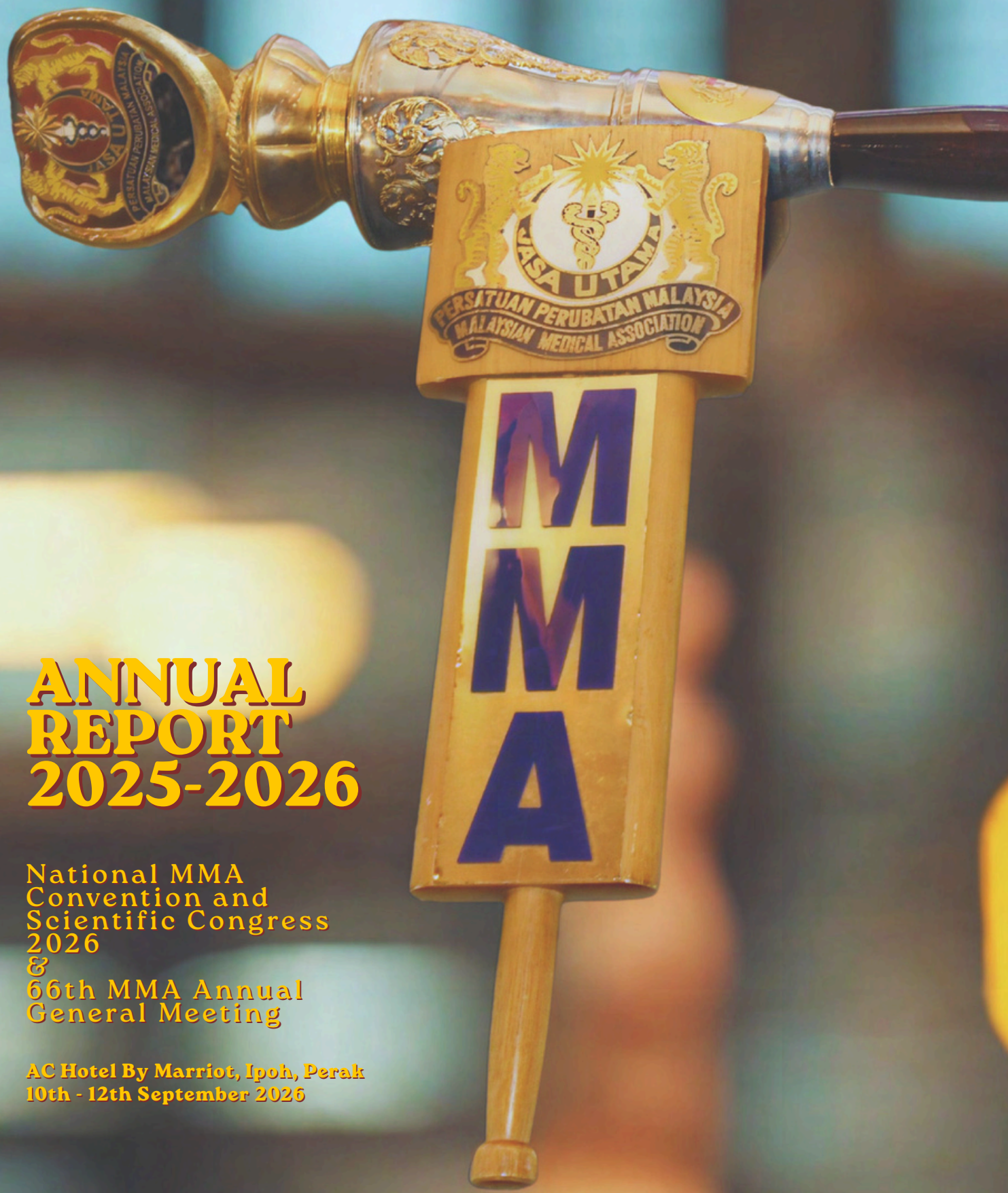




ANNUAL REPORT 2025-2026

National MMA
Convention and
Scientific Congress
2026

&

66th MMA Annual
General Meeting

AC Hotel By Marriot, Ipoh, Perak
10th - 12th September 2026

JASA UTAMA

To promote and maintain the honour and interest of the profession of medicine in all its branches and in every one of its segments and help to sustain the professional standards of medical ethics.

To serve as the vehicle of the integrated voice of the whole profession and all or each of its segments both in relation to its own special problems and in relation to educating and directing public opinion on the problems of public health as affecting the community at large.

To participate in the conduct of medical education, as may be appropriate.

To promote social, cultural and charitable activities in building a united Malaysian nation.

To participate in, or invest a portion of the Association's fund in any entity, corporation, association, etc. by way of joint venture, business partnership, commercial arrangement, transaction and/or any legal means permitted which would be in the interest of the association, and beneficial to, and be advantageous, profitable or calculated directly or indirectly to enhance any or all of the Association's fixed, current, liquid assets, properties, business, investments, commercial arrangements, and rights, provided always that they be not in conflict with the Code of Medical Ethics.

TABLE OF CONTENTS

01 GENERAL

<u>Council, Exco, Sections, Societies, Committees, & Representatives to External Organizations</u>	<u>01</u>
<u>Board of Trustees of MMA Foundation</u>	<u>07</u>
<u>Presidents' Photographs</u>	<u>08</u>
<u>Council Members</u>	<u>10</u>
<u>Group Photos: MMA Exco & Council</u>	<u>14</u>

02 HONORARY GENERAL SECRETARY

<u>Year At A Glance</u>	<u>16</u>
~ <u>Property Officers / Administrators</u>	
~ <u>Honorary Members</u>	
<u>Sadly Missed But Not Forgotten</u>	<u>17</u>
<u>Membership</u>	<u>18</u>
<u>Governance & Council Affairs</u>	<u>20</u>
<u>Executive Leadership & Governance</u>	<u>22</u>
<u>Year In Review: Key Highlights</u>	<u>23</u>
~ <u>Digital Transformation & Innovation</u>	<u>23</u>
~ <u>Media Engagement & Public Communications</u>	<u>24</u>
~ <u>MMA Frequently Asked Questions (FAQs)</u>	<u>24</u>
~ <u>Continuing Professional Development (CPD)</u>	<u>26</u>
~ <u>Emails Received by HGS</u>	<u>26</u>
<u>Key Events & Professional Activities</u>	<u>28</u>
<u>Government & Strategic Stakeholder Engagement</u>	<u>33</u>
<u>International Relations & Global Engagement</u>	<u>36</u>
<u>Branch Leadership & Member Engagement</u>	<u>39</u>
<u>Governance & Constitutional Reforms</u>	<u>40</u>
<u>House Management & Organisational Excellence</u>	<u>42</u>
~ <u>A New Chapter for MMA House</u>	<u>42</u>
~ <u>MMA Secretariat</u>	<u>43</u>
<u>Closing Remarks</u>	<u>44</u>

03 HONORARY GENERAL TREASURER

<u>General Information</u>	<u>45</u>
<u>Financial Report</u>	<u>46</u>

04 COMMITTEES

<u>Action on Smoking & Health (ASH) Committee</u>	<u>49</u>
<u>Adolescent Health Committee</u>	<u>50</u>
<u>AIDS / STI's Committee</u>	<u>60</u>
<u>Artificial Intelligence (AI) in Healthcare and Digital Health Committee</u>	<u>61</u>
<u>Berita MMA Editorial Board</u>	<u>63</u>
<u>Committee for the Health of the Older Person</u>	<u>64</u>
<u>Committee on Integrative Medicine</u>	<u>66</u>
<u>Committee on The Right to Health</u>	<u>72</u>
<u>Computer Technical Committee</u>	<u>74</u>
<u>Constitution & Resolutions Review Committee</u>	<u>75</u>
<u>Continuing Professional Development (CPD) Committee</u>	<u>76</u>

<u>CPR Committee</u>	<u>84</u>
<u>Elections Committee</u>	<u>87</u>
<u>Injury Prevention Committee</u>	<u>88</u>
<u>Insurance Committee</u>	<u>92</u>
<u>International Affairs Committee</u>	<u>94</u>
<u>Medical Journal of Malaysia (MJM) Editorial Board</u>	<u>95</u>
<u>Men's Health Committee</u>	<u>100</u>
<u>MPSN Development Committee</u>	<u>102</u>
<u>National Health Policy Committee</u>	<u>103</u>
<u>Parallel Pathway Post Graduate Education Sub-committee</u>	<u>106</u>
<u>Plantation Health Committee</u>	<u>107</u>
<u>Volunteer Corps (VoC)</u>	<u>109</u>
<u>Women's Health Committee</u>	<u>110</u>

05 SECTIONS

<u>Private Practitioners Section of Malaysian Medical Association (PPSMMA)</u>	<u>114</u>
<u>Section Concerning House Officers, Medical Officers and Specialists (SCHOMOS)</u>	<u>143</u>

06 SOCIETIES

<u>MMA Public Health Society</u>	<u>161</u>
<u>Society of MMA Medical Students (SMMAMS)</u>	<u>163</u>
<u>Society of Occupational & Environmental Medicine (SOEM)</u>	<u>183</u>

07 REPRESENTATIVES TO EXTERNAL ORGANISATIONS

<u>Malaysian Aids Council (MAC)</u>	<u>186</u>
<u>Malaysian Service Providers Confederation (MSPC)</u>	<u>187</u>
<u>Radiological Advisory Committee, MOH</u>	<u>188</u>

08 BRANCHES

<u>MMA Johor Branch</u>	<u>190</u>
<u>MMA Kedah Branch</u>	<u>197</u>
<u>MMA Kelantan Branch</u>	<u>204</u>
<u>MMA Melaka Branch</u>	<u>231</u>
<u>MMA Negeri Sembilan Branch</u>	<u>237</u>
<u>MMA Pahang Branch</u>	<u>251</u>
<u>MMA Penang Branch</u>	<u>254</u>
<u>MMA Perak Branch</u>	<u>271</u>
<u>MMA Perlis Branch</u>	<u>287</u>
<u>MMA Sabah Branch</u>	<u>289</u>
<u>MMA Sarawak Branch</u>	<u>295</u>
<u>MMA Selangor Branch</u>	<u>298</u>
<u>MMA Terengganu Branch</u>	<u>304</u>
<u>MMA Wilayah Persekutuan Branch</u>	<u>309</u>

MMA Council, Sections, Societies, Committees & Representatives To External Organizations

COUNCIL

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President

DATO DR KALWINDER SINGH KHAIRA
Immediate Past President

DR SIVANAESAN LETCHUMANAN
President-Elect

DR VASU PILLAI LETCHUMANAN
Honorary General Secretary

DR ARVINDRAN ALAGA
Honorary General Treasurer

DR S SELVARAJAH A/L SATHAYA
Honorary Deputy Secretary

DATO' DR PARMJIT SINGH A/L KULDIP
SINGH
Honorary Deputy Secretary

DR TIMOTHY CHENG TSIN JIEN
Chairman, SCHOMOS

DR ERATHA KRISHNAN GOBINADAN
Chairman, PPS

DR PRABHA @ SHANTI A/P
SUBRAMANIAM
Chairperson, Johor

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Vice-Chairman, Johor

DR SRITHARAN RAO A/L SUBBARAO
Chairman, Kedah

DR THIYAGAR S/O NADARAJAW
Vice-Chairman, Kedah

DR TUAN ZAMANI AMIR TUAN ZAKARIA
Chairman, Kelantan

DR WAN NOR AINA AR-MARDIYAH WAN
JEFFERY
Vice-Chairperson, Kelantan

DR SOH YIH HARNG
Chairperson, Melaka

DR JOTHINATHAN A/L MUNIANDY
Vice-Chairman, Melaka

DR SELVA GANAPATHI A/L GANESON
Chairman, Negeri Sembilan

DR NARVINDARAN MARIAPPAN
Vice-Chairman, Negeri Sembilan

DATIN DR FA'IZA BINTI ABDULLAH
Chairperson, Pahang

DATO' DR PARMJIT SINGH A/L KULDIP
SINGH
Chairman, Penang

DR DIVAGAR A/L VARATHA RAJU
Vice-Chairman, Penang

DR MONESH PILLAI A/L GOPI
Chairman, Perak

DR JOHN EMMANUEL A/L GILBERT
FERNANDEZ
Vice-Chairman, Perak

DR HARI RAM A/L RAMAYYA
Chairman, Perlis

DR BRANDON PATRICK SENAGANG
Chairman, Sabah

DR DEENISH MUNIANDY
Vice-Chairman, Sabah

DR ONG ENG-JOE
Chairman, Sarawak

DR LAU BIK LIANG
Vice-Chairman, Sarawak

DR KRISHNA KUMARAN A/L RAMASAMY
Chairman, Selangor

DR N CHANTHIRAN A/L NATHAN
Vice-Chairman, Selangor

DR KARTIK A/L KALIYANA SUNDARAM
Chairman, Terengganu

COL DR GNANAMALAR
GNANASUNDRAM
Chairperson, Wilayah Persekutuan

DR ERATHA KRISHNAN A/L GOBINADAN
Vice-Chairman, Wilayah Persekutuan

SECTIONS

Private Practitioners Section (PPS)

DR ERATHA KRISHNAN GOBINADAN
Chairman

DR SRITHARAN RAO SUBBARAO
Vice-Chairman

DR TUAN ZAMANI AMIR TUAN ZAKARIA
Honorary Secretary

DR GOKILAVANI SEKAR CHANDRAN
Honorary Treasurer

DR NG ENG HAN
Honorary Assistant Secretary

DR HABIB BAKRI BIN MAMAT (*Resigned*)
Honorary Assistant Secretary

DR RUKESWARAN A/L GANASEN
Acting Honorary Assistant Secretary

DR A. SELVARAJOO A/L S. ANDRUM
State Representative, Johor

DR VIVEHAPRIYAN A/L THIRUGNANAM
State Representative, Kedah

DR MOHD RAHIMIE SAYUTTI
State Representative, Kelantan

DR BRYAN KEK KIT HUN
State Representative, Melaka

DR ANDREW A/L SOLAMADAN
State Representative, Negeri Sembilan

DR PREM KUMAR S/O GOPAKUMARAN
NAIR
State Representative, Pahang

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State Representative, Penang

DR MATHIARASU YOGANATHAN
State Representative, Perak

DR NURUL FARHANA BINTI OTHMAN
State Representative, Perlis

DR MOY CHUN KEAT
State Representative, Sabah

DR LIEW SHAN FAP
State Representative, Sarawak

DR RISHI VARMAA A/L GANASAN
State Representative, Selangor

DR NFIZREE BIN MOHD NORDIN
State Representative, Terengganu

DR RUKESWARAN A/L GANASEN
State Representative, Wilayah
Persekutuan

Section Concerning House Officers, Medical Officers & Specialist (SCHOMOS)

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Chairman

DR THUM CHERN CHOONG, SEAN
Vice-Chairman

DR GUNENTHIRA RAO SUBBARAO
Honorary Secretary

DR MUHAMAD SHAHRIMAN BIN
MUHAMAD SHARI
Honorary Treasurer

DR WAN NOR AINA AR-MARDIYAH WAN
JEFFERY
Honorary Assistant Secretary

DR SELVANAAYAGAM
SHANMUGANATHAN
Honorary Assistant Secretary

DR LOW QIN JIAN
State Representative, Johor

DR ROSSHINI A/P JAGATHESWARAN
State Representative, Kedah

DR MOHAMAD HAFIZ BIN HARUN
State Representative, Kelantan

DR MUHAMAD SHAHRIMAN BIN
MUHAMAD SHARI
State Representative, Melaka

DR TANG JEAT LIANG
State Representative, Negeri Sembilan

DR GOVIND KISHEN PANICKER
State Representative, Pahang

DR PHAN AI PING
State Representative, Perak

DR HARYATI BINTI AB HASHIM
State Representative, Perlis

DR KAVIN RAJ A/L PERGAS
State Representative, Penang

DR FRANCESCA PRIMUS CHEW
State Representative, Sabah

DR TAN SHONG SHENG
State Representative, Sarawak

DR ZAITUL AKMA BT BAHARUDDIN
State Representative, Selangor

DR MOHD ILHAM BIN ISMAIL
State Representative, Terengganu

DR MOHD BASIL BIN SULAIMAN
State Representative, Wilayah Persekutuan

DR LIANNE ALYCHIA HENDRIKS
JDN Representative

SOCIETIES

Public Health Society

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DR PUNITHA MAKESWARAN
Vice-Chairman

DR GUGANESAN KRISHNANMOORTHY
Honorary Secretary

DR VIGNESVARI SUBRAMANIAM
Assistant Honorary Secretary

ASSOC PROF DR MURALLITHARAN
MUNISAMY
Honorary Treasurer

PROF DR VICTOR HOE CHEE WAI
Member

DR LEEVYADHAHINY A/P GANASAN
Member

DR RUTHRESH RAO A/L SUBRAMANYAN
Member

DR LILLI JACOB
Member

Society of MMA Medical Students (SMMAMS)

TEE YI XUAN
University of Malaya (UM)
Chairperson

DATUK DR THIRUNAVUKARASU RAJOO
Advisor I

DR DIVAGAR VARATHA RAJU
Advisor II

CHEW XIN YING
Universiti Kebangsaan Malaysia (UKM)
Vice-Chairperson/NMOP

SOO NYON XUAN
University of Malaya (UM)
Honorary Secretary/
Deputy Chair for Society

ONG JIA QI
AIMST University
Honorary Treasurer/
Deputy Chair for Finance

POR CHIA ROU
Monash University
Honorary Assistant Secretary/
Deputy Chair for Activities

PANG JIA SUEN
AIMST University
Deputy Chair for Members

WESLEY TING RI HONG
Universiti Pertahanan Nasional Malaysia (UPNM)
Deputy Chair for Capacity Building

SEOW PUI EE
IMU University
Deputy Chair for External Affairs

YEE JO EY
Universiti Sains Malaysia (USM)
Deputy Chair for Public Relations and Communications

POI SHIE CHEE
Universiti Kebangsaan Malaysia (UKM)
Deputy Chair for Exchanges

Society of Occupational & Environmental Medicine (SOEM)

DR PRIYA RAGUNATH
Chairperson

DR JASEEMA BEGUM BT NAZIR KHAN
Vice-Chairperson

DR GANESH BALASINGAM
Honorary Secretary

DR SANTHANA MOHAN NAGESPERAM
Honorary Treasurer

DR DAYANATH MANIVASAGAM
Assistant Secretary & DOSH Co-opted Member

DR SOH YIH HARNG
Member

DR KUMARAN A/L KRISHNAN
Member

DR RAMA KRISHNA A/L SUPRAMANIAN
Member

DR GOWREESAN ARIARATNAM
Member

DR TAM JENN ZHUENG
Member

COMMITTEES

Action on Smoking & Health (ASH) Committee

ASSOC PROF DR MURALLITHARAN
MUNISAMY
Chairman

PROF DATUK DR LEKHRAJ RAMPAL
Advisor

PROF DR SANJAY RAMPAL
Member

DR PUNITHAVATHY
SHANMUGANATHAN
Member

DR KENNY ARUL ERNEST NAYSADORAI
Member

DR JESHUA NAVARAJ
Member

DR FARID WONG BIN FITRI WONG WUI
SAN
Member

Adolescent Health Committee

DR ANU SURIA GANASON
Chairperson

DR CHUAH KHENG HUI
Member

DR SHARIFAH NAJWA BINTI SYED
MOHAMAD
Member

DR SELVA KUMAR SIVAPUNNIAM
Member

DR MOHAMAD HAFIZ BIN HARUN
Member

DR TRISHANT KAUR SANDHU
Member

DR ROOPA VAUSU DEV VARMA
Member

AIDS/STI'S Committee

DR SARAVANAN A. SANTHIRARAJAN
Chairman

DR GREGORY JOSEPH XAVIER
Member

DR THUM CHERN CHOONG, SEAN
Member

DR ARVINDER SINGH HARBAKSH SINGH
Member

DR THEYVVEEKA SELVY RAJOO
Member

Artificial Intelligence (AI) in Healthcare & Digital Health Committee

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Chairperson

DR SIVABALA SELVARATNAM
Member

DR AZIZAN BINTI ABDUL AZIZ
Member

DR GUNENTHIRA RAO SUBBARAO
Member

DR ONG ENG-JOE
Member

DR ALAN TEH KEE HEAN
Member

Berita MMA Editorial Board

DR EDWIN HO JIM HUANG
Editor

DR AW TSUNG WAI
Member

DR CH'NG TUN WANG
Member

DR PUNITHAVATHY
SHANMUGANATHAN
Member

DR JAZLAN BIN JAMALUDDIN
Member

DR LEEYNESH SOORIYAPIRAGASAM
Member

DR SURESH SUBRAMANIAM
Member

DR ANDY TANG SING ONG
Member

DR DHASHANI SIVARATNAM
Member

DR RUZIANA MASIRAN
Member

DR VASU PILLAI LETCHUMANAN
Ex-Officio

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DATUK DR THIRUNAVUKARASU RAJOO
Chairman

DR SIVANAESAN LETCHUMANAN
Member

DATO' DR KALWINDER SINGH KHAIRA
Member

DR VASU PILLAI LETCHUMANAN
Member

DR ARVINDRAN ALAGA
Member

DR SELVARAJAH SATHAYA
Member

DATO' DR PARMJIT SINGH A/L KULDIP
SINGH
Member

DR TIMOTHY CHENG TSIN JIEN
Member

DR ERATHA KRISHNAN A/L GOBINADAN
Member

Committee for the Health of the Older Person (HOP)

DATIN DR JAYANTHI KRISHNAN
Chairperson

DR R ELANGO VAN RADAKRISHNAN
Member

DR SARAVANAN A. SANTHIRARAJAN
Member

PROF DR NOOR AZAH AZIZ
Member

DR THEYVEEKA SELVY RAJOO
Member

Committee on Integrative Medicine (CIM)

DR BALACHANDRAN S. KRISHNAN
Chairperson

DR DEVANANDHINI KRISNAN
Member

DR RISHI VARMAA A/L GANASAN
Member

DR THONG VIE CHONG
Member

DR ARVINTH RAJAGOPAL
Member

Committee on the Right to Health (RTH)

DR SELVA GANAPATHI GANESON-
Chairman

DR RAJ KUMAR SEVALINGAM
Member

ASSOC PROF DR MUHAMMAD MUHSIN
BIN AHMAD ZAHARI
Member

DR VANITA SADHASIVAM
Member

DR WAN AMNI BT ZULKIFAR
Member

DR PETER GAN KIM SOON
Member

DR SIVAKUMAR THURAIRAJASINGAM
Member

DR ZUBAIDAH BT HAMID
Member

DR AMUTHAMEENA MANOHARAN
Member

Computer Technical Committee

DR KRISHNA KUMARAN A. RAMASAMY
Chairperson

DR RAVINDRAN R NAIDU
Member

DR VASU PILLAI LETCHUMANAN
Member

DR PEH HONG SHAWN
Member

DR RISHI VARMAA A/L GANASAN
Member

DR DIVAGAR VARATHA RAJU
Member

DR MOHAMED SIDEK BIN ALI
Member

Constitution & Resolutions Review (CRR) Committee

DR MOHAMED NAMAZIE IBRAHIM
Chairman

PROF DATO' DR N.K.S THARMASEELAN
Member

DR CHIN WEE HAU
Member

DR GAYATHRI K KUMARASURIAR
Member

DR GABRIEL TANG PEI YUNG
Member

DR SELVARAJAH SATHAYA
Member

Continuing Professional Development (CPD) Committee

DR LIEW BOON SENG
Chairman

DR RAVINDRAN R NAIDU
Vice-Chairman

PROF DR HARINARAYAN
RADHAKRISHNA
Member

DR EDWIN LEO SUPPIAH
Member

LT COL DR EUGENE TAN CHOON LI
Member

DR JULIET MATHEW
Member

DR MOHD MUZAFARIMAN BIN MOHD
MYDIN
Member

DR SURESH SUBRAMANIAM
Member

DR JOHN EMMANUEL GILBERT
FERNANDEZ
Member

DR A SASIKALA DEVI
Member

DR GUNENTHIRA RAO
Member

DR TEO CHEE YANG
Member

CPR Committee

DR SUGUMAR SAMOGAM
Chairman

DR THEYVEEKA SELVY RAJOO
Member

DR ANBALAGAN KAILASAN
Member

PROF DR KEW SEIH TECK
Member

DR SIM CHAP HOONG
Member

DR LOO WING HOH
Member

DR AZIEZAH BT NORUL ANHAR
Member

DR KARTINI ABDUL JABAR
Member

DR ALEXANDER TAN ZHI SHENG
Member

DR DEVANANDHINI KRISNAN
Member

DR SADESVARAN MUNIANDY
Member

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DATUK DR N ATHIMULAM
Chairman

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Secretary

DR MOHAMED NAMAZIE IBRAHIM
Member

PROF DR JAYAKUMAR GURUSAMY
Member

DR MOHAMAD RIFAIE BIN MOHD RAMLI
Member

Ethics Committee

DR MARK TAN KIAK MIN
Chairman

DR VASU PILLAI LETCHUMANAN
Member

DR GAYATHRI K KUMARASURIAR
Member

PROF DATO' DR N.K.S THARMASEELAN
Member

DR THIYAGAR NADARAJAW
Member

DR AMUTHAMEENA MANOHARAN
Member

DR MUHAMAD IZWAN BIN AB MANAN
Member

DR PETER GAN KIM SOON
Chairman

DR LOO WING HOH
Member

Grievance Mechanism Committee (GMC)

DR GUNALAN @ ARUMUGAM PALARI

DR VASU PILLAI LETCHUMANAN

DR TEO BENG HO, JOHN

DR LIEW SHAN FAP

**Appointed by the MMA Council*

Injury Prevention Committee (IPC)

PROF DR R KRISHNAN RAJAM
Chairman

PROF DR KEW SEIH TECK
Member

DR SRITHARAN RAO SUBBARAO
Member

DR SELVA KUMAR SIVAPUNNIAM
Member

DR CHUAH KHENG HUI
Member

Insurance Committee

DR ARVINDRAN ALAGA
Chairman/Honorary General Treasurer

DATUK DR THIRUNAVUKARASU RAJOO
Member/President

DR SIVANAESAN LETCHUMANAN
Member/President-Elect

DATO' DR KALWINDER SINGH KHAIRA
Member/ Immediate Past President

DR VASU PILLAI LETCHUMANAN
Member/Honorary General Secretary

DR SELVARAJAH SATHAYA
Member/Honorary Deputy Secretary

DATO' DR PARMJIT SINGH A/L KULDIP SINGH
Member/Honorary Deputy Secretary

DR ASHOK ZACHARIAH PHILIP*
Member

DR KUHARAJ BALASUBRAMANIAM*
Member

DR GUNALAN @ ARUMUGAM PALARI*
Member

**Appointment for these 3 members is for 5 years from 2023/2024 - 2027/2028*

International Affairs Committee

DR ASHOK ZACHARIAH PHILIP
Chairman

DR KOH KAR CHAI
Member

DR AZIZAN BT ABDUL AZIZ
Member

DR MOHAMED NAMAZIE IBRAHIM
Member

DR VASU PILLAI LETCHUMANAN
Ex-Officio

**Appointment for 3 years from 2025/2026 - 2027/2028*

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DATUK DR THIRUNAVUKARASU RAJOO
Member/President

DR VASU PILLAI LETCHUMANAN
Member/Honorary General Secretary (2025/2026)

DR VICTOR GAN KAE SHUAN*
Member (2024-2026)

DR ALVIN AUH MIN HAN*
Member (2024-2026)

**Appointment for these 2 members is for 2 years until 2026*

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Advisor

PROF DR SUBAPRIYA SUPPIAH
Editor

PROF DATO' DR N.K.S THARMASEELAN
Editor

DR RAVINDRAN VASHU
Editor

DR NAVIN KUMAR DEVARAJ
Editor

PROF DR SHATRIAH ISMAIL
Editor

PROF DR ANDEE DZULKARNAEN ZAKARIA
Editor

PROF DR CHEW KENG SHENG
Editor

DR KARTIK KALIYANA SUNDARAM
Editor

PROF DR IRFAN MOHAMAD
Editor

ASSOC PROF DR SANJIV RAMPAL
Editor

DR LIEW BOON SENG
Editor

Men's Health Committee

BRIG GEN (DR) NGOO KAY SEONG
Chairman

DR EUGENE TAN CHOON LI
Member

ASSOC PROF DR OOI CHOR YAU
Member

DR AHMAD MUNAWWAR HELMI SALIM
Member

MPSN Development Committee

DR VASU PILLAI LETCHUMANAN
Chairman

DR MOHAMED NAMAZIE IBRAHIM
Advisor

DR EUNICE NG CHIN NIEN
Member

DR SURESH SUBRAMANIAM
Member

DR RAVEENTHIRAN RASIAH
Member

DR NG WEE LIP
Member

National Health Policy (NHP) Committee

DR MARY SUMA CARDOSA
Chairperson

DATUK DR TEOH SIANG CHIN
Member

DR ARVINDER SINGH HARBAKSH SINGH
Member

DR BRANDON PATRICK SENAGANG
Member

DR CHEO SENG WEE
Member

DR CHIN YONG FU
Member

DR GUGANESAN KRISHNANMOORTHY
Member

DR KOH KAR CHAI
Member

DR MARK TAN KIAK MIN
Member

DR MOHAMAD HAFIZ BIN HARUN
Member

DR MUHAMMAD YUSOF SIBERT
Member

DR RISHI VARMAAA/L GANASAN
Member

DR S. GUNENTHIRA RAO
Member

DR THUM CHERN CHOONG, SEAN
Member

PROF DR FAHD ADEEB BIN MOHAMED
ASHRAF
Member

Parallel Pathway Post Graduate Education Sub-Committee (2022 - 2025)

DATO' DR THARMALINGAM PALANIVELU
Chairman

DR SUSHILNATHAN K.
KATHIRGAMANATHAN
Member

DR THIYAGAR NADARAJAW
Member

DR VIJAYA KUMAR L. SUPPAN
Member

DR ARVINDRAN ALAGA
Member

DR KHOR BOON TAT
Member

DR ZAINURA BINTI CHE ISA
Member

Plantation Health Committee

ANIL KUMAR KUNDAN LAL
Chairman

DR RAVINDRAN R NAIDU
Member

DR ALEXANDER VOON HSIEN LOONG
Member

DR VENUGOPALAN KULANKARA BALAN
Member

DR AHMAD FAKHRI BIN ABDUL MALEK
Member

Volunteer Corps (VoC)

DR BRANDON PATRICK SENAGANG
Chairman

PROF DATUK DR LEKHRAJ RAMPAL
Advisor

DR LEEYNESH SOORIYAPIRAGASAM
Member

DR KRINATH RENGANADAN
Member

DR MOHD MUZAFARIMAN BIN MOHD
MYDIN
Member

DR DEVYADARSSHNI RAJASINGAM
Member

DR SRITHARAN RAO SUBBARAO
Member

Women's Health Committee

DR JULIET MATHEW
Chairman

DR SIVABALA SELVARATNAM
Member

DR GOKILAVANI SEKAR CHANDRAN
Member

DR JEEVINDRA NAIDU
Member

DR KENNY ARUL ERNEST NAYSADORAI
Member

DR PRIYA RAGUNATH
Member

MMA REPRESENTATIVES TO EXTERNAL ORGANISATIONS

Malaysian Road Safety Council
PROF DR R KRISHNAN

Malaysian Council for Rehabilitation
DR AHMAD FAKHRI BIN ABDUL MALEK

Council Of The Confederation Of
Scientific & Technological Association Of
Malaysia (COSTAM)
DR DOREEN YEAP GIM EAN
Representative

DR JOHN EMMANUEL GILBERT
FERNANDEZ
Alternate Representative

Radiological Advisory Committee, MOH
DR AHMAD SYUKRI BIN BIDRI HISAM

Malaysian Society For Quality In Health
(MSQH)
DATUK DR THIRUNAVUKARASU RAJOO -
Representative

DR SIVANAESAN A/L LETCHUMANAN
Alternate Representative

Majlis Penilaian Teknologi Kesihatan
(CPG), MOH
DATO DR KALWINDER SINGH KHAIRA

Malaysian AIDS Council
DR SARAVANAN A. SANTHIRARAJAN

STANDARDS MALAYSIA

Industry Std Committee On Medical
Devices On Facilities For Healthcare
(NSC18)

DR RAVINDRAN VASHU

*Appointment from 1/1/2024 – 31/12/2025

Technical Committee on Quality
Management and Corresponding General
Aspects for Medical Devices (TC1)
DR MUHAMMAD SHAUQI ABDUL KADIR

Technical Committee on Disposable
Devices (TC2)
DR SOH YIH HARNG

Technical Committee on
Anaesthetic/Respiratory and
Electromechanical Devices (TC3)
DR CHIN YONG FU

Technical Committee on Diagnostic and
Therapeutic Radiation (TC5)
DR LONG TUAN MASTAZAMIN BIN
LONG TUAN KECHIK

Technical Committee on
Electromagnetic Field (TC6)
DR AW TSUNG WAI

Technical Committee on Code of
Practice of Active Medical and on LV
Electrical Equipment/System in
Healthcare Facilities (TC10)
DR AW TSUNG WAI

Technical Committee On Biological And
Clinical Evaluation Of Medical Devices
(TC12)
DR RAVINDRAN VASHU

Technical Committee on Ophthalmic
Optics (NSC 18/TC9)
DR SURESH SUBRAMANIAM

National Standards Committee on
Plastic and Plastic Products
(NSC10/TC3)
DR BALACHANDRAN S. KRISHNAN

Technical Single Use Medical Devices,
Drug Delivery Devices And Devices For
Processing Of Blood And Body Fluid
(NSC 18/TC2)
DR SARAVANAN MUNIANDY @
MURUGIAH

St John Ambulans Malaysia
DR DEVYADARSSHNI RAJASINGAM

Lembaga Bidan, Kementerian Kesihatan
Malaysia
DR DEVYADARSSHNI RAJASINGAM

Lembaga Racun, Kementerian
Kesihatan Malaysia
(1/12/2023 - 30/11/2026)
DATUK DR THIRUNAVUKARASU RAJOO

Malaysian Red Crescent Society
DR AZIEZAH BINTI NORUL ANHAR

Drug Control Authority (DCA)
(1/1/2023 - 31/12/2025)
DATUK DR THIRUNAVUKARASU RAJOO
Representative

DR SIVANAESAN LETCHUMANAN
Alternate Representative

Lembaga Pembantu Perubatan Hospital
Estet (Pendaftaran), KKM
DR RAVINDRAN R NAIDU
(1/08/2024 - 31/08/2027)

DR ALEXANDER VOON HSIEN LOONG
(5/05/2025 - 5/05/2028)

Malaysian Professional Centre
[Balai Ikhtisas Malaysia (BIM)]
DR SARAVANAN A. SANTHIRARAJAN
Representative

DR SELVARAJAH SATHAYA
Alternate Representative

Lembaga Iklan Ubat (LIU)
DR VASU PILLAI LETCHUMANAN

PHAMA ETHICS COMMITTEE

PhAMA Ethics Appeal
DR MARK TAN KIAK MIN

PhAMA Ethics First Level Case Review
DR RAJ KUMAR SEVALINGAM

National Professional Services Export
Council (NAPSEC), MATRADE
DR GUGANESAN KRISHNANMOORTHY

Jawatankuasa Majlis Keselamatan
Pesakit Malaysia, KKM
DATUK DR THIRUNAVUKARASU RAJOO
Representative

DR SIVANAESAN A/L LETCHUMANAN
Alternate Representative

JAWATANKUASA KEBANGSAAN
"MANAGED CARE", KKM
(01/09/2024 – 31/08/2026)

DATO' DR PARMJIT SINGH KULDIP
SINGH
Representative

DR GOKILAVANI SEKAR CHANDRAN
Alternate Representative

JK Kecil Pendaftaran "Managed Care"
(1/8/2024 – 31/7/2026)
DATO' DR PARMJIT SINGH KULDIP
SINGH
Representative

DR GOKILAVANI SEKAR CHANDRAN
Alternate Representative

JK Kecil Etika "Managed Care"
DATO' DR PARMJIT SINGH KULDIP
SINGH
Representative

DR ERATHA KRISHNAN GOBINADAN
Alternate Representative

JK Kecil "Legislation Managed Care"
DATO' DR PARMJIT SINGH KULDIP
SINGH
Representative

DR ERATHA KRISHNAN GOBINADAN
Alternate Representative

National Transplantation Council, MOH
DR RAFIZA MOHAMED NAZIR

Jawatankuasa Farmakovigilans Vaksin
(JFV), KKM
(2025 – 2027)
DR SIVANAESAN LETCHUMANAN
Representative

DR SHAMINI GAYATRI KRISHNAN
Alternate Representative

DASAR UBAT NASIONAL (DUNAS)

JWK Pemandu Dasar Ubat Nasional
(JKPDUNAS)
DATUK DR THIRUNAVUKARASU RAJOO
**Appointment from 2022 – 2026*

JWK Teknikal Komponen "Quality Use of
Medicines"
DR SARAH-JANE KHONG MEY LEONG
**Appointment from 2022 – 2026*

JWK Teknikal Komponen "Access of
Medicines"
DR SIVANAESAN LETCHUMANAN
**Appointment from 2022 – 2026*

JWK Pelaksanaan DUNAS
DR BALACHANDRAN S. KRISHNAN
**Appointment from 2022 – 2026*

JWK Teknikal Halal
DR AZIZAN BINTI ABDUL AZIZ

Panel Perunding Sektor Penjagaan
Kesihatan, Perbadanan Produktiviti
Malaysia (MPC) – MITI
DATUK DR THIRUNAVUKARASU RAJOO
President

DR SIVANAESAN A/L LETCHUMANAN
President-Elect

Malaysian Service Providers
Confederation (MSPC)
DATIN DR JAYANTHI KRISHNAN
**Duration for 3 years (2025 – 2028)*

Malaysian Adverse Drug Reactions
Advisory Committee (MADRAC)
DATO' DR PARMJIT SINGH KULDIP
SINGH
Representative

DR GOKILAVANI SEKAR CHANDRAN
Alternate Representative
**Appointment from 2025/2027*

Malaysian Resuscitation Association
(MRA)
DR SUGUMAR SAMOGAM

National Antimicrobial Resistance
Committee (NARC), MOH
DR RAJEENTHERAN SUNTHERALINGAM

Jawatankuasa Kerja (TWG) National
Antimicrobial Resistance Committee,
MOH
DR BALACHANDRAN S. KRISHNAN

Jawatankuasa Pindaan Jadual Ketiga
Belas, Akta Kemudahan dan
Perkhidmatan Jagaan Kesihatan Swasta
1998 (Akta 586)
DR VASU PILLAI LETCHUMANAN
Representative

DR GUNALAN @ ARUMUGAM PALARI
Alternate Representative

Jawatankuasa Induk Pembangunan
Kajian Medical Radiation Exposure Study
Bagi Pembangunan Malaysian Diagnostic
Reference Level (DRL)
DR LONG TUAN MASTAZAMIN BIN
LONG TUAN KECHIK

Kumpulan Kerja Teknikal Kecekapan
Sektor Awam Dan Sektor Swasta
(Technical Working Group on Public &
Private Sector Efficiency-TWGPPSE) di
Bawah PEMUDAH
DATUK DR THIRUNAVUKARASU
RAJOO
Representative

DR SIVANAESAN A/L LETCHUMANAN
Alternate Representative

Sub-Technical Advisory Coordinating
Committee on Reproductive Health
(ACCRH): Perancang Keluarga
Kebangsaan Bil. 2/2022
DR RAFIZA BINTI MOHAMED NAZIR

Impartiality Committee For TUV SUD
(Malaysia) Sdn Bhd
DR BALACHANDRAN S. KRISHNAN
Representative

DR SIVANAESAN LETCHUMANAN
Alternate Representative
**Appointed by the Council (Nov 2022 –
Oct 2025)*

Jawatankuasa Gubalan Pindaan Akta
Kemudahan Dan Perkhidmatan Jagaan
Kesihatan Swasta 1998 (Akta 586)
DR VASU PILLAI LETCHUMANAN
Representative

DR GUNALAN @ ARUMUGAM PALARI
Alternate Representative

Technical Working Group (TWG) Bagi
Garis Panduan Berkhatan Kementerian
Kesihatan Malaysia (KKM)
DR HABIB BAKRI BIN MAMAT
Representative

DR NARVINDARAN A/L MARIAPPAN
Alternate Representative

Jawatankuasa Teknikal Senarai Ubat
Penting Kebangsaan
DATO' DR. PARMJIT SINGH KULDIP
SINGH
Representative

DR. ERATHA KRISHNAN GOBINADAN
Alternate Representative
**Appointed by the MMA Council*

MMA Foundation *BOARD OF TRUSTEES*



PRESIDENT

Tan Sri Datuk Seri Dr.
Subramaniam Sathasivam

CHAIRMAN

Prof. Dr. Jayakumar
A/L Gurusamy

HONORARY SECRETARY

Dr. Mary Suma Cardosa

HONORARY TREASURER

Lt. Col. Prof Dr. Victor Feizal Knight
Victor Ernest @ Abd Shatar (R)

BOARD MEMBERS

1. Datuk Dr. Thirunavukarasu Rajoo
2. Dato Dr. Kalwinder Singh Khaira
3. Dr. Sivanaesan A/L Letchumanan
4. Dr. Vasu Pillai A/L Letchumanan
5. Dr. Arvindran A/L Alaga
6. Dr. Ashok Zachariah Philip
7. Mr. Loo Choo Hong
8. Ms. Amirtheyeswary Mayachandrapirapu
9. Col. Theodore Mohan Kumar Navaretnam (R)
10. Mr. Sailash Kumar Thiagarajah
11. Adjunct Prof. Dato' Zuraidah Binti Mohd Said

MMA

PRESIDENTS



Datuk Dr Thirunavukarasu Rajoo
MD, MBA, LIMSEA (Harvard)

PRESIDENT



Dr Sivanaesan Letchumanan
PRESIDENT-ELECT



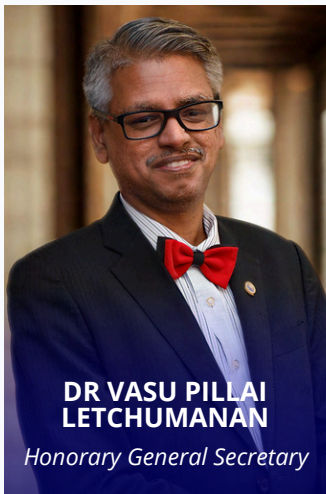
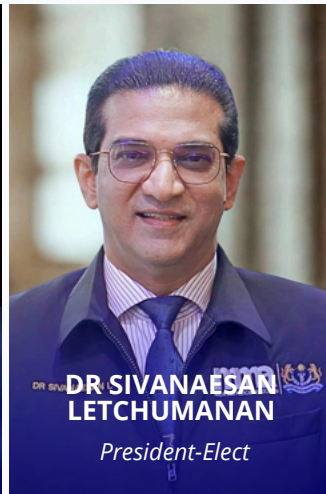
Dato Dr Kalwinder Singh Khaira

BSC (UKM), MBBS (MAHE, INDIA), MRCP (UK), FRCP (EDIN)

IMMEDIATE PAST PRESIDENT

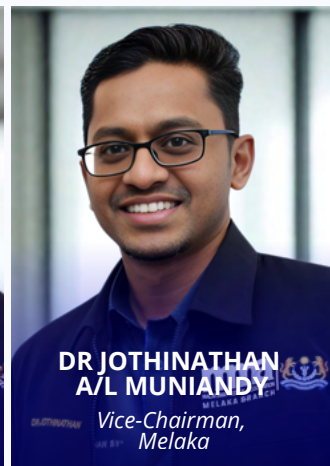
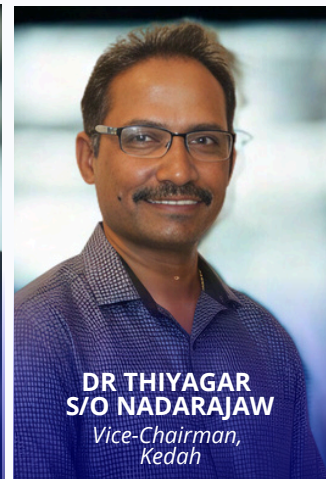
Council Members

* EXECUTIVE COMMITTEE (EXCO)



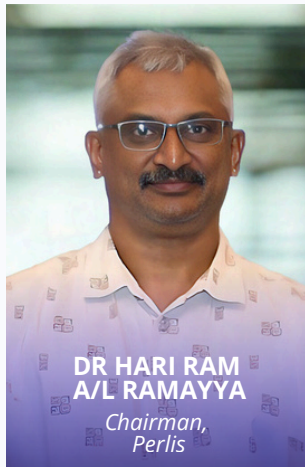
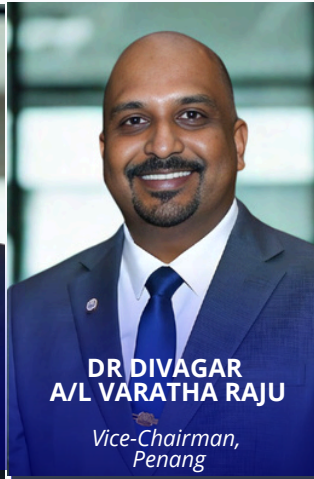
Council Members

* BRANCH REPRESENTATIVES



Council Members

* BRANCH REPRESENTATIVES



Council Members

* BRANCH REPRESENTATIVES



MMA EXCO



Standing (Left - Right): Dr S Selvarajah A/L Sathaya, Dr Sivanaesan Letchumanan, Dr Vasu Pillai Letchumanan, Datuk Dr Thirunavukarasu Rajoo, Dr Arvindran Alaga, Dr. Timothy Cheng Tsin Jien

Not in photo: Dato Dr Kalwinder Singh Khaira, Dato' Dr Parmjit Singh A/L Kuldip Singh, Dr Eratha Krishnan Gobinadan

MMA COUNCIL



Front row (standing, L-R): Dr. Divagar A/L Varatha Raju, Dr. S Selvarajah A/L Sathaya, Dr. Sivanaesan Letchumanan, Dr. Soh Yih Harng, Datuk Dr. Thirunavukarasu Rajoo, Datin Dr. Fa'iza Binti Abdullah, Dr. Wan Nor Aina Ar-Mardiyah Wan Jeffery, Dr. Vasu Pillai Letchumanan, Dr. Arvindran Alaga

Second row (standing, L-R): Dr. Selva Ganapathi A/L Ganeson, Dr. Monesh Pillai A/L Gopi, Dr. Jothinathan A/L Muniandy, Dr. Timothy Cheng Tsin Jien, Dr. Narvindaran Mariappan, Dr. Kartik A/L Kaliyana Sundaram, Dr. Deenish Muniandy, Dr. Krishna Kumaran A/L A. Ramasamy

Back row (standing, L-R): Dr. John Emmanuel A/L Gilbert Fernandez, Dr. Manohar A/L Bendiah @ Ballu, Dr. Ong Eng-Joe, Dr. Brandon Patrick Senagang, Dr. Tuan Zamani Amir Bin Tuan Zakaria

Not in photo: Dato' Dr. Kalwinder Singh Khaira, Dato' Dr. Parmjit Singh A/L Kuldip Singh, Dr. Eratha Krishnan Gobinadan, Dr. Sriharan Rao A/L Subbarao, Col. Dr. Gnanamalar Gnanasundram, Dr. N. Chanthiran A/L Nathan, Dr. Lau Bik Liang, Dr. Prabha @ Shanthi A/P Subramaniam, Dr. Muhammad Amirul Aizat Bin Esa, Dr. Thiyagar S/O Nadarajaw, Dr. Hari Ram A/L Ramayya

REPORT FROM THE HONORARY GENERAL SECRETARY

Dear Esteemed Members,

It is my distinct privilege to present this year's review on behalf of the 66th MMA Council. The following pages highlight the key activities of the MMA Exco and Council, along with the major issues we have addressed over the year.

I remain deeply thankful for the continued trust and encouragement extended to me as Honorary General Secretary. I wish to express my sincere appreciation to the Exco, Council Members, Chairpersons and Members of the MMA Branches, Committees, Sections, Societies, and our Representatives to External Organisations for their active contributions and partnership.

The MMA's ongoing progress depends entirely on the collective support of all members, especially as we continue to face both persistent and emerging challenges within the healthcare landscape.

I would also like to acknowledge the MMA Secretariat Staff for their commitment and hard work in supporting the Exco, Council, and all office bearers throughout this term.

YEAR AT A GLANCE

MEMBERSHIP

- 17,690 Members
- 768 Student Members
- 5.1% Growth in Life Membership

GOVERNANCE

- Council Meetings: 3 meetings held.
- Exco Meetings: 3 meetings held.
- The 4th Council Meeting and the 4th Exco Meeting: Scheduled for 8th August 2026.

DIGITAL TRANSFORMATION

- E-Nomination System
- Digital Attendance
- Digital Travel Claims
- Enhanced MMA Mobile App

ADVOCACY & ENGAGEMENT

- Healthcare Reform
- Government Engagements
- Strategic Partnerships
- International Representation

HOUSE MANAGEMENT

- MMA Building Renovation
- Secretariat Modernisation
- Official Opening August 2026

Honorary Members

MMA continues to count among its Honorary Members the following four individuals:

- (1) Tun Dr. Mahathir Mohamad
- (2) Tan Sri Dato' Azman Hashim
- (3) Tun Dr. Ling Liong Sik
- (4) Tun Dr. Siti Hasmah Mohamad Ali

**No new Honorary Members were appointed during the 2025/2026 term.*

Property Officers/ Administrators

The Association's immovable properties remain registered in the name of the Association, with the following three principal officeholders serving as Property Officers/Administrators:

- (1) President
- (2) Honorary General Secretary
- (3) Honorary General Treasurer



Dr. Vasu Pillai Letchumanan

Honorary General Secretary

Sadly missed BUT NOT FORGOTTEN



NO	NAME	DATE	BRANCH
1	DR RAVINDRAN A/L P M MENON	18-07-2025	JOHOR
2	DATO' DR KIRTHI JEYARAJAH KATHIRGAMARAJAH	17-08-2025	NEGERI SEMBILAN
3	DR MUHAMMAD SYAUQI BIN MAHAMUD SAYUTI	1-10-2025	SARAWAK
4	DATO DR. KATTAYAT MOHANDAS A/L C.P NARAYANA	20-10-2025	WILAYAH PERSEKUTUAN
5	DR. PARMINDER SINGH HARNAM SINGH	4-11-2025	PULAU PINANG
6	DR. AJIT SINGH A/L BALWANT SINGH	10-11-2025	WILAYAH PERSEKUTUAN
7	DATO' DR M ADEL ZAATAR	5-12-2025	PULAU PINANG
8	ASSOCIATE PROFESSOR DR SABRINA BINTI LUKAS	9-12-2025	SARAWAK
9	DR JEEVAN JEGA A/L G. JEGATHESAN	9-12-2025	WILAYAH PERSEKUTUAN
10	DR. N. JEGANATHAN A/L AR. A. NACHIAPPAN	10-12-2025	KELANTAN
11	DR. MOHAN RAJ A/L NAGENDRAM	13-12-2025	SELANGOR
12	DR MURLI S/O NARAIN DAS	11-1-2026	PULAU PINANG
13	DR KANAPATHY PILLAI S/O A SUPPIAH	14-01-2026	SELANGOR
14	DR SITI SALEHA BINTI MOHD ISHA	21-01-2026	MELAKA

NO	NAME	DATE	BRANCH
15	KAPT DR NEVILLE ANTHONY FERNANDEZ	9-2-2026	SELANGOR
16	DR SUTHANANTHAN KANTHASWAMY	17-03-2026	MELAKA
17	DR ARUN KUMAR BAG	25-03-2026	SELANGOR
18	DATO DR GURDEEP SINGH A/L B. MAHINDER SINGH	28-03-2026	PERAK
19	DR AJOY CHOUDHURY	7/4/2026	NEGERI SEMBILAN
20	DR JOSEPH MANUEL	11-4-2026	NEGERI SEMBILAN
21	DATO' DR GURDEEP PERKASH SINGH	8-5-2026	PERAK
22	DATO' DR YUSUF SIDDIQ JEGATHESAN	10-5-2026	WILAYAH PERSEKUTUAN
23	DATO' DR MADHURI MAJUMDER	13-05-2026	PERAK
24	DR SITI NOOR BT ALI SHIBRAMULISI	15-05-2026	PAHANG
25	DATO' DR YEOW SENG HUAT	6-6-2026	PAHANG
26	DATO' DR EERAN JAWLLY DASS, DPMP	6-6-2026	PERAK
27	DR CHAN AH SENG	6-6-2026	PULAU PINANG
28	TAN SRI DATO' SERI DR AZLANII MAHADEVAN MAHALINGAM	15-06-2026	SELANGOR
29	BRIG GEN (RTD) PROF DATUK DR N RAJAGOPAL	27-06-2026	MELAKA

Membership

As of 16th July 2026, the total number of members of the Malaysian Medical Association (MMA) was **17,690** – this included Ordinary members in benefit (5,747), Life/Joint Life members (10,374), Exempted members (654), Overseas members (142), Associate members (1) and Honorary members (4). In addition, there were 768 student members. The number of Life Members has increased from 9,875 in 2025 to 10,374 in 2026 (increase of 5.1%). We need to increase our membership as the total number of doctors registered with the MMC is more than 80,000.

"The strength of the Malaysian Medical Association lies in the dedication of its members, united by a shared purpose to uphold the medical profession and improve healthcare for all Malaysians."

Figure 1:
MMA Membership by Category

41.32% of the members are GPs and 19.66% are specialists in private practice, 33.15% work with the government and 0.63% are armed forces, and 4.31% are in universities (private and public), 158 members or 0.93% are retired. (See figure 2)

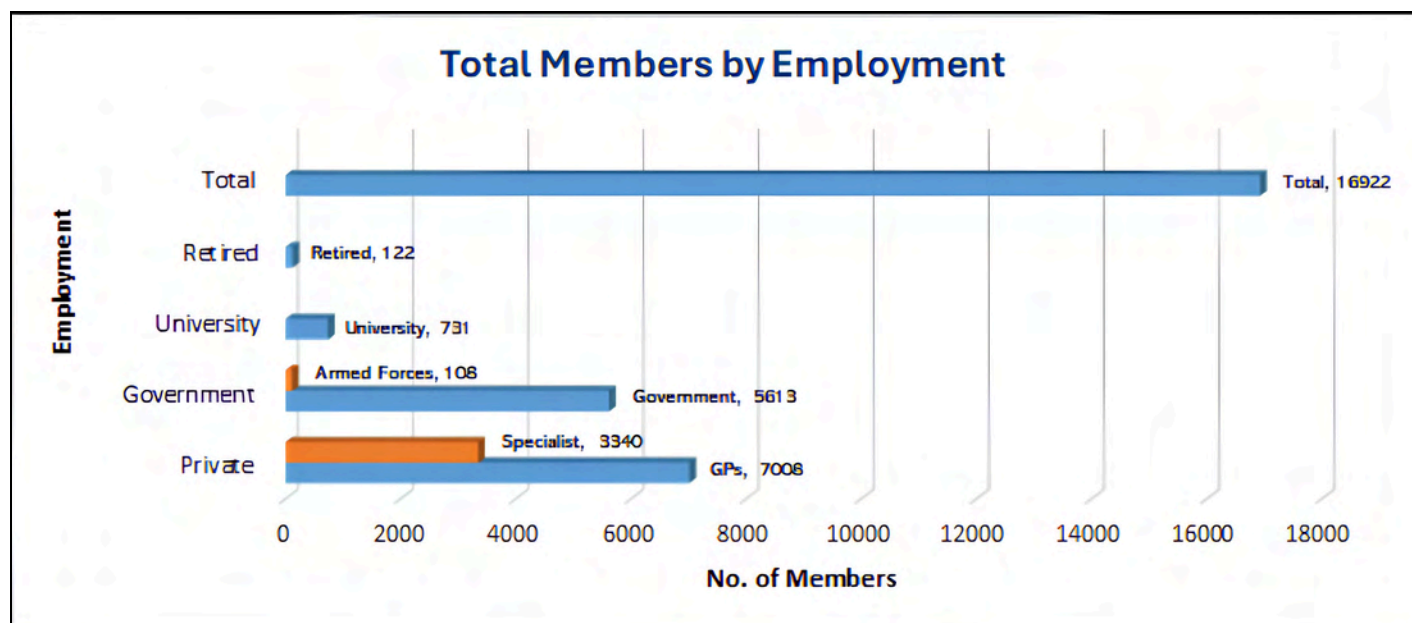
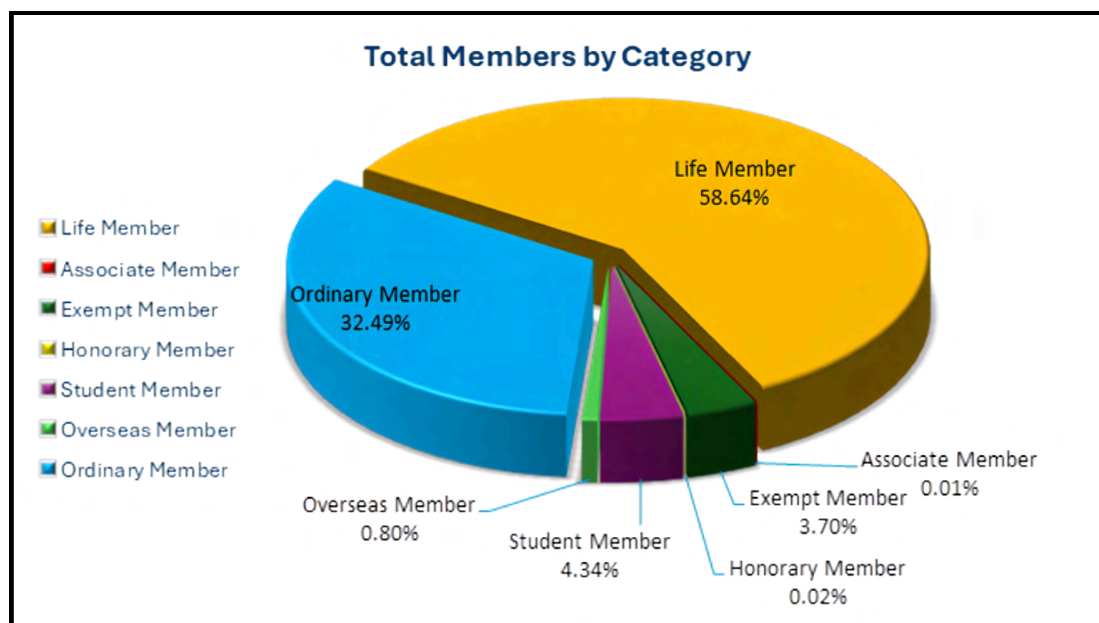
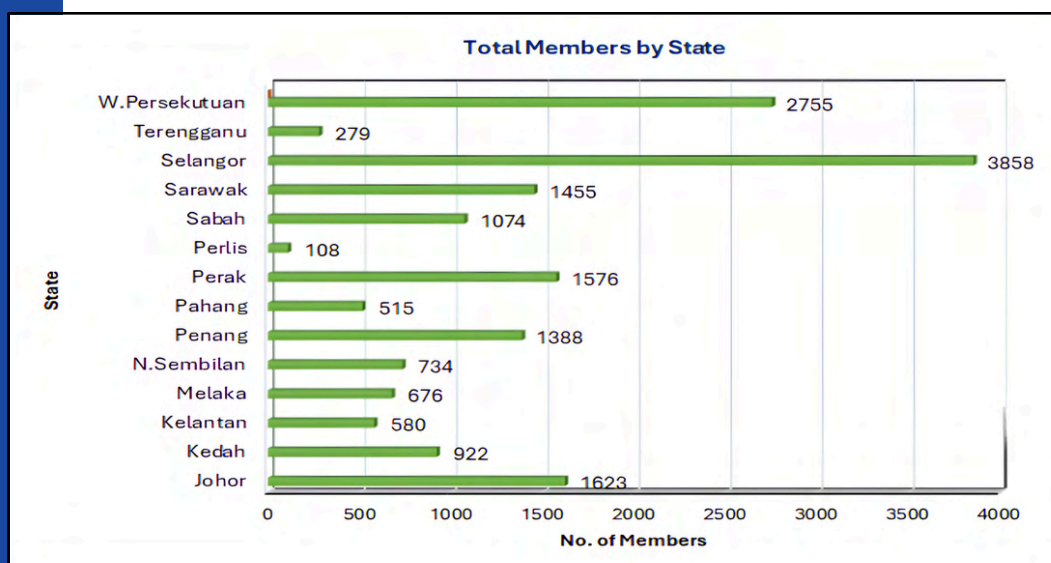


Figure 2: **MMA Membership by Employment**

Figure 3: MMA Membership by State

Selangor has the most members, followed by Wilayah Persekutuan, Johor, Perak, Sarawak, Penang, Sabah, Kedah, Negeri Sembilan, Melaka, Kelantan and Pahang. The rest of the states have less than 500 members, ranging from 108 in Perlis to 279 in Terengganu. (See figure 3)



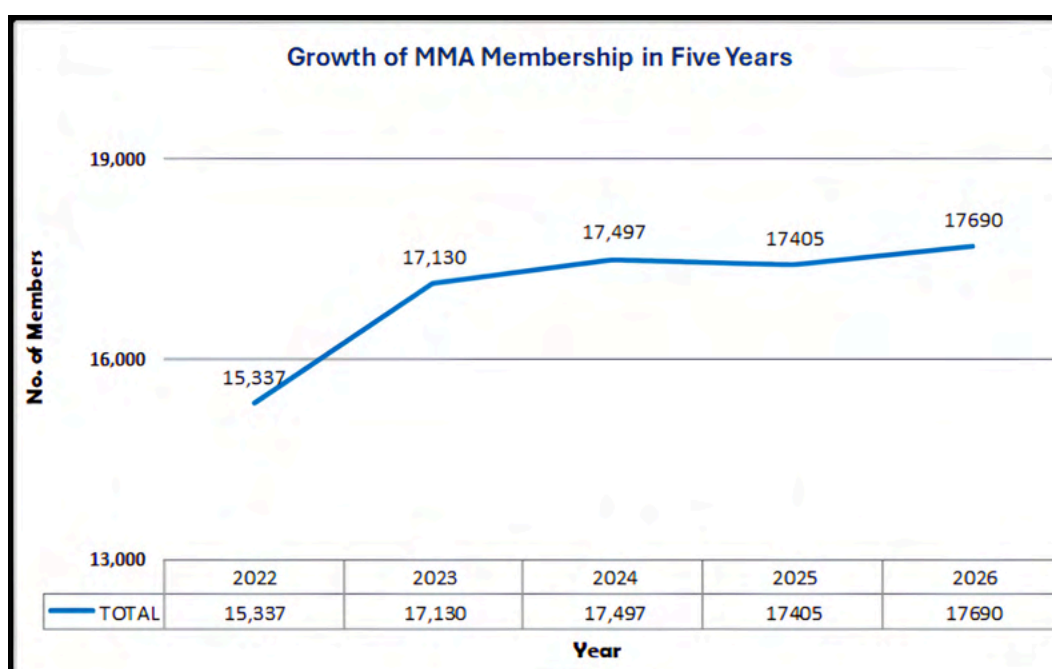
***Note to Members:** We greatly appreciate your cooperation in updating your work details, in the event of any changes, as it ensures the accuracy and currency of our database.

Membership Growth

The chart shows membership growth from 2022 to 2026. The data indicates a steady increase in the number of members over the five-year period.

(See figure 4)

Figure 4:
Growth of MMA
Membership in Five Years



STUDENT MEMBERSHIP

The total number of student members in benefit is 768. The largest number of student members are from Universiti Malaysia Sarawak (UniMaS) followed by Manipal University College Malaysia (MUCM).

The Medical students have formed a Society under MMA known as MMA Society of Medical Students (SMMAMS). They carry out activities led by an Executive committee comprising of members from the various universities. We hope that by engaging them in activities at student level, they will become MMA members upon graduation. Unfortunately, there are still quite number of members who allow their membership to lapse after graduation.

GOVERNANCE & COUNCIL AFFAIRS

The 66th MMA Council was officially constituted on 12th September 2025 during the 65th National MMA Annual General Meeting held at the Grand Ballroom, G Hotel Gurney, 168A, Gurney Dr, 10250 George Town, Penang.

At the 65th MMA AGM Dr. Mary Suma Cardosa and Dr. Mohamed Namazie Bin Ibrahim were re-elected as Honorary Auditors, entrusted with overseeing the Association's financial transparency and sound governance.

Since its formation, the 66th MMA Council has convened three official meetings, all conducted in a hybrid format to encourage inclusivity and flexibility. A final Council meeting is scheduled for 8th August 2026 ahead of the upcoming AGM.

Council members have continued to show exceptional dedication to their responsibilities. The table below outlines individual attendance records:

Council members have displayed exceptional commitment to their responsibilities throughout these meetings. The table below outlines individual attendance records for each session:

NO.	COUNCIL MEMBERS	1ST MEETING (13/9/2025)	2ND MEETING (11/1/2026)	3RD MEETING (16/5/2026)	ATTENDANCE
1.	DATUK DR. THIRUNAVUKARASU RAJOO President	/	/	/	(3/3)
2.	DR. SIVANAESAN A/L LETCHUMANAN President – Elect	/	/	/	(3/3)
3.	DATO' DR. KALWINDER SINGH KHAIRA Immediate Past President	/	/	/	(3/3)
4.	DR. VASU PILLAI A/L LETCHUMANAN Honorary General Secretary	/	/	/	(3/3)
5.	DR. ARVINDRAN A/L ALAGA Honorary General Treasurer	/	/	/	(3/3)
6.	DR. SELVARAJAH A/L SATHAYA Honorary Deputy Secretary	/	/	/	(3/3)
7.	DATO' DR. PARMJIT SINGH A/L KULDIP SINGH Honorary Deputy Secretary	/	/	/	(3/3)
8.	DR. ERATHA KRISHNAN A/L GOBINADAN Chairman, PPSMMA	/	/	/	(3/3)
9.	DR. TIMOTHY CHENG TSIN JIEN Chairman, SCHOMOS	/	/	/	(3/3)
10.	DR PRABHA @ SHANTI A/P SUBRAMANIAM Chairperson, Johor	/	/	/	(3/3)
11.	DR MUHAMMAD AMIRUL AIZAT BIN ESA Vice-Chairman, Johor	/	/	/	(3/3)
12.	DR SRITHARAN RAO A/L SUBBARAO Chairman, Kedah	/	/	/	(3/3)
13.	DR THIYAGAR S/O NADARAJAW Vice-Chairman, Kedah	/	X	/	(2/3)
14.	DR TUAN ZAMANI AMIR BIN TUAN ZAKARIA Chairman, Kelantan	/	/	/	(3/3)
15.	DR. WAN NOR AINA AR-MARDIYAH WAN JEFFERY Vice-Chairman, Kelantan	/	/	/	(3/3)
16.	DR. SOH YIH HARNG Chairman, Melaka	/	/	/	(3/3)

NO.	COUNCIL MEMBERS	1ST MEETING (13/9/2025)	2ND MEETING (11/1/2026)	3RD MEETING (16/5/2026)	ATTENDANCE
17.	DR JOTHINATHAN A/L MUNIANDY Vice-Chairman, Melaka	/	/	/	(3/3)
18.	DR SELVA GANAPATHI A/L GANESON Chairman, Negeri Sembilan	/	/	/	(2/3)
	DR S. GUNENTHIRA RAO Alternate Representative, Negeri Sembilan		/		(1/3)
19.	DR. NARVINDARAN MARIAPPAN Vice-Chairman, Negeri Sembilan	/	/	/	(3/3)
20.	DATIN DR. FA'IZA BINTI ABDULLAH Chairperson, Pahang	/	/	/	(2/3)
	DR. THILLAINATHAN A/L T. PUSHPANATHAN Alternate Representative	/			(1/3)
21.	DATO' DR PARMJIT SINGH A/L KULDIP SINGH Chairman, Penang	(attended as HDS)	(attended as HDS)	(attended as HDS)	(0/3)
	DR. M. VAIRAVAN Alternate Representative, Penang	/	/	/	(3/3)
22.	DR. DIVAGAR A/L VARATHA RAJU Vice-Chairman, Penang	/	/	/	(3/3)
23.	DR. MONESH PILLAI A/L GOPI Chairman, Perak	/	/	/	(3/3)
24.	DR JOHN EMMANUEL A/L GILBERT FERNANDEZ Vice-Chairman, Perak	/	/	/	(3/3)
25.	DR HARI RAM A/L RAMAYYA Chairman, Perlis	/	/	/	(3/3)
26.	DR BRANDON PATRICK SENAGANG Chairman, Sabah	/	/	/	(3/3)
27.	DR DEENISH A/L MUNIANDY Vice-Chairman, Sabah	/	/	/	(3/3)
28.	DR. ONG ENG-JOE Chairman, Sarawak	/	/	/	(3/3)
29.	DR. LAU BIK LIANG Vice-Chairman, Sarawak	/	/	/	(3/3)
30.	DR KRISHNA KUMARAN A/L RAMASAMY Chairperson, Selangor	/	/	/	(3/3)
31.	DR N CHANTHIRAN A/L NATHAN Vice-Chairperson, Selangor	/	/	/	(3/3)
32.	DR. KARTIK A/L KALIYANA SUNDARAM Chairman, Terengganu	/	/	/	(3/3)
33.	COL DR GNANAMALAR GNANASUNDRAM Chairman, W. Persekutuan	/	/	/	(3/3)
34.	DR ERATHA KRISHNAN A/L GOBINADAN Vice-Chairman, W. Persekutuan	(attended as PPSMMA Chairman)	(attended as PPSMMA Chairman)	(attended as PPSMMA Chairman)	(0/3)
	DR. MANOHAR A/L BENDIAH @ BALLU Alternate Representative, W. Persekutuan	/	/	/	(2/3)

For members unable to attend, alternate representatives were duly appointed to ensure continuity of discussion and decision-making. This approach has continued to work well in sustaining the Council's productivity.

I thank Council members for their ongoing cooperation, strategic insights, and active involvement – both during meetings and via email and the online portal.

EXECUTIVE LEADERSHIP & GOVERNANCE

Beyond Council meetings, the 66th MMA Executive Committee (Exco) has remained central to managing the Association's day-to-day affairs. Over the past year, the Exco met on three occasions to deliberate on important matters and ensure smooth operations. A final meeting is scheduled for 8th August 2026 in preparation for the 66th MMA AGM. Below is the attendance summary:

NO.	EXCO MEMBERS	1ST MEETING (26/10/2025)	2ND MEETING (10/1/2026)	3RD MEETING (16/5/2026)	ATTENDANCE
1.	DATUK DR. THIRUNAVUKARASU RAJOO President	/	/	/	(3/3)
2.	DR. SIVANAESAN A/L LETCHUMANAN President – Elect	/	/	/	(3/3)
3.	DATO' DR. KALWINDER SINGH KHAIRA Immediate Past President	/	/	X	(2/3)
4.	DR. VASU PILLAI A/L LETCHUMANAN Honorary General Secretary	/	/	/	(3/3)
5.	DR. ARVINDRAN A/L ALAGA Honorary General Treasurer	/	/	/	(3/3)
6.	DR. SELVARAJAH A/L SATHAYA Honorary Deputy Secretary	/	/	/	(3/3)
7.	DATO' DR. PARMJIT SINGH A/L KULDIP SINGH Honorary Deputy Secretary	/	/	/	(3/3)
8.	DR. ERATHA KRISHNAN A/L GOBINADAN Chairman, PPSMMA	/	/	/	(3/3)
9.	DR. TIMOTHY CHENG TSIN JIEN Chairman, SCHOMOS	/	/	/	(3/3)

I record my deep appreciation to the Exco members for their unwavering commitment and invaluable guidance. Their collective wisdom and teamwork have strengthened the Association's operations and greatly supported me in carrying out my duties effectively.

"Progress is measured not only by what we accomplish, but by how we adapt, innovate, and continue serving our members with excellence."

YEAR IN REVIEW: KEY HIGHLIGHTS

Digital Transformation & Innovation

Smarter. Faster. More Connected.

MMA continued to advance its digital transformation agenda by investing in technologies that enhance operational efficiency, strengthen governance and improve member experience. From paperless workflows and digital elections to enhanced mobile services and hybrid engagement, these initiatives reflect the Association's commitment to building a modern, accessible and connected organisation.

The continued expansion of our digital ecosystem has enabled members to interact with MMA more conveniently while supporting greater transparency, collaboration and sustainability across the Association.

Smarter Governance

- **Council & Exco Portal System**

Actively used for approvals, decision-making, and information sharing. Feedback provided via the portal continues to contribute to KPI scores linked to Branch grants, promoting greater accountability.

Digital Governance

- **E-Nomination System**

This year, we have taken another major step forward with the introduction of E-nomination for the election of office bearers. The traditional paper-based nomination process has been fully phased out, with all nominations now conducted entirely through the MMA Mobile App. This enhancement improves transparency, increases accessibility, and streamlines the electoral process for both members and the Secretariat.

Going Paperless

- **Digital Attendance System**
- **Digital Travel Claim Form**

This term, the MMA introduced a digital attendance system to replace the traditional paper-based sign-in process. Through the integration of a suitable digital form system ("Everest Forms"), participants at meetings and events are now required to simply scan a QR code, fill in the meeting details, and submit. Attendance records are automatically captured and stored in the system.

Connecting Members Everywhere

- **Hybrid Meetings**

Continued for all key engagements including Council, Exco, and AGMs. Most Branch AGMs also adopted hybrid formats. The MMA National Convention & Scientific Congress 2026 and the 66th AGM will follow this approach.



Members stayed connected through multiple digital platforms, ensuring timely communication, stronger advocacy and easier access to Association services.

