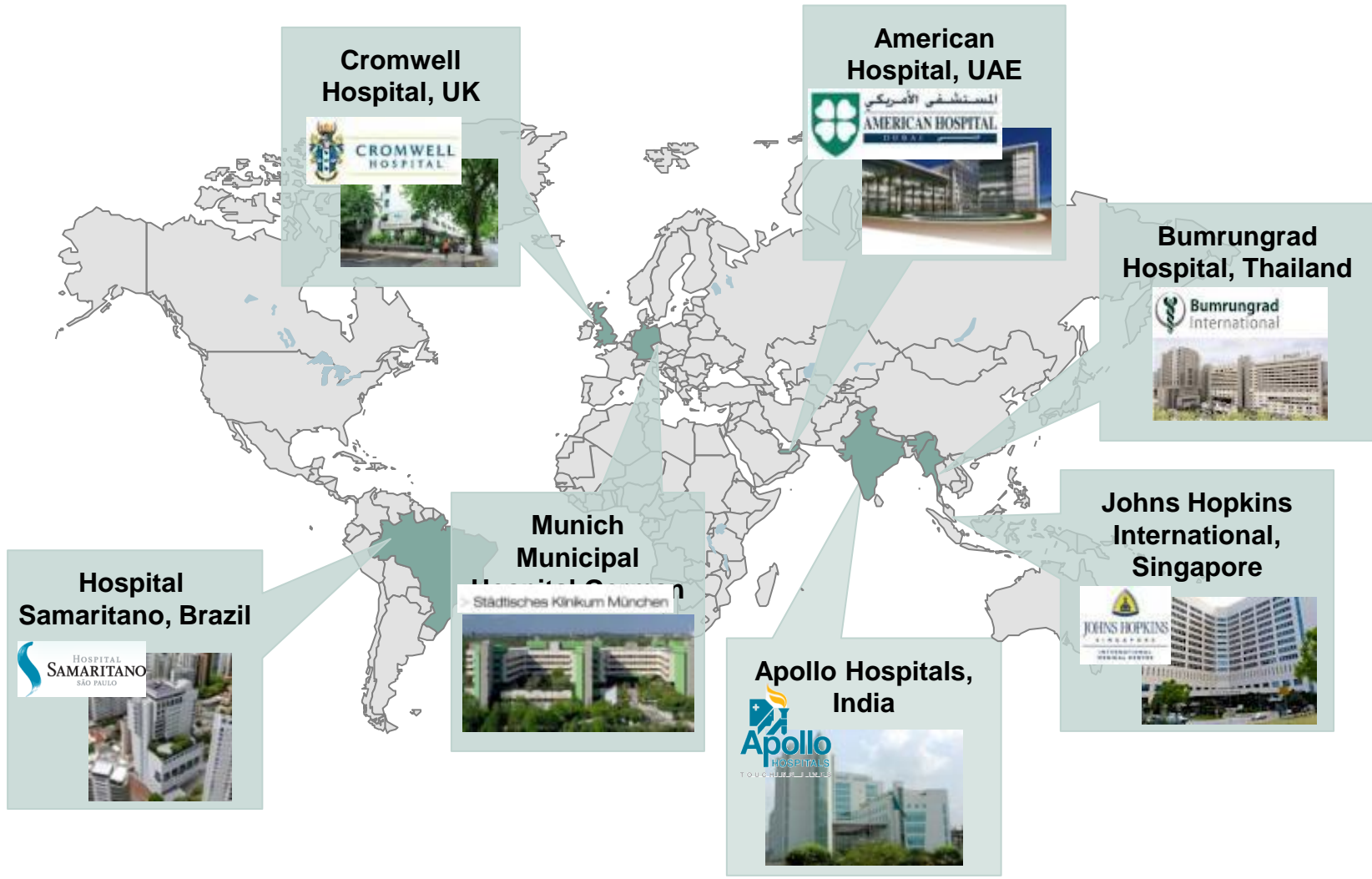
Malaysia has ~30 accredited hospitals – push for further accreditations can help bring in more high-value tourists

Key private healthcare hospitals, 2013



1. % of private expenditure on health
 Source: ASEAN Healthcare, Morgan Stanley, 2014

Examples of leading hospitals attracting medical tourists



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Seven success factors to attract international volumes

