

INTO THE FUTURE WE TRANSFORM

**MMA INAUGURAL CONFERENCE
ON
HEALTH OF THE OLDER PERSON
5-6 MAY 2018
GRAND SEASONS HOTEL, KUALA LUMPUR**

Registration & Information online: www.mma.org.my

Abstract submission: hop@mma.org.my



INTO THE FUTURE WE TRANSFORM

INTRODUCTION

Ageing healthily into the golden years is a major challenge facing the world today. As a consequence to this demographic transition, the ageing phenomenon has a tremendous impact on the economy of the nation affecting health, social and welfare aspects of governance. Systematically planned health promotion efforts linked to active ageing should include: life-long learning opportunities together with longer, flexible employment terms with an option to retire later. This would gradually lead to being more active after retirement through sustained health-related activities.

Caring for older persons goes beyond understanding their illnesses related to ageing and the social capital needed for this; it requires creating a plan of care in Healthy Ageing that includes their social, financial and personal goals, factors that are often neglected. There is a definite need to enhance knowledge and develop skills on holistic care for older individuals so that they have a better quality of life.

OBJECTIVES

To share, disseminate and enhance knowledge on 'health of the older persons' among healthcare practitioners, allied health professionals, caregivers, academicians, students and individuals concerned with care of older persons.

CALL FOR ABSTRACTS

ABSTRACT SUBMISSION GUIDELINES:

Abstract Submission Deadline 4th April 2018

Presentation Type:

Oral Presentation

Abstract Submission Guidelines:

- * Abstracts must be in English
- * The maximum length of the abstract title is 20 words
- * The maximum length of the abstract body is 300 words
- * Please indicate three keywords (MeSH terms when available)
- * The presenting author must be registered as the participant of the conference (Authors of accepted abstracts are not provided with travel funds).
- * Notification of abstract acceptance will be sent via email by the committee
- * All accepted abstracts for oral presentation will be published in the conference abstract book (provided at conference upon registration)

Format of title & authors:

e.g

Abstract Title in Capital Letters, Times New Roman, **Bold**, Font 14, Centered

Last Name followed by Initials, Last Name Initials etc - *Times New Roman, Font 12 & Italics*

Department/Affiliation of Presenting Author - *Times New Roman, Font 12 & Italics*

Email address of Presenting Author - *Times New Roman, Font 12 & Italics*

Format of references:

References ¹ to be written as follows:

1. Santos C, Munoz N, Klug S, Almonte M, Guerrero I, Alvarez M, et al. HPV types and cofactors causing cervical cancer in Peru. *Br J Cancer*. 2001;85(7):966-971. *Times New Roman, Font 10*

Abstract Presentation:

- * The submission file should be in Microsoft Word document file format
- * The title is single spaced; uses a 12-point font, employs italics rather than underlining (except with URL addresses)
- * Background
- * Objective (s)
- * Method
- * Results
- * Conclusions
- * Keywords

Oral Presentation:

- * Oral Presentation will be for 8 minutes with 2 minutes question and answer session with judges
- * A total of 10 oral presentations will be accepted