MMA Mobile App

The Digital Front Door to MMA.

The enhanced MMA Mobile App has become the central platform for member engagement, simplifying interactions while supporting secure digital services.

93,000+ users

Key capabilities:

- Event registration
- Membership registration
- Membership renewal
- E-voting
- E-nomination
- Member services

Ongoing Digital Infrastructure

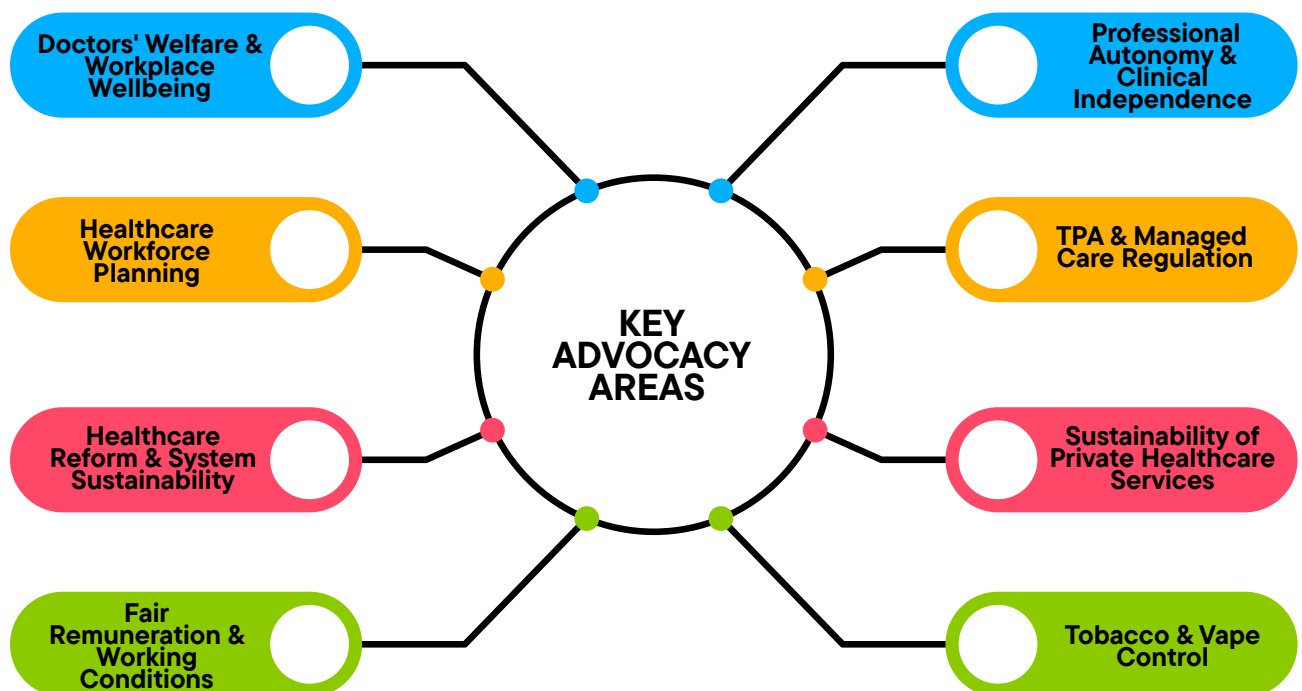
Our digital infrastructure, including the Flipbook format for publications and PayPal integration for online payments, continues to function effectively and remains fully operational, supporting seamless transactions and enhanced member engagement.

Media Engagement & Public Communications

A Strong Voice for the Medical Profession.

Over the 2025/2026 term, MMA remained at the forefront of national healthcare advocacy, providing timely, evidence-based perspectives on issues affecting doctors, patients and the healthcare system.

Working closely with the media and key stakeholders, the Association continued to champion policies that protect professional standards, strengthen healthcare delivery and promote the wellbeing of both the medical profession and the public.



MMA Frequently Asked Questions (FAQs)

Launched in March 2021, the MMA Frequently Asked Questions (FAQs) platform was developed to respond to inquiries from both doctors and the general public. Questions are received through WhatsApp, phone calls, and the MMA Facebook page. The FAQs are managed by our Customer Relations Officer, who monitors all incoming queries, responds directly to those within his knowledge, and directs more complex or specialised questions to the relevant department or person in charge for further action. This ensures timely and accurate responses, typically within 24 hours on working days. Follow-up actions are taken when necessary to ensure issues are fully addressed. To maintain oversight, monthly updates are shared with the Honorary General Secretary and the MMA Executive Committee, along with a comprehensive monthly report highlighting both resolved and outstanding cases.

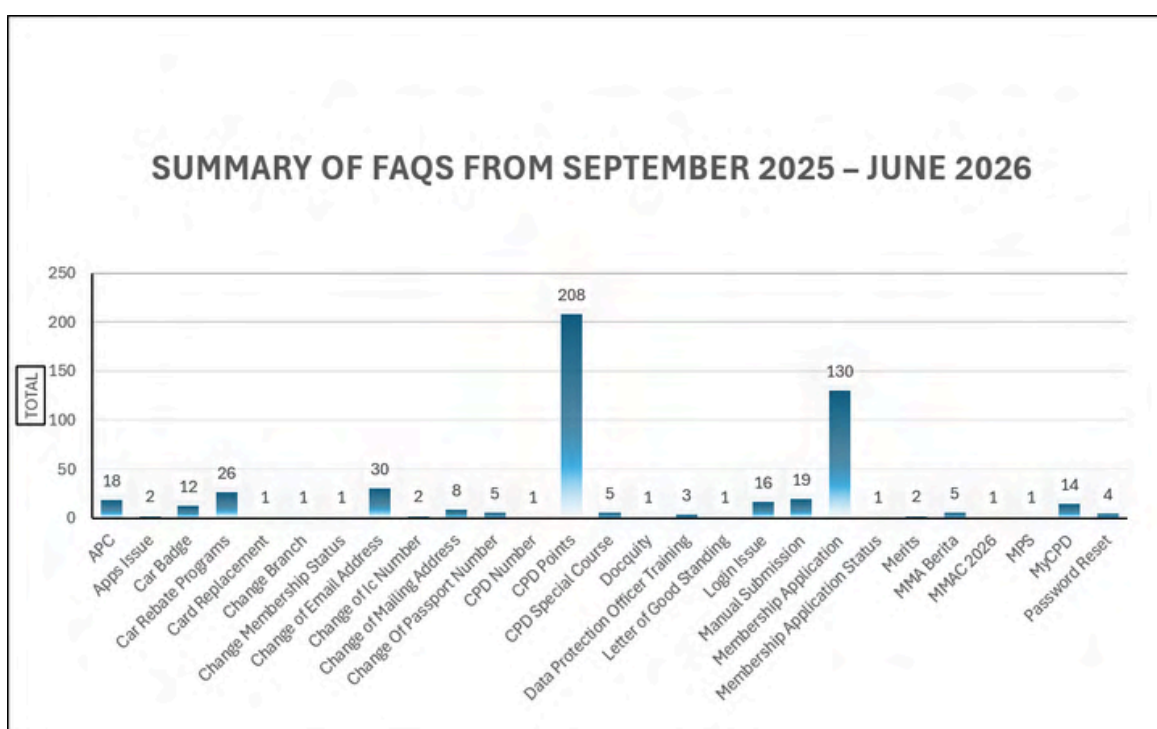
FAQ Dashboard

518

Queries handled

Summary of FAQs from September 2025 – June 2026:

QUERIES	TOTAL	QUERIES	TOTAL
APC	18	Docquity	1
Apps Issue	2	Data Protection Officer (DPO) Training	3
Car Badge	12	Letter of Good Standing	1
Car Rebate Programs	26	Login Issue	16
Card Replacement	1	Manual Submission	19
Change Branch	1	Membership Application	130
Change Membership Status	1	Membership Application Status	1
Change of Email Address	30	Merits	2
Change of IC Number	2	MMA Berita	5
Change of Mailing Address	8	MMAC 2026	1
Change of Passport Number	5	MPS	1
CPD Number	1	MyCPD	14
CPD Points	208	Password Reset	4
CPD Special Course	5		



Continuing Professional Development (CPD)

The MMA CPD system continues to support lifelong learning and professional development across the medical community.

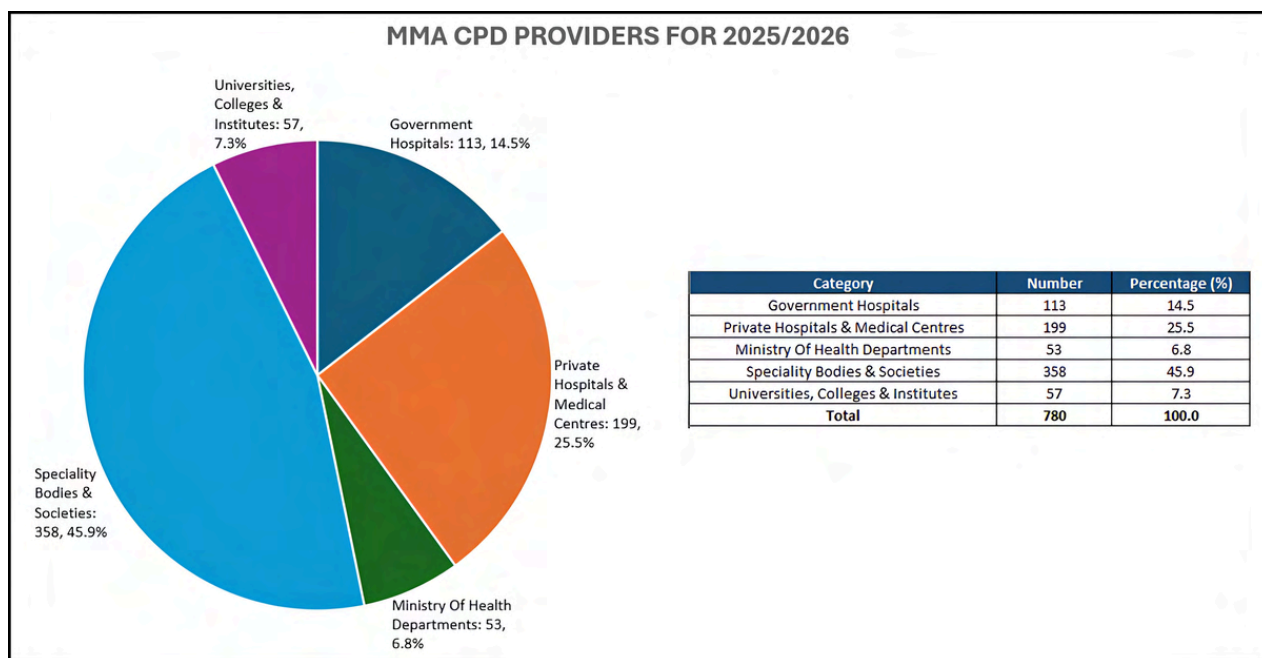
By the Numbers

70,000+

CPD Event Applications
Accredited

780

Approved
CPD Providers



***In line with regulatory developments, the Malaysian Medical Council (MMC) introduced a revised CPD Grading System, which came into effect on 1st July 2023, to further standardize and strengthen CPD accreditation processes nationwide.*

Breakdown of Emails Received by HGS

Issues	No. of Emails
CPD	75
ETHICS	17
FINANCE	20
HELPODOC	7
CONFIRMATION LETTER	80
IT	200
MEMBERSHIP MATTERS	74

Issues	No. of Emails
MJM	3
PII	8
ASSISTANCE	5
PPS	68
PRESIDENT	30
SECRETARY	1,227
SCHOMOS	34

Issues	No. of Emails
PRESS MATTERS	2
BERITA MMA	47
OTHERS	50

**HGS Correspondence
Dashboard**

1,947

Emails Managed



HGS Correspondence Overview
September 2025 – End June 2026

“Beyond meetings and policies, the true strength of the Malaysian Medical Association lies in the relationships we build, the collaborations we foster, and the shared purpose that unites us as one profession.”

Key Events & Professional Activities

Strengthening Fellowship, Collaboration and Professional Excellence.

MMA Annual Banquet in Conjunction with the 65th AGM

13 September 2025 | Penang Marriott Hotel

The annual banquet provided an opportunity for members, leaders, and distinguished guests to celebrate the Association's achievements while strengthening fellowship within the medical fraternity. It also marked the formal installation of the incoming MMA President, symbolising the continuity of leadership and the Association's commitment to serving the profession.

The event was graced by the Guest of Honour, YB Datuk Seri Dr. Haji Dzulkefly Ahmad, Minister of Health, and his spouse. Other distinguished guests included YB Datuk Amar Prof. Dr. Sim Kui Hian, Deputy Premier of Sarawak and Minister for Public Health, Housing, and Local Government Sarawak, together with his spouse.

The evening was a memorable celebration of leadership, fellowship, and professional unity.



MMA Doctors' Day 2025

25 October 2025 | Prince Court Medical Centre, Kuala Lumpur

Doctors' well-being remained a key priority for the Association during the year. To reinforce this commitment, MMA, through SCHOMOS and PPSMMA, organised Doctors' Day 2025 under the theme "Healing the Healers", providing a platform to promote physician wellness and resilience.

The programme featured an engaging forum on doctors' wellbeing, bringing together healthcare leaders and experts to discuss mental health, resilience, and wellness among medical professionals.

My sincere appreciation goes to Dr. Subashini, CEO of Prince Court Medical Centre, and Datuk Dr. Kuljit Singh, Medical Director, for their generous hospitality and support in making the event a success.



MMA Media Appreciation Night

19 December 2025 | Le Meridien Petaling Jaya

Recognising the media as an important partner in healthcare advocacy, MMA continued its tradition of strengthening relationships with journalists and media organisations through the annual Media Appreciation Night.

Attended by more than 50 media practitioners representing over 10 organisations, the event acknowledged the media's invaluable role in communicating healthcare issues accurately and responsibly. Through its partnership with media organisations such as The Star, Bernama, NST, Malay Mail, Berita Harian, Utusan Malaysia, TV3, and CodeBlue, MMA has been able to amplify its advocacy efforts and promote informed public discourse on healthcare.

The presence of representatives from the Ministry of Health's Corporate Communications Division further reflected the strong collaboration between MMA, the media, and the Ministry.



PPSMMA Virtual Townhall GP Meeting

6 January 2026 | Virtual

Maintaining regular engagement with members remains an important priority for MMA. The PPSMMA Virtual Townhall provided general practitioners with a platform to receive updates on current issues while sharing feedback directly with the Association.

Chaired by Dr. Eratha Krishnan, Chairman of PPSMMA, the meeting covered updates affecting general practice, including the MiCare Teleconsultation Proposal.

The active participation and constructive discussions reaffirmed the importance of regular dialogue between MMA and its members.

Health Systems and Financing Workshop for Journalists – A Strategic Media Partnerships for Health System Reform

8 January 2026 | UKM Faculty of Medicine

Recognising that effective healthcare advocacy relies on an informed and responsible media, the Malaysian Medical Association (MMA) continued its efforts to strengthen engagement with journalists through a strategic workshop on Health Systems and Financing. Organised by the MMA National Health Policy Committee (NHPC), the initiative aimed to enhance journalists' understanding of healthcare policy, financing, and system reforms, thereby promoting more informed and balanced public discourse on healthcare issues.

The workshop was organised in collaboration with the Citizens' Health Initiative (CHI), the National Union of Journalists (NUJ), and Citra-UKM, with the generous sponsorship of The Edge Media Group and participation from UNU-IIGH as a partner organisation.

A total of 45 participants attended the workshop, including 22 journalists representing a diverse range of national media organisations such as Astro Awani, Bernama, Malaysiakini, The Star, and The Edge. Speakers and moderators from MMA, CHI, UNU-IIGH, and the World Health Organization (WHO) shared their expertise and perspectives on healthcare systems, financing, and current policy challenges.

The MMA President officiated the workshop and delivered the opening address, reaffirming the Association's commitment to fostering constructive engagement with the media as an important partner in advancing healthcare reform. I would also like to record my sincere appreciation to Dr. Mary Cardosa, Chairperson of the NHPC, and her dedicated committee for their vision, leadership, and hard work in making this important initiative a success.



MMA National Inter-State Badminton Tournament 2026

10-11 January 2026 | Lavana Sports Centre

Beyond professional advocacy, MMA remains committed to promoting fellowship, wellness, and camaraderie among doctors through sports.

The 10th MMA Cup National Doctors Badminton Tournament attracted 141 doctors from 10 states, providing an excellent opportunity for networking while encouraging healthy lifestyles. The continued success of the tournament reflects its importance as one of MMA's flagship fellowship activities.

I wish to extend my sincere appreciation to Dr. Vikram, Organising Chair and former national badminton player, as well as Col. Dr. Gnanamalar, Chairperson of MMA Wilayah Persekutuan, and her dedicated organising committee for their outstanding efforts in delivering another successful tournament. I would also like to acknowledge Dr. Tee of MMA Pahang, whose foresight and initiative in establishing this tournament a decade ago laid the foundation for what has since become one of MMA's most anticipated annual sporting events, fostering fellowship, camaraderie, and healthy competition among medical professionals nationwide.



Dinner Forum Meeting with Private Specialists

16 January 2026 | Royale Chulan Hotel

Engaging with specialist practitioners remains an important priority for MMA in ensuring that the concerns of the specialist community are effectively represented. To this end, the MPSN Committee, together with the Private Specialist Subcommittee, organised a dinner forum with representatives from various specialist associations.

The MMA President moderated the panel discussion, with Dr. Namazie, Dr. Kuharaj, and myself serving as panellists.





The forum was well attended and provided a valuable platform for constructive dialogue on several key issues affecting specialist practice, including the 13th Fee Schedule, challenges relating to Third Party Administrators (TPAs) and Managed Care Organisations (MCOs), as well as current medicolegal concerns. The discussions concluded with a number of key consensus points and proposed actions to guide MMA's ongoing advocacy and engagement on these important matters.

MMA Career Guidance Conference 2026

7–8 February 2026 | M World Hotel

Guiding and inspiring the next generation remained an important part of MMA's commitment to community engagement. Through the Career Guidance Conference (CGC) 2026, MMA continued to help students make informed decisions about their future by providing valuable insights into a wide range of professional career pathways.

Organised under the leadership of Dr. Sivabala Selvaratnam, the conference was held in collaboration with more than a dozen professional bodies, including the Malaysian Bar Council, Malaysian Institute of Accountants (MIA), Institution of Engineers Malaysia (IEM), and the National Union of the Teaching Profession (NUTP). The conference benefited more than 500 students aged 15 to 20 years and SPM leavers, continuing its success since its inception in 2023.

My sincere appreciation goes to Dr. Sivabala Selvaratnam, the organising committee, collaborating professional bodies, speakers, and volunteers for their dedication in making this meaningful outreach programme another success.



MMA Iftar Dinner

26 February 2026 | Sheraton Petaling Jaya Hotel

Fostering fellowship, inclusivity, and engagement with key stakeholders continued to be an important tradition of the Association. The MMA Annual Iftar 2026 brought together MMA leaders, medical practitioners, Ministry of Health officials, and invited guests in a spirit of unity during the holy month of Ramadan.

The event was officiated by YB Dato' Seri Dr. Dzulkefly Ahmad, Minister of Health, who shared updates on key healthcare developments. In keeping with the spirit of giving, MMA Wilayah Persekutuan presented a charitable contribution of RM2,000 to Kebajikan Nur Qaseh.

My sincere appreciation goes to MMA Wilayah Persekutuan, the organising committee, and all those who contributed towards making the evening a meaningful and memorable gathering.



MMA Medical Congress 2026 (MMAC 2026)

12–14 June 2026 | Royale Chulan Hotel

Continuing professional development remains one of MMA's core commitments to ensuring excellence in medical practice. MMAC 2026 provided an important platform for healthcare professionals to exchange knowledge, explore emerging developments, and strengthen professional collaboration under the theme **"Advancing Healthcare Together: Innovation, Collaboration, and Compassion."**

The Congress was officiated by Datuk Dr. Mahathar bin Abd Wahab, Director-General of Health, and featured a comprehensive scientific programme. Pre-congress workshops included "Balancing Care and Commerce: The Business of General Practice" organised by PPSMMA, as well as a Suturing Workshop conducted by SCHOMOS.

I thank my Co-Chairman, Dr. Krishna Kumaran, the organising committee, Secretariat staff, speakers, delegates, and industry partners for their invaluable contributions in making MMAC 2026 another successful flagship event for the Association.



Strategic Partnerships & Stakeholder Engagement

Building Stronger Partnerships to Advance Healthcare

Collaboration with MERCY Malaysia on Volunteer Awareness Programme

23 May 2026

Promoting humanitarian service and medical volunteerism remained an important aspect of MMA's commitment to social responsibility. In collaboration with MERCY Malaysia, MMA organised a Volunteer Awareness Programme to encourage medical practitioners to contribute their expertise to humanitarian missions.

Conducted via webinar, the programme introduced participants to MERCY Malaysia's humanitarian work and volunteer opportunities. The session featured presentations on volunteerism, followed by an interactive question-and-answer session. The MMA President delivered the opening remarks, and Continuing Professional Development (CPD) points were awarded to participants.

My appreciation goes to MERCY Malaysia for their collaboration and commitment, and to everyone involved in organising this successful programme that strengthened the spirit of volunteerism among our members.

Signing of the Memorandum of Understanding between MMA, Monash University Malaysia and IHH Healthcare Malaysia

28 June 2026 | Le Méridien Hotel, Kuala Lumpur

Strengthening collaboration across the healthcare ecosystem remained an important priority for MMA in advancing integrated patient care and professional development. This commitment was further reinforced through the signing of a Memorandum of Understanding (MoU) with Monash University Malaysia and IHH Healthcare Malaysia.

The MoU formalised a strategic partnership to strengthen collaboration between general practitioners and specialists through the development of training programmes focusing on diabetes, obesity, cardiovascular health, and emergency care.

I had the honour of signing the MoU on behalf of MMA, alongside representatives from Monash University Malaysia and IHH Healthcare Malaysia. The ceremony was witnessed by the MMA President and officiated by YB Dato' Hajjah Hanifah Hajar Taib, Deputy Minister of Health, under the theme "The Zero-Gap Care Continuum: Building an Integrated Primary-to-Specialist Healthcare Ecosystem."

This partnership reflects our shared commitment to improving continuity of care while expanding professional development opportunities that ultimately enhance patient outcomes.

"Throughout the year, MMA continued to strengthen its role as the voice of the medical profession through regular engagement with the Government, regulatory authorities, professional bodies, and strategic partners to advocate for policies that benefit doctors, patients, and the nation's healthcare system."



Government & Strategic Stakeholder Engagement

JBMKKS Engagement Session on RESET Initiatives and Base MHIT Product

28 October 2025 | Virtual via Microsoft Teams

MMA continued to play an active role in national healthcare policy discussions by engaging with key government stakeholders on healthcare financing reforms and private healthcare sustainability. This engagement with the Jawatankuasa Bersama Peringkat Menteri untuk Kos Penjagaan Kesihatan Swasta (JBMKKS) enabled MMA to contribute to ongoing discussions on the RESET initiatives and the development of the base Medical and Health Insurance/Takaful (MHIT) product.

The session, co-chaired by Bank Negara Malaysia and the Ministry of Health, served as a follow-up to the initial meeting held on 21 May 2025. MMA was represented by the President, President-Elect, myself, and the SCHOMOS Chairman. Key updates included the progress of the RESET initiatives, the planned nationwide rollout of the base MHIT product ("MediAsas") in January 2027, and broader healthcare reform initiatives.

The engagement provided an important platform for MMA to contribute its perspectives and remain actively involved in shaping policies affecting private healthcare affordability and sustainability.

Meeting with Medical Practice Division, Ministry of Health

6 November 2025 | Bahagian Amalan Perubatan, MOH, Putrajaya

Maintaining close collaboration with the Ministry of Health remains essential in ensuring that the concerns of the medical profession are effectively represented. MMA continued this engagement through a discussion with the Medical Practice Division to address issues affecting practitioners and healthcare delivery.

Chaired by Dr. Hirman Ismail, Director of the Medical Practice Division, the meeting provided an opportunity for MMA to raise key issues affecting its members and discuss matters previously highlighted to the Ministry.

This continued dialogue reflects the strong working relationship between MMA and the Ministry of Health in addressing issues of mutual concern to the medical profession.

Meeting with Malaysian Private Dental Practitioners Association (MPDPA)

25 November 2025 | Virtual Meeting

Collaboration with other healthcare professional bodies remains important in addressing regulatory issues that affect healthcare practitioners. MMA therefore engaged with the Malaysian Private Dental Practitioners Association (MPDPA) to discuss compliance matters relating to private healthcare facilities.

The discussion focused on CKAPS requirements affecting non-compliant first-floor dental clinics, an issue that may also have implications for medical practitioners. Both organisations exchanged views on practical approaches towards achieving regulatory compliance while safeguarding healthcare service delivery.

The meeting reaffirmed the commitment of both associations to work collaboratively with the relevant authorities in seeking practical and sustainable solutions.

Engagement with Ministry of Health on MDHCN Interoperability Initiative

13 April 2026 | Digital Health Division, MOH, Putrajaya

As healthcare becomes increasingly digital, interoperability between public and private healthcare systems is essential for improving continuity of care. MMA participated in discussions with the Ministry of Health to support the development of integrated digital healthcare solutions.

Represented by PPSMMA Exco members and myself, MMA participated in discussions on the Malaysia Digital Health Certification Network (MDHCN), focusing on secure health data exchange and interoperability between healthcare providers.

The engagement reflects MMA's support for digital innovation that enhances patient care while ensuring the safe and efficient exchange of health information.

Engagement with Malaysian Society for Assisted Reproductive Technology (MSART)

5 February 2026

Supporting specialty societies and ensuring that regulatory frameworks remain aligned with clinical practice is an important part of MMA's advocacy role. In line with this commitment, MMA engaged with the Malaysian Society for Assisted Reproductive Technology (MSART) to discuss concerns arising from the Malaysian Medical Council's Guideline on Reproductive Medicine.

The engagement brought together MMA office bearers, representatives from MSART, and the President of the Obstetrical and Gynaecological Society of Malaysia (OGSM), Dr. RM Udayar Pandian Ramachandhiran, to discuss the implications of the new guideline and explore avenues for constructive engagement with the Malaysian Medical Council.

The meeting demonstrated MMA's commitment to working closely with specialist societies in advocating for practical and evidence-based regulatory policies.

Meeting with Malaysian Medical Council (MMC) on Digital Integration for Professional Indemnity

12 February 2026

The proposed initiative, put forward by MMA, seeks to automate the verification of Professional Indemnity Insurance during the Annual Practising Certificate (APC) renewal process, reducing administrative burdens for both practitioners and the Council.

This engagement reflects MMA's continued commitment to leveraging technology to simplify regulatory processes and improve services for its members.

Meeting with Medical Practice Division on Third-Party Administrator (TPA) Issues

19 May 2026

MMA continued its engagement with the Ministry of Health by participating in discussions on issues relating to Third-Party Administrators (TPAs). The meeting, chaired by Dr. Federa Aini binti Haji Bibit, Deputy Director of the Medical Practice Division, focused on complaints relating to TPA practices that may contravene existing regulations and professional ethical standards. MMA remains committed to working with the Ministry of Health to safeguard professional autonomy, uphold ethical medical practice, and protect the interests of both patients and healthcare providers.

Meeting with the Secretary-General of Health

3 June 2026 | Ministry of Health, Putrajaya

Strengthening engagement with senior government leadership remains crucial in advancing policies that support both the medical profession and the healthcare system. MMA therefore held a strategic engagement with the Secretary-General of Health to discuss key workforce and healthcare system issues.

Led by the MMA President, the delegation comprising the President-Elect, SCHOMOS Chairman, and myself met Datuk Seri Hj Hasnol Zam Zam Ahmad, Secretary-General of Health. Discussions focused on key workforce priorities, including specialist training pathways, permanent appointments, workforce planning, timely promotions, restoration of allowances, and progress towards a 45-hour working week for public sector doctors.

The meeting provided an important opportunity for MMA to present the profession's priorities directly to the Ministry's senior leadership and to advocate for meaningful reforms that will strengthen Malaysia's healthcare workforce.



MMA delegation during its strategic engagement with the Secretary-General of the Ministry of Health.

MMA Meeting with Private Specialists

12 July 2026 | MMA House, Kuala Lumpur

Regular engagement with specialist practitioners enables MMA to remain responsive to issues affecting specialist practice and to strengthen collaboration across the profession. In line with this commitment, MMA convened a meeting with representatives from specialist organisations to discuss current professional and medicolegal issues.

The meeting, which I chaired in my capacity as Chairman of MPSN, featured discussions on the 6th Edition of the MPSN, specialist-related developments, medicolegal matters, and future engagement plans. Representatives from 28 specialist organisations participated, with a hybrid option made available to maximise participation.

The meeting reaffirmed MMA's commitment to maintaining close engagement with specialist societies and ensuring that their views continue to inform the Association's advocacy and policy initiatives.



"Healthcare challenges transcend borders. Through active engagement with regional and international medical organisations, MMA continues to represent the interests of Malaysian doctors on the global stage while bringing home new ideas, best practices and strategic partnerships that strengthen healthcare in Malaysia."

International Relations & Global Engagement

Advancing Malaysian Medicine Through Global Partnerships

The 76th General Assembly of the World Medical Association (WMA)

8–11 October 2025 | Porto, Portugal

Active participation in international medical forums enables MMA to contribute to global health policy discussions while ensuring that the perspectives of Malaysian doctors are represented on the world stage. The 76th WMA General Assembly provided an important platform for dialogue on emerging issues affecting the medical profession worldwide.

The MMA President represented the Association at the General Assembly, which brought together delegates from 54 National Medical Associations to deliberate on pressing global healthcare challenges, medical ethics, professional standards, and international health policies. The meeting also provided valuable opportunities to strengthen relationships with medical associations from around the world and exchange perspectives on issues of common concern.

This participation reaffirmed MMA's commitment to remaining actively engaged in the international medical community and contributing to discussions that shape the future of the medical profession globally.

The Hong Kong Medical Association (HKMA) Annual Dinner 2025 (105th Anniversary)

28 November 2025 | Hong Kong Ocean Park Marriott Hotel

Building strong relationships with regional medical associations remains an important aspect of MMA's international engagement. Invitations to significant milestone celebrations such as the HKMA's 105th Anniversary reflect the longstanding friendship and cooperation between our Associations.

The MMA President attended the HKMA Annual Dinner, which brought together medical leaders from across the region to celebrate HKMA's remarkable legacy while strengthening regional collaboration and professional fellowship.

The Commonwealth Medical Association (CMA) Conference

22–23 November 2025 | Hyderabad, Telangana, India

Active participation in international medical forums enables MMA to contribute to global health policy discussions while ensuring that the perspectives of Malaysian doctors are represented on the world stage. The 76th WMA General Assembly provided an important platform for dialogue on emerging issues affecting the medical profession worldwide.

The MMA President represented the Association at the General Assembly, which brought together delegates from 54 National Medical Associations to deliberate on pressing global healthcare challenges, medical ethics, professional standards, and international health policies. The meeting also provided valuable opportunities to strengthen relationships with medical associations from around the world and exchange perspectives on issues of common concern.

This participation reaffirmed MMA's commitment to remaining actively engaged in the international medical community and contributing to discussions that shape the future of the medical profession globally.

232nd WMA Council Session 2026, Belgrade, Serbia

23–25 April 2026 | Metropole Palace Hotel, Belgrade, Serbia

Regular participation in World Medical Association Council meetings enables MMA to remain actively involved in shaping international medical policies and professional standards. The Council Session also provides opportunities to strengthen relationships with National Medical Associations worldwide.

The MMA delegation, comprising the President and President-Elect, participated in discussions on matters affecting the global medical profession while engaging with representatives from medical associations across the world.



21st Medical Association of South East Asian Nations (MASEAN) Conference 2026

3–6 May 2026 | Modala Beach Resort, Panglao Island, Bohol, Philippines

Regional collaboration remains vital in addressing healthcare challenges shared across Southeast Asia.

The 21st MASEAN Conference provided an important forum for member associations to exchange knowledge, strengthen partnerships, and develop collaborative approaches to regional healthcare priorities.

Hosted by the Philippine Medical Association under the theme "A Regional Commitment to Physician Well-Being and Climate-Conscious Health Systems in Southeast Asia," the conference brought together medical leaders from across the region.

The MMA delegation presented both the Country Report and a Scientific Report on Mental Health, showcasing Malaysia's contributions and experiences. A particularly significant moment was the formal handover of the MASEAN Chairmanship from Malaysia to the Philippines by MMA Past President Dr. Azizan Abdul Aziz, marking the successful completion of Malaysia's leadership. The conference also welcomed the Timor-Leste Medical Association as the newest member of the MASEAN family.



130th German Medical Assembly 2026

12–15 May 2026 | Hannover, Germany

Learning from international healthcare systems enables MMA to better understand global trends and reforms that may inform future healthcare development in Malaysia. Participation in the German Medical Assembly provided valuable exposure to current health policy initiatives in Germany.

The MMA President attended the Assembly, where discussions focused on primary care reform, hospital restructuring, emergency care, and broader health policy developments.

Singapore Medical Association (SMA) Annual Dinner 2026

23 May 2026 | Conrad Singapore Orchard

Maintaining close ties with neighbouring medical associations strengthens regional cooperation and professional exchange.

The Singapore Medical Association Annual Dinner provided an excellent opportunity to reaffirm the longstanding friendship between MMA and SMA.

The MMA President attended the event, which celebrated achievements within Singapore's medical profession while providing opportunities to network and exchange perspectives with regional medical leaders.



American Medical Association (AMA) Annual Meeting 2026

5–10 June 2026 | Hyatt Regency Chicago, United States

Participation in the American Medical Association Annual Meeting enabled MMA to observe international developments in healthcare policy, medical practice, and professional advocacy while strengthening relationships with one of the world's largest medical associations.

The MMA President represented the Association at the meeting, engaging with international colleagues and gaining valuable insights into contemporary issues affecting the global medical profession.

British Medical Association (BMA) Annual Representative Meeting (ARM 2026)

22–24 June 2026 | Brighton Centre, England

Understanding how leading international medical associations develop policy provides valuable perspectives that can strengthen MMA's own governance and advocacy efforts. The BMA Annual Representative Meeting offered an opportunity to observe one of the United Kingdom's principal medical policy forums.

Representing MMA, the President-Elect attended the meeting, where delegates debated and voted on motions that would shape the BMA's policy direction. The meeting also facilitated valuable exchanges with international colleagues on issues affecting the medical profession.

Visit Medical Protection Society (MPS) & MARSH Medefend

25 June 2026 | United Kingdom

Ensuring that MMA members have access to high-quality professional indemnity protection remains an important priority for the Association. As MMA's two exclusively affiliated professional indemnity providers, the Medical Protection Society (MPS) and MARSH Medefend play a vital role in supporting doctors through medico-legal advice, risk management, and professional indemnity services.

Representing MMA, the President-Elect visited both organisations to strengthen the longstanding partnership between MMA and its exclusive indemnity providers. The meetings provided an opportunity to exchange views on emerging medico-legal issues, professional indemnity trends, member support services, and opportunities for closer collaboration to better serve MMA members.

**MMA's Global Footprint (2025/2026)**

Representing the Malaysian medical profession through strategic engagement, knowledge exchange and collaboration across nine countries.

"The strength of MMA lies in its active Branches. Throughout the year, Branches across the country organised Annual General Meetings, installation ceremonies, and fellowship events that strengthened local leadership, governance, and member engagement."

Branch Leadership & Member Engagement

Branch Leadership & Installation Ceremonies

Strengthening Leadership & Fellowship

Throughout the reporting year, Branches celebrated leadership transitions through annual dinners, installation ceremonies and anniversary celebrations. These gatherings recognised the contributions of outgoing office bearers, welcomed newly elected leaders and strengthened fellowship among members.

- 43rd Annual Dinner & Installation Night of MMA Melaka – 15 November 2025
- MMA Perlis Annual Dinner – 28 November 2025
- MMA Negeri Sembilan Branch Installation Dinner – 6 December 2025
- 53rd MMA Sarawak Anniversary Dinner 2025 – 13 December 2025
- MMA Wilayah Annual Dinner & Comradeship 2025 – 20 December 2025
- MMA Selangor Installation Night – 17 January 2026
- MMA Penang Installation & Fellowship Dinner 2025/2026 – 18 January 2026
- MMA Sabah Annual Dinner & Installation Night 2026 – 31 January 2026
- MMA Perak 54th Anniversary & Installation Banquet – 14 February 2026
- MMA Johor Annual Dinner and Installation 2026 – 28 March 2026
- MMA Kedah Dinner & Installation Night – 4 April 2026

Branch Annual General Meetings

Strengthening Branch Governance

Good governance begins at the Branch level, where members actively participate in shaping the direction of the Association. The Branches across the country successfully conducted their Annual General Meetings in accordance with the MMA Constitution.

The meetings provided members with the opportunity to review Branch activities, deliberate on matters affecting the profession, and elect office bearers where applicable. Several Branches also adopted hybrid meeting formats to encourage greater participation and accessibility.

- MMA Negeri Sembilan Branch AGM, 5 June 2026, 06.00 PM, Physical
- MMA Penang Branch AGM, 7 June 2026, 09.00 AM, Hybrid
- MMA Pahang Branch AGM, 20 June 2026, 02.30 PM, Hybrid
- MMA Kedah Branch AGM, 18 June 2026, 7.30 PM, Hybrid
- MMA Perak Branch AGM, 21 June 2026, 5.30 PM, Physical
- MMA Terengganu Branch AGM, 25 June 2026, 8.00 PM, Hybrid
- MMA Johor Branch AGM, 27 June 2026, 04.00 PM, Physical
- MMA Wilayah Persekutuan Branch AGM, 27 June 2026, 06.00 PM, Physical
- MMA Melaka Branch AGM, 28 June 2026, 09.00 AM, Hybrid
- MMA Sarawak Branch AGM, 28 June 2026, 04.00 PM, Hybrid
- MMA Selangor Branch AGM, 28 June 2026, 10.30 AM, Physical
- MMA Kelantan Branch AGM, 4 July 2026, 10.00 AM, Hybrid
- MMA Sabah Branch AGM, 4 July 2026, 06.00 PM, Hybrid
- MMA Perlis Branch AGM, 7 July 2026, 01.00 PM, Hybrid

My deepest appreciation goes to all Branch office bearers, organising committees, and members for their continued commitment to strong Branch governance and the advancement of the Association.

Governance & Constitutional Reforms

Strengthening Governance for a Modern and Future-Ready Association

The 65th Malaysian Medical Association (MMA) Annual General Meeting marked another important milestone in strengthening the Association's governance and operational framework.

By the Numbers

24

Proposed Constitutional Amendments Presented to the House

8

Adopted

12

Withdrawn

2

Defeated

Key Constitutional Amendments Adopted

Overseas Membership

Annual subscription reduced from RM500 to RM250.

Student Membership

Subscription revised to RM20 as a one-off fee until one year after graduation or House Officer appointment.

Branch Membership Changes

Notification deadline extended from 28 February to 31 May.

Branch Financial Governance

Financial management provisions strengthened to enhance accountability and governance.

AGM Resolutions

2

Ordinary Resolutions adopted by the House aimed at modernising the Association's governance processes and strengthening its public engagement.

Resolution 1

DIGITAL NOMINATION SYSTEM

Preamble:

The Malaysian Medical Association (MMA) has successfully digitized multiple operational processes including:

- Online elections for National Office Bearers
- SCHOMOS and PPSMMA representative elections
- Branch Office Bearers elections
- Membership management and many more

However, the nomination process remains paper-based, resulting in:

- Recurrent administrative errors (names, NRIC numbers)
- Processing delays
- Verification challenges

Constitutional Framework

This proposal operates under: Clause 7(7): Election Committee

The Council shall, at its first meeting appoint an Elections Committee of five (5) members.... for the purpose of conducting elections and to look into complaints regarding nominations, manifestos and election of Principal Office Bearers and to make the necessary recommendations to the Council.....

The Election Committee will be autonomous and be responsible for preparing the terms of reference for conduct of the elections.

Clause 7(9): Nomination

"Nomination for President-Elect...shall be on one prescribed form which must bear the consent of the candidate concerned..."

Proposed Digital Transition:

The current paper-based "Prescribed form" requirement under Clause 7(9) shall be interpreted to include:

- Digitally authenticated nomination forms
- Electronic consent mechanisms
- Secure submission portals while maintaining all existing constitutional requirements.

Resolution:

This House hereby resolves:

1. To mandate the Election Committee to:
 - (a) Develop a digital nomination system preserving all constitutional requirements
 - (b) Establish verification protocols for:
 - Candidate identity
 - Consent authentication
 - Submission integrity
 - (c) Create corresponding amendments to Election Guidelines
2. To authorize operational changes allowing:
 - (a) Digital forms as "Prescribed forms" under Clause 7(9)
 - (b) Electronic signatures as valid consent
 - (c) Online submission as formal nomination
3. To require the Committee to:
 - (a) Present system specifications to Council for their information
 - (b) Conduct pilot testing before full implementation
 - (c) Provide member training and support

Safeguards:

- All digital processes will maintain:
- (a) Equal accessibility for all members
 - (b) Audit trails for verification
 - (c) Data security standards
 - (d) Dispute resolution mechanisms

Progress Update:

The Digital Nomination System has been successfully developed and implemented. The system has been used for the first time during the 2026 nomination process, providing a more efficient, secure and streamlined approach while maintaining all constitutional requirements.

Resolution 2

ENHANCING THE IMAGE, VISIBILITY, AND STRATEGIC COMMUNICATION CAPACITY OF THE MALAYSIAN MEDICAL ASSOCIATION (MMA) THROUGH ENGAGEMENT OF A PROFESSIONAL PUBLIC RELATIONS AGENCY

WHEREAS the Malaysian Medical Association (MMA) is the national representative body for registered medical practitioners in Malaysia and plays a critical role in advocating for the medical profession and public health;

AND WHEREAS in an era of rapidly evolving media landscapes, increased public scrutiny, and misinformation, it is essential for MMA to maintain a strong, credible, and professional public image;

AND WHEREAS a proactive, coordinated, and professionally managed public relations (PR) strategy is necessary to ensure MMA remains visible, trusted, and responsive to both emerging health issues and public discourse;

AND WHEREAS the engagement of a reputable PR agency would enable MMA to strengthen its strategic communication capacity, engage proactively with the public, media, and stakeholders, and manage reputational risks or crises effectively and professionally;

BE IT RESOLVED THAT:

The 65th Annual General Meeting of the Malaysian Medical Association authorises the MMA Council to explore the engagement of a professional PR agency to enhance MMA's public image, visibility, and strategic communication capabilities;

AND THAT the MMA Council shall:

1. Conduct a needs and readiness assessment of MMA's current communication infrastructure and capacity;
2. Benchmark best practices from other national and international professional organisations with effective PR strategies;
3. Identify and evaluate qualified PR agencies with experience in healthcare, professional associations, and crisis management;
4. Ensure that the PR agency's scope of work includes:
 - Enhancing the visibility and public trust in MMA as a professional body;
 - Supporting proactive media engagement and public education efforts;
 - Managing communications during public health crises or reputational risks;
 - Building long-term strategic narratives that reflect MMA's values and leadership role;
5. Present a detailed feasibility report, including proposed scope, budget, and timeline, to the MMA Council for deliberation and approval before any engagement proceeds.

Supporting Statement:

This resolution reflects MMA's commitment to strengthening its role as a credible and authoritative voice for the medical profession. A professional PR agency will help ensure that MMA is not only reactive to public discourse and crisis situations but is also strategically positioned to lead conversations on health and medical professionalism in Malaysia.

Progress Update:

MMA has initiated discussions with several professional public relations agencies. These agencies have been invited to submit detailed proposals and demonstrate their capabilities for evaluation by the Association. The Council is currently reviewing the submissions, and no appointment has been made at this stage.

House Management & Organisational Excellence

Building a Stronger MMA

A New Chapter for MMA House

The renovation and refurbishment of the MMA Building reached a significant milestone during the reporting period, marking the successful completion of a major project to modernise the Association's headquarters while ensuring minimal disruption to its operations.

Following the award of the renovation contract to GSiB Sdn. Bhd. in October 2025, the project progressed steadily under the close supervision of the MMA Building Committee, with invaluable assistance from Dr. Koh Kar Chai (Past President and Project Manager). Regular site meetings were conducted with the consultants and contractor to monitor progress, resolve technical and operational matters, and ensure that the project remained on schedule.

To facilitate the renovation works, the MMA Secretariat temporarily relocated its operations within the building. As the project progressed, the ground floor refurbishment was completed, allowing tenants to return to their upgraded premises, followed by the Secretariat's return to its renovated offices on the fourth floor. Throughout the renovation period, the Secretariat continued to operate efficiently, ensuring uninterrupted services to members.

Works on the second and third floors continued as planned, with the project entering its final phase by the end of June 2026. By this stage, the majority of the structural, mechanical and electrical works had been completed, with the remaining activities focused on architectural finishes, testing and commissioning of building systems, rectification of defects, final cleaning, landscaping, and preparations for handover.

The contractor formally notified MMA that the building was ready for handover on 4 July 2026. During an onsite coordination meeting held on 2 July 2026, the consultants, contractor and MMA representatives agreed that it would be in the Association's best interest for the Certificate of Practical Completion (CPC) to be issued with conditions, subject to the identification, documentation and rectification of all outstanding defects and incomplete works. This approach avoided unnecessary delays and additional financial implications while ensuring that all remaining items would be addressed during the Defects Liability Period.

"Our headquarters is more than a building—it is the home of the Malaysian Medical Association and a symbol of our commitment to serving generations of doctors."

A joint inspection was subsequently carried out on 6 July 2026 involving the contractor, project consultants and Dr. Koh Kar Chai, representing MMA as Project Manager. The inspection verified the outstanding defects and incomplete works, following which the contractor was required to submit a comprehensive defects list together with a schedule of incomplete items for MMA's review and rectification during the Defects Liability Period.

As of the date of this report, the renovation works have been substantially completed. The MMA Secretariat has fully resumed operations from its renovated offices on the fourth floor, while all ground floor tenants have successfully returned to their refurbished premises. The upgraded building now provides a modern, functional and welcoming environment for members, staff and visitors, reflecting MMA's continued commitment to organisational excellence and service to the profession.

To commemorate this important milestone, the Official Opening Ceremony of the renovated MMA Building has been scheduled for **7 August 2026** and will be officiated by the Honourable Minister of Health, **YB Datuk Seri Dr. Haji Dzulkefly Ahmad**. The ceremony will bring together MMA Past Presidents, former Ministers of Health, former Secretaries-General of the Ministry of Health, former Directors-General of Health Malaysia, and other distinguished guests to celebrate the reopening of the Association's headquarters and reaffirm MMA's commitment to serving the medical profession for generations to come.



The final photograph of the original MMA Building before its comprehensive renovation—a familiar home that has witnessed decades of leadership, fellowship, advocacy, and service to the medical profession. As the Association begins a new chapter, this image preserves the legacy of the building that served generations of MMA members.

MMA Secretariat

MMA Secretariat Team Building Programme

From 22 to 25 January 2026, 19 members of the MMA Secretariat participated in a team-building programme in Ho Chi Minh City, Vietnam. More than a recreational trip, the programme was designed to strengthen teamwork, foster camaraderie, and enhance coordination among staff who work diligently behind the scenes to support the Association's daily operations.

Although no formal classroom-based sessions were conducted, the programme incorporated team-building elements through shared responsibilities, collaborative problem-solving, effective communication, and practical coordination in a real-world setting. These experiences encouraged stronger interpersonal relationships, enhanced cross-unit collaboration, and reinforced a culture of mutual support within the Secretariat.

The programme contributed positively to staff morale, strengthened teamwork, and renewed motivation, with these benefits continuing to enhance the Secretariat's effectiveness in supporting the Association's growing activities and initiatives.



The MMA Secretariat team, united in work and fellowship, during the Team Building Programme in Ho Chi Minh City, Vietnam.

Staff Movement & Recruitment

Over the course of the year, the MMA Secretariat witnessed several staff transitions, with some members moving on to new chapters and new faces joining the team. While change is never easy, we are grateful for the contributions of those who have departed and wish them every success in their future endeavours.

We warmly welcome our new team members, whose fresh energy and enthusiasm have invigorated the Secretariat. Their arrival has been met with great optimism, and we look forward to their continued growth within the Association.

Above all, I wish to extend my deepest appreciation to the existing staff who have remained steadfast in their roles. Through every challenge and change, they have demonstrated remarkable resilience, professionalism, and unwavering commitment. Their dedication is the bedrock upon which the Association's operations stand, and their efforts continue to drive the MMA forward. To each of them, I say this: your hard work and loyalty are deeply valued, and the Association is stronger because of you.

"Every achievement recorded in these pages reflects the collective efforts of our members, volunteers, Council, Exco, and Secretariat. Together, we continue building a stronger Malaysian Medical Association."

Honorary General Secretary's **CLOSING REMARKS**

As I conclude this Annual Report for 2025/2026, I reflect with deep appreciation on another year of remarkable progress and steadfast commitment by the Malaysian Medical Association. This past year has been one of continued transformation, marked by significant achievements in strengthening our governance, enhancing our headquarters, embracing digitalisation, and advancing initiatives that reinforce MMA's role as the leading voice of the medical profession in Malaysia.

My heartfelt appreciation goes to the President, Exco, Council Members, Branches, Sections, Committees, Societies, and our many collaborators and stakeholders for their unwavering support, dedication, and invaluable contributions throughout the year. Credit must also be given to the MMA Secretariat staff, whose professionalism, resilience, and tireless efforts, particularly during the renovation of the MMA Building and the implementation of various organisational initiatives, have ensured the smooth and effective operation of the Association.

“The story of MMA continues to be written by its members, and I am honoured to be part of that journey”.

The many achievements and milestones accomplished over the past year are a testament to what can be achieved through teamwork, sound governance, and a shared commitment to continuous improvement. From strengthening the Association's governance and operational capabilities to advancing initiatives that benefit our members and the profession, these accomplishments reflect MMA's unwavering dedication to excellence and its readiness to embrace future opportunities and challenges.

As we look ahead, I am confident that the Malaysian Medical Association will continue to grow from strength to strength. Guided by our shared values, united in purpose, and supported by the dedication of our members, we will continue to champion the interests of the medical profession, advocate for a stronger healthcare system, and uphold the highest standards of professionalism and patient care.

It remains a privilege to serve the Association as Honorary General Secretary, and I look forward to working alongside all of you in the year ahead as we continue building a stronger, more progressive, and future-ready Malaysian Medical Association.



A Memorable Moment in Penang -- A group photograph of the MMA Exco and delegates at the conclusion of the 65th Malaysian Medical Association Annual General Meeting, held in Penang in September 2025. This moment captures the unity, camaraderie, and shared commitment of our members in advancing the medical profession and strengthening the Association. We look forward to welcoming everyone to the **66th MMA Annual General Meeting in Perak!**

With sincere appreciation,
Dr. Vasu Pillai A/L Letchumanan
Honorary General Secretary
Malaysian Medical Association
17th July 2026

General Information

EXECUTIVE COMMITTEE

PRESIDENT

Datuk Dr. Thirunavukarasu Rajoo

IMMEDIATE PAST PRESIDENT

Dato' Dr. Kalwinder Singh Khaira

PRESIDENT-ELECT

Dr. Sivanaesan Letchumanan

HONORARY GENERAL SECRETARY

Dr. Vasu Pillai Letchumanan

HONORARY GENERAL TREASURER

Dr. Arvindran Alaga

HONORARY DEPUTY SECRETARIES

Dr. S. Selvarajah A/L Sathaya

Dato' Dr. Parmjit Singh Kuldip Singh

MEMBERS

Dr. Eratha Krishnan A/L Gobinadan

Dr. Timothy Cheng Tsin Jien

REGISTERED OFFICE

4th Floor MMA House
No. 124 Jalan Pahang
53000 Kuala Lumpur

BANKERS

1. Alliance Bank Bhd
2. CIMB Bank Bhd
3. United Overseas Bank (Malaysia) Bhd
4. Bank Islam Malaysia Bhd

AUDITOR

A. Razak & Co PLT
(LLP0042238-LCA & AF:
0842)
Chartered Accountants

TAX AGENT

RTR Tax Services Sdn Bhd
(891129-P)
Chartered Accountants

REPORT OF THE HONORARY GENERAL TREASURER



**DR. ARVINDRAN
A/L ALAGA**
Honorary General Treasurer

INTRODUCTION

It is my privilege to present the Honorary General Treasurer's Report for the Council Year 2025/2026. This report highlights the financial performance of the Malaysian Medical Association (MMA) for the financial year ending 31 December 2025, together with the key financial initiatives undertaken during the Council term.

The past year continued to demonstrate MMA's commitment towards prudent financial management, transparency, and long-term sustainability. Despite increasing operational costs and major capital commitments, the Association remained financially resilient while continuing to invest in member services, branch development, leadership training, and infrastructure improvements.

**Financial Year Ending
31st December 2025**

**Council Year
2025/2026**

MMA Financial Highlights 2025

The Association continues to maintain a strong financial position. According to the audited financial statements:

RM 24.52 million
Total Assets

↑ Increased from RM 21.67 million in 2024

MMA's total assets **increased by RM2.85 million compared to 2024**, reflecting continued growth and prudent financial stewardship. The Internal Auditors commended the Association for maintaining a healthy financial position and a consistent net surplus over expenditure.

RM 10.08 million
Total Income Generated

Total income **increased to RM10.08 million**, driven primarily by insurance commissions, CPD programmes, membership subscriptions and educational activities. Despite a temporary reduction in rental income during the headquarters renovation, the Association continued to achieve a positive financial outcome through diversified revenue streams.

RM 1.65 million
Net Surplus Achieved

Although operational expenditure increased due to enhanced member benefits, grants, training initiatives and ongoing infrastructure projects, MMA recorded a **net surplus of RM1.65 million**.

INVESTMENTS & FINANCIAL SUSTAINABILITY

The Council continued its strategy of diversifying MMA's revenue through prudent investments and educational activities.

Investment Milestones

Kenanga Fund

The Kenanga Fund was successfully redeemed during the year, generating a realised profit of approximately:

RM27,829

Bradbury Fund

The fund continues to perform favourably, with satisfactory returns, and its investment tenure has been extended until August 2026 as part of our long-term investment strategy.

Educational activities, including the MMA Congress, CPD programmes and professional development initiatives, continued to provide sustainable sources of income while supporting the Association's educational mission.

GOVERNANCE & FINANCIAL BEST PRACTICES

Financial governance remained a key priority throughout the year.

Several governance initiatives and financial best practices were introduced or strengthened, including:

- Enhanced financial guidelines and Standard Operating Procedures including mandatory appointment of external auditor by state branches
- Improved budgeting and expenditure monitoring across committees and sections.
- Standardisation of mileage claims using the best travel route to ensure consistency, fairness and prudent utilisation of Association funds.
- SOPs for audit submissions, annual budget utilisation and financial reporting.
- E-invoicing implementation and financial compliance initiatives.

These initiatives were acknowledged positively by the Internal Auditors, who noted that most recommendations from previous audits had been successfully implemented and recognised the continued emphasis on governance and financial accountability.

BUILDING FOR THE FUTURE

MMA Headquarters Renovation Project

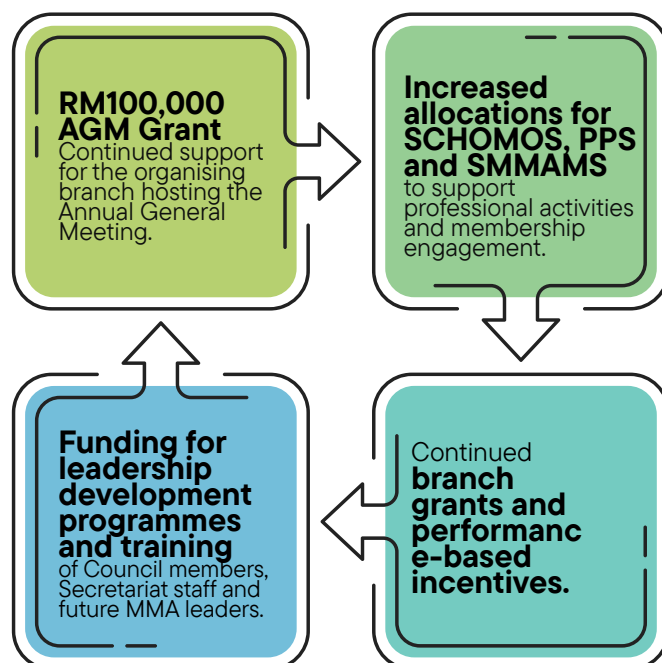
One of the most significant milestones of the year was the commencement of the **MMA Headquarters Renovation Project**.

A Tender Committee was established to ensure a transparent and competitive procurement process. I had the privilege of chairing this committee to ensure sound governance, value for money and accountability throughout the project.

Renovation works have progressed according to schedule, and we anticipate the official reopening and inauguration of the renovated headquarters in **August 2026**. This redevelopment represents an important investment towards providing a modern, efficient and sustainable headquarters for future generations of MMA members. The Internal Auditors also acknowledged the significant progress made in this major infrastructure project.

SUPPORTING MEMBERS & BRANCHES

The Association continued to invest directly in members and branches through various financial initiatives. These included:



These investments reflect the Council's belief that financial strength should translate into meaningful benefits for members and sustainable organisational growth.

Looking Ahead

The Internal Auditors recommended expanding the existing Investment Committee into a broader Finance Management Committee to further strengthen strategic financial planning, investment oversight and budget governance. Finance team welcomes this recommendation and looks forward to implementing it in the coming term as part of our continuous quality improvement efforts.

As we move forward, our priorities remain clear:

1

Continue strengthening MMA's financial sustainability.

2

Diversify income through strategic investments and educational activities.

3

Maintain prudent financial governance and transparency.

4

Support branches, sections and member welfare.

5

Ensure responsible stewardship of the Association's resources while investing in projects that will benefit members for years to come.

Appreciation

I would like to record my sincere appreciation to the President, HGS, EXCO, Council Members, Internal and External Auditors, the MMA Finance and Secretariat teams, Branches, Sections and all members for their unwavering support throughout the year.

Our achievements are the result of collective leadership, prudent financial stewardship and a shared commitment to strengthening the Malaysian Medical Association.

Together, we will continue building an MMA that is financially resilient, well-governed and prepared to meet the challenges and opportunities of the future.

Dr. Arvindran Alaga
Honorary General Treasurer
Malaysian Medical Association
17th July 2026

COMMITTEE REPORTS > ASH COMMITTEE

ACTION ON SMOKING AND HEALTH (ASH) COMMITTEE

ASSOC PROF DR MURALLITHARAN MUNISAMY (CHAIRMAN)

PROF DATUK DR LEKHRAJ RAMPAL S/O GYANCHAND RAMPAL (ADVISOR)

DR SANJAY RAMPAL A/L LEKHRAJ RAMPAL

DR PUNITHAVATHY SHANMUGANATHAN

DR JESHUA NAVARAJ A/L PON DOSS BALA KUMAR

DR FARID WONG BIN FITRI WONG WUI SAN

DR KENNY ARUL ERNEST NAYSADORAI

MMA SECRETARIAT: MS FATIAH

ACTIVITIES FOR THE YEAR:

COMMITTEE MEETINGS:

As of March 2025, the committee has conducted only one virtual meeting, which took place on December 29, 2025.

THE NEXT ACTIVITIES:

COMMUNITY TOBACCO CONTROL WORKSHOPS:

A training workshop is conducted to promote public health and tobacco control advocacy within communities. These “Train-the-Trainer” programs are held in every state, targeting both the general public and healthcare professionals. The one-day program typically accommodates 150–200 participants and is held over a weekend. Saturday sessions are open to the public, while Sunday sessions are dedicated to healthcare professionals. The program aims to equip participants with the knowledge and skills to promote and improve tobacco control efforts at the community level.

MEDIA AND PUBLIC ENGAGEMENT:

Initiatives to increase committee and member visibility through interviews, articles, and public education campaigns on tobacco control.

NATIONAL TOBACCO CONTROL CONFERENCE (NTC):

An annual three-day event focused entirely on tobacco control. The conference is designed to be accessible to all participants who wish to learn about tobacco control, providing practical knowledge that can be applied in their work or community. Committee members from MMA ASH are expected to co-lead the conference and serve in organizational roles, including organizing track sessions, become speakers and manage that conference as well.

WORLD NO TOBACCO DAY CELEBRATION:

This event is often organized in conjunction with the National Tobacco Control Conference to optimize resources. It features activities raising public awareness about tobacco control and highlights individual and organizational achievements through initiatives like the Tobacco Control Icon Award. Committee members are invited to serve on the judging panel, lead the event, and submit nominations for consideration.

SMOKING CESSATION MODULE:

The committee members will collaborate to develop and implement the smoking cessation module, ensuring it is structured and practical for training doctors effectively in smoking cessation practices.

NATIONAL POSTER/ART COMPETITION:

The Chairman informed that in 2023, the committee won a Malaysia Book of Records with over 21,000 participants. This awareness program reached schools nationwide, with students participating and contributing ideas and efforts toward tobacco control.

COMMITTEE REPORTS > ADOLESCENT HEALTH COMMITTEE

ADOLESCENT HEALTH COMMITTEE

DR ANU SURIA A/P GANASON (CHAIRPERSON)

DR SELVA KUMAR A/L SIVAPUNNIAM

DR MOHAMAD HAFIZ BIN HARUN

DR SHARIFAH NAJWA BINTI SYED MOHAMAD

DR CHUAH KHENG HUI

DR ROOPA VAUSU DEV VARMA

DR TRISHANT KAUR SANDHU A/P GURDASS SINGH

MMA SECRETARIAT: MS MUTHULETCHUMI

1. INTRODUCTION

The MMA Adolescent Health Committee 2025/2026 was constituted with the mandate to advance adolescent health education, clinical awareness, and public outreach across Malaysia. This end of term report summarises the committee's activities, achievements, and planned programmes from January to August 2026, as reviewed and deliberated across three committee meetings.

2. COMMITTEE MEETINGS

Three committee meetings were held during the reporting period. The first two were conducted online and the third was held face-to-face at MMA House, Kuala Lumpur.

2.1 1st Committee Meeting — 10 January 2026 (Online)

The opening meeting of the 2025/2026 term was held online with the full committee in attendance. Three main areas were covered:

Financial Status — The 2024/2025 financial report was reviewed and accepted (income: RM 2,850; expenditure: RM 8,226), and a budget of RM 24,000 was proposed for the new term.

Past Achievements — Three key activities from 2024/2025 were highlighted: the Specialty Insights Forum (88 participants, AIMST University), the 'Minds Matter' Mental Health Programme (905 students, SMK Jalan Reko), and the 6th National Seminar on Adolescent Medicine (90 participants, 8 CPD points, AIMST University).

Plans & Actions for 2025/2026 — The Wednesday Evening Webinar Series and 7th National Seminar on Adolescent Medicine were confirmed. Committee roles were discussed, and all members were tasked with submitting their CVs and photographs to support planning and documentation.



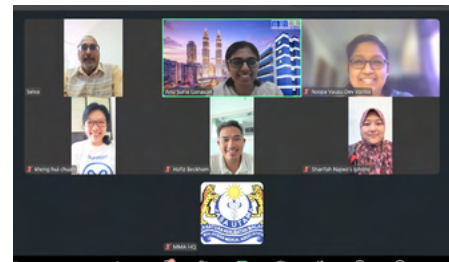
No.	Name	Apr...	Fe...	Jan ...
1	Dr Anu Suria Ganason	✓	✓	✓
2	Dr Selva Kumar Sivapunniam	✓	✓	✓
3	Dr Mohamad Hafiz bin Harun	✓	✓	✓
4	Dr Chuah Keng Hui	✓	✓	✓
5	Dr Sharifah Najwa binti Syed Mohamad	X	✓	✓
6	Dr Roopa Vausu Dev Varma	✓	✓	✓
7	Dr Trishant Kaur Sandhu	X	X	✓
8	Miss Muthu (MMA Secretariat)	✓	✓	✓

COMMITTEE REPORTS > ADOLESCENT HEALTH COMMITTEE

2.2 2nd Committee Meeting – 28 February 2026 (Online)

Chaired by **Dr Anu Suria Ganason**, with **Dr Trishant Kaur Sandhu** absent with apologies.

- Administrative — Minutes of the 1st meeting were confirmed (proposed by Dr Mohamad Hafiz bin Harun; seconded by Dr Selva Kumar Sivapunniam).
- Event Planning Updates — A comprehensive review of all planned 2025/2026 term activities was conducted.
- 7th National Seminar on Adolescent Medicine (7th NSAM) — Discussion centred on scientific programme finalisation, organising committee role assignments, venue logistics, and speaker management.
- Upcoming Activities Noted — World Mental Health Day (October 2026) was discussed and deferred to post-NSAM. A school health talk in Negeri Sembilan was noted; details to be confirmed.



1st Committee Meeting – 10 January 2026 (Online)



3rd Face to Face Meeting

2.3 3rd Committee Meeting – 25 April 2026 (Face-to-Face, MMA House, KL)

Held face-to-face at MMA House, Kuala Lumpur, chaired by **Dr Anu Suria Ganason**, coinciding with the School Refusal Public Forum (Webinar 3). **Dr Sharifah Najwa binti Syed Mohamad** was absent with apologies; **Dr Trishant Kaur Sandhu** was absent without reason.

- Administrative — Minutes of the 2nd meeting were confirmed (proposed by Prof Dr Selva Kumar Sivapunniam; seconded by Dr Mohamad Hafiz bin Harun).
- Completed Events Update — Webinar 1: Adolescent Mental Health (210 participants); Webinar 2: Teen Safety (158 participants); EXPLORACE 2026 School Talk (122 students); Public Forum on School Refusal / Webinar 3 (81 participants).
- 7th NSAM (9 May 2026) — Final preparations and role assignments were discussed and confirmed.
- Upcoming Activities — Healthy Minds, Bright Futures school health talk, Negeri Sembilan (30 April 2026); Webinar 4 on Adolescent Menstruation (25 July 2026).
- Future Planning — The 8th NSAM (2027) was noted, proposed to be held in Kelantan under Dr Mohamad Hafiz bin Harun.

3. SUMMARY OF ACTIVITIES – TERM 2025/2026

The following table provides a consolidated overview of all activities for the 2025/2026 term:

No.	Date	Activity	Key Details	Status
1	Jan 10, 2026	1st Committee Meeting (Online)	Programme planning; budget review and approval (RM 24,000); webinar series and 7th NSAM planning confirmed	Completed
2	Feb 28, 2026	2nd Committee Meeting (Online)	Minutes confirmed; event planning updates; 7th NSAM detailed planning; World Mental Health Day noted	Completed
3	Mar 5, 2026	Meeting in HTPN Kajang	Field visit and meeting with HTPN Team on preparation for 7th NSAM in HTPN	Completed
4	Mar 18, 2026	Webinar 1: Adolescent Mental Health	Speaker: Dr Ravi Varma Moderator: Dr Selva Kumar Sivapunniam Format: Wednesday Evening, 8:00–9:30 PM	Completed — 210 participants

COMMITTEE REPORTS > ADOLESCENT HEALTH COMMITTEE

No.	Date	Activity	Key Details	Status
5	Apr 6, 2026	EXPLORACE 2026: Sexual & Reproductive Health (SMK Taman Tasik, Ampang)	6 sub-topics: Pornography awareness, High-risk behaviour, Safe touch & personal safety, Teenage pregnancy, Gender & puberty, HIV & STDs Speakers: Dr Hafiz, Dr Anu, Dr Sharifah Najwa, Dr Chuah, Dr Muazah, Dr Nik (Ext.)	Completed — 122 students
6	Apr 15, 2026	Webinar 2: Teen Safety	5 domains: Sexual, Street, School, Psychological & Online safety Speakers: Dr Hafiz, Dr Selva, Dr Anu, Dr Chuah, Ms Yeap Yen Ying (WCC) Moderator: Dr Chuah Keng Hui	Completed — 158 participants
7	Apr 25, 2026	Webinar 3 / Public Forum: School Refusal — 'Tak Nak Pergi Sekolah Bukan Malas' (MMA House, KL)	Online public forum for school counsellors & healthcare professionals Speakers: Dr Chuah Keng Hui, Dr Wong Yim Chan, Cikgu Sharinah	Completed — 81 participants
8	Apr 25, 2026	3rd Committee Meeting (Face-to-Face, MMA House, KL)	Minutes confirmed; completed events reviewed; final 7th NSAM preparations; upcoming activities confirmed	Completed
9	Apr 30, 2026	Healthy Minds, Bright Future — School Outreach (Seremban, Negeri Sembilan)	Two parallel sessions: 70 primary (Std 4–6) & 80 secondary (Form 1–5) students Topics: Mental health, gaming addiction, anti-bullying Pre/post-test; clinical psychology screening by USIM Collaboration: MMA Negeri Sembilan & USIM	Completed — 150 students
10	May 9, 2026	7th National Seminar on Adolescent Medicine (HTPN, Kajang)	Theme: Heart, Lungs & Metabolism — Holistic Care for Adolescents Time: 7:30 AM – 4:30 PM Co-organiser: Dept of Paediatrics, HTPN	Completed — 97 participants
11	Jul 25, 2026	Webinar 4: Adolescent Menstruation — Myths & Facts	Topics: Amenorrhoea, menorrhagia, PCOS, endometriosis Speakers: Dr Sharifah Najwa, Dr Hafiz, Dr Sharifah Halimah (O&G) Moderator: Dr Sharifah Najwa	Planned
12	Aug 8, 2026	4th Committee Meeting	End of term review and handover planning	Planned

COMMITTEE REPORTS > ADOLESCENT HEALTH COMMITTEE



Online Webinars 2025-2026

4. WEDNESDAY EVENING WEBINAR SERIES

The Wednesday Evening Webinar Series (8:00 PM – 9:30 PM) was established to provide accessible continuing professional development for healthcare professionals on key adolescent health topics. A total of four webinars are planned for the 2025/2026 term.

4.1 Webinar 1: Adolescent Mental Health – Completed

Date: 18 March 2026 | **Participants:** 210 | **Speaker:** Dr Ravi Varma | **Moderator:** Dr Selva Kumar Sivapunniam

This webinar addressed mental health disorders among adolescents, providing practical guidance for healthcare providers. Mental health disorders affect one in seven adolescents globally, and early identification during this critical developmental period significantly improves long-term outcomes. The webinar attracted strong participation of 210 attendees.

4.2 Webinar 2: Teen Safety – Completed

Date: 15 April 2026 | **Participants:** 158 | **Moderator:** Dr Chuah Keng Hui

This webinar addressed the increasingly complex environments navigated by today's adolescents through a comprehensive five-domain safety framework:

- Sexual safety
- Safety on the street
- Safety in school
- Signs of psychological distress
- Online safety

Speakers: Dr Mohamad Hafiz bin Harun, Dr Anu Suria Ganason, Dr Selva Kumar Sivapunniam, Dr Chuah Keng Hui, and Ms Yeap Yen Ying (Women's Centre for Change, WCC). The webinar was completed with 158 participants.

4.3 Webinar 3 / Public Forum: School Refusal – 'Tak Nak Pergi Sekolah Bukan Malas' – Completed

Date: 25 April 2026 | **Participants:** 81 | **Lead:** Dr Chuah Keng Hui

This online public forum, held at MMA House, Kuala Lumpur, was targeted at school counsellors and healthcare professionals. School refusal affects 5–10% of students and is often linked to underlying anxiety disorders, depression, learning difficulties, or bullying. Key speakers included Dr Chuah Keng Hui, Dr Wong Yim Chan, and Cikgu Sharinah. The forum was completed with 81 participants.

COMMITTEE REPORTS > ADOLESCENT HEALTH COMMITTEE

4.4 Webinar 4: Adolescent Menstruation — Myths & Facts — Planned

Date: 25 July 2026 | **Moderator:** Dr Sharifah Najwa binti Syed Mohamad

This webinar will address menstrual health literacy among adolescents — a topic where misconceptions frequently delay diagnosis of conditions such as PCOS and endometriosis. Topics include amenorrhoea, menorrhagia, and other common menstrual disorders. Speakers include Dr Sharifah Najwa binti Syed Mohamad (primary care), Dr Mohamad Hafiz bin Harun (public health), and Dr Sharifah Halimah (O&G).

5. OUTREACH & EDUCATIONAL PROGRAMMES

5.1 EXPLORACE 2026 — Empowering Adolescents with Knowledge on Sexual and Reproductive Health

Date: 6 April 2026 | **Venue:** MRSM Tumpat |

Time: 8:00 AM – 1:00 PM

Coordinator: Dr Mohamad Hafiz bin Harun |

Target: Form 2 students | **Outcome:**

Completed with 122 students

Collaboration: PKD Tumpat, MMA Kelantan, USM. MRSM Tumpat

The programme covered six sub-topics delivered by committee members and external speakers.

No	Sub-Topic	Speaker
1	Pornography & Awareness	Dr Mohamad Hafiz bin Harun
2	High-Risk Behaviour	Dr Anu Suria Ganason
3	Safe Touch & Personal Safety	Dr Sharifah Najwa binti Syed Mohamad
4	Teenage Pregnancy	Dr Chuah Keng Hui
5	Gender & Puberty	Dr Muazah (External)
6	HIV & STDs	Dr Nik (External)

Programme objectives included increasing students' understanding of puberty, reproductive health and hygiene, STI awareness and prevention, values-based decision-making, and promoting adolescent-friendly health services.



Moments captured during the EXPLORACE MRSM Tumpat.

COMMITTEE REPORTS > ADOLESCENT HEALTH COMMITTEE

5.2 Public Forum / Webinar 3: School Refusal — 'Tak Nak Pergi Sekolah Bukan Malas'

Details covered under Section 4.3 above.