Quality care

Key decision factor in choosing a hospital abroad

- 1 **National or regional center of excellence**
 - Reputation for quality care in specific area
- 2 **High-caliber physicians**
 - Significant pull-effect due to 'star physicians'
- 3 **International accreditation**
 - JCI accreditation as quality seal

Partnerships

Vital in attracting international volumes

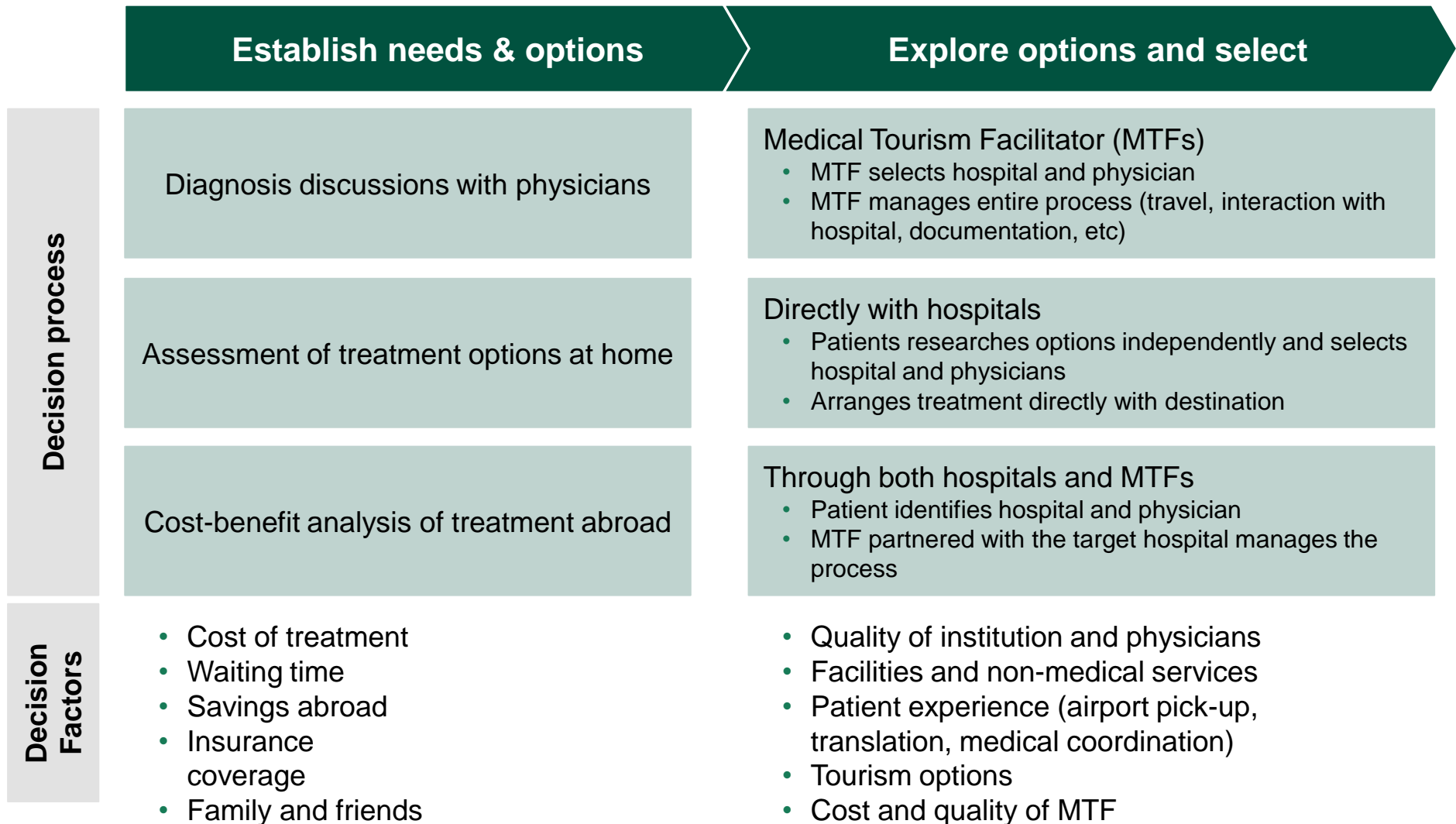
- 4 **Affiliation with reputed international hospitals**
 - Collaboration and referrals
- 5 **Partnerships with Medical Tourism Facilitators**
 - Reduced transaction cost for patient
 - Efficient marketing tool in target countries

