

EXECUTIVE COMMITTEE
2019-2020

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24th March 2020

Current advisory protocol in a GP setting for all URTI (Treat at PUI-COVID-19) : URTI, T>38C

1. Temperature taken at the counter. Distance maintained at minimum 1.5 metre.
2. If URTI, T>38 sent to (2nd consultation / room with minimum fixtures / treatment room etc. - it may vary from clinic to clinic).
3. Doctor to examine the patient at the designated room as item 2.
4. Visual and verbal assessment done with a distance of 1.5 metre with shorter time.
5. BP and pulse for this category is only after the visual and verbal assessment by the attending doctor.
COVID19 Close contact and place of stay must be asked and documented.
6. **For nebuliser please use MDI with spacers.**
7. If confirmed PUI-COVID-19 as per MOH guideline call PKD/CPRC.
Contact CPRC at:
 03 – 8881 0200 03 – 8881 0600 03 – 8881 0700
email: cprc@moh.gov.my
8. If patient is URTI, treat and suggest to follow up via telephone the next day.
9. **Please ensure IPC** (Face mask and hand rubs are maintained at all times).
10. **Stop all nebuliser for children and adult.** Replaced by what we call as rescue therapy.

Important notes:

1. Provide surgical mask to patient with URTI symptoms. (Subject to availability as it will reduce risk of transmission to HCWs and other personnel)
2. Increase frequency of cleaning for high touch area. (Decontaminate consultation area especially surfaces in contact with patient after every patient- even if not PUI as we have to assume there is some community transmission now)
3. For detail information on IPC refer to MOH Infection Prevention and Control Guideline for COVID-19. (<https://mma.org.my/updates-on-covid-19/>)
4. Stop all nebuliser for children and adult. Replaced by what we call as rescue therapy. This is for mild to moderate asthma exacerbations in primary care:

Management

Adult:

MDI with spacer (salbutamol 4 -10 puff)

Children:

> 10kg

MDI with spacer (salbutamol 4-10 puff)

<10kg

MDI with spacer (salbutamol 2-6 puff)

We can repeat every 20minutes for 1 hour

Prednisolone:

- adults 40- 50mg

- children 1-2mg/kg, max 40mg

Controlled oxygen (if available), target saturation 93-95% (children 94-98%)

For details and severe asthma management please refer to GINA guidelines. <https://ginasthma.org>

Thank you.

Dr Thirunavukarasu Rajoo
Honorary General Secretary, MMA