



*Date:*  
**7<sup>th</sup> March 2020**

*Time:*  
**8:00 a.m. – 5:00 p.m.**

*Venue:*  
**Level 4, MMA House, Jalan Pahang**

- ✓ **Registration fee:** MMA members – RM 200  
Non-MMA members – RM 250

**Registration fee can be paid to:**

**" MALAYSIAN MEDICAL ASSOCIATION "**  
**BANK NAME : ALLIANCE BANK MALAYSIA BERHAD**  
**BANK ACC. NO. : 140280010086760**

**\*\* To register, please provide below details to Ms Sal through email:**

- 1. Full name (as per NRIC) & title**
- 2. IC number**
- 3. Designation & work place**
- 4. Contact no. & email**
- 5. Proof of payment (online receipt/bank in slip)**

- ✓ **Certificate will be provided upon completion of the training**
- ✓ **Closing date for registration : 2<sup>nd</sup> March 2020**

# Basic Life Support (BLS) Training

- 8.00 AM – 8.30 AM : Registration
- 8.30 AM – 9.15 AM : Lecture 1 (Introduction to CPR)
- 9.15 AM – 9.40 AM : Video Show
- 9.40 AM – 10.00 AM : Breakfast
- 10.00 AM – 10.30 AM : Lecture 2 (First Aid)
- 10.30 AM – 12.30 PM : SKILL STATION  
Airway Management & AED  
First Aid  
Adult & Infant Chocking
- 12.30 PM – 13.30 PM : Lunch
- 13.30 PM – 15.30 PM : SKILL STATION ASSESSMENT  
One man CPR  
Two man CPR  
Infant CPR  
Infant chocking
- 15.30 PM – 16.30 PM : MCQ Examination (Practical)
- 16.30 PM – 17.00 PM : Discussion & Feedback

**Organized by:**

**MMA CPR COMMITTEE**

**Contact us:**

**Tel: 03-4041 1375 (ext. 129) – Ms Sal**  
**Email: admin3@mma.org.my**