All abstracts must be submitted through email: hop@mma.org.my

PRIZE FOR WINNERS	FIRST PRIZE	1 ST RUNNER-UP	2 ND RUNNER UP
ORAL PRESENTATION	RM800.00	RM500.00	RM300.00

INTO THE FUTURE WE TRANSFORM

Scientific Programme

Day 1	5 May 2018 (Saturday)	
0830-0915	Plenary 1: Future Landscape of Elderly Nursing Care: Post Private Aged Healthcare Facilities Act Implementation By: To' Puan Associate Professor Dr. Safurah Bte Ja'afar (Public Health Physician, Community Medicine, IMU) Chairperson: Datin Dr. Jayanthi Krishnan	
0915-1015	Opening Ceremony by Deputy Director General of Health (Public Health) Dato' Dr. Hj. Azman Bin Abu Bakar. Chairperson: Datin Dr. Jayanthi Krishnan	
1015-1100	Plenary 2: Population of older adults in Malaysia – Past, Present and Beyond By: Dato' Professor Dr. Abdul Rashid Khan (Head, Department of Public Health, Penang Medical Centre) Chairperson: Datin Dr. Jayanthi Krishnan	
1100-1130	Tea break	
1130	Symposium 1 Elderly and Nutrition Chairperson: Dr. Ho Bee Kiau (Consultant FMS)	Symposium 2 Elderly and Beauty Chairperson: Dr. Tan Sing Yee (FMS)
1130-1200	Nutrition for Older Adults- Challenges in Meeting the Needs By: Prof. Dr. Suzana Shahar (Dietitian and Nutritionist, UKM)	Anti-ageing and Recent Advances By: Prof. Dr. Andrew Charles Gomez (Consultant ENT Surgeon, Anti-Ageing, Aesthetic and Facial Surgery)
1200-1230	Supplement is it needed? By: Dr. Ruziaton Bte Hasim (Consultant Family Medicine Specialist, Community Geriatrician)	Stay Beautiful at Golden Age By: Dr Normala Bte Hj. Basiron (Senior Consultant Plastic and Reconstructive Surgeon, Head, Department of Plastic and Reconstructive Surgery, HKL)
1230-1300	Q&A	Q&A
1300-1430	LUNCH	
1430	Symposium 3 Elderly and Aged Care Chairperson: Dr. Wan Farzihan Bte Wan Adib (FMS)	Symposium 4 Free paper presentations Chairperson: Dr. Ruziaton Bte Hasim (Consultant Family Medicine Specialist, Community Geriatricia Judges: • Professor Dr. John T Arokiasamy (IMU) • Dato' Professor Dr. Abdul Rashid Khan (Head, Department of Public Health, Penang Medical Centre)
1430-1500	Research-Training-Community Engagement: Elevating Human Capital and Quality of Care for Healthy Ageing Agenda in Sri Kembangan By: Dr. Carol Yip (CEO Aged Care Group) / To' Puan A.P Dr. Safurah Ja'afar (IMU)	
1500- 1530	Delineating Mechanism of Frail Elderly Family Caregiving: A Qualitative Exploration in Terengganu By: Professor Dr. Rahmah Bte Mohd Amin (Public Health Consultant and Gerontologist, UniSZA)	
1530-1600	The Caregiving System in Malaysia: Issues and Challenges By: Assoc. Prof. Dr. Halimatus Sakdiah Bte Minhat (Public Health Physician, UPM)	
1600-1630	Q&A	
1630-1700	TEA BREAK	
Day 2	6 May 2018 (Sunday)	
0900-0945	Plenary 3: Elderly vaccination and preventive measures By: Dr. Lee Fatt Soon (Consultant Geriatrician, HKL) Chairperson: Dr. Rizawati Bte Ramli (FMS)	
0945-1030	Plenary 4: Mental health care in later life and positive aging By: Associate Professor Dr Finian Martin O'Brien (Consultant Psychiatrist, Penang Medical Centre) Chairperson: Dr. Nor Azila Mohd Bte Isa (FMS)	
1030-1100	Tea break	
1100	Symposium 5 Elderly and Policies Chairperson: Dato' Prof Dr. Abdul Rashid Khan	Symposium 6 Elderly and Addiction Chairperson: Dr. Noor Harzana Bte Harrun (FMS)
1100-1130	Akta Warga Emas: Revised By: Professor Dr. Tengku Aizan Bte Tengku Abdul Hamid (Consultant Gerontologist, UPM)	Addicted Elderly, how do they present? By: Dr. Norsiah Bte Ali (Consultant Family Medicine Specialist, Addiction Specialist)
1130-1200	How good is our system? By: Dr. Lee Fatt Soon (Consultant Geriatrician, HKL)	Spiritual and Social impact in Addicted Elderly, what to offer? By: Dr. Salmah Bte Nordin (Consultant Family Medicine Specialist, Addiction Specialist)
1200-1230	Challenges of Ageing with a Physical Disability By: YB Senator Bathmavathi Krishnan (Senate Parliament of Malaysia, Kuala Lumpur)	Domestic violence versus Elderly addiction By: Assoc. Prof. Dr. Sajaratulnisah Bte Othman (Consultant Family Medicine Specialist, UMMC)
1230-1300	Q&A	Q&A
1300-1400	LUNCH	
1400	Symposium 7 Elderly and Health Chairperson: Dr. Salbiah Bte Mohammad Isa (FMS)	Symposium 8 Elderly and Physical Activities Chairperson: Dr. Nor Hazlin Bte Talib (FMS)
1400-1430	Hormones for elderly, do I need it? By: Associate Professor Dr. Tan Maw Pin (Geriatrician, UMMC)	Cheat old age through Fitness mode By: Tan Sri Dato' Dr. M. Jegathesan (Independent Non-Executive Director, CCM Duopharma Biotech Berhad)
1430-1500	Is Dementia preventable? Updates! By: Dato' Dr. Rajbans Singh (Consultant Geriatrician, Pantai Medical Centre)	Ageing, Sarcopenia and Physical Activity By: Prof. Dr. Lydia Abdul Bte Latif (Head, Dept. of Rehab. Medicine, UM)
1500-1530	Q&A	Q&A
1530-1630	Prize giving & Closing Ceremony Chairperson: Datin Dr. Jayanthi Krishnan	
1630-1700	TEA BREAK	