Patient experience

Essential to compensate for inconvenience of traveling

- 6 **Non-medical services**
 - Support with travel, linguistic support etc minimizes barriers to travel
- 7 **Hoteling facilities & infrastructure**
 - Luxury patient rooms, facilities for accompanying family, recreational options

Decision for medical travel influenced by multitude of factors



Current drivers for rising medical tourism

Aging

- Aging global population increases demand for health care
 - Life expectancy expected to increase by 0.1 years annually in developed countries (e.g. for the US, LE will grow from 78 in 2010 to 83 in 2060)

Cost of care

- Rising cost of health care in developed countries encourage travel abroad for treatment
 - Asian countries provide medical care up to 90% cheaper than the US

Government spending

- Debt crises place increasing pressure on Western governments to cut healthcare expenditures
 - Gap between public and private healthcare providers likely to further widen

Cost of travel

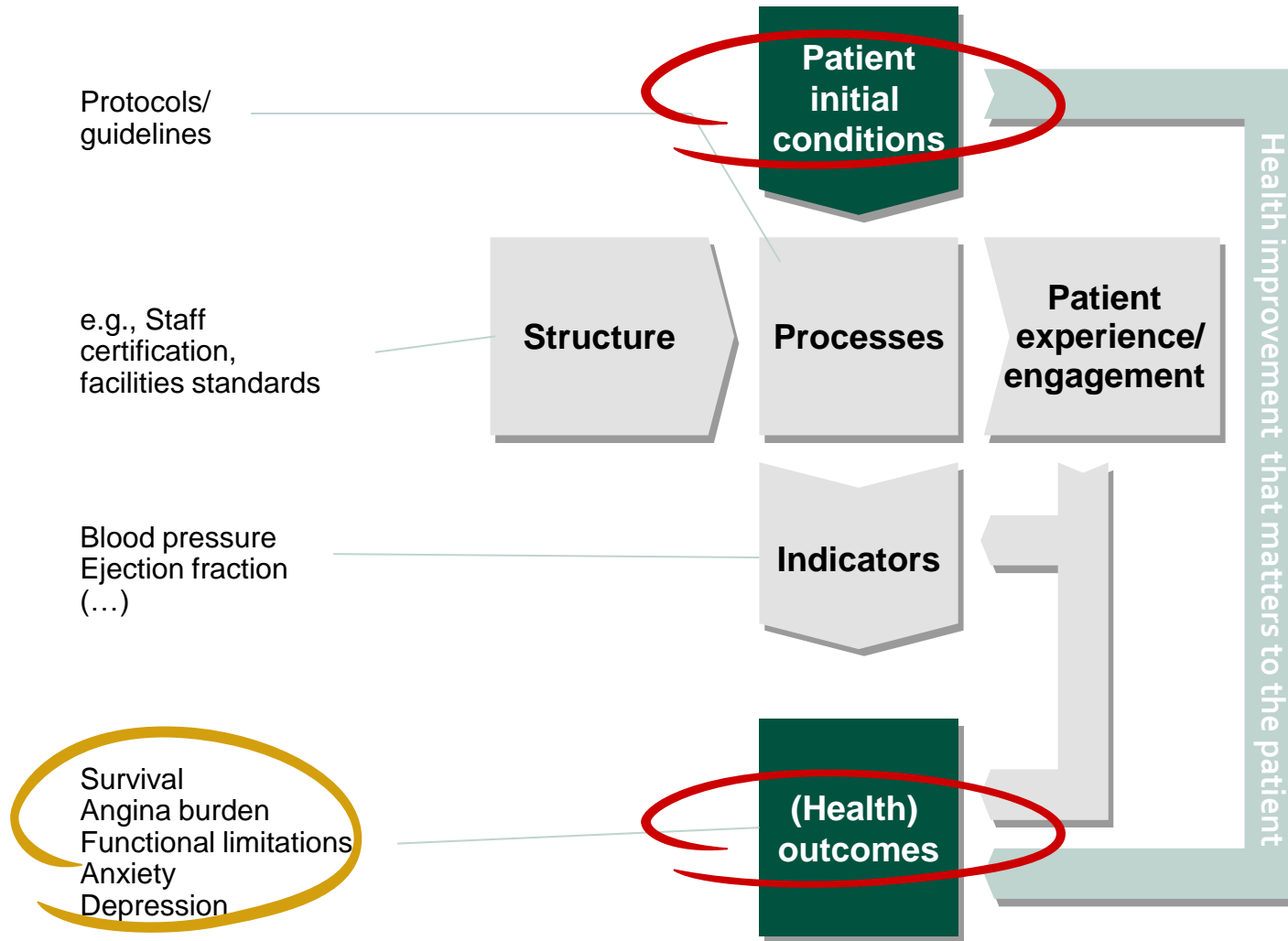
- Cost of travel decreasing and willingness to travel for treatment is increasing
 - Travel and hotel costs are far lower than absolute savings for medical tourists