5.3 Healthy Minds, Bright Future — Adolescent Mental Health, Gaming Addiction & Anti-Bullying Awareness

Date: 30 April 2026 | **Venue:** SUMMIT 2 School, Seremban, Negeri Sembilan | **Lead:** Dr Anu Suria Ganason

Collaborating Organisations: MMA Negeri Sembilan, USIM Health Sdn Bhd, and Universiti Sains Islam Malaysia (USIM)

Organised against the backdrop of rising adolescent mental health concerns — globally, one in seven young people aged 10–19 experiences a mental health condition — the programme brought together physicians, clinical psychologists, and educators to address mental health, gaming addiction, and bullying.

Participants: 150 students across two parallel sessions:

- Session 1 — 70 primary school students (Standard 4–6)
- Session 2 — 80 secondary school students (Form 1–5)

Both sessions began with ice-breaking activities and a pre-test, with a post-test comparison used to measure educational impact.

Expert Talks

For primary school students:

- Dr Sharifah Najwa binti Syed Mohamad — Understanding mental health; coping strategies and resilience techniques
- Dr Anu Suria Ganason — Gaming addiction; distinguishing healthy play from compulsive behaviour

For secondary school students:

- Dr Nor Faizah binti Ghazali — Academic stress, social media pressure, mindfulness, and help-seeking
- Dr Adilah W Ab Rahim (Paediatrician, USIM) — Neurological impact of excessive screen time and strategies for healthier digital boundaries

Interactive Activities

- Anti-Bullying Awareness Activity — Students responded to social situation images using stickers, fostering empathy and discussion on the impact of bullying
- Little Minds, Big Dreams Board — Students wrote their aspirations on sticky notes on a shared dream board

Clinical Psychology Screening: Conducted by the Clinical Psychology Team from USIM Healthcare Sdn Bhd, with parental consent required. Students identified as needing further support were guided appropriately.

Closing: Prize Giving Ceremony for top scorers, with closing remarks by Dr Anu Suria Ganason and Dr Selva Ganapathi (Chairperson, MMA Negeri Sembilan), reaffirming the Association's commitment to grassroots health education.



Together with team behind the Healthy Mind Bright Future event in SUMMIT 2 Seremban

COMMITTEE REPORTS > ADOLESCENT HEALTH COMMITTEE**6. 7th NATIONAL SEMINAR ON ADOLESCENT MEDICINE (7th NSAM)****6.1 Event Overview**

The MMA Adolescent Health Committee, in collaboration with Hospital Tengku Permaisuri Norashikin (HTPN), Kajang, successfully hosted the 7th NSAM on 9 May 2026. The seminar was completed with 97 participants comprising specialists, medical officers, house officers, pharmacists, nurses, and students.

Prior to event filed visit and meeting on preparation for 7th NSAM was held with HTPN team on 5th March.

**7th NSAM — Scientific Programme**

Theme	Heart, Lungs & Metabolism — Holistic Care for Adolescents
Date	9 May 2026 (Saturday)
Time	7:30 AM – 4:30 PM
Venue	Dewan Akasia, Hospital Tengku Permaisuri Norashikin, Kajang
Co-organiser	Department of Paediatrics, HTPN
Participants	97

Meeting with Hospital Tengku Permaisuri Team for preparation on 7th NSAM.

6.2 Opening Ceremony

The seminar was officiated by Dr Hj. Muhd Siv Azhar Merican bin Abdullah, Director of HTPN, who underscored the pivotal role of adolescence as a determinant of lifelong health. The event was co-led by Dr Anu Suria Ganason (MMA AHC Chairperson & Family Medicine Specialist, USIM) and Dr Zuraidah (Head of Paediatrics, HTPN), who jointly highlighted the urgency of addressing cardiometabolic and respiratory conditions during the teenage years.

6.3 Scientific Programme Highlights

With adolescents comprising 15.6% of Malaysia's population — and approximately 1 in 4 Malaysian teenagers falling outside the healthy weight spectrum — the seminar's theme was both timely and clinically urgent. Key sessions included:

Speaker	Topic
Dr Anu Suria Ganason	Adolescent Screening — When, Where, Why & How
Dr Mohamad Hafiz bin Harun	Overview of Cardiometabolic & Respiratory Conditions in Teenagers
Dr Sharifah Najwa binti Syed Mohamad	HEEADSSS Psychosocial Assessment
Dr Anu Ratha Gopal (IJN)	Hypertension, CVS Risk & Congenital Cardiac Disease in Young Adults
Dr Thiagar Nadarajaw	Metabolic Disorders & Obesity in Adolescents
Dr Selva Kumar Sivapunniam / Dr Gan	Nephropathy in Obesity
Dr Chuah Keng Hui	Eating Disorders in Teenagers

COMMITTEE REPORTS > ADOLESCENT HEALTH COMMITTEE

Speaker	Topic
Dr Tan Yee Yan	Obstructive Sleep Apnoea (OSA)
Dr N Fafwati Faridatul Akmar	Asthma – Latest GINA & Malaysian CPG
Dr Nor Azwani binti Che Yusoff	Functional Pain Syndromes in Adolescents
Dr Roopa Vausu Dev Varma	Mood Disorders and Cardiometabolic Health in Adolescents
Pharmacist Jacqueline Tan (Hospital Selayang)	Improving Treatment Adherence in Adolescents
Dr Thiagar Nadarajaw	Transition Care for Adolescents with Chronic Conditions

6.4 Mental Health, Adherence & Transition Care

The afternoon sessions highlighted the psychosocial dimensions of adolescent chronic illness. Dr Nor Azwani binti Che Yusoff explored functional pain syndromes, while Dr Roopa Vausu Dev Varma examined the bidirectional relationship between mood disorders and cardiometabolic health — noting that 26.9% of Malaysian adolescents screen positive for depression.

Pharmacist Jacqueline Tan (Hospital Selayang) outlined practical strategies for improving treatment adherence, citing Malaysian-specific non-adherence rates of 35–53% across chronic diseases, and highlighted the MTAC programme and FRAMES counselling framework. The day concluded with Dr Thiagar Nadarajaw addressing transition care — the critical journey from paediatric to adult healthcare services.

6.5 Organising Committee

Role	Person In Charge
Head of Organising Committee	Dr Anu Suria Ganason
Floor Manager & Timekeeping	Dr Mohamad Hafiz bin Harun
Speakers Management & Closing Remarks	Dr Selva Kumar Sivapunniam
Treasury, Logistics & Souvenirs	Miss Muthu
Feedback & Evaluation	Dr Sharifah Najwa binti Syed Mohamad
Technical & IT Support	Dr Roopa Vausu Dev Varma / HTPN IT Unit
Hospitality, Hall Setup & Volunteers	Hospital Tengku Permaisuri Norashikin (HTPN)

Hospitality, hall setup, IT support, and volunteer coordination were graciously facilitated by the team at HTPN, whose on-ground support was instrumental in ensuring the smooth running of the event.

Closing remarks were delivered by Dr Selva Kumar Sivapunniam. The MMA Adolescent Health Committee extended its gratitude to the HTPN team, all distinguished speakers, and the 97 participants whose enthusiasm made the seminar a resounding success.

COMMITTEE REPORTS > ADOLESCENT HEALTH COMMITTEE



HIGHLIGHTS OF 7TH NSAM

7. FUTURE PLANS

The MMA Adolescent Health Committee looks ahead to the coming term with three key initiatives:

8th National Seminar on Adolescent Medicine (8th NSAM) — In early planning, proposed to be held in Kelantan under Dr Mohamad Hafiz bin Harun, with a tentative theme centred on Neurodevelopmental Conditions in Adolescents — covering ADHD, autism spectrum disorder, learning disabilities, and developmental delays.

School Outreach Programmes — The Committee plans to conduct 3 to 4 school outreach programmes across different states, building on the success of EXPLORACE 2026 and Healthy Minds, Bright Future, with continued focus on mental health, reproductive health, and healthy lifestyles delivered through interactive, age-appropriate formats.

Wednesday Evening Webinar Series (Continuation) — The webinar series will continue as an ongoing platform for continuing professional development, targeting clinicians, allied health professionals, and medical students nationwide through accessible online delivery.

COMMITTEE REPORTS > ADOLESCENT HEALTH COMMITTEE

8. CONCLUSION

The MMA Adolescent Health Committee 2025/2026 has demonstrated strong momentum throughout the term. All planned programmes have been successfully conducted, with three committee meetings , 1 Field visit convened and eight major events completed.

Event	Reach
Webinar 1: Adolescent Mental Health	210 participants
EXPLORACE 2026 School Health Talk	122 students
Webinar 2: Teen Safety	158 participants
Webinar 3 / Public Forum: School Refusal	81 participants
Healthy Minds, Bright Future School Outreach	150 students
7th National Seminar on Adolescent Medicine (7th NSAM)	97 participants

The final pending activities for the term are Webinar 4 on Adolescent Menstruation — Myths & Facts (25 July 2026), followed by the 4th Committee Meeting (8 August 2026).

The Committee remains committed to its mission of advancing adolescent health through education, outreach, and clinical capacity-building across Malaysia, and looks forward to concluding the term on a high note with solid foundations in place for the year ahead.

DR ANU SURIA GANASON
Chairperson

COMMITTEE REPORTS > AIDS/STI COMMITTEE

AIDS/STI COMMITTEE

DR SARAVANAN A/L A.SANTHIRARAJAN (CHAIRMAN)

DR GREGORY A/L JOSEPH XAVIER

DR THUM CHERN CHOONG

DR ARVINDER SINGH A/L HARBAKSH SINGH

DR THEYVEEKA SELVY A/P RAJOO @ BALUSAMY RADIA

MMA SECRETARIAT: MS MUTHULETCHUMY

1. DISCUSSIONS WITH COMMITTEE MEMBERS THROUGHOUT THE YEAR BY (WHATSAPP GROUP)

Regular discussions were conducted among committee members regarding upcoming programmes and initiatives. Key matters discussed included the planning of outreach programmes, physical seminars in collaboration with MMA branches, medical NGOs, and hospitals, as well as budget proposals submitted to MMA for committee activities.

2. WORLD AIDS DAY CELEBRATION AT PANTAI HOSPITAL IPOH, PERAK ON 13 DECEMBER 2025

The MMA AIDS/STI Committee, in collaboration with MMA Perak Branch, Malaysian AIDS Council (MAC), Malaysian AIDS Foundation (MAF), Kelab Inner Wheel Parklands, and Pantai Hospital Ipoh, successfully organised the World AIDS Day 2025 celebration under the theme **“HIV Isn’t Just a Statistic — It’s a Conversation We Must Sustain.”** The programme featured meaningful discussions, evidence-based knowledge sharing and engagement with support groups to strengthen public awareness and preventive education on HIV and STIs. The Committee extends its sincere appreciation to MAC, MAF, invited speakers, and collaborating partners for their valuable contributions. Appreciation is also extended to Pengasih and Persatuan Buddies for setting up educational booths during the event. The programme was attended by approximately 50 participants.

3. ONGOING - RESEARCH SURVEY PROJECT

The Committee is currently undertaking a research survey project aimed at gathering relevant data to support future HIV and STI prevention, education, and advocacy initiatives. The project remains ongoing.

4. MALAYSIAN AIDS COUNCIL (MAC) ANNUAL GENERAL MEETING ON 13 JUNE 2026

Dr Saravanan Chairman of the AIDS/Sti’s Committee, represented and participated in the Malaysian AIDS Council (MAC) Annual General Meeting.

UPCOMING EVENTS**PrEP 360 Educational Series**

- **PrEP 360:** Advancing HIV Prevention and Care in General Practice – 24 July 2026, Kuala Terengganu.
- **Borneo PrEP 360:** Strengthening HIV Prevention Efforts for General Practitioners – 25 July 2026, Bintulu, Sarawak.
- **Borneo PrEP 360:** Strengthening HIV Prevention Efforts for General Practitioners – 26 July 2026, Miri, Sarawak.

CONCLUSION

The MMA AIDS/STI Committee remains committed to advancing HIV and STI awareness, prevention, education and advocacy through strategic partnerships, professional development activities, community engagement programmes, and research initiatives. The Committee looks forward to expanding its outreach and strengthening collaborative efforts in the coming year to further improve public health outcomes and reduce the burden of HIV and STIs in Malaysia.

DR SARAVANAN A/L A.SANTHIRARAJAN

Chairman

COMMITTEE REPORTS > AI IN HEALTHCARE & DIGITAL HEALTH COMMITTEE

AI IN HEALTHCARE & DIGITAL HEALTH COMMITTEE

DR. JUNE LAU FEI WEN (CHAIRPERSON)

DR. SIVABALA SELVARATNAM

DR. ONG ENG-JOE

DR. AZIZAN BINTI ABDUL AZIZ

DR. GUNENTHIRA RAO A/L SUBBARAO

DR ALAN TEH KEE HEAN

MMA SECRETARIAT: MR LAW KIN AIK

Introduction

The AI in Healthcare & Digital Health Committee is currently serving its second term for 2025/2026. During this period, the Committee has focused on advancing meaningful dialogue, collaboration, and capacity-building around the responsible adoption of artificial intelligence in healthcare. Its key priority has been the organisation of a flagship international conference that brings together stakeholders across the healthcare ecosystem, including policymakers, clinicians, healthcare professionals, academics, technology partners, and industry leaders. Through this platform, the Committee aims to encourage practical, ethical, and leadership-focused discussions on AI-enabled healthcare transformation in Malaysia and beyond.

THE 1ST MMA INTERNATIONAL AI IN HEALTHCARE CONFERENCE ORGANISING COMMITTEE MEMBERS:

- Dr. June Lau Fei Wen (Chairperson)
- Dr. Sivabala Selvaratnam
- Dr. Ong Eng-Joe
- Dr. S. Gunenthira Rao
- Dr. Alan Teh Kee Hean
- Dr. Divagar A/L Varatha Raju
- Dr. Krishna Kumaran A/L A.Ramasamy
- Prof. Dr. Ramdas Senasi
- Assoc Prof Dr Ooi Hean

THE 1ST MMA INTERNATIONAL AI IN HEALTHCARE CONFERENCE

The cornerstone of this term's activities is the organisation of the Committee's flagship event, **"HEAL: Healthcare, Ethics, AI & Leadership"**. Positioned as the 1st MMA International AI in Healthcare Conference, the event aims to contextualise AI for Malaysia's healthcare landscape under the sub-theme "AI with a Human Touch".

The conference is designed to promote balanced discussion on innovation, governance, ethics, clinical implementation, patient safety, and leadership in the evolving digital health environment.

COMMITTEE REPORTS > AI IN HEALTHCARE & DIGITAL HEALTH COMMITTEE

- **Programme and Accreditation:** The proposed two-day agenda is nearing finalisation. The Committee has successfully secured three global keynote speakers from the Stanford AIMI Center, The Phoenix Partnership (TPP), and UMMC, alongside a distinguished line-up of regional, international, and cross-industry speakers.
- **CPD Points:** The application for CPD points is currently underway.
- **Sponsorship:** The Organising Committee has secured RM125,000 in sponsorships, comprising one Diamond sponsor, two Platinum sponsors, one Gold sponsor, one Bronze sponsor, and one Ecosystem Partner.
- **Registration:** As of this report, 56 participants have registered. The Committee continues to work towards the target of 200 participants through active promotion across professional networks, institutional channels, and personal outreach.

Outlook

As the Committee approaches the conference, efforts will remain focused on finalising the programme, strengthening stakeholder engagement, securing continued support from partners, and expanding participant registration.

Beyond the conference, the Committee hopes to build on the momentum generated through HEAL by fostering sustained collaboration among healthcare professionals, technology experts, policymakers, and industry partners.

The Committee remains committed to promoting responsible, ethical, and human-centred AI adoption in healthcare, while positioning MMA as an important voice in shaping Malaysia's digital health future.

DR JUNE LAU FEI WEN
Chairperson

BERITA MMA EDITORIAL BOARD

DR HO JIM HUANG, EDWIN (EDITOR)

DR. AW TSUNG WAI

DR. CH'NG TUN WANG

DR. PUNITHAVATHY SHANMUGANATHAN

DR. JAZLAN BIN JAMALUDDIN

DR. LEEYNESH SOORIYAPIRAGASAM

DR. SURESH A/L SUBRAMANIAM

DR. ANDY TANG SING ONG

DR. DHASHANI A/P SIVARATNAM

DR. RUZIANA BINTI MASIRAN

MMA SECRETARIAT: MS MADIHAH

**NUMBER OF
MEETINGS:**

8 meetings to date
since October 2025,
most recent was on
15th May 2026)

SUMMARY

The Berita MMA Editorial Board meets every month to deliberate on matters of publication before the issue is approved to go for printing. For the term 2025/2026, the Berita MMA Editorial Board has had eight meetings in total (from October 2025 to May 2026).

The Editorial Board is also constantly exploring fresh and engaging strategies to boost readership and keep the content meaningful to our members. Despite the economic uncertainties faced globally, we are proud to report that the production of Berita MMA has remained financially sustainable. Our team continues to work diligently to maintain a cost-effective approach without compromising the quality and relevance of the publication. While we anticipate that operational costs may rise in the future, we are proactively planning and adjusting to ensure we can absorb these changes with minimal impact.

We deeply value the voices of our members and hope to see continued contributions of articles and submissions. These are the foundation of our newsletter and a reflection of the community we serve. We have established new segments and columns to widen our reach across the diverse members of MMA and will continue looking for sustainable efforts to improve.

The Editorial Board would like to extend our heartfelt appreciation to the MMA President, Exco, Council, and all members and staff for their steadfast encouragement and cooperation. I personally want to express my sincere gratitude to all Editorial Board members, our secretary, and the team at VersaComm for their unwavering dedication and shared commitment to elevating the standards of Berita MMA.

DR HO JIM HUANG, EDWIN
Editor

COMMITTEE REPORTS > HOP COMMITTEE

COMMITTEE FOR THE HEALTH OF THE OLDER PERSON (HOP)

DATIN DR JAYANTHI KRISHNAN (CHAIRPERSON)

DR R ELANGO VAN A/L RADAKRISHNAN

DR SARAVANAN A/L A.SANTHIRARAJAN

PROF DR NOORAZAH ABD AZIZ

DR THEYVEEKA SELVY A/P RAJOO @ BALUSAMY RADIA

MMA SECRETARIAT: MS MUTHULETCHUMI

ACTIVITIES FOR THE YEAR**1ST HOP COMMITTEE MEETING**

Date: 27 November 2025

The inaugural meeting of the Committee for the Health of the Older Person (HOP) was held to discuss the committee's planned activities for the year. Key agenda items included the organisation of upcoming seminars, virtual webinar programmes, and potential collaborative activities with MMA branches and partner organisations.

SEMINAR ON DIABETIC AWARENESS AND ORANGE THE WORLD FOR INDIVIDUALS AGED 60 YEARS AND ABOVE: VIOLENCE AGAINST WOMEN AND CHILDREN (PHYSICAL)

Date: 29 December 2025

Venue: Persatuan Telugu Malaysia, Klang

The HOP Committee organised a community awareness programme focusing on diabetes management and elder abuse prevention in conjunction with the Orange the World campaign. The programme was conducted in collaboration with the Inner Wheel Club of Parklands, Badan Kebajikan Hindu HTAR, and Persatuan Telugu Malaysia. A total of 40 participants attended the event. Educational talks were delivered by healthcare professionals on topics including mental health in the elderly, diabetic foot care, and domestic violence awareness.

Speakers and Topics:

- Dr Greetha (Department of Psychiatry, HTAR) – Mental Health in the Elderly Population
- Dr Kishen Baboo (Wound Care Unit, HTAR) – Foot Care in Elderly Patients with Diabetes Mellitus
- Dr Theyveeka Selvy Rajoo (General Surgeon, HTAR) – Say No to Domestic Violence

MEDICAL SCREENING, CONSULTATION, HARI RAYA AND TAMIL NEW YEAR CELEBRATION, AND DONATION PROGRAMME

Date: 11 April 2026

Venue: Persatuan Rumah Warga Emas Klang

In collaboration with the Inner Wheel Club of Parklands, the HOP Committee conducted an outreach programme for residents of Persatuan Rumah Warga Emas Klang.

The event combined health screening services with festive celebrations for Hari Raya Aidilfitri and Tamil New Year. A total of 29 residents underwent medical screening and received counselling services. Essential items and gifts were also distributed to all participants.

MEDICAL AND HEALTH SCREENING PROGRAMME, MELAKA 2026

Date: 24 May 2026

In Collaboration with MMA Melaka Branch, the HOP Committee successfully collaborated with MMA Melaka, Manipal University, the National Cancer Society Malaysia, TOREC @ University Malaya, and the Tzu Chi Association to organise a large-scale community health screening programme.

The event attracted 189 participants who received health assessments, consultations, counselling, and educational health information. Goody bags were distributed to all attendees. The programme was highly successful in promoting health awareness and preventive healthcare among the community.

COMMITTEE REPORTS > HOP COMMITTEE

Screening and Consultation Statistics:

- Blood Sugar Screening – 163 participants
- General Medical Consultation – 81 participants
- ENT Consultation – 57 participants
- Ophthalmology Screening – 61 participants
- Dental Screening – 62 participants
- Colorectal Cancer and Hepatitis B & C Screening – 98 participants
- Mental Health Consultation – 40 participants
- Tropical Infectious Disease Prevention Awareness Exhibition – 70–80 participants

*Medical and Health
Screening Programme,
Melaka 2026*



CONCLUSION

The Committee for the Health of the Older Person (HOP) actively conducted health promotion, disease prevention, screening, and community outreach activities throughout the reporting period. Through strategic collaborations with healthcare institutions, non-governmental organisations, academic partners, and community groups, the committee successfully reached older adults and the wider community, promoting healthy ageing, disease awareness, and access to healthcare services.

DATIN DR JAYANTHI KRISHNAN
Chairperson

COMMITTEE REPORTS > CIM COMMITTEE

COMMITTEE ON INTEGRATIVE MEDICINE (CIM)

DR BALACHANDRAN A/L S.KRISHNAN (CHAIRMAN)

DR DEVANANDHINI KRISNAN

DR RISHI VARMAA A/L GANASAN

DR THONG VIE CHEONG

DR ARVINTH A/L RAJAGOPAL

MMA SECRETARIAT: MS LYDIA

CONFERENCE OF INTEGRATIVE MEDICINE CIM

Date: 3/5-4/5/2025, Saturday & Sunday

Time: 8:30 AM to 6:30 PM

Venue: Hotel Royale Chulan Damansara , PJ **Theme:** "Integrative Medicine: Embracing Inclusivity with Diversity"

Featured Topics: Pain Management | Evidence Based Nutritional & Cellular | Mind & Energy Therapy | Gut Health | Fertility – Male and Female Health | EECF for Enhancing Circulation | Enhanced Therapy in Cancer Management

Conference:

Following last year seminar's success, Royale Chulan Damansara Hotel was again selected as the venue to provide ample space for both booths and the target number of participants. The CIM Conference 2025 was a premier two-day event that united healthcare professionals, researchers, and industry leaders under the theme **"Embracing Inclusivity with Diversity."** This dynamic conference explored integrative and regenerative approaches to modern medicine, fostering a holistic and collaborative vision for the future of healthcare.

Aimed to promote multidisciplinary collaboration, blending conventional practices with emerging therapies, inspire innovation, this conference endeavoured to elevate patient care and shape the future of integrative medicine through education, discussion and shared expertise. Topics spanned wide including stress management, pharmacogenomics, musculoskeletal innovations, cancer care, cellular longevity and advancements in aesthetic medicine.

Attendees benefitted from parallel sessions tailored to various interests, engaging panel discussions on medico-legal and ethical considerations, and opportunities for networking and cross-disciplinary dialogue.

The conference featured two types of sessions:

- **Symposium Slots:** Sessions run for two hours with multiple speakers.
- **Normal Slots:** Sessions for 30 minutes with a single speaker.

The following speakers participated:

- Dr Siva Poobalasingam**, *Founding President, Malaysian Society of Lifestyle Medicine* | Topic: Diabetes Reversal
- Dr Vizayer Rajoo**, *Trainer Consultant* | Topic: Stress - A Plague - Junior Doctors
- Dr. Rebecca Tay Sook Hui**, *CEO of Beacon Precisions Labs* | Topic: The Importance of Pharmacogenomics
- Dr. Kamaljeet Singh**, *Consultant Sports Medicine Physician* | Topic: HA vs PRP in osteoarthritis & HA in soft tissue repair
- Dr. Malini Karupiah**, *Sports Physician, Hospital Serdang*
Topic: RFA therapy in pain management & Dry needling – updates
- Dr. Arvin Raj Goonasegaran**, *Consultant Sports Medicine Physician* | Topic: Prolotherapy in soft tissue injuries & Role of RT in battling sarcopenia

COMMITTEE REPORTS > CIM COMMITTEE

g) **Ms Winnie Lai**, Senior Nutritionist, HiiMiSU Sdn Bhd | Topic: Silica & I - Nutrition

h) **Dr Stephanie Ann Sardar**, Co-Founder & Medical Director, New York Detox and Spa | Topic: Understanding the Role of Mitochondria and Oxidative Stress

i) **Prof. Dato' Sri Dr. Mike Chan**, Chairman & Scientist, European Wellness Group |

Topics:

- Why You Age and How You Can Reverse Aging in Longevity Medicine
- Cellular Regeneration with Precision in Regenerative Medicine: Approaches to Disease Prevention, Healing, and Lifelong Health.

j) **Prof. Dr. Dmytro Klokol**, Head of Medical Advisory, European Wellness Group |

Topics:

- Contemporary Regenerating Medicine Protocols in Definitive Management of Chronic Sports injuries
- Integrative Medicine Approach to Successful Reversal of Neurodevelopmental and Neurodegenerative disorders

k) **Dr Ho Sin Khee**, Managing Director, Mentors TCM Healthcare Center | Topic: Alternative Way of Doing Acupuncture in TCM - Laser Acupuncture

l) **Ms Christine Jasmine Ellis**, Assistant Vice President, Marsh Malaysia MEDEFEND | Topic: GP in the Hot Seat: Insights on Common Issues & Legal Risks

m) **Assoc Prof Dr Mohamed Faizal bin Sikkandar**, HOD of Orthopedics and Traumatology, HASA UiTM

Topic: Innovative Solutions for Osteoarthritis: The Role of Flexofytol in Enhancing Mobility and Quality of Life

n) **Mr Clarence Lee**, CEO & Founder, Tree Wellness Solutions Pte Ltd | Topic: Enhancing Clinical Outcomes with Cutting Edge Therapeutics

o) **Dr Komahan Puniarangan**, General Practitioners, Poliklinik Cahaya Brickfields | Topic: A Brief Introduction to Pulsated Electro Magnetic Field (PEMF) and its Health Benefits

p) **Dr. Stephanie Ann Sardar**, Doctor and Secretary MAECPT | Topic: Overview & Mechanics of EECPT

q) **Dr. Jaya Kumar**, President, MAECPT | Topic: Common Conditions Benefiting from EECPT

r) **Prof Dr Raja Affendi Raja Ali**, Dean of School of Medical and Life Sciences, Sunway University | Topic: The Gut – Where It All Begins

s) **Dr Gabriel Salgo**, Chief Scientific Advisor, Malaysian Genomics Resource Centre | Topic: Male Fertility & Sexual Health

t) **Dr. Denesh Sinna**, Founder, Heart Bit E-ECP | Topic: Pathophysiology Of EECPT Effect

u) **Dr Bhuwaneswaran Vijayam**, Clinical Lecturer, Newcastle University Medicine Malaysia | Topic: Evidence Based Outcomes in EECPT

v) **Dr. Siva Poobalasingam**, CEO of Amrita Integrative and Lifestyle Medicine Center | Topic: Transforming Diabetes Care: Harnessing the Power of Lifestyle Medicine

w) **Dr. Dilip Kumar**, Founder & CEO Neeli Genetic Services Pvt Ltd | Topic: Personalized Integrative Oncology

x) **Dr. Noorul Ameen**, Naturopath & Functional Medicine Expert | Topic: The Multifaceted Role of Phytochemicals in Cancer Care

y) **Dr. Sri Prabha**, Expert in Chemotherapy, External Beam Radiotherapy, and Brachytherapy | Topic: Case Studies in Personalized Diagnosis & Treatment

z) **Dr. S Abirami Premnath**, Naturopathy & Yoga Physician | Topic: Yoga in Integrative Medicine & Immune System

aa) **Ms Lye Pui Yee**, Nutritionist Cum Product Development Manager, Beaute Mori Sdn Bhd | Topic: Global and Local Insights into the Gut Microbiomes Role in Clinical Practise

The following companies participated via trade exhibition booths:

- Hiimishu Sdn Bhd
- B-Crobes Marketing (M) Sdn Bhd
- Boundless Health Group
- European Wellness Academie

COMMITTEE REPORTS > CIM COMMITTEE

- e) Beacon Precisions Labs
- f) Malaysian Association of External Counter Pulsation Therapy (MAECPT)
- g) MT Medic Solution Sdn Bhd
- h) Marsh Malaysia MEDEFEND
- i) Apex Pharmacy Marketing Sdn Bhd
- j) Root of Life
- k) Dr Gabriel Peter Salgo
- l) Medi Trump Sdn Bhd
- m) Malaysia Society of Lifestyle Medicine
- n) Biosportsfit Ltd
- o) Active Scientific Sdn Bhd
- p) Zazen Health Solutions

Dinner symposium details:

Time: 7:45pm – 9:45pm

This session was limited to the first 100 participants who registered for the EECF Workshop.

1345 - 1515		Chairperson: Prof. Dr. Selvam
1345	Why You Age & How to Reverse Aging in Longevity Medicine	Prof Dato' Sri Dr. Mike Chan
1415	Cellular Regeneration in Disease Prevention & Healing	Prof Dato' Sri Dr. Mike Chan
1445	Male Fertility & Sexual Health	Dr. Gabriel Salgo (Germany)
1515	TEA BREAK	
1530 - 1730	Workshop 1: EECF Applications	Chairperson: Prof Dr. Selvam Co-Chair: Dr Bala
1530	1. Overview & Mechanics of EECF	Dr. Stephanie Ann Sardar
1545	2. Common Conditions Benefiting from EECF	Dr. Jayakumar
1600	3. Hands on Training – Participants can have the experience of being therapist and client (taking turns)	MAECPT
	<i>Running Parallel</i>	
1530 - 1730	Workshop 2: Musculoskeletal Innovations	Chairperson: Dato Dr. Guru Co-Chair: Dr. Devanandhini Krisnan
1530	1. Innovative Solutions for Osteoarthritis	Assoc. Prof. Dr. Mohd Faizal
1600	2. Hands on Use of Ultrasound in Musculoskeletal Issues	Dr. Kamaljeet Singh
1730	End of Day 1	
1945 - 2145	Dinner Symposium – EECF (Limited to 100 persons only. Priority given to those who attended the workshop. Places must be booked at time of registration)	Chairperson: Prof Dr. Selvam. Co-Chair: Dr. Bala
1945	1. Empowering Primary Care with EECF	Dr. Jayakumar
2000	2. Evidence-Based Outcomes in EECF	Dr. Bhuvaneswaran
2015	3. Pathophysiology of EECF Effect	Dr. Denesh Sinna
2145	End of Dinner Symposium	

The conference was a significant success, attracting over 180 attendees, including healthcare professionals, researchers, T&CM practitioners and students. The feedback from participants were overwhelmingly positive, with many highlighting the quality of the presentations, the relevance of the topics discussed, the value of the networking opportunities as well as the selection of venue.

Overall feedback from participants was satisfactory and encouraging. A post conference meeting was conducted on 23rd May at 8.00pm (online).

1ST CIM COMMITTEE MEETING (VIRTUAL)

Date: 30/10/2025, Thursday | **Time:** 6.00 p.m.

REMARKS BY THE CHAIRPERSON

The Chairman welcomed all the committee members to the meeting. The meeting began with introductions from all the members present.

CONFIRMATION OF PREVIOUS MINUTES

The minutes of the 4th Committee on Integrative Medicine (CIM) meeting held on 23rd May 2025 were proposed by Dr. Nandhini, accepted by Dr. Balachandran, and seconded by Dr. Rishi.

INTRODUCTION OF COMMITTEE MEMBERS

a) **Dr Balachandran** – A General Practitioner with a special interest in functional and integrative medicine. Dr Balachandran also holds a PhD in Siddha medicine and has two registrations which is TCM and Allopathy practice registration.

b) **Dr Thong** – Senior Medical Lecturer and Head of Department of Psychiatry, University Malaysia Sabah (UMS).

c) **Dr Arvinth** – An Ophthalmologist at Hospital Ampang, with a special interest and professional certification done in holistic medicine ideology.

d) **Dr Devanandhini** – An Anaesthetist and pain specialist with a background in acupuncture.

e) **Dr Rishi** – A General Practitioner who specializes in men's health issues.

ARISING MATTERS FROM PREVIOUS MINUTES**a) NPRA Updates**

According to information from the NPRA Secretariat to Madam Muthu dated 24 September 2025, as there are currently no issues to be raised by CIM MMA, no dialogue session will be held for this year. A slot may be scheduled during the dialogue sessions planned for next year.

COMMITTEE REPORTS > CIM COMMITTEE

The committee is required to submit the discussion issues to NPRA at least one month prior to the scheduled month.

Dr. Balachandran encouraged all committee members to join once the date is confirmed.

CIM BUDGET FOR 2025/2026

The budget proposal for 2025/2026 was discussed, including costs for physical meetings, travel claims, accommodation, online meetings, and events.

The total estimated cost was RM79,300.00 which had been submitted to Honorary General Treasurer (HGT) and MMA Council.

PROPOSED ACTIVITIES / EVENTS FOR 2025/2026

Dr Balachandran proposed a short tagline which is **“Integrated, Innovated, Inspire Healthier Malaysia”**. All the committee members agreed to the tagline.

Dr Thong suggested that the symposium or any future event be held in Sabah.

The Chairman outlined 5 main plans for CIM activities/ events for this term:

(1) Several professional development education initiatives including:

- Organizing a monthly CIM Clinical Webinar Series featuring current topics and evidence-based updates in complementary and integrative medicine.
- Have a workshop for General Practitioners (GPs)

(2) To create a white paper to Ministry of Health (MOH) with the following objectives:

- To create a comprehensive document on Complementary and Integrative Medicine.
- To provide insights and recommendations to the Ministry of Health (MOH).

(3) To organize an Integrated Health Awareness Week campaign in collaboration with the Ministry of Health (MOH), National Cancer Society and Palliative Care.

(4) Collaboration and networking with integrated societies in Malaysia to understand their activities, goals and mottos. Also initiate a comprehensive meeting under CIM MMA that brings all integrated societies together at one table to facilitate open dialogue and strengthen collaboration.

(5) Emphasizes the importance of Community Services Project which involves conducting health related activities such as blood pressure and pulse screenings, as well as conducting health assessments at assisted living facilities.

The committee noted that a Symposium is planned for the end of April in Sabah. Potential venues for the event discussed included University Malaysia Sabah (UMS), the Convention Centre in Kota Kinabalu, and several five-star hotels in the city as alternative options.

Dr. Balachandran informed the committee members that he had received an invitation to the ASEAN event at KLCC, and they suggested that the CIM Committee collaborate with the event. The event is scheduled to take place from 24th to 26th April 2026.

ANY OTHER BUSINESS

Dr. Nandhini informed the committee that Dr Krishna Kumaran had previously provided valuable ad-hoc assistance to the committee. She also suggested that Dr Sritharan Rao would be willing to support the CIM Committee in future activities.

The committee members noted that for any upcoming special projects under CIM, these individuals will be engaged to assist and provide support as required.

BERITA MMA ARTICLES

The Chairman proposed that a “CIM Corner” be created, where each month a committee member would contribute an article.

The committee agreed that each CIM committee members would contribute one article. The articles will focus on Complementary and Integrative Medicine, reflecting the members’ areas of expertise and current practice.

DATE OF NEXT MEETING

The next meeting will be held physically in the second week of January 2026.

ADJOURNMENT OF MEETING

The Chairman thanked all the committee members for attending the meeting.

The meeting adjourned at 7.15 pm.

COMMITTEE REPORTS > CIM COMMITTEE**2ND CIM COMMITTEE MEETING (PHYSICAL)****Date:** 10/1/2026, Saturday | **Time:** 1.00 p.m.**ATTENDANCE**

Dr Balachandran S Krishnan (Chairman)

Dr Devanandhini Krisnan

Dr Arvinth Rajagopal

Dr Thong Vie Chong

Apologies: Dr Rishi Varmaa*Secretariat:* Ms Lydia**KEY DISCUSSIONS****2.1 Integrated Medicine & Policy**

- Emphasis on collaboration among practitioners and address regulatory gaps.
- Noted inconsistencies in regulations across countries.
- Need for safety, evidence-based, and compliant guidelines.
- Coordination with NPRA and MOH remains challenging.

2.2 Conference Planning 2026

- Proposed 2-day Integrated Medicine Conference (target: early July 2026).
- Participation to include international and local speakers.
- Key focus: budget, venue, logistics, sponsorship, and CPD accreditation.

2.3 International Collaboration

- Benchmarking visits to integrated hospitals locally and abroad.
- Leverage MOUs for collaboration and knowledge sharing.

2.4 POLICY & EXPERT ENGAGEMENT

- Clarify scope of practice (GPs vs specialists).
- Invite international experts (e.g., Utah) for guidance and speaking roles.

2.5 EVENT PLANNING

- **PROPOSED VENUE: SICC.**
- Focus areas: wellness, mental health, longevity, and lifestyle.
- Target attendance: 200–300 participants.
- Early planning for speakers, sponsors, and program structure required.

2.6 DIGITAL PLATFORM & AI

- Development of AI-based platforms with interactive and psychological support features.
- Virtual meeting planned (Feb–Mar); physical meeting (May–June).

KEY ACTION ITEMS

- Finalize conference date, venue, and format.
- Identify and invite speakers and sponsors.
- Prepare initial conference proposal and invitations.
- Resubmit NPRA meeting request.
- Continue advocacy and guidance on integrated medicine practices.

CLOSURE

The Chairman thanked all members and emphasized timely follow-up and collaboration.

3RD CIM COMMITTEE MEETING (VIRTUAL)**Date:** 14/4/2026, Tuesday

- The committee meeting mainly focused on the conference, including discussions on sponsorship and booth arrangements.
- Budget

COMMITTEE REPORTS > CIM COMMITTEE


Upcoming Events

PRECONFERENCE WORKSHOP: MINDFULNESS-BASED THERAPIES FOR WELLNESS AN INTRODUCTION

Date: 31st July 2026, Friday

Venue: Seminar Room, Faculty of Medicine and Health Sciences, University Malaysia Sabah

OBJECTIVE

- Introduce mindfulness-based therapies for mental wellness and integrative healthcare
- Explore DBT, ACT & Clinical Hypnotherapy applications
- Provide interactive practical learning sessions
- Promote evidence-based psychotherapeutic approaches



2ND INTERNATIONAL CONFERENCE ON INTEGRATIVE & COMPLEMENTARY MEDICINE (ICIM), 2026 | BRIDGING TRADITIONS, PIONEERING FUTURES: GLOBAL PERSPECTIVES IN INTEGRATIVE CARE

Date: 1/8/- 2/8/2026, Saturday & Sunday

Venue: Le Meridien Kota Kinabalu, Sabah

TARGET AUDIENCE:

General Practitioners, Allied Health | Professionals, Medical Students | Healthcare Researchers | TCM practitioners

OBJECTIVE

Key Benefits:

- **Clinical Excellence:** Gain insights into cutting-edge thematic sessions and evidence-based complementary medicine.
- **Revenue Growth:** Learn how to integrate allopathic & therapeutic services to enhance clinic profitability and service quality.
- **Regional Networking:** Connect with local and international experts in the heart of Sabah.
- **Professional Credits:** CPD points applied for.



COMMITTEE REPORTS > RTH COMMITTEE

COMMITTEE ON THE RIGHT TO HEALTH

DR SELVA GANAPATHI A/L GANESON (CHAIRMAN)

DR RAJ KUMAR A/L SEVALINGAM

ASSOC PROF DR MUHAMMAD MUHSIN AHMAD ZAHARI

DR VANITA SADHASIVAM

DR WAN AMNI BINTI ZULKIFAR

DR PETER GAN KIM SOON

DR SIVAKUMAR A/L THURAIRAJASINGAM

DR ZUBAIDAH BINTI HAMID

DR AMUTHAMEENA A/P MANOHARAN

MMA SECRETARIAT: MS MUTHU

2025-2026 AT A GLANCE

6 Programs Conducted	5 Virtual Meetings	180+ Webinar Participants	2 Community Outreach
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SUMMARY OF PROGRAMMES



RTH COMMITTEE MEETINGS

Dates: 3 Oct 2025 | 15 May 2026 | 25 May 2026 | **Platform:** Virtual

- 1st Meeting (3 Oct 2025): Introduction of new members Dr. Wan Amni and Dr. Zubaidah; planning of upcoming programmes for the term.
- 2nd Meeting (4 Feb 2026): Acceptance of resignation from Dr. Wan Amni; planning for IFTAR Dinner; discussion on upcoming programmes.
- 3rd Meeting (25 May 2026): Discussion on Programme Trans-Health 2.0; proposed locations — Penang or Perak; planning of Orang Asli Medical Camp in Negeri Sembilan.

“MASYARAKAT: SIHAT BERSAMA PAKAR” – MEDICAL CAMP (ORANG ASLI)

Date: 15 November 2025**Venue:** Lubok Legong, Kedah

- The RTH Committee collaborated with MMA Kedah for an Orang Asli community outreach programme.
- Contributions of hampers were made to Orang Asli families.
- Provided active support towards MMA Kedah's health initiative.

COMMITTEE REPORTS > RTH COMMITTEE

**WEBINAR: MENTAL SUFFERING
IN HUMANITARIAN
EMERGENCIES****Date:** 16 November 2025**Platform:** Virtual (2.30 pm)

- Explored psychological and legal dimensions of mental health in crisis and humanitarian settings.
- Speakers: Dato' Shyamala Alegendra & Prof. Richard Rechtman
- Moderator: Dr. Amuthameena.
- Participation: 100 attendees.

**WEBINAR: BULLYING AT THE
WORKPLACE****Date:** 21 December 2025**Platform:** Virtual (10.00 am)

- Raised awareness on workplace bullying and strategies for prevention.
- Speaker: Dr. Gayathri
- Moderator: Dr. Sivakumar.
- Participation: 80 attendees.

**HIV, STI & HEPATITIS C
AWARENESS AND SCREENING
PROGRAMME****Date:** Date: 20 May 2026**Venue:** Seremban Prison, Negeri Sembilan

- Collaboration between MMA Negeri Sembilan, MMA RTH Committee, Pejabat Kesihatan Daerah Seremban, Seremban Prison, and MyKasih.
- Focused on health awareness, early detection, stigma reduction through education and screening services.
- Sincere appreciation to all healthcare personnel, officers, and volunteers for their dedication.

**3RD RTH COMMITTEE
MEETING & IFTAR DINNER****Date:** 4 March 2026**Venue:** Astana Putra, UPM (6.30 pm)

- Strengthened committee fellowship through an IFTAR gathering.
- Discussed Programme Trans-Health 2.0 and planning for Orang Asli Medical Camp in Negeri Sembilan.
- Proposed Trans-Health 2.0 locations: Penang or Perak.

DR SELVA GANAPATHI A/L GANESON, ANS
Chairman

COMMITTEE REPORTS > COMPUTER TECHNICAL COMMITTEE

COMPUTER TECHNICAL COMMITTEE

DR KRISHNA KUMARAN A/L A.RAMASAMY (CHAIRMAN)

DR RAVINDRAN R. NAIDU

DR VASU PILLAI A/L LETCHUMANAN

DR PEH HONG SHAWN

DR RISHI VARMAA A/L GANASAN

DR DIVAGAR A/L VARATHA RAJU

DR MOHAMED SIDEK BIN ALI

MMA SECRETARIAT: MR DANAPAL

Introduction

This report highlights the progress made by the Computer Technical Committee for the year 2025/2026. The committee remains dedicated to ensuring the successful completion of ongoing projects and enhancing digital and paperless systems.

Completed Project

We are pleased to report the successful completion of the Digital Attendance Form for all committees, societies, and meetings. This system was introduced to improve accuracy, efficiency, and ease of record-keeping for attendance submissions.

For event registration, previous MMA events relied on manual registration with manual upload of payment proof. This has now been upgraded using the WIX platform, enabling an integrated registration system with a payment gateway. Members can now make direct payments without the need for manual upload.

Ongoing Projects

The committee is currently working on improving the paperless system. A paperless system reduces environmental impact, lowers costs, and improves productivity.

The process is ongoing, and the team has identified several areas for improvement. The committee is committed to ensuring that the new workflow is more user-friendly and streamlined.

CONCLUSION

The Computer Technical Committee has made significant progress in its ongoing projects, successfully completed one project, and initiated new improvements. The committee remains committed to developing systems and platforms that are user-friendly, efficient, and aligned with the needs of the MMA community.

DR KRISHNA KUMARAN A/L A.RAMASAMY
Chairman

COMMITTEE REPORTS > CONSTITUTION & RESOLUTIONS REVIEW COMMITTEE

CONSTITUTION & RESOLUTIONS REVIEW COMMITTEE

DR MOHAMED NAMAZIE IBRAHIM (CHAIRMAN)

PROF DATO' DR N.K.S THARMASEELAN

DR GAYATHRI K.KUMARASURIAR

DR CHIN WEE HAU

DR S. SELVARAJAH A/L SATHAYA

DR GABRIEL TANG PEI YUNG

MMA SECRETARIAT: MS NUR ATIKAH

MEETINGS

The Constitution & Resolutions Review Committee (CRRC) has not convened any formal meetings to date.

The first meeting will be scheduled after the closing date for submission of resolutions and constitutional amendments, which falls on 16 July 2026. This meeting will review all proposed resolutions and constitutional amendments submitted by MMA members for consideration at the 66th MMA Annual General Meeting (AGM).

However, an urgent meeting of the CRRC was convened on 9 June 2026 together with the President-Elect, Honorary General Secretary and the Junior Doctors Network (JDN) Chairman to discuss the status of JDN within MMA. It was decided that JDN will function as an ordinary committee established by the Council through an ordinary resolution to be tabled at the 66th MMA Annual General Meeting. It was also agreed that a resolution to delete the Clauses in the Constitution referring to JDN will also be tabled by the MMA Exco.

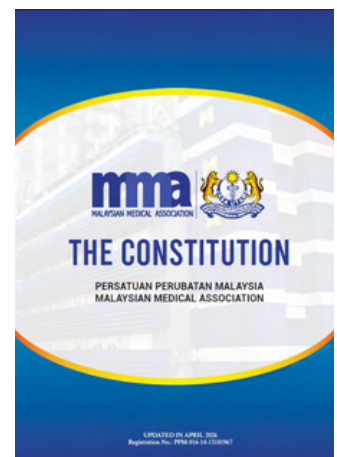
UPDATES**(a) Review and Approval of the MMA Constitution**

The updated MMA Constitution, incorporating all amendments approved at the 65th MMA AGM, was submitted to the Registrar of Societies (ROS) for approval. The approval process experienced delays due to technical issues on the part of ROS.

The updated Constitution was subsequently approved by ROS in April 2026. The approved version has since been adopted for reference and implementation.

(b) Advisory Role

The Committee continues to be active to provide input to the MMA Exco and Council on constitutional matters as and when required.



The Constitution Book -
Updated April 2026

CONCLUSION

The Committee's work during the current term has primarily focused on constitutional review, liaison with regulatory approval processes, and ongoing advisory input, while awaiting the next cycle of resolutions and amendments for consideration at the upcoming AGM.

DR MOHAMED NAMAZIE IBRAHIM
Chairman

COMMITTEE REPORTS > CPD COMMITTEE

CONTINUING PROFESSIONAL DEVELOPMENT (CPD) COMMITTEE

DR. LIEW BOON SENG (CHAIRMAN)

DR. RAVINDRAN R. NAIDU

DR. EDWIN LEO SUPPIAH

PROF DR HARINARAYAN S/O RADHAKRISHNA

DR. JULIET MATHEW

COLONEL DR. EUGENE TAN CHOON LI

DR. SURESH A/L SUBRAMANIAM

DR. MOHD MUZAFARIMAN BIN MOHD MYDIN

DR. JOHN EMMANUEL A/L GILBERT FERNANDEZ

DR. A. SASIKALA DEVI A/P A. AMIRTHALINGAM

DR. GUNENTHIRA RAO A/L SUBBARAO

DR. TEO CHEE YANG

DR. VASU PILLAI A/L LETCHUMANAN (EX-OFFICIO)

CPD OFFICER: MS. NATASHA

CPD ASSISTANTS: MS. AYU RAMLEE & MS. MAZALINA

OVERVIEW

Since the onset of the “new norm” in 2017 through to 2026, the MMA CPD team has reviewed a total of 146,495 applications, encompassing provider registrations, CPD event submissions, and ad-hoc applications.

During this period, MMA facilitated a wide range of CPD activities, including webinars, e-learning modules, and physical events, resulting in approximately 72,326 accredited CPD activities. These were organised by 772 approved CPD providers.

Most CPD-related services offered by MMA have been provided free of charge to both members and non-members.

All CPD applications are required to be submitted 30 days prior to the scheduled event date, in accordance with the CPD Standard Operating Procedure (SOP).

CPD MOBILE APPLICATION

As of 30 April 2026, the MMA mobile application has recorded a total of 90,873 users.

The application is integrated with the Ministry of Health’s MyCPD system, enabling automatic transfer of CPD points for government doctors. MMA is currently in discussion with the Academy of Medicine Malaysia (AMM) to integrate the MMA CPD system with the AMM CPD platform.

In addition:

- Doctors may claim CPD points under Category E (Professional Activities).
- Overseas CPD participation can be submitted manually by uploading a certificate of attendance and a detailed agenda.

To date, a total of 35,822 manual submission applications has been approved.

CPD points accumulated via the MMA mobile application are subsequently transferred to the MERITS system, which is used for Annual Practising Certificate (APC) renewal.



MMA-CPD
Committee Members
& Secretariat Staff

CURRENT ISSUES

Doctors and CPD providers are still in the process of fully adapting to the CPD system and its requirements. It remains critical for CPD providers to:

- Submit applications well in advance, and
- Ensure that CPD accreditation status and allocated points are clearly communicated to participants prior to the event.

Between 2017 and 2026, a total of 33,106 applications were referred to the CPD Committee for further evaluation under the CPD Scoring Schedule, primarily due to non-compliance with MMC Guidelines.

COMMITTEE REPORTS > CPD COMMITTEE

In addition, the MMA CPD Committee members and CPD providers have raised concerns regarding the need to further upgrade and enhance the current CPD system to improve efficiency, user experience, and overall compliance monitoring. These concerns included suggestions to strengthen system functionality, streamline submission processes, and improve integration with existing platforms to support more accurate and timely CPD tracking.

In response, the CPD Chairman engaged with the MMA IT team to further discuss the feasibility and implementation of the proposed enhancements, based on feedback and recommendations submitted by committee members. These discussions were conducted to ensure that system improvements are aligned with operational requirements and the evolving needs of CPD participants, providers, committee and the secretariats.

A series of virtual meetings were held on 27 July 2025, 21 August 2025, and 28 April 2026 to deliberate on these matters and to explore potential technical solutions for system enhancement and future development.

CPD ATTENDANCE SUBMISSION & QR CODE INTEGRITY

SUBMISSION OF ATTENDANCE LISTS

All CPD Providers are required to submit attendance records via the MMA CPD Online System **within seven (7) days from the event date**. Timely submission is critical to ensure that CPD points are accurately reflected in the MMA Mobile Application for participating doctors.

Registered Medical Practitioners (RMPs) are advised to attend locally organised CPD events conducted by registered providers with prior MMA accreditation. All approved events are published in the MMA Mobile Application.

MMA shall not award CPD points for:

- Local events conducted without prior accreditation, or;
- Events that are not listed in the MMA Mobile Application.

Such events will not be recognised for CPD point allocation.

In cases where there is a delay in attendance submission or CPD point reflection, participants are required to submit the following to the MMA CPD Secretariat for verification:

- A Certificate of Attendance, and;
- Email correspondence between the participant and the event organiser.

Enforcement (Effective October 2025):

- Providers who fail to submit attendance records will receive a formal warning.
- Repeated non-compliance will result in blacklisting from the MMA CPD System.

MISUSE OF CPD QR CODES

The CPD Quick Response (QR) Code system was introduced to enhance the efficiency, accuracy, and traceability of attendance tracking for CPD activities, which are essential for maintaining professional competency.

The Malaysian Medical Council (MMC) has received reports of misuse, including:

- Claiming CPD points without actual participation, and;
- Unauthorised sharing or distribution of QR codes.

Such acts constitute serious professional misconduct, undermining the integrity of the CPD framework and the credibility of the medical profession.

The MMC, as the regulatory authority, strongly condemns these actions and will take strict disciplinary and legal measures under the Medical Act 1971 against any practitioner found guilty.

Final Notice:

- CPD QR codes must be used strictly by verified attendees only.
- Sharing, forwarding, or distributing QR codes is strictly prohibited.

All medical practitioners are expected to uphold the highest standards of professional ethics and integrity in fulfilling their CPD requirements.

COMMITTEE REPORTS > CPD COMMITTEE

CPD PROVIDERS TRAINING

The MMA CPD Committee decided to conduct a series of CPD Providers Training sessions with the objective of guiding organisers and clarifying any operational or procedural uncertainties that may arise during CPD event planning and submission. This initiative was introduced to ensure that CPD providers are able to coordinate their events more accurately and in strict accordance with the MMC CPD Scoring Schedule, thereby improving overall compliance and reducing the number of submissions requiring corrective review.

The first session, CPD MMA Branch Providers Training, was conducted on 14 June 2025 with participation from ten branch representatives. The session was supported by the CPD Chairman, one committee member, and three CPD Secretariat staff. This training served as an introductory engagement with branch-level providers, focusing on standard procedures and common submission errors.

The second session, conducted as the First Batch CPD Providers Training, took place on 12 July 2026 and was attended by 66 participants virtually and 7 participants physically. The session was facilitated by the CPD Chairman, one committee member, and one CPD Secretariat representative.

The third session, the Second Batch CPD Providers Training, was held on 31 July 2025 with participation from 59 virtual attendees and 3 physical attendees. Similar to previous sessions, the training was conducted with the involvement of the CPD Chairman, one committee member, and one CPD Secretariat representative.

Together, these training initiatives reflect the Committee's continued effort to enhance provider competency, improve the quality and accuracy of CPD submissions, and ensure consistent adherence to MMC CPD guidelines across all levels of organisers.

THE CPD SPECIAL COURSE FOR APC 2026

The Malaysian Medical Council (MMC) requested the Malaysian Medical Association (MMA) to organise a Special Continuing Professional Development (CPD) Course specifically for Registered Medical Practitioners (RMPs) who had not fulfilled the minimum requirement of 20 CPD points for the renewal of the Annual Practising Certificate (APC) 2026. This directive was issued in response to ongoing compliance concerns and was intended as a remedial measure to ensure that affected practitioners were given an opportunity to meet the regulatory requirements within a defined timeframe.

This initiative followed a series of developments arising from CPD compliance challenges. As of September 2025, the MMC had recorded a total of 110 appeals from medical practitioners requesting a reduction in CPD points for APC 2026 renewal. During the 457th Meeting of the Malaysian Medical Council held on 19 August 2025, the Council deliberated on this matter and subsequently issued a stern reminder to all medical practitioners on the importance of renewing their APC in accordance with the provisions of the Medical Act 1971. Under Section 20(7) of the Act, any fully registered medical practitioner who practises medicine without a valid and current APC is deemed to have committed an offence. This includes situations where a practitioner does not possess a valid certificate, is in partnership with or employs another practitioner without a valid certificate or is employed by an entity that does not hold a valid APC. Upon conviction, such individuals are not entitled to recover any fees or remuneration for services rendered during the period of non-compliance. Practising without a valid APC is therefore illegal, and both the practitioner and the employer may be subject to penalties under the Act.

In response to the CPD point deficiency among practitioners, the MMC formally requested MMA to conduct a Special CPD Course as a structured intervention. The programme was designed to support doctors who were unable to meet the CPD requirements through conventional means, particularly due to time constraints or missed learning opportunities throughout the CPD cycle. MMA organised the course accordingly and permitted participation upon payment of a registration fee.

The Special CPD Course was conducted over five days from 10 November 2025 to 14 November 2025 and was delivered entirely through a virtual platform via Zoom. The programme structure allowed participants to obtain a total of 20 CPD points, with each day contributing four CPD points. Participants were required to attend a minimum of three hours per day to qualify for CPD point allocation and certification. It was clearly stipulated that the CPD points obtained from this special

COMMITTEE REPORTS > CPD COMMITTEE

course were strictly applicable for APC 2026 renewal and would not be carried forward or utilised for the subsequent CPD cycle for APC 2027.

A total of 222 participants registered for the course. Attendance varied across the five days, with 116 participants recorded on the first day, increasing to 176 participants on the second day, followed by 159 participants on the third day. Attendance on the fourth day stood at 143 participants, while 138 participants were recorded on the final day. It was noted that 12 registered participants did not attend any of the sessions despite completing payment. Overall attendance trends indicate fluctuating participation levels, with stronger engagement observed during the mid-course period.

As the CPD cycle for APC 2026 had already been closed at the time of implementation, CPD points from this course were not accredited through the MMA Mobile Application. Instead, participants were required to utilise their certificates of attendance to proceed directly with submission to the MMC APC Unit for consideration. Certificates of attendance were issued to all participants who met the minimum attendance requirement, and clear instructions were communicated to ensure proper submission to MMC.

The administration of the course required significant coordination, particularly in attendance verification, monitoring of participation hours, and timely issuance of certificates. Honorarium was provided to all speakers, moderators, and secretariat staff in recognition of their contributions to the successful execution of the programme.

The implementation of this initiative highlighted several operational and behavioural challenges within the current CPD framework. A considerable number of practitioners continue to rely on last-minute efforts to fulfil CPD requirements, reflecting gaps in early planning and awareness. This trend places substantial administrative pressure on the CPD team, particularly in managing high volumes of participants within a limited timeframe. It also underscores the need for stronger compliance enforcement and more proactive engagement from both practitioners and CPD providers.

Moving forward, there is a need to strengthen early communication and reinforce the importance of continuous CPD engagement throughout the year. While remedial programmes such as this Special CPD Course serve an important role in addressing immediate deficiencies, they should not become a recurring dependency. Greater emphasis should be placed on encouraging consistent participation in accredited CPD activities and ensuring that providers expand their offerings to support year-round learning. Further enhancement of system integration, including platforms such as MyCPD and MERITS, would improve transparency, efficiency, and real-time tracking of CPD points.

In conclusion, the Special CPD Course for APC 2026 served as a critical intervention in ensuring that non-compliant practitioners were given a final opportunity to meet regulatory requirements and continue practising legally. While the initiative was effective in addressing immediate compliance gaps, it also highlights the importance of fostering long-term behavioural change, strengthening enforcement mechanisms, and promoting a culture of continuous professional development among medical practitioners.

COMMITTEE MEETINGS

The committee has met thrice during the term of 2025/2026:

18/01/2026: 1st MMA CPD Committee Meeting (Physical)

08/04/2026: 2nd MMA CPD Committee Meeting (Virtual)

10/06/2026: 3rd MMA CPD Committee Meeting (Virtual)

15/08/2026: 4th MMA CPD Committee Meeting (Physical)

JAWATANKUASA PENGURUSAN MMC/CPD

The Malaysian Medical Council (MMC) has renewed the appointment of members to the MMC CPD Management Committee (Mesyuarat Jawatankuasa Pengurusan MMC/CPD) for the term effective from 17 March 2026 to 16 March 2028. The renewed appointments are for Dr. Liew Boon Seng and Dr. Ravindran Naidu, based on the recommendation of the Malaysian Medical Association (MMA) Executive Committee and MMA Council.

COMMITTEE REPORTS > CPD COMMITTEE

This renewal follows the previous appointment cycle, which was effective from 22 March 2024 to 21 March 2026, during which Dr. Ravindran Naidu and Dr. Hooi Lai Ngoh served as appointed members of the same committee.

The appointments reflect continued collaboration between MMC and MMA in strengthening the governance and oversight of Continuing Professional Development (CPD) matters at the national level. The committee serves an important role in ensuring the integrity, consistency, and strategic direction of CPD implementation in Malaysia.

The meetings attended during the current appointment period are as follows:

NO	DATE	TITLE	VENUE	ATTENDANCE
1	May 15, 2026	NOTIS PANGGILAN MESYUARAT JAWATANKUASA PENGURUSAN MMC-CPD BIL_05_2026	Virtual	TBC
2	Apr 14, 2026	MESYUARAT JAWATANKUASA PENGURUSAN MMC-CPD BIL_04_2026	Virtual	1. Dr Liew Boon Seng
3	Mar 13, 2026	MESYUARAT JAWATANKUASA PENGURUSAN MMC-CPD BIL3.2026	Virtual	1. Dr. Ravindran Naidu
4	Jan 27, 2026	2ND SESSION - JEMPUTAN KE BENGKEL JAWATANKUASA PENGURUSAN MMC-CPD 2026 MAJLIS PERUBATAN MALAYSIA	Physical - Ibis Hotels	1. Dr. Ravindran Naidu 2. Dr. Hooi Lai Ngoh
5	Jan 26, 2026	1ST SESSION - JEMPUTAN KE BENGKEL JAWATANKUASA PENGURUSAN MMC-CPD 2026 MAJLIS PERUBATAN MALAYSIA	Physical - Ibis Hotels	1. Dr Hooi 2. Dr Ravi 3. Dr Liew Boon Seng 4. Dr Juliet Matthew 5. Dr John Emmanuel
6	1/12/2025	JEMPUTAN KE SESI PERBINCANGAN INTEGRASI SISTEM MerITS 2.0 DAN SISTEM ADMINISTRATOR CPD	Virtual	1. Dr Hooi Lai Ngoh 2. Dr Vasu Pillai 3. Dr Liew Boon Seng 4. Dr Krishna Kumar 5. Ken Phua 6. Natasha 7. Dana
7	9/12/2025	MESYUARAT JAWATANKUASA PENGURUSAN MMC-CPD BIL.12/2025	Virtual	1. Dr. Ravindran Naidu 2. Dr. Hooi Lai Ngoh
8	Nov 14, 2025	MESYUARAT BERSAMA PIHAK ZANKO UNTUK PRBINCANGAN BERHUBUNG PELAKSANAAN MATA CPD DALAM SISTEM MERITS 2.0	Hybrid	1. Dr. Ravindran Naidu 2. Dr. Hooi Lai Ngoh
9	Oct 14, 2025	MESYUARAT JAWATANKUASA PENGURUSAN MMC CPD 10/2025	Virtual	1. Dr. Ravindran Naidu 2. Dr. Hooi Lai Ngoh
10	12/9/2025	MESYUARAT JAWATANKUASA PENGURUSAN MMC CPD 9/2025	Virtual	1. Dr. Ravindran Naidu 2. Dr. Hooi Lai Ngoh
11	Aug 13, 2025	MESYUARAT JAWATANKUASA PENGURUSAN MMC CPD 8/2025	Virtual	1. Dr. Ravindran Naidu 2. Dr. Hooi Lai Ngoh
12	Jul 16, 2025	MESYUARAT JAWATANKUASA PENGURUSAN MMC CPD 7/2025	Virtual	1. Dr. Ravindran Naidu 2. Dr. Hooi Lai Ngoh

COMMITTEE REPORTS > CPD COMMITTEE

CPD POINTS ACCUMULATION

As advised by the Malaysian Medical Council (MMC), all medical practitioners are strongly urged to ensure the timely renewal of their Annual Practising Certificate (APC). Practitioners are required to submit proof of having accumulated a minimum of 20 Continuing Professional Development (CPD) points within the CPD cycle period (1st July to 30th June) as part of the APC renewal process. In addition, evidence of valid professional indemnity cover must accompany the application.

Medical practitioners must collect CPD points from any one of the following CPD Administrators approved by the MMC Council:

- **MyCPD - Ministry of Health System** – for Government only
- **Malaysian Medical Association (MMA)** – for all medical practitioners
- **Academy of Medicine Malaysia (AMM)** – for Specialists only

CPD points compiled will be used to apply for the APC issued by the MMC. It is the responsibility of all registered medical practitioners to submit evidence of the acquired 20 CPD points to the Malaysian Medical Council for their APC renewal.

MALAYSIAN MEDICAL COUNCIL CONTINUOUS PROFESSIONAL DEVELOPMENT (MMC-CPD) GRADING SYSTEM

The first MMC-CPD Grading Schedule for CPD points was approved during the MMC meeting on 21st April 2015 and further revised in May 2016. The CPD points were awarded under 9 categories (A1 to A9) then. The MMC CPD Grading System was further revised on 4th April 2018 and endorsed by the MMC Council at their meeting on 17th April 2018.

Effective 1st July 2023 the MMC CPD Committee has revised the MMC Grading Schedule on the 21st of June 2023 into 5 categories making it more appropriate and effective for all registered medical practitioners as Continuous Professional Development. This is in line with the decision of The MMC CPD committee to move away from CME to CPD.

The MMC-CPD Grading System (effective 1st November 2025)

Continuing professional development (CPD) involves not only educational activities to enhance medical competence in medical knowledge and skills, but also in administrative and managerial skills, team building abilities, leadership qualities, and communication and interpersonal skills, which are essential for evolving changes in the delivery of medical services.

CPD includes all activities that doctors undertake, formally and informally, in order to maintain, update, develop and enhance their knowledge, skills, and attitudes in response to the needs of their patients. CPD is inclusive of formal learning activities (e.g. attending seminars, lectures, courses, conferences, workshops) and informal learning relevant to the role and scope of practice (e.g. reflection on practice, reading journals, work-based learning, scholarly activities, journal clubs, self-directed learning).

The revised 2023 MMC-CPD Grading System aims to categorise CPD activities into 5 main domains. Doctors are encouraged to demonstrate a mixture of learning activities relevant to current or future practice.

A. Formal educational activities

Formal educational activities include participation in activities to update knowledge and skills, such as attending lectures, seminars, scientific meetings, conferences and skills training.

B. Work-based learning

Work-based learning is professional development that takes place within the work environment in the medical practitioner's current role. Work-based learning includes learning activities and development opportunities including such as journal club meetings, audit/morbidity/mortality meetings, interdepartmental meetings, grand ward rounds.

C. Scholarly activities

Scholarly activity is work that enhances educational development and includes, discovery of new knowledge and technology, dissemination of knowledge, supervision of training and participation in assessments.

D. Self-directed learning

Self-directed learning takes place when the individual takes the initiative in diagnosing learning needs, formulating learning goals, designing learning experiences, identifying and using available resources, and evaluating learning outcomes. Self-directed learning includes completing online learning modules.

E. Professional activities

Professional activities involve participation in activities that apply scientific expertise for the benefit of the wider community and activities that support professional development such as participating in the activities of a professional bodies, and learned societies, leadership role in medical societies/NGOs, serving in national, state and institutional level committees (Institutional level committees are committees that represent the institution at the hospital/university or faculty level). and participation in self-development programmes such as leadership, management, communication skills and training programmes.

COMMITTEE REPORTS > CPD COMMITTEE

Category	CPD Activity	CPD Points allocated	Evidence
A	FORMAL EDUCATIONAL ACTIVITIES		
A1	Scientific meetings/seminars /conferences		
	a. Half day (2-4 hours)	4 points	Certificate of attendance to be issued by CPD Provider
	b. Full day (5-8 hours)	8 points	
	c. 2 full days	16 points	
	d. 2 and ½ day or more	20 points (max)	
A2	Workshops/Courses/Skill Courses including ATLS/CCrISP/CPR/ACLS/ALS/PALS/NRP/MTLS		
	a. Half day (2-4 hours)	4 points	Certificate of participation/ documentation from activity supervisor/ provider
	b. Full day (5-8 hours)	8 points	
	c. 2 full days	16 points	
	d. 2 and ½ day or more	20 points (max)	
B	WORK BASED LEARNING		
B1	Work related activities		
	a. Hospital/department CME	1 point /session	Certificate of participation/ documentation from activity supervisor/ provider
	b. Small group discussion/case conference	1 point /session	
	c. Participation in inter-department clinical meeting / epidemiological review	1 point /session	
	d. Journal club meeting	1 point /session	
	e. Formal grand ward round	1 point /session	
	f. External CME lecture/ topic seminar	1 point /session	
B2	Quality Improvement Activities		
	a. Morbidity and mortality reviews	1 point /session	Certificate of participation from activity supervisor /provider
	b. Audit meetings	1 point /session	
	c. Participation in accreditation exercise	1 point /session	
	d. Participation in quality assurance (QA) activities	1 point /session	
C	SCHOLARLY ACTIVITIES		
C1	Training/Presentation		
	a. Organizing chairperson for a scientific meeting or workshop	5 points/activity	Certificate of appreciation, letter of participation from event organiser
	b. Examiner at professional undergraduate/ postgraduate examination	5 points/activity	
	c. Trainer/facilitator at a workshop	5 points/activity	
	d. Plenary /keynote lecture	5 points/activity	
	e. Presentation of lectures/oral/papers/posters at scientific meetings	5 points/activity	
	f. Presentation at hospital/departmental meetings and external lecture/topic seminar	5 points/activity	

C2	Research/Publication		
	a. Principal/Co-Investigator in a clinical trial/research	5 points/activity	Citation for publication(s) certificate of appreciation or letter of participation
	b. Obtained a research grant	5 points/activity	
	c. Author of an indexed/peer reviewed journal article	5 points/activity	
	d. Author of a non-indexed/non-peer reviewed journal article	5 points/activity	
	e. Author of a textbook/book chapter	5 points/activity	
	f. Chief Editor of a Journal Editorial Board	5 points/activity	
	g. Member of a Journal Editorial Board	5 points/activity	
	h. Reviewer of a peer reviewed journal article	5 points/activity	
	i. Reviewer of a textbook	5 points/activity	
	j. Supervisor for postgraduate research project	5 points/activity	
	k. Reviewer/examiner of research thesis	5 points/activity	
	l. Preparation of reports, member of reports committee e.g., technical reports, working papers, guidelines	5 points/ activity	
	m. Member of clinical guidelines/consensus guidelines (national/international)	5 points/activity	
D	SELF DIRECTED LEARNING		
	a. Online CME modules	1 point/session	Certificate of completion
E	PROFESSIONAL ACTIVITIES		
	a. Leadership role in medical societies/NGOs/Committee member at national, state or institutional level	5 points/ appointment	Letter/ documentation of appointment
	b. Self-development courses e.g., IT courses, business management, administrative skills, leadership skills	5 points/activity	Certificate of attendance/ documentation from provider
	c. Participation in community activities	5 points/activity	Letter from organiser
	d. Participation in innovation projects	5 points/activity	

Approved by Malaysian Medical Council (MMC) dated 28th October 2025**BRANCH CPD CHAIRPERSONS / CO-ORDINATORS:****JOHOR** | DR. PRABHA @ SHANTHI A/P SUBRAMANIAM**KEDAH** | DR. ANNUAR HUSAINY HUSSEIN & DR. GUNASAEGARAN**KELANTAN** | DR. ZAINAL AZIZ B BAPOO**MELAKA** | DR. LIANNE ALYCHIA HENDRIKS**NEGERI SEMBILAN** | DR. ANDREW A/L SOLAMADAN**PAHANG** | DATIN DR. FA'IZA BINTI ABDULLAH**PENANG** | DATO' DR. PARMJIT SINGH A/L KULDIP SINGH & DR. DIVAGAR A/L VARATHA RAJU**PERAK** | DR. MONESH PILLAI A/L GOPI**PERLIS** | DR. VINAYAKAM A/L PERUMAL**SABAH** | DR. HASLEZAH SAELEH**SARAWAK** | DR. SOON SU YANG**SELANGOR** | DR. N CHANTHIRAN A/L NATHAN**TERENGGANU** | DR. DAYAL KRISHNAN**WILAYAH PERSEKUTUAN** | DR. S. SELVARAJAH A/L SATHAYA

ACKNOWLEDGEMENT

At this juncture, I would like to express my heartfelt appreciation to the members of the MMA CPD Committee. Your unwavering commitment, generous contribution of time, and expertise in meticulously reviewing and approving each CPD event have been truly commendable. The work involved is both complex and demanding, and your dedication does not go unnoticed.

A sincere thank you also goes to the MMA EXCO, MMA Council, Branch CPD Chairpersons, the MMC Council and MMC CPD Committee, as well as all CPD administrators and providers for your relentless efforts in organising and supporting CPD activities. Your collective work has enabled Registered Medical Practitioners to meet the CPD requirements necessary for APC renewal.

I must also place on record my deep gratitude to our dedicated CPD Secretariat team Ms. Natasha, Ms. Ayu, and Ms. Ina. Despite facing verbal abuse from doctors and providers, they have continued to perform their duties with integrity and professionalism, ensuring the timely processing of CPD applications. Their contributions have been instrumental to the success of the programme, and I thank them sincerely for their resilience and commitment.

