

# A Conference on Physician Resiliency

*Enhancing Physician Resiliency  
from Medical School to Workplace*

31st July – 1st August 2018 (Tue-Wed)  
Auditorium 2, Perdana University

Opening Ceremony by

**Y.B. Dr. Dzulkefly Ahmad**  
Honourable Minister of Health, Malaysia



**CLAIMABLE**



## Physician Resiliency – What it means?

Resiliency is the ability to adapt to and bounce back from the stress of the training and/or clinical environment

Medical students and doctors face numerous hazards and encounter a multitude of stressors from the point of entry to medical schools and into their careers

The onus is for all stakeholders to develop resiliency throughout the continuum of medical education and working life

## Objectives

- Assessing different medical curriculums to create wholesome graduates
- Establishing the gaps in the current medical curriculum
- Learning the elements to create Physician Resiliency

## Who should attend the course?

- Medical Specialists
- Medical Officers
- Health Care Policy Planners
- University Lecturers
- House Officers
- Medical Students

Organized By



In Collaboration With

**MMA Foundation**  
Ministry of Health, Malaysia

**EARLY BIRD  
RM200  
UNTIL 20 JULY 2018  
(NORMAL FEE: RM250)**

**REGISTER NOW:**

[rsvp@perdanauniversity.edu.my](mailto:rsvp@perdanauniversity.edu.my)

**FOR MORE INFO:**

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PERDANA UNIVERSITY, BLOCK D LEVEL 1, MAEPS BUILDING, MARDI COMPLEX  
JALAN MAEPS PERDANA, 43400, SERDANG, SELANGOR

# AGENDA

TIME	DAY ONE ( 31st JULY 2018, TUESDAY )
8.00 – 9.00 am	Registration
9.00 – 9.45 am	<p>Keynote Address</p> <p>Datuk Dr. Noor Hisham Abdullah, Director General of Health Ministry of Health, Malaysia</p> <p>Chair : Prof. Dr. Zabidi A.M Hussin, Vice Chancellor, Perdana University</p>
9.45 – 10.30 am	<p>A Morning with the Director General of Health</p> <p>Interactive Session: Datuk Dr Noor Hisham Abdullah, Prof. Dr. Ian Curran, Prof. Dato' Dr. Adeeba Kamarulzaman &amp; Prof. Dr. Michael Larvin</p> <p>Moderator: Assoc. Prof. Dr. G. Jayakumar, Deputy Dean, PUGSOM</p>
10.30 – 11.00 am	Tea Break
Opening Ceremony by Y.B. Dr. Dzulkefly Ahmad, Honourable Minister of Health, Malaysia	
12.00pm-12.45pm	<p>Session I</p> <p><b>Graduate Entry Medicine – Sharing of Experiences from Across the Causeway</b></p> <p>Prof. Dr. Ian Edward Curran</p> <p>Vice Dean (Education), DUKE-NUS Medical School, Singapore</p> <p>Chair: Prof. Dr. Michael Larvin, Dean, PU-RCSI School of Medicine</p>
12.45–2.00pm	Lunch
2.00pm– 2.45pm	<p>Session II</p> <p>Chair (Sessions II, III, IV &amp; V) : Prof. Dr. Srikumar, Director of Student Affairs &amp; Liaison, PUGSOM</p> <p><b>Reinvigorating our Medical Curriculum to Create Resilient Doctors</b></p> <p>Prof. Dato' Dr. Adeeba Kamarulzaman</p> <p>Dean, Faculty of Medicine</p> <p>University of Malaya</p>
2.45pm–3.30 pm	<p>Session III</p> <p><b>Do We need a 'Malaysian Flexner' Report?</b></p> <p>Assoc. Prof. Dr. G. Jayakumar</p> <p>Deputy Dean, Perdana University Graduate School of Medicine (PUGSOM)</p>
3.30pm – 4.15 pm	<p>Session IV</p> <p><b>Is National Medical Licensing Examination the Way to Go?</b></p> <p>Dr Mohamed Namazie Ibrahim</p> <p>President (2018-2019), Malaysian Medical Association (MMA)</p>
4.15pm -5.00pm	<p>Session V</p> <p><b>Bullying at the Front Lines – Sharing of Cases</b></p> <p>Dr. Gayathri K. Kumarasuriar</p> <p>Psychiatrist, Hospital Tengku Ampuan Rahimah Klang &amp; Member of Helpdoc</p> <p>Malaysian Medical Association</p>
5.00 pm	Tea & End of Day One

**TIME****DAY TWO (1st AUGUST 2018, WEDNESDAY)**

9.00am – 9.45 am

Session VI  
**Physician Resiliency: Burden and Challenges**  
 Dr. Mohd Fikri b Ujang  
 Director of Medical Development, Ministry of Health, Malaysia  
 Chair (Sessions VI & VII): Datin Dr. Juriah Abdullah, Dean, PUGSOM