Transaction cost

- Visa requirements and language barriers are being reduced
 - Third party agents and hospitals increasingly providing travel, visa and linguistic support

Outcomes are the 'real world' experience of patients

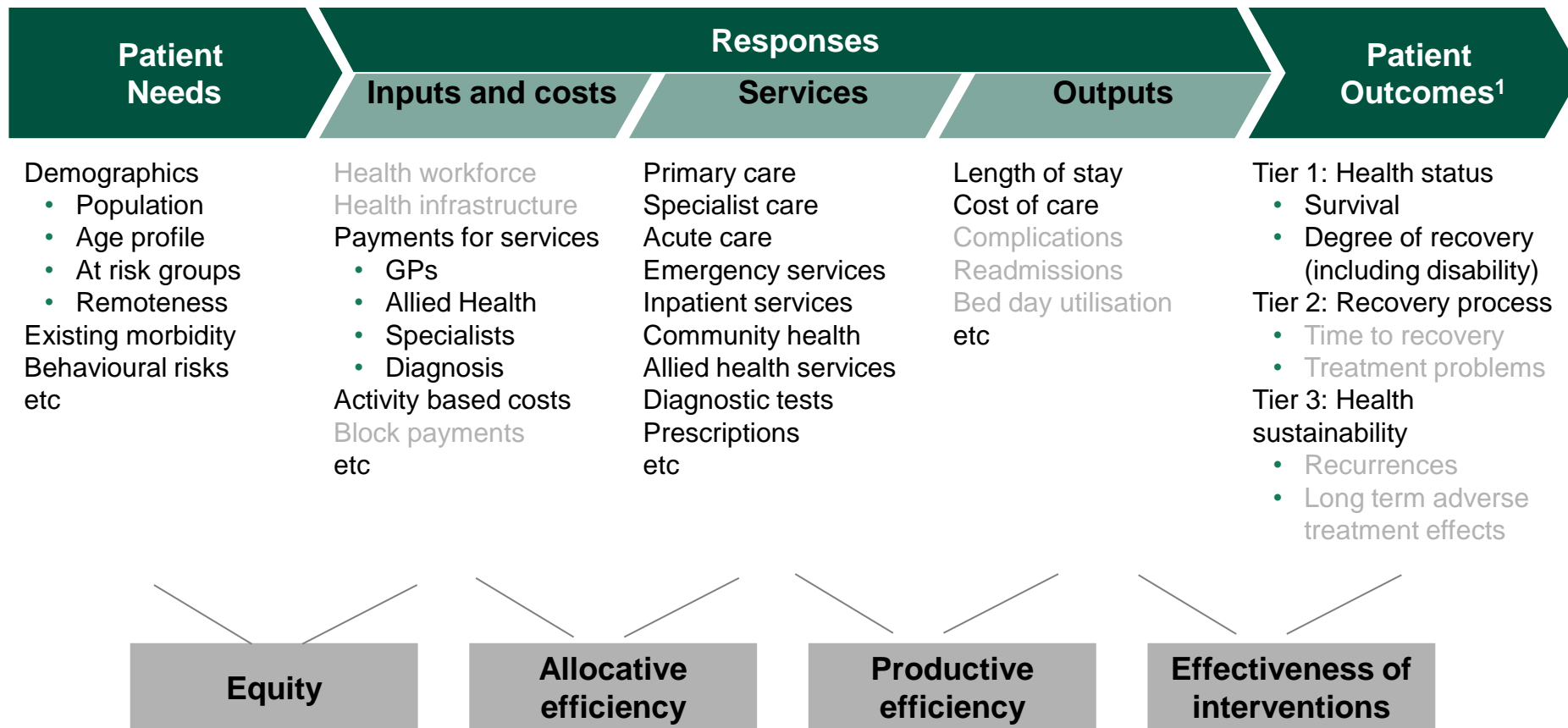
Examples from coronary artery disease (CAD)