DR. LIEW BOON SENG
Chairman

COMMITTEE REPORTS > CPR COMMITTEE

CPR COMMITTEE

DR SUGUMAR A/L SAMOGAM (CHAIRMAN)

DR THEYVEEKA SELVY A/P RAJOO @ BALUSAMY RADIA

DR ANBALAGAN A/L KAILASAN

DR SIM CHAP HOONG

DR LOO WING HOH

DR AZIEZAH BINTI NORUL ANHAR

DR KARTINI BINTI ABDUL JABAR

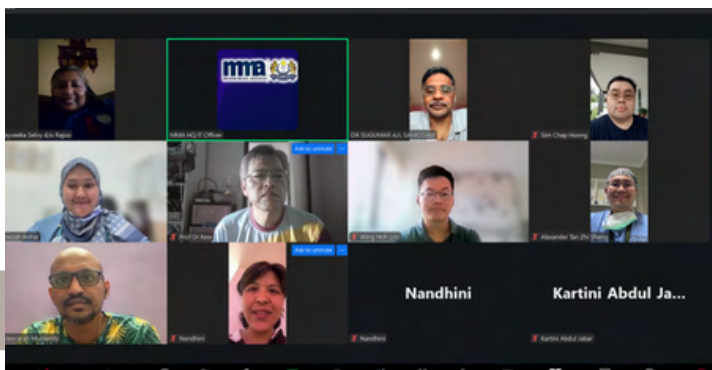
DR ALEXANDER TAN ZHI SHENG

DR DEVANANDHINI KRISNAN

DR SADESVARAN A/L MUNIANDY

PROF DR KEW SEIH TECK

MMA SECRETARIAT: MR ANDREW LU

OVERVIEW OF ACTIVITIES:**1. MMA CPR COMMITTEE MEETING****Date:** January 10, 2026**2. PAEDIATRIC ADVANCE LIFE SUPPORT (PALS, AAP)****Date:** February 7 & 8, 2026**Venue:** Suria Lifecare, Kota Kinabalu, Sabah**Facilitator:** Prof Dr Kew Seih Teck**Participants:** 13

COMMITTEE REPORTS > CPR COMMITTEE

3. BASIC LIFE SUPPORT (BLS) TRAINING

Date: May 9, 2026

Venue: Plaza Sentral, Kuala Lumpur

Facilitators:

- Dr Kartini Abdul Jabar
- Dr Sadesvaran Muniandy
- Dr Aziezah Binti Norul Anhar
- Dr Alexander Tan Zhi Sheng
- Dr Devanandhini Krisnan
- Dr Theyveeka Selvy Rajoo

Participants: 9



4. TRAINING ON TRAINER (TOT) COURSE

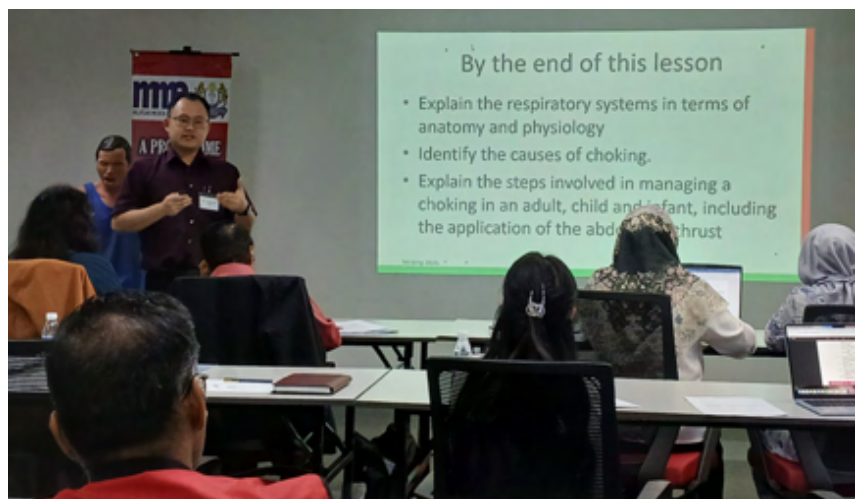
Date: May 10, 2026

Venue: Plaza Sentral, Kuala Lumpur

Facilitators:

- Dr Sugumar Samogam
- Dr Theyveeka Selvy Rajoo

Participants: 12



COMMITTEE REPORTS > CPR COMMITTEE

5. PAEDIATRIC ADVANCE LIFE SUPPORT (PALS)

Date: May 15 & 16, 2026

Venue: Suria Lifecare, Kota Kinabalu, Sabah

Facilitator: Prof Dr Kew Seih Teck

Participants: 11



6. PUBLIC CPR TRAINING

Date: May 16, 2026

Venue: AEON Mall Wangsa Maju, Kuala Lumpur

Facilitators:

- Dr Theyveeka Selvy Rajoo
- Dr Kartini Abdul Jabar

Participants: 50



DR SUGUMAR A/L SAMOGAM
Chairman

COMMITTEE REPORTS > ELECTIONS COMMITTEE

ELECTIONS COMMITTEE

DATUK DR. N. ATHIMULAM (CHAIRMAN)

DR. RAVINDRAN R. NAIDU (SECRETARY)

DR. MOHAMED NAMAZIE IBRAHIM

PROF DR. JAYAKUMAR A/L GURUSAMY

DR. MOHAMAD RIFAIE BIN MOHD RAMLI

MMA SECRETARIAT: MS JALINA

Announcements calling for nominations for the posts of President-Elect, Honorary General Secretary, Honorary General Treasurer, and two Honorary Deputy Secretaries for the 2026/2027 term were published in the Berita MMA (March 2026 issue), on the MMA website, and via an email blast on 29 January 2026. Candidates for the post of President-Elect for the 2026/2027 term shall be MMA members listed on the Electoral Roll from all Regions.

The MMA Elections Committee met on 24 June 2026 at 5.00 p.m., being the closing date for the receipt of electronic nomination forms, to review the nominations received and verify their compliance with the election requirements.

There were two nominations for the post of President-Elect, three nominations for the post of Honorary General Secretary, two nominations for the post of Honorary General Treasurer, and four nominations for the posts of Honorary Deputy Secretaries. One nomination for the post of Honorary General Secretary was found to be invalid. The remaining candidates have fulfilled the requirements of Clauses 7(7), 7(8), 7(9), and 7(10) of the MMA Constitution, and their nominations have been accepted by the Committee.

**Seated L-R:** Datuk Dr. N. Athimulam, Dr. Ravindran R. Naidu**Standing L-R:** Ms. Jalina (staff in-charge), Dr. Mohamad Rifaie Mohd Ramli, Dr. Mohamed Namazie, Prof. Dr. G. Jayakumar

The period for candidates to withdraw their nominations is from 25 June 2026 to 1 July 2026. All candidates contesting for the posts of President-Elect, Honorary General Secretary, Honorary General Treasurer, and Honorary Deputy Secretaries are required to submit their manifestos by 7 July 2026. These manifestos will be published in the Berita MMA (August 2026 issue) and will also be circulated to MMA members via email blast. The MMA logo is strictly prohibited from being displayed in any campaign materials.

The MMA election will be conducted on Saturday, 29 August 2026, and all members listed on the Electoral Roll shall be eligible to vote electronically.

The elections for the PPS MMA and SCHOMOS MMA Exco will be conducted by the Elections Committee on Thursday, 10 September 2026, in Ipoh, Perak.

DATUK DR. N. ATHIMULAM

Chairman

INJURY PREVENTION COMMITTEE (IPC)

PROF DR KRISHNAN A/L RAJAM (CHAIRMAN)

PROF. DR. KEW SEIH TECK

DR. SRITHARAN RAO A/L SUBBARAO

DR. SELVA KUMAR A/L SIVAPUNNIAM

DR. CHUAH KHENG HUI

MMA SECRETARIAT: MS MADIHAH

ACTIVITIES FOR THE YEAR

1. COMMITTEE MEETINGS

As of April 2026, the committee has conducted three meetings, with one additional meeting yet to be confirmed. The 1st Committee Meeting was held on 30th October 2025, followed by the 2nd Committee Meeting on 27th February 2026, and the 3rd Committee Meeting on 17th April 2026. The date for the 4th Committee Meeting is yet to be confirmed.

2. ACTIVITIES

Throughout the term, the committee actively organised and participated in various programmes aimed at promoting injury prevention and public safety. One of the key initiatives was the Child Safety Campaign 2025 was recently held on the 30th September 2025 at the school hall of SRJK Shang Wu during 'Karnival Kesihatan & Kecergasan Hepili' organized by Jabatan Kesihatan Negeri Pulau Pinang (JKNPP) and Pejabat Pendidikan Daerah Timur Laut (PPDTL) in conjunction with wellness month (BMSS, Bulan Malaysia Sihat Sejahtera). The outreach campaign was jointly organized by the Paediatric Department of Hospital Pulau Pinang (HPP), Malaysian Paediatric Association (MPA) and Malaysian Medical Association (MMA) with the objective of advocating for child safety by educating the children and teachers on child safety hazards, preventions and basic life support skills.



The committee further strengthened its road safety advocacy through several bicycle helmet programmes conducted in schools. On 8 November 2025, bicycle helmet safety awareness activities were incorporated into the World Diabetes Day Celebration 2025 held at Kompleks Karamuning, Kota Kinabalu.

COMMITTEE REPORTS > IPC

PHOTOS: Bicycle Helmet Safety Awareness activities held on 8 November 2025, at Kompleks Karamunsing, Kota Kinabalu.

Subsequently, from 14 to 19 November 2025, the Bicycle Helmet Initiative Programme was conducted at several Tamil schools, including SJKT Ladang Domicon, SJKT Bangi Lama, SJKT Ladang Rinching, SJKT Ladang Semenyih, SJKT Fes Serdang, and SJKT West Country Timur. Through collaboration with Safe Kids Malaysia, MMA sponsored 200 bicycle helmets for distribution to schoolchildren. The programme aimed to educate students on safe cycling habits and the importance of wearing helmets to reduce the risk of head injuries.

Drowning prevention and water safety remained major areas of focus for the committee. On 18 October 2025, the committee collaborated with the Sungai Petani Aquatic Club to organise a Water Safety Course involving approximately 70 schoolteachers. The programme provided participants with essential knowledge and practical skills related to water safety, drowning prevention, and emergency response.



PHOTOS: Bicycle Helmet Initiative Programme conducted from 14 to 19 November 2025



PHOTOS: Water Safety Course held on 18 October 2025

In addition, an online technical meeting was held on 16 January 2026 following the Drowning Prevention Webinar jointly organised by MMA, the Malaysian Association of Hotels (MAH), and the Life Saving Society Malaysia (LSSM). Discussions during the meeting focused on improving hotel swimming pool safety guidelines, lifeguard requirements, guest safety responsibilities, CCTV monitoring near pools, and CPR training for hotel staff. Recommendations from the discussions were submitted to the relevant stakeholders for further action.

COMMITTEE REPORTS > IPC

In conjunction with International Water Safety Day, the committee organised the Water Safety Day Competition on 15 May 2026 in Sungai Petani, Kedah. The programme included a colouring competition and a water safety awareness talk involving approximately 90 schoolchildren. The initiative aimed to instil water safety awareness and preventive habits among children through engaging educational activities.

The committee also conducted observational studies on unsafe behaviours and environmental risks associated with swimming pools and public facilities. These studies included assessments of child supervision at hotel pools, unsafe patron behaviour, fall-prone areas, and barrier-free accessibility within hotel premises. Findings and recommendations from these studies were submitted to the Malaysian Association of Hotels (MAH) and the Water Activity Safety Council to support ongoing safety improvements.



As part of its continuing advocacy efforts, the committee planned the Water Injury Prevention Workshop 2026, scheduled for 20 June 2026 at Sungai Petani Club, Kedah. The workshop aimed to enhance public awareness regarding drowning prevention, safe rescue techniques, water-related risk assessment, and CPR awareness among students and community members.

The committee also continued its collaboration with AIMST University through the Safe Communities and KITARA Project (2025–2028). The project focused on injury prevention research and community safety monitoring activities, including seat belt compliance, motorcycle helmet usage, pedestrian visibility, and high-risk behaviour around water bodies. On 12 October 2025, monitoring activities involving seat belt and motorcycle helmet usage within the AIMST campus were conducted to assess compliance and encourage safer road behaviour among students and staff.



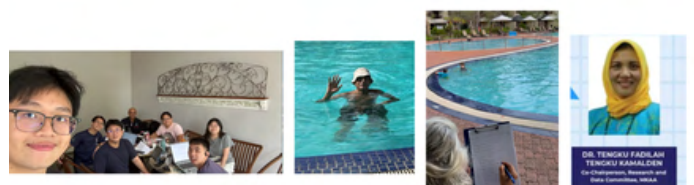
PHOTOS: Water Safety Day Competition on 15 May 2026

In addition, the committee participated in the 2nd RUMC International Medical Research Conference 2025 held on 29 November 2025. During the conference, research findings titled “Do Child Bicycle and Motorcycle Helmets Protect Users in Malaysia?” were presented. The study evaluated the quality and safety compliance of child helmets sold in retail and online markets and highlighted concerns regarding uncertified and unsafe helmets available to consumers.



Study of high-risk behaviour in hotel pools

8 hotels – permission from MAH – Penang – 5; PD – 2; Langkawi – 1
6 AIMST students; Dr Tengku Fadilah, Dr Krishnan Rajam, Dr Revathi Krishnan
Subjective identification of high-risk behaviour in hotel swimming pools

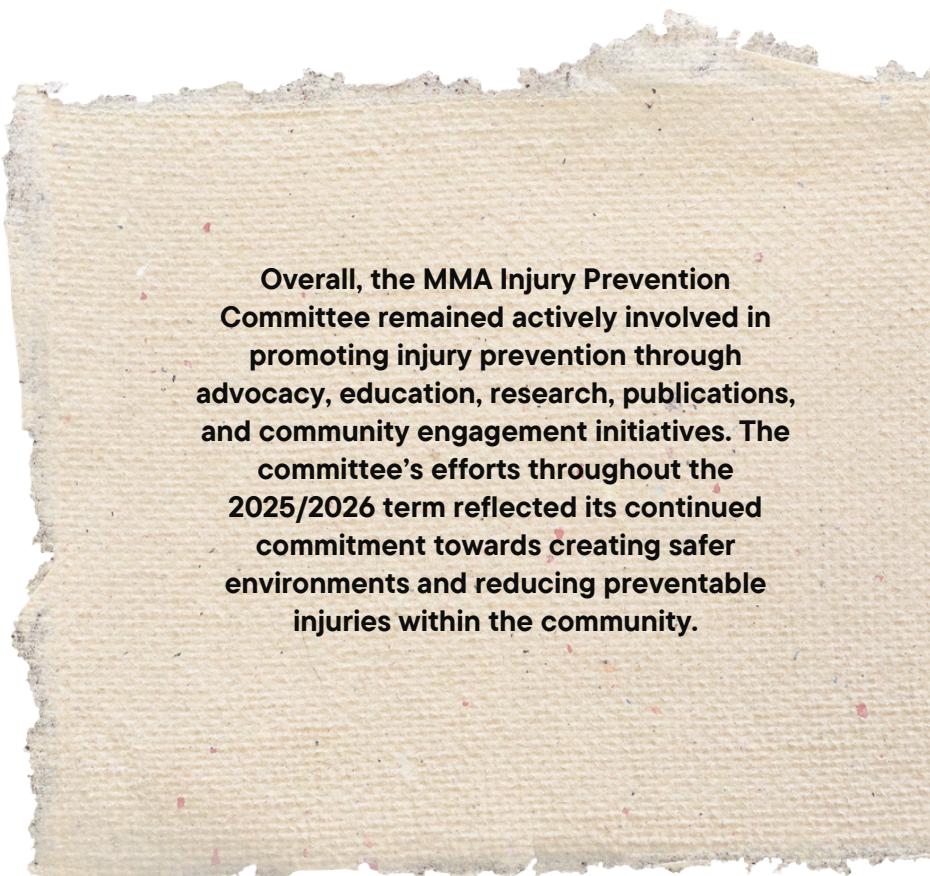


COMMITTEE REPORTS > IPC

The committee also contributed to the publication of Injuries in Malaysia – Booklet (Second Edition), which serves as an educational resource on injury trends and prevention strategies in Malaysia. Discussions were further initiated with the Ministry of Health regarding a proposed joint publication on injuries in Malaysia.

Apart from physical injury prevention initiatives, the committee collaborated with Women's Centre for Change (WCC) and Soroptimist International Penang in organising the TikTok Challenge: Girls' and Women's Online Safety Competition in 2026. The initiative aimed to raise awareness on online safety among children, youths, and women through creative digital content competitions.

The committee also organised and supported several webinars and Continuing Medical Education (CME) programmes during the reporting period. These included the Drowning Prevention: Beneath the Surface Webinar on 16 October 2025, the Noncommunicable Diseases: Preparing for the Tsunami – Role of Medical Schools Webinar on 13 January 2026, and the Paediatric CME Series 4/2026: Injury Prevention in Children & Advocating for Change on 15 May 2026, featuring Dato' Dr Amar-Singh HSS as speaker. A further Drowning Prevention Webinar was also planned for 25 July 2026 to continue public education and advocacy efforts on water safety. Future Webinars proposed Recreational safety (playground, drowning, toy safety) Webinar and Road safety (especially children in vehicles, i.e. behaviour of children in car) Webinar, where the target audiences include rural and urban underserved communities, which to be conducted in English and Bahasa Malaysia settings.



Overall, the MMA Injury Prevention Committee remained actively involved in promoting injury prevention through advocacy, education, research, publications, and community engagement initiatives. The committee's efforts throughout the 2025/2026 term reflected its continued commitment towards creating safer environments and reducing preventable injuries within the community.

PROF DR KRISHNAN A/L RAJAM
Chairman

COMMITTEE REPORTS > INSURANCE COMMITTEE

INSURANCE COMMITTEE

DR ARVINDRAN A/L ALAGA (CHAIRMAN/ HONORARY GENERAL TREASURER)

DATUK DR THIRUNAVUKARASU A/L RAJOO (MEMBER/ PRESIDENT)

DR SIVANAESAN A/L LETCHUMANAN (MEMBER/ PRESIDENT-ELECT)

DATO' DR KALWINDER SINGH KHAIRA (MEMBER/ IMMEDIATE PAST PRESIDENT)

DR VASU PILLAI A/L LETCHUMANAN (MEMBER/HONORARY GENERAL SECRETARY)

DR S. SELVARAJAH A/L SATHAYA (MEMBER/HONORARY DEPUTY SECRETARY)

DATO' DR PARMJIT SINGH A/L KULDIP SINGH (MEMBER/HONORARY DEPUTY SECRETARY)

DR ASHOK ZACHARIAH PHILIP (MEMBER)

DR KUHARAJ BALASUBRAMANIAM (MEMBER)

DR GUNALAN @ ARUMUGAM PALARI (MEMBER)

MEDICAL PROTECTION SOCIETY (MPS):**Office bearer: S. Selvarajah A/L Sathaya****Secretariat: Mr Andrew Lu****ACTIVITIES FOR THE YEAR 2025 – 2026****1. MEETINGS**

A visit by Chief Commercial Officer (International), Mr Nirven Maharaj together with Ms Joeky Leung and Dr Kaema Nadarajan to MMA office on 30th October 2025.	Insurance Committee Meeting via online on 30th April 2026.
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2. EVENTS

- MPS Promotion during MMA membership drive for Hi Alumni programme at Universiti Kebangsaan Malaysia Medical Faculty, Kuala Lumpur on 8th November 2025.
- MPS Promotion during MMA membership drive for Global Public Relation Conference at World Trade Centre Kuala Lumpur on 15th November 2025.
- MPS Promotion during MMA membership drive for Quality Assurance Convention at Selangor Health Department in Shah Alam on 13th January 2026.
- MPS Promotion during MMA membership drive for MMA Wilayah 22nd Primary Care Symposium at Courtyard by Marriott Kuala Lumpur South on 17th January 2026.
- MPS Promotion during MMA membership drive for the event 'Welcome On Board Doctors' organised by SCHOMOS Selangor at Hospital Sungai Buloh on 13th April 2026.
- MPS Promotion during MMA membership drive for the event 'Welcome On Board Doctors' organised by SCHOMOS Selangor at Hospital Shah Alam on 14th April 2026.
- MPS Promotion during MMA membership drive for the event 'IMU University Travel Medicine Seminar' at IMU University Kuala Lumpur on 20th June 2026.
- MPS Promotion during MMA membership drive for MMA Wilayah GP Symposium 2026 at AC Hotel Kuala Lumpur on 27th June 2026.

COMMITTEE REPORTS > INSURANCE COMMITTEE**MEDEFEND:****Office bearer: Dato' Dr Parmjit Singh A/L Kuldip Singh****Secretariat: Ms Lydia****ACTIVITIES FOR THE YEAR 2025 – 2026****1. QUARTERLY MEETING MARSH MEDEFEND WITH INSURANCE COMMITTEE**

16th August 2025, Saturday – Stakeholder Meeting	3rd December 2025, Wednesday 2025 – MEDEFEND WEBINAR – Medical Indemnity: How, What & When?
11th April 2025, Friday – 2024/2025 – MMA & Marsh 1st Quarterly Meeting with MMA Insurance Committee	2025/2026 – MMA & Marsh 1st Quarterly Meeting with MMA Insurance Committee on 24th January 2026, Saturday

Agenda and Discussion:

- Review of MEDEFEND claims data, statistics, events, and marketing updates as of 31 December 2025.
- Discussion on insurance-related topics including prorated policies, runoff coverage, and market competition.
- Issues around locum doctor coverage and compliance with Ministry of Health (MOH) regulations.
- Legal cases involving locum doctors and verification processes for medical practitioners.
- Challenges with government doctors performing locums without proper approval.
- Ratna suggested allocating 2-3 minutes during the 2026 MMA AGM Annual Banquet Dinner to inform doctors about MEDEFEND's 10th anniversary celebration, and coordination of door gifts, media coverage, and social media campaign.
- MMA Insurance Committee suggested organizing a separate dinner event to celebrate the 10th anniversary due to a packed AGM schedule, which would also attract a good number of doctors.

2. WEBINARS**14 May 2026, Thursday** – Allied World Webinar: Top 10 Patient Safety Concerns for 2026**3. EVENTS**

- Medical Indemnity: How, What & When? on 13.12.2025
- MMA Kedah Dinner Night at Cinta Sayang Resort, Sungai Petani, Kedah (Booth) on 4 April 2026
- Taiping Medical Update 2026 at Grand Baron, Taiping, Perak (booth and talk session) on 24–25 January 2025
- MMA Kedah ECG Update Workshop at AIMST University, (talk session) on 7th February 2026
- MMA Perak Ophthalmology Workshop (booth and talk session) on 30th November 2025

4. UPCOMING EVENTS/ MEETINGS

- Stakeholder Meeting on 11th July 2026, Saturday
- MEDEFEND Membership Card Meeting

COMMITTEE REPORTS > INTERNATIONAL AFFAIRS COMMITTEE

INTERNATIONAL AFFAIRS COMMITTEE

DR ASHOK ZACHARIAH PHILIP (CHAIRMAN)

DR KOH KAR CHAI

DR AZIZAN BINTI ABDUL AZIZ

DR MOHAMED NAMAZIE IBRAHIM

DR VASU PILLAI A/L LETCHUMANAN (EX-OFFICIO)

**Appointment for 3 years from 2025/2026 - 2027/2028*

MMA SECRETARIAT: MS NUR ATIKAH

Throughout the 2025/2026 term, the International Affairs Committee (IAC) did not convene any official meetings.

Nevertheless, the Committee has remained available to provide advice and input to the President, Executive Committee, and the Association on matters relating to international medical affairs and developments within the global medical community.

The Committee underwent significant renewal during the term, with three newly appointed members joining the Committee. All members are distinguished Past Presidents of the Malaysian Medical Association (MMA), bringing with them a wealth of experience, leadership, and institutional knowledge that will continue to strengthen the Committee's role in supporting the Association's international engagement.

I am honoured to continue serving the international medical community as Immediate Past President of the World Medical Association (WMA) following the completion of my term as WMA President. In this capacity, I remain committed to fostering strong collaboration and communication between the WMA and MMA, while promoting the interests and perspectives of Malaysian doctors within the global medical arena.

I wish to record my appreciation to the MMA leadership and members for their continued support and confidence. The Committee remains committed to advancing MMA's international presence and ensuring that the Association remains informed and engaged with developments affecting the medical profession worldwide.

DR ASHOK ZACHARIAH PHILIP
Chairman

MEDICAL JOURNAL OF MALAYSIA (MJM)

EDITORIAL BOARD

ADVISOR:

PROF DATUK DR. LEKHRAJ RAMPAL S/O GYANCHAND RAMPAL

INTERNATIONAL ADVISORY BOARD MEMBERS:

LAUREATE PROFESSOR DR NICHOLAS TALLEY
PROF DR MAHESH CHOOLANI

EDITOR-IN-CHIEF:

PROF DR. HOE CHEE WAI, VICTOR

EDITORS:

DR. LIEW BOON SENG
PROF DR. ANDEE DZULKARNAEN BIN ZAKARIA
PROF DR. SHATRIAH ISMAIL
PROF DR. IRFAN BIN MOHAMAD
PROF DATO' DR. N.K.S THARMASEELAN
PROF DR. CHEW KENG SHENG
ASSOC PROF DR. NAVIN KUMAR A/L DEVARAJ
ASSOC PROF DR. SANJIV RAMPAL A/L LEKHRAJ RAMPAL
DR. RAVINDRAN A/L VASHU

EDITORIAL MANAGER:

MS. MAHALETCHUMY ALAGAPPAN

The Medical Journal of Malaysia (MJM), established in 1890, is the oldest peer-reviewed medical journal in Malaysia and Southeast Asia. It has served as a vital platform for over a century to disseminate original research, clinical insights, and public health perspectives across the region and beyond. In line with its mission to enhance medical scholarship and meet evolving publication needs, MJM introduced the MJM Case Reports in 2021, focusing on high-quality clinical case reports that contribute to medical education and practice.

This annual report provides a summary of MJM's editorial activities, publication output, academic events, and strategic achievements for the period September 2025 to May 2026. It highlights the journal's continued growth in content volume, regional collaboration, and academic recognition, reinforcing its role as a cornerstone of medical publishing in Malaysia.

EDITORIAL MEETINGS

During the reporting period (September 2025 – May 2026), the Editorial Board convened on the following dates:

- 17 January 2026
- 4 April 2026
- 23 May 2026

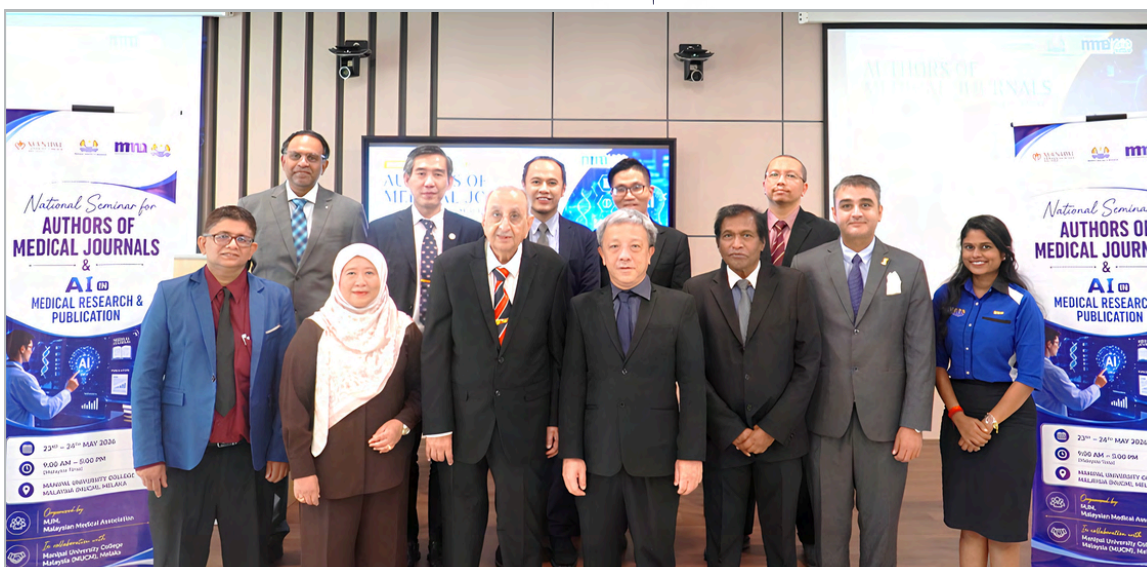


Figure 1: Editorial Board Members during the National Seminar for Authors of Medical Journals & AI on Medical Research & Publications at the Manipal University College Malaysia Campus in Melaka.

1st row, From L-R: Assoc Prof Dr. Navin Kumar Devaraj, Prof Dr. Shatriah Ismail, Prof Datuk Dr. Lekhraj Rampal, Prof Dr. Victor Hoe Chee Wai, Prof Dato' Dr. NKS Tharmaseelan, Assoc Prof Dr. Sanjiv Rampal, Ms. Mahaletchumy Alagappan

2nd row, From L-R: Dr. Ravindran Vashu, Dr. Liew Boon Seng, Prof Dr. Andee Dzulkarnaen, Prof Dr. Chew Keng Sheng, Prof Dr. Irfan Mohamad

COMMITTEE REPORTS > MJM**PUBLICATION OVERVIEW**

The number of articles published in MJM/ MJM Case Report throughout the past year has increased tremendously, especially from 2020 to 2025, as shown in Figure 2. The breakdown of articles published per issue in 2025 is shown in Table 1.

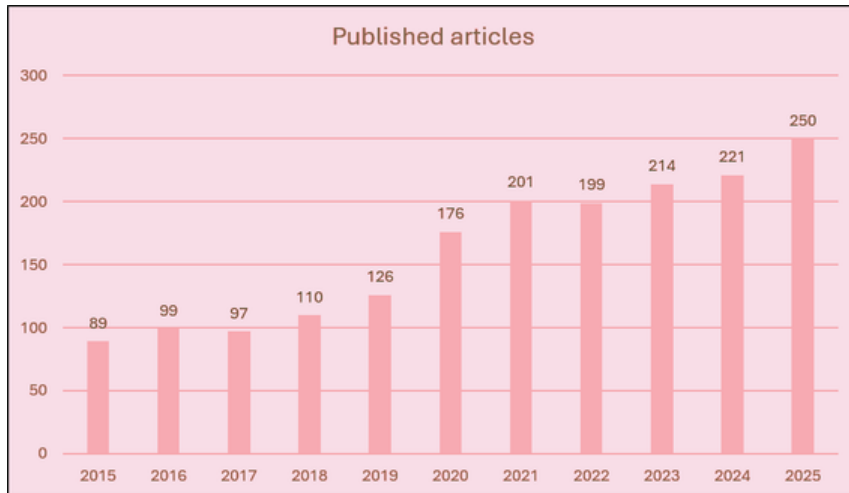


Figure 2: Total number of articles published from 2015 to 2025

2025 Publications:

- Regular Issues: 6 issues (January, March, May, July, September, November)
- MJM Case Reports: 3 issues (April, August, December)
- Supplements: 8 supplements published (Highest number so far)

Total Publications:

- Articles: 250
- Abstracts: 255

2026 Publications (as of June):

- Regular Issues: January, March, May
- MJM Case Reports: April
- Supplements: January, June

Issue	No. of articles published
MJM	
January	16
March	22
May	15
July	21
September	17
November	37
Sub Total	128
MJM Case Report	
April	17
August	17
December	24
Sub Total	58
MJM Supplements	
Supplement 1	15 articles
Supplement 2	45 abstracts
Supplement 3	90 abstracts
Supplement 4	21 abstracts
Supplement 5	99 abstracts
Supplement 6	16 articles
Supplement 7	17 articles
Supplement 8	16 articles
Sub Total	64 Articles and 255 Abstracts



Table 1: Summary of the number of articles published in Medical Journal of Malaysia, MJM-Case Report and MJM Supplementary Issue in 2025

COMMITTEE REPORTS > MJM

ACTIVITIES

MASEAN GROUP OF JOURNALS (GOJ) SEMINAR AND 21ST MASEAN MEETING 2026

Date: 3–6 May 2026

Location: Panglao Island, Bohol, Philippines

The Medical Journal of Malaysia (MJM) was represented at the 21st Medical Association of South East Asian Nations (MASEAN) Group of Journals (GoJ) Meeting, held from 3–6 May 2026 in Panglao Island, Bohol, Philippines. MJM representatives were **Prof Dr Victor Hoe Chee Wai**, Editor-in-Chief of MJM and Treasurer of the MASEAN GoJ Committee, and **Dr Liew Boon Seng**, Editor of MJM and Committee Member of the MASEAN GoJ. The meeting was also attended virtually by Prof Datuk Dr Lekhraj Rampal, Advisor to MJM and the MASEAN GoJ.

As part of the meeting, both attended the MASEAN Group of Journals Seminar on **“Climate Science and Research Literacy”**, which focused on climate change, sustainable healthcare systems, research integrity, and scientific publishing. Prof Dr Victor Hoe delivered a presentation entitled **“Creating Ethical Research”**, highlighting the importance of Good Clinical Practice, responsible authorship, and ethical standards in medical research and publication.

In addition, the MASEAN Group of Journals organised a **Research on the Cloud: Research Bootcamp 2026**: Publication Preparation Session for doctors and healthcare professionals at Gov. Celestino Gallares Memorial Medical Center (GCGMMC), Bohol.

The bootcamp was led by Dr Maria Christina H. Ventura (Martini), President of the MASEAN GoJs, as part of the Group’s efforts to strengthen research and publication capacity among clinicians in the region. The programme focused on research development, scientific writing, and publication preparation, providing practical guidance to early-career researchers and healthcare professionals. Dr Liew Boon Seng and Prof Dr Victor Hoe participated as resource persons and provided hands-on coaching sessions.



Figure 3: Group Picture of the MASEAN GoJ Board Meeting, at Mondala Beach Resort, Bohol, Philippines



Figure 4: Group Picture of the Participants of the Climate Science and Research Literacy Hybrid Workshops, at Mondala Beach Resort, Bohol, Philippines



Figure 5: Group Picture of the Participants of the Research on the Cloud: Research Bootcamp 2026 at Gov. Celestino Gallares Memorial Medical Center (GCGMMC), Bohol

The meeting provided a valuable platform for regional collaboration among medical professionals, researchers, and journal editors from Southeast Asia. Participation reinforced MJM’s commitment to research excellence, publication ethics, and strengthening regional partnerships in medical scholarship.

COMMITTEE REPORTS > MJM

NATIONAL SEMINAR FOR AUTHORS OF MEDICAL JOURNALS AND AI IN MEDICAL RESEARCH & PUBLICATION 2026

Date: 23-24 May 2026

Location: Manipal University College Malaysia, Melaka (MUCM)

Manipal University College Malaysia (MUCM) successfully organised the **National Seminar for Authors of Medical Journals and AI in Medical Research & Publication** on 23–24 May 2026 at the MUCM campus in Melaka. The seminar was conducted in a hybrid format, with both physical and online participation, attracting a total of **125 participants** from universities, healthcare institutions, and the Ministry of Health.

The seminar was officiated by **Prof Dr Jayakumar Gurusamy**, Vice-Chancellor of MUCM. The two-day programme featured sessions on scientific writing, publication ethics, peer review, clinical trial reporting, and the growing role of artificial intelligence (AI) in medical research and publication. Distinguished speakers from Malaysia and Singapore shared their expertise on responsible AI use, prompt engineering, research integrity, and practical AI tools for researchers and authors.

MJM would like to express its sincere appreciation to **Dr Izmini Bohari, Deputy Director-General of Health (Public Health), Ministry of Health Malaysia**, for his support in facilitating the participation of **50 online attendees from the Ministry of Health**, which significantly contributed to the seminar's success and reach.

This seminar marked an important milestone for MJM as it was the **first workshop organised by the journal focusing on the rapidly evolving field of artificial intelligence** and its implications for medical research, scientific publishing, and healthcare education. The strong response from participants highlighted the growing interest in AI-related competencies and reinforced MJM's commitment to supporting researchers, authors, and healthcare professionals as they adapt to emerging developments in scholarly communication.

Upcoming Seminar - Webinar

Date: 15 - 16 August 2026 | Location: Virtual

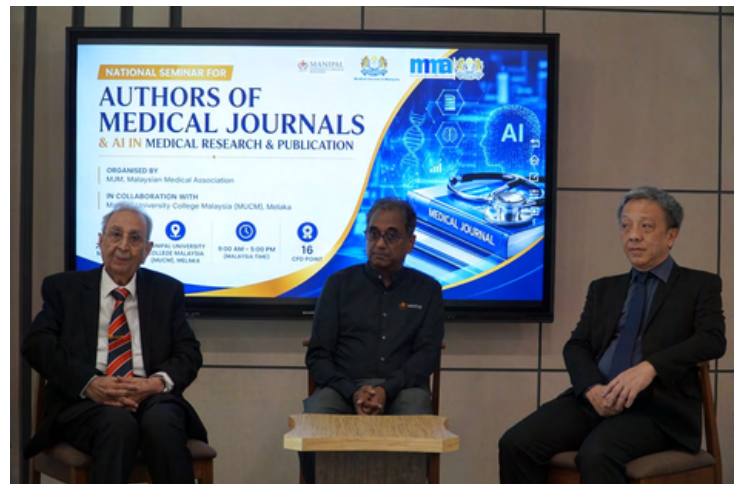


Figure 6: Picture of the opening ceremony of the Seminar.

MJM METRICS

- **h-index: 46**
- **SC Imago Journal Rank (SJIR, 2025): 0.25 (Q3)**
- **SJR Estimated financial value has increased to RM 2.25 Million**

Source: SC Imago Journal

MISSION STATEMENT

The mission of the Medical Journal of Malaysia is to advance medical knowledge and practice through sustainable, peer-reviewed publications. MJM remains committed to timely publication, global cooperation, and the elevation of Malaysian and regional research.

STRATEGIC OUTLOOK

MJM CASE REPORTS (MJMCR)

Since its establishment in 2021, **MJM Case Reports (MJMCR)** has continued to provide an important platform for publishing high-quality clinical case reports, case series, and unique clinical observations that contribute to medical education and clinical practice. The increasing number of submissions to both the Medical Journal of Malaysia (MJM) and MJM Case Reports reflects authors' growing confidence in the journals.

COMMITTEE REPORTS > MJM

With the continued growth in manuscript submissions and editorial activities, there is an increasing need to establish a dedicated Editorial Board for MJM Case Reports. A separate editorial structure will help distribute the editorial workload more effectively, improve turnaround times, strengthen editorial oversight, and support the continued development of MJMCR as a recognised publication for clinical case reporting. This strategic move will also enable both journals to maintain high standards of peer review and publication quality while accommodating future growth.

USE OF ARTIFICIAL INTELLIGENCE IN MEDICAL PUBLISHING

The rapid development of artificial intelligence (AI) has transformed many aspects of medical research, writing, and publication. Recognising the importance of this emerging field, MJM organised its first national seminar focusing on AI in medical research and publication during the reporting period. The journal acknowledges the potential benefits of AI tools in manuscript preparation, language enhancement, literature searching, and research productivity.

At the same time, MJM remains committed to promoting the responsible and ethical use of AI in scholarly publishing. Authors are encouraged to adhere to international best practices regarding transparency, disclosure, accountability, and authorship when using AI-assisted tools. The Editorial Board continues to monitor developments in this area and will update journal policies accordingly.

IMPROVEMENTS TO AUTHOR INSTRUCTIONS

During the reporting period, the Editorial Boards of both MJM and MJM Case Reports reviewed and enhanced their Instructions for Authors to improve clarity, consistency, and compliance with international publishing standards. Updates included strengthened guidance on reporting standards, publication ethics, authorship criteria, conflict-of-interest declarations, data availability statements, and the responsible use of artificial intelligence in manuscript preparation.

These improvements aim to assist authors in preparing higher-quality submissions, reduce common submission errors, and streamline the peer-review and editorial processes.

STRATEGIC OUTLOOK

MJM and MJM Case Reports remain committed to strengthening their position as leading medical journals in Malaysia and the Southeast Asian region. Future priorities include enhancing publication quality, improving editorial efficiency, expanding regional and international collaborations, and increasing the visibility and impact of published research.

The journals will continue to leverage digital technologies and emerging AI-enabled tools to support editorial management and improve author experiences while maintaining rigorous standards of scientific integrity and publication ethics. Efforts will also focus on increasing citation impact, attracting high-quality submissions, expanding reviewer capacity, and strengthening engagement with researchers, clinicians, and healthcare institutions across the region.

MJM will continue to strengthen its regional presence through active participation in the Medical Association of South East Asian Nations (MASEAN) Group of Journals (GoJ). Through this network, MJM collaborates with journal editors, researchers, and medical associations across Southeast Asia on publication ethics, editorial best practices, reviewer development, research capacity building, and scholarly exchange. The MASEAN GoJ platform provides valuable opportunities for knowledge sharing, joint educational activities, and the promotion of high-quality regional research.

As medical publishing continues to evolve, MJM and MJM Case Reports remain dedicated to advancing medical knowledge, supporting evidence-based practice, and serving as trusted platforms for disseminating healthcare research relevant to Malaysia and beyond.

ACKNOWLEDGEMENT

MJM wishes to record its Thanks to all the Editorial Board Members and its Editorial Manager, Miss Mahaletchumy, for their dedication. It also wishes to thank the MMA EXCO Members for their cooperation.

COMMITTEE REPORTS > MEN'S HEALTH COMMITTEE

MEN'S HEALTH COMMITTEE

BRIG GEN (DR) NGOO KAY SEONG (CHAIRPERSON)

DR AHMAD MUNNAWAR HELMI BIN SALIM

ASSOC PROF DR OOI CHOR YAU

COL (DR) EUGENE TAN CHOON LI

MMA SECRETARIAT: MR AZREN

INTRODUCTION

The Men's Health Committee was established in 2025 with the aim of promoting the agenda for healthy living concerning the adult male. Several activities have been planned for the new calendar term.

ACTIVITIES

The Committee has conducted a few activities at the national level. Most activities were held during the Men Health's month of June 2026. At the time of writing, there are three more activities planned, which will be conducted by August 2026.

MEETINGS

1st Meeting

- 30 Jan 2026
- Virtual, hosted by MMA House
- Attendance: 4/4

3rd Meeting

- 20 June 2026
- Physical, KL Wellness Centre
- Attendance: 4/4

2nd Meeting

- 24 Apr 2026
- Hybrid, MMA House
- Attendance: 4/4

4th Meeting

- Aug 2026
- Virtual, hosted by MMA House
- Attendance: TBC

No.	Date	Activity	No. of Participants
1	Apr 22, 2026	Online CME – Speaker: Dr Uma Dhevan Kanapathy on Overactive Bladder	405
2	Apr 23, 2026	Online CME – Speaker: Prof Christopher Ho Chee Kong on Testosterone	369
3	Jun 1-30, 2026	One-month Virtual Mileage (Run)	69 (at present)
4	Jun 13, 2026	Running Clinic, Institut Sukan Negara	60
5	Jun 21, 2026	Men's Health Seminar 2026	96 registered (at present)
6	Jul 22, 2026	Online CME – Speaker: Dr Wan Mohd Shariffuddin bin Zainudin on Men's Health Action Plan	TBC
7	Jul 23, 2026	Online CME – Speaker: Prof Shahrul Bahayah on Sarcopenia in Men	TBC

CONCLUSION

Despite logistical challenges in organising in-person events, the Committee is grateful for the opportunity and support given by MMA Headquarters. The Committee hopes that membership can be expanded to include more multi-disciplinary health care professionals to advance the agenda of Men's Health. Thus, the Committee will strive to send representations to the Annual General Meeting of MMA in September 2026.

COMMITTEE REPORTS > MEN'S HEALTH COMMITTEE



Publicity Photograph for Webinar on 22 Apr 2026



Publicity Photograph for Webinar on 23 Apr 2026



Publicity Photograph for One-month Virtual Mileage



Publicity Photograph for Running Clinic



Publicity for Men's Health Seminar 2026



Running Clinic Scenes on 13 June 2026

BRIG GEN (DR) NGOO KAY SEONG
Chairperson

COMMITTEE REPORTS > MPSN DEVELOPMENT COMMITTEE

MPSN DEVELOPMENT COMMITTEE

DR VASU PILLAI A/L LETCHUMANAN (CHAIRMAN)

DR MOHAMED NAMAZIE IBRAHIM (ADVISOR)

DR EUNICE NG CHIN NIEN

DR SURESH A/L SUBRAMANIAM

DR RAVEENTHIRAN RASIAH

DR NG WEE LIP

MMA SECRETARIAT: MS JALINA

The MMA MPSN Development Committee held its first committee meeting virtually on Wednesday, 14th January 2026.

The committee successfully organised the MMA dinner meeting with private specialists on Friday, 16th January 2026 at Royale Chulan Hotel, Kuala Lumpur, attended by 27 private specialist societies. The discussion session focused on key issues affecting private specialists, including:

1. Fee Schedule – MPSN 6th Edition

The discussion highlighted that Malaysia's fee schedule remains outdated due to partial adoption of the 5th Edition, with the 6th Edition stalled by disagreements and policy delays, making it crucial to prioritise updating procedure lists and pursuing coordinated action for revision.

2. Diagnosis-Related Groups (DRG)

Stakeholders agreed that DRG implementation is still unclear but must exclude doctors' professional fees, with strong concerns about income loss, lack of transparency, and the need for a unified national approach.

3. Issues Related to TPAs and MCOs

The session emphasized widespread dissatisfaction with low and inconsistent reimbursements, insurer interference, and lack of recognition for specialists, highlighting the need for stronger advocacy, grievance mechanisms, and unified action against unfair payer practices.

4. Medico-Legal Issues

Rising legal challenges, questionable expert witness practices, and shifting liability trends underscore the need for better legal safeguards, coordinated professional support, and active involvement of medical societies in shaping medico-legal standards.

The committee coordinated the compilation of new procedures for inclusion in the 6th Edition of the MPSN. Specialist societies were requested to:

-  Submit any additional procedures previously forwarded to the Ministry of Health (MOH);
-  Propose any new procedures for consideration, including those not previously submitted to MOH; and
-  Nominate one representative to participate in the process and attend related meetings.

MMA will serve as the central coordinating body to consolidate submissions from all specialist societies and will commence work on the 6th Edition of the MPSN accordingly.

DR VASU PILLAI A/L LETCHUMANAN
Chairman

COMMITTEE REPORTS > NHP COMMITTEE

NATIONAL HEALTH POLICY COMMITTEE

DR MARY SUMA CARDOSA (CHAIRPERSON)

DATUK DR TEOH SIANG CHIN, PJN
 DR ARVINDER SINGH A/L HARBAKSH SINGH
 DR BRANDON PATRICK SENAGANG
 DR CHEO SENG WEE
 DR CHIN YONG FU
 DR GUGANESAN A/L KRISHNANMOORTHY
 DR KOH KAR CHAI
 A/PROF DR MARK TAN KIAK MIN
 DR MOHAMAD HAFIZ BIN HARUN
 DR MUHAMMAD YUSOF SIBERT
 DR RISHI VARMA A/L GANASAN
 DR GUNENTHIRA RAO A/L SUBBARAO
 DR THUM CHERN CHOONG
 PROF DR FAHD ADEEB BIN MOHAMED ASHRAF

MMA SECRETARIAT: MS NUR ATIKAH

MEETINGS HELD

The National Health Policy Committee (NHPC) convened four meetings during the 2025/2026 term, maintaining momentum through a hybrid format that accommodated both in-person and virtual participation:

- 12 November 2025 - 1st Meeting (Virtual)
- 17 January 2026 - 2nd Meeting (Hybrid)
- 1 April 2026 - 3rd Meeting (Virtual)
- 6 June 2026 - 4th Meeting (Hybrid)

INITIATIVES BY THE COMMITTEE**(A) HEALTH SYSTEMS AND FINANCING WORKSHOP FOR JOURNALISTS**

In a significant step towards strengthening health journalism in Malaysia, the NHPC spearheaded a collaboration with the Citizens' Health Initiative (CHI), the National Union of Journalists (NUJ), and Citra-UKM to organize a one-day workshop on Health Systems and Financing on 8 January 2026 at Dewan Khalid Kadir, Faculty of Medicine, UKM. The Edge Media Group provided full sponsorship, with UNU-IIGH joining as a Partner Organisation.

The Spark

The workshop was born out of necessity. In December 2024, news of 40-70% increases in health insurance premiums sent shockwaves through the public, triggering widespread anxiety. What began as immediate concern over affordability quickly evolved into deeper questions about medical inflation, the fractious relationship between insurers and healthcare providers, prior authorisation requirements, and the erosion of clinical autonomy. The need for informed public discourse had never been more apparent.

Building Capacity

The workshop brought together 45 in-person attendees, including 22 journalists and 10 observers. Media organisations represented spanned the full spectrum of Malaysia's press landscape—from Astro Awani and Bernama to Malaysiakini, The Star, and The Edge. Speakers and moderators were drawn from MMA, CHI, UNU-IIGH, and WHO, ensuring a diversity of perspectives on the complex issues at hand.

The MMA President delivered a compelling opening address, while the NHPC was represented by its Chairperson (who served on the Organizing Committee and as a session Chair), with Dr Guganesan and Dr Mohamad Hafiz attending as observers.

Ripple Effects

The workshop proved to be a catalyst for broader engagement. Feedback was overwhelmingly positive, with participants expressing strong interest in future sessions. The livestream on UKM Medical Faculty, Citra UKM, and MMA Facebook platforms extended the reach far beyond the physical venue.

COMMITTEE REPORTS > NHP COMMITTEE

Perhaps most significantly, the workshop generated lasting momentum. A follow-up roundtable on "Taxation, Public Finances & Healthcare Funding" was subsequently organized, with support from the committee. Journalists who participated in the workshop have since remained actively engaged—conducting interviews, producing features, and sustaining a public conversation on healthcare financing and the right to health. The workshop's success underscores the power of informed journalism in shaping public policy discourse.



Group photo of participants, speakers, and organisers at the Health Systems and Financing Workshop For Journalists held on 8 January 2026 at Dewan Khalid Kadir, Faculty of Medicine, UKM.

POSITION PAPERS

The NHPC remains the steward of MMA's policy positions, ensuring that the Association's voice is grounded in rigorous analysis. Since 2023, the committee has overseen 31 original position papers, with ongoing work to revise, update, and expand this vital repository of expert guidance.

Revised/Updated (10 papers):

- Proposed Process for the Development of Position Papers (26 May 2023)
- Clinical Practice Guidelines (29 March 2024)
- Organ Donation and Transplant (18 April 2024)
- The Health of the Plantation Community (29 May 2024)
- MPSN Schedule of Relative Values of Fees (27 November 2024)
- Assisted Reproduction (27 November 2024)
- Relevance of TnCM in Malaysia (4 June 2025)
- Molecular Medicine - Genetic Testing and Editing (4 June 2025)
- Adolescent Health Policy (4 June 2025)
- Decentralization of the Public Healthcare System (13 October 2025)

New Position Papers Published (6 papers):

- Domiciliary-Based Primary Medical Care (4 June 2025)
- Adopting Digital Health in Primary Care (4 June 2025)
- The Intersection of Justice and Health: Ensuring the Right to Health for Institutionalised Persons (14 July 2025)
- AI & Digitalization In Healthcare (8 September 2025)
- Medical Errors (13 June 2026)
- Domestic Violence in Primary Care: A National Healthcare Imperative for Early Intervention and System Reform (19 June 2026)

In Progress (9 papers):

- Addressing Key Environmental Health Issues in Malaysia (Dr Priya, SOEM)
- Clinical Audit (A/Prof Dr Mark Tan & Dr Wellester Alvis)
- Dispensing of Medicine in Private Clinics (PPSMMA)
- Medical Records (Dr Loo Wing Hoh)
- Prescription and Dispensing (PPSMMA)
- Managed Care Organizations and Third-Party Administrators (PPSMMA)
- Erectile Dysfunction in Young Men (Dr Arvinder Singh) – Target: August 2026
- Healthcare for Migrants & Stateless Children (Dr Brandon Patrick Senagang)

COMMITTEE REPORTS > NHP COMMITTEE**PLANNED ACTIVITIES****(A) HEALTH SYSTEMS & FINANCING WEBINARS**

Building on the momentum of the journalists' workshop, the committee is planning to organize a two-part webinar series featuring international experts Debbie Muirhead and Prof Dr David McCoy. The webinar aims to provide a platform for deeper engagement with critical issues in health systems and financing.

POLICY ADVISORY

Throughout the term, the NHPC served as a trusted advisor to the MMA Executive Committee and Council, providing thoughtful input on various policy matters as they arose.



Group photo of committee members at the 4th Meeting of the National Health Policy Committee 2025/2026, held on 6 June 2026.

Acknowledgement

The committee extends its deepest gratitude to all members for their time, expertise, and dedication throughout the term. Special thanks are due to the MMA Secretariat for their tireless and efficient support in coordinating meetings, managing correspondence, and ensuring the smooth functioning of the committee.

DR MARY SUMA CARDOSA
Chairperson

COMMITTEE REPORTS > PARALLEL PATHWAY POST-GRADUATE EDUCATION SUB-COMMITTEE

PARALLEL PATHWAY POST-GRADUATE EDUCATION SUB-COMMITTEE

Our Sub-Committee was officially formed by MMA in the month of April 2022. The founder committee members are Dr Sushilnathan A/L K. Kathirgamanathan, Dr Thiyagar A/L Nadarajaw, Dr Vijaya Kumar A/L L. Suppan, Dr Arvindran A/L Alaga, Dr Khor Boon Tat, Dr Zainura Binti Che Isa and myself as the Chairman of the Sub-Committee.

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ACTIVITIES CONDUCTED IN THE YEAR 2025/2026

7th & 8th February 2025	3rd MMA-RCPI MRCP (Ireland) clinical Preparatory Course at MMA Kedah Service Centre, Ghandhi Hall, Sg. Petani: The course was attended by 15 MRCP (Ireland) candidates from various Hospital in Malaysia. The candidates were senior and junior medical officers from MOH hospitals in Malaysia.
18th & 19th April 2025	Successfully co organized another Extended Sessions of MRCP (UK) , MRCP (Ireland) clinical Preparatory Course at MMA Kedah Charity Service Centre Gandhi Hall, Sg. Patani Kedah which was attended by 13.
29th May 2025	MMA -RCPI -KLGH Parallel Pathway Talk for H.Os, MOs and final year Medical Students: It was conducted at KLGH Auditorium for 150 young and future doctors.
30th May 2025	Facilitated International MRCPI internal medicine Clinical Exam at Kuala Lumpur General Hospital. Our committee facilitated the course for RCPI by providing logistic facilities in financial and transport. About 40 candidates attended the international exam inclusive of 20 International candidates from all over the world.
26th & 27th September 2025	Successfully organized another Extended Sessions of MRCP (UK) MRCP (Ireland) clinical Preparatory Course in MMA Kedah service Centre, Gandhi Hall, Sg Petani, Kedah which was attended by 17 candidates.
21st November 2025	MMA-RCPI-KLGH Parallel Pathway Talk for H.Os, MOs and final year Medical Student: It was conducted at AIMST campus for 200 young and future doctors and attended by RCPI speakers , Speakers from AIMST University and speakers from MOH.
21st November 2025	Facilitated International MRCPI internal medicine Clinical Exam at Sultan Abdul Halim General Hospital, Sungai Petani. Our committee facilitated the course for RCPI by providing logistic facilities in financial and transport . About 30 candidates attended the international exam inclusive of 20 International candidates from all over the world.

I am pleased to inform that since the formation of this Subcommittee; we are actively involved in organizing Parallel Pathway Post Graduate Training Courses and Post Graduate Career pathway talks in Malaysia. I would like to thank the subcommittee members, MMA Exco and MMA Kedah Branch Committee for the support and cooperation.

DATO DR THARMALINGAM A/L PALANIVELU
Chairman

COMMITTEE REPORTS > PLANTATION HEALTH COMMITTEE

PLANTATION HEALTH COMMITTEE

DR. ANIL KUMAR A/L KUNDAN LAL (CHAIRMAN)

DR. RAVINDRAN R NAIDU

DR. ALEXANDER VOON HSIEN LOONG

DR. VENUGOPALAN A/L K BALAN

DR. AHMAD FAKHRI BIN ABDUL MALEK

MMA SECRETARIAT: MS SITI

The Plantation Health Committee commenced its activities for the 2025/2026 term with its first meeting held on 8 October 2025 via Zoom. During the meeting, I, Dr. Anil Kumar Kukreja officially assumed the role of Chairman, marking the beginning of a new term focused on advancing the Committee's objectives and activities in the field of plantation health. The meeting achieved full attendance, reflecting the strong commitment and active engagement of all committee members. The Committee also confirmed 5–7 December 2025 as the revised dates for the Johor Bahru seminar, following careful consideration of preparation timelines, logistical arrangements, and weather conditions.

The Committee subsequently held its second meeting for the 2025/2026 term on 15 November 2025 at MMA House, Kuala Lumpur. The meeting focused on reviewing the preparations for the upcoming seminar scheduled from 5–7 December 2025 in Skudai, Johor. It was noted that 70 participants had confirmed their attendance, the venue inspection had been successfully completed, and Jiwa Damai Akademi had been appointed as the approved provider for the Basic Life Support (BLS) and Basic Occupational First Aid (BOFA) training sessions.

In furtherance of the Committee's commitment to strategic engagement and the advancement of plantation healthcare services, I, in my capacity as Chairman of the MMA Plantation Health Committee, together with Dr. Ravindran R. Naidu and Dr. Alexander Voon as MMA representatives to the Lembaga Pembantu Hospital Estet (LPHE), attended the LPHE meeting held in Putrajaya on Wednesday, 12 November 2025 at 3:00 p.m. The delegation was accompanied by Ms. Siti, Secretariat of the MMA Plantation Health Committee. The meeting provided an important platform for continued engagement and collaboration between the MMA and LPHE on matters relating to estate healthcare services, professional standards, regulatory requirements, and the ongoing development of healthcare delivery within the plantation sector.

A key highlight of the Committee's activities was the successful organisation of the seminar "Back to Basics: Essential Clinical & Emergency Skills in Estate Practice", held from 5–7 December 2025 at GoodHope Hotel, Skudai, Johor, with the participation of 74 plantation paramedics from across Malaysia, including Sabah and Sarawak.

The programme covered essential clinical and occupational health topics, including wound care, injury management, emergency response, and plantation-specific scenarios, supported by dedicated Basic Life Support (BLS) and Basic Occupational First Aid (BOFA) training to enhance emergency preparedness and clinical competence.

Feedback from participants was overwhelmingly positive, particularly regarding the relevance of content, quality of delivery, and practical training components. Key areas for improvement included venue accessibility, content scope, and time allocation for hands-on sessions, with recommendations to extend practical training and incorporate more plantation-specific case studies. The seminar strengthened the Committee's role in advancing clinical standards and competency among plantation healthcare personnel, contributing to improved readiness in managing occupational health challenges.

COMMITTEE REPORTS > PLANTATION HEALTH COMMITTEE

Looking ahead, the Committee has proposed a second seminar in Sandakan, Sabah, in third quarter of 2026, with further planning to be finalised in upcoming meetings, supported by the revised budget allocation. The Committee also remains committed to strengthening its ongoing programmes, including planned webinars and training initiatives, as part of its broader effort to enhance competency, engagement, and professional development within plantation healthcare services.

The Committee wishes to place on record its sincere appreciation to the MMA Council, fellow Committee members, as well as the MMA Secretariat, for their continuous support, collaboration, and dedication throughout the year. These contributions have been instrumental in strengthening plantation healthcare services, empowering plantation paramedics, and advancing healthcare standards in Malaysia.

In conclusion, the Plantation Health Committee has made meaningful progress during the 2025/2026 term in advancing its objectives through structured training, professional engagement, and strategic collaborations. The initiatives undertaken have not only strengthened clinical competencies and standardised practices within plantation healthcare but have also reinforced the Committee's commitment to improving occupational health outcomes. Moving forward, the Committee remains dedicated to sustaining this momentum and further enhancing the quality and accessibility of healthcare services within the plantation sector.

ANIL KUMAR A/L KUNDAN LAL
Chairman

COMMITTEE REPORTS > MMA VOC

VOLUNTEER CORPS (VOC)

DR BRANDON PATRICK SENAGANG (CHAIRMAN)

PROF DATUK DR LEKHRAJ RAMPAL S/O GYANCHAND RAMPAL (ADVISOR)

DR MOHD MUZAFARIMAN BIN MOHD MYDIN

DR KRINATH A/L RENGANADAN

DR SRITHARAN RAO A/L SUBBARAO

DR DEYYADARSSHNI A/P RAJASINGAM

DR LEEYNESH SOORIYAPIRAGASAM

MMA SECRETARIAT: MS FATIAH

ACTIVITIES FOR THE YEAR**1. COMMITTEE MEETINGS**

- 1st Meeting was held on 16th November 2025 in hybrid format
- 2nd Meeting was held on 31st March 2026 in online format
- 3rd Meeting was held on 15th May 2026 in hybrid format

2. ACTIVITIES

(a) MMA VOC contributed RM2,000 worth of food supplies to aid victims of the Sabah flood disaster in September 2025. The aid was distributed to affected communities across four severely impacted districts.

(b) In collaboration with MMA Kedah, MMA VOC conducted a flood relief mission in Baling, Kedah, in October 2025. Items worth RM1,000 were distributed to the affected victims.

(c) On 13 December 2025, MMA VOC, in collaboration with the Public Health Society, organised a Medical Camp in Teluk Intan, with participation from nearly 100 individuals.

(d) MMA VOC, in collaboration with MMA Bintulu, conducted a Community Medical Outreach programme in Bintulu, Sarawak, on 29 March 2026, screening over 200 villagers.



PHOTO: Community Medical Outreach programme in Bintulu, Sarawak, on 29 March 2026.

(e) In April 2026, MMA VOC donated five wheelchairs, valued at RM1,000, to OKU patients from the B40 community in Kedah.



(f) MMA VOC donated essential items worth RM2,000 to a fire disaster victim in Kampung Bahagia, Sandakan.

(g) MMA VOC contributed RM1,000 to assist storm victims in Pendang, Kedah, for roof repairs of severely damaged homes.

(h) MMA VOC is planning an Orang Asli Outreach Camp in Pahang from 26–28 June 2026.

(i) MMA VOC continues to collaborate with the Malaysian Red Crescent Society by providing doctors to support their activities.

COMMITTEE REPORTS > WOMEN'S HEALTH COMMITTEE

WOMEN'S HEALTH COMMITTEE

DR JULIET MATHEW (CHAIRPERSON)

DR KENNY ARUL ERNEST NAYSADORAI

DR SIVABALA SELVARATNAM

DR GOKILAVANI A/P SEKAR CHANDRAN

DR JEEVINDRA NAIDU A/L APLANAIDU

DR PRIYA A/P RAGUNATH

MMA SECRETARIAT: MS MUTHULETCHUMI & MS LYDIA

INTRODUCTION

The Women's Health Committee was established on the 27th of April 2023 and is now completing its third term.

OBJECTIVE

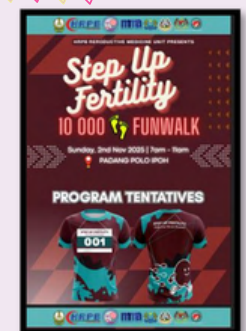
The primary objective was to promote, support and champion women's health within Malaysian Medical Association (MMA), both among members and the public. Over a short period of time, this committee has had a very active term, in terms of academic engagements as well as community projects in line with the principles of MMA.

NO.	ACTIVITIES
1	1ST WOMEN'S HEALTH COMMITTEE MEETING Date: 22.9.2025 (Monday) Time: 9.00 pm Venue: ZOOM platform Attendance: Dr Juliet Mathew Dr Sivabala Selvaratnam Dr Jeevindra Naidu Dr Kenny Arul Ernest Naysadorai Dr Priya Ragunath Ms. Muthuletchumi Summary: The meeting discussed the Women's Health Committee's upcoming activities. Key events included a medical camp, a workshop on breast examination on October 24, and a public event on October 30. The workshop cost was estimated around RM2,000-3,000, depending on participant numbers. A budget for travel and accommodations for committee members was approved. Dr. Siva highlighted the importance of raising awareness and participation. Dr. Priya introduced herself, emphasizing her commitment to women's health. The committee plans to continue monthly webinars and create a banner for visibility. The next meeting was scheduled for December.
2	ADVANCING BREAST HEALTH TOGETHER - 'BREAST CANCER AWARENESS DAY' Date: 24.10.2025 (Friday) Time: 8.00 am – 5.00 pm Venue: Auditorium, HTAR Klang Attendance: Dr Juliet Mathew Ms Muthuletchumi Dr Theyveeka Selvy Rajoo (Organising Chairperson), HTAR Klang Organizer: Jabatan Pembedahan, Hospital Tengku Ampuan Rahimah (HTAR) Klang Collaborators: National Cancer Society Malaysia (NCSM) Kelab Inner Wheel (IWC), Parklands Badan Kebajikan Hindu HTAR, Klang and Jabatan Radiology HTAR Klang Summary: Pink October aims to empower women and young girls to live healthier, better lives. Every October, the nation observes National Breast Cancer Awareness Month. In conjunction with this, the Women's Health Committee strives to raise awareness on breast cancer each October by collaborating with relevant organizations to carry out medical camps and screening programs, including breast cancer screening initiatives.

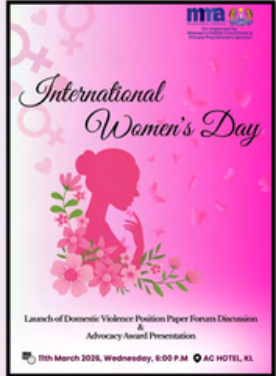


COMMITTEE REPORTS > WOMEN'S HEALTH COMMITTEE

NO.	ACTIVITIES
3	TOGETHER WE FIGHT: 'BREAST CANCER AND HPV SCREENING'. Date: 30.10.2025 (Thursday) Time: 2.00 pm – 5.00 pm Venue: Dewan Ilmiah, HTAR, Klang Attendance: Dr Kenny Arul Ernest Naysadorai Ms Muthuletchumi Dr Theyveeka Selvy Rajoo (Organising Chairperson), HTAR Klang Organizer: Jabatan Pembedahan Hospital Tengku Ampuan Rahimah (HTAR) Klang Collaborators: Kelab Inner Wheel Parklands National Cancer Society Malaysia (NCSM) PUSPANITA, Badan Kebajikan Hindu HTAR Summary: The lifetime risk for a Malaysian woman of developing cancer is one in nine, and most cancer cases in Malaysia are detected at a late stage (Stage III and IV). While Malaysia relies heavily on World Health Organization (WHO) recommendations on the prevention and control of noncommunicable diseases, particularly cancer, a more pragmatic approach is adopted to align with the existing healthcare system, available resources, and the needs of the population. Within this framework, the Women's Health Committee will support and undertake appropriate initiatives to strengthen awareness efforts and contribute to ongoing cancer prevention and early detection activities.
4	STEP UP FERTILITY: 10,000 STEPS FUN WALK Date: 2.11.2025 (Sunday) Time: 7:00 am– 11:00 am Venue: Padang Polo Ipoh Attendance: Dr Sivabala Selvaratnam Collaborators: Hospital Raja Permaisuri Bainun Ipoh Persatuan Pakar Obstetrik & Ginekologi Ipoh Perak Malaysian Medical Association Majlis Bandaraya Ipoh Jabatan Kesihatan Negeri Perak Summary: Steps Fun Walk is an initiative conducted in collaboration with HRPB Hospital to raise awareness on fertility issues. In a similar spirit, the Women's Health Committee will support and undertake appropriate efforts through such collaborative programmes to promote awareness, encourage community engagement, and highlight the importance of reproductive health and early consultation for fertility concerns.
5	2ND WOMEN'S HEALTH COMMITTEE MEETING Date: 13.01.2026 (Tuesday) Time: 8.00 pm – 8.45 pm Venue: ZOOM platform Attendance: Dr Juliet Mathew Dr Gokilavani Sekar Chandran Dr Jeevindra Naidu Dr Kenny Arul Ernest Naysadorai Ms Lydia Masilamony Summary: Key discussions included a review of recent activities and planning for upcoming initiatives, with particular focus on the organisation of medical camps, webinars, and programmes in conjunction with the National Women's Distress Hotline and International Women's Day (IWD). The meeting also addressed aspects of meeting management to support more effective coordination and execution of the Women's Health Committee's ongoing and future activities.
6	INTEGRATIVE MEDICINE IN WOMEN'S HEALTH BRIDGING MEDICINE AND HOLISTIC CARE' WHOLE PERSON CARE FOR WOMEN'S HEALTH Date: 22.2.2026 (Sunday) Time: 2.15 pm – 3.30 pm Venue: Webinar via ZOOM platform Attendance: Dr Juliet Mathew Dr Priya Ragunath (Moderator in the Webinar) Dr Sangeet Kaur (Speaker) Dr Sharon Gopalan (Speaker) Summary: The webinar on Integrative Medicine was highly valuable, providing evidence-based and holistic approaches that combine conventional medical treatments and address the whole person, mind, body, and spirit. The sessions offered practical strategies for managing chronic conditions, reducing stress, and enhancing overall well-being and quality of life. Dr. Sangeet delivered an insightful presentation on "Redefining Midlife," highlighting the opportunities and challenges associated with this stage of life and strategies for maintaining health and vitality. Dr. Sharon presented "Beyond the Surface," providing a comprehensive and well-explained discussion that deepened participants' understanding of the topic and its relevance to women's health.



COMMITTEE REPORTS > WOMEN'S HEALTH COMMITTEE

NO.	ACTIVITIES	
7	PROGRAM PROMOSI KESIHATAN: MENINGKATKAN GAYA HIDUP SIHAT :TUBUH SIHAT , KOMUNITI BAHAGIA Date: 1.3.2026 (Sunday) Time: 9.00 am – 1 pm Venue: Dewan Orang Ramai, Kampung Sungai Kelubi Attendance: Dr Juliet Mathew Dr Kenny Arul Ernest Naysadorai Dr Jeevindra Naidu Dr Krishna Kumaran (Chairman, MMA Selangor Branch) Collaborators: KIMU Cares, IMU University MMA Selangor National Cancer Society Malaysia Summary: This Health Promotion Programme, “Enhancing a Healthy Lifestyle: Healthy Body, Happy Community,” features a range of engaging activities including diabetes awareness (Know, Prevent & Control), cancer screening for early detection, and special activities for children, all aimed at fostering a healthier community.	 
8	PRE-EVENT MEETING FOR DISCUSSION ON INTERNATIONAL WOMEN'S DAY CELEBRATION Date: 10.3.2026 (Tuesday) Time: 9.00 pm – 10.00 pm Venue: ZOOM platform Attendance: Dr Juliet Mathew Dr Sivabala Selvaratnam Dr Jeevindra Naidu Dr Kenny Arul Ernest Naysadorai Dr Priya Ragunath Dr Eratha Krishnan A/L Gobinadan (PPSMMA Chairman) Dr Sritharan Rao A/L Subbarao (PPSMMA Vice-Chairman) Ms Syaza Nur Nadhrah Alias (PPSMMA Secretariat) Ms Lydia Masilamony Mr Law Kin Aik (MMA IT Support Staff)	
9	INTERNATIONAL WOMEN'S DAY CELEBRATION ORGANISED BY WOMEN'S HEALTH COMMITTEE & PRIVATE PRACTITIONERS SECTION, MMA Date: 11.3.2026 (Wednesday) Time: 6.00 pm Venue: AC Hotel, Kuala Lumpur Attendance: Women's Health Committee Dr Juliet Mathew (Chairperson) Dr Sivabala Selvaratnam Dr Jeevindra Naidu Dr Kenny Arul Ernest Naysadorai Dr Priya Ragunath Malaysian Medical Association Datuk Dr R Thiruvanakarasu (MMA President) Dr Eratha Krishnan A/L Gobinadan (PPSMMA Chairman) Dr Sritharan Rao A/L Subbarao (PPSMMA Vice-Chairman) Ms Syaza Nur Nadhrah Alias (PPSMMA Secretariat) Ms Lydia Masilamony Mr Law Kin Aik (IT Support) Collaborator: Private Practitioners Section MMA Summary: Women's Health Committee in collaboration with PPSMMA hosted a meaningful International Women's Day celebration at AC Hotel Kuala Lumpur . In conjunction with this event, the MMA Position Paper on Domestic Violence was officially launched marking an important step forward in strengthening awareness, advocacy, and action within the healthcare system. The evening also honoured distinguished key opinion leaders for their invaluable contributions to domestic violence advocacy and the Healthcare Leadership Award. Award Recipients: - Miss Ivy Josiah, Women's Aid Organisation >> Women's Rights and Justice Champion Award - Prof. Dr. Sajaratulnisah Othman, University Malaya >> Clinical Excellence in Domestic Violence in Primary Care Award - Pushpa Ratnam, Partner@ Nekoo >> Distinguished Leadership in Women's Rights Award - Dr. Azizan Abdul Aziz, Chairperson, Medical Association of Southeast Asian Nations >> Health Leadership Excellence Award This event served as a powerful reminder of the collective role healthcare professionals and advocates play in addressing domestic violence and empowering women across all sectors.	 

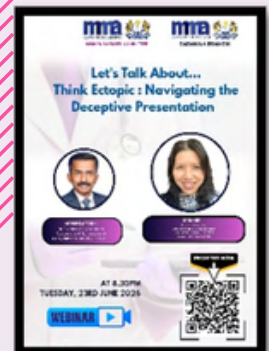
COMMITTEE REPORTS > WOMEN'S HEALTH COMMITTEE

NO.	ACTIVITIES
10	3RD WOMEN'S HEALTH COMMITTEE MEETING Date: 06.05.2026 (Wednesday) Time: 8.30 pm – 9.45 pm Venue: Auditorium, HTAR Klang Attendance: Dr Juliet Mathew Dr Jeevindra Naidu Dr Kenny Arul Ernest Naysadorai Dr Sivabala Selvaratnam Dr Priya Ragunath Dr. Gokilavani Sekar Chandran Ms Muthuletchumi Ms Lydia Masilamony Summary: Key discussions covered a review of recent activities and planning for upcoming initiatives, with emphasis on webinars, the National Women's Distress Hotline, the Budaya Walk programme, and an Orang Asli community visit. The meeting also addressed meeting management to enhance coordination and ensure effective implementation of the committee's ongoing and future efforts.