9.45am – 10.30 am

Session VII  
**Doctor Bullying, A Burning Issue!  
 A United Kingdom and Irish Perspective**  
 Prof. Dr. Michael Larvin  
 Dean, Perdana University- Royal College of Surgeons in Ireland School of Medicine  
 PU-RCSI

10.30 – 11.00 am

Tea Break

11.00am – 11.40 am

Session VIII  
**Selection of Medical Students – Having the Right Fit!**  
 Prof. Datuk Dr. Abdul Razzak Md. Said  
 Pro Vice Chancellor, Manipal University & Council Member, Malaysian Medical Council  
 Chair (Sessions VIII, IX & X): Dr. Karen Morgan, Deputy Dean, PU-RCSI

11.40am – 12.20pm

Session IX  
**Are We Practising What We Preach? Dilemma of a Young Doctor!**  
 Dato' Dr. Wan Khamizar bin Wan Khazim  
 Consultant Colo-Rectal Surgeon  
 Department of Surgery, Hospital Sultanah Bahiyah, Alor Setar

12.20pm – 1.00 pm

Session X  
**Mindfulness @ the Healthcare**  
 Ms. Low Mi Yen  
 Clinical Psychologist & Trained Teacher of Mindful Self-Compassion (USA)

Lunch

2.00pm–2.40pm

Session XI  
**Building Resilience the Sejahtera Way**  
 Prof. Tan Sri Dato' Dzulkifli Abdul Razak  
 Chair, Board of Governance, Islamic Science University in Malaysia (USIM) &  
 Honorary Professor, University of Nottingham  
 Chair (Session XI, XII & XIII): Prof. Dr. Srikumar, Director of Student Affairs, PUGSOM

2.40pm–3.20pm

Session XII  
**Developing 'Resilient Doctors'!**  
 Assoc. Prof. Dr. Muhamad Saiful Bahri  
 Head, Department of Medical Education, School of Medical Sciences  
 Universiti Sains Malaysia

3.20pm–4.00pm

Session XIII  
**Are you Stressed? – A Hospital's Preventive Strategy**  
 Dr. Lee Lay Tin  
 Senior Occupational Physician, Head, Occupational Medicine Services  
 Tan Tock Seng Hospital, Singapore

4.00pm

Tea &amp; Adieu

# REGISTRATION FORM

Title & Name	
Name on Badge	
Organisation & Address	
E-Mail	
Contact No.	
Meal Preference	Vegetarian <input type="checkbox"/> Non-Vegetarian <input type="checkbox"/>

Registration Fee (Please tick wherever appropriate)

	Delegates
Early Bird Registration by 20 JULY 2018	RM200 <input type="checkbox"/>
Normal Registration after 20 JULY 2018	RM250 <input type="checkbox"/>

## PAYMENT METHOD

By Cheque or Bank Draft (payable to Perdana University)

Cheque / Bankdraft No: .....

Issuing Bank: .....

By Bank Transfer (please send a copy of the transfer slip to the Symposium Secretariat) to the following account, and mentioning the name of the symposium

**Bank Name: CIMB**

**Account Name: Perdana University**

**Account No: 8001539175**

**Swift Code: CIBBMYKL**

## ADDITIONAL INFORMATION

### GETTING TO PERDANA UNIVERSITY

Website: <http://perdanauniversity.edu.my/contact-us/>

GPS Coordinates : 2.980756, 101.698694

### SUGGESTED HOTELS CLOSE TO PERDANA UNIVERSITY

1. Putrajaya Marriott Hotel (5 star)  
Tel: 03- 8949 8888  
Distance: Approximately 4.5km  
Duration: Approximately 9 minutes
2. Palm Garden Hotel (4 star)  
Tel: 03- 8943 2233  
Distance: Approximately 4 km  
Duration: Approximately 8 minutes
3. RHR Hotel UNITEN (3 Star)  
Tel: 03- 3-8922 2088  
Distance: Approximately 6.0km  
Duration: Approximately 11 minutes
4. Tune Hotel - Cyberjaya DPulze Mall  
Tel: 03-8320 9920  
Distance: Approximately 14km  
Duration: Approximately 18 minutes

### MALL IN THE VICINITY OF PERDANA UNIVERSITY

- IOI City Mall  
Distance: Approximately 4 km  
Duration: Approximately 8 minutes

### TRAVEL

- Commuter Train: Serdang KTM Commuter station is 9km away (15 minutes duration)
- Grab car

### PUBLIC HOSPITAL CLOSE TO PERDANA UNIVERSITY

- Hospital Serdang: 3.6km away (8 minutes' drive)