Multiple data sources can be used to measure outcomes

Australian INRO model

Integrated Needs-Responses-Outcomes



Note: greyed out text indicates data that we may want to add to the model in future iterations

1. ICHOM outcomes hierarchy

Source: BCG, ICHOM

7 commonly-used operational productivity metrics identified

Preliminary

	Operational metrics	Description	Calculation
National	Cost per Life year gained for private sector	For people paying for care privately, their “additional” healthy life expectancy divided by private health expenditure per capita	$\frac{\text{Private health expenditure}}{\text{LYs gained of privately covered population}}$
	Healthcare resources availability	Measures availability of healthcare workforce / other resources (e.g. MRI units, acute care bed) in a particular area, region or country	$\frac{\text{Total medical graduates}}{\text{Population}}$
Industry	Healthcare activities utilisation rate	Measures utilisation rate of healthcare activities in a particular area, region or country	$\frac{\text{Number of GP consultations} \times 100}{\text{Population}}$
	Provider mix ratio	Analyses workforce structure to determine optimal level Number of physicians, nurses practitioners etc	$\frac{\text{Total mid-level FTEs}}{\text{Total physical FTEs}}$
Individual	Resource utilisation rate	Determines utilisation level of resources at various levels, e.g.: <ul style="list-style-type: none"> • Facility-level: Av. minutes per surgery • Dept-level: Number of laboratory tests per in-patient stay • Procedure-level: Av. length of in-patient stay by procedure 	$\frac{\text{Number of [resource]}}{\text{Day / Hour / Minutes}}$
	Cost/utility by type of resources	Largely used by healthcare providers to reduce supply/labor costs and increase productivity <ul style="list-style-type: none"> • E.g. measures utility for congestive heart failure charges relative to appropriate procedure 	Av. treatment charge & cost by condition type
	Patient outcomes	Patient survival and functional outcomes following common types of treatment, benchmarked against other s	$\frac{\text{Observed outcomes}}{\text{Risk-adjusted expected outcomes}}$
	Commercial	Measures amount of revenue generated from a particular resource	$\frac{\text{Revenue}}{\text{Physician FTE}}$

Agenda

<u>Time</u>	<u>Session</u>	<u>PIC</u>
0830 - 0900	Arrival and registration	
0900 - 0930	Project context - Why have we embarked on this project? - What does this project entail?	P EPU/ BCG
0930 - 1030	What productivity means for this subsector - Why is it important? - Gap vs RMK 11 target and benchmarks - Our approach and initial views (challenges and existing plans)	P BCG
1030 - 1045	Tea break	
1045 - 1145	Breakout session #1: Verify critical challenges and drill down to root causes	G Participants
1145 - 1215	Recap to the room	Participants
1215 - 1315	Lunch break	
1315 - 1345	Best practices from around the world	P BCG expert
1345 - 1445	Breakout session #2: Brainstorm and prioritize productivity improvement initiatives going forward	G Participants
1445 - 1500	Tea break	
1500 - 1530	Recap to the room	Participants
1530 - 1600	Closing remarks and next steps	BCG

P Presentation **G** Group discussion

Roundtable discussion: Productivity improvement initiatives

Part 1: Brainstorming solutions

For the challenges identified earlier, what can we do differently to improve productivity

- Increase output, or to reduce input?

How can we ensure we are addressing the root cause?

No bad ideas, let's brainstorm!

15 minutes

Part 2: Detailing it out

How would this initiative work in practice – what needs to change from how we work today

- As an industry
- As a company
- As individuals

What is the definition of 'success' for this initiative? What metric should we use?