Upcoming Events

NO.	ACTIVITIES
1	WEBINAR LET'S TALK ABOUT... THINK ECTOPIC: NAVIGATING THE DECEPTIVE PRESENTATION Date: 23.06.2026 (Tuesday) Time: 8.30 pm Venue: ZOOM Platform Summary: The session will be moderated by Dr. Sivabala Selvaratnam and will be jointly organised by the MMA Sarawak Branch. It is proposed to feature a talk by Dr. Christine Lee, Head of the Department of Obstetrics and Gynaecology at Sarawak General Hospital, who will discuss practical approaches to recognising and managing challenging ectopic presentations.
2	BUDAYA WALK Date: August 2026 Venue: TBC Summary: The Women's Health Committee proposes to organise a Budaya Walk for the public as an initiative to raise awareness on domestic violence. This community-based event aims to foster greater understanding, encourage open conversations, and promote collective responsibility in addressing domestic violence, while also providing a platform to share information on available support services and resources.



DR JULIET MATHEW
Chairperson

SECTION REPORTS > PPSMMA

Private Practitioners Section of Malaysian Medical Association (PPSMMA)

It is with great honour and gratitude that I present this report as the Honorary Secretary of the Private Practitioners Section (PPS) for the term 2025/2026. This past year has been marked by significant developments within Malaysia's healthcare landscape, presenting both challenges and opportunities for private medical practitioners. Throughout these changes, PPS has remained steadfast in its commitment to representing, supporting, and advocating for the interests of private practitioners nationwide.

The healthcare environment continues to evolve rapidly, driven by regulatory reforms, digital health initiatives, healthcare financing changes, and increasing demands for accessible, high-quality patient care. Against this backdrop, PPS has actively engaged with the Ministry of Health, regulatory authorities, healthcare payers, third-party administrators (TPAs), professional bodies, and other key stakeholders to ensure that the voice of private practitioners remains heard and respected in policy discussions affecting our profession.

One of the most significant milestones achieved during this term was the long-awaited revision of the professional fee schedule, a matter that PPS and the MMA have consistently championed for many years. This achievement represents an important step towards recognising the value of professional medical services and ensuring the sustainability of private medical practice in Malaysia. While there remains more work to be done, this development stands as a testament to the persistence, unity, and collective efforts of our members and leadership.

Beyond professional fees, PPS remained actively involved in discussions on healthcare financing reforms, including Diagnosis Related Group (DRG) models, Third-Party Administrator (TPA) practices, insurance-related matters, telemedicine and e-prescription regulations, and issues concerning the implementation of the Private Healthcare Facilities and Services Act (PHFSA). We also worked closely with agencies from KKM, KPT and other stakeholders to contribute constructively towards clinical practice guidelines and healthcare policy development.

Education and professional engagement continued to be a core pillar of our activities. Throughout the year, PPS organised and supported numerous webinars, continuing medical education (CME) programmes, stakeholder dialogues, and professional discussions. These platforms enabled practitioners across the country to remain informed of emerging developments, strengthen professional competencies, and contribute meaningfully to discussions shaping the future of healthcare delivery.

None of these achievements would have been possible without the dedication and commitment of many individuals. I wish to express my sincere appreciation to the MMA Main EXCO for their unwavering support and guidance throughout the term. My heartfelt thanks go to our PPS Chairman, Dr Eratha Krishnan, for his leadership and vision, as well as to all PPS EXCO members, state representatives, committee members, and volunteers who have generously contributed their time, expertise, and efforts in advancing the objectives of PPS.

As we look ahead, PPS remains committed to protecting the interests of private practitioners, strengthening professional autonomy, advocating for fair and sustainable healthcare policies, and supporting the continued delivery of quality patient care. Together, through unity, professionalism, and constructive engagement, we will continue to strengthen the role of private practitioners in shaping the future of healthcare in Malaysia.

Thank you for your trust, support, and continued commitment to PPS and the medical profession.

The following were elected to the PPSMMA Exco at the 44th Annual General Meeting of the PPSMMA, held at the G Hotel, Penang (physical) and via Zoom (virtual), on the 11th September 2025.

Subsequently, Dr. Rukeswaran was appointed as an Acting Honorary Assistant Secretary replacing Dr Habib Bakri with the approval of MMA Exco and PPS Exco members, on 21st April 2026.

SECTION REPORTS > PPSMMA

PPS EXCO COMMITTEE MEMBERS

CHAIRMAN:

DR ERATHA KRISHNAN A/L GOBINADAN

VICE-CHAIRMAN:

DR SRITHARAN RAO A/L SUBBARAO

HONORARY SECRETARY:

DR TUAN ZAMANI AMIR BIN TUAN ZAKARIA

HONORARY TREASURER:

DR GOKILAVANI A/P SEKAR CHANDRAN

HONORARY ASSISTANT SECRETARY:

DR NG ENG HAN

ACTING HONORARY ASSISTANT SECRETARY:

DR RUKESWARAN A/L GANASEN

(REPLACING DR HABIB BAKRI BIN MAMAT)

PPS NATIONAL WORKING COMMITTEE

PERLIS: DR NURUL FARHANA BINTI OTHMAN

KEDAH: DR VIVEHAPRIYAN A/L THIRUGNANAM

PULAU PINANG: DR JAMES RAUO A/L DEVADAS

PERAK: DR MATHIARASU A/L YOGANATHAN

SELANGOR: DR RISHI VARMAA A/L GANASAN

W. PERSEKUTUAN: DR RUKESWARAN A/L GANASEN

NEGERI SEMBILAN: DR ANDREW A/L SOLAMADAN

MELAKA: DR BRYAN KEK KIT HUN

JOHOR: DR A. SELVARAJOO A/L S. ANDRUM

PAHANG: DR PREM KUMAR S/O GOPAKUMARAN NAIR

TERENGGANU: DR NFIZREE BIN MOHD NORDIN

KELANTAN: DR MOHD RAHIMIE SAYUTTI

SARAWAK: DR LIEW SHAN FAP

SABAH: DR MOY CHUN KEAT

JUNIOR DOCTORS NETWORK: DR RENUKA A/P GUNASAGARAN

INTERNAL MEETINGS

PPS EXCO MEETINGS			NATIONAL WORKING COMMITTEE (NWC) MEETINGS		
Meeting	Date	Venue	Meeting	Date	Venue
1st Meeting	11th October 2025	Zoom	1st Meeting	25th October 2025	Auditorium, Prince Court, K.L.
2nd Meeting	6th February 2026	MMA House, Kuala Lumpur	2nd Meeting	10th May 2026	Zoom
3rd Meeting	22nd May 2026	MMA House, Kuala Lumpur			

EXTERNAL KEYS MEETINGS

1. MEETING WITH LOCUMLAH

A virtual meeting was held on 23rd September 2025 between Mr Khabir from LocumLah and representatives from PPSMMA. The purpose of the meeting was to introduce the LocumLah platform and provide an overview of its concept, operational framework, and potential benefits to both healthcare facilities and medical practitioners.

During the session, Mr Khabir explained the workflow of the platform and how it is designed to connect clinics with qualified resident and locum doctors in a more efficient and structured manner. The platform aims to address workforce and staffing challenges faced by clinics by providing access to a pool of healthcare professionals who are available for temporary, part-time, or resident positions. At the same time, it offers doctors a convenient avenue to explore locum opportunities that match their availability, preferences, and professional experience.

The discussion also covered the platform's proposed features, including the recruitment and matching process, verification of doctors' credentials, communication channels between clinics and doctors, and measures to ensure quality and reliability within the system. Participants explored how the platform could potentially contribute to improving workforce flexibility and supporting healthcare service continuity, particularly in situations where clinics face staffing shortages or require temporary medical coverage.

Members of the PPSMMA Exco actively participated in the discussion and shared their views on the practical implementation of the platform within the primary care setting. Various suggestions, feedback, and perspectives were raised by the Exco members, covering areas such as quality assurance, user experience, credential verification, professional standards, and the needs of both clinic operators and medical practitioners. These insights were shared with Mr Khabir to help refine the platform and ensure that it addresses the realities and expectations of healthcare providers.

SECTION REPORTS > PPSMMA

The meeting provided a valuable opportunity for dialogue and knowledge sharing between LocumLah and PPSMMA. Both parties acknowledged the importance of innovative workforce solutions in supporting the healthcare sector and agreed that continued engagement would be beneficial in exploring how the platform can best serve clinics and doctors while maintaining professional standards and quality of care.

2. MEETING WITH SANOFI

A virtual meeting was held on 26th September 2025 between the Sanofi team and representatives from PPSMMA. The meeting provided an opportunity for both parties to engage in constructive and productive discussions on matters of mutual interest, particularly those related to vaccination practices, access to vaccines, and opportunities for collaboration within the primary care setting.

During the meeting, various issues and topics were raised, discussed, and clarified by both parties. The discussion allowed for an open exchange of views regarding current challenges faced by general practitioners, developments within the vaccination landscape, and potential areas where industry and healthcare professionals could work together to improve patient access to preventive healthcare services.

PPSMMA highlighted concerns regarding vaccine distribution and pricing for general practitioners (GPs), noting the importance of ensuring that vaccines remain accessible and affordable for both healthcare providers and patients. Members shared feedback on challenges encountered in obtaining vaccine supplies and discussed the impact that pricing structures may have on vaccine uptake and service delivery within private primary care clinics. The need for a fair, transparent, and sustainable distribution system was emphasised to support GPs in continuing to provide vaccination services to their communities.

In addition, discussions explored opportunities for future collaboration between Sanofi and PPSMMA in the areas of medical education, professional development, and public health awareness. Both parties expressed interest in supporting educational initiatives that would provide GPs with updated knowledge on vaccination practices, emerging developments in immunisation, and best practices in patient management.

Vaccine safety awareness was also identified as an important area for collaboration. Participants discussed the value of strengthening awareness among healthcare professionals and the public regarding vaccine safety, evidence-based information, and strategies to address misconceptions surrounding immunisation. Such initiatives were recognised as important in supporting informed decision-making and maintaining public confidence in vaccination programmes.

The meeting concluded on a positive note, with both parties acknowledging the importance of continued engagement and collaboration. PPSMMA looks forward to further discussions with Sanofi on initiatives that can support general practitioners, enhance vaccination services, and contribute to improved public health outcomes.

3. MEETING WITH MICARE

A productive discussion was held between PPSMMA and MiCare on 2nd October 2025. The meeting served as a platform for both parties to engage in open dialogue regarding matters affecting panel clinics and to address concerns raised by general practitioners. Various operational and administrative issues were discussed, allowing for clarification and the exchange of views between both organisations.

During the meeting, PPSMMA highlighted concerns regarding the sudden inclusion of Sales and Service Tax (SST) charges within the MiCare portal. Members expressed concerns about the lack of prior communication regarding the implementation and the potential confusion this could create among panel clinics. The discussion focused on ensuring that clinics are provided with clear information regarding any changes that may affect their billing processes, claims management, and financial administration.

Issues relating to consultation fees were also raised during the meeting. PPSMMA shared feedback received from members and highlighted the importance of maintaining transparency and effective communication regarding fee structures and any related policies that may impact participating clinics. Both parties discussed the need to ensure that clinics are adequately informed of any changes affecting their day-to-day operations.

In response to the concerns raised, MiCare clarified that the SST charges reflected in the portal would be billed to the respective clients and would not be charged to the clinics. This clarification was welcomed as it helped address concerns regarding the financial implications for panel clinics and provided greater understanding of the implementation process.

To further enhance communication and avoid future misunderstandings, PPSMMA proposed that MiCare issue an official circular or notification regarding the SST implementation to all panel clinics. Such communication would help ensure that clinics receive accurate information directly from MiCare and are able to understand the purpose, scope, and impact of the SST charges. The proposal was intended to promote transparency, facilitate smoother implementation, and minimise confusion among healthcare providers.

The meeting concluded with both parties acknowledging the importance of ongoing engagement and constructive dialogue. PPSMMA reiterated its commitment to representing the concerns of its members, while MiCare

SECTION REPORTS > PPSMMA

welcomed the feedback provided and clarified the issues raised. Both organisations agreed on the value of maintaining open communication channels to address operational matters and support effective collaboration moving forward.

4. COURTESY MEETING BETWEEN FOMEMA AND MMA PRESIDENT

A meeting was convened on 17th October 2025 at MMA House between the Malaysian Medical Association (MMA) and FOMEMA to discuss operational and policy matters related to the FOMEMA system. The meeting involved constructive discussions, during which several matters were raised, discussed, and clarified by both parties.

FOMEMA highlighted concerns regarding the use of fake passports by foreign workers during medical check-ups and proposed the organisation of a webinar to enhance awareness and preventive measures. FOMEMA also shared updates on a pilot project in collaboration with the Royal Malaysia Police (PDRM) involving medical check-ups for Orang Kena Tahan (OKT) at selected sites, with further details to be provided in due course.

With regard to panel clinic applications, FOMEMA informed that new applications are to be submitted via email, while appeal cases currently involve limited hospital participation. It was also clarified that the existing quota allocation remains unchanged; however, clinics may apply for additional quota if necessary. MMA members were encouraged to report underperforming clinics to ensure the maintenance of service quality.

FOMEMA further reiterated that Pre-FOMEMA medical check-ups are not permitted and that all examinations must strictly adhere to official procedures. In addition, FOMEMA informed that 76 clinics have been onboarded under the WellXS programme to support the monitoring and management of non-communicable diseases (NCDs).

The meeting concluded on a positive note, with both parties expressing appreciation for the constructive engagement and agreeing to continue collaboration through future discussions and the proposed webinar to further enhance the integrity and efficiency of the system.

5. MESYUARAT BERSAMA JAWATANKUASA ETIKA, MAJLIS PERUBATAN MALAYSIA

On 27th October 2025, a delegation from the Malaysian Medical Association (MMA), led by Thirunavukarasu Rajoo, met the Ethics Committee of the Malaysian Medical Council (MMC) chaired by Lim Joo Kiong to discuss ethical challenges in private practice, particularly involving MCOs, insurers, and corporate healthcare models.

Key issues raised included non-clinical interference in clinical decisions, lack of transparency in blacklisting panel doctors, and the role of insurer-employed doctors issuing restrictive directives, all of which may undermine professional autonomy and patient trust.

MMC acknowledged its jurisdictional limitations under the Medical Act 1971 but agreed to provide ethical guidance to safeguard clinical integrity. Agreed outcomes include the issuance of a general ethical advisory (covering fee-splitting, telemedicine, and doctor-insurer boundaries) and MMC's participation in the Grievance Mechanism Committee initiated by MMA, alongside stakeholders such as Ministry of Health Malaysia, Bank Negara Malaysia, Life Insurance Association of Malaysia, and Persatuan Insurans Am Malaysia.

Both parties reaffirmed their commitment to upholding medical ethics and to continued collaboration in protecting doctors' integrity and patient welfare.

6. SESI PERBINCANGAN BAHAGIAN AMALAN PERUBATAN, KKM BERSAMA MMA

On 6th November 2025 a meeting between the Malaysian Medical Association (MMA) and the Bahagian Amalan Perubatan, Kementerian Kesihatan Malaysia (KKM) was held on 6th November 2025 in Putrajaya. The meeting was attended by Datuk Dr. Thirunavukarasu, President of MMA, together with representatives from the Private Practitioners Section (PPS) and the Main Exco. The KKM delegation was led by Dr. Hirman Ismail, Pengarah Amalan Perubatan, along with his team.

The meeting served as a platform for both parties to discuss several important matters affecting private medical practitioners and healthcare services in Malaysia. Among the key issues discussed were the timeline for the gazettment of GP consultation fees, issues and regulations involving Third Party Administrators (TPAs), as well as regulations and guidelines relating to e-prescriptions and telemedicine services.

In addition, discussions were held regarding private specialist consultation fees, particularly on the inclusion of new procedures, and the implementation of IV drip procedures in GP clinics. Other matters raised included issues concerning Persons-in-Charge (PICs) at haemodialysis centres, the display of Occupational Health Doctor (OHD) services at clinic premises, and the regulations and guidelines related to health screening booths.

The meeting also touched on matters concerning Public Health Specialists registered under the National Specialist Register (NSR), particularly in relation to the opening of specialist clinics. Overall, the meeting provided a constructive avenue for engagement and collaboration between MMA and KKM in addressing current healthcare practice issues and regulatory matters.

SECTION REPORTS > PPSMMA

7. ROUNDTABLE DISCUSSION ON AMS POLICY DIALOGUE SEMPENA SAMBUTAN WORLD ANTIMICROBIAL RESISTANCE AWARENESS WEEK (WAAW) 2025

On 20th November 2025, Dr Eratha was given the honour of representing the Malaysian Medical Association (MMA) at the Roundtable Discussion on Antimicrobial Stewardship Policy Dialogue. The session brought together key stakeholders, policymakers, healthcare professionals, and representatives from various organisations to discuss strategies and policy directions aimed at strengthening antimicrobial stewardship efforts in Malaysia.

The discussion focused on the growing challenge of antimicrobial resistance (AMR) and the importance of implementing coordinated and sustainable measures to promote the responsible use of antimicrobials across all levels of healthcare. Participants exchanged views on current initiatives, emerging challenges, and opportunities to strengthen awareness, education, surveillance, and stewardship practices within the healthcare system.

During the session, Dr Eratha conveyed MMA's full support for the national effort to enhance antimicrobial stewardship and address the threat of antimicrobial resistance. MMA reaffirmed its commitment to supporting initiatives that encourage the appropriate and responsible use of antimicrobials among healthcare professionals and the public. The importance of ensuring that accurate, evidence-based information is readily available to practitioners and patients was also highlighted as a key component of effective stewardship programmes.

In addition, MMA expressed its willingness to assist in the dissemination of educational materials and awareness campaigns aimed at promoting best practices in antimicrobial prescribing and usage. The association also emphasised the importance of continuous professional development and lifelong learning, recognising that ongoing training and education are essential to equipping healthcare practitioners with the latest knowledge and skills required to support antimicrobial stewardship efforts.

The discussion further highlighted the role of professional organisations such as MMA in providing a strong platform for engagement, knowledge sharing, and capacity building among healthcare practitioners. Through its various educational activities, conferences, webinars, and professional networks, MMA remains committed to supporting initiatives that strengthen understanding and implementation of antimicrobial stewardship principles across the healthcare sector.

The roundtable session provided a valuable opportunity for collaboration and the exchange of ideas among

stakeholders committed to addressing antimicrobial resistance. MMA remains dedicated to working closely with government agencies, healthcare institutions, professional bodies, and other relevant stakeholders to support national antimicrobial stewardship initiatives, combat the growing threat of antimicrobial resistance, and safeguard the effectiveness of life-saving antimicrobial treatments for future generations.

8. MEETING WITH AIA

The meeting was attended physically by PPS Chairman Dr Eratha and Dr Habib, while HGS representatives Dr Vasu, Dr Vani, and Dr Zamani joined virtually on 18th December 2025. Representatives from AIA included Dr Kumari, Ms Lili, Pn Norlia, and Mr Ooi Xian Yang.

The meeting focused on several key issues concerning general practice and healthcare service delivery. Among the matters discussed were the need to improve GP consultation fees to ensure the sustainability of primary care services and the continued delivery of quality patient care. Concerns were also raised regarding interference in clinical management, particularly in ensuring that medical decisions remain within the professional judgement of healthcare practitioners.

In addition, both parties explored potential collaboration opportunities involving telemedicine, including the importance of establishing clearer roles, responsibilities, and safeguards to support safe and effective implementation. Discussions were also held on the need to review and improve the capping of medicine prices to better reflect current healthcare and operational costs.

Overall, the discussions were constructive, with open engagement and positive participation from both parties. The meeting concluded on a positive note, with mutual understanding and commitment towards continued collaboration.

9. MEETING WITH MALAYSIAN EMPLOYERS FEDERATION (MEF)

PPSMMA held an engagement session with the Malaysian Employers Federation on 30th December 2025 at 10.00 a.m. at the MEF headquarters in Phileo Damansara. The session focused on health and wellness practices for workers within our national healthcare ecosystem.

During the discussion, various issues affecting workers, employers, doctors, and the role of Third-Party Administrators (TPAs) in the healthcare ecosystem were highlighted. PPSMMA emphasised that telemedicine services should not be used for the issuance of medical certificates (MCs), in order to raise awareness among workers and employers.

PPSMMA also raised concerns regarding the lack of continuity in care through telemedicine, which may adversely affect workers' health and overall wellbeing. Of particular concern was the shift in non-communicable disease (NCD) management from family doctors to

SECTION REPORTS > PPSMMA

telemedicine platforms. This could lead to complications such as poor medication adherence, fragmented care, and inadequate follow-up, potentially resulting in chronic kidney disease and treatment failure.

MEF acknowledged these concerns and expressed its commitment to work closely with PPSMMA to educate its members, as well as to review policies that may impact workers' health and wellbeing.

PPSMMA thanks MEF for their kind gesture and looks forward to collaborating with MEF in the coming years to ensure that Malaysian workers receive optimal healthcare, that workforce productivity and wellbeing are protected, and that a balance is maintained between economic sustainability and quality healthcare delivery.

10. MEETING WITH MICARE - TELEMEDICINE

An online meeting was held on 30th December 2025 between PPSMMA and MiCare to discuss MiCare's proposed telemedicine programme, which is intended to enhance healthcare accessibility and provide benefits to both patients and general practitioners (GPs) within the MiCare panel network.

During the discussion, MiCare outlined its plans for a pilot implementation scheduled to commence in February 2026. The pilot phase will involve a selected group of GPs in the Klang Valley and will serve as an initial assessment of the programme's operational effectiveness, clinical suitability, and user acceptance. Subject to a successful pilot outcome, MiCare intends to consider a phased expansion of the programme on a nationwide basis.

PPSMMA expressed its support for the initiative in principle, recognising the potential benefits of telemedicine in improving patient access to care and enhancing service delivery. However, such support is subject to full compliance with the relevant Malaysian Medical Council (MMC) telemedicine guidelines, as well as all applicable medico-legal, ethical, and professional requirements.

To facilitate further evaluation, MiCare agreed to provide its operational framework and clinical practice guidelines to PPSMMA for review and feedback. This review process will help ensure that the proposed programme aligns with current regulatory standards and professional practice requirements before wider implementation is considered.

11. PPSMMA VIRTUAL TOWNHALL GP MEETING

The PPSMMA Virtual Townhall Meeting was successfully conducted online on 6th January 2026, with full attendance from all PPSMMA Exco members, together with participation from other general practitioners (GPs). The meeting provided an important platform for members to engage in constructive discussions and exchange views on matters affecting the profession.

Various issues and developments pertaining to PPS were thoroughly discussed during the session. Participants had the opportunity to raise concerns, share feedback, and deliberate on matters of common interest, with the aim of strengthening collaboration and ensuring that members remain informed of ongoing initiatives and key developments.

The meeting was conducted in a productive and collegial manner, with active participation from attendees contributing to meaningful discussions and the sharing of valuable insights. PPSMMA extends its sincere appreciation and thanks to Dr Eratha Krishnan, Chairman of PPS, for organizing and facilitating this successful townhall meeting, which served as an effective platform for engagement and communication among members.

12. PPSMMA MEETING WITH NATIONAL CANCER SOCIETY MALAYSIA (NCSM)

On 13th January 2026, PPSMMA attended a virtual meeting with the National Cancer Society Malaysia (NCSM), during which a comprehensive briefing was presented on the Leaving No One Behind 2.0 programme. The session provided an overview of the programme's objectives, implementation framework, and the important role that primary care practitioners can play in supporting its success.

The initiative aims to provide subsidised Gardasil vaccination to all school-aged children between the ages of 9 and 14 years. By making the HPV vaccine more accessible and affordable, the programme seeks to improve vaccination coverage among eligible children and contribute towards the long-term prevention of HPV-related diseases. The programme is intended to be delivered through a network of GP partners nationwide, with the dual objective of strengthening GP-led vaccine delivery services while increasing HPV vaccine uptake within the community.

During the meeting, NCSM highlighted the importance of collaboration with healthcare stakeholders and invited PPSMMA to support the programme as part of this nationwide public health effort. In particular, NCSM requested PPSMMA's assistance in disseminating relevant information, raising awareness, and providing educational support to general practitioners so that they are well-informed about the programme's objectives, eligibility criteria, and implementation process.

PPSMMA expressed its support for the initiative, recognising its potential public health benefits and the valuable role of primary care providers in expanding access to preventive healthcare services. To facilitate greater engagement and participation among GPs, PPSMMA has agreed to assist in organising a webinar to provide a detailed briefing on the programme. This educational session will help ensure that general practitioners are adequately informed and prepared for effective implementation, while also promoting wider awareness of the initiative at the primary care level.

SECTION REPORTS > PPSMMA

13. PPSMMA & NWC BRIEFING WITH NATIONAL CANCER SOCIETY MALAYSIA

On 14th January 2026, PPSMMA successfully conducted a webinar to introduce the Leaving No One Behind 2.0 (LNOB 2.0) programme to members of PPSNWC. The webinar was organised as part of ongoing efforts to raise awareness of the initiative and to provide general practitioners with a better understanding of the programme's objectives and implementation framework.

The session featured a presentation by Dr. Jessica from the National Cancer Society Malaysia (NCSM), who delivered a comprehensive overview of the LNOB 2.0 programme. Her presentation covered the background and objectives of the initiative, its implementation strategy, eligibility criteria, and the operational aspects of programme delivery. Particular emphasis was placed on the important role of general practitioners in facilitating access to subsidised Gardasil vaccinations for school-aged children and supporting efforts to improve HPV vaccination uptake within the community.

Participants were also briefed on how GP involvement would contribute to the programme's broader public health goals, including increasing awareness of HPV prevention and expanding access to preventive healthcare services. The session provided an opportunity for attendees to gain further insights into the programme and to seek clarification on various aspects of its implementation.

The webinar served as an important platform for engagement between stakeholders and primary care providers, helping to enhance understanding of the initiative and its potential impact. It also encouraged active participation among general practitioners and reinforced the important role of primary care in supporting national efforts to improve HPV vaccination coverage and promote preventive healthcare among school-aged children.

14. MESYUARAT PENYELARASAN DRAF ARAHAN KETUA PENGARAH KESIHATAN BAWAH AKTA 586: PROSEDUR KHATAN DI KLINIK PERUBATAN SWASTA UMUM

This meeting was organized by Sektor Polisi, Sumber & Piawaian, Cawangan Kawalan Amalan Perubatan Swasta (CKAPS), Kementerian Kesihatan Malaysia. The meeting was held on 21st January 2026 at Cawangan Kawalan Amalan Perubatan Swasta, Aras 3, Blok E1, Kompleks E, 62590 Putrajaya, and was chaired by Dr. Hirman bin Ismail, Pengarah, Bahagian Amalan Perubatan.

Dr. Narvindaran Mariappan attended the meeting as the representative of the Malaysian Medical Association (MMA). The meeting was also attended by representatives from various relevant organizations and agencies, including Bahagian Amalan Perubatan, Malaysian Doctor Circumcision Society (MADOCS),

Kementerian Pengajian Tinggi, Cawangan Kawalan Amalan Perubatan Swasta (CKAPS), and Pertubuhan Doktor-Doktor Islam Malaysia (PERDIM).

During the meeting, participants engaged in discussions on issues related to complications arising from circumcision procedures and the proposed Draft Directive of the Director-General of Health under Act 586. Views and feedback were exchanged among the various stakeholders to ensure that the proposed directive is practical, appropriate, and aligned with current clinical practice and regulatory requirements.

The discussions provided an important platform for relevant stakeholders to share perspectives, address concerns, and contribute towards the development of policies and standards aimed at enhancing patient safety, maintaining professional standards, and strengthening the governance of private medical practice in Malaysia.

15. PM CARE X MMA - GP PANEL AUDIT DISCUSSION

A meeting was held between PM Care and PPSMMA on 27th February 2026 to discuss matters related to the GP panel audit. The discussion focused on key issues concerning audit findings, healthcare practices, and future proposals affecting general practitioners.

One of the main matters discussed was the issue of fraudulent and unethical claims involving a small number of GP clinics. PPSMMA reiterated that it does not condone any form of fraudulent practice and emphasized the importance of maintaining professional and ethical standards within the medical profession. PPSMMA further suggested that PM Care engage directly with the clinics concerned to address the issues and determine the appropriate course of action. In addition, PPSMMA clarified that it would not interfere with any recovery actions undertaken by PM Care or their clients.

The meeting also included discussions on a proposed Diagnosis-Related Group (DRG) framework involving 16 diseases. PPSMMA expressed concerns that the implementation of DRG in primary care settings may not be suitable at this stage and highlighted that premature implementation without comprehensive studies and stakeholder engagement could lead to various operational and clinical issues. PM Care acknowledged the concerns raised by PPSMMA and agreed that further discussions and engagements would be necessary before any implementation.

Overall, the meeting was conducted in a constructive manner, with both parties openly exchanging views and concerns. The meeting concluded with a mutual agreement to continue engagement and discussions on the matters raised.

16. SESI LIBAT URUS DENGAN PASUKAN PERUNDING BERKENAAN CKAPS LICENSING REVIEW

On 9th March 2026, an engagement session involving CKAPS, En. Aziz from Ernst and Young, and representatives

SECTION REPORTS > PPSMMA

from MMA, PERDIM, FPMPAM, and MPCAM was held to discuss matters related to the current CKAPS licensing and registration process, as well as the development of the proposed CKAPS e-Licensing Portal.

The main objective of the session was to obtain feedback on the existing CKAPS licensing and registration process, particularly regarding the challenges and bottlenecks faced by clinics and practitioners during registration and licence renewal. In addition, the session aimed to gather views and suggestions on the future digital platform, including the development of the CKAPS e-Licensing Portal and the identification of necessary features, requirements, and improvements to create a more efficient digital licensing system.

During the discussion on the existing CKAPS registration process, participants shared their experiences and highlighted several challenges encountered. Among the issues raised were the lengthy processing time for clinic registration and licence approval, as well as the extensive documentation requirements, which may result in repeated submissions when documents are incomplete or unclear. Participants also noted the limited transparency regarding application status, making it difficult for applicants to monitor progress. Communication gaps between applicants and the licensing authority when clarification was required were also highlighted, together with variations in the interpretation of requirements across different states or officers.

The session also focused on recommendations for the future CKAPS e-Licensing Portal. Participants proposed the establishment of a centralised online portal for the submission, tracking, and management of CKAPS licensing applications. Suggestions included the implementation of real-time application tracking to allow applicants to monitor progress and required actions, as well as the provision of clear checklists and guidelines to reduce incomplete submissions. Participants further recommended automated notifications for missing documents, approvals, and renewals, together with the ability to securely upload and store documents to minimise repeated submissions. Other suggestions included integration with relevant regulatory systems where appropriate and the development of a user-friendly interface for clinic operators and healthcare professionals.

Overall, the engagement session provided an opportunity for professional bodies and CKAPS representatives to openly exchange views regarding the current licensing system and potential areas for improvement. Feedback gathered during the session will be considered as part of the ongoing CKAPS licensing review and the planning and development of the proposed e-Licensing platform.

17. PERBINCANGAN BERKENAAN PENGLIBATAN PENGAMAL PERUBATAN SWASTA DALAM INISIATIF KESIHATAN PARU-PARU (LUNG HEALTH INITIATIVE)

An online meeting on the involvement of private medical practitioners in the Lung Health Initiative was held on 27th March 2026, hosted by the Sektor Keselamatan dan Kesihatan Pekerjaan, Kementerian Kesihatan Malaysia. The meeting was attended by Datuk Dr. Arasu (MMA President) and Dr. Sriharan Rao (Vice Chairman, PPS MMA), together with representatives from NCSM.

The discussion focused on the NCSM Lung Shield Programme, a lung cancer screening and diagnostic initiative by the National Cancer Society Malaysia, supported by the Ministry of Health Malaysia. The programme targets individuals aged 18-65 years, where patients will be referred to GPs mainly for chest X-ray screening using AI-assisted technology.

The initiative also includes a diagnostic pathway covering CT scans, biopsy, staging, and molecular testing, supported by micro-insurance coverage of up to RM10,000 to reduce financial barriers. Participating GPs will receive RM35 for each chest X-ray and RM9 as commission.

The programme is expected to commence in April 2026, with a webinar scheduled on 15th April 2026 to brief GPs on the initiative. The meeting concluded with fruitful discussions on collaboration between the public health sector and private practitioners to strengthen early detection of lung diseases.

18. MERCK FERTILITY CONNECT PROGRAMME MEETING

Dr Vani, Treasurer of PPSMMA, represented the association at a meeting held on 27th March 2026 involving representatives from Merck, LPPKN, and the Malaysian Medical Association (MMA). Other attendees included Dr Sarega and Ms Xixiqn from Merck, as well as Dr Kevin from Digital A+ Healthcare Group. The meeting was convened to discuss ongoing efforts and future plans related to fertility care and infertility counselling initiatives in Malaysia.

During the meeting, several key updates were shared regarding the proposed programme and stakeholder engagement activities. It was noted that LPPKN will serve as the lead agency for the programme, while MMA will act as a co-lead partner, with a particular focus on encouraging and facilitating the participation of general practitioners. The collaboration aims to strengthen the role of primary care practitioners in fertility awareness, counselling, and early intervention, while promoting a more coordinated approach to fertility care services nationwide.

Participants were informed that a Steering Committee meeting has been scheduled for 19th May 2026, from 9:00AM to 12:00PM in the Klang Valley. The meeting will be chaired by LPPKN and co-led by MMA, with two MMA

SECTION REPORTS > PPSMMA

representatives expected to participate. A broad range of stakeholders will be involved in the discussions, including representatives from BPPK, Bahagian Perkembangan Perubatan, OGSM, AFPM, MSART, FMSA Malaysia, and institutions from the Higher Education sector. The involvement of these organisations is intended to ensure a multidisciplinary and collaborative approach towards addressing fertility-related issues in Malaysia.

The Steering Committee meeting is expected to focus on several important areas, including an overview of the current fertility care landscape in Malaysia, the identification of existing bottlenecks and challenges within fertility services, and a review of the proposed fertility counselling module. Discussions will also centre on practical recommendations and solutions to address service gaps, improve patient access to fertility-related information and care, and strengthen collaboration between healthcare providers and relevant stakeholders.

A key component of the initiative is the development of the "Infertility Counselling in Primary Care" module, which is intended to support healthcare professionals, particularly general practitioners, in providing effective counselling and guidance to patients experiencing fertility-related concerns. During the discussion, it was suggested that the MMA logo be included in the module to reflect the association's involvement and support for the initiative. The module is currently targeted for an official launch at the end of September 2026, with the launch expected to be officiated by the Minister of Women and Family.

As part of the next steps, LPPKN will formally invite MMA to nominate two representatives to participate in the Steering Committee. In addition, an official letter will be issued regarding the use of the MMA logo for the module and related programme materials. PPSMMA will continue to monitor developments and support MMA's participation in this collaborative initiative aimed at enhancing fertility awareness, counselling services, and patient care within the primary healthcare setting.

19. CONCERN ON THE STATE OF PUBLIC AND PRIVATE HEALTHCARE AND HEALTH CRISIS - MEETING WITH BAR COUNCIL

On 9th April 2026, a meeting was held between representatives of the Malaysian Medical Association (MMA) and the Bar Council to discuss several key issues of national importance and to explore potential areas for future collaboration. The meeting provided an opportunity for both organisations to exchange views on matters relating to healthcare, legal protections, public welfare, and policy development.

During the discussion, both parties highlighted workforce sustainability as a critical national priority.

Concerns were raised regarding the long-term sustainability of the healthcare workforce, particularly within the public healthcare sector. It was emphasised that government healthcare services play a vital role in ensuring equitable access to healthcare for all Malaysians and should be adequately supported and protected. Both organisations agreed on the importance of maintaining a strong public healthcare system and noted that healthcare services should not be overly privatised at the expense of accessibility and affordability.

The meeting also addressed issues relating to access to healthcare, particularly for migrant workers. Both parties acknowledged the challenges faced by this group in obtaining timely and appropriate healthcare services and discussed the importance of ensuring that healthcare policies are inclusive and responsive to the needs of vulnerable populations. Improving access to healthcare was recognised as an important component of public health and social well-being.

In addition, discussions focused on the need for a Mental Capacity Act to provide a clear legal framework for decision-making involving individuals who may lack the capacity to make informed decisions regarding their care and welfare. Both organisations recognised the importance of such legislation in safeguarding patient rights, protecting vulnerable individuals, and providing guidance to healthcare professionals and caregivers.

Concerns were also raised regarding reports of police brutality in prisons and detention centres. The discussion highlighted the need for stronger oversight, accountability, and monitoring mechanisms to ensure that the rights, safety, and well-being of individuals in custody are protected. Both parties agreed that appropriate safeguards and transparent processes are essential in upholding justice and human rights.

The meeting concluded with a mutual commitment to strengthen cooperation between MMA and the Bar Council. Both organisations agreed to work together on advocacy initiatives, policy discussions, and collaborative efforts aimed at improving healthcare access, strengthening legal protections, and promoting reforms that would benefit both healthcare professionals and the wider community in Malaysia.

20. IHH X MMA COLLABORATION DISCUSSION

An online discussion was held on 9th April 2026 between representatives from IHH, namely Dr Raymond and Ms Olivia, and representatives from the Malaysian Medical Association (MMA) led by Dato Dr Arasu, Dr Eratha, and the MMA team. The meeting was convened to explore potential areas of collaboration between both organisations, with particular focus on strengthening engagement and coordination between general practitioners, specialists, and hospitals.

SECTION REPORTS > PPSMMA

A key topic of discussion was the proposed development of a dedicated GP portal through a collaborative effort between IHH and MMA. The portal is envisioned as a platform that will facilitate more efficient referral processes, improve communication channels, and establish stronger feedback mechanisms between general practitioners and specialists or hospitals. The initiative aims to enhance continuity of patient care by ensuring that relevant clinical information and referral updates can be shared more effectively among healthcare providers.

Both parties exchanged views on the potential features and benefits of the portal, including its role in supporting seamless care coordination, improving accessibility to specialist services, and strengthening professional collaboration across different levels of healthcare delivery. It was noted that the proposed collaboration is progressing positively, with a Memorandum of Understanding (MOU) expected to be signed in May or June 2026 to formalise the partnership.

In addition to the GP portal initiative, both parties agreed in principle to explore opportunities for jointly organising workshops, educational programmes, and training courses for general practitioners. These initiatives are intended to support the continuous professional development of GPs through clinical updates, best practices in referral management, and greater exposure to digital healthcare tools and technologies. The collaboration is also expected to contribute towards enhancing the overall quality of patient care and fostering stronger professional relationships between primary care providers and the wider healthcare ecosystem.

The discussion was productive and marked an important step towards building a strategic partnership between MMA and IHH. Further engagements are expected to take place as both parties work towards finalising the collaboration framework and implementing the proposed initiatives.

21. SESI PERJUMPAAN CKAPS BERSAMA MMA

We met with representatives from CKAPS on 13th April 2026 in a meeting led by Dr Faizal, Timbalan Pengarah CKAPS. Representing the Malaysian Medical Association (MMA) were MMA President Datuk Dr Arasu, President-Elect Dr Sivanaesan, PPS Chairman Dr Eratha, and PPS Exco members Dr Tuan Zamani, Dr Sritharan, and Dr Gokilavani. Joining the meeting virtually were Dr Vasu Pillai (MMA Honorary General Secretary), Dr Selva (MMA Deputy Secretary), and Dr Eng Han (PPSMMA Deputy Secretary).

The meeting served as an important platform for engagement between MMA and CKAPS, allowing both

parties to discuss a range of issues affecting general practitioners and private primary care clinics. Various operational, regulatory, and administrative matters were raised, with participants sharing feedback and experiences from the ground to provide a clearer understanding of the challenges faced by practitioners in the current healthcare landscape.

Discussions focused on identifying practical solutions to address these concerns, as well as exploring opportunities for greater collaboration between MMA and CKAPS. Both parties exchanged views on ways to improve existing processes, enhance communication channels, and support the delivery of quality healthcare services within the private primary care sector.

The meeting was constructive and provided an opportunity for meaningful dialogue on matters of mutual interest. MMA looks forward to continuing its engagement with CKAPS and working collaboratively on initiatives that will benefit general practitioners and strengthen the primary care ecosystem in Malaysia.

22. MEETING ON THE PUBLIC-PRIVATE INTEROPERABILITY INITIATIVE - MALAYSIA DIGITAL HEALTH CERTIFICATION NETWORK (MDHCN)

On 13th April 2026, PPSMMA met with Bahagian Kesihatan Digital, Kementerian Kesihatan Malaysia (KKM), to discuss the Malaysian Digital Health Certification Network initiative. Representing the Malaysian Medical Association (MMA) were PPS Chairman, Dr Eratha, and PPS Exco members, Dr Tuan Zamani and Dr Gokilavani.

During the meeting, both parties exchanged views on the objectives and potential implementation of the initiative, particularly in relation to strengthening digital health integration within the primary care sector. Discussions focused on opportunities to enhance interoperability of patient health records through existing digital platforms such as MyVAS and MySejahtera, with the aim of improving continuity of care, data accessibility, and healthcare service delivery.

In addition, the initiative is expected to provide greater visibility for GP clinics within the national digital health ecosystem, enabling better engagement between healthcare providers and patients. PPSMMA will continue to work closely with Bahagian Kesihatan Digital as the project develops and will provide feedback from the primary care perspective to support its successful implementation.

To ensure members remain informed and have the opportunity to contribute their views, PPSMMA will be arranging a dedicated engagement session in the near future, allowing members to interact directly with representatives from the unit and gain further insights into the initiative.

SECTION REPORTS > PPSMMA

23. TAKLIMAT PENGENALAN DAN PERBINCANGAN BERKAITAN CADANGAN INTEGRASI SISTEM ELECTRONIC NATIONAL CENTRE FOR DISEASE CONTROL (ENCDC) DENGAN FASILITI KESIHATAN SWASTA

On 22nd April 2026, Dr Eratha (PPS Chairman) and Dr Gokilavani (PPS Treasurer) attended a briefing conducted by the Bahagian Kawalan Penyakit, Kementerian Kesihatan Malaysia (KKM), regarding the eNCDC initiative led by the National Centre for Disease Control (NCDC).

During the briefing, an overview of the proposed eNCDC project was presented, including its intended objectives and the preliminary plans for its implementation. It was noted that the eNCDC project is currently still in the planning and development phase, with further details and operational frameworks yet to be finalised.

As the initiative progresses, additional discussions and stakeholder engagement sessions are expected to take place. Further engagement with the Malaysian Medical Association (MMA) will be carried out to ensure that the views and feedback of private medical practitioners are taken into consideration throughout the development of the project.

24. MYMAHIR FSTC – HEALTHCARE SECTOR 3RD COUNCIL MEETING

The MyMAHIR FSTC Healthcare Sector Council Meeting was held on Thursday, 23rd April 2026, from 10:30AM to 12:00PM at the Mordor Room, Level 5, Surian Tower, Mutiara Damansara. Dr Rukeswaran attended the meeting on behalf of Dr Gokilavani, representing the Malaysian Medical Association (MMA).

The meeting brought together council members and key stakeholders to discuss and finalise several important matters related to workforce development within the healthcare sector. Among the key agenda items were the confirmation of focus job roles, the identification of workforce solutions to address current and future industry needs, as well as recommendations for training providers to support the development of a skilled and sustainable healthcare workforce.

The discussions were productive and provided valuable insights into the direction of healthcare workforce planning and capacity building initiatives under MyMAHIR. Council members also shared their perspectives on the challenges faced within the sector and explored potential strategies to strengthen workforce readiness and professional development opportunities.

In addition, Pn. Norhamijah was re-elected as Chairperson of the Healthcare Sector Council for another term. On behalf of the Malaysian Medical Association (MMA), congratulations were conveyed to

her on her reappointment, together with best wishes for her continued leadership in guiding the council's initiatives and objectives for the coming year.

25. STRATEGIC PLANNING WORKSHOP FOR ASBESTOS BAN ADVOCACY IN MALAYSIA

On 29th April 2026, the PPS Chairman represented the Malaysian Medical Association (MMA) at the workshop on Asbestos Ban Advocacy in Malaysia, organised by the Building and Wood Workers' International – Asia Pacific (BWI). The workshop brought together representatives from various organisations and stakeholders to discuss ongoing advocacy efforts, current challenges, and strategies aimed at achieving a comprehensive ban on asbestos use in Malaysia.

During the workshop, participants shared perspectives on the health, occupational, and public safety implications associated with asbestos exposure. Discussions also focused on raising awareness among policymakers, healthcare professionals, workers, and the general public regarding the long-term health risks linked to asbestos, including respiratory diseases and other serious health conditions.

Representing MMA, the PPS Chairman participated in the discussions and highlighted several potential platforms through which MMA could contribute to advocacy and awareness efforts. These included professional engagement sessions, educational programmes, public health campaigns, stakeholder dialogues, and collaborations with relevant organisations to increase awareness of asbestos-related health risks among healthcare professionals and the wider community.

The PPS Chairman also expressed MMA's openness to further engagement and collaboration with BWI and other stakeholders involved in the advocacy initiative. MMA welcomed opportunities to contribute its expertise and support efforts aimed at promoting public health, occupational safety, and evidence-based policymaking concerning asbestos use in Malaysia.

The workshop provided a valuable opportunity for networking and knowledge sharing among stakeholders, and MMA looks forward to continued discussions and future engagements on this important public health issue.

26. MEETING BETWEEN MMA-PHS AND MMA-PPS EXCO MEMBERS

The meeting between the MMA Public Health Society (MMA-PHS) and MMA Primary Care Section (MMA-PPS) Exco was held on 3rd May 2026. The meeting served as a platform for both groups to strengthen collaboration, align their planned activities, and enhance communication to ensure better coordination of programmes and initiatives that would benefit MMA members.

SECTION REPORTS > PPSMMA

A significant focus of the discussion was on improving the visibility and accessibility of activities organised by both sections. Members agreed on the importance of utilising the MMA main website as a central platform for promoting and disseminating information relating to both PHS and PPS activities. To facilitate this, it was proposed that a dedicated drop-down section be created for PHS-related events and programmes, allowing members to easily access relevant information and updates.

The meeting also explored opportunities for greater collaboration in organising educational and professional development activities, particularly webinars that would be of interest to members from both sections. Members discussed several potential topics and agreed that joint webinars would be an effective way to maximise resources, increase participation, and provide multidisciplinary perspectives on important healthcare issues.

Among the specific topics discussed were HIV management and occupational safety and health (OSH). For the proposed HIV webinar, discussions centred on current developments and best practices related to the distribution of Pre-Exposure Prophylaxis (PrEP) and Combination Prevention Therapy (CPT), with the aim of enhancing awareness and knowledge among healthcare practitioners. The webinar is expected to provide updates on implementation strategies, clinical considerations, and the role of healthcare providers in supporting HIV prevention efforts.

In addition, members discussed organising a webinar focusing on Occupational Safety and Health (OSH). Proposed topics include career pathways within the field of occupational health, available professional certifications, and opportunities for healthcare practitioners who wish to expand their expertise in this area. The webinar aims to provide participants with a better understanding of the OSH landscape and the professional development opportunities available.

The meeting concluded with both groups expressing their commitment to closer collaboration moving forward. It was agreed that proposals for the planned webinars and related activities would be drafted and shared among the respective committees for further discussion and refinement. Regular updates will also be exchanged to ensure seamless coordination, avoid duplication of efforts, and maximise member engagement across both sections. Through this collaborative approach, MMA-PHS and MMA-PPS aim to strengthen professional development opportunities and deliver greater value to MMA members.

27. MESAS2U BRIEFING WITH PPS NWC

PPS Excos and NWC representatives attended an online briefing on 9th May 2026 at 2:30PM regarding a

proposed new system that would involve general practitioners (GPs) in conducting medical examinations for the renewal of Goods Driving Licence (GDL) holders.

The briefing was conducted in collaboration with MESAS2U, the digital platform provider responsible for the development and implementation of the proposed system. During the session, participants were provided with an overview of the programme and its intended role in facilitating a more streamlined and efficient process for GDL medical examinations.

Key aspects of the proposed workflow were presented, including the procedures for patient registration, medical assessment, documentation requirements, and submission of examination findings through the digital platform. The implementation process and operational requirements for participating GPs were also explained to provide a clearer understanding of how the system would function in practice.

In addition, the briefing covered the claims process associated with the programme. It was explained that payments for eligible medical examinations conducted under the system would be claimed from PERKESO, with details provided on the submission procedures and reimbursement mechanism.

The session served as an introductory platform for PPS representatives to better understand the proposed initiative, its operational framework, and the potential role of general practitioners in supporting the implementation of GDL licence renewal medical examinations through the MESAS2U platform.

28. SESI LIBAT URUS ANTARA MAJLIS OPTIK MALAYSIA BERSAMA MALAYSIAN SOCIETY OF OPHTHALMOLOGY (MSO)

PPS Chairman, Dr Eratha Krishnan, attended an engagement session between the Malaysian Society of Ophthalmology (MSO) and the Majlis Optik Malaysia (MOC) on 14th May 2026. The session was chaired by Dr Hirman Ismail and brought together representatives from various stakeholders to discuss matters relating to eye care services and the proposed regulatory framework for the optometry profession in Malaysia.

The primary focus of the engagement session was the proposed Optometry Bill (RUU Optometrist). Participants exchanged views on the objectives, scope, and potential implications of the proposed legislation, particularly in relation to the roles and responsibilities of the various healthcare professionals involved in the delivery of eye care services. The discussion provided an opportunity for stakeholders to share feedback, raise concerns, and highlight areas that may require further clarification or consideration before the Bill progresses through the legislative process.

SECTION REPORTS > PPSMMA

The session also underscored the importance of maintaining collaborative and constructive dialogue among all parties to ensure that the proposed legislation

supports patient safety, promotes high standards of care, and strengthens the overall eye care ecosystem. Participants acknowledged the need to carefully consider the impact of the Bill on healthcare delivery and interdisciplinary collaboration within the sector.

It was noted that further engagement sessions and consultations will be conducted with relevant stakeholders before the Bill is tabled. These sessions will provide additional opportunities for feedback and discussion to ensure that the views of all affected parties are appropriately considered during the development of the legislation.

In the meantime, the Malaysian Medical Association (MMA) will continue to collaborate with relevant organisations on initiatives aimed at strengthening primary care involvement in eye health. This includes efforts to train and equip general practitioners with the knowledge and skills required for the screening and early detection of common eye conditions. Such initiatives are expected to enhance early identification and timely referral of patients, ultimately contributing to improved patient outcomes and better integration of eye care services within the primary healthcare setting.

29. SESI LIBAT URUS DENGAN PASUKAN PERUNDING BERKENAAN CKAPS LICENSING REVIEW

On 15th May 2026, PPS Exco members were invited to participate as stakeholders in an engagement session relating to the CKAPS licensing process and the proposed e-Licensing platform. The session brought together relevant stakeholders to discuss current processes, share experiences, and provide feedback on areas that could be enhanced to improve efficiency and user experience.

The engagement provided a valuable opportunity for participants to raise concerns, highlight challenges encountered during the licensing and registration process, and offer practical suggestions for improvement. Discussions were conducted in a constructive and collaborative manner, allowing stakeholders to exchange views and contribute insights from their respective experiences.

Particular attention was given to the development of the proposed e-Licensing platform, with discussions focusing on how digitalisation could streamline licensing procedures, improve accessibility, reduce administrative burdens, and enhance overall service delivery. Stakeholders were encouraged to provide feedback on system functionality, user requirements, and potential features that could support a more efficient and user-friendly licensing process.

The session facilitated meaningful engagement between PPS representatives and the relevant authorities, fostering greater understanding of the needs and expectations of healthcare practitioners. The feedback and recommendations gathered during the discussion will contribute to the ongoing review and enhancement of the CKAPS licensing process, as well as support the development and refinement of the proposed e-Licensing platform.

PPS remains committed to representing the interests of its members and will continue to participate in future stakeholder engagements to ensure that the views and concerns of general practitioners are taken into consideration throughout the improvement process.

30. MESYUARAT JAWATANKUASA PEMANDU PROGRAM JARINGAN KESUBURAN - LPPKN

On 19th May 2026, PPS Chairman, Dr Eratha and PPS Treasurer, Dr Vani attended a meeting with LPPKN to discuss the role of primary care in the management of infertility and the potential contributions of general practitioners in supporting individuals and couples experiencing fertility-related concerns.

The meeting focused on several key areas, including the role of primary care practitioners in the early detection of infertility, the provision of appropriate counselling, and the establishment of effective referral pathways to specialist services when required. Discussions highlighted the importance of early identification and timely intervention, as well as the need to strengthen awareness and knowledge among general practitioners regarding fertility-related issues.

In addition, participants discussed current screening methods and approaches that could be implemented within the primary care setting to facilitate the assessment and identification of patients who may benefit from further evaluation. Consideration was also given to existing treatment guidelines and the role of primary care providers in supporting patients throughout their fertility journey, including education, counselling, and coordination of care.

The meeting provided a valuable platform for the exchange of views and expertise between LPPKN and primary care representatives. Discussions also explored opportunities to enhance collaboration and develop practical strategies to improve infertility care at the primary healthcare level. Strengthening the involvement of general practitioners in fertility awareness, early detection, counselling, and referral processes was recognised as an important step towards improving patient access to appropriate care and support.

The engagement reflects the ongoing commitment of both LPPKN and MMA to improve fertility-related services and ensure that primary care practitioners are well equipped to play an active role in the early management and support of patients experiencing infertility concerns.

SECTION REPORTS > PPSMMA**31. MESYUARAT MEMBINCANGKAN ISU BERKENAAN THIRD-PARTY ADMINISTRATORS (TPA)**

On 19th May 2026, PPS Exco members participated in an engagement session with Dr Federa Aini and her team to discuss several issues affecting private primary healthcare practice, particularly those involving Third-Party Administrators (TPAs) and compliance with existing healthcare regulations.

A key area of discussion centred on concerns regarding PM Care and other TPAs allegedly bypassing private healthcare facilities, and the requirements stipulated under the Private Healthcare Facilities and Services Act (PHFSA). Participants highlighted instances where health screening services were being conducted directly for corporate clients, including the provision of blood tests, without adequate involvement of registered medical practitioners. Concerns were raised that the absence of proper medical oversight could result in laboratory results being interpreted incorrectly or without sufficient clinical context, potentially affecting patient understanding and follow-up care.

The meeting also discussed issues relating to AIA Vitality and similar programmes that direct patients to pharmacies for blood tests and other health assessments. Participants expressed concerns that such practices may not be aligned with existing telemedicine guidelines and could potentially undermine the role of healthcare practitioners in patient assessment, diagnosis, counselling, and management. The importance of ensuring that medical investigations are conducted within an appropriate clinical framework, with adequate doctor involvement, was emphasised throughout the discussion.

In addition, the conversation highlighted broader concerns regarding the role and regulation of TPAs within the healthcare ecosystem. Participants stressed the need for clearer regulatory oversight to ensure that test results are appropriately reviewed and interpreted by qualified medical practitioners and that medical advice is provided only by authorised healthcare professionals. There was also discussion on the potential risks associated with TPAs engaging in activities that may be perceived as providing clinical recommendations or medical guidance without adequate medical supervision.

Further concerns were raised regarding the practice of some TPAs charging enrolment or participation fees to healthcare providers. Participants discussed the potential financial burden such practices may impose, particularly on newly established general practitioners and smaller clinics. The possible impact on the sustainability of private primary care practices, competition within the sector, and the overall quality of patient care was also considered.

The engagement session provided an important platform for PPS representatives to raise these concerns and exchange views on possible solutions. Participants agreed on the importance of strengthening regulatory oversight, ensuring compliance with existing healthcare legislation and guidelines, and safeguarding the role of medical practitioners in the delivery of patient care. The discussion also reinforced the need for continued engagement with relevant stakeholders and authorities to address these issues and promote a healthcare environment that prioritises patient safety, professional accountability, and quality of care.

32. MESYUARAT PASUKAN PETUGAS KHAS KETERJAMINAN PERKHIDMATAN KESIHATAN SUSULAN KRISIS TENAGA GLOBAL BIL. 2/2026

PPSMMA attended the Mesyuarat Pasukan Petugas Khas Keterjaminan Perkhidmatan Kesihatan Susulan Krisis Tenaga Global Bil. 2/2026 conducted by the Ministry of Health Malaysia (KKM) on 21st May 2026 via Google Meet. The meeting brought together representatives from relevant stakeholders to discuss ongoing efforts and strategies aimed at ensuring the sustainability and resilience of Malaysia's healthcare system in the face of current and emerging challenges.

A key focus of the meeting was the Pelan Rasionalisasi KKM, which outlines measures to ensure the continuity, accessibility, and sustainability of clinical healthcare services across Ministry of Health facilities nationwide. Discussions centred on the need to maintain efficient healthcare service delivery while addressing the increasing pressures faced by the healthcare system, particularly those arising from workforce shortages and changing service demands.

Participants reviewed various strategies related to healthcare workforce planning, including efforts to optimise the utilisation of existing human resources, improve workforce distribution, and strengthen service delivery models. Consideration was also given to the challenges associated with retaining healthcare personnel and ensuring that healthcare facilities continue to operate effectively despite ongoing workforce constraints.

In addition, the meeting explored approaches to service optimisation, including the rationalisation of clinical services, strengthening inter-facility collaboration, and improving operational efficiency within healthcare institutions. These measures are intended to support the continued provision of essential healthcare services while ensuring that available resources are utilised effectively and sustainably.

Maintaining the quality and safety of patient care remained a central theme throughout the discussion. Participants emphasised the importance of ensuring that any workforce or service delivery adjustments do not compromise patient outcomes, accessibility, or standards of care. The need for careful planning and stakeholder engagement in implementing these initiatives was also highlighted.

SECTION REPORTS > PPSMMA

The meeting provided PPSMMA with valuable insights into the Ministry of Health's ongoing efforts to address healthcare workforce challenges and safeguard the continuity of healthcare services. PPSMMA remains committed to engaging with relevant stakeholders and contributing to discussions that support the long-term sustainability, effectiveness, and quality of healthcare delivery in Malaysia.

33. STAKEHOLDER ENGAGEMENT MEETING ON DRG PAYMENT MECHANISM IN PRIMARY CARE

A Stakeholder Engagement Meeting on the Diagnosis-Related Group (DRG) Payment Mechanism in Primary Care was held on 22nd May 2026 to facilitate discussions on the potential implementation and implications of DRG-based payment models within the primary care setting.

The meeting was attended by representatives from the Malaysian Medical Association (MMA), including MMA Exco members Dr Vasu, Dr Selvarajah, and Dato Dr Parmjit. PPS MMA was represented by Dr Eratha and the PPS team. Representatives from several healthcare financing and managed care organisations were also present, including STMB Takafu, PM Care, and MediExpress.

The engagement session provided a valuable platform for stakeholders to exchange views, share concerns, and discuss the possible impact of adopting a DRG payment mechanism within primary care services. Participants highlighted various concerns relating to the terminology, structure, implementation framework, and practical implications of applying DRG principles in the primary care environment. Discussions focused on how the proposed model may affect healthcare delivery, clinical decision-making, administrative processes, and the sustainability of primary care practices.

Particular attention was given to issues surrounding reimbursement and payment mechanisms, including concerns regarding the adequacy of payments, case classification, patient complexity, and the potential impact on service quality and patient outcomes. Stakeholders emphasised the importance of ensuring that any future payment model appropriately reflects the realities of primary care practice and does not inadvertently compromise patient care or place undue administrative burdens on healthcare providers.

The meeting also provided an opportunity for healthcare providers and payers to better understand each other's perspectives and expectations. Various ideas and suggestions were exchanged in a constructive manner, with participants acknowledging the need for greater

clarity and further evaluation of the proposed approach before any implementation takes place.

At the conclusion of the meeting, all parties agreed that additional discussions, stakeholder engagements, and consultations would be necessary to further explore the feasibility, benefits, challenges, and operational considerations of a DRG payment mechanism in primary care. There was a shared understanding that continued collaboration and dialogue among all stakeholders would be essential to ensure that any future payment reforms are practical, sustainable, and aligned with the goal of delivering high-quality patient care.

34. MEETING WITH PR FIRM - SPAG FINN

A meeting was held on 22nd May 2026 between representatives of the Malaysian Medical Association (MMA), PPSMMA, and SPAG FINN to discuss a proposed public relations (PR) video campaign for PPSMMA. SPAG FINN representatives are Miss Selina and Miss Sara. The session provided an opportunity for both parties to exchange ideas and explore potential approaches for developing a campaign that would effectively communicate the role, contributions, and initiatives of PPSMMA.

During the discussion, PPSMMA presented its initial ideas and proposed content for the PR video campaign. The presentation covered the intended objectives of the campaign, key messages to be highlighted, and the target audience that the campaign aims to reach. The proposed campaign is intended to strengthen public awareness, enhance engagement with stakeholders, and provide greater visibility for the activities and contributions of PPSMMA within the healthcare landscape.

Representatives from SPAG FINN listened to the presentation, sought clarification on several points, and took note of the proposed concepts, messaging, and content ideas. The discussion also included preliminary considerations regarding campaign direction, storytelling approach, and communication strategy to ensure that the final campaign would align with PPSMMA's objectives and values.

SPAG FINN acknowledged the information shared during the meeting and indicated that the team would review the proposed ideas and develop a formal proposal for the campaign. The proposal is expected to include recommendations on campaign strategy, content development, creative execution, and other relevant considerations for the PR video initiative.

The meeting concluded on a positive and collaborative note, with both parties expressing interest in continuing discussions as the campaign concept is further refined and developed.

SECTION REPORTS > PPSMMA

Private Specialist Subcommittee

The Private Specialist Subcommittee is chaired by Dr Vasu Pillai, with support from Dr Gunalan Palari, Dr Kuharaj Balasubramaniam, Prof John George, and Dr Ashok Philip.

1. HEALTHCARE PARTNERS PROTOCOLS AND SOLUTIONS COMMITTEE

The subcommittee also contributes to the Healthcare Partners Protocols and Solutions Committee (HPPSC), which is co-chaired by Dr Gunalan Palari together with Dato Dr Venugopal Balchand, Dr Liew Shan Fap, and Dr Vasu Pillai.

The HPPSC includes representatives from the following organisations and stakeholder groups:

- Ministry of Health
- Bank Negara Malaysia
- Association of Private Hospitals Malaysia
- Other ITO and MCO

Over the past year, the HPPSC has met several times and achieved several important milestones, including establishing a direct doctor-to-doctor phone line and developing protocols for the depanelling of doctors and hospitals. The committee is currently working on additional initiatives, including claims rules for common diagnoses and admissions.

2. DIAGNOSIS

RELATED GROUPINGS

The Private Specialist Committee is also participating in discussions on Diagnosis Related Groupings.

Members will be updated once further guidance on implementation is received. At this stage, the process remains in an early phase, with data currently being sought from private hospitals.

Activities

1. DOCTOR'S DAY 2025

MMA Doctors' Day 2025 was successfully held on 25th October 2025 at the Prince Court Medical Centre (PCMC) Auditorium under the theme "Healing the Healers." The event was jointly organised by the Primary Care Section (PPS) and the Section Concerning House Officers, Medical Officers and Specialists (SCHOMOS), in collaboration with Prince Court Medical Centre.

The programme was conducted as a hybrid event, allowing participation both physically and virtually. More than 100 doctors from across Malaysia attended the event, demonstrating strong engagement and support from the medical fraternity. The event provided an important platform for healthcare professionals to come together, reflect on the challenges faced within the profession, and discuss ways to promote the well-being of those working in the healthcare sector.

In line with the theme, discussions centred on the physical, mental, and emotional well-being of healthcare professionals. Participants explored issues affecting not only doctors but also the wider healthcare workforce, including nurses, pharmacists, medical assistants, radiographers, physiotherapists, and other allied healthcare personnel who continue to play essential roles in delivering quality healthcare services. The sessions highlighted the importance of creating supportive work environments, promoting work-life balance, addressing occupational stress, and strengthening initiatives aimed at improving healthcare worker wellness.

The event also served as an opportunity to foster greater understanding and appreciation of the contributions made by healthcare professionals across various disciplines. Through meaningful discussions and interactions, participants were encouraged to share experiences, exchange ideas, and identify ways to better support one another in an increasingly demanding healthcare landscape.

The organisers would like to extend their sincere appreciation to Prince Court Medical Centre for its generous support in providing the venue, excellent hospitality, catering services, and event amenities, all of which contributed significantly to the success of the programme. Special thanks are also extended to PPS, SCHOMOS, MMA, the speakers, moderators, sponsors, and all individuals involved in the planning and execution of the event.

MMA Doctors' Day 2025 concluded successfully and served as a meaningful reminder of the importance of caring for those who dedicate their lives to caring for others. The event reinforced the collective commitment of the medical community towards supporting the well-being, resilience, and professional growth of healthcare practitioners throughout Malaysia.

SECTION REPORTS > PPSMMA

2. WEBINAR: TRAINING ON CLINICAL PRACTICE GUIDELINES FOR PRIMARY CARE PROVIDERS - CPG MANAGEMENT OF ERECTILE DYSFUNCTION

The Malaysian Health Technology Assessment Section (MaHTAS), Ministry of Health Malaysia, in collaboration with the Malaysian Medical Association (MMA), successfully conducted the Training on Clinical Practice Guidelines (CPG) for Primary Care Providers – Management of Erectile Dysfunction on 1st November 2025.

The session was officiated by Dr. Eratha Krishnan Gobinadan, PPSMMA Chairman. Speakers included Dr. Adam Firdaus Dahlan (Family Medicine Specialist, Klinik Kesihatan Sungai Besi), Dr. Ahmad Nazran Fadzli (Consultant Urologist, University Malaya), and Dr. Nadzirah Ahmad Basri (Clinical Psychologist, IIUM Kuantan).

The programme was moderated by Dr. Arun Arunasalam Porviappan (Consultant Urologist, KPJ Klang Specialist Hospital) and supported by Dr. Karen Sharmini Sandanasamy, Head of CPG Unit, MaHTAS.

Participants benefited through updated knowledge on risk factors, assessment, and management of erectile dysfunction, as well as practical guidance on applying the latest national CPG recommendations in daily primary care practice.

This collaborative initiative between MaHTAS and MMA reinforces the shared commitment to enhance evidence-based practice and continuous professional development among general practitioners nationwide.

3. WEBINAR : DATA PROTECTION OFFICER (DPO) TRAINING FOR GENERAL PRACTITIONERS

On 28th November 2025, PPSMMA successfully organised a Data Protection Officer (DPO) Training Programme conducted by PDPC Assistant Commissioner, Tuan Azrul, with the session moderated by Dr Eratha Krishnan, Chairman of PPSMMA. The programme was organised as part of PPSMMA's ongoing efforts to provide members with timely updates and practical knowledge on regulatory and compliance matters relevant to healthcare practice.

The training was conducted exclusively for Malaysian Medical Association (MMA) members and received an overwhelming response, with a total of 626 participants attending the session. The strong participation reflected the growing interest among healthcare practitioners in understanding data protection requirements and the role of Data Protection Officers within their organisations and practices.

During the two-hour training session, Tuan Azrul provided a comprehensive overview of the role and function of a Data Protection Officer. The session covered who can be appointed as a DPO, the

qualifications and competencies expected of the role, as well as the key responsibilities associated with ensuring compliance with data protection requirements. Participants were also given insights into the practical aspects of data governance, accountability, and the importance of safeguarding personal data within healthcare settings.

The session offered valuable guidance to practitioners who are preparing for future regulatory requirements and seeking to better understand their obligations regarding personal data management. Participants had the opportunity to gain clarification on various aspects of DPO responsibilities and the implementation of data protection practices within their respective organisations.

During the discussion, Tuan Azrul expressed his willingness to conduct additional training sessions in the future should there be sufficient interest and demand from members. He also confirmed that the recording of the session would be made available and shared with members, allowing those who were unable to attend or who wished to revisit the content to benefit from the training.

The programme was well received by participants and represented another successful educational initiative by PPSMMA. In addition to enhancing member knowledge and professional development, the event also contributed positively to membership growth. Between 12th November and 31st December 2025, MMA recorded 118 new member registrations, reflecting the value of such educational programmes in attracting and engaging healthcare professionals within the association.

Overall, the DPO Training Programme successfully achieved its objective of raising awareness and improving understanding of data protection responsibilities among healthcare practitioners while further strengthening member engagement and participation within MMA.

4. WEBINAR : INTRODUCTION WEBINAR OF THE LEAVING NO ONE BEHIND 2.0 PROGRAMME

On 26th January 2026, a webinar was conducted to discuss the Leaving No One Behind 2.0 HPV Vaccination Programme, with a particular focus on the transition from Gardasil 4 to Gardasil 9 as part of ongoing efforts to strengthen HPV vaccination coverage and cervical cancer prevention initiatives in Malaysia.

During the session, participants were provided with an overview of the programme's objectives, implementation framework, and participation requirements. The programme targets individuals aged between 9 and 14 years, in line with current recommendations for HPV vaccination, with the aim of increasing vaccination uptake and ensuring broader access to preventive healthcare services among eligible populations.

The webinar highlighted the pricing structure of the programme, including a subsidised rate of RM290 per

SECTION REPORTS > PPSMMA

dose for eligible participants. In addition, a fully subsidised option will be made available for individuals from rural and underprivileged communities to ensure that financial barriers do not prevent access to vaccination. The initiative reflects a commitment to promoting equitable healthcare access and improving public health outcomes through preventive measures.

Specific information was also shared regarding the participation of general practitioners (GPs) in the programme. Under the initiative, participating GPs will be able to purchase vaccines at a subsidised cost of RM240 per dose, allowing for a margin of RM50 per administered dose. An additional incentive of RM20 per dose will be provided for data entry and reporting requirements, recognising the administrative responsibilities associated with programme implementation and monitoring.

The session further outlined the operational aspects of the programme, including a comprehensive onboarding process designed to assist participating clinics and healthcare providers. Participants were informed about the available training opportunities to ensure that healthcare professionals are adequately prepared to implement the programme effectively and in accordance with established guidelines.

In addition, the organisers highlighted the availability of a dedicated support system to assist participating clinics throughout the programme. This support includes guidance on registration, vaccine procurement, reporting processes, and other operational matters to facilitate smooth implementation and encourage active participation among healthcare providers.

The webinar provided attendees with a clear understanding of the programme's objectives, benefits, and implementation requirements, while also offering an opportunity to seek clarification on operational and administrative matters. The initiative is expected to play an important role in expanding HPV vaccination coverage, supporting preventive healthcare efforts, and ensuring that vulnerable and underserved populations have access to this important public health intervention.

5. WEBINAR : TUBERCULOSIS MANAGEMENT AND UPDATE

PPSMMA successfully organised a webinar titled "Tuberculosis Management and Update" on 9th February 2026. The educational session was conducted as part of PPSMMA's ongoing commitment to providing continuous medical education and keeping members updated on the latest developments in clinical practice and disease management.

The webinar featured Dr Arvindran Alaga, Consultant Respiratory Physician from Hospital Sultanah Bahiyah, Alor Setar, Kedah, as the invited speaker. The session commenced with opening remarks by Dr Eratha Krishnan,

Chairman of PPSMMA, who welcomed participants and highlighted the importance of continuous learning in the management of communicable diseases, particularly tuberculosis (TB), which remains a significant public health concern.

During the presentation, Dr Arvindran provided an update on the current management of tuberculosis, focusing on key changes in clinical practice, recent developments, and best practices based on current guidelines. The session covered important aspects of TB diagnosis, treatment approaches, patient monitoring, and strategies to improve treatment outcomes. Participants also gained valuable insights into challenges commonly encountered in clinical practice and practical approaches to managing TB patients within the healthcare setting.

The webinar served as an important platform for healthcare practitioners to enhance their knowledge and remain informed about evolving recommendations in tuberculosis care. The interactive discussion that followed allowed participants to seek clarification on various clinical issues and share experiences related to TB management.

The programme was well received by attendees and successfully achieved its objective of strengthening awareness and understanding of current tuberculosis management practices among healthcare professionals. PPSMMA remains committed to organising similar educational initiatives to support the professional development of its members and to promote high standards of patient care within primary care practice.

6. INTERNATIONAL WOMEN'S DAY CELEBRATION

On 11th March 2026, the MMA Women's Health Committee in collaboration with PPSMMA hosted a meaningful International Women's Day celebration at AC Hotel Kuala Lumpur.

In conjunction with this event, the MMA Position Paper on Domestic Violence was officially launched—marking an important step forward in strengthening awareness, advocacy, and action within the healthcare system.

The evening also honoured distinguished key opinion leaders for their invaluable contributions to domestic violence advocacy and healthcare leadership:

Award Recipients:

- **Ivy Josiah** – *Women's Rights and Justice Champion Award*
- **Prof. Dr. Sajaratulnisah Othman** – *Clinical Excellence in Domestic Violence in Primary Care Award*
- **Pushpa Ratnam** – *Distinguished Leadership in Women's Rights Award*
- **Dr. Azizan Abdul Aziz** – *Health Leadership Excellence Award*

This celebration served as a powerful reminder of the collective role healthcare professionals and advocates play in addressing domestic violence and empowering women across all sectors.

SECTION REPORTS > PPSMMA

7. FOMEMA WEBINAR : UPDATES & REFRESHER FOR FOREIGN WORKERS

PPSMMA, in collaboration with FOMEMA, successfully organised a webinar titled “Foreign Workers Medical Examination Update” on 2nd April 2026. The session was conducted as part of ongoing efforts to keep healthcare practitioners informed of the latest developments, requirements, and best practices relating to foreign workers’ medical examinations and FOMEMA procedures.

