

SOCIETY OF OCCUPATIONAL AND ENVIRONMENTAL MEDICINE-MMA (SOEM-MMA)
In Collaboration With
SOCIAL SECURITY ORGANISATION



CPD SERIES 4
TACKLING MENTAL HEALTH AT WORKPLACE
SESSION 2018/2019

Venue KSL Hotel & Resorts , Johor Bahru City Centre

Date 23rd February 2019 (Saturday)

REGISTRATION 08.00 – 09.00

SAFETY BRIEFINGS

OPENING REMARKS TIME **DR. PRIYA RAGUNATH**
Chairman, Society of Occupational and Environmental Medicine, MMA
09.15-09.30

TOPIC **WORK RELATED MENTAL DISORDERS**
Dr Jaseema Begum
Occupational Health Practitioner & Public Health Officer, Putrajaya District Office

TIME 09.30 – 10.30

TEA BREAK 10.30 – 11.00

TOPIC **OCCUPATIONAL STRESS ASSESSMENT**
Dr Halim Ismail
Public Health Medicine Specialist, Universiti Kebangsaan Malaysia

TIME 11.00-12.00

TOPIC **ROLE OF COGNITIVE BEHAVIOURAL THERAPY (CBT) IN OCCUPATIONAL HEALTH**
Dr Sooriya Gandhi A/P Angamuthu
Psychiatry Department, Hospital Sungai Buloh

TIME 12.00-13.00

LUNCH 13.00 – 14.00

TOPIC **MENTAL HEALTH AND WORKPLACE**
Dr. Sunthar Rengayan
Occupational Health Physician, BASF PETRONAS Chemicals

TIME 14.00-15.00

TOPIC **MANAGING OCCUPATIONAL STRESS AT WORKPLACE**
Dr. Mohamad Sabri Mohd Shaffi
Head of Occupational Health Group HSSE PETRONAS

TIME 15.00-16.00

TOPIC **STRESSED SINCE I CAME BACK : MENTAL HEALTH CHALLENGES IN POST-CANCER PATIENTS RETURNING TO WORK**
Dr. Murallitharan Munisamy
Director at National Cancer Society Malaysia

TIME 16.00-17.00

CLOSING REMARKS

TIME 17.00

TEA AND ADIEU 17.00

Target Group : Specialists, Medical Officers, Allied Healthcare (Medical Assistants, Nurses etc) & Safety and Health Professionals.

Registration Fee : Inclusive of presentation materials, lunch and coffee breaks.

RM 200.00 : SOEM Members

RM 250.00 : Doctors and Allied Health Care Professionals from Government Agencies and Medical Students

RM 300.00 : Non SOEM Members & Non-Government Sector

Place : KSL Hotel & Resorts , Johor Bahru City Centre

CPD Points : 24 points (DOSH), 8 CPD points (MMA)

Kindly make your own arrangements for accommodation.

For further information please contact:

SOEM, MMA Secretariat (Attn: Ms. Sal)

MMA, Society of Occupational & Environmental Medicine

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