35 minutes

Output: Productivity improvement initiatives

Lever	High-priority challenges
Text	Text

Populate from Breakout session #1 over lunch break

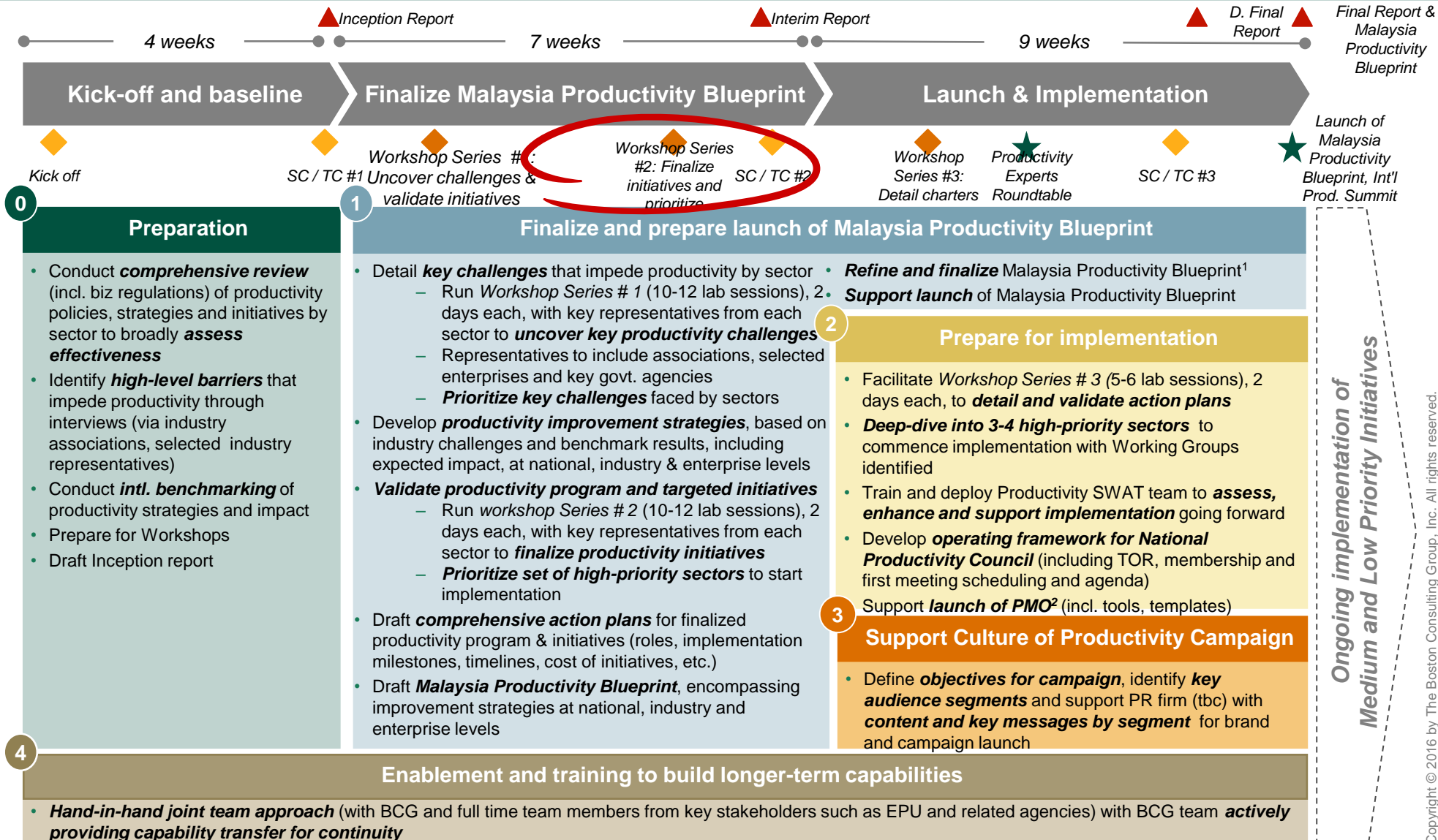
Proposed initiatives	Measurable output
	Text

Agenda

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P Presentation **G** Group discussion

We aim to schedule Workshop Series #2 (16-27 May) to finalise and further detail initiatives



1. BCG to continue support to EPU beyond 20 week project period to finalize Malaysia Productivity Blueprint 2. Program Management Office

Next steps

We will capture today's discussion in the draft of the Malaysian Productivity Blueprint

We will send a link for the questionnaire – we hope you'll share it with other industry players

We will be in touch via email for the specific date and location for Workshop #2

- If you haven't shared your email at registration earlier today, please stop by the desk outside on your way out
- Between 16-27 May

**If you have further inputs please email us at
anwar.nadia@bcg.com**



MCG

The local entity of THE BOSTON CONSULTING GROUP

Thank you

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