The webinar featured Dr Amrita Kaur Sarjit Singh, Head of Medical Quality Assurance & Training, and Dr Irwani Binti Aminuddin, Medical Officer from the Medical Review and Appeal Department, FOMEMA, as the invited speakers. The session was moderated by Dr Eratha Krishnan, Chairman of PPSMMA 2025/2026.

The programme was designed as a refresher and update session to enhance participants’ understanding of current FOMEMA requirements and ensure continued compliance with established examination and reporting procedures. Throughout the two-hour session, the speakers provided valuable insights into the latest operational updates, quality assurance measures, and regulatory expectations for healthcare providers involved in conducting foreign workers’ medical examinations.

Among the key topics covered were the Medical Examination and Medical Inspectorate Audit Checklist (MQAT), which provided participants with a clearer understanding of audit requirements, compliance standards, and areas commonly assessed during inspections. The session also addressed the appeal process and the latest updates related to medical review procedures, enabling practitioners to better understand the management of disputed or reviewed cases and the documentation requirements involved.

The discussion aimed to clarify existing processes, strengthen collaboration between FOMEMA and healthcare providers, and support the delivery of quality and consistent services to foreign workers undergoing medical examinations. Participants were given the opportunity to gain practical knowledge on compliance requirements, ask questions, and obtain clarification on operational issues encountered in daily practice.

The webinar was well received by attendees and served as an important platform for professional development and knowledge sharing. By providing timely updates and guidance, the programme contributed to enhancing the competency of healthcare providers, improving compliance with FOMEMA requirements, and supporting high standards of medical examination services for foreign workers in Malaysia.

Overall, the session successfully achieved its objective of updating practitioners on current policies, procedures,

and quality assurance requirements while fostering stronger engagement and collaboration between FOMEMA and the medical community.

8. WEBINAR: TRAINING ON CLINICAL PRACTICE GUIDELINES FOR PRIMARY CARE PROVIDERS - CPG MANAGEMENT OF ASTHMA IN ADULTS (SECOND EDITION)

PPSMMA, in collaboration with MaHTAS, Ministry of Health Malaysia (KKM), successfully conducted a webinar on Management of Asthma in Adults (Clinical Practice Guidelines Second Edition) on 11th April 2026. The educational programme was organised to provide healthcare practitioners with the latest evidence-based updates and recommendations in the management of adult asthma, in line with the revised Clinical Practice Guidelines.

The webinar received an excellent response from the medical community, attracting a total of 750 participants through online attendance. The strong participation reflected the high level of interest and engagement among primary care practitioners and other healthcare professionals in enhancing their knowledge and clinical management of asthma, one of the most common chronic respiratory conditions encountered in practice.

The session featured presentations by esteemed speakers with expertise in respiratory medicine and guideline development. Participants were provided with comprehensive updates on the latest recommendations contained in the second edition of the Clinical Practice Guidelines, including advances in asthma diagnosis, assessment, treatment strategies, disease monitoring, and long-term management. The discussions also highlighted practical approaches to implementing guideline recommendations in everyday clinical practice.

Throughout the webinar, emphasis was placed on improving patient outcomes through evidence-based care, appropriate use of pharmacological therapies, patient education, and strategies to enhance treatment adherence. The speakers shared valuable insights and practical experiences that enabled participants to better understand current best practices and apply them effectively within their respective healthcare settings.

The interactive nature of the session allowed participants to engage actively with the speakers, seek clarification on clinical issues, and discuss challenges commonly encountered in the management of asthma patients. This exchange of knowledge contributed to a more meaningful learning experience and strengthened participants’ understanding of the updated guidelines.

The webinar was very well received by attendees and was widely appreciated for its relevance, practical content, and educational value. The programme successfully provided healthcare practitioners with important clinical updates and reinforced the role of evidence-based practice in improving the quality of asthma care.

SECTION REPORTS > PPSMMA

Overall, the collaboration between PPSMMA and MaHTAS demonstrated a shared commitment to continuous medical education and the dissemination of current clinical knowledge. The webinar contributed significantly to supporting healthcare professionals in delivering high-quality, patient-centred asthma care in line with national clinical practice guidelines.

9. MMA TEAM BUILDING 2026

The Team Building Programme was jointly organised by PPSMMA and SCHOMOS and held at Bidong View Resort from 18-19th April 2026, Kuala Terengganu. Conducted under the theme “Bengkel Pengurusan Strategik 2026”, the programme brought together MMA leaders, including National Working Committee (NWC) representatives from various sections across the country, to discuss strategic priorities, organisational direction, and initiatives aimed at strengthening both the medical profession and healthcare delivery in Malaysia.

The programme was officially officiated by YB Datuk Hj. Ahmad Amzad, Member of Parliament for Kuala Terengganu. In his opening address, he highlighted the complementary roles of policymakers and healthcare professionals, noting that while legislators contribute through policy development and law-making, medical practitioners serve directly on the frontlines of patient care. He emphasised that both groups share a common goal of safeguarding the health and well-being of the rakyat.

Throughout the workshop, participants engaged in meaningful discussions on the future direction of MMA, organisational growth, leadership development, advocacy priorities, and strategies to address current and emerging challenges within the healthcare sector. The sessions encouraged the exchange of ideas, experiences, and perspectives among MMA leaders, fostering stronger collaboration, alignment, and teamwork across the various sections of the association.

YB Datuk Hj. Ahmad Amzad also acknowledged the significant role of MMA as the leading voice of the medical profession in Malaysia, particularly in advocating for the welfare of doctors and contributing towards the continuous improvement of healthcare standards nationwide.

Among the distinguished attendees were YBhg. Dato’ Dr. Thirunavukarasu Rajoo, President of MMA; Dr. Balachandran G. Krishan, Special Officer for Non-Muslim Affairs, Office of the Menteri Besar of Terengganu; and Dr. Kartik Kaliyana Sundaram, Chairman of MMA Terengganu Branch.

Beyond strategic discussions, the programme also served as a valuable team-building platform, strengthening professional relationships, enhancing communication, and promoting greater unity among

MMA leaders from different sections and regions. The workshop provided an opportunity for participants to collectively reflect on MMA’s vision and objectives while reinforcing a shared commitment towards advancing the profession and serving the healthcare needs of the nation.

Overall, the programme successfully achieved its objectives of strategic planning, leadership development, and organisational strengthening. The insights, recommendations, and resolutions generated during the workshop are expected to guide future initiatives and further reinforce MMA’s role in championing the interests of medical practitioners and enhancing healthcare services in Malaysia.

10. WEBINAR: UNDERSTANDING EMPLOYMENT RIGHTS AND RESPONSIBILITIES OF DOCTORS IN PRIVATE GP CLINIC

PPS Junior Doctors Network (PPS JDN) successfully organised a webinar titled “Understanding Employment Rights and Responsibilities of Doctors in Private GP Clinics” on 4th May 2026 at 8:00 PM. The webinar was organised as part of PPS JDN’s ongoing commitment to support junior general practitioners by providing relevant knowledge and practical guidance on professional and employment-related matters within the private healthcare sector.

The session was delivered by Ms Rajeswari Karuppiah, Head of Employment Practice and Partner of RDS Partnership, who shared valuable insights into employment laws, workplace rights, and the legal responsibilities of medical practitioners working in private general practice. The webinar was moderated by Dr Renuka Gunasagaran, PPS JDN Representative.

The webinar attracted over 150 participants, reflecting strong interest among junior doctors and general practitioners in understanding the legal and professional aspects of employment within private clinics. Throughout the session, participants were provided with a comprehensive overview of employment rights and obligations, including key considerations relating to employment contracts, workplace compliance, employer-employee relationships, and professional responsibilities.

Particular emphasis was placed on the role and responsibilities of the Person-in-Charge (PIC) of a private clinic. The speaker highlighted the legal, administrative, and operational duties associated with the position, as well as the importance of ensuring compliance with relevant regulations and employment requirements. These insights were especially beneficial for doctors who are considering leadership roles within private healthcare facilities or planning to establish their own practices in the future.

The session concluded with an extensive and interactive question-and-answer segment, during which participants had the opportunity to seek clarification on various employment-related issues and discuss practical

SECTION REPORTS > PPSMMA

scenarios commonly encountered in private clinical practice. The active participation and engagement demonstrated the relevance and importance of the topic to healthcare professionals.

The webinar was well received by attendees and successfully achieved its objective of enhancing awareness and understanding of employment rights, workplace responsibilities, and regulatory obligations among doctors working in private GP clinics.

PPS JDN looks forward to organising more educational webinars on similar topics in the future, with the aim of equipping junior GPs with the knowledge, skills, and confidence needed to navigate the increasingly complex and challenging healthcare landscape.

PPS JDN sincerely appreciates the cooperation, participation, and continued support of all speakers, moderators, and attendees who contributed to the success of this programme.

11. HEALTH SUMMIT ASIA 2026: HEALTHCARE ON THE BRINK: COSTS, COMPLIANCE & WHAT COMES NEXT

Dr Vani had the honour of representing the Malaysian Medical Association (MMA) as a panellist at the Health Summit Asia 2026 conference. The event brought together healthcare leaders, policymakers, academics, and industry stakeholders from across the region to discuss key issues and emerging challenges affecting the healthcare sector.

Dr Vani participated in a panel discussion titled “Healthcare on the Brink: Cost, Compliance and What Comes Next”, which focused on the growing challenges surrounding the sustainability of private GP clinics, increasing regulatory and compliance requirements, and the future direction of primary healthcare in Malaysia. The discussion provided an opportunity to examine the evolving healthcare landscape and explore strategies to ensure that primary care services remain accessible, sustainable, and patient-centred.

During the session, various issues affecting healthcare providers were highlighted, including rising operational costs, increasing administrative and regulatory obligations, workforce challenges, and the need to balance quality patient care with financial sustainability. The panel also explored potential solutions and policy considerations that could support healthcare practitioners while ensuring the continued delivery of safe, ethical, and high-quality healthcare services.

Dr Vani shared the stage with Prof Haikal from the Malaysian Dental Association and Prof Ernieda from Universiti Kebangsaan Malaysia. The panellists exchanged perspectives and insights from their respective fields, contributing to a multidisciplinary discussion on strengthening healthcare systems and addressing the challenges faced by healthcare professionals across different sectors.

The session encouraged meaningful dialogue on the importance of collaboration among professional bodies, healthcare providers, academic institutions, and policymakers in shaping the future of healthcare. Discussions also emphasised the need for sustainable healthcare policies, effective regulatory frameworks, and innovative approaches to ensure the long-term resilience of the healthcare system.

Participation in Health Summit Asia 2026 provided MMA with a valuable platform to represent the views and concerns of primary care practitioners while contributing to broader regional discussions on healthcare sustainability and reform. The conference served as an important opportunity to engage with key stakeholders and exchange ideas on building a more sustainable, ethical, and resilient healthcare system that benefits both practitioners and patients.

MMA remains committed to actively participating in such engagements and advocating for policies and initiatives that strengthen primary care, support healthcare professionals, and improve healthcare outcomes for the communities they serve.

MEMBERSHIP

As of 1st June 2026, PPSMMA has a total membership of 9,394 members.

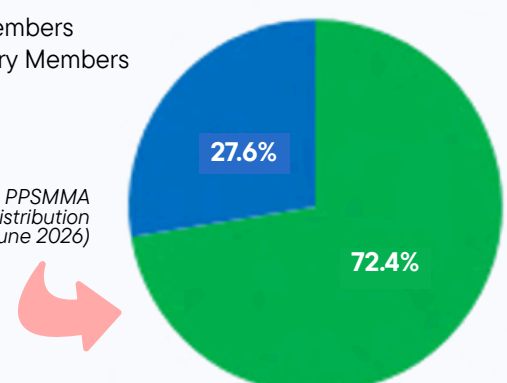
- Life Members: 6,800 (72.4%)
- Ordinary Members: 2,594 (27.6%)

This strong membership base reflects the continued support, confidence, and trust that private practitioners across the country place in PPSMMA. The steady increase in Life Membership demonstrates members' long-term commitment to the association and their belief in its mission and advocacy efforts.

PPS Life Members & Ordinary Members as of 1st June 2026

Life Members
Ordinary Members

**Chart 1: PPSMMA
Membership Distribution
(as of 1st June 2026)**



SECTION REPORTS > PPSMMA

PPSMMA remains committed to championing the interests of private practitioners, advocating for better healthcare policies, protecting doctors' rights, providing quality Continuing Professional Development (CPD) opportunities, and fostering unity and collaboration among medical professionals nationwide.

As the association continues to grow and evolve, the unwavering support of its members remains the cornerstone of PPSMMA's strength and success.



PPSMMA Exco at the 44th PPSMMA Annual General Meeting held at the G Hotel, Penang on the 11th September 2025.

Summary of Meetings & Activities

No	Date	Meeting	Venue	Attended
1	3-9-2025	Webinar : Understanding Medical Negligence in Malaysia : Landmark Cases & Related Matters	Zoom	Dr Kuharaj
2	11-9-2025	44th PPSMMA Annual General Meeting (Hybrid AGM)	G Hotel Gurney, Penang	Exco
3	17-09-2025	PPS Exco Discussions	Zoom	Exco
4	18-09-2025	PPS Exco, NWC and President Discussion About Fee Schedule	Zoom	Exco
5	23-09-2025	Meeting with LocumLah	Zoom	Exco
6	26-09-2025	Meeting with Sanofi	Zoom	Exco
7	29-09-2025	Meeting with Obstetrical and Gynaecological Society of Malaysia (OGSM) - Joint Press Statement	Zoom	Exco
8	30-09-2025	Launch Ceremony of Microinsurance for Lung Cancer Under the National Lung Health Initiative	Hilton Hotel, Petaling Jaya	Dr Eratha, Dr Vani

SECTION REPORTS > PPSMMA

No	Date	Meeting	Venue	Attended
9	2-10-2025	PPSMMA Meeting with MiCare	Zoom	Exco
10	4-10-2025	Briefing Session with Branch and Committee Treasurers	Zoom	Dr Vani
11	11-10-2025	1st PPS Exco Meeting 2025/2026	Zoom	Exco
12	13-10-2025	Urgent Meeting With President	Zoom	Exco & NWC
13	14-10-2025	MMA President Meeting with Other Associations	Zoom	Exco
14	15-10-2025	Temubual Bagi Projek “Skim Perubatan Madani: Exploring Facilitators, Barriers And Strategies To Improve Uptake [NMRR ID-24-00177-W1N]	Virtual	Exco
15	17-10-2025	Courtesy Meeting Between FOMEMA and MMA President	MMA House	Exco
16	25-10-2025	1st PPS NWC Meeting 2025/2026	Auditorium, Prince Court	Exco & NWC
17	25-10-2025	Doctor's Day 2025	Auditorium, Prince Court	Exco & NWC
18	27-10-2025	Mesyuarat Bersama Jawatankuasa Etika Majlis Perubatan Malaysia	MMC	Dr Eratha, Dr Habib
19	27-10-2025	Perbincangan Kursus Training On Clinical Practice Guidelines (Cpg) For Primary Care Providers (Pcps) – Cpg Management Of Erectile Dysfunction Bil. 2/2025	Google Meet	Dr Eratha & Dr Zamani
20	28-10-2025	JBMKKS Engagement Session on RESET Initiatives and Base MHIT Product	Teams	Dr Eratha
21	1-11-2025	Training on Clinical Practice Guidelines for Primary Care Providers - CPG Management of Erectile Dysfunction	Zoom	Dr Eratha & Dr Zamani
22	4-11-2025	MMA President Meeting with PPS Exco	Zoom	Exco
23	5-11-2025	MMA President Meeting with Main & PPS Exco	Zoom	Exco
24	6-11-2025	Sesi Perbincangan Bahagian Amalan Perubatan, KKM Bersama MMA	Putrajaya	Exco
25	12-11-2025	MyMahir FSTC Healthcare Sector 1st Workshop	Royale Chulan, Damansara	Dr Eratha
26	13>15-11-2025	Global Public Relations Conference and Festival 2025	World Trade Centre, Kuala Lumpur	Dr Eratha
27	20-11-2025	Roundtable Discussion on AMS Policy Dialogue sempena sambutan World Antimicrobial Resistance Awareness Week (WAAW) 2025	Hotel Pulse Grande	Dr Eratha
28	22-11-2025	Webinar “Smart Prescribing, Safer Patients: AMS In Primary Care”	Zoom	Dr Eratha

SECTION REPORTS > PPSMMA

No	Date	Meeting	Venue	Attended
29	25-11-2025	Meeting with the Malaysian Private Dental Practitioners' Association	Zoom	Exco
30	28-11-2025	Webinar : Data Protection Officer (DPO) Training for General Practitioners	Zoom	Dr Eratha
31	17-12-2025	Mesyuarat Jawatankuasa Kecil Pelaksanaan Program Imunisasi Bayi Dan Kanak Kanak Bagi Tahun 2025	Google Meet	Dr Vani, Dr Habib
32	18-12-2025	Meeting with AIA	Menara AIA	Exco
33	30-12-2025	Meeting with MEF	Pusat Dagangan Phileo Damansara II	Exco
34	30-12-2025	Meeting with Micare - Telemedicine	Teams	Exco
35	6-1-2026	PPSMMA Virtual Townhall GP Meeting	Zoom	Exco
36	8-1-2026	Meeting with SeDia Cohort	Zoom	Dr Eratha
37	13-01-2026	PPSMMA Meeting with National Cancer Society Malaysia (NCSM)	Zoom	Exco
38	13-01-2026	Meeting with Locum Apps	Zoom	Dr Eratha, Dr Zamani
39	14-01-2026	PPSMMA & NWC briefing with National Cancer Society Malaysia (NCSM)	Zoom	Exco & NWC
40	15-01-2026	Leaving No One Behind 2.0 - GP Onboarding Programme for Cervical Cancer and Other HPV-Related Cancer Prevention	Royal Selangor Club	Dr Eratha
41	20-01-2026	Perbincangan Bagi Kursus Training On Clinical Practice Guidelines (CPG) for Primary Care Providers Bil. 1/2026	Google Meet	Dr Eratha & Dr Zamani
42	21-01-2026	Mesyuarat Penyelarasan Draf Arahan Ketua Pengarah Kesihatan bawah Akta 586: Prosedur Khatan di Klinik Perubatan Swasta Umum	Putrajaya	Dr Narvind
43	26-01-2026	Introduction Webinar of the Leaving No One Behind 2.0 Programme	Zoom	Dr Eng Han & Dr Habib
44	27-01-2026	Mesyuarat Technical Working Group (TWG) Garis Panduan Berkhatan KKM Bil. 1/2026	Kota Kinabalu, Sabah	Dr Habib
45	3-2-2026	Meeting with SCHOMOS / PPS/ JDN	Zoom	Exco
46	6-2-2026	2nd PPSMMA Exco Meeting 2025/2026	MMA House	Exco
47	9-2-2026	Webinar : Tuberculosis Management and Update	Zoom	Dr Eratha,
48	26-02-2026	Majlis Berbuka Puasa MMA	Sheraton, Petaling Jaya	Exco
49	27-02-2026	PMCare x MMA - GP Panel Audit Discussion	Google Meet	Exco

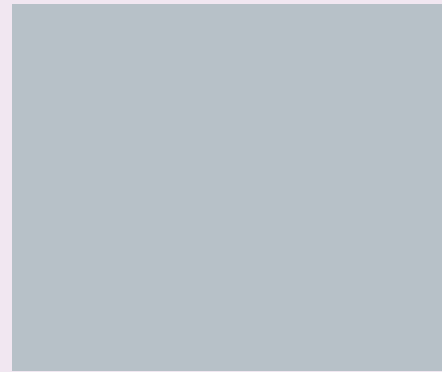
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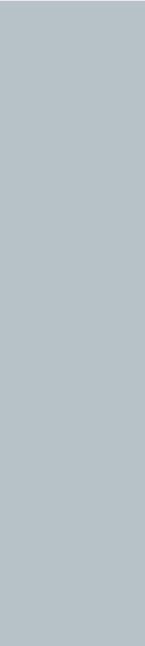
No	Date	Meeting	Venue	Attended
50	9-3-2026	Sesi Libat Urus Dengan Pasukan Perunding Berkenaan CKAPS Licensing Review	Google Meet	Exco
51	9-3-2026	Informal meeting with the NHP Committee	Zoom	Dr Eratha
52	10-3-2026	PPS x Womens Health Committee Meeting for International Womens's Day Celebration	Zoom	Exco
53	11-3-2026	International Women's Day Celebration	AC Hotel, Kuala Lumpur	Exco
54	18-03-2026	International Women's Day Celebration - Post Mortem	Zoom	Exco
55	27-03-2026	Perbincangan Bagi Kursus Training On Clinical Practice Guidelines (CPG) for Primary Care Providers Bil2/2026	Google Meet	Dr Eratha & Dr Zamani
56	27-03-2026	Perbincangan Berkenaan Penglibatan Pengamal Perubatan Swasta Dalam Inisiatif Kesihatan Paru-Paru (Lung Health Initiative)	Google Meet	Dr Sritharan Rao
57	27-03-2026	Merck Fertility Connect Programme Meeting	Teams	Dr Vani
58	31-03-2026	MedicalMet Meeting - Malaysian Medical Association (MMA)	Google Meet	Dr Eratha
59	2-4-2026	FOMEMA Webinar : Updates & Refresher for Foreign Workers	Zoom	Exco
60	9-4-2026	Concern On the State of Public and Private Healthcare and Health Crisis - Meeting with Bar Council	Zoom	Exco
61	9-4-2026	IHH x MMA Collaboration Discussion	Teams	Exco
62	11-4-2026	Training on Clinical Practice Guidelines for Primary Care Providers - CPG Management Of Asthma In Adults (Second Edition)	Zoom	Dr Eratha & Dr Zamani
63	13-04-2026	Sesi Perjumpaan CKAPS bersama MMA	Putrajaya	Exco
64	13-04-2026	Meeting on the Public-Private Interoperability Initiative - Malaysia Digital Health Certification Network (MDHCN) - Bahagian Digital	Putrajaya	Exco
65	16-04-2026	PPS and Main Exco Short Discussion	Zoom	Exco
66	17-04-2026	TPA Consultation Fee Discussion with Other Association	Zoom	Exco
67	18&19-04-2026	MMA Team Building 2026	Bidong View Resort, Kuala Terengganu	Exco
68	19-04-2026	Panellists at the Annual Scientific Conference 2026_Day 2	The Everly Hotel, Putrajaya	Dr Vani
69	22-04-2026	Taklimat Pengenalan dan Perbincangan berkaitan Cadangan Integrasi Sistem Electronic National Centre for Disease Control (eNCDC) dengan Fasiliti Kesihatan Swasta	Putrajaya	Dr Eratha & Dr Vani
70	23-04-2026	MyMAHIR FSTC - Healthcare Sector 3rd Council Meeting	Surian Tower	Dr Rukeswaran

SECTION REPORTS > PPSMMA

No	Date	Meeting	Venue	Attended
71	27-04-2026	DRG discussion with Prof Syed Al Junid and PPS Exco	Zoom	Exco
72	29-04-2026	Strategic Planning Workshop for Asbestos Ban Advocacy in Malaysia	Hotel Royal Signature, Bukit Bintang	Dr Eratha
73	3-5-2026	Meeting Between MMA-PHS and MMA-PPS Exco Members	Zoom	Exco
74	4-5-2026	Webinar : Understanding Employment Rights and Responsibilities of Doctors in Private GP Clinic	Zoom	Dr Sritharan Rao & Dr Renuka
75	5-5-2026	RPO discussion with PPS Exco - Dr Abdul Rahman Mohamad	Zoom	Exco
76	9-5-2026	MESAS2U briefing with PPS NWC	Zoom	Exco & NWC
77	10-5-2026	2nd PPS NWC Meeting 2025/2026	Zoom	Exco & NWC
78	14-05-2026	Sesi Libat Urus antara Majlis Optik Malaysia bersama Malaysian Society of Ophthalmology (MSO)	Putrajaya	Dr Eratha
79	15-05-2026	Sesi Libat Urus Dengan Pasukan Perunding Berkenaan CKAPS Licensing Review	Google Meet	Exco
80	19-05-2026	Mesyuarat Jawatankuasa Pemandu Program Jaringan Kesuburan - LPPKN	Bangunan AICB, Kuala Lumpur	Dr Eratha & Dr Vani
81	19-05-2026	Mesyuarat Membincangkan Isu Berkenaan Third-Party Administrators (TPA) - Meeting with Dr Federa Aini	Google Meet	Exco
82	21-05-2026	Mesyuarat Pasukan Petugas Khas Keterjaminan Perkhidmatan Kesihatan Susulan Krisis Tenaga Global Bil.2/2026	Google Meet	Dr Eratha
83	22-05-2026	Stakeholder Engagement Meeting on DRG Payment Mechanism in Primary Care	MMA House	Exco
84	22-05-2026	Meeting with PR Firm – SPAGG FINN	MMA House	Exco
85	22-05-2026	3rd PPSMMA Exco Meeting	MMA House / Zoom	Exco
86	4-6-2026	Introduction to Malaysian Digital Health Certification Network	Zoom	Dr Sri
87	6-6-2026	Pre-Congress MMA 2026	Zoom	Exco
88	10-6-2026	Online Meeting on PCP Training for Management of Obesity in Adults	Zoom	Dr Eratha & Dr Zamani
89	20-06-2026	Training on Clinical Practice Guidelines for Primary Care Providers - CPG Management of Obesity in Adults	Zoom	Dr Eratha & Dr Zamani
90	28-06-2026	Ultrasound Masterclass - IHH-MMA Collaboration	Le Meridian, Kuala Lumpur	Dr Vani

PPSMMA Activities IN PICTURES







This term saw significant progress in professional advocacy, stakeholder engagement, and member development. Among the notable achievements was the long-awaited revision of the professional fee schedule, alongside PPSMMA's continued involvement in discussions on healthcare financing reforms, regulatory matters, and issues affecting the sustainability and autonomy of private practice. These accomplishments were made possible through the dedication of our national leadership, state representatives, and the unwavering support of our members.

Moving forward, PPSMMA remains committed to protecting the interests of private practitioners, promoting fair and sustainable healthcare policies, and upholding the highest standards of professional practice. On behalf of the PPS EXCO, I extend my sincere appreciation to all members and stakeholders for their trust, support, and solidarity. Together, we will continue to strengthen our profession and advance quality healthcare for the benefit of both practitioners and patients.

Prepared by:
DR TUAN ZAMANI AMIR BIN TUAN ZAKARIA
Honorary Secretary

Verified by:
DR ERATHA KRISHNAN A/L GOBINADAN
Chairman

SECTION REPORTS > SCHOMOS

Section Concerning House Officers, Medical Officers, and Specialists (SCHOMOS)

1. Organizational Structure

SCHOMOS is led by a dedicated team of office bearers elected to serve the interests of its members. Together, this committee steers SCHOMOS in fulfilling its mandate of advocacy, professional development, and welfare for its members. Appendix A contains a listing of the SCHOMOS EXCO members and representatives serving during the 2025/2026 period together with National MMA EXCO.

SCHOMOS OFFICE BEARERS

CHAIRMAN:

DR TIMOTHY CHENG TSIN JIEN

VICE-CHAIRMAN:

DR THUM CHERN CHOONG

HONORARY SECRETARY:

DR GUNENTHIRA RAO A/L SUBBARAO

HONORARY TREASURER:

DR MUHAMAD SHAHRIMAN BIN MUHAMAD SHARI

HONORARY ASSISTANT SECRETARY:

DR SELVANAAYAGAM SHANMUGANATHAN

HONORARY ASSISTANT SECRETARY:

DR WAN NOR AINA AR MARDIYAH WAN JEFFERY

CO-OPTED COMMITTEE MEMBER:

DR SIVABALA SELVARATNAM

STATE SCHOMOS REPRESENTATIVES

JOHOR: DR LOW QIN JIAN

KEDAH: DR ROSSHINI A/P JAGATHESWARAN

KELANTAN: DR MOHAMAD HAFIZ BIN HARUN

MELAKA: DR MUHAMAD SHAHRIMAN BIN MUHAMAD SHARI

NEGERI SEMBILAN: DR TANG JEAT LIANG

PAHANG: DR GOVIND KISHEN PANICKER

PERAK: DR PHAN AI PING

PERLIS: DR HARYATI BINTI AB HASHIM

PENANG: DR KAVIN RAJ A/L PERGAS

SABAH: DR FRANCESCA PRIMUS CHEW

SARAWAK: DR TAN SHONG SHENG

SELANGOR: DR ZAITUL AKMA BT BAHARUDDIN

TERENGGANU: DR MOHD ILHAM BIN ISMAIL

W. PERSEKUTUAN: DR MOHD BASIL BIN SULAIMAN

2. Governance and Meetings

2.1 SCHOMOS EXCO MEETINGS

The SCHOMOS Executive Committee has maintained regular governance through structured meetings:

Meeting	Date	Venue	Status
1st EXCO Meeting	Oct 23, 2025	Online via Zoom	Completed
2nd EXCO Meeting	Apr 10, 2026	Zoom / Cattleya Caffé, Kota Kinabalu (Hybrid)	Completed
3rd EXCO Meeting	Jul 9, 2026	Hybrid	Planning
4th EXCO Meeting	TBA	TBA	Planning

2.2 NATIONAL WORKING COMMITTEE (NWC) MEETINGS

The NWC, comprising EXCO members and state SCHOMOS chairpersons, has conducted strategic planning sessions:

Meeting	Date	Venue	Status
1st NWC Meeting	Oct 24, 2025	Plaza Sentral, KL & Online (Hybrid)	Completed
2nd NWC Meeting	Apr 24, 2026	Online via Zoom	Completed
3rd NWC Meeting	Jul 10, 2026	Online Zoom	Planning

SECTION REPORTS > SCHOMOS

3. Strategic Engagement and Advocacy

3.1 MEETING PARTICIPATION SUMMARY

SCHOMOS EXCO attended 38 strategic meetings from September 2025 to June 2026, demonstrating active participation in:

- MMA Council and EXCO meetings
- Government consultations and policy discussions
- Professional development initiatives
- Inter-organizational collaborations
- Healthcare system improvement discussions

No	Date	Meeting/ Event
1	14/09/2025	1st MMA Council Meeting 2025–2026
2	22/09/2025	Meeting with Ms Charlaine from Raja, Darryl & Loh — Medico-Legal Webinars
3	23/09/2025	Online Meeting with LocumLah
4	4/10/2025	Briefing Session on MMA's Financial Guidelines
5	5/10/2025	SCHOMOS EXCO Urgent Meeting on Wage Theft Survey
6	11/10/2025	1st PPS EXCO Meeting 2025–2026
7	23/10/2025	1st SCHOMOS EXCO Meeting 2025–2026
8	24/10/2025	1st SCHOMOS NWC Meeting 2025–2026
9	25/10/2025	MMA Doctors Day Celebration 2025
10	25/10/2025	1st PPS NWC Meeting 2025–2026
11	5/11/2025	Meeting between EXCO with MMA President
12	13/11/2025	MMA – PPS Meeting
13	14/11/2025	Medico-Legal Webinar: Young Doctors in the Line of Fire
14	3/12/2025	1st JDN Committee Meeting
15	9/12/2025	SAB 2026 Introduction Meeting
16	12/12/2025	SCHOMOS Sub Comm Meeting with RACMA
17	19/12/2025	SCHOMOS Sub Comm Meeting with RACMA

No	Date	Meeting/ Event
18	1/2/2026	Meet & Greet with New House Officers, HRPZII Kota Bharu
19	2/2/2026	Meet & Greet Session at Hospital Besut, Terengganu
20	7–8/2/2026	MMA Career Guidance Conference 2026
21	10/1/2026	2nd MMA EXCO 2025/2026
22	11/1/2026	2nd MMA Council 2025/2026
23	14/1/2026	Meeting — Leadership Course 2026
24	6/2/2026	2nd PPS EXCO Meeting
25	14/2/2026	Mesyuarat Majlis Bersama Kebangsaan (MBK P&P) BIL.4 SESI 2024–2026
26	26/2/2026	Medico-Legal Webinar: When Saying "Yes" Isn't Enough: The Consent Process
27	27/2/2026	Meeting Sub-Committee on Specialist Pathway for Medical Administration
28	8/4/2026	Townhall in Sandakan
29	9–10/4/2026	Jelajah SCHOMOS–JDN in Sabah
30	10/4/2026	2nd SCHOMOS EXCO Meeting 2025–2026
31	11/4/2026	Rights and Responsibilities Seminar
32	18–19/4/2026	MMA Team Building
33	24/4/2026	2nd SCHOMOS NWC Meeting 2025–2026
34	25/4/2026	JDN Townhall
35	9/5/2026	ABC of Housemanship
36	13–14/5/2026	MMA Leadership Course 2026
37	15/5/2026	Visits to Hospital Putrajaya and Hospital Cyberjaya
38	3/6/2026	Meeting with Ketua Setiausaha, Kementerian Kesihatan Malaysia

SECTION REPORTS > SCHOMOS

3.2 OFFICIAL CORRESPONDENCE

12 official letters were issued to various organizations addressing key issues in healthcare and doctors' welfare:

No	Date	Subject
1	9/10/2025	Submission on Issues Arising from the Recent MedEx Placement Exercise
2	23/10/25	Preliminary Summary Report: MMA SCHOMOS Survey on On-Call Payment Irregularities (2025)
3	24/10/25	Isu-Isu Berkaitan Penempatan Dan Sistem Kontrak Pegawai Perubatan
4	24/11/25	Isu Tuntutan Pindah Bagi Pegawai Perubatan
5	18/12/25	Permohonan Pembayaran Elaun Perpindahan Secara One-Off Bagi Pegawai Perubatan Kontrak Yang Dilantik Tetap
6	26/12/25	Isu Kelayakan Cuti Bagi Pegawai Perubatan Siswazah
7	2/1/2026	Permohonan Mesyuarat Bersama MOF, KKM, JPA Dan MMA
8	8/1/2026	Isu Berkaitan Tuntutan Elaun Tugas Atas Panggilan (ETAP) Bagi Pegawai Kader KKM
9	13/02/26	Permohonan Penjelasan Rasmi Berhubung Pelaksanaan Sistem Supervised Work Experience (SWE)
10	30/03/26	Permohonan Penjelasan Berkaitan Implikasi "Lepas Jawatan"
11	5/5/2026	Permohonan Maklumat Berkaitan Pegawai Perubatan Yang Telah Meninggalkan Perkhidmatan KKM
12	10/6/2026	Letter to Bahagian Pengurusan Latihan — Permohonan Data Pengambilan Pelatih Program Parallel Pathway

4. Membership Growth and Engagement

4.1 MEMBERSHIP SUMMARY

As of 9 June 2026, SCHOMOS recorded a total of 6,135 members, comprising 2,595 Ordinary Members and 3,527 Life Members. This represents significant growth reflecting increased trust and confidence in SCHOMOS' advocacy and support efforts for doctors nationwide.

6,135

Total Members

2,595

Ordinary Members

3,527

Life Members

1,071

New Members This Term

SECTION REPORTS > SCHOMOS

STATE	ORDINARY	LIFE	TOTAL	NEW ORDINARY	NEW LIFE	TOTAL NEW
Johor	178	191	369	59	12	71
Kedah	152	167	319	47	7	54
Kelantan	144	176	320	54	8	62
Melaka	83	106	189	34	9	43
Negeri Sembilan	108	139	247	33	11	44
Pahang	100	124	224	33	7	40
Perak	271	339	610	103	18	121
Perlis	34	24	58	16	2	18
Penang	169	226	395	49	16	65
Sabah	242	266	508	94	19	113
Sarawak	246	618	864	59	21	80
Selangor	475	575	1,050	163	47	210
Terengganu	69	61	130	24	5	29
W. Persekutuan	324	515	839	99	22	121
TOTAL	2,595	3,527	6,135	867	204	1,071

*SCHOMOS Membership By State

4.2 DIGITAL PRESENCE AND COMMUNICATION

SCHOMOS has continued to strengthen its digital presence through social media, in collaboration with the Junior Doctors Network (JDN) and MMA's main social media platforms.

15,787Facebook Followers
(↑ from 14,000)**5,961**Instagram Followers
(↑ from 5,700)schomos@mma.org.myfacebook.com/SCHOMOS.MMA[@mma_jdn.malaysia](https://www.instagram.com/mma_jdn.malaysia) (JDN-managed)

SECTION REPORTS > SCHOMOS

5. Member Services and Support

5.1 HELPDOG PLATFORM

The HelpDoc platform continues to serve as a vital support mechanism and communication bridge between government doctors and the Ministry of Health (MOH). Established in 2016, it has become an increasingly utilized tool for addressing doctors' workplace concerns.

Types of cases handled:

- On-call payment irregularities and wage theft
- Transfer allowance disputes for contract medical officers
- Leave entitlement for graduate medical officers
- MedEx placement and contract system issues
- Concerns related to the Supervised Work Experience (SWE) system
- Issues pertaining to resignation implications ("Lepas Jawatan")

243

Total Cases (Since 2016)

49

Cases This Term

32

Cases Resolved

17

Cases Pending

Duration	Total Cases	Remarks
2016 – 2025	194	Cumulative cases since inception
2025 – 2026 (as of 16.6.26)	49	32 resolved, 17 pending
Total	243	

Are you struggling with work/life issues?
Do you feel bullied/harrassed?

COME TO US!

HELPDOG  **by**  

This is an initiative to support **ALL Malaysian doctors**.
All issues will be treated with strict confidentiality and
responded to/resolved within two weeks.

HELP!



03 4041 1140



helpdoc@mma.org.my

In collaboration with Ministry of Health Malaysia



SECTION REPORTS > SCHOMOS

6. Major Events and Initiatives

6.1 DOCTORS DAY CELEBRATION

The Doctors' Day Celebration 2025, jointly organised by SCHOMOS and PPS of MMA, was held on 25 October 2025 at Prince Court Medical Centre (PCMC), Kuala Lumpur, under the theme "Healing the Healers". The event featured a forum on doctors' wellbeing, bringing together healthcare leaders and experts to discuss mental health, resilience, and wellness among medical professionals.



6.2 MMA CAREER GUIDANCE CONFERENCE 2026

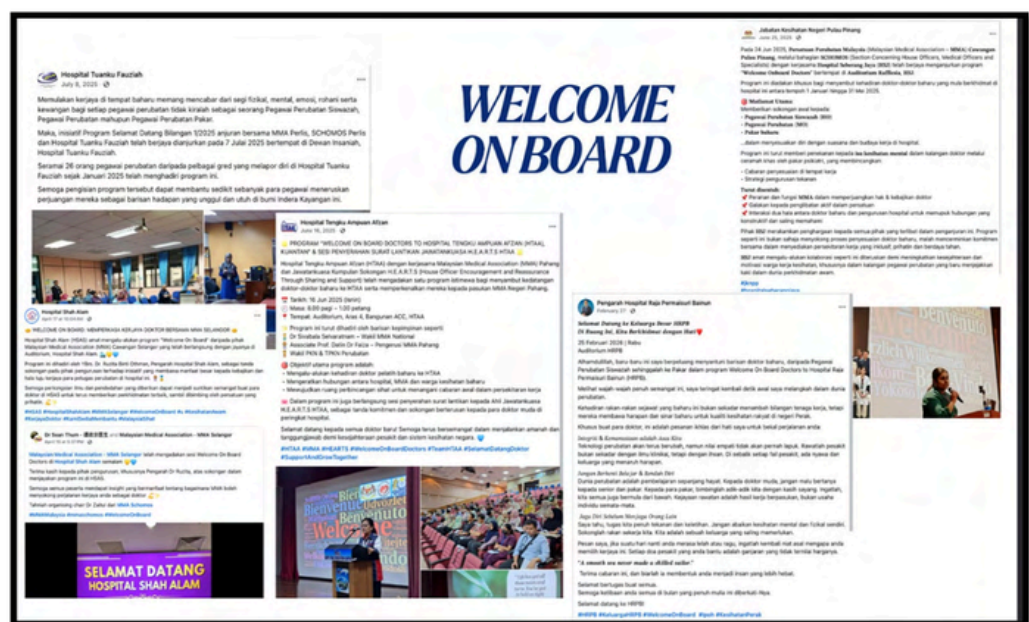
The MMA Career Guidance Conference (CGC) 2026 was held on 7–8 February 2026 at M World Hotel, Petaling Jaya, Selangor. The conference benefited more than 500 students aged 15–20 years and SPM leavers, organised in collaboration with over a dozen professional bodies

Co-participating bodies included the Malaysian Bar Council, Malaysian Institute of Accountants (MIA), Institution of Engineers Malaysia (IEM), and National Union of the Teaching Profession (NUTP). The conference has been spearheaded by Dr. Sivabala Selvaratnam since its inception in 2023.



6.3 WELCOME ON BOARD DOCTORS (WOB) PROGRAMME

The "Welcome on Board Doctors" (WOB) Programme is a flagship initiative by SCHOMOS for the year 2025/26, designed to support newly posted doctors through structured guidance, mental health awareness, peer support, and advocacy initiatives.



SECTION REPORTS > SCHOMOS

No.	State	Hospital / Venue	Date	Organizer
1	Perak	Hospital Raja Permaisuri Bainun, Ipoh	Feb 25, 2026	MMA Perak
2	Kedah	Hospital Baling, Hospital Sik, Hospital Yan, PKD Baling	Apr 5, 2026	MMA Kedah
3	Selangor	Hospital Shah Alam / Hospital Tengku Permaisuri Norashikin / Hospital Sg Buloh	Apr–May 2026	MMA Selangor
4	Pahang	Hospital Tengku Ampuan Afzan, Kuantan	Jun 16, 2025	MMA Pahang
5	Perlis	Hospital Tuanku Fauziah, Kangar	Jan 28, 2026	MMA Perlis
6	Pulau Pinang	Hospital Seberang Jaya	Jun 24, 2025	MMA Pulau Pinang
7	Negeri Sembilan	Hospital Tuanku Jaafar, Seremban & multiple PKD clinics	Feb–May 2026	MMA NS & JKN NS
8	Kelantan	Hospital Raja Permaisuri Zainab	Feb 1, 2026	MMA Kelantan
9	Johor	Hospital Sultanah Aminah	Jul 26, 2026	MMA Johor
10	Terengganu	Hospital Besut & Hospital Sultanah Nur Zahirah	Feb 2, 2026	MMA Terengganu
11	Sabah	Hospital Sandakan, Hospital Duchess of Kent & multiple sites	8–10 Apr 2026	SCHOMOS EXCO & MMA Sabah

6.4 DOCTORS' RIGHTS AND RESPONSIBILITIES (R&R) SEMINAR

The MMA SCHOMOS Doctors' Rights & Responsibilities Seminar 2026 was held on 11 April 2026 at the Sabah International Convention Centre (SICC), Kota Kinabalu. Officiated by YB Datuk Julita Majungki, with participation of 120 medical officers, house officers, and healthcare stakeholders.



SECTION REPORTS > SCHOMOS

No.	Date	Event	State	No.	Date	Event	State
1	20/12/2008	1st R&R of Government Doctors	Kuala Lumpur	12	15/01/2016	12th R&R of Government Doctors	Kota Kinabalu
2	4/12/2009	2nd R&R of Government Doctors	Pulau Pinang	13	6/3/2016	13th R&R of Government Doctors	Melaka
3	13/11/2010	3rd R&R of Government Doctors	Sabah	14	6/8/2016	14th R&R of Government Doctors	Kelantan
4	25/02/2012	4th R&R of Government Doctors	Kelantan	15	25–26/02/2017	15th R&R of Government Doctors	Sarawak
5	3/11/2012	5th R&R of Government Doctors	Johor Bahru	16	15/12/2017	16th R&R of Government Doctors	Pulau Pinang
6	20–21/04/2013	6th R&R of Government Doctors	Sarawak	17	18/05/2018	17th R&R of Government Doctors	Negeri Sembilan
7	21/02/2014	7th R&R of Government Doctors	Pahang	18	7/12/2018	18th R&R of Government Doctors	Sabah
8	12/4/2014	8th R&R of Government Doctors	Kedah	19	5/4/2019	19th R&R of Government Doctors	Pahang
9	5/11/2014	9th R&R of Government Doctors	Kelantan	20	20/04/2024	20th R&R of Government Doctors	Melaka
10	9/5/2015	10th R&R of Government Doctors	Terengganu	21	22/02/2025	Doctors' R&R: A Medicolegal Perspective	Kelantan
11	5/12/2015	11th R&R of Government Doctors	Johor Bahru	22	11/4/2026	Rights and Responsibilities Seminar	Sabah

6.5 MMA TEAM BUILDING 2026

The MMA Team Building 2026 was held on 18–19 April 2026 at Bidong View Resort, Kuala Terengganu, with approximately 50 participants. Jointly organised by PPSMMA and SCHOMOS under the theme "Bengkel Pengurusan Strategik 2026", and officiated by YB Datuk Hj. Ahmad Amzad.



SECTION REPORTS > SCHOMOS

No.	Date	Event	Venue	Organizer
1	11–12 Mar 2023	SCHOMOS–PPS Team Building	Janda Baik, Pahang	SCHOMOS
2	2–3 Mar 2024	MMA Team Building & Leadership Workshop	Hompton by the Beach, Tanjung Bungah	PPS
3	19–20 Apr 2025	MMA Team Building 2025	Resort World Langkawi	PPS
4	18–19 Apr 2026	MMA Team Building 2026	Bidong View Resort, Kuala Terengganu	SCHOMOS

6.6 ABC OF HOUSEMANSHIP

It was successfully held on 9 May 2026 at AIMST University, jointly organised by MMA Kedah and SCHOMOS. Approximately 50 junior doctors from northern Malaysia participated in lecture sessions and hands-on workshops covering patient management, clinical decision-making, communication skills, and coping strategies. The event was officiated by Datuk Dr Thirunavukarasu, MMA President.



No.	Date	Event	Venue
1	20/02/2016	1st MMA TriEvent: ABCs of Housemanship	Sheraton Imperial KL
2	24–25/03/2017	ABC of Housemanship	Auditorium, Institut Kanser Negara
3	03–04/11/2017	ABC of Housemanship	Perdana University, Serdang
4	18/05/2024	ABC of Housemanship	Hospital Pengajar UniSZA, Kuala Terengganu
5	25/05/2025	ABC of Housemanship	Auditorium, Hospital Sultan Ismail, Johor Bahru
6	9/5/2026	ABC of Housemanship	AIMST University, Kedah

SECTION REPORTS > SCHOMOS

6.7 MMA LEADERSHIP COURSE 2026

The MMA 3rd Leadership Course: Transformational Leadership in Patient Safety (TLPS) 2026 was held on 13–14 May 2026 at KSL Esplanade Hotel, Klang, hosted by MMA Selangor. The programme attracted 192 healthcare professionals nationwide.



No.	Date	Event	Venue
1	27–28/01/2024	Kursus Kepimpinan Pengurusan Kesihatan Malaysia 2024	Armada Hotel, Petaling Jaya
2	03–04/05/2025	2nd National MMA–MDHMS Leadership Course	Hilton Kota Kinabalu, Sabah
3	13–14/05/2026	3rd MMA Leadership Course — Transformational Leadership in Patient Safety	KSL Esplanade Hotel, Klang

6.8 SEPEDA AMAL BORNEO

As part of its 2025–2026 term commitments, MMA is organising the 5th edition of Sepeda Amal Borneo 2026 (SAB2026), a flagship charity cycling programme under the theme "Pedal for Care, Ride for Hope". Spanning over 650 kilometres from Kota Kinabalu, Sabah to Miri, Sarawak, SAB2026 aims to raise awareness and funds for paediatric surgical care and Primary Immunodeficiency (PID) — benefiting the Malaysian Association of Paediatric Surgery and Persatuan Pesakit Imunodefisiensi Primer Malaysia.

Since its inception in 2022, Sepeda Amal Borneo has traversed nearly 3,600 kilometres and raised over RM1,000,000 for various health-related causes. SAB2026 continues this legacy through advocacy, education, and research in specialised healthcare.

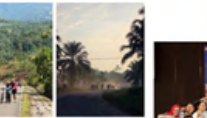
A Fundraising Dinner will also be held on 31 July 2026 at Pullman Miri Waterfront, in collaboration with MMA regional branches and partners, to support further fundraising and stakeholder engagement.


Sandakan - Kota Kinabalu, Sabah
27 July - 1 August 2025

SEPEDA AMAL BORNEO

SAB 2025











Highlights of Sepeda Amal Borneo:

Date	Event	Organization	Venue	Total Donations Collected
05-14/06/2023	Cycle for Cancer 2023	Majlis Kanser Negara (MAKNA)	Sandakan, Sabah - Sibul, Sarawak (1100+KM)	RM 264,809.02
15-23/07/2023	Sepeda Amal Borneo 2023	ROSE Foundation	Kuching - Bintulu, Sarawak (700+KM)	RM 239,699.04
28/07/2024 - 03/08/2024	Sepeda Amal Borneo 2024	ROSE Foundation	Miri - Kuching, Sarawak (800+KM)	RM 230,960.00
27/07/2025 - 01/08/2025	Sepeda Amal Borneo 2025	Malaysian Association of Paediatric Palliative Care (MAPPAC)	Sandakan - Kota Kinabalu, Sabah (600+KM)	RM426,686.39 (as of 04/09/2025)

Overall Donation Collected 🏆: **RM 1,162,154.45**





SECTION REPORTS > SCHOMOS

7. Publication

SCHOMOS members have actively contributed to Berita MMA throughout the 2025/2026 term, addressing issues relevant to junior doctors and the broader medical fraternity.

No.	Author	Title	Month	No.	Author	Title	Month
1	Dr Timothy Cheng Tsin Jien	New Term, Old Challenges, Same Passion!	Oct 2025	7	Dr Wan Nor Aina Ar Mardiyah Wan Jeffery	The Healers We Cannot Afford to Lose	Apr 2026
2	Dr Wan Nor Aina Ar Mardiyah Wan Jeffery	Pick me, choose me, love me.	Nov 2025	8	Dr Sean Thum Chern Choong	Reaching Out to Doctors	May 2026
3	Dr Selvanaayagam Shanmuganathan	The Silent Partner: How AI is Ushering in a New Era of Medicine	Dec 2025	9	Dr Rosshini Jagatheswaran	From Knowledge to Practice: ABC of Housemanship	Jun 2026
4	Dr Sean Thum Chern Choong	Honouring Excellence, Investing in Our Future	Jan 2026	10	Dr Zaitul Akma Baharuddin	Transformational Leadership in Patient Safety: Shaping Leaders, Safeguarding Lives	Jul 2026
5	Dr Muhamad Shahrman Muhamad Shari	Medico-Legal Challenges in the Digital Record Era	Feb 2026	11	TBC	TBC	Aug 2026
6	Dr Gunenthira Rao Subbarao	MMA Membership at a Glance	Mar 2026	12	Dr Timothy Cheng Tsin Jien	TBC	Sep 2026

8. SCHOMOS EXCO & NWC Representatives

Over the past years, SCHOMOS has benefitted from the dedicated leadership of its Executive Committee (EXCO) and the National Working Committee (NWC) representatives, championing the rights and welfare of government doctors and driving grassroots engagement at the state level.

The composition of the EXCO and NWC from 2013 to 2025 reflects a dynamic blend of experience, regional representation, and diversity in leadership. Full details are provided in Appendix B.

SECTION REPORTS > SCHOMOS

9. SCHOMOS Awards

Additionally, a series of awards have been introduced to recognise outstanding contributions, leadership, and engagement among government doctors across Malaysia.

9.1 ST NATHAN AWARD

Awarded to the most outstanding State Representative who has demonstrated exceptional leadership, active involvement in SCHOMOS initiatives, and consistent dedication at both the state and national levels.

AGM (Year)	Winner	State Branch
33rd (2012/2013)	Dr Sentilnathan S/O Subramaniam	Sarawak
34th (2013/2014)	Dr Arvindran Alaga	Kedah
35th (2014/2015)	Dr Vasanthi Selvaraju	Sabah
36th (2015/2016)	Dr Pravind Narayanan	Sarawak
37th (2016/2017)	Dr Vijay Ganasan	Sarawak
38th (2017/2018)	Dr Vithiaa Nilamani	Sarawak
39th (2018/2019)	Prof Dr Kew Seih Teck	Sabah
40th (2019/2020)	Dr Mohd Zurairie Mohd Zubir	Kelantan
41st (2020/2021)	Dr Timothy Cheng Tsin Jien	W. Persekutuan
42nd (2021/2022)	Dr Thum Chern Choong, Sean	Selangor
43rd (2022/2023)	Dr Muhammad Shauqi Abdul Kadir	Kedah
44th (2023/2024)	Dr Gunenthira Rao Subbarao	N. Sembilan
45th (2024/2025)	Dr Mohamad Hafiz Bin Harun	Kelantan

9.2 ZAINAL ABIDIN AWARD

Honours the State that has made the most significant overall contribution to National SCHOMOS, recognising collective efforts in organising impactful activities, strengthening membership, and supporting national goals.

AGM (Year)	1st Place	2nd Place	3rd Place
33rd	Dr Gunasekaran Ramasamy (Johor)	Dr Sentilnathan S/O Subramaniam (Sarawak)	—
34th	Dr Tee Hoi Poh (Pahang)	—	—
35th	Dr Arvindran Alaga (Kedah)	—	—
36th	Dr Julian Tey Hock Chuan (Melaka)	—	—

SECTION REPORTS > SCHOMOS

AGM (Year)	1st Place	2nd Place	3rd Place
37th	Mejar (B) Dr Ahmad Filza Ismail (Kelantan)	—	—
38th	Dr Gayathri Nadarajan, Dr Shankar Gunarasa (N. Sembilan)	—	—
39th	Dr Sivasubramaniam Balakrishnan (Pahang)	—	—
40th	Dr Nanthini Balakumaran (Sarawak)	—	—
41st	Dr Harivinthan Sellapan (Sabah)	Dr John Emmanuel Fernandez (Perak)	Dr Leonard Goh (Sarawak)
42nd	Dr John Emmanuel Fernandez (Perak)	Dr Thum Chern Choong (Selangor)	Dr Muhammad Shauqi A. Kadir (Kedah)
43rd	Dr John Emmanuel Fernandez (Perak)	Dr Muhammad Aliff Imran N. Mohamed (Selangor)	Dr Muhamad Shahrman M. Shari (Melaka)
44th	Dr Muhammad Fadzlin Mohd Rafi (Penang)	Dr Harison Sevenathan (Perak)	Dr Gunenthira Rao Subbarao (N. Sembilan)
45th	Dr Gunenthira Rao Subbarao (N. Sembilan)	Dr Mohamad Hafiz Bin Harun (Kelantan)	Dr Selvanaayagam Shanmuganathan (Kedah)

9.3 MEMBERSHIP CHALLENGE AWARD

Presented to the state that has achieved the most significant growth in SCHOMOS membership within the award year.

AGM (Year)	1st Place	2nd Place	3rd Place
34th	Perlis	Pulau Pinang	N. Sembilan
35th	Perlis	Pulau Pinang	N. Sembilan
36th	Kedah	Perlis	Pulau Pinang
37th	Sarawak	Kedah	N. Sembilan
38th	Perlis	W. Persekutuan	Melaka
39th	Sarawak	Sabah / W. Persekutuan	Kelantan
40th	Selangor	W. Persekutuan	Johor
41st	Sabah	Selangor	Terengganu
42nd	Selangor	Sabah	Kedah
43rd	Kedah	Selangor	Penang
44th	Selangor	Sabah	Perlis
45th	Sabah	Johor	Perlis

SECTION REPORTS > SCHOMOS

10. Junior Doctors Network (JDN)

10.1 NATIONAL PROGRAMMES & ADVOCACY

JDN Malaysia continued its commitment to supporting and empowering junior doctors through educational programmes, advocacy initiatives, and engagement activities throughout the term. Efforts were focused on professional development, workplace wellbeing, career planning, and representation within the wider medical fraternity.

A key highlight was the webinar "Workplace Bullying & The Law", organised in collaboration with MMA Melaka Branch, attracting 209 registrations and over 150 attendees. JDN also participated in the Doctors' Day Celebration 2025 (Healing the Healers) and contributed health screening activities during the National Planning Congress 2025, serving 85 attendees.

10.2 REGIONAL COLLABORATION – JDN MASEAN

JDN Malaysia remained actively involved within the Junior Doctors Network of Medical Association of Southeast Asian Nations (JDN MASEAN), participating in the Mid-Term Meeting and various regional discussions focusing on workforce challenges, professional development, leadership, equity, and healthcare sustainability.

10.3 INTERNATIONAL ENGAGEMENT – WMA JUNIOR DOCTORS NETWORK

At the international level, JDN Malaysia maintained active participation within the World Medical Association Junior Doctors Network (WMA-JDN). Representatives attended the WMA-JDN Spring Meeting and contributed to discussions on workforce welfare, universal health coverage, professional development, and global healthcare challenges.

Malaysia was invited to present on "Global Action on Universal Health Coverage – The Malaysian Approach", highlighting local experiences and challenges in delivering healthcare services, particularly in underserved and rural communities.



JDN-MASEAN Meeting 2026, Bohol, Philippines

10.4 OUTREACH AND ENGAGEMENT ACTIVITIES

The Junior Doctors Hangout Podcast featured discussions with Malaysian doctors working internationally across the United Kingdom, Australia, Singapore, and Ireland, generating over 1,400 views. JDN also expanded outreach through participation in educational programmes and conferences, including the 1st Southern Paediatric Surgical Course.

10.5 STRATEGIC COLLABORATIONS AND WORKFORCE ENGAGEMENT

JDN Malaysia collaborated closely with SCHOMOS during Jelajah SCHOMOS Sabah, where representatives visited hospitals and health clinics across multiple districts and engaged directly with nearly 200 doctors. An Anonymous Listening Session for House Officers provided a confidential platform for junior doctors to share concerns and experiences.



NPC 2026 Health Screening



Doctor's Day Forum 2025



WMA-JDN Spring Meeting 2026

SECTION REPORTS > SCHOMOS

11. Summary

The 2025–2026 term stands as a period of significant achievement for SCHOMOS across all its core pillars: membership, advocacy, member support, and professional development.



Membership grew to 6,135 with 1,071 new members recruited — the strongest recruitment drive in recent terms.

HelpDoc handled 49 cases this term (243 cumulative), resolving 65% of current-term cases and continuing to serve as a vital lifeline for doctors in need.

JDN strengthened SCHOMOS' reach regionally and internationally, reinforcing Malaysia's presence in MASEAN and WMA forums.

38 strategic meetings and 12 official letters demonstrate active and sustained advocacy at the highest levels of government and professional bodies.

Major initiatives — WOB Programme, R&R Seminar, CGC, ABC of Housemanship, and Leadership Course — collectively impacted hundreds of doctors and students nationwide.

SCHOMOS remains firmly committed to its mission of being the strongest and most effective voice for House Officers, Medical Officers, and Specialists across Malaysia — advocating for a fair, supportive, and progressive working environment for all government doctors.

AT A GLANCE — KEY METRICS 2025–2026

6,135

Total Members
(as of 9 Jun 2026)

1,071

New Members This Term
(867 Ord + 204 Life)

49

HelpDoc Cases (Term) —
32 resolved, 17 pending

38

Strategic Meetings
(Sep 2025–Jun 2026)

12

Official Letters Issued

243

Cumulative HelpDoc Cases
(since 2016)

15,787

Facebook Followers
(↑ from 14,000)

5,961

Instagram Followers
(↑ from 5,700)

Prepared by:

DR GUNENTHIRA RAO A/L SUBBARAO
Honorary Secretary

SECTION REPORTS > SCHOMOS

12. Appendices

Appendix A: SCHOMOS EXCO and Representatives 2025/2026



Seated (L-R): Dr Sivanaesan, Datuk Dr Arasu, Dr Timothy Cheng, Dato Dr Khaira & Dr Selvarajah

Standing First Row (L-R): Dr Vasu Pillai, Dr Phan Ai Ping, Dr Muhamad Shahrman, Dr Wan Nor Aina, Dr Lianne, Dr Francesca, Dr Rosshini & Dr Haryati

Standing Second Row (L-R): Dr Tan Shong Sheng, Dr Peter Low, Dr Gunen, Dr Mohamad Hafiz, Dr Tang Jeat Liang, Dr Selvanaayagam, Dr Sean Thum, Dr Mohd Ilham, Dr Kavin Raj & Dr Zaitul Akma

Not in picture: Dr Govind & Dr Sivabala

Appendix B: SCHOMOS EXCO and Representatives 2013–2025

Term 2013/2014 – EXCO

Position	Name	State
Chairman	Dr Azhar Amir Hamzah	Kelantan
Vice-Chairman	Dr Sivakumar Kumarasamy	Negeri Sembilan
Honorary Secretary	Dr Alvin Lum Wai Keng	Negeri Sembilan
Honorary Treasurer	Dr Thillai Nathan T Pushpanathan	Pahang
Honorary Asst Secretary	Dr Sivakumar Radhakrishnan	Perak
Honorary Asst Secretary	Dr Sentilnathan S/O Subramaniam	Sarawak

Term 2014/2015 – EXCO

Position	Name	State
Chairman	Dr Datesh Daneshwar	Kedah
Vice Chairman	Dr Sivakumar Kumarasamy	Negeri Sembilan
Honorary Secretary	Dr Arvindran Alaga	Kedah
Honorary Treasurer	Dr Tee Hoi Poh	Pahang
Honorary Asst Secretary	Dr Long Tuan Mastazamin	Kelantan
Honorary Asst Secretary	Dr Khiritharan A/L Mannie Rajah	Kedah

SECTION REPORTS > SCHOMOS**Term 2015/2016 – EXCO**

Position	Name	State
Chairman	Dr Vasu Pillai Letchumanan	Kedah
Vice Chairman	Dr Arvindran Alaga	Kedah
Honorary Secretary	Dr Kevin Ng Wei Shan	W. Persekutuan
Honorary Treasurer	Dr Vasanthi Selvaraju	Sabah
Honorary Asst Secretary	Dr Julian Tey Hock Chuan	Melaka
Honorary Asst Secretary	Dr Khiritharan A/L Mannie Rajah	Kedah

Term 2016/2017 – EXCO

Position	Name	State
Chairman	Dr Vasu Pillai Letchumanan	Kedah
Vice Chairman	Dr Arvindran Alaga	Kedah
Honorary Secretary	Dr Kevin Ng Wei Shan	W. Persekutuan
Honorary Treasurer	Dr Sentilnathan Subramaniam	Negeri Sembilan
Honorary Asst Secretary	Dr Pravind Narayanan	Sarawak
Honorary Asst Secretary	Dr Khiritharan A/L Mannie Rajah	Kedah

Term 2017/2018 – EXCO

Position	Name	State
Chairman	Dr Arvindran Alaga	Kedah
Vice Chairman	Dr Kevin Ng Wei Shan	W. Persekutuan
Honorary Secretary	Dr Vijay Ganasan	Sarawak
Honorary Treasurer	Dr Pravind Narayanan	Sarawak
Honorary Asst Secretary	Mejar (B) Dr Ahmad Filza	Kelantan
Honorary Asst Secretary	Dr Velkanthan A/L Muniandy	Terengganu

Term 2018/2019 – EXCO

Position	Name	State
Chairman	Dr Kevin Ng Wei Shan	W. Persekutuan
Vice Chairman	Dr Arvindran A/L Alaga	Kedah
Honorary Secretary	Dr Pravind Narayanan	Sarawak
Honorary Treasurer	Datin Dr Gowri A/P Sundaram	Pahang
Honorary Asst Secretary	Mejar (B) Dr Ahmad Filza Ismail	Kelantan
Honorary Asst Secretary	Dr Velkanthan A/L Muniandy	Terengganu

Term 2019/2020 – EXCO

Position	Name	State
Chairman	Dr Kevin Ng Wei Shan	W. Persekutuan
Vice Chairman	Dr Vijay Ganasan	Sarawak
Honorary Secretary	Dr Sentilnathan Subramaniam	Sabah
Honorary Treasurer	Dr Velkanthan A/L Muniandy	Terengganu
Honorary Asst Secretary	Mejar (B) Dr Ahmad Filza Ismail	Kelantan
Honorary Asst Secretary	Datin Dr Gowri A/P Sundaram	Pahang

Term 2020/2021 – EXCO

Position	Name	State
Chairman	Dr Vijay Ganasan	Sarawak
Vice Chairman	Dr Sentilnathan Subramaniam	Sabah
Honorary Secretary	Mejar (B) Dr Ahmad Filza Ismail	Kelantan
Honorary Treasurer	Dr Velkanthan A/L Muniandy	Terengganu
Honorary Asst Secretary	Dr Sivabala Selvaratnam	Perak
Honorary Asst Secretary	Dr June Lau Fei Wen	Terengganu

SECTION REPORTS > SCHOMOS**Term 2021/2022 – EXCO**

Position	Name	State
Chairman	Dr Vijay Ganasan	Sarawak
Vice Chairman	Mejar (B) Dr Ahmad Filza Ismail	Kelantan
Honorary Secretary	Dr Sivabala Selvaratnam	Perak
Honorary Treasurer	Dr Goh Zhong Ning, Leonard	Sarawak
Honorary Asst Secretary	Dr Lynette Sheena A/P Dewa Rajo	Melaka
Honorary Asst Secretary	Dr Timothy Cheng Tsin Jien	W. Persekutuan

Term 2022/2023 – EXCO

Position	Name	State
Chairman	Mejar (B) Dr Ahmad Filza Ismail	Kelantan
Vice Chairman	Dr Sivabala Selvaratnam	Perak
Honorary Secretary	Dr Timothy Cheng Tsin Jien	Sabah
Honorary Treasurer	Dr Thum Chern Choong, Sean	Selangor
Honorary Asst Secretary	Dr Muhammad Shauqi Abdul Kadir	Kedah
Honorary Asst Secretary	Dr Lynette Sheena A/P Dewa Rajo	Selangor

Term 2023/2024 – EXCO

Position	Name	State
Chairman	Dr Sivabala Selvaratnam	Perak
Vice Chairman	Dr Timothy Cheng Tsin Jien	Sabah
Honorary Secretary	Dr Thum Chern Choong, Sean	Selangor
Honorary Treasurer	Datin Dr Gowri A/P Sundaram	Pahang
Honorary Asst Secretary	Dr Lynette Sheena A/P Dewa Rajo	Selangor
Honorary Asst Secretary	Dr Muhammad Shauqi Abdul Kadir	Kedah

Term 2024/2025 – EXCO

Position	Name	State
Chairman	Dr Timothy Cheng Tsin Jien	Sabah
Vice Chairman	Dr Thum Chern Choong, Sean	Selangor
Honorary Secretary	Dr Gunenthira Rao A/L Subbarao	N. Sembilan
Honorary Treasurer	Dr Muhamad Shahrman Bin Muhamad Shari	Melaka
Honorary Asst Secretary	Dr Selvanaayagam Shanmuganathan	Kedah
Honorary Asst Secretary	Dr Wan Nor Aina Ar Mardiyah Wan Jeffery	Kelantan



THANK YOU
SCHOMOS
2025-2026.

PUBLIC HEALTH SOCIETY

CHAIRMAN: PROF DR SANJAY RAMPAL A/L LEKHRAJ RAMPAL
VICE-CHAIRMAN: DR PUNITHA A/P MAKESWARAN
HONORARY SECRETARY: DR GUGANESAN A/L KRISHNANMOORTHY
ASSISTANT HONORARY SECRETARY: DR VIGNESVARI SUBRAMANIAM
HONORARY TREASURER: PROF DR MURALLITHARAN MUNISAMY
MEMBER: PROF DR HOE CHEE WAI, VICTOR
MEMBER: DR LEEVYADHASHINY A/P GANASAN
MEMBER: DR RUTHRESH RAO A/L SUBRAMANYAN
MEMBER: DR LILLI A/P JACOB

MMA SECRETARIAT: MS MUTHULETCHUMY

Committee Meetings

1ST COMMITTEE MEETING – 25 FEBRUARY 2026

- Discussion on upcoming activities and programmes.
- Identification of potential topics for future events and collaborations with NGOs and relevant stakeholders.
- Delegation of responsibilities among committee members.
- Discussion on potential external speakers for upcoming events.

2ND COMMITTEE MEETING – 19 MARCH 2026

- Planning of the upcoming webinar entitled “Public Health Unpacked: A Webinar Series by MMA Public Health Society, Episode 1: Career Pathways of Public Health Medicine Specialist.” Action: Dr Guganesan Krishnanmoorthy.
- Proposal for future activities and collaborations with relevant stakeholders and NGOs. Action: All Committee Members.
- Progress update on the Public Health Careers Webinar and Podcast Series. Action: Dr Vignesvari Subramaniam & Dr Guganesan Krishnanmoorthy.
- Proposal for an MMA Public Health Society Seminar for General Practitioners. Action: Dr Ruthresh Rao Subramanyan.
- Membership recruitment and engagement initiatives for MMA Public Health Society. Action: Dr Leevyadhahiny Ganasan.

3RD COMMITTEE MEETING – 9 APRIL 2026

- Planning of the webinar entitled “Beyond the Cough: Integrating TB Control into Malaysia’s Healthcare System,” jointly organised by MMA Public Health Society and the Malaysian Association for the Prevention of Tuberculosis (Selangor), postponed to after September 2026.
- Progress updated on collaborations with NGOs and other relevant stakeholders. Action: All Committee Members
- Progress updated on the Public Health Careers Webinar and Podcast Series.
- Progress updated on the proposed Public Health Society Seminar for General Practitioners.
- Progress updated on membership recruitment and engagement with student societies.
- Progress updated on the Society’s website development and documentation of its historical

MMA Public Health Society in Collaboration with the National Cancer Society Malaysia
(Physical Events)

12–14 SEPTEMBER 2025

- Non-Communicable Diseases Malaysia Conference 2025
- Awarded 20 CPD Points

15 JANUARY 2026

- HPV LNOB 2.0 GP Onboarding
- No CPD Points awarded

25 JANUARY 2026

- Lung Health Initiative: Health and Wellness Screening
- No CPD Points awarded

4 FEBRUARY 2026

- World Cancer Day 2026
- No CPD Points awarded

MMA Public Health Society in Collaboration with MMA Volunteer Corps Committee (Physical)

The MMA Volunteer Corps, MMA Public Health Society, and the National Cancer Society Malaysia jointly organised a Medical Camp in Teluk Intan on 13 December 2025.

The programme was supported by Prof. Dr Thana Sehgaran Shanmugam (Community Medicine), Prof. Sekarpusathy (Paediatrics), Assistant Prof. Thurgana Sheriff (Orthopaedics) from AIMST University, Dr Avrinth Rajogopal (Ophthalmology) from Ampang Hospital, and Dr Sara from NCSM AMO IMED, together with more than ten dedicated volunteers.

Favourable weather conditions enabled smooth operations throughout the programme. Approximately 50 patients benefited from fundal examinations, cancer screening, and general health assessments.

The Society would like to express its sincere appreciation to Prof. Emeritus Dr Lekraj Rampal, Prof. Dr Muralitharan, and Mandiran from I-Medi for their invaluable support in providing the mobile medical bus, fundal camera, and volunteer assistance, all of which contributed significantly to the success of the medical camp.

Webinars (Virtual)

17 APRIL 2026

Public Health Unpacked: A Webinar Series by MMA Public Health Society – Series 1: Career Pathways of Public Health Medicine Specialist.

This webinar aimed to provide insights into the diverse career opportunities available within the field of Public Health Medicine and to inspire future public health professionals.

25 JUNE 2026

"The Real Public Health Journey: Doctor to Student Paradigm Shift: The DrPH Experience"

Four speakers spanning different stages of the DrPH journey shared their personal experiences, covering topics from navigating specialist training and field-based leadership to managing imposter syndrome and strategies for completing a doctoral programme. The webinar concluded with a closing reflection by Prof. Dr. Sanjay Rampal, offering encouragement and key messages on resilience and lifelong growth in public health.

4th Committee Meeting – 28.05.2026

The 4th Committee Meeting of the MMA Public Health Society, chaired by Prof. Sanjay Rampal, approved the previous meeting minutes and reviewed key upcoming activities. The committee finalized preparations for the webinar "The Real Public Health Journey: Doctor to Student Paradigm Shift," agreeing to refocus the DrPH second-year student's talk on personal journey and resilience rather than academic comparisons. A budget review noted a total income of RM11,005 against expenditure of RM17,690, with discussions on streamlining the website budget and membership fee collection. The committee also planned a TB-focused webinar in collaboration with PPS, targeting the following month, and discussed sequencing the remaining webinar series after the AGM. Membership matters were addressed, including the preparation of active and lapsed member lists and the circulation of subscription fee reminders ahead of the AGM scheduled for 14 July. The meeting closed with a proposal to develop a structured mentorship and certification programme for young doctors, to be supported through the Society's website.

Collaborative Meeting (Virtual)

3 MAY 2026

A joint meeting between MMA Public Health Society and MMA Private Practitioners Section (PPS) was held and discussed about strengthened collaboration, exchanged perspectives, and explored potential areas of synergy between both societies. The discussion focused on advancing shared priorities and fostering greater cooperation in public and private healthcare practice. Both MMA MPHS and MMA PPS has accepted the discussion of co-hosting certain selected topics particularly in the field on Infectious Diseases management and OHD related topics, which overlaps the copes of both sections.

