



## SEMINAR ON ADOLESCENT MEDICINE

**ORGANISED BY  
MMA Adolescent Health Committee 2018/2019  
(MALAYSIAN MEDICAL ASSOCIATION)**

**&  
DEPARTMENT OF PAEDIATRICS, HOSPITAL SELAYANG, SELANGOR**

### PROGRAM ITINERARY

0730-0800	<i>Registration</i>	<i>Designation</i>
0800-0810	<b>Opening Speech</b> <i>by Pengarah Hospital Selayang</i>	
0810-0830	<b>Adolescents: Who, What &amp; Why?</b> <i>by Dr N.Thiyagar</i>	<i>Consultant Adolescent Medicine Specialist, Hospital Sultanah Bahiyah</i>
0830-0900	<b>What's in (the) HEEADSSS: Psychosocial screening</b> <i>by Dr. Nizam Malik Bin Bali Mahomed</i>	<i>Paediatrician (Adolescent Medicine Fellow), Women &amp; Children Hospital Kuala Lumpur</i>
0900-0930	<b>Depression in teenagers</b> <i>by Dr Harlina Bahar</i>	<i>Consultant Child &amp; Adolescent Psychiatrist, Hospital Selayang</i>
0930-1000	<b>Role Play: Getting into the HEEADSS of the teens</b> <i>by Dr Hargeet Kaur, Dr Kasturi Maniam Nair, Dr Nizam Malik Bin Bali Mahomed &amp; Dr Nalini Munisamy</i>	
1000-1030	<i>Tea Break</i>	
1030-1100	<b>Overcoming challenges in managing teens with end stage renal disease</b> <i>by Dr S.Selvakumar</i>	<i>Consultant Paediatric Nephrologist, Hospital Selayang</i>
1100-1200	<b>Managing teens with Systemic Lupus Erythematosus</b> <i>Dr Tang Swee Ping</i>	<i>Consultant Paediatric Rheumatologist, Hospital Selayang</i>
1200-1230	<b>Teens with eating disorder: Paediatrician's role</b> <i>Dr Hargeet Kaur</i>	<i>Consultant Adolescent Medicine Specialist, Hospital Selayang</i>
1230-1300	<b>Teens with problematic internet usage</b> <i>Dr Harlina Bahar</i>	<i>Consultant Child &amp; Adolescent Psychiatrist, Hospital Selayang</i>
1300-1400	<i>Lunch Break</i>	
1400-1430	<b>Managing Acne in teens</b> <i>By Dr Heah Sheau Sze</i>	<i>Paediatric Dermatologist, Women &amp; Children Hospital Kuala Lumpur</i>
1430-1500	<b>Teenage pregnancy</b> <i>by Dr Hargeet Kaur</i>	<i>Consultant Adolescent Medicine Specialist, Hospital Selayang</i>
1500-1530	<b>Painy teens</b> <i>by Dr Tang Swee Ping</i>	<i>Consultant Paediatric Rheumatologist, Hospital Selayang</i>
1530-1600	<b>Transition: From paediatric to adult healthcare</b> <i>by Dr.N.Thiyagar</i>	<i>Consultant Adolescent Medicine Specialist, Hospital Sultanah Bahiyah</i>
1600	<b>Closing remarks</b> <i>by Dr Kasturi Maniam Nair</i>	<i>Chairperson, MMA Adolescent Health Committee</i>