MMA INAUGURAL CONFERENCE ON HEALTH OF THE OLDER PERSON

TARGET PARTICIPANTS

MMA Members and Students
Non-members and Allied
Health Professionals

THEME

INTO THE FUTURE WE TRANSFORM

Date : 5–6 May 2018

Venue : Grand Seasons Hotel, Kuala Lumpur

TARGET PARTICIPANTS

MMA Members and Students

Non-members and Allied Health Professionals

REGISTRATION FEE

- RM300.00

- RM400.00

REGISTRATION FORM

DETAILS OF PARTICIPANT

MMA Member Student Non-Member Allied Health Professional

Name: _____

Profession: _____

IC/Passport No: _____

Organisation: _____

Tel: (O) _____

(HP) _____

Email: _____

Mailing address: _____

REGISTRATION DETAILS

Food Requirement

Non-Vegetarian

Vegetarian

Mode of Payment

Cheque / Bank draft

Telegraphic transfer

Direct bank transfer

Cash

Government local order

All cheques and bank drafts should be made in favour of the "Malaysian Medical Association" and mailed to:

Malaysian Medical Association
4th Floor MMA House
124, Jalan Pahang
53000 Kuala Lumpur

Participants who wish to deposit payment into the MMA account, the bank details are as follows:

Name of Bank: Alliance Bank Malaysia Bhd
Branch: Jalan Ipoh
AC No.: 1402-8001-0086-760
Swift Code: MFBBMYKL

Please email a copy of the transaction slip with your details to enable the MMA Secretariat to acknowledge receipt

CME/CPD Points will be awarded

For further information and updates, visit www.mma.org.my or contact Ms Muthuleetchumi
Tel: 03-40411375 (Ext 200)
Fax: 03-40418187 / 03-40419929
Email: hop@mma.org.my



GRAND SEASONS

Hotel | Kuala Lumpur

RESERVATION FORM MMA INAUGURAL CONFERENCE ON HEALTH OF THE OLDER PERSON CONFERENCE 5-6 MAY 2018

VENUE : GRAND SEASONS HOTEL KUALA LUMPUR

I would like to make the following reservation: *(please tick)*

ROOM TYPE	SINGLE (NETT)	(√)	DOUBLE (NETT)	(√)		(√)
Deluxe	RM244.86		RM268.18			
Season Crest	RM291.50		RM291.50			
Junior Suite	RM 478.06					
Seasons Suite	RM501.38					
Extra Bed	RM 122.43					

Notes/Terms and Conditions:

- Room rates quoted are inclusive of 10% service charge and prevailing government tax and complimentary buffet breakfast
- The above rates are applicable for the year 2018.
- Notification on cancellation must be given to the hotel not later than seven (7) days before check in date; otherwise a one (1) night's room charge will be levied.
- Please guarantee your booking with credit card details. Failing which reservation will be accepted based on room availability.
- Check in is at 1500 hours. Rooms required before 1500 hours on the day of arrival on confirmed basis must be blocked. An additional 1 night room charge will be levied.
- Check out is at 1200 hours. Use of room after 1200 hours will be charged at full night room rate. Late check out is subject to availability.
- The hotel impose a penalty charge of equivalent to total room night charges blocked and confirmed, under the following situations; bookings made with early departure from the earlier check out date confirmed when making the reservations & bookings made with 'no show' at the hotel.
- 07 days prior to the arrival date, all guest rooms requirements should be received by the hotel. Requirement not confirmed will be released and further requests will be subject to space availability basis.
- In the event that cancellation/postponement is made after the deposit has been paid, where confirmation of the event is considered to be given, no refund shall be accorded. 50% of total estimated revenue if cancellation/postponement is made after confirmation has been agreed upon.
- **NO SMOKING POLICY** Please be informed that our Deluxe, Seasons Crest & Junior Suite is a NON SMOKING ROOM. If you are found to be smoking in a NON SMOKING ROOM, a room cleaning fee (to remove odour), minimum RM250.00 will be charged. If burnt marks are found on the furniture and carpeted area, the cost of restoration and replacement will be charged accordingly. The NO SMOKING Policy relates to the use of all tobacco related products, e-cigarettes and other smoking devices. Should you OR your guests is a SMOKER, PLEASE REQUEST FOR A SMOKING ROOM.

Guest's Name : _____

Company/Agency : _____

Address : _____

Telephone : _____ Fax : _____

Arrival Date : _____ Departure Date: _____

Method of Payment: *(please tick)*

AMERICAN EXPRESS VISA MASTERCARD DINERS Others: _____

Name of Card Holder : _____

Credit Card No. : _____

Expiry Date : _____ Specimen Signature : _____

**for American Express cardholder, please advice your non-embossed C.I.D number: _____*

Please send this reservation request **DIRECTLY** to:

PETER ROZARIO - ASSISTANT DIRECTOR OF SALES

THIVA - SALES COORDINATOR

Grand Seasons Hotel | No 72, Jalan Pahang, 53300, Kuala Lumpur, Malaysia

Tel: 603-2697 8888 ext 8806 | H/P: 012 207 5330 | Fax: 603-2698 5888

Email: peterrozario@grandseasons.com | thiva@grandseasons.com Website : www.grandseasons.com