DR VIGNESVARI SUBRAMANIAM
Assistant Honorary Secretary

SOCIETY OF MALAYSIAN MEDICAL ASSOCIATION MEDICAL STUDENTS (SMMAMS)

Activities

No.	Timeline	Activity Title	Description
1	9/2025 - 8/2026	SCOPE SCOPE Merchandise	SCOPE Malaysia 25/26 committee merchandise serves as a vibrant symbol of unity, pride, and identity, embodying the essence of teamwork and shared purpose. Beyond being just apparel or accessories, it represents the dedication, values, and camaraderie that bind the committee together. Whether it's to foster team spirit, enhance visibility, or commemorate milestones, merchandise is a tangible reminder of the hard work and passion that drives the committee's mission. By proudly showcasing our committee's logo and design, this merchandise not only strengthens internal bonds but also amplifies our presence and message within the community. This initiative will also focus on offering T-shirts and lanyards, providing items that promote team spirit and creating lasting memories for committee members.
2	4/10/ 2025	CPRT National Inter-collaborative Community Outreach Programme (NICOP) 2025	This proposal outreach initiative aims to raise awareness and provide meaningful education to the residents of Rumah Titian Kasih through a comprehensive and interactive health promotion programme. A primary objective of this project is to raise awareness among the residents of Rumah Titian Kasih about the importance of maintaining their general and oral health. This will be achieved through engaging, accessible, and culturally sensitive educational sessions designed to spark long-term behavioural change. By fostering a basic understanding of how oral health connects to overall health, we aim to inspire proactive health habits and self-care practices. Additionally, the project will focus on empowering residents with knowledge about personal health-related illnesses, particularly those affecting the mouth. Through detailed explanations of causes, consequences, and preventive measures, participants will be equipped with the information needed to recognise early symptoms of common oral conditions such as dental caries and gum disease, and take appropriate action to manage or prevent them.
3	10/2025 - 8/2026	SCORA Stories of SCORA (SOS)	Stories of SCORA (SOS) is an initiative by SCORA Malaysia that aims to raise public awareness and understanding of marginalized communities relevant to SCORA's focus areas. This includes individuals affected by Women's Health issues (such as breast cancer, reproductive and fertility challenges, and post-partum complications), survivors of domestic violence , and fringe groups in society such as the LGBTQI+ community and individuals living with HIV/AIDS or other STDs . Through this programme, we seek to shed light on the struggles, stigma, and resilience of these individuals by sharing their lived experiences. More importantly, Stories of SCORA aspires to educate the public on available support systems and encourage open conversations to destigmatise Women's Health issues, HIV/AIDS, and LGBTQI+ topics within the Malaysian context.
4	5/12/ 2025	SCOME Path2Paeds Webinar	The "Path2Paeds" webinar is planned to introduce medical students to the exciting and rewarding field of paediatrics and to inspire interest in this meaningful specialty. Many students have limited exposure and understanding of paediatrics, and this webinar aims to bridge the gap by offering a comprehensive overview of the journey toward becoming a paediatrician. It also serves as a platform to guide students who are considering paediatrics as a future career path from the motivations behind choosing the specialty to the training, requirements and career opportunities available. The programme will cover a wide range of topics, including the reasoning of choosing paediatrics, experiences, training, further studies and how to apply. This gives students a clear roadmap to further pursue this path. Sessions on the syllabus and assessments will further equip participants with practical knowledge about the paediatric training process.

No.	Timeline	Activity Title	Description
5	6/12/2025 - 7/12/2025	NT SMMAMS 25/26 Team of Officials Meeting & Capacity Building	Through joining SMMAMS 2025/26 Team of Officials Meeting & Capacity Building, the SMMAMS TOs are able to get to know each other better in order to facilitate future collaborations. Opportunities may also be discovered as future activity ideas emerge among the members of SMMAMS TOs. Each EXCO team will be sharing their Internal Operating Guidelines (IOGs) to all members so that members can better understand some internal operations such as writing and submitting activities' proposals and reports. National Officers (NOs) from each SCO as well as ROs from each region will also be presenting their activity plans for this tenure
6	20/12/ 2025	NT SMMAMS National Online Capacity Building Workshop 25/26	The Society of MMA Medical Students (SMMAMS) serves as the official platform uniting Malaysian medical students under the Malaysian Medical Association (MMA), promoting academic excellence, professional growth, and advocacy for medical students nationwide. In every new term, SMMAMS welcomes a diverse team of national officers and committee members from various universities across Malaysia. As the organization expands its initiatives and partnerships, there arises an increasing need to ensure that all members possess a unified understanding of SMMAMS' structure, internal operating guidelines (IOGs), and departmental functions. To address this, the SMMAMS National Online Capacity Building Workshop 2025/2026 is proposed as an early-term comprehensive training programme aimed at strengthening the competence, coordination, and leadership capacity of all EXCOs. This workshop will not only serve as an orientation to familiarize members with administrative and operational frameworks, but also as a collaborative platform to foster synergy between departments and ensure smooth execution of projects throughout the term
7	16/1/ 2026	SCOME Brain & Eyes Webinar	The webinar aims to enhance medical students' knowledge and awareness in the field of ophthalmology and neurosurgery which are crucial yet often less-explored areas in medical education. It seeks to provide participants with valuable insights into common eye diseases, clinical examination techniques, and current advancements in ophthalmic and neurosurgery practice. Additionally, the session is intended to inspire interest in ophthalmology and neurosurgery as a potential career path. The programme will cover a wide range of topics, including route to Ophthalmology and Neurosurgery.
8	24/1/ 2026	SCORA SCORA Refugee Outreach	Sexual and Reproductive Health (SRH) is a vital part of every young person's overall wellbeing, yet for many refugee youth in Malaysia, access to accurate information, open discussions, and youth-friendly services remains a major challenge. While Malaysia provides refuge to thousands of displaced families from across the region, most refugee communities live without formal access to national healthcare or education systems. As a result, many young people grow up with limited or misleading knowledge about their bodies, relationships, and reproductive choices. This Sexual and Reproductive Health (SRH) Empowerment for Refugee Youth Workshop seeks to fill that gap by creating a safe, inclusive space for learning and empowerment.
9	31/1/ 2026	SCOPH Paw Day at Animal Shelter	The activity, titled "Paw Day at Animal Shelter!", is organized by the Society of Malaysian Medical Association Medical Students (SMMAMS) under the Standing Committee of Public Health (SCOPH) pillar. Scheduled for Saturday, January 31, 2026, from 10:00 a.m. to 2:30 p.m., the event will take place at the Pertubuhan Perlindungan dan Penyelamat Haiwan Wawasan Batu Pahat, Johor (Save The Strays Team). The primary motivation is to address the severe crisis faced by Malaysian animal shelters, which are plagued by overcapacity and resource strain (due to abandonment and inadequate neutering), infrastructure and maintenance backlogs (requiring constant cleaning and repair), and a critical lack of socialization for animals, which is vital for rehabilitation and adoption success.

No.	Timeline	Activity Title	Description
10	31/1/2026	SCOPE x SCORE Pre-Departure Training Outgoing 26/27	The Pre-Departure Training is designed to prepare medical students for their upcoming international exchanges—whether professional or research-based—in regions including Europe, Asia, and the Eastern Mediterranean. The training aims to equip students with essential knowledge in areas such as cross-cultural ethics, disaster triage, and other key competencies needed to navigate healthcare settings abroad. Through interactive workshops and educational sessions, the program ensures that participants are well-prepared both professionally and culturally for their exchange experiences.
11	31/1/2026	MMA x SMMAMS x MedSS MMA Meet & Greet with Medical Students 2026	The transition from medical school to housemanship is a challenging period marked by increased responsibilities and steep learning demands. Many graduates experience uncertainty and stress during this adjustment phase due to limited prior exposure to the realities of hospital work. This initiative addresses that gap by providing guidance, peer sharing, and motivational input to help students adapt effectively. In addition, it encourages participation in professional bodies such as SMMAMS and the Malaysian Medical Association (MMA), aligning with efforts to cultivate professionalism, leadership, and unity within the medical community — values consistent with IIUM's mission and the objectives of the Kulliyyah of Medicine to produce competent, compassionate, and community-oriented doctors.
12	27/2/2026	SCOME Path2Ortho Webinar	The “Path2Ortho” webinar is designed to introduce medical students to the field of orthopaedic surgery in Malaysia and to provide a clear, structured overview of the pathway toward becoming an orthopaedic surgeon. Orthopaedics is often viewed as a competitive and demanding specialty, and many students lack clear guidance on its training structure, entry requirements and career progression. This webinar aims to bridge that gap by offering practical insights into the orthopaedic training journey in Malaysia.
13	Cardiovascular Webinar Series: 27/02/26 (Friday) 27/03/26 (Friday) 04/04/26 (Saturday) Respiratory Webinar Series: 17/04/26 (Saturday) 01/05/26 (Friday) 15/05/26 (Friday)	SCORP Pulse & Breath - Emergency Medicine Essentials Webinar Series	The Emergency Medicine Webinar Series is a structured, national-level online educational programme designed to strengthen medical students' understanding and practical approach to common and life-threatening emergency conditions. Organised by SCORP under SMMAMS, the series will be conducted fully virtually via Zoom between 27th February 2026 and 15th May 2026, ensuring wide accessibility for medical students from universities across Malaysia, as well as providing an educational platform for doctors, Houseman interns or anyone who is interested in learning about Emergency Medicine. The programme consists of six webinar episodes, each carefully planned to deliver high-yield, clinically relevant emergency medicine content in an engaging and student-centred format. The overall design of the series is centred on two major clinical systems that are frequently encountered in acute and emergency settings: the cardiovascular system and the respiratory system. Three episodes are dedicated to each system, allowing learners to progressively build foundational knowledge while developing practical decision-making skills relevant to real-world emergency scenarios. Each webinar episode will run for approximately two hours, and will be spaced at intervals of two to three weeks. This spacing is intentionally planned to allow sufficient preparation time for speakers and organisers, minimise participant fatigue, promote sustained engagement, and provide learners with adequate time to consolidate and reflect on key concepts between sessions. To maximise participation among both pre-clinical and clinical-phase medical students, sessions will preferably be conducted on Friday/Saturday evenings (8.00–10.00 PM).
14	28/2/2026	EPRT Medmastery Bootcamp	Medical students need more than theoretical knowledge — they must also develop practical skills early to prepare for clinical years and future patient care. To meet this need, SMMAMS plans to organise a one-day hands-on medical skills bootcamp at the USM Health Campus, Kelantan, on 28th February 2026. This interactive workshop will bring together pre-clinical and clinical students from USM and potentially other universities to learn and practise essential skills such as Basic Life Support, basic suturing techniques, bandaging, and clinical reasoning through a fun mini-OSCE challenge. The event aims to enhance students' competence and confidence, encourage networking across institutions, and open opportunities for collaboration with relevant organisations and sponsors.

No.	Timeline	Activity Title	Description
15	7/3/2026	SCOPH x SCORP Every Second Counts: Basic Life Support Workshop	Every Second Counts: Basic Life Support Workshop aims to equip participants with essential life-saving skills. The workshop includes hands-on training in CPR for adults and infants, management of choking in adults and babies and basic first aid skills. Participants will learn how to recognize emergencies, respond promptly and act confidently in real-life emergency situations
16	9/3/2026	SCOPH Blood Donation Drive 2026: Heroes in Every Drop	The SCOPH Blood Donation Drive is an annual flagship event by SCOPH, which serves as an essential reminder of the constant and continuous need for blood donation and how the donors are seen as heroes for their contribution in saving lives. With this mantra, we have come out with this year's slogan of constant continuity of blood: "Heroes in Every Drop". This blood donation campaign hopes to raise awareness of the importance of blood donation as well as health screening and early diagnosis of non-communicable diseases. This Blood Donation Drive mission is to promote awareness of the importance of blood donation, increase the donor population in Malaysia.
17	5/3/2026	SCORP Seconds Save Lives : Emergency Medicine Social Media Campaign	Objective: This campaign aims to improve awareness and preparedness for medical emergencies among the public while strengthening emergency medicine knowledge among medical students. By delivering simple, practical, and evidence-based information through social media platforms like Instagram, the campaign seeks to empower individuals to recognize warning signs early, take appropriate first aid measures, and understand when urgent medical care is needed. Concept: Each content segment focuses on real-life emergency scenarios and commonly misunderstood conditions. Conducted as a 4-day social media campaign , the initiative combines public-focused education with student-centered clinical reinforcement. Rather than overwhelming audiences with complex theory, the approach emphasizes recognition, immediate response, and decision-making during critical moments. Content will be presented in short, engaging formats to promote retention and active participation, including QnA or polls on Instagram stories and
18	14/3/2026	SCORE x SCOPH Malaysia X Indonesia (SCORE SCOPH SMMAMS Malaysia x SCORE SCOPH CIMSA Indonesia) Endemic Disease Webinar	Malaysia and Indonesia have a long history in fighting neglected tropical diseases (NTDs), with illnesses such as dengue, rabies and lymphatic filariasis remaining major public health concerns. Due to their significant impact on vulnerable populations, increasing awareness and improving understanding among future healthcare providers are crucial. This webinar aims to enhance medical students' knowledge of endemic NTDs in both countries through sharing sessions. In addition to gaining insights on endemic diseases across both countries, participants will collaborate to prepare educational materials that can benefit the general public. This initiative seeks to strengthen regional awareness and encourage medical students to take an active role in addressing these persistent public health concerns. Last but not least, this webinar also aims to equip medical students with the latest information on NTD vaccination research, including established vaccines, vaccines in development, and challenges faced in vaccine research
19	16/03/2026 - 21/03/2026	SCORP Who are the stateless?	"Who Are the Stateless?" is a four-day social media campaign held in March under the theme of Human Rights & Health. It aims to raise awareness about stateless communities in Sabah, highlighting who they are, the challenges they face, and insights from doctors and volunteers. The campaign will feature informative posts, short reels, and conclude with an interactive quiz on SCORP's story.

No.	Timeline	Activity Title	Description
20	Pre-event webinar: 28/3 Event day: 4/4	SCORE National Research Camp 2026	This research workshop aims to lower the barriers for medical students—particularly those in the early years of training—to begin exploring research meaningfully. Our focus this year is on qualitative research, a skill set that helps future clinicians understand the experiences, perspectives, and behaviours that shape human health. By equipping students with these foundational tools, we hope to build confidence, curiosity, and long-term engagement with research practice. This event is done in collaboration with PERSIAP UKM, open to all 60 medical students in Malaysia.
21	March 2026 TBC	SCORA Capacity Building Workshop on Female Reproductive Health for Refugee Teachers	Female reproductive health is a vital component of overall well-being and health literacy, yet it remains under-addressed in many refugee communities. Displacement, disrupted education, cultural stigma, and limited access to healthcare contribute to widespread misinformation and unmet reproductive health needs among refugee women and girls. Refugee teachers play a crucial role as trusted educators and community figures who can provide accurate information and guidance. Training refugee teachers in female reproductive health strengthens their capacity to educate, support, and refer students appropriately, creating a sustainable and culturally sensitive approach to improving health knowledge within refugee learning environments
22	1/4/2026 - 31/10/2026	CPRT Elsevier Student Ambassador Programme 2026	The Elsevier Student Ambassador Programme 2026 is a collaborative initiative between Elsevier Southeast Asia and the Society of Malaysian Medical Association Medical Students (SMMAMS), designed to empower Malaysian medical students as advocates for evidence-based, high-quality learning resources. Building on the strong impact of previous tenures, this programme aims to strengthen digital resource literacy, leadership development, and peer-to-peer academic engagement nationwide. Student ambassadors will gain exclusive exposure to Elsevier's educational platforms and products while providing valuable insights on students' learning needs, challenges, and preferences.
23	10/4/2026	SCOME Miracles in the Womb: The Science of Maternal Fetal Medicine	The "Miracles in the Womb: The Science of Maternal Fetal Medicine" webinar was planned to provide medical students with a comprehensive introduction to a rapidly evolving field of fetal surgery. The session aims to explore the scientific foundations, clinical indications and technological advancements that have made in-utero surgical intervention possible for a variety of congenital conditions.
24	11/4/2026	SCOPH Celik Sihat	The " Celik Sihat 2026 " campaign, led by the Local Public Health Officer of SCOPH Malaysia, is a targeted public health initiative aimed at addressing the growing burden of visual impairment including diabetic retinopathy, age-related eye diseases such as cataract, glaucoma and digital eye strain (DES). These visual problems lead to a variety of public health, social, and economic problems in Malaysia.
25	9/5/2026	SCOPE Clinical Advances & Sharing Exchange	Clinical Advances & Sharing Exchange (CASE) 2026 is a national academic event under SMMAMS–SCOPE that unites medical students across Malaysia for a day of global insights, clinical workshops, and OSCE-style challenges. Designed to enhance clinical competence and professional exchange, CASE 2026 aims to inspire globally minded, skillful, and collaborative future doctors.
26	9/5/2026	SCOME Obstetric Emergency Simulation: PPH & Perineal Tear Repair Workshop	The Obstetric Emergency Simulation: PPH & Perineal Tear Repair Workshop is an academic programme organised by Medsoc USM in collaboration with SMMAMS, designed to provide medical students with focused practical exposure to critical obstetric emergency skills. The workshop centres specifically on two high-impact areas in obstetrics: postpartum haemorrhage (PPH) management and perineal tear identification and repair. These competencies are essential for early clinical preparedness and safe obstetric practice.

No.	Timeline	Activity Title	Description
27	9/5/2026	SCORP Healing Young Hearts: Paediatric Refugee Medical Outreach	The Healing Young Hearts: Paediatric Refugee Medical Outreach event, scheduled for 9th May 2026, is organised by the Standing Committee on Human Rights and Peace (SCORP) in collaboration with the Selayang Refugee Community Center, with support from the Malaysian Dental Students' Association (MDSA), Doctors On Ground (DnG), SMMAMS Central Peninsular region and Faculty of Dentistry, University Sains Islam Malaysia (USIM). This program aims to provide comprehensive health education and free essential medical check-ups to support the overall well-being of the paediatric population within the refugee community.
28	16/5/2026	SCOME #EmergencyTime	A long awaited collaboration with AMSA UKM and Emergency Department of HCTM to create an event of Emergency Medicine that focuses on the advanced medical procedures as there has been exposure to emergency medicine ever since schooling days. In medical school, we have had a knowledge upgrade and are ready to take on more deeper experiences.
29	16/5/2026	SCOPH Eat Smart, Live Strong	"Eat Smart, Live Strong" is a one-day public health outreach event aimed at empowering the Malaysian general community, especially older adults, to adopt healthier lifestyles. The program focuses on early detection of non-communicable disease risks, balanced nutrition, regular physical activity, and mental wellbeing.
30	20/5/2026	EPRT MEDiQuest: Ultimate Medical Treasure Hunt	MediQuest is not merely a quiz; it is a dynamic experience that challenges participants to apply their medical understanding in creative and meaningful ways. Through carefully designed rounds that integrate theoretical knowledge with practical application, students are encouraged to sharpen their analytical thinking, problem-solving skills, and clinical judgment. Each stage of the program is structured to test resilience, adaptability, and intellectual curiosity, qualities essential to future healthcare leaders.
31	23/05/2026	SCORA Holding Space: Trauma-Informed GBV Simulation Training	Holding Space: Trauma-Informed GBV Simulation Training workshop aims to equip medical students with essential trauma-informed care principles and practical clinical skills to recognise, manage, and support survivors of gender-based violence through structured simulation-based training
32	23/05/2026	SCORP Hearts in Action: SCORP x PDDJM Medical Outreach	Hearts in Action is a collaborative medical outreach programme by SCORP and PDDJM aimed at promoting health, safety, and wellbeing among children and adolescents at Rumah Anak-Anak Yatim Shafar. The activity integrates basic medical health screening, health education, and a mental health workshop to improve health awareness, encourage healthy habits, and support holistic child development in a safe and ethical manner
33	29/05/2026	SCOME Navigating Medical School: Advice and Tricks from Recent Graduates	The Navigating Medical School: Advice and Tricks from Recent Graduates forum is designed to help junior medical students tackle the challenges of medical training by sharing practical strategies, personal experiences, and tips from recent graduates. Participants will explore effective study methods, time management techniques, stress and burnout coping strategies, and preparation for clinical rotations, while learning lessons from real-life experiences.
34	30/05/2026	SCORP Unite to End Gender Based Violence	Gender Based Violence (GBV) is a topic that directly correlates with the Human Rights issue, which affects individuals across societies. In line with the advocacy values of the Standing Committee of Human Rights and Peace (SCORP), this campaign seeks to increase awareness of GBV across the Asia Pacific and foster a safe, supportive environment. Firstly, this campaign aims to reduce stigma, fear of reporting, and inaccessibility to available resources by raising public awareness on GBV, recognising patterns of GBV violence within individual communities, and promoting accessibility for support networks.

No.	Timeline	Activity Title	Description
35	Pre-event webinar: 30/5/2026 Event Day: 7:30 AM - 5:00 PM (6/6/2026)	SCOME INSIGHT: Introductory Skills in Guided Laparoscopic Techniques	The INSIGHT: Introductory Skills in Guided Laparoscopic Techniques is an educational initiative organized by medical students to provide medical students with early exposure to the principles and practice of minimally invasive surgery. With the growing relevance of laparoscopic techniques in modern clinical settings, it is essential for future healthcare professionals to develop a foundational understanding of surgical skills, instrument handling, and procedural ergonomics at an early stage of their medical education.
36	Poster competition: 18th June 2026 - 1st July Talk: 4th July 2026 (Saturday) (TBC)	SCOPH Safety Childhood: Empowering Families, Protecting future	This event aims to bridge this gap by equipping children with the tools to identify sexual harassment, particularly in online spaces, and by offering clear guidance on how to report incidents.
37	22/06/2026	SCOPH World Dengue Day 2026: Dengue Decoded	World Dengue Day 2026: Dengue Decoded , a student-led public health initiative, is a dengue webinar which aims to enhance the public awareness of dengue amongst the general population, medical students and healthcare professionals. Despite advancements in healthcare, dengue remains as one of the most common vector-borne viral infections worldwide, especially impacting tropical and subtropical countries and acting as a threat to community health.
38	27/06/2026	SCOME Undetectable = Untransmittable : Transforming HIV Prevention and Care	The “Undetectable = Untransmittable: Transforming HIV Prevention and Care” webinar is planned to revolutionise medical students’ understanding of HIV transmission and prevention by focusing on the groundbreaking science that makes HIV prevention possible today. Many students hold outdated beliefs about HIV risks and are unaware of modern biomedical tools like U=U (Undetectable = Untransmittable), PrEP, and PEP.
39	27/6/2026 - 28/6/2026	National General Assembly 2026	National General Assembly (NGA) is an annual event organised by SMMAMS to gather and unite medical students all over Malaysia, towards common goals: to foster bond, exchange ideas and develop personal skills. NGA is a concept adopted from the International Federation of Medical Students’ Association (IFMSA) and other National Member Organisations (NMOs).
40	July	SCOME Skin Lab: Derm & Aesthetic	This event aims to bridge that gap by offering students an immersive, interactive environment to develop confidence in dermatologic evaluation and aesthetic medicine fundamentals. Through a combination of workshops, live demonstrations, and case-based learning, participants will gain practical skills that are immediately relevant to clinical rotations, OSCEs, and future medical careers.
41	4/7/2026	SCORA Inside the Beating Heart: CABG and Valve Replacement Workshop	Cardiothoracic health and maternal wellbeing are deeply interconnected, yet often addressed in isolation. This collaborative initiative between SCORA and Manipal University College Malaysia Surgical Society (MUCMSS) aims to bridge that gap by highlighting the critical relationship between pregnancy and cardiovascular health.

Malaysian Medical Association (MMA) Involvement

No.	Timeline	Activity Title	Description	Outcome
1	13/9/ 2025	65th MMA AGM	Hosted annually, the MMA AGM served as a formal platform for the adoption of reports, financial statements, and key policy matters, reflecting MMA's commitment to transparency, accountability, and good governance. Thanks to the organizers and MMA EXCOs, SMMAMS was granted 5 seats to attend the 65th MMA AGM as observers As observers, SMMAMS delegates were able to observe firsthand how resolutions are raised, debated, and adopted, offering deeper insights into professional medical leadership and decision-making. This experience also helps the SMMAMS EXCOs to better understand the operations and objectives of MMA, thereby enabling greater alignment of SMMAMS' initiatives with those of MMA.	3 SMMAMS EXCOs were selected to attend the MMA AGM and annual dinner, namely the Chairperson, Vice Chairperson and Deputy Chair for Members. Prior to the AGM, the Chairperson and relevant EXCOs have also held a meeting with the current MMA President, Dr. Arasu to discuss on the reformation of SMMAMS membership fee, where a motion to reduce the membership fee to RM20 was decided and proposed to the AGM. This motion has been successfully passed during the AGM. During the AGM and annual dinner, SMMAMS delegates were able to learn about the operation of MMA and the main objectives to be achieved in the upcoming term, and were able to physically meet with several MMA doctors from state branches and Junior Doctors Network (JDN) to discuss on the potential of future collaborations
2	27/9/ 2025	Meeting between MMA JDN Chairperson and SMMAMS Chairperson	Called upon by the Chairperson of MMA Juniors Doctors Network (JDN), a meeting was held between both Chairpersons to discuss ideas of future collaborations.	Several ideas of future collaborations, ranging from mentorship, workshops and team building were brought up. Both parties agree to actively seek opportunities to collaborate. SMMAMS has also agreed to incorporate the introduction of MMA JDN during SMMAMS membership drive, and promote MMA JDN efforts through SMMAMS channels, further solidifying the connection between JDN and SMMAMS.
3	24/10/ 2025	1st SCHOMOS NWC Meeting	Held triannually, the SCHOMOS NWC meeting has served as a platform for the National SCHOMOS EXCO to meet with the SCHOMOS State Representatives from all 14 of the MMA Branches. Each state representative shared their event updates and upcoming plans for each state. The 1st NWC meeting this year was held in Plaza Sentral, hybrid mode.	The SMMAMS Chairperson represented SMMAMS in the SCHOMOS NWC meeting and presented a short update by our Team of Officials. SMMAMS NWC#1 presentation
4	11/3/ 2026	International Women's Day celebration by MMA Women's Health Committee and PPSMMA	Co-organised by the Women's Health Committee and the Private Practitioners Section of the Malaysian Medical Association (MMA) at the AC Hotel, the International Women's Day celebration served as a platform to bring together like-minded individuals advocating for women's rights. The event facilitated meaningful discussions on addressing domestic violence in Malaysia. It also featured the official launch of the domestic violence position paper, followed by a moderated forum discussion involving professionals from diverse backgrounds.	The SMMAMS Chairperson attended the International Women's Day celebration, learning about the various ways that we as healthcare professionals may contribute to the combat against domestic violence and MMA's effort in this mission. He has also secured several potential speakers for the upcoming event on Gender-based violence through this participation.

No.	Timeline	Activity Title	Description	Outcome
5	24/4/2026	2nd SCHOMOS NWC Meeting	Held triannually, the SCHOMOS NWC meeting has served as a platform for the National SCHOMOS EXCO to meet with the SCHOMOS State Representatives from all 14 of the MMA Branches. Each state representative shared their event updates and upcoming plans for each state. The 2nd NWC meeting this year was held virtually via Zoom.	The SMMAMS Chairperson represented SMMAMS in the SCHOMOS NWC meeting and presented a short update by our Team of Officials.
6	October - May (ongoing)	MMA Berita submission	MMA Berita is a monthly newsletter exclusively for members of the Malaysian Medical Association (MMA). It serves as a platform for healthcare professionals to share their insights, experiences, and perspectives with the wider medical community. SMMAMS was given a slot to submit their articles to the MMA Berita on a bi-monthly basis, alongside the MMA JDN (Junior Doctors Network), serving as a great chance for our members to express their views and showcase their writing through an official publication of MMA	Thus far, as of May 2026, SMMAMS has submitted a total of 3 articles to MMA Berita, each written by members from different medical schools and regions.
7	12/6/2026 - 14/6/2026	MMA Congress 2026	The MMA Congress 2026 is one of the largest annual events organised by MMA, the largest body of doctors in Malaysia to address current relevant topics for doctors. Having attended by nearly 1000 delegates, it is once again held for the 6th year, encompassing key areas covering multiple specialities in medicine. SMMAMS is offered 10 complimentary seats to serve as participants and volunteers during the event.	An open call was done using a google form and circulated in the SMMAMS Big Fam group. A total of 10 SMMAMS members, including members from different teams are selected to attend the congress. Through participation in this congress, the members shall gain a deeper insight into the educational role of MMA and exposure to the valuable knowledge in the different fields of medicine.
8	20/6/2026 - 21/6/2026	2nd Travel Medicine Seminar 2026 by IMU University	Held by the IMU university, the seminar aims to serve as a dynamic platform bringing together healthcare professionals, experts, and industry players to shape the future of travel health. It was held at the Learning, Innovation & Technology (LiT) Campus, IMU, Kuala Lumpur from 20/6 to 21/6. SMMAMS was given 5 complimentary seats to attend the meeting	An open call was done using a google form and circulated in the SMMAMS Big Fam group. A total of 4 SMMAMS members, including 2 TOs were selected to attend the seminar to represent SMMAMS and in order to gain valuable exposure to the topic on travel medicine.

***MMA state branches involvement will be covered in the respective 'Regional Team Efforts' section**

International Federation of Medical Students' Associations (IFMSA) Involvement

No.	Timeline	Activity Title	Description	Outcome
1	6/12/2025	International Youth Forum organized by CIMSA Indonesia	Every year, CIMSA Indonesia organizes the World Antimicrobial Awareness Week to address the increasing issue of Antimicrobial Resistance (AMR) in the world. This year, CIMSA Indonesia focuses on the theme “Youth Unite Against AMR: Choose Wisely, Treat Responsibly” One of the activities includes an international youth forum as a platform to express their perspectives on AMR. To share about the challenges and policies regarding AMR in each country, and how they deal with AMR. As well as emphasizing on how the role of youth in becoming agents of change in AMR. Through this, CIMSA aims to empower youth to become agents of change in the fight against AMR by providing opportunities for youth to learn, connect, and take action, eventually inspiring young individuals to take action, advocate for responsible antibiotic use, raise awareness about AMR, contribute to evidence-based policymaking, and for a sustainable healthcare system. This year, SMMAMS Malaysia is invited to take part in this meaningful initiative as well.	Through the open call among committees, 2 SMMAMS members were selected to attend the event as forum facilitator, with one of them serving as a speaker to present a topic on behalf of Malaysian medical students. Throughout the event, they had the opportunity to engage in meaningful discussions with delegates from various countries, broadening their perspectives and expanding their horizons.
2	1/3/2026 - 8/3/2026	IFMSA 75th General Assembly March Meeting	IFMSA General Assemblies are among the biggest youth-led events around the world and the main decision-making platform in the IFMSA. It aims to inspire the next generation of future physicians to become leaders and advocates through the exchange of ideas, networking and learning from the various programming sessions.	Through the open call via both email servers and social media, a total of 12 SMMAMS members were selected to attend the General Assembly. The NMO Report and the necessary membership requirements were completed, ensuring our voting rights in the general plenaries. Besides, National Officers from each Standing Committee successfully led their teams to maintain SMMAMS's active status within IFMSA. They have also participated virtually in their respective plenaries to cast votes on behalf of SMMAMS Malaysia.
3	4/2025 - 3/2026	IFMSA Student Exchange Programme Season 2025/2026	IFMSA Student Exchange Programme includes Professional Exchange and Research Exchange. Professional Exchange This program offers a four-week clinical training placement in either clinical or preclinical field of the student's preference. Each student will be supervised by a medical doctor who acts as their supervisor throughout the exchange period. This program provides students with the opportunity to understand the healthcare system of another country without receiving any form of salary. Research Exchange This program provides students with the opportunity to engage in research through official projects recognized by the medical faculty. Students will be guided by a tutor in areas such as literature search, data collection, scientific writing, laboratory work, statistics, and ethics. At the end of the program, students are required to complete either a written scientific report or an oral presentation.	Through an open call disseminated via email circulation among SMMAMS members and social media platforms, outgoing students are selected through a structured process comprising online quizzes and interviews. During this period, the Local Committees at activated universities—namely UKM, USM, and Monash University—have been actively hosting incoming students from various countries at their respective institutions. Concurrently, outgoing students have been successfully dispatched to multiple international destinations to participate in exchange programmes. The outcomes and quality of these exchanges are systematically evaluated through Evaluation Forms administered via the official exchange portal, ensuring continuous monitoring and quality improvement of the programme.

No.	Timeline	Activity Title	Description	Outcome
4	[Upcoming] 1/7/26 - 5/7/26	IFMSA Asia Pacific Regional Meeting (APRM) 2026	The Asia Pacific Regional Meeting (APRM) is a flagship event under the International Federation of Medical Students' Associations (IFMSA), bringing together medical students from across the Asia-Pacific region. Scheduled from 1th to 5th July 2026 in Hong Kong, APRM 2026 will serve as a platform for regional collaboration, knowledge exchange, leadership development, and deeper engagement with IFMSA structures and initiatives. The meeting includes regional plenaries, thematic sessions, capacity-building workshops, and cultural exchanges.	SMMAMS is proud to be sending ten physical delegates to represent Malaysia at this regional gathering. This participation offers our members unparalleled exposure to international health diplomacy, global health advocacy, and intercultural collaboration. It also strengthens Malaysia's presence and voice within the IFMSA Asia-Pacific region, paving the way for future leadership roles and partnerships.
5	[Upcoming] 1/8/26 - 7/8/26	IFMSA 75th General Assembly August Meeting	The IFMSA General Assembly is one of the largest youth-led conferences in the world and serves as the main decision-making platform within IFMSA. The August Meeting brings together medical students from over 100 countries to engage in meaningful dialogue, share initiatives, participate in capacity-building sessions, and shape the direction of global health advocacy. The 2026 edition will be held in Kazakhstan, gathering young leaders for a week of exchange, empowerment, and international collaboration.	At the time of report submission, the open call for delegates was ongoing. Through this process, 5 SMMAMS members will be selected to attend the General Assembly. The NMO Report and all necessary membership compliance requirements will be completed in a timely manner, securing SMMAMS Malaysia's voting rights in all General Plenaries. Furthermore, National Officers from each Standing Committee led their teams actively throughout the term, maintaining SMMAMS's active status within IFMSA. These officers and selected delegates also participated virtually in Standing Committee plenaries, ensuring that SMMAMS contribute meaningfully to decision-making and policy-shaping processes on the global stage.

External Affairs

No.	Timeline	Activity Title	Description & Outcome
1	Dec 2025-Ongoing	SMMAMS X CARiNG Pharmacy	A partnership of SMMAMS with CARiNG Pharmacy, with an exclusive benefit for SMMAMS members and event-based sponsorship. CARiNG has been involved in an event named Life Support as a Community Engagement Program as a Silver Sponsor. Planning to have a soft launch of the partnership at the next event.
2	Dec 2025-Ongoing	SMMAMS X Elsevier	A partnership with Elsevier for exclusive benefits for SMMAMS members of the Elsevier product. An Elsevier Student Ambassador Program is organised by the External Affairs team and ROCP.
3	Dec 2025-Ongoing	SMMAMS X FA Signature	A partnership with FA Signature for exclusive benefits for SMMAMS members in purchasing scrubs, jackets and coats. A memorandum of understanding is approved.
4	Jan 2025-Ongoing	SMMAMS X MyBuku.com	A partnership with MyBuku.com for exclusive benefits for SMMAMS members in purchasing medical textbooks and learning materials.
5	Oct 2025-Ongoing	SMMAMS Youth Delegate Program (YDP)	A partnership with the Ministry of Health (MOH) provides SMMAMS members the opportunity to represent youth interests at international health forums and high-level policy discussions. An invitation letter is sent to WHO Malaysia and MOH.

No.	Timeline	Activity Title	Description & Outcome
6	Sept 2025- Ongoing	SMMAMS External Affairs Templates & Samples	This initiative has always aimed to ease the TO members of SMMAMS to help them in drafting External Affairs-related documents by providing them with references. Have made some templates as follows: • Collaboration Acceptance Letter 25/26 • BM version Collaboration Proposal • BM version Speaker Invitation Letter
7	May25 - Jun25	SMMAMS NGA CB × EA Session	
8	Jan25 - ongoing	SMMAMS X MyPSA	This is an initiative between DCE and LSO with MyPSA in organising the event of the 4th MHSA Interprofessional Forum & Social Gathering 2026 that aims to strengthen interprofessional collaboration and enhance networking opportunities among healthcare students and professionals. Several documents and materials have been prepared as follows: • Collaboration Proposal • Collaboration Acceptance Letter • Hiring organising committee of for event

Regional Team Efforts

No.	Timeline	Activity Title	Description	Outcome
Northern Peninsular Regional Team (NPRT)				
1	1/2026 - 2/2026	Membership Drive @ AIMST, RUMC, Unishams, QUEST	SMMAMS representatives have conducted membership drives for new intake Y1 medical students in the respective universities.	More students were able to learn more about SMMAMS and signed up to become part of the family.
2	14/2/2026	MMA Perak 54th Anniversary & Installation Banquet	SMMAMS has been invited to attend the Annual Dinner and Installation Night 2026, MMA Perak. This allows for an exciting opportunity for medical students to connect with MMA Perak, gain valuable insights, and build networks with healthcare professionals in the medical field. This dinner took place at the AC Marriott, Ipoh, Perak.	The SMMAMS committees were able to form a stronger bond with the MMA Perak committee members. 13 seats were prepared for the SMMAMS committee.
3	7/3/2026	Every Second Counts: Basic Life Support Workshop	The workshop aims to equip participants with essential life-saving skills. The workshop includes hands-on training in CPR for adults and infants, management of choking in adults and babies and basic first aid skills. Participants will learn how to recognize emergencies, respond promptly and act confidently in real-life emergency situations.	The participants are able to exhibit proper first aid skills in common emergency situations, such as: • Correct CPR techniques
4	8/3/2026	OSCE Essentials: Family Medicine and O&G	The 1.5 hour session was designed to help medical students prepare for Objective Structured Clinical Examinations (OSCEs). The event is planned to feature two invited speakers from RUMC, comprising one doctor from Family Medicine and one from Obstetrics and Gynaecology, both of whom are experienced OSCE examiners.	• There are 50 participants from RUMC University • The webinar was able to increase understanding of exam structure including station types, time management, and evaluation criteria

No.	Timeline	Activity Title	Description	Outcome
5	4/4/2026	MMA Kedah Dinner & Installation Night	SMMAMS has been invited to attend the Annual Dinner and Installation Night 2026, MMA Kedah. This allows an exciting opportunity for medical students to connect with MMA Kedah, gain valuable insights, and build networks with healthcare professionals in the medical field. This dinner took place at the Cinta Sayang Resort, Sungai Petani, Kedah.	The SMMAMS committees were able to form a stronger bond with the MMA Perak committee members. The committees were also helped in assisting guests in seating, magazine gift distribution and event coordination. 13 seats were prepared for the SMMAMS committee.
6	13/6/2026	Medical Training 101: Malaysia vs UK vs Ireland	This event will provide a comprehensive overview of medical school entry requirements, curriculum structures, clinical training experiences, postgraduate pathways, licensing requirements, costs, and career opportunities in Malaysia, the United Kingdom, and Ireland. Participants will gain valuable insights into the advantages, challenges, and long-term prospects associated with each route.	Event to be Held
Central Peninsular Regional Team (CPRT)				
1	30/09/2025	Regional Team Internal Affairs Revamped & Achievements	A series of changes were made to the regional team structure and strategies to boost connectivity among the university's medical students, standing committees, and MMA branches.	• CP Regional Protocol 2025 has been created • 12 university representatives recruited (historically the highest URs) • SMMAMS Central Peninsular Group Chat & NO of Standing Committee event promotion group chats
2	4/10/2025	National Inter-Collaborative Community Outreach Program (NICOP) 2025	A collaboration between the Malaysia Dental Student Association (MDSA) & MMA Selangor has set up a medical health screening booth at the outreach, which is a general screening. Medical student volunteers will conduct general health inspections at the event. In addition, anthropometric, growth assessment, and vision inspection are targeted towards the paediatric population.	• 30 children came for the general health screening • 5 SMMAMS member medical student volunteers (UM, MAHSA, USIM) were involved • MMA Selangor & MDSA connection is built
3	17/10/2025	MMA Doctors Day Movie Night with MMA Wilayah	In conjunction with Doctor's Day, MMA Wilayah organised a Movie Night and invited SMMAMS medical students to be involved. It was held at TGV Sunway Velocity. The film that has been played is "Good Fortune".	• ROCP, and 3 other SMMAMS members from the Central Peninsular region attended the movie night • Connection is built with the MMA Wilayah Doctors
4	9/11/2025	Membership Drive @ UKM for Inspired by the Past, Driven for the Future	Dr. Azizan, Past President of MMA, has invited SMMAMS representatives to be part of an upcoming membership drive at UKM to promote SMMAMS membership to the year 5 UKM medical students	• Vice ROCP attended as a representative alongside the SMMAMS Chairperson, Yi Xuan • Successfully promoted SMMAMS and MMA JDN to the participants

No.	Timeline	Activity Title	Description	Outcome
5	17/01/2026	Annual Dinner and Installation Night 2026 MMA Selangor	SMMAMS is invited to attend the Annual Dinner and Installation Night 2026, MMA Selangor. This allows an exciting opportunity for medical students to connect with MMA Selangor, gain valuable insights, and build networks with healthcare professionals in the medical field. This dinner took place at the Crystal Crown Hotel, Petaling Jaya	The Annual Dinner and Installation Night 2026, MMA Selangor, was a great opportunity for medical students to connect with experienced doctors and gain valuable insights into the medical field. With the support of the SMMAMS, 13 complimentary seats were offered for medical students from the Central Peninsular to join this dinner, where they had the chance to network, engage in meaningful conversations, and build relationships with healthcare professionals.
6	5/3/2026	Regional Team Mid-Term Badminton Bonding Day	The regional team of Central Peninsular organised a badminton bonding activity at the NZX Pickleball & Sports Club to foster the team's first in-person meetup.	7 regional team members joined the bonding activity - Camaraderie amongst the regional team has been strengthened
7	9/5/2026	Refugee Medical Outreach 2026 (SCORP x DnG x MDSA x USIM)	2 Regional Teams of Central Peninsular members were part of the organising committee as Logistics in the RMO 2026, supporting operations and fostering collaboration with Standing Committees, as support towards each other	2 regional team members joined the organising committee
8	7/6/2026	Elsevier Student Ambassador (Joint with DCEA)	This is the first time the regional team co-organised the Elsevier SA program with the DCEA and Elsevier SEA for pre-clinical medical students to conduct initiatives to promote Elsevier products & market understanding.	12 Elsevier Student Ambassadors selected - First physical meeting held at UM in conjunction with the National General Assembly 2026
9	12/6/2026	The OBGYN Roadmap Webinar	Organised by the regional team to promote exposure to the OBGYN career, with a speaker sharing insights, guidance, and real experiences from the field.	Event To be Held
10	1/8/2026	ProjectResQ	A first aid event with Monash First Aid Bureau to cultivate first aid knowledge among the medical student population	Event To be Held
Southern Peninsular Regional Team (SPRT)				
1	1/9/2025	SPRT SMMAMS Southern Peninsular Medical Students Hub	SMMAMS Southern Connect serves as a central, accessible platform for medical students from Melaka, Negeri Sembilan, and Johor. The SMMAMS Southern Peninsular Regional Team actively shares timely updates, upcoming events, and valuable opportunities from SMMAMS and MMA, ensuring that members stay informed and engaged. Beyond just information-sharing, the group also fosters collaboration on projects and advocacy initiatives, strengthens connections among members, and provides guidance for students interested in joining SMMAMS. Through SMMAMS Southern Connect, medical students can stay connected, supported, and actively involved in shaping their journey within the medical field.	Students from three out of six medical universities in the Southern Peninsular region have joined the WhatsApp group. Connection is built within SMMAMS Southern Peninsular, USIM, MONASH (JB Campus), and MANIPAL.

No.	Timeline	Activity Title	Description	Outcome
2	6/12/2025	SPRT Annual Dinner and Installation Night 2026 MMA Negeri Sembilan	The SMMAMS Southern Peninsular Regional Officer is invited to recruit medical students to attend the Annual Dinner and Installation Night 2026 MMA Negeri Sembilan, which presents an exciting opportunity for medical students to connect with MMA Negeri Sembilan, gain valuable insights, and build networks with healthcare professionals in the medical field. Offered for 6 medical students from the Southern Peninsular to join this prestigious event as volunteer helpers, which takes place at Klana Resort, Seremban.	The Annual Dinner and Installation Night 2026 MMA Negeri Sembilan, was a fantastic opportunity for medical students to connect with experienced doctors and gain valuable insights into the medical field. With the support of the SMMAMS Southern Peninsular Regional Officer, six students were invited to join the event at Klana Resort, Seremban, where they had the opportunity to assist with event protocols, network, engage in meaningful conversations, and build relationships with healthcare professionals.
3	12/12/2025	CSR Back to School Program For B40 Students MMA Johor	The event aimed to alleviate the financial burden on bottom 40% income group (B40) families ahead of the new academic year. Volun-team members distributed essential school supplies—including uniforms, shoes, school bags, and stationery kits	The program strengthened MMA Johor's ties with the local community and medical student volunteers
4	7/2/2026	Fellowship Interstate Pickleball Tournament MMA Negeri Sembilan	The event is a networking initiative, bringing together doctors, medical professionals from various states, and local medical students to engage in friendly competition and promote an active lifestyle.	The tournament successfully fostered inter-state camaraderie, provided a much-needed mental health break for healthcare workers, and promoted physical fitness to the medical students. It also established a strong network group for future games.
5	7/2/2026	Pickleball MMA NS Girls Hub	Acknowledging the growing popularity of this relaxing sport, this digital initiative serves as a centralized, female-focused platform connecting women doctors, medical professionals and medical students in Negeri Sembilan.	The hub was created to easily coordinate casual matches, organize training sessions, share health and fitness tips, and foster a supportive, active lifestyle network tailored specifically for women in the medical profession.
6	8/2/2026	Health Carnival MMA SCHOMOS Negeri Sembilan	This event aimed to bridge the gap between healthcare providers and the community with free health screenings (BMI, blood pressure, glucose levels), consultations, and interactive wellness booths.	Empowering locals with knowledge on preventative health, and providing doctors and medical students a platform to engage directly in public health advocacy.
7	9/5/2026	Tiny Heroes, Big Hearts Puspanesam Home Community Outreach SMMAMS CSJB	This event focused on childhood health education, basic medical check-ups, and interactive, educational games designed to teach nutrition, and personal hygiene.	This event provided joy to the children through the visit and games, the medical students gained invaluable, hands-on experience in community medicine, fostering empathy, social responsibility, and communication skills

No.	Timeline	Activity Title	Description	Outcome
Eastern Peninsular Regional Team (EPRT)				
1	6/12/2025	EPRT Annual Dinner 2026 MMA Terengganu	SMMAMS is invited to attend the Annual Dinner 2026, MMA Terengganu, by Dr Karthik. This dinner took place at Sumai Hotel, Kuala Terengganu.	The Annual Dinner 2026, MMA Terengganu, was a great opportunity for medical students to connect with experienced doctors and gain valuable insights into the medical field. With the support of the SMMAMS, 10 complimentary seats were offered for medical students from the Eastern Peninsula to join this dinner, where they had the chance to network, engage in meaningful conversations, and build relationships with healthcare professionals.
2	31/1/2026	EPRT Meet and Greet with medical students, MMA Pahang	MMA Pahang invited the SMMAMS representative as a committee member. This program is held at IIUM Kuantan	The program is organised by the IIUM Medical Society in collaboration with SMMAMS. This program achieved the objective to encourage students into housemanship and help them complete it with the help of the MMA society.
3	19-20/6/2026	EPRT East Coast Undergraduate Basic Surgical Skills Workshop & Competition	Medical students need more than theoretical knowledge — they must also develop practical skills early to prepare for clinical years and future patient care. This interactive workshop will bring together pre-clinical and clinical students from USM and potentially other universities to learn and practise surgical skills	The program organised by Medsoc x EPRT x i-CSC at BPSP USM
4	9/5/2026	Obstetric Emergency Simulation: PPH & Perineal Tear	For medical students gain hands on experience and prepare themselves for critical situations in labour ward.	Organised by USM MedSoc in collaboration with SMMAMS (EPRT, SCOME), with proposed collaboration from USM Department of O&G
5	20/06/2026	One Drop, One life		Organised by EPRT in collaboration with HSNZ (Hospital Sultanah Nur Zahirah) at KTCC mall, Kuala Terengganu
6		Membership Drive @ UniSZA, USM, IIUM and Widad	Membership drive at all Eastern Peninsular universities held to promote SMMAMS membership to the year 1 and year 2 medical students	- Vice ROCP attended as a representative - Successfully promoted SMMAMS
East Malaysia Regional Team (EMRT)				
1	31/10/2025	Membership drive @ UNIMAS	SMMAMS university representative and regional officer have conducted membership drives for new intake Y1 medical students, which was around 150 people in attendance	More students were able to learn more about SMMAMS and signed up to become part of the family
2	28/11/2025	Datu Dr Sengupta Lecture Series 1 with MMA Sarawak & Membership Drive	SMMAMS were invited to assist in coordinating with the UNIMAS final year medical student on the registration of the event, which was a talk by Dr Christine Lee, who gave a talk on "Ectopic Pregnancy: When the Embryo Makes a Wrong Turn". The talk was held in UNIMAS City Campus Auditorium. A total of 150 students registered and attended the event.	SMMAMS and MMA exposure to the final year students, and SMMAMS committee assisted in coordinating the registration of the event. Membership drive was also conducted in the end to promote both SMMAMS and MMA.

No.	Timeline	Activity Title	Description	Outcome
4	April	SMMAMS-MMA Collaborative Specialty Webinar Series	Conducted specialty webinar series in collaboration with state branches across regional universities. Membership drive slots were embedded into every webinar to promote SMMAMS awareness and student membership uptake.	Increased student awareness of MMA-SMMAMS pathways and membership benefits during webinar sessions.
5	May	Membership Fee Banner Design	Designed a new membership fee promotional banner to improve clarity and accessibility of membership registration information for medical students nationwide.	- Improved visibility and understanding of membership fee information among students. - Enhanced professionalism and consistency of membership promotional materials. - Increased engagement and enquiry responses during membership drive activities.
6	May - August	Mandatory Membership Drive Integration in Activities	Implemented mandatory membership drive inclusion in all major SMMAMS activities and collaborative programmes. The Membership Team Liaison Executive acted as PIC to ensure membership promotional materials were prepared, distributed, and properly utilised during each event, while also assisting committees in membership outreach execution.	- Standardised membership promotion across organisational activities. - Increased consistency and visibility of membership outreach efforts. - Improved accessibility of membership information during events. - Strengthened collaboration between organising committees and Membership Team.

SMMAMS

membership

Universities Membership					
Update: 30 April 2026					
No.	University	State	Members		
			6/3/2025	Current month	Changes
Northern Peninsular					
1	Asian Institute of Medicine, Science and Technology University (AIMST)	Kedah	152	168	16
2	Universiti Islam Antarabangsa Sultan Abdul Halim Mu'adzam Shah (UNISHAMS)	Kedah	6	21	15
3	Universiti Kuala Lumpur Royal College of Medicine Perak (UniKL-RCMP)	Perak	2	3	1
4	Quest International University Perak (QIUP)	Perak	11	12	1
5	Royal College of Surgeons in Ireland & University College Dublin (RUMC/PMC)	Pulau Pinang	4	4	0
Central Peninsular					
6	Universiti Malaya (UM)	Kuala Lumpur	29	30	1
7	Universiti Kebangsaan Malaysia (UKM)	Kuala Lumpur	71	71	0
8	International Medical University (IMU)	Kuala Lumpur	47	55	8
9	Monash University Malaysia (MONASH)	Kuala Lumpur	47	56	9
10	Universiti Pertahanan Nasional Malaysia (UPNM)	Kuala Lumpur	9	9	0
11	Mahsa University (MAHSA)	Kuala Lumpur	9	10	1
12	Perdana University (PERDANA)	Kuala Lumpur	1	1	0
13	Universiti Putra Malaysia (UPM)	Selangor	17	17	0
14	Universiti Teknologi Mara (UiTM)	Selangor	4	4	0
15	University of Cyberjaya (UoC/CUCMS)	Selangor	4	4	0
16	Management and Science University (MSU)	Selangor	9	10	1
17	SEGi University & Colleges (SEGi)	Selangor	1	2	1
18	Universiti Tunku Abdul Rahman (UTAR)	Selangor	4	6	2
19	Taylor's University (TAYLOR'S)	Selangor	3	3	0
20	Lincoln University (LINCOLN)	Selangor	2	2	0
21	Sunway University	Selangor	4	4	0
Eastern Peninsular					
22	Universiti Sains Malaysia (USM)	Kelantan	49	53	4
23	Universiti Islam Antarabangsa Malaysia (IIUM)	Pahang	10	12	2
24	Widad University College (WIDAD)	Pahang	4	4	0
25	Universiti Sultan Zainal Abidin (UniSZA)	Terengganu	9	8	-1
Southern Peninsular					
26	Newcastle University Medicine Malaysia (NUMed)	Johor	6	6	0
27	Asia Metropolitan University (AMU)	Johor	2	2	0
28	Clinical School Johor Bahru, Monash (CSJB)	Johor	1	1	0
29	Melaka Manipal Medical College (MMMC/MUCM)	Melaka	72	47	-25
30	Universiti Sains Islam Malaysia (USIM)	Negeri Sembilan	16	16	0
31	UCSI University (UCSI)	Negeri Sembilan	5	5	0
East Malaysia					
32	Universiti Malaysia Sabah (UMS)	Sabah	2	2	0
33	Universiti Malaysia Sarawak (UniMaS)	Sarawak	14	15	1
Others					
34	Others		1	1	0
TOTAL			627	664	37

Membership Drive

No.	Timeline	Activity Title	Description	Outcome
1	November - August	Guiding Students in Membership Registration	Assisted and guided medical students throughout the membership registration process, including account setup, payment guidance, verification procedures, and troubleshooting registration-related issues during membership drives and outreach activities.	- Improved efficiency of membership onboarding process. - Reduced registration errors and incomplete submissions. - Increased student confidence in joining SMMAMS and MMA membership programmes. - Strengthened communication and support between students and the Membership Team.
2	November - August	SMMAMS Membership Drive	Membership drive slots were embedded into MMA state programmes, SMMAMS events, and UniRep-led campus engagements to promote SMMAMS awareness and student membership uptake. Engagement was coordinated through University representatives across multiple universities covering all regional zones.	- Strengthened integration between SMMAMS Membership Team, MMA state branches, and UniRep representatives. - Increased student awareness of MMA-SMMAMS pathways and membership benefits. - Improved continuity of recruitment through structured UniRep-driven campus dissemination. - Successfully expanded membership outreach during MMA state branch visits and university collaboration sessions
3	November - December	SMMAMS101 Universities Engaged: • AIMST • UNISHAMS • QUEST • RUMC • UM • UKM • IMU • MAHSA • UPM • UiTM • UoC • MSU • Taylor • Sunway • Monash Selangor • UCSI • Perdana • MUCM • Monash JB • NUMed • USM • IIUM • Widad • UNISZA	Conducted membership promotion and SMMAMS101 briefings in coordination with UniRep representatives. Membership awareness sessions were integrated into campus programmes and MMA-linked activities.	- Established initial but growing presence in all regions' universities. - Established consistent UniRep-driven membership dissemination. - Increased participation in SMMAMS onboarding activities. - Total membership count until 30 April 2026 = 664 1. Northern = 208 2. Central = 284 3. Eastern = 77 4. Southern = 77 5. East Malaysia = 17 6. Others = 1

No.	Timeline	Activity Title	Description	Outcome
4	13/12/2025	MMA Sarawak 53rd Anniversary Dinner	SMMAMS has been invited to attend the 53rd Annual Installation Dinner of MMA Sarawak, which was held at the Imperial Hotel Kuching. This allows an exciting opportunity for medical students to connect with MMA Sarawak, gain valuable insights, and build networks with healthcare professionals in the medical field.	The SMMAMS committees were able to create exposure to SMMAMS and form stronger bonds with the MMA Sarawak committee members. The committees were also helped in assisting guests in seating, and ushering honoured guests. 2 seats were prepared for the SMMAMS committee.
5	15/5/2026	Datu Dr Sengupta Lecture Series 2 with MMA Sarawak & Membership Drive	SMMAMS were invited to assist in coordinating with the UNIMAS final year medical student on the registration of the event, which was a talk by Adj Professor Voon Pei Jye who gave a talk on "Putting Sarawak on the Map of Global Oncology Drug Development Sphere". The talk was held in UNIMAS City Campus Auditorium. A total of 130 students registered and attended the event.	SMMAMS and MMA exposure to the final year students, and SMMAMS committee assisted in coordinating the registration of the event. Membership drive was also conducted in the end to promote both SMMAMS and MMA.
6	6/6/2026	MMA Sarawak SCHOMOS Gawai Open House, Membership Drive and Career Pathway Event	SMMAMS were invited to assist with coordinating with inviting and registering UNIMAS Medical Students who were interested to join the event. A total 17 students have registered and will be attending the event.	Creating bonds between SMMAMS, MMA Sarawak and UNIMAS Medical Students, especially the final year students who are graduating soon and going to enter the work scene. Through the event not only would they get to know MMA better, they may also gain perspective of future careers through guidance given.

Yours sincerely,

THE SMMAMS TEAM OF OFFICIALS 2025/26

SMMAMS Executive Committees 25/26

- Chairperson
- Vice-Chairperson
- Deputy Chair for Society, serving also as Honorary Secretary (DCS)
- Deputy Chair for Finance, serving also as Honorary Treasurer (DCF)
- Deputy Chair for Activities, serving also as Honorary Assistant Secretary (DCA)
- Deputy Chair for Members (DCM)
- Deputy Chair for Capacity Building (DCCB)
- Deputy Chair for External Affairs (DCE)
- Deputy Chair for Public Relations & Communication (DCPRC)
- Deputy Chair for Exchanges (DCX)

SMMAMS National Officers 25/26

- National Exchange Officer (NEO)
- National Officer on Medical Education (NOME)
- National Officer on Sexual & Reproductive Health & Rights Including HIV and AIDS (NORA)
- National Officer on Research Exchange (NORE)
- National Officer on Human Rights and Peace (NORP)
- National Public Health Officer (NPO)

SMMAMS Liaison Officers 25/26

- Liaison Officer to the Ministry of Health, Malaysia (LMH)
- Liaison Officer to Student Organizations (LSO)

SMMAMS Regional Officers 25/26

- Regional Officer for Northern Peninsular (RO-NP)
- Regional Officer for Central Peninsular (RO-CP)
- Regional Officer for Southern Peninsular (RO-SP)
- Regional Officer for Eastern Peninsular (RO-EP)
- Regional Officer for East Malaysia (RO-EM)

Compiled by:
SOO NYON XUAN
 Deputy Chair for Society 25/26
 Honorary Secretary 25/26

Reviewed and Supported by:
TEE YI XUAN
 Chairperson 25/26

SOCIETY OF OCCUPATIONAL AND ENVIRONMENTAL MEDICINE

OFFICE BEARERS

The 32nd Annual General Meeting of the SOEM-MMA was held from 8.30 am- 5.00 pm on the 19th of July 2025 (Saturday) at AC by Marriott hotel, Kuala Lumpur. The following were elected as Office Bearers for the term 2025/2026.

CHAIRPERSON: DR PRIYA A/P RAGUNATH
VICE-CHAIRMAN: DR JASEEMA BEGUM BT NAZIR KHAN
HONORARY SECRETARY: DR GANESH BALASINGAM
HONORARY TREASURER: DR SANTHANAMOHAN A/L NAGESPERAM
ASSISTANT SECRETARY: DR DAYANATH MANIVASAGAM
MEMBER: DR SOH YIH HARNG
MEMBER: DR KUMARAN A/L KRISHNAN
MEMBER: RAMA KRISHNA A/L SUPRAMANIAN
MEMBER: DR GOWREESAN ARIARATNAM
MEMBER: DR TAM JENN ZHUENG

MMA SECRETARIAT: MS FATIHAH



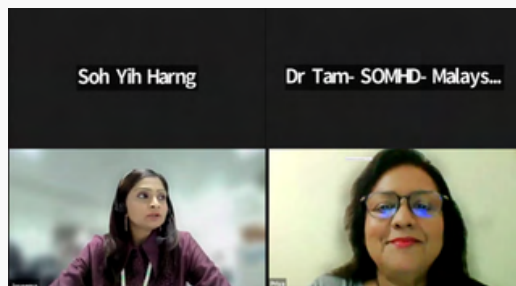
SOEM
Committee
Members
2025/2026.

MEETINGS

Two committee meetings were held during the 2025/2026 term to discuss society activities and to plan and implement CPD programmes at MMA House. Additional informal discussions were conducted on an ad hoc basis to facilitate decision-making on various activities. An extraordinary meeting was held on 21 November 2025. The official committee meetings took place on 19 December 2025 and 3 July 2026 (upcoming). The attendance of the committee members is as presented in the table:

Committee Member	Attendance
Dr Priya Ragunath	1/2
Dr Jaseema Begum Nazir Khan	1/2
Dr Ganesh Balasingam	1/2
Dr Santhanamohan Nagesperam	1/2
Dr Dayanath Manivasagam	1/2
Dr Soh Yih HarnG	1/2
Dr Kumaran Krishnan	1/2
Dr Rama Krishna Supramaniam	1/2
Dr Gowreesan Ariaratnam	1/2
Dr Tam Jenn Zhueng	1/2

In addition to that, a series of meetings were also held virtually to discuss the SOEM website and its contents with the committee members and the vendor.



SOEM
Committee
Discussion.

ACTIVITIES OF THE SOCIETY

The list of activities carried out for the term is as below:

NO.	EVENT/ SEMINARS	CO-ORGANIZED BY	DATE	VENUE
1	Industrial Accidents	SOEM	28/3/2026	Opero Hotel, Johor Bharu
2	Discussions on SOEM website development	SOEM	29/08/2025	Zoom
3	Discussions on SOEM website with MMA IT and Finance	SOEM	23/9/2025	Zoom
4	Discussions on SOEM website with Vendor	SOEM	3/10/2025	Zoom
5	Discussions on SOEM website contents with Vendor	SOEM	16/10/2025	Zoom
6	Collaboration with ICOH	SOEM	2/12/2025	Zoom
7	SOEM discussions	SOEM	18/12/2025	Zoom
8	1st SOEM committee meeting	SOEM	19/12/2025	Zoom
9	2nd SOEM committee meeting	SOEM	3/7/2026	Zoom



COLLABORATION

SOEM is working on collaboration with ICOH to carry out some activities.

WEBSITE

SOEM is in discussions with a new web company to redo the SOEM website and update all social media. A meeting was held with the company representative, and the requirements had been discussed.

FINANCE

Once the new website is up, all payments can be made online, and invoices will also be generated accordingly. This is to ease the payment process for seminars

Prepared by:

DR GANESH BALASINGAM
Honorary Secretary

MALAYSIAN AIDS COUNCIL (MAC)

Meeting & Programme Attendance

1.1. MAC EXECUTIVE COMMITTEE (EXCO) MEETING

- **Date:** 18th September 2025
- **Platform:** Virtual
- **Attendees:** Dr. S. Saravanan and Dr. Theyveeka attended the meeting on behalf of PERKASIH.

1.2. SITE VISIT AND DISCUSSION AT KLINIK KESIHATAN GREENTOWN

- **Date:** 14th December 2025
- **Time:** 11:00 AM - 1:00 PM
- **Venue:** Unit Dahlia, Klinik Kesihatan Greentown
- **Objective:** To facilitate discussions and a collaborative site visit between MAC ExCo members, MMA representatives, and the clinic staff.
- **Appreciation:** PERKASIH extends its highest appreciation and thanks to the attending MAC ExCo members and MMA representatives for their cooperation. Special thanks are also extended to Dr. Amy for granting permission and facilitating the visit.

List of Attendees:

MAC EXCO / MMA REPRESENTATIVE

1. Dr Theyveeka Selvy A/P Rajoo @ Balusamy Radia
2. Ms Muthuleetchumi
3. Saritha Kupoosamy
4. Manogaran

UNIT DAHLIA, KLINIK KESIHATAN GREENTOWN

1. MA Faizal

PERKASIH

1. Cik Eizarra Elysa - PM, PERKASIH
2. En. Saiful - PKK, PERKASIH

1.3. MAC EXECUTIVE COMMITTEE (EXCO) MEETING

- **Date:** 11th March 2026
- **Platform:** Virtual
- **Attendees:** Dr. S. Saravanan and Dr. Theyveeka attended the meeting.

1.4. WORLD AIDS DAY PROGRAMME

- **Organiser:** Malaysian AIDS Council (MAC)
- **Date:** 29th November 2025
- **Venue:** MyTOWN Shopping Centre, Kuala Lumpur
- **Representation:** Dr. Saravanan participated in this programme on behalf of PERKASIH/MMA.

1.5. MAC ANNUAL GENERAL MEETING (AGM)

- **Date:** 13th June 2026
- **Event:** Malaysian AIDS Council (MAC) Annual General Meeting
- **Representation:** Dr. Saravanan, in his capacity as Chairman of the MMA AIDS/STI's Committee, represented the Malaysian Medical Association (MMA) and participated in the MAC AGM.

Prepared by:

DR SARAVANAN A/L A.SANTHIRARAJAN
MMA Representative

MALAYSIAN SERVICE PROVIDERS CONFEDERATION (MSPC)

1. 30 October 2025 (Physical)

A steering committee meeting was held with MIDA, MITI, MPC and as a co-organiser with MSPC. This was in conjunction with the upcoming conference AFTIS. It was also discussed that in long term to elevate this program to Philippines for the next conference, making it a yearly event. Programme for the event, exhibition booths were discussed.

2. 9 February 2026 (Physical)

A briefing meeting was conducted to provide updates on the upcoming conference and exhibition. Discussions covered event objectives, programme highlights, coordination of activities and preparations to ensure the successful implementation of the conference and exhibition.

Prepared by:

DATIN DR JAYANTHI KRISHNAN
MMA Representative

RADIOLOGICAL ADVISORY COMMITTEE, MOH 2025/2026

Introduction

This report outlines the main activities and contributions of the MMA representative to the Radiological Advisory Committee (RAC) during the current term. The 50th RAC meeting held in Putrajaya, 9th February 2026 acted as an essential platform for discussing urgent matters in Malaysia's radiology and ultrasound sectors.

Key Activities & Contributions

1. STRENGTHENING GOVERNANCE OF ULTRASOUND PRACTICE

Active participation in discussions regarding the refinement of the Guidelines on Ultrasound Usage in Medical Practice, including:

- Clearer definitions of “ultrasound practitioner” and “medical sonographer”
- Strengthened supervision requirements
- Structured training and certification pathways
- Clarification of Level 1–4 ultrasound practice

MMA emphasized patient safety, medical accountability, and protection of the scope of practice of registered medical practitioners.

2. REGULATION OF NON-MEDICAL REGISTERED ULTRASOUND PRACTITIONERS

Engagement in deliberations on the regulatory approach toward non-medical ultrasound practitioners, including:

- Mandatory specialist supervision
- Credentialing and privileging mechanisms
- Registration under relevant statutory or voluntary bodies
- Compliance under Act 586 and related legislation

MMA reiterated that any regulatory framework must not dilute medical governance standards or compromise patient safety.

3. ADVOCACY FOR GENERAL PRACTITIONERS PERFORMING ULTRASOUND

MMA maintained its position that:

- Credentialed GPs may perform POCUS and Level 1–2 ultrasound within defined scope
- Regulatory enforcement must include reasonable transitional mechanisms
- Recognition of prior training and competency should be addressed fairly
- The need for proportional regulation – without over-restriction of competent practitioners – was highlighted.

4. DIAGNOSTIC REFERENCE LEVELS (DRL) AND RADIATION SAFETY

Support was given to the national DRL development initiative to enhance radiation protection standards in:

- Radiology
- Nuclear medicine
- Dental imaging

MMA endorsed evidence-based standardization aligned with international best practices.

5. ONGOING REGULATORY DEVELOPMENTS

Participation in discussions on:

- Draft Atomic Energy Licensing Regulations (Medical, Dental & Veterinary Use)
- Certification of Radiation Protection Officers (Medical)
- Quality Control frequency for dental radiology equipment

MMA continues to advocate for practical implementation that balances regulatory rigor with operational feasibility.

Impact & Strategic Direction

The 2025/2026 term reflects continued movement toward:

- Formalized ultrasound governance
- Clearer role delineation between medical and non-medical practitioners
- Stronger regulatory oversight mechanisms
- Improved radiation safety standards

MMA remains committed to ensuring that reforms enhance patient safety without undermining the professional standing of medical practitioners.

Conclusion

The MMA Representative's role within RAC continues to be pivotal in safeguarding professional standards, regulatory clarity, and patient-centered governance in Malaysia's radiology and ultrasound landscape.

Sustained engagement with MOH and stakeholders remains essential to ensure balanced, medically sound policy implementation in the coming term.

Prepared by:

DR AHMAD SYUKRI BIN BIDRI HISAM
MMA Representative



Malaysia Sonologist
Whatsapp Group 

MMA JOHOR BRANCH

Malaysian Medical Association Johor Branch 2025 - 2026 session report will be highlighting activities from July 2025 to June 2026:

MMA MONTHLY JOINT CLINICAL MEETING

MMA Monthly Joint Clinical Meeting will be organized on a monthly basis with a rotation schedule between participating hospitals in Johor.

CME EVENTS

MMA Johor has successfully managed the CPD for CME Events organized by Private Hospital or Pharmaceutical Companies. In 2025 - 2026 Session we managed 19 CME through out the session.

MEDICAL CAMP & BLOOD DONATION DRIVE

1st Camp

Date: July 2025

Time: 8.00am to 1.00pm

Venue: Jabatan Imigresen Malaysia Johor

2nd Camp

Date: October 2025

Time: 10.00am to 4.00pm

Venue: AEON Bukit Indah Johor Bahru

CSR PROGRAMME

MMA Johor has successfully organized multiple Corporate Sosial Responsibility Program in 2025 - 2026 session yet only 1st CSR is under the branch whereas the 2nd & 3rd CSR will be reported under PPS Section.

Branch CSR

Back To School for B40 Student

Date: 12th December 2025

Venue: Myden Hypermarket Taman Rinting Johor

MMA JOHOR INSTALLATION DINNER 2026

Date: 28th March 2026 (Saturday)

Venue: Opero Hotel Southkey, Johor Bahru

This year, MMA Johor acknowledged and gave certification to:

- Best Student Award 2026
- Best Healthcare Personnel 2026

Branch Reports > MMA Johor

MMA JOHOR MONTHLY JOINT CLINICAL MEETING

MMA Johor Branch monthly activities are the MMA Johor Monthly Joint Clinical Meeting participated by hospitals in Johor.



JUL 2025



AUG 2025



SEPT 2025



NOV 2025



DEC 2025



FEB 2026



APR 2026



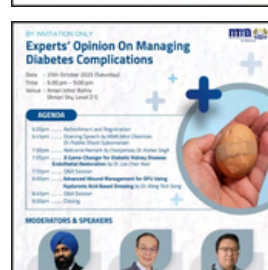
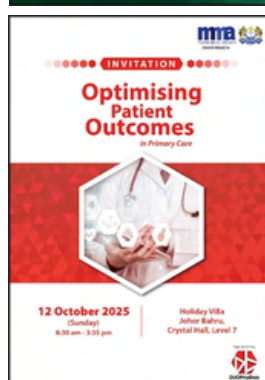
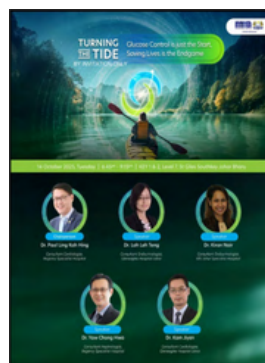
JUN 2026

Branch Reports > MMA Johor

CME TALK
2025/2026 SESSION

Malaysian Medical Association Johor Branch has received 19 CME applications from July 2025 to June 2026 from pharmaceutical company. Event management and hospitals list of CME are as follows:

NO	DOC NO	COMPANY NAME	AMOUNT	EVENT DESCRIPTION
1	MMAJ-1547	MYMEDICAL HEALTHCARE SDN BHD	500.00	EVENT : 9/8/2025 - BASIC CIRCUMCISION SKILL WORKSHOP TOWARDS PRIVILEGE
2	MMAJ-1548	JOHNSON & JOHNSON SDN BHD	1,300.00	EVENT : 14/8/2025 - INTEGRITY PRIMARY CARE : MANAGING LOW BACK PAIN, PSORIASIS AND DEPRESSION
3	MMAJ-1549	GLAXOSMITHKLINE, PHARMACEUTICAL SDN BHD	500.00	EVENT : 29/8/2025 - SPARKLE - SHINGLES PROTECTION ADVANCES RESULTS, KNOWLEDGE, LEADERSHIP AND EXECUTION
4	MMAJ-1550	EP PLUS GROUP SDN BHD	1,300.00	EVENT : 3/9/2025 - MANAGING RESPIRATORY DISORDERS IN ADULTS AND CHILDREN
5	MMAJ-1552	GLAXOSMITHKLINE, PHARMACEUTICAL SDN BHD	1,300.00	EVENT : 24/9/2025 - PROTECTION FOR ADULTS 1) RESPIRATORY SYNCYTIAL VIRUS (RSV) IN ADULTS WITH COMORBIDITIES : A SIGNIFICANT PROBLEM 2) A SOLUTION FOR THE PREVENTION OF RSV IN OLDER ADULTS
6	MMAJ-1553	SANOFI - AVENTIS (MALAYSIA) SDN BHD	1,300.00	EVENT : 24/9/2025 - PROTECTION FOR ADULTS 1) RESPIRATORY SYNCYTIAL VIRUS (RSV) IN ADULTS WITH COMORBIDITIES : A SIGNIFICANT PROBLEM 2) A SOLUTION FOR THE PREVENTION OF RSV IN OLDER ADULTS
7	MMAJ-1554	TASK US ENTERPRISE	1,300.00	EVENT : 12/10/2025 - OPTIMISING PATIENT OUTCOMES IN PRIMARY CARE
8	MMAJ-1555	REGENCY SPECIALIST HOSPITAL SDN BHD	1,300.00	EVENT : 1/10/2025 - CME ON : 1) MIGRAINE TREATMENT FOR BETTER TREATMENT OUTCOME & 2) BRIDGING GAP IN AD MANAGEMENT : FROM TOPICALS TO TARGETED SYSTEMIC THERAPIES.
9	MMAJ-1556	ASTRAZENECA SDN BHD	1,300.00	EVENT : 14/10/2025 - TURNING THE TIDE : GLUCOSE CONTROL IS JUST THE START, SAVING LIVES IS THE END GAME
10	MMAJ-1557	MERCK SHARP & DOHME (MALAYSIA) SDN BHD	1,300.00	EVENT : 18/10/2025 - ALL ABOUT HPV FORUM : COLLABORATIVE STRATEGIES FOR PREVENTING HPV-RELATED CANCER AND DISEASES
11	MMAJ-1558	GLAXOSMITHKLINE, PHARMACEUTICAL SDN BHD	800.00	EVENT : 30/10/2025 - SPARKLE : SHINGLES PROTECTION ADVANCES RESULTS, KNOWLEDGE, LEADERSHIP AND EXECUTION
12	MMAJ-1559	EP PLUS GROUP SDN BHD	1,300.00	EVENT : 25/10/2025 - EXPERT'S OPINION ON MANAGING DIABETES COMPLICATIONS
13	MMAJ-1560	HOE PHARMACEUTICALS SDN BHD	1,300.00	EVENT : 8/11/24 BEYOND THE ITCH : NAVIGATING THE COMPLEXITIES OF PSORIASIS
14	MMAJ-1561	MEDI 1 SERVICES	1,300.00	EVENT : 22 & 23/11/25 PRACTICAL MUSCULOSKELETAL USG & INJECTION WORKSHOP - GP'S
15	MMAJ-1581	A. MENARINI SINGAPORE PTE LTD	1,300.00	EVENT DATED 29/4/26 - MASTERING THE PATIENT JOURNEY FROM EFFECTIVE
16	MMAJ-1582	INTEGRATED ONCOLOGY CENTER (KUALA LUMPUR) SDN BHD	300.00	E-BLAST EVENT SERVICES DE : 19/04/2026
17	MMAJ-1583	EP PLUS GROUP SDN BHD	1,300.00	EVENT DATED 16/5/26 & 17/5/26 - REGIONAL SOLA MEDICA CONNECTION CONGRESS - DELIVERING BETTER PATIENT OUTCOME
18	MMAJ-1584	ORGANON MALAYSIA SDN BHD	1,300.00	EVENT DATED 16/5/2026 - HEART2ACTION : EVIDENCE DRIVE STRATEGIES FOR EARLY LDL-C REDUCTION
19	MMAJ-1585	SEGAMAT SPECIALIST HOSPITAL SDN BHD	800.00	EVENT DATED 23/5/2026 - GP CME TALK 2026 BY SENA SPECIALIST HOSPITAL



Branch Reports > MMA Johor

MEDICAL CAMP & BLOOD DONATION DRIVE 2025

MMA Johor has successfully conducted Medical Camp & Blood Donation Drive in Johor Imigresen Department Open Day by providing free medical screening & blood donation drive collaborated with Hospital Sultanah Ismail blood bank team.

In this Medical Camp, MMA Johor has recorded a total of 70 registered participants and 40 successful donors.



MMA Johor has successfully conducted Medical Camp & Blood Donation Drive in AEON Bukit Indah Johor Bahru by providing free medical screening & blood donation drive in collaboration with Hospital Sultanah Aminah blood bank team and Columbia Asia Hospital Iskandar Puteri.

In this Medical Camp MMA Johor has recorded a total of registered 168 participants, 32 rejected and 130 successful donors.



Branch Reports > MMA Johor

CSR: BACK TO SCHOOL FOR B40 STUDENTS

MMA Johor has successfully co-organized its 1st CSR program, "Back to School for B40 Students," on 12th December 2025, held at Mydin Hypermarket Taman Rinting, Pasir Gudang, Johor.

The program was collaborated with multiple bodies:

- Regency Specialist Hospital
- Kelab Kilat TNB Pasir Gudang
- Ahli Majlis Air Biru PBT Pasir Gudang
- Marybrown

50 students under the B40 group and special needs students have benefited from this program. Each student received a school uniform, bag, and shoes worth RM200.00. The students are from SK Pasir Gudang 1, 2, and 3. This CSR program is included in the branch annual report as a program involving PPS, SCHOMOS and SMMAMS.



MMA JOHOR INSTALLATION DINNER 2026



Branch Reports > MMA Johor

BEST STUDENT AWARD FOR 2025



CERTIFICATION FOR HEALTHCARE PERSONNEL 2026

PPSMMA JOHOR REPORT
(July 2025 to June 2026)

CSR PROGRAMME

PPS MMA Johor has successfully organized multiple Corporate Social Responsibility programmes in the 2025–2026 session.

1ST CSR: DOCTORS ON GROUND – CSR & MEDICAL CAMP

Medical Camp & CSR for Flood Victims in Kampung Mawai Baru, Kota Tinggi, Johor

Date: 14th December 2025 (Sunday)

Time: 8.00 am to 2.00 pm

The event started with the registration of recipients to collect coupons for the food baskets, and proceeded with free medical screening, after which participants collected the food baskets. 82 families benefited from this programme.

2ND CSR: CSR CHRISTMAS – RUMAH KEBAJIKAN ANNA

Date: 22nd December 2025 (Monday)

Time: 3.00 pm to 5.00 pm

Venue: Rumah Kebajikan Anna

The programme started with an introduction to the aunties and uncles who have been staying at the home; some come with special needs and require constant medication. Madam Anna also asked them to tell their own stories about how they ended up at the home.

Dr. Selva handed out groceries and basic necessities for the home to utilize for the Christmas celebration around the corner.

The programme ended with a tea break with the aunties and uncles. We hope this brings joy and happiness to them. Happy Merry Christmas.



Branch Reports > MMA Johor

SCHOMOS JOHOR REPORT

(July 2025 to June 2026)

JOHOR MEDICO LEGAL & ETHICS CONFERENCE 2025

MMA Johor has successfully collaborated with JKNJ in organizing the Johor Medico Legal & Ethics Conference 2025.

Date: 12th August 2025

Time: 8.00 am to 5.00 pm

Venue: Persada Convention Centre, Johor Bahru

The Medico Legal & Ethics Conference 2025 featured honourable speakers who offered and shared guidelines on legal cases and misconduct that normally occur in healthcare, as well as the pros and cons, and the do's and don'ts of procedures to avoid any legal action against medical practitioners, especially in government hospitals.

This is the 1st year JMEC has been organized, and we managed to gather 245 participants nationwide. This is considered a good kickstart for a yearly event.



MMA KEDAH BRANCH

Introduction

The Malaysian Medical Association (MMA) Kedah Branch has continued to uphold its commitment to advancing medical professionalism, strengthening continuous medical education (CME), and extending meaningful community and humanitarian outreach throughout the reporting period from September 2025 to May 2026.

A comprehensive series of academic, clinical, welfare, and collaborative initiatives were successfully organised, reflecting the Branch's dual mandate of professional development for members and service to the wider community. These activities were executed in collaboration with various stakeholders, including government agencies, healthcare institutions, educational bodies, and non-governmental partners.

CHAIRMAN:

DR. SRITHARAN RAO A/L SUBBARAO

VICE-CHAIRMAN:

DR. THIYAGAR A/L NADARAJAW

HONORARY SECRETARY:

DR. FARAH DIANA BINTI ROSLI

HONORARY TREASURER:

DR. SELVANAAYAGAM SHANMUGANATHAN

PPSMMA REPRESENTATIVE:

DR. VIVEHAPRIYAN A/L THIRUGNANAM

SCHOMOS REPRESENTATIVE:

DR. ROSSHINI A/P JAGATHESWARAN

COMMITTEE MEMBERS:

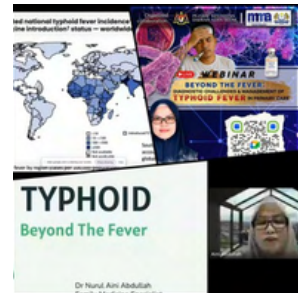
DR. EDWIN JUDE AL GNANASEGARAN
DR. KEVIN RAJ A/L SELVARAJAH
DR. ANNUAR HUSAINY HUSSEIN
DR. THANUSHA NAIDU PERABAKARAN
DR. MOHAMAD NAIM BIN MOHAMAD

Activities

September 2025 >

WEBINAR ON TYPHOID FEVER (30 SEPTEMBER 2025)

A focused clinical update was conducted to enhance practitioners' understanding of the epidemiology, diagnosis, treatment, and preventive strategies of typhoid fever.



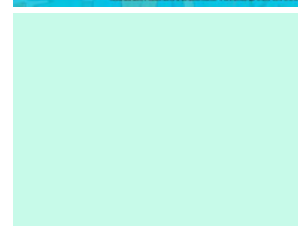
ESSAY WRITING COMPETITION IN CONJUNCTION WITH DOCTORS' DAY (15 SEPTEMBER 2025)

An academic initiative aimed at encouraging reflective writing and intellectual engagement among students, fostering professional expression of the medical profession.



CME ON EARLY NUTRITION FOR GPS, SUNGAI PETANI (25 SEPTEMBER 2025)

Delivered evidence-based insights into early childhood nutrition, highlighting its critical role in growth, development, and long-term disease prevention.



KEMPEN KIBARKAN JALUR GEMILANG, ALOR SETAR (16 SEPTEMBER 2025)

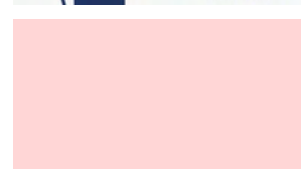
Participation in a national unity campaign promoting patriotism and civic responsibility through flag-raising activities and community engagement.



October 2025 >

CME ON PALLIATIVE CARE (01 OCTOBER 2025)

An educational session focusing on holistic end-of-life care, symptom management, communication skills, and multidisciplinary collaboration in palliative medicine.



CSR FOOD BASKET DISTRIBUTION FOR B40 FAMILIES, SUNGAI PETANI (04 OCTOBER 2025)

Community outreach programme providing essential food supplies to underprivileged households to alleviate socioeconomic hardship.



Branch Reports > MMA Kedah

DOCTORS' DAY CELEBRATION, ALOR SETAR (08 OCTOBER 2025)

A formal commemorative event recognising the dedication and contributions of medical practitioners through appreciation activities and professional fellowship.

DENGAGEMENT SESSION WITH EXCO KESIHATAN KEDAH (28 OCTOBER 2025)

Strategic dialogue with state health leadership addressing healthcare delivery challenges, policy alignment, and collaborative initiatives.

FLOOD RELIEF MISSION, KUALA KETIL AND BALING (28 OCTOBER 2025)

Humanitarian response initiative providing immediate assistance, essential supplies, and coordinated support to flood-affected communities.



FIRST AID TRAINING, SK CONVENT SUNGAI PETANI (29 OCTOBER 2025)

Capacity-building programme aimed at equipping school participants with essential emergency response and life-saving skills.

WEBINAR ON ENDOSCOPIC KEYHOLE SURGERY (30 OCTOBER 2025)

Clinical update on advancements in minimally invasive surgical techniques and their applications in modern surgical practice.



November 2025 >

KEDAH STATE DEEPAVALI CELEBRATION, ALOR SETAR (01 NOVEMBER 2025)

Participation in a state-level cultural event promoting unity in diversity and inter ethnic harmony.

CSR FOOD BASKET DISTRIBUTION, KULIM (07 NOVEMBER 2025)

Provision of essential food aid to disadvantaged families as part of ongoing welfare support initiatives.

WORLD DIABETES AWARENESS PROGRAMME, ALOR SETAR (14 NOVEMBER 2025)

Public health campaign focusing on diabetes prevention, early detection, and complication awareness.

KEM SIHAT BERSAMA PAKAR, BALING (15 NOVEMBER 2025)

Community health camp featuring specialist consultations, screening services, and health education activities.

FOOD BASKET SUPPORT, PUSAT JAGAAN HARAPAN, SUNGAI PETANI (18 NOVEMBER 2025)

Welfare assistance extended to residents of care facilities to enhance their well-being and nutritional support.

DPO TRAINING PROGRAMME, ALOR SETAR (13 NOVEMBER 2025)

Professional training aimed at strengthening clinical governance, operational compliance, and healthcare management standards.

CSR FLOOD ASSISTANCE, BALING (08 NOVEMBER 2025)

Emergency relief support provided to families affected by flooding incidents.

CSR SUPPORT FOR SJKT LADANG SAGA STUDENTS (16 NOVEMBER 2025)

Distribution of essential food supplies to school children from underprivileged backgrounds.



CSR SUPPORT, GLORY CHILDREN CARE CENTRE, SUNGAI PETANI (17 NOVEMBER 2025)

Welfare outreach programme benefiting children under institutional care.

WEBINAR ON INGUINAL HERNIA (24 NOVEMBER 2025)

Clinical education session covering diagnosis, surgical options, and current management approaches.

WEBINAR ON PREPREGNANCY CARE (25 NOVEMBER 2025)

Focused discussion on optimisation of maternal health before conception to improve pregnancy outcomes.



Branch Reports > MMA Kedah

December 2025 >

**FLOOD RELIEF CSR, BALING
(05 DECEMBER 2025)**

Continued humanitarian assistance supporting flood-affected families with essential supplies.

**BASIC LIFE SUPPORT (BLS) TRAINING, AIMST SUNGAI PETANI (06 DECEMBER 2025)**

Hands-on emergency training to strengthen resuscitation skills among healthcare providers.

**WEBINAR: "TRICKED BY THIAMINE"
(10 DECEMBER 2025)**

Clinical discussion highlighting diagnostic challenges in thiamine deficiency-related conditions.

**BACK TO SCHOOL PROGRAMME, BEDONG
(15 DECEMBER 2025)**

Educational support initiative providing school essentials to B40 students.

**FLOOD RELIEF ASSISTANCE, GURUN
(16 DECEMBER 2025)**

Continued disaster relief efforts for affected communities.

**WEBINAR ON DYSLIPIDAEMIA
(17 DECEMBER 2025)**

Clinical update focusing on lipid disorders and cardiovascular risk management.

**CHRISTMAS OUTREACH PROGRAMME, HARAPAN & GRACE HOME
(18-19 DECEMBER 2025)**

Festive engagement activities promoting compassion and social inclusion among care home residents.

**CSR FOOD BASKET DISTRIBUTION, SUNGAI PETANI
(20 DECEMBER 2025)**

Welfare support programme for underprivileged families.

WEBINAR ON POSTMENOPAUSAL HEALTH (20 DECEMBER 2025)

Educational session addressing clinical care of postmenopausal women.

**TOT ON CIRCUMCISION PROCEDURES, SUNGAI PETANI
(21 DECEMBER 2025)**

Capacity-building programme focusing on safe surgical techniques and standardised clinical practice.



January 2026 >

CME ON COMMON ENT CONDITIONS, AIMST SUNGAI PETANI (16 JANUARY 2026)

Clinical update on diagnosis and management of common ear, nose, and throat conditions in primary care.

CSR: FREE STATIONERY DISTRIBUTION, SUNGAI PETANI (17 JANUARY 2026)

Educational support initiative benefiting students from low-income families.

**MEDICAL CAMP, BEDONG
(24 JANUARY 2026)**

Community outreach programme providing screening, consultation, and basic health services.

**CME ON ASTHMA MANAGEMENT
(28 JANUARY 2026)**

Evidence-based update on asthma diagnosis, treatment, and long-term control strategies.

CSR FOOD BASKET DISTRIBUTION, SUNGAI PETANI (30 JANUARY 2026)

Continued welfare support for underprivileged families.

Branch Reports > MMA Kedah

February 2026 >

WEBINAR: PRE-RAMADAN DIABETES ASSESSMENT (04 FEBRUARY 2026)

Focus on glycaemic optimisation and medication adjustment for diabetic patients before fasting.

**CME ON WEIGHT MANAGEMENT FOR GENERAL PRACTITIONERS (03 FEBRUARY 2026)**

Clinical strategies addressing obesity management and metabolic health.

CSR WHEELCHAIR DONATION, KUALA KEDAH (05 FEBRUARY 2026)

Mobility aid support for patients with physical disabilities.

ECG INTERPRETATION WORKSHOP, AIMST SUNGAI PETANI (07 FEBRUARY 2026)

Hands-on training to enhance competency in ECG analysis.

**WEBINAR ON MODERN MANAGEMENT OF URTICARIA (07 FEBRUARY 2026)**

Clinical update on dermatological allergic conditions and treatment approaches.

MANDARIN ORANGE DISTRIBUTION, SUNGAI PETANI & ALOR SETAR (15-16 FEBRUARY 2026)

Seasonal goodwill initiative extended to general practitioners as a gesture of appreciation.

OFFICIAL COURTESY VISIT TO EXCO KESIHATAN KEDAH (24 FEBRUARY 2026)

Strengthening institutional collaboration and healthcare policy engagement.

**CONNECT & CARE ENGAGEMENT SESSIONS (24-26 FEBRUARY 2026)**

Professional networking and institutional visits to multiple private hospitals across Kedah.



March 2026 >

BASIC LIFE SUPPORT WORKSHOP, AIMST SEMELING (07 MARCH 2026)

Emergency preparedness training for healthcare professionals.

**HARI RAYA AIDILFITRI COOKIE DISTRIBUTION (08-09 MARCH 2026)**

Distribution to hospitals and state health department staff as a goodwill initiative.

**INTERNATIONAL WOMEN'S DAY CELEBRATION, SUNGAI PETANI (08 MARCH 2026)**

Recognition programme celebrating contributions of women in healthcare.

ZIARAH KASIH RAMADAN, HOSPITAL BALING (10 MARCH 2026)

Community outreach fostering compassion and spiritual support during Ramadan.

CSR STATIONERY SUPPORT FOR B40 STUDENTS, ALOR SETAR (10 MARCH 2026)

Educational assistance programme for underprivileged students.

CSR FOOD ASSISTANCE, SUNGAI PETANI (12 MARCH 2026)

Welfare distribution for low-income families.

Branch Reports > MMA Kedah

MAJLIS SANTUNI KASIH AIDILFITRI MMA, SUNGAI PETANI

(12 MARCH 2026)

Festive engagement strengthening professional camaraderie.

RESILIENCE TALK FOR TEENAGERS, AIMST

(13 MARCH 2026)

Mental health awareness programme focusing on adolescent resilience.

CONNECT & CARE HOSPITAL ENGAGEMENTS

(18 MARCH 2026)

Professional visits to Hospital Jitra and Hospital Kuala NERANG.

KEDAH HARI RAYA OPEN HOUSE, ALOR SETAR

(27 MARCH 2026)

State-level networking and community engagement event.

WEBINAR ON GOUT MANAGEMENT

(31 MARCH 2026)

Clinical update on diagnosis and treatment of gout.

April 2026 >

AUTISM AWARENESS DAY, BALING (01 APRIL 2026)

Public awareness programme promoting early intervention and support for autism spectrum disorders.



ADOLESCENT MENTAL HEALTH VIDEO COMPETITION, AIMST (08 APRIL 2026)

Creative initiative raising awareness on youth mental health challenges.

WEBINAR SERIES: DYSENTERY, INFECTIOUS DISEASES & HYPERTENSION

(15-28 APRIL 2026)

Structured academic updates covering key topics in primary care medicine.



MEDICAL CAMP, SIK (04 APRIL 2026)

Community health screening and outreach services.

MMA KEDAH DINNER & INSTALLATION NIGHT, SUNGAI PETANI (04 APRIL 2026)

Annual flagship event marking leadership transition and professional fellowship.



AUTISM AWARENESS SEMINAR, ALOR SETAR (18 APRIL 2026)

Educational programme enhancing clinical and social understanding of autism.



CME ON NEUROPATHIC PAIN, ALOR SETAR (22 APRIL 2026)

Clinical update on pain management strategies.

SAFETY AND CSR INITIATIVES (24 APRIL 2026)

Bicycle helmet distribution and food aid programmes promoting public safety and welfare.

3RD RENDEZVOUS: REDEFINING MODERN PRACTICE, SUNGAI PETANI (25 APRIL 2026)

Flagship academic forum discussing contemporary challenges and innovations in medical practice.



Branch Reports > MMA Kedah

May 2026 >

CSR WHEELCHAIR DISTRIBUTION WITH VOC

(01 MAY 2026)

Mobility support programme for patients in need.

COURTESY VISIT TO RAJA MUDA KEDAH

(06 MAY 2026)
Official engagement strengthening institutional and royal relations.

WORKSHOP: ABC OF HOUSEMANSHIP, AIMST (09 MAY 2026)

Training programme for junior doctors focusing on foundational clinical competencies.



EMERGENCY RESUSCITATION WORKSHOP, KK BANDAR (07 MAY 2026)

Hands-on training in advanced emergency response.

CME ON HEPATITIS C MANAGEMENT, KK BANDAR (08 MAY 2026)

Update on antiviral treatment protocols and clinical outcomes.



WEBINAR ON SYPHILIS IN ADULTS (07 MAY 2026)

Clinical update on sexually transmitted infections.

CME ON CHILD HOLISTIC HEALTH, AIMST (08 MAY 2026)

Comprehensive discussion on paediatric health and development.

SPORTS CARNIVAL, AIMST (15 MAY 2026)

Staff wellness and team-building initiative.



WEBINAR ON OSTEOARTHRITIS MANAGEMENT (19 MAY 2026)

Clinical update on musculoskeletal conditions.



KARNIVAL KESIHATAN, ALOR SETAR (02 MAY 2026)

Public health screening and awareness campaign.

WATER SAFETY DAY & COLOURING CONTEST, SUNGAI PETANI (15 MAY 2026)

Child safety awareness programme conducted in collaboration with IPC.

CSR FOOD BASKET DISTRIBUTION, SUNGAI PETANI (17 MAY 2026)

Welfare assistance for B40 families.



BASIC LIFE SUPPORT TRAINING, SUNGAI PETANI (16 MAY 2026)

Emergency life-saving skills training programme.

WHEELCHAIR DONATION PROGRAMME (24 MAY 2026)

Final CSR initiative of the reporting period supporting patients with mobility needs.

Conclusion

The MMA Kedah Branch has demonstrated sustained commitment to:

- **Advancement of medical education and clinical competency**
- **Strengthening of primary care and specialist collaboration**
- **Active community engagement and social responsibility**
- **Humanitarian response during disasters and emergencies**
- **Promotion of public health awareness and preventive medicine**
- **Member welfare, professional networking, and institutional engagement**

Collectively, these initiatives reflect the branch's continued role as a proactive, socially responsible, and academically driven professional medical organisation dedicated to serving both its members and the wider community of Kedah.

Prepared by:

DR FARAH DIANA BT ROSLI
Honorary Secretary

MMA KELANTAN BRANCH

Membership

(as of 31 December 2025)

528

Grand Total (HO, MO, OM, Life Member, Exempted, Associate & Honorary)

201

Ordinary Members

278

Life Members

8

Exempted Members

41

Student Members

202

Medical Officers

13

House Officers

Meetings

NO.	PROGRAMME	DATE / PLACE
1	1st Exco Meeting	Date: 9th October 2025 Place: Aeon Mall, Kota Bharu
2	2nd Exco Meeting	Date: 15th June 2025 Time: 4.00pm Place: Yohoo Café, KB
3	3rd Exco Meeting	Date: 6th May 2026 Time: 5.00pm Place: Icepresso Café, KB
4	4th Exco Meeting	Date: 8th June 2026 Time: 5.30pm Place: Virtual Conference

Activities

NO.	ACTIVITIES	DATE / PLACE
1	Kelantan Round Table Meeting-Hemi Arthroplasty	Date: 4th September 2025 Place: Hospital Tanah Merah Time: 8.30am-5.00 pm
2	Membership Drive Talk and Booth: Kelantan Cardiology update	Date: 23rd - 24th Sept 2025 Place: Auditorium HRPZ II Time: 8.00am-5.00pm
3	Seminar Kawalan Iklan Perubatan Negeri Kelantan	Date: 26th September 2025 Place: Auditorium ACC, HRPZ II Time: 8.00am-12.30pm
4	Public Health Law Symposium 2025 (CME)	Date: 2nd October 2025 Place: Zoom Link (Host PPSP, USM) Time: 8.30am-5.00 pm
5	MMA Kelantan Symposium 2025 – Celebrating Doctor's Day With Knowledge, Networking & Unity (CME)	Date: 3rd October 2025 Place: Opal Hall, Level 5, Renai Hotel, Kota Bharu Time: 2.30pm – 5.30pm
6	MMA Kelantan 54th Anniversary Doctor's Day Gala Night	Date: 3th October 2025 Place: Diamond Hall, Renai Hotel, Kota Bharu Time: 8.00pm-10.00pm

CHAIRMAN:

DR. TUAN ZAMANI AMIR BIN TUAN ZAKARIA

VICE-CHAIRMAN:

DR WAN NOR AINA AR MARDIYAH WAN JEFFERY

HONORARY SECRETARY:

DR. MOHD. ZULFAKAR BIN MAZLAN

HONORARY TREASURER:

DR. SITI NUR AMALINA MD NOH

PPSMMA REPRESENTATIVE:

DR. MOHD RAHIMIE SAYUTTI

SCHOMOS REPRESENTATIVE:

DR. MOHAMAD HAFIZ BIN HARUN

COMMITTEE MEMBERS:

DR. ROSNELIFAIZUR BIN RAMELY (*WELFARE*)

DR. NORSUHANABINTI OMAR (*STUDENT*)

DR. MUHAMMAD BIN CHE YAACOB (*IT*)

DR. NIK SYAMIM FIRDAUS BIN NIK AHMAD ZUKY (*SPORT*)

DR. NURUL SHIFA BINTI RAMLI (*CPD COLLECTION*)

Branch Reports > MMA Kelantan

NO.	ACTIVITIES	DATE / PLACE	NO.	ACTIVITIES	DATE / PLACE
7	Membership Drive at International Health Conference (KIHC) 2025	Date: 6th – 7th October 2025 Place: Level 6, Renai Hotel, KB Time: 8:00 am-5.00pm	18	Mesyuarat Jawatankuasa Keselamatan Pesakit 2025 Peringkat Jabatan Kesihatan Negeri Kelantan	Date: 4th November 2025 Place: Virtual Conference Time: 8.30am
8	Meet & Greet With USM 4th Year Medical Students	Date: 9th October 2025 Place: USM Health Campus Time: 10.00am-12.00pm	19	Breathe Kota Bharu Roadshow	Date: 8th November 2025 Place: Dewan Bunga Teratai, SUK Time: 8.00am-5.00pm
9	Membership Drive at New Medical Student Orientation Session, USM Kubang Kerian	Date: 10th October 2025 Place: USM Kubang Kerian, Kelantan Time: 10.am-12.00pm	20	MMA Kelantan in Collaboration With Department of Ophthalmology and Visual Science, HUSM and Malaysian Society of Ophthalmology (MSO) Organized A Webinar The Art of Seeing: Basic Ophthalmology for Primary Care Providers (CME)	Date:13th November 2025 Place: Online Platform Time: 8.00am-12.00pm
10	MMA Kelantan Circumcision Refresher Course 2025 (CME)	Date: 11th October 2025 Place: Dewan Anugerah, KPJ Perdana Specialist Hospital Time: 8.00am-2.00pm	21	Kelantan Integrated Thoracic Medicine and Imagine Updates (CME)	Date: 14th November 2025 Place: Renai Hotel, Kota Bharu Time: 8.00am-5.00pm
11	Health Screening for Prospective Pilgrims Course for Medical Practitioners in Kelantan (CME)	Date: 11th October 2025 Place: Google Meet Time: 7.30am-8.30pm	22	MMA Kelantan in Collaboration With KPJ Perdana Kota Bharu Organized A Bowling Championship	Date: 19th November 2025 Place: Lite Superbowl Mydin Tunjung Time: 5.00pm
12	Collaborative Meeting with SMMAMS USM representatives in Kota Bharu	Date: 16th October 2025 Place: Al Khatiri Cofee, Kubang Kerian Time: 5.30pm-7pm	23	Webinar On “Paediatric Inguinal Hernia”- Collaborative Program With SCHOMOS, PPSMMA, and KPJ Kota Bharu (CME)	Date: 23th November 2025 Place: Link Zoom Time: 3.00pm
13	Program #Ros_Care Kelantan State	Date: 16th October 2025 Place: Dewan Matahari PCB Beach Resort, Pantai Cahaya Bulan, Kota Bharu Time: 8.00am-1.30pm	24	Cardiovascular-Kidney-Metabolic (CKM) Clinical Symposium (CME)	Date: 28th November 2025 Place: Level 5, Diamond Hotel, Renai Hotel Kota Bharu Time: 8.30am-5.00pm
14	Kunjungan Hormat to Dato Dr Zaini, Kelantan State Health Director	Date: 22nd October 2025 Place: Jabatan Kesihatan Negeri Kelantan Time: 10.00am-12.00pm	25	MMA Kelantan in Collaboration With MSU University (Kota Bharu) and KPJ Perdana Specialist Hospital Successfully Conducted Safe Circumcision Course: Basic Principles of Circumcision at Kota Bharu (CME)	Date: 18th December 2025 Place: Kota Bharu Time:8.00am-4.00pm
15	Bridging Future Doctors With The Profession – Strengthening Ties Between MMA Kelantan & MEDSOC USM	Date: 30th October 2025 Place: USM Kubang Kerian Time: 10.00am-12.00pm			
16	Vaccination is Protection (VIP) Kota Bharu (CME)	Date: 31st October 2025 Place: Renai Hotel, Kota Bharu Time: 5.00pm-7.00pm			
17	Majlis Sanjungan Budi & Sejuta Memori – Persaraan Dato Dr. Zaini (Kelantan State Health Director)	Date: 31st October 2025 Place: Renai Hotel, Kota Bharu Time: 8.00pm-11.00pm			

Branch Reports > MMA Kelantan

NO.	ACTIVITIES	DATE / PLACE	NO.	ACTIVITIES	DATE / PLACE
26	Fun Walk Amal (Fundraising) for GenerasiKu Sayang For Teenage Pregnancy	Date: 1st January 2026 Place: Pantai Sri 7, Tumpat Time: 7.30am – 11.00am	36	Maternal Health Webinar Series 1: Management of Maternal Death Investigation & Reporting (CME)	Date: 11th February 2026 Place: Link Zoom Time: 9.00am-11.00am
27	Elderly Home Community Outreach In Kota Bharu by Medsoc USM & MMA Kelantan Branch	Date: 8th January 2026 Place: MESRA Homecare Centre, Kota Bharu Time: 7.30am-4.00pm	37	Maternal Health Webinar Series 2: Obstetric Emergencies (CME)	Date: 24th February 2026 Place: Link Zoom Time: 9.00am-11.00am
28	Observer at The Health Systems & Financing Workshop for Journalist (SCHOMOS)	Date: 8th January 2026 Place: Dewan Khalid Khadir, Faculty of Medicine, Hospital Canselor Tuanku Mukhriz, UKM Time: 8.30am-5.30pm	38	Majlis Berbuka Puasa Bersama Presiden dan Pengasas Management and Science University (MSU)	Date: 28th February 2026 Place: MSU Learning Resource Centre, Kota Bharu Time: 6.30pm-8.00pm
29	Program USM Nexus 2026: The International Leadership & Cultural Exchange (Leadership Talk by SCHOMOS)	Date: 15th January 2026 Place: School of Medical Science, Health Campus USM, Kubang Kerian	39	Webinar CME MMA Kelantan Collaboration With KBMC : Preparation for long term renal replacement therapy in ESRF Patients (CME)	Date: 12th March 2026 Place: Zoom Virtual Conference Time: 2.30pm
30	Lincoln University College - Meet & Greet with MMA Kelantan	Date: 18th April 2026 Place: Lecture Hall 3, Lincoln University College, Lembah Sireh, Kota Bharu Time: 3.00pm	40	Maternal Health Webinar Series 3: Antenatal care a holistic approach & associated medical conditions as cause of death (CME)	Date: 16th March 2026 Place: Zoom Virtual Conference Time: 9.00am-11.00am
31	Program Ramah Mesra MPWP Tumpat Bersama Para Peniaga Pasar Sumayyah	Date: 24th January 2026 Place: Pasar Sumayyah, Bandar Bentara, Tumpat Time: 8.00am – 10.00 am	41	MMA Kelantan Iftar Gathering 2026	Date: 17th March 2026 Place: Restaurant Al-Khatiri Time: 6.00pm-8.00pm
32	Misi MMA Bantuan Kemanusiaan Banjir Monsun Timur Laut 2025 (Musim Sabak)	Date: 31st January 2026 Place: Sekolah Kebangsaan Sabak, Kota Bharu Time: 8.00am-12.00pm	42	State Technical Meeting for Advancing Safe Circumcision Services In Kelantan Through MMA-JKN Collaboration	Date: 18th March 2026 Place: Bilik Mesyuarat Utama Bunga Raya, Aras 10, Wisma Persekutuan Kota Bharu Time: 9.00am-1.00pm
33	MMA Kelantan Meet & Greet Session With New House Officers, Hospital Raja Perempuan Zainab II (Orientation Session)	Date: 1st February 2026 Place: Bangunan ACC, HRPZ II, Kota Bharu Time: 4.00pm-5.00pm	43	MMA Kelantan Courtesy Visit To The Newly Minted Kelantan State Health Director	Date: 18th March 2026 Place: Wisma Persekutuan Kota Bharu Time: 12.30pm
34	Meet & Greet Session at Hospital Sultanah Nur Zahirah, Kuala Terengganu	Date: 2nd February 2026 Place: Hospital Sultanah Nur Zahirah, Kuala Terengganu Time: 2.00pm-4.00pm	44	MMA Kelantan Collaboration With Klinik Haydar & Kamal The CME For GP: Paediatric Growth In Primary Care (CME)	Date: 4th April 2026 Place: Hotel Perdana, Kota Bharu Time: 9.00 am – 3.00 pm
35	Meet & Greet Session at Hospital Besut	Date: 2nd February 2026 Place: Hospital Besut, Terengganu Time: 1.00pm-2.00pm			

Branch Reports > MMA Kelantan

NO.	ACTIVITIES	DATE / PLACE	NO.	ACTIVITIES	DATE / PLACE
45	Rumah Terbuka Aidilfitri MSU	Date: 5th April 2026 Place: International Medical School (IMS), MSU Kota Bharu	56	Webinar : Menua Dengan Sihat (Health in Older Persons) (CME)	Date: 23rd April 2026 Place: Virtual Conference Time: 9.00am-11.00pm
46	Program MMA Kesihatan Remaja "Explorace 2026" @ MRSM Tumpat	Date: 6th April 2026 Place: MRSM Tumpat Time: 8.00am-1.00pm	57	Outreach programme: MMA Kelantan Collaboration With IMS MSU Community Service Programme Entitled "Cinta Tanpa Risiko: Kesihatan Reproduksi Untuk Semua"	Date: 23rd April 2026 Place: Centre Court, AEON Mall Kota Bharu Time: 10.00am-4.00pm
47	KBMC Open House Raya Aidilfitri	Date: 9th April 2026 Place: Kota Bharu Medical Centre (KBMC) Time: 11.30-3.00pm	58	Sales Booth And Membership Drive @11th Conference In Internal Medicine (CIIM)	Date: 25th - 26th April 2026 Place: Renai Hotel, Kota Bharu Time: 8.00am-5.00pm
48	Hyperkalaemia In Real-World Practice From Risk Recognition To Sustainable Management (CME)	Date: 11th April 2026 Place: Perdana Hotel, Kota Bharu Time: 1.00pm-6.00pm	59	Strategic Engagement SCHOMOS Kelantan x SMMAMS for planning student-driven initiatives for med students across Kelantan in 2026	Date: 27th April 2026 Place: Al-Khatiri Coffee, Kubang Kerian Time: 6pm
49	Revisiting Optimal Allergy Rhinitis Management In Adults & Children (CME)	Date: 13th April 2026 Place: Hotel Ibis Styles, Kota Bharu Time: 5.30pm-8.30pm	60	MMA Zoom Discussion (linking Penang & Kelantan) & Bridging Ideas for Better Aged Care in Malaysia	Date: 28th April 2026 Place: Zoom Virtual Conference Time: 2.00pm - 3.00pm
50	Karnival Sukan Persatuan Pelajar Sains Perubatan 2026 – Collaboration With MEDSOC USM	Date: 14th - 15th April 2026 Place: USM, Kubang Kerian	61	MMA Kelantan Medical Symposium 2026 (CME)	Date: 2nd May 2026 Place: Che Wok Hotel, Kota Bharu Time: 8.00am-5.00pm
51	East Coast Powering Mobility Symposium (CME)	Date: 18th April 2026 Place: Renai Hotel, Kota Bharu Time: 9.00am	62	Kursus Pengurusan Acute Febrile Illness In The Tropics (Hybrid) (CME)	Date: 6th - 7th May 2026 Place: Auditorium ACC, Kota Bharu Time: 8.00am-5.00pm
52	MMA Team Building & Strategic Management Workshop 2026	Date: 18th - 19th April 2026 Place: Kuala Terengganu	63	Strategic Discussion With Pharmacia Marketing (East Coast Team)	Date: 6th May 2026 Place: Icepresso, Kota Bharu Time: 5.00pm-7.00pm
53	Sales Booth And Membership Drive @ Sambutan Hari Kesihatan Lelaki Peringkat Negeri Kelantan	Date: 22nd April 2026 Place: Dewan Afshona, Klinik Kesihatan Pengkalan Kubor Time: 8.00 am - 5.00 pm	64	CME: A New Outlook In Osteoarthritis Management (CME)	Date: 7th May 2026 Place: Renai Hotel, Kota Bharu Time: 7.00pm-9.00pm
54	Kursus & Sambutan Hari Kesihatan Lelaki Peringkat Negeri Kelantan – Collaboration With JKN Kelantan & PKD Tumpat (CME)	Date: 22nd April 2026 Place: Dewan Afshona, Klinik Kesihatan Pengkalan Kubor Time: 8.00 am - 5.00 pm	65	Strategic Discussion with MMA Kelantan Circumcision Technical Team	Date: 7th May 2026 Place: HRPZII, Kota Bharu Time: 5pm
55	Program Jaringan Komuniti & Akademik- Collaboration With USM	Date: 22nd April 2026 Place: Dewan Orang Ramai Felda Tenang Time: 8.30am-1.00pm			

Branch Reports > MMA Kelantan

NO.	ACTIVITIES	DATE / PLACE	NO.	ACTIVITIES	DATE / PLACE
66	MMA Kelantan Representative As One Of The Speakers At 7th National Seminar On Adolescent Medicine 2026	Date: 9th May 2026 Place: Hospital Tengku Permaisuri Nurashikin, Kajang Time: 7.30am-4.30pm	75	MMA Kelantan Collaboration Opportunity for Clinical Trial at HPUSM	Date: 17th May 2026 Place: Zoom Virtual Conference Time: 2.00pm-3.00pm
67	MMA Kelantan Wound Care Mini Workshop Series 1 @ Klinik Kesihatan Pengkalan Kubor (CME)	Date: 11th May 2026 Place: Klinik Kesihatan Pengkalan Kubor Time: 2.00pm-4.00pm	76	MMA Kelantan Webinar Clinical Research Matters: Exploring Opportunities With CRC Kelantan	Date: 18th May 2026 Place: Zoom Virtual Conference Time: 2.00pm-4.00pm
68	MMA Kelantan Wound Care Mini Workshop Series 2 @ Klinik Kesihatan Bunohan (CME)	Date: 12th May 2026 Place: Klinik Kesihatan Bunohan Time: 2.00pm-4.00pm	77	MMA Kelantan Meet & Greet with House Officers HRPZII	Date: 19th May 2026 Place: Auditorium Bangunan ACC, HRPZII Kota Bharu Time: 2.30pm-4.00pm
69	MMA Transformational Leadership Course In Patient Safety 2026	Date: 13th - 14th May 2026 Place: KSL Esplanade Hotel, Klang Time: 7.30am-4.30pm	78	MMA Kelantan Virtual CME on Severe Asthma Network Project (CME)	Date: 20th May 2026 Place: Zoom Virtual Conference Time: 12.00pm-1.00pm
70	MMA Kelantan Wound Care Mini Workshop Series 3 @ Klinik Kesihatan Teluk Renjuna (CME)	Date: 14th May 2026 Place: Klinik Kesihatan Teluk Renjuna Time: 10.00am-12.00pm	79	Strengthening Strategic Collaboration In Medicolegal Protection With Marsh Malaysia MEDEFEND	Date: 20th May 2026 Place: Kengsom Thai Restaurant Time: 6.00pm
71	Kursus Basic Surgical Skills, Credentialing & Privileging Circumcision Sesi Teori Dan Praktikal Peringkat Kesihatan Awam Jabatan Kesihatan Negeri (JKN) Kelantan	Date: 14th May 2026 Place: Dewan Afshona, Klinik Kesihatan Pengkalan Kubor, Tumpat Time: 8.00am-5.00pm	80	MMA Kelantan Career Pathway Programme 2026 (CME)	Date: 21st May 2026 Place: Bilik Seminar Aras 5, Bangunan ACC, HRPZII, Kota Bharu Time: 8.00am-1.00pm
72	Strategic Engagement Between MMA Kelantan & Sunway Fertility Centre KB: Building Bridges In Fertility Care	Date: 14th May 2026 Place: Sunway Fertility Centre, Kota Bharu	81	Program Ibadah Qurban GenerasiKu Sayang Negeri Kelantan	Date: 30th May 2026 Place: Rumah GenerasiKu Sayang, Istana Bukit Tanah, Tumpat
73	Obstetric Emergency Simulation: PPH & Perineal Tear Repair Workshop (MMA Kelantan x USM x SMMAMS)	Date: 16th May 2026 Place: Lecture Hall 4, School of Medical Sciences, Health Campus, USM Time: 7.30am-4.30pm	82	MMA x KPJ Webinar: Peripheral Vascular Disease Cardiologist Perspective (CME)	Date: 3th June 2026 Place: Zoom Virtual Conference Time: 11.00 am – 12.00 pm
74	MEDSOC Outreach 2.0 (USM x MMA Kelantan)	Date: 16th May 2026 Place: MESRA Homecare Centre, Kota Bharu Time: 7.30am-3.30pm	83	KPJ New Building Groundbreaking Ceremony 2026	Date: 4th June 2026 Place: Grand Renai, Kota Bharu Time: 10.30am – 1.00pm
			84	MMA Membership Talk @ MMed Surgery New PG Students Orientation Session	Date: 4th June 2026 Place: Department of Surgery, USM Kubang Kerian Time: 9.00am – 10.00 am
			85	Road To Pro USM 2026 (MMA Kelantan x MEDSOC USM x PADU)	Date: 4th – 6th June 2026 Place: Lecture Hall 4, School of Medical Sciences, Health Campus, USM Time: 8.00am – 4.00 pm

Branch Reports > MMA Kelantan

NO.	ACTIVITIES	DATE / PLACE
86	GP Paediatric Toolkit: Essential Updates in ENT, Eyes, Lung & Kidney (CME)	Date: 12th June 2026 Place: Diamond Hall, Renai Hotel Time: 8.30am-5.00pm
87	Kempen Derma Darah Perdana sempena Hari Penderma Darah Sedunia	Date: 15th – 16th June 2026 Place: UiTM Kampus Machang Time: 9:00 AM – 5:00 PM

Upcoming Activities

NO.	ACTIVITIES	DATE / PLACE
1	MMA x KBMC Webinar : Soft Tissue Tumor	Date: 30 June 2026 Place: Zoom Virtual Conference Time: 2.30pm
2	Larian Obor Harapan Kesihatan Mental Peringkat Negeri Kelantan 2026	Date: 2nd July 2026 Place: AEON Mall Kota Bharu Time: 7.30am-2.00pm
3	MMA Bowling Tournament	Date: 2nd July 2026 Place: Mydin Tunjong Time: 8.00pm – 11.00pm
4	MMA Kelantan Executive Committee Retreat	Date: 3rd July 2026 Place: Kota Bharu Time: 8:00 am
5	SEPEDA Amal Borneo 2026	Date: 25th July – 1st August 2026
6	Pre-Housemanship Course USM	Date: 16-17th August 2026 Place: USM Time: 8:00 AM – 5:00 PM
7	LIVE Surgery Workshop 2026 (CME)	Date: 17 August 2026 Place: Operation Theatre & Lecture Hall, USM Kubang Kerian Time: 8.00 am – 5.00 pm
8	Kelantan Wound care Conference 2026	Date: 18 – 19 July 2026 Place: Aras 5, ACC, HRPZII Time: 8:00 AM – 5:00 PM
9	White Coat USM Ceremony 2026	Date: 20th August 2026 Place: Hotel Perdana Kota Bharu Time: 9:00 AM
10	Masterclass in Fundamental Psychiatry for General Practitioners (MMA Kelantan x Jabatan Psikiatri & Kesihatan Mental HRPZII) (CME)	Date: 11th September 2026 Place: Holiday Villa Resort, Kota Bharu Time: 8.00am-5.00pm

CME Report

NO.	TOPIC	DATE
1	Public Health Law Symposium 2025	2/10/2025
2	MMA Kelantan Symposium 2025 – Celebrating Doctor's Day With Knowledge, Networking & Unity	3/10/2025
3	MMA Kelantan Circumcision Refresher Course 2025	11/10/2025
4	Health Screening for Prospective Pilgrims Course for Medical Practitioners in Kelantan	11/10/2025
5	Vaccination is Protection (VIP) Kota Bharu	31/10/2025
6	MMA Kelantan in Collaboration With Department of Ophthalmology and Visual Science, HUSM and Malaysian Society of Ophthalmology (MSO) Organized A Webinar The Art of Seeing: Basic Ophthalmology for Primary Care Providers	13/11/2025
7	Kelantan Integrated Thoracic Medicine and Imagine Updates	14/11/2025
8	Cardiovascular-Kidney-Metabolic (CKM) Clinical Symposium	28/11/2025
9	MMA Kelantan in Collaboration With MSU University (Kota Bharu) and KPJ Perdana Specialist Hospital Successfully Conducted Safe Circumcision Course: Basic Principles of Circumcision at Kota Bharu	18/12/2025
10	Maternal Health Webinar Series 1: Management of Maternal Death Investigation & Reporting	11/2/2026
11	Maternal Health Webinar Series 2: Obstetric Emergencies	25/2/2026
12	Webinar CME MMA Kelantan Collaboration With KBMC : Preparation for long term renal replacement therapy in ESRF Patients	12/3/2026

Branch Reports > MMA Kelantan

NO.	TOPIC	DATE
13	Maternal Health Webinar Series 3: Antenatal care a holistic approach & associated medical conditions as cause of death	16/3/2026
14	MMA Kelantan Collaboration With Klinik Haydar & Kamal The CME For GP: Paediatric Growth In Primary Care	4/4/2026
15	Hyperkalaemia In Real-World Practice From Risk Recognition To Sustainable Management	11/4/2026
16	Revisiting Optimal Allergy Rhinitis Management In Adults & Children	13/4/2026
17	East Coast Powering Mobility Symposium	18/4/2026
18	Kursus & Sambutan Hari Kesihatan Lelaki Peringkat Negeri Kelantan – Collaboration With JKN Kelantan & PKD Tumpat	22/4/2026
19	Webinar : Menua Dengan Sihat (Health in Older Persons)	23/4/2026
20	MMA Kelantan Medical Symposium 2026	22/5/2026
21	Kursus Pengurusan Acute Febrile Illness In The Tropics (Hybrid)	6/5/2026
22	CME: A New Outlook In Osteoarthritis Management	7/5/2026
23	MMA Kelantan Wound Care Mini Workshop Series 1	11/5/2026
24	MMA Kelantan Wound Care Mini Workshop Series 2	12/5/2026
25	MMA Kelantan Wound Care Mini Workshop Series 3	14/5/2026
26	MMA Kelantan Virtual CME on Severe Asthma Network Project	20/5/2026
27	MMA Kelantan Career Pathway Programme 2026	21/5/2026
28	MMA x KPJ Webinar: Peripheral Vascular Disease Cardiologist Perspective	3/6/2026
29	GP Paediatric Toolkit: Essential Updates in ENT, Eyes, Lung & Kidney	12/6/2026

SCHOMOS & PPS Activities

MEMBERSHIP DRIVE TALK AND BOOTH: KELANTAN CARDIOLOGY UPDATE

On 23th – 24th September 2025, the MMA Kelantan Branch participated in the Kelantan Cardiology Update 2025 at Auditorium HRPZ II, Kota Bharu, themed “Empowering Frontliners in Cardiology Excellence”. Organised by the Malaysian Pharmacists Society (MPS) in collaboration with MMA Kelantan Branch, the CPD-accredited event attracted 190 participants. The programme featured an MMA Membership Drive Talk delivered by Dr Mohamad Hafiz bin Harun, SCHOMOS Kelantan State Representative (2025/2026), highlighting the roles and benefits of MMA membership. MMA Kelantan also operated an information booth to engage healthcare professionals, promote ongoing branch activities, and provide membership consultations. The event successfully strengthened professional networking while enhancing awareness and participation in MMA initiatives.



PUBLIC HEALTH LAW SYMPOSIUM 2025

On 2 October 2025, Doctor of Public Health (DrPH) candidates from the Universiti Sains Malaysia (USM), in collaboration with the Malaysian Medical Association (MMA), successfully organised the Public Health Law Symposium 2025 via ZOOM online platform. The symposium brought together distinguished figures from the Ministry of Health Malaysia (MOH), the Kelantan State Health Department, and the Public Health Advisor to the Minister of Health, who shared valuable insights on public health legislation, challenges in managing communicable diseases, and the future direction of health law and policy in Malaysia. A total of 204 participants from various institutions and professional backgrounds attended the programme, making it a vibrant platform for knowledge sharing, meaningful discussions, and the exchange of valuable experiences. The virtual conference was co-hosted by Dr Mohamad Hafiz bin Harun from MMA and Dr Khairul Hanan from USM.



Branch Reports > MMA Kelantan

MMA KELANTAN SYMPOSIUM 2025 – CELEBRATING DOCTOR'S DAY WITH KNOWLEDGE, NETWORKING & UNITY

On 3rd October 2025 (Friday), the MMA Kelantan Branch successfully hosted the “MMA Kelantan Symposium 2025” at Opal Hall, Level 5, Renai Hotel, Kota Bharu, from 2:30 PM – 5:30 PM. The event was graced by the presence of Dato’ Dr Kalwinder Khaira, Immediate Past President of MMA, alongside most of the MMA Kelantan EXCO members led by Dr Tuan Zamani, and was attended by a total of 50 participants. The evening session was brilliantly moderated by Dr. Nurul Shifa, one of MMA Kelantan’s dynamic EXCO members. Highlights included impactful talks on: Medical Indemnity & Protection for Doctors, Nutrition & Hidden Hunger in Children, Transforming Care in Asthma & COPD; & Medicolegal Updates for Medical Practice. In addition, MMA Kelantan set up a Membership Drive Booth, led by Dr Aina, Dr Alyn, Dr Hafiz, Assoc Prof Dr Suhana, Dr Rahimie, and Mr. Muhammad, assisted by SMMAMS members, to guide members on their benefits and provide consultations to non-members interested in becoming part of our growing MMA family. A heartfelt thank you to our sponsors – Dutch Lady (MaxGro), AstraZeneca, Bank Islam & Marsh – for supporting this meaningful event.



KELANTAN INTERNATIONAL HEALTH CONFERENCE (KIHIC) 2025

From 6th to 7th October 2025, MMA Kelantan participated in the Kelantan International Health Conference (KIHIC) 2025. During the VIP booth visit at the conference, our MMA Membership Drive Booth was honoured by the visit of YBhg. Dato’ Dr Zaini bin Hussin, Pengarah Kesihatan Negeri Kelantan together with Dr Faris and Dr Rohana, Deputy State Health Directors, & Dr Nik Hafiz, Pengerusi Persatuan Anggota Kesihatan Kelantan (PEAKK). Their presence and support truly inspired and encouraged our team from MMA Kelantan Branch to continue strengthening the voice and unity of doctors across the state.



VIRTUAL CONFERENCE: HEALTH SCREENING BRIEFING FOR HAJJ PILGRIMS 1447H / 2026M (KELANTAN STATE HEALTH DEPARTMENT, MMA KELANTAN BRANCH & LEMBAGA TABUNG HAJI NEGERI KELANTAN)

On 11 October 2025, the Hajj Health Screening Briefing was held at JKN Kelantan, organized by Unit Survelan JKN Kelantan in collaboration with Lembaga Tabung Haji (TH) and the Malaysian Medical Association (MMA) Kelantan Branch. A total of 326 participants from government and private healthcare facilities attended. The session focused on the Hajj Health Screening Guidelines (Edition 11, 1447H/2026M) and the use of the MyVAS system for health certification. Speakers from Lembaga Tabung Haji and a team of multidisciplinary medical specialists shared insights on key topics, including respiratory and cardiac health, psychiatric and cognitive assessment, physiotherapy, and overall istito’ah kesihatan (health capability) evaluation. The program strengthened participants’ readiness and coordination to ensure safe and effective health screening for future Hajj pilgrims.

MMA MEMBERSHIP DRIVE TALK WITH YEAR 4 MEDICAL STUDENTS AT THE USM HEALTH CAMPUS

On 10 October 2025, MMA Kelantan Branch had the honour of engaging with Year 4 medical students at the USM Health Campus for a special Membership Drive session. Dr Syamim, an MMA Kelantan EXCO member, delivered an inspiring talk highlighting the role of MMA as the collective voice of the medical profession & the importance of early involvement in professional organisations. We were also joined by Assoc. Prof. Dr Suhana, another dedicated EXCO member, whose presence & support added great energy to the session. Our heartfelt thanks to USM Health Campus for the warm welcome and collaboration in nurturing the next generation of medical professionals.



Branch Reports > MMA Kelantan

MMA KELANTAN CIRCUMCISION REFRESHER COURSE 2025

On 11th October 2025, MMA Kelantan Circumcision Refresher Course was successfully held at KPJ Perdana Specialist Hospital, bringing together 23 participants, including General Practitioners from Kelantan and other states, along with enthusiastic medical students eager to sharpen their circumcision skills. The event was graced by YBhg. Dr Mohd Nikman Bin Ahmad, Medical Director of KPJ Perdana Specialist Hospital, who delivered the opening speech. Also in attendance was YBrs. Assoc. Prof. Dr Suhana, a member of the MMA Kelantan Executive Committee 2025/2026. Engaging and insightful sessions were conducted by: Mr. (Dr) Muhammad Bin Che Yaacob, Paediatric Surgeon, HRPZ II, Kota Bharu; Mr. (Dr) Wan Mohd Ruzaimie Bin Wan Mohamad Noor, Paediatric Surgeon, KPJ Perdana, Kota Bharu; & Assoc. Prof. Dr Mohd Shahrul Salam Bin Mohd Shah, Paediatric Surgeon, USM Health Campus & USM Specialist Hospital, Kubang Kerian. A big thank you to KPJ Perdana Specialist Hospital for their collaboration and support in making this event a success! Special thanks to Qaramedic for sponsoring this programme! Here's to continuous learning and better patient care!



MMA KELANTAN 54TH ANNIVERSARY DOCTOR'S DAY GALA NIGHT

On 11 October 2025, the MMA Kelantan Branch successfully celebrated its 54th Anniversary and Doctor's Day Gala Night at Renai Hotel, Kota Bharu, themed "Soul of a Pahlawan, Heart of a Srikanthi." The event brought together doctors from across Kelantan to commemorate the association's achievements and honour the dedication of medical professionals in serving the community. The gala was graced by Datuk Mohd Yusoff Mamat and featured welcoming remarks by Dr Tuan Zamani Amir Tuan Zakaria, followed by an address from Dato' Dr Kalwinder Singh Khaira. Guests enjoyed performances, award presentations, multimedia showcases, and lucky draws, while the event also served as a valuable platform for networking and professional recognition. MMA Kelantan extends its appreciation to all guests and sponsors whose support contributed to the success of this memorable celebration, marking 54 years of excellence, unity, and commitment to healthcare.

COLLABORATIVE MEETING WITH SMMAMS USM REPRESENTATIVES IN KOTA BHARU

On 16 October 2025, the MMA Kelantan Branch held a strategic engagement session at Al Khatiri Coffee, Kubang Kerian, from 5:30 PM to 7:00 PM. The meeting was attended by Dr Mohamad Hafiz Harun, Thurgga Elango, and Wong Yan Sau. Discussions focused on potential collaborations between MMA Kelantan Branch and the SMMAMS Eastern Peninsular Regional Team (EPRT), including joint educational talks, workshops, community outreach programmes, volunteer activities, bootcamps, and mentorship initiatives. The session marked an important step towards strengthening cooperation between medical students and healthcare professionals, fostering leadership development and professional growth within the medical community in Kelantan.



PROGRAM #ROS_CARE KELANTAN STATE

On 21 October 2025, the MMA Kelantan Branch participated in Program #ROSCare 2025 organised by the Kelantan State Department of Registrar of Societies (ROS). The programme was officiated by Dalila Diyana Mat Zaid and featured presentations by enforcement officers from Malaysian Anti-Corruption Commission (SPRM) Kelantan and the Anti-Money Laundering Unit of Royal Malaysia Police (PDRM) Bukit Aman. Representing MMA Kelantan Branch was Dr Mohamad Hafiz Harun. The programme provided a valuable platform for engagement with ROS, enforcement agencies, and representatives of various societies, promoting best practices in organisational governance, integrity, transparency, and regulatory compliance. The participation further strengthened collaborative ties and reinforced MMA Kelantan's commitment to professionalism and good governance.

Branch Reports > MMA Kelantan

KUNJUNGAN HORMAT TO DATO DR ZAINI, KELANTAN STATE HEALTH DIRECTOR

On 22 October 2025, the newly elected MMA Kelantan Branch Executive Committee (2025/2026), led by Dr Tuan Zamani Amir Tuan Zakaria, paid a courtesy visit to Dato' Dr Zaini Hussin at the Kelantan State Health Department, Wisma Persekutuan Kota Bharu. The visit provided an opportunity to introduce the new branch leadership, present updates on MMA Kelantan's ongoing programmes and achievements, and obtain guidance for the upcoming term. Members of the delegation included Assoc Prof Dr Zulfakar, Dr Amalina, Dr Mohamad Hafiz Harun, Dr Muhammad, Dr Syamim, and Dr Nurul Shifa. The engagement strengthened the relationship between MMA Kelantan and the Kelantan State Health Department while reaffirming the branch's commitment to supporting the welfare, professional development, and interests of doctors throughout the state.



MMA DOCTORS' DAY 2025 CELEBRATION IN KUALA LUMPUR

On 25 October 2025, Kelantan Doctors Shine at MMA Doctors' Day 2025 Celebration! Representing Kelantan with pride! Dr Tuan Zamani, Dr Rahimie, Dr Aina J, and Dr Mohamad Hafiz took part in the National Doctors' Day Celebration 2025 held at Prince Court Medical Centre, Kuala Lumpur. A true reflection of our Kelantan doctors' commitment & unity in supporting national initiatives under Malaysian Medical Association (MMA).



BRIDGING FUTURE DOCTORS WITH THE PROFESSION - STRENGTHENING TIES BETWEEN MMA KELANTAN & MEDSOC USM

On 30 October 2025, the MMA Kelantan Branch participated in the Annual General Meeting of the USM Medical Students' Society (MEDSOC) at the USM Health Campus, Kubang Kerian. The event was attended by Prof Dr Kamarul Aryffin, Prof Irfan Mohammad, and Assoc Prof Dr Norsuhana. The engagement highlighted the strong collaboration between MMA Kelantan, SCHOMOS Kelantan, and MEDSOC in fostering professionalism, leadership, and career development among medical students. Special recognition was given to Nadia Nasir for her contributions in strengthening partnerships and student involvement in professional activities. Through this collaboration, students gained valuable exposure to networking, organisational management, and practical aspects of the medical profession. MMA Kelantan reaffirmed its commitment to continuing this partnership with MEDSOC and looked forward to future initiatives under the leadership of Muhammad Adham Iskandar Suhaimi, further bridging the gap between medical education and professional practice.

VACCINATION IS PROTECTION (VIP) KOTA BHARU

On 31 October 2025 from 5PM-7PM MMA Kelantan Branch, in collaboration with Sanofi, successfully hosted the Vaccination is Protection (VIP) Kota Bharu session at Renai Hotel Kota Bharu. The evening brought together healthcare professionals for insightful discussions on the importance of vaccination in adult health and protection for pilgrims. Special thanks to our distinguished speakers: Dr Azza binti Omar, Senior Consultant Respiratory Specialist, HRPZ II, Kota Bharu & Dr Mohamad Hafiz bin Harun, Public Health Medicine Specialist, PKD Tumpat (also SCHOMOS State Representative). Gratitude also to Dr Tuan Zamani Amir Tuan Zakaria, Chairman of MMA Kelantan Branch, for leading the session. Together, we continue to strengthen the spirit of prevention through vaccination.



Branch Reports > MMA Kelantan

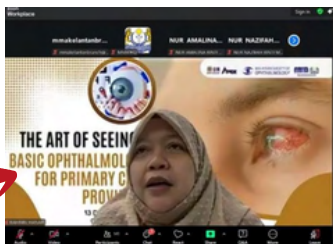
MAJLIS SANJUNGAN BUDI & SEJUTA MEMORI – PERSARAAN DATO DR. ZAINI (KELANTAN STATE HEALTH DIRECTOR)

On 31 October 2025, members of the MMA Kelantan Branch Executive Committee attended the “Majlis Sanjungan Budi & Sejuta Memori” held from 8:00 PM to 11:00 PM in honour of Dato’ Dr Zaini Hussin. The farewell dinner brought together representatives from healthcare facilities and various agencies throughout Kelantan to express their appreciation for his years of dedicated service and leadership. During the event, MMA Kelantan was honoured to present a retirement gift as a token of gratitude and recognition for his significant contributions to the healthcare sector in the state. The occasion also reinforced the longstanding relationship between MMA Kelantan and the Kelantan State Health Department, built on years of collaboration and mutual respect. kMMA Kelantan extends its sincere appreciation to Dato’ Dr Zaini for his commitment to advancing healthcare services and improving the well-being of the people of Kelantan.



LOVE AND CARE FOR THE ELDERLY: MEDSOC USM & MMA KELANTAN FOSTER COMPASSION AT MESRA HOMECARE

On 8 November 2025, from 7:30am to 4:00pm, Medical Students’ Society (MEDSOC) of USM Kubang Kerian, in collaboration with Malaysian Medical Association (MMA) Kelantan Branch, organised a community outreach at MESRA Homecare Centre, Kota Bharu. The event was officiated by Prof. Dr Kamarul Aryffin Bin Baharuddin, Dean of School Medical Sciences USM, symbolising the shared commitment between academia and the medical fraternity in nurturing social responsibility among future doctors. The event was led by Simmedev A/L Muniandy, Event Director of MEDSOC, with the guidance of Assoc. Prof. Dr Norsuhana, Co-advisor of MEDSOC, who also serves as an MMA Kelantan Exco and SCHOMOS member. Through activities such as health screening, a geriatric hygiene talk, light aerobics, games, and interactive sessions with the residents, the event aimed to instil empathy, kindness, and respect towards the elderly — a group often overlooked in society. MMA Kelantan looks forward to continuing & strengthening this meaningful collaboration with MEDSOC USM in nurturing compassionate and community-minded future doctors.



MMA KELANTAN ENGAGES WITH TUMPAT DOCTORS AT MAJLIS TAUTAN KASIH 2025

On 8 November 2025 (Saturday), 08:00AM-02:00PM, MMA Kelantan Branch took part in the Majlis Tautan Kasih 2025 for Government Medical Officers in Tumpat, held at Crown Garden Hotel, Kota Bharu. The event featured a CME Primary Care Updates session attended by over 70 doctors, including 5 family physicians and 2 public health specialists. Four insightful CME topics were presented, followed by an MMA Talk titled “The Voice of The Profession”, delivered by Dr Mohamad Hafiz bin Harun, SCHOMOS State Representative (2025/2026). An MMA Membership Booth was also set up to facilitate new registrations, renewals, and upgrades to life membership. Together, we continue to strengthen our professional voice and foster unity among doctors across Kelantan.

MMA KELANTAN SAFE CIRCUMCISION COURSE: BASIC PRINCIPLES OF CIRCUMCISION 2025

On 18 December 2025, Safe Circumcision Course was successfully conducted through the organisation of MMA Kelantan Branch, in collaboration with MSU University (Kota Bharu) and KPJ Perdana Specialist Hospital. The programme was delivered by Mr Muhammad, Paediatric Surgeon from HRPZ II, who is also an MMA Kelantan EXCO member and SCHOMOS committee member, bringing together both clinical expertise and professional leadership. The session was further strengthened by the presence of Mr Ruzaimie from KPJ Perdana, supporting knowledge sharing between the public and private healthcare sectors. The event was also honoured by the presence of YBhg. Dr Tuan Zamani, Chairman of MMA Kelantan, reflecting strong leadership support for professional training and patient safety initiatives. A total of 30+ participants, including medical students, took part in this focused and practical training aimed at promoting safe, standardised and ethical circumcision practices. MMA Kelantan once again played a key coordinating role in connecting hospitals, universities and clinicians to deliver meaningful CME for the medical community in Kelantan.



Branch Reports > MMA Kelantan

MMA KELANTAN IN COLLABORATION WITH KPJ PERDANA KOTA BHARU ORGANIZED A BOWLING CHAMPIONSHIP

On 19 December 2025, the MMA Kelantan Branch participated in the KPJ Perdana Bowling Championship 2025 held at Mydin Tunjong, Kota Bharu, organised by KPJ Perdana Specialist Hospital. Representing the branch were Dr Rahimie, Dr Mohamad Hafiz Harun, Dr Nurul Shifa, and Dr Muhammad. The event provided an excellent opportunity to foster camaraderie, networking, and collaboration among healthcare professionals. The championship served as a meaningful platform to strengthen professional relationships while promoting wellness and work-life balance within the medical fraternity.



FUN WALK AMAL (FUNDRAISING) FOR GENERASIKU SAYANG FOR TEENAGE PREGNANCY

On 1 January 2026, the MMA Kelantan Branch participated as one of the main collaborating NGOs in the GenerasiKu Sayang Kelantan Charity Fun Walk held at Pantai Sri Tujoh and Pantai Geting, Tumpat, Kelantan. The branch was represented by Dr Tuan Zamani Amir Tuan Zakaria, Dr Mohamad Hafiz Harun, and several MMA members. MMA Kelantan supported the event through contributions of a children's bicycle, electrical appliances, and hampers for the lucky draw. Dr Tuan Zamani also attended the opening ceremony as a VIP and presented prizes to the winners. The programme, officiated by Dato' Dr Mohd Azman Yacob, successfully promoted community engagement, charitable giving, and healthy lifestyles. MMA Kelantan extends its appreciation to the GenerasiKu Sayang Association for the valuable collaboration and looks forward to future partnerships in community-focused initiatives.



OBSERVER AT THE HEALTH SYSTEMS & FINANCING WORKSHOP FOR JOURNALIST

On 8 January 2026, the MMA Kelantan Branch was represented by Dr Mohamad Hafiz Harun as an observer at the Health Systems & Financing Workshop for Journalists held at Dewan Khalid Khadir, Faculty of Medicine, Hospital Canselor Tuanku Mukhriz, UKM. The workshop brought together journalists, academicians, and healthcare policy experts to discuss key issues related to health systems and healthcare financing in Malaysia. The event was attended by prominent national leaders, including Datuk Dr Arasu, Dr Sean Thum, and Dr Mary Cardosa. Participation in the workshop reflected MMA Kelantan's commitment to supporting evidence-based health policy discussions and contributing towards the development of a sustainable and resilient healthcare system in Malaysia.



PROGRAM USM NEXUS 2026: THE INTERNATIONAL LEADERSHIP & CULTURAL EXCHANGE (LEADERSHIP TALK BY SCHOMOS)

On 15–17 January 2026, the MMA Kelantan Branch served as one of the main collaborative partners for the inaugural USM NEXUS 2026, organised by the Medical Student Society (MEDSOC) at the School of Medical Sciences, Universiti Sains Malaysia (USM), Health Campus, Kubang Kerian. Held under the theme "International Leadership and Cultural Exchange," the programme brought together medical students from local and international institutions, including participants from Thailand, Indonesia, and Gaza, to promote academic collaboration, leadership development, and cultural exchange. The opening ceremony featured addresses by Prof Dr Kamarul Ariffin, Dato' Dr Mohd Azman Yacob, and Prof Dr Jamal. MMA Kelantan was represented by Dr Mohamad Hafiz Harun and Assoc Prof Dr Norsuhana, with Dr Mohamad Hafiz also delivering a leadership lecture focusing on youth, health, and leadership in healthcare. The programme successfully strengthened engagement between medical students and healthcare professionals while fostering leadership skills, professional development, and international collaboration among future doctors.



Branch Reports > MMA Kelantan

ENHANCING PRIMARY CARE: INSIGHTS FROM THE BARIATRIC SYMPOSIUM 2026

On 17 January 2026, Pusat Perubatan An-Nisa' hosted the Bariatric Symposium: Enhancing Primary Care at Hotel Perdana, Kota Bharu, with MMA Kelantan as a key collaborator. The symposium opened with Dr. Tuan Zamani, MMA Kelantan Branch Chairman, who shared the CME objectives, followed by the official officiation by YB Hilmi Abdullah, Kelantan State Health Executive. Nearly 40 healthcare professionals attended expert sessions by Dr. Ahmad Khairil Irham and Dr. Gafoor Mubarak, covering bariatric care from surgical interventions to real patient experiences—highlighting life-changing solutions when traditional methods fall short. Thanks to all speakers, sponsors, and participants for a successful CME.



PROGRAM RAMAH MESRA MPWP TUMPAT BERSAMA PARA PENIAGA PASAR SUMAYYAH

On 24 January 2026, the MMA Kelantan Branch collaborated with the Tumpat District Health Office (PKD Tumpat) and the Tumpat Parliamentary Women's Consultative Council in organising a community engagement programme with approximately 300 traders at Pasar Sumayyah, Bandar Bentara, Tumpat. The programme was officiated by Hafizah Abdullah and attended by Dr Wan Nurfarihan and Dr Tuan Zamani Amir Tuan Zakaria. During the event, health education materials and information were distributed to participants to promote healthy lifestyle practices and raise awareness of non-communicable disease prevention, particularly in support of the "War on Sugar" campaign. The programme strengthened community engagement and highlighted the value of multi-agency collaboration in advancing public health education and preventive healthcare initiatives.



MISI MMA BANTUAN KEMANUSIAAN BANJIR MONSUN TIMUR LAUT 2025 (MUSIM SABAK)

On 31 January 2026, the MMA Kelantan Branch successfully organised a Flood Humanitarian Mission in Mukim Sabak, Kota Bharu, as part of relief efforts following the Northeast Monsoon floods of 2025/2026. The mission was officiated by Dr Tuan Zamani Amir Tuan Zakaria and supported by representatives from healthcare institutions, community leaders, and volunteers, including members of the Medical Students' Society (MEDSOC) of Universiti Sains Malaysia. Fully sponsored by the MMA Foundation, the programme was conducted in collaboration with the Kota Bharu District Health Office, Klinik Kesihatan Pengkalen Chepa, KPJ Perdana Specialist Hospital, SK Sabak, and local community leaders. Activities included health education sessions, health screenings, and the distribution of food baskets and vouchers to approximately 50–70 flood-affected families in one of the districts most severely impacted by the floods. The mission reflected MMA Kelantan's commitment to humanitarian service, community welfare, and multi-agency collaboration in supporting vulnerable populations during times of crisis. Dr Mohamad Hafiz Harun was the project manager for the mission.



MMA SCHOMOS ORIENTATION SLOT FOR NEW HOUSE OFFICERS AT HRPZII KOTA BHARU KELANTAN

On 1 February 2026, MMA Kelantan, in collaboration with Hospital Raja Perempuan Zainab II (HRPZII), Kota Bharu, successfully organised a Meet & Greet Session with newly reported House Officers at the ACC Building, HRPZII. The session was attended by hospital management representatives, MMA Kelantan Exco members, SCHOMOS representatives and newly appointed House Officers. The programme featured interactive sharing sessions by Dr Mohamad Hafiz Harun (SCHOMOS Kelantan Representative) and Dr Timothy Cheng (National SCHOMOS Chairman), covering topics related to housemanship training, doctors' welfare, career development, workplace challenges and the role of SCHOMOS in supporting junior doctors. MMA Kelantan also distributed laminated pocket note cards to all House Officers as a practical reference throughout their training. The session was graced by YBhg. Dr Izamin Idris, Director of HRPZII, together with senior hospital management and MMA Kelantan leadership. The programme successfully strengthened engagement between MMA Kelantan, SCHOMOS, HRPZII management and the new House Officers while reaffirming MMA Kelantan's commitment to supporting doctors' welfare and professional development.



Branch Reports > MMA Kelantan

MEET & GREET SESSION AT HOSPITAL SULTANAHNUR ZAHIRAH, KUALA TERENGGANU

On 2 February 2026, SCHOMOS Terengganu, SCHOMOS Kelantan, and SCHOMOS Central jointly organised a strategic engagement programme at Hospital Sultanah Nur Zahirah to strengthen collaboration between hospital leadership and doctors in government service. The programme commenced with a courtesy lunch meeting involving Dr Shaifur Rahman Muhammad, hospital specialists overseeing housemanship training, and SCHOMOS representatives, providing a platform to discuss issues affecting doctors and opportunities for service improvement. The engagement was coordinated by Dr Mohd Ilham Ismail and Dr Mohamad Hafiz Harun, with support from Dr Aina Jeffery, Dr Muhammad, and Dr Timothy Cheng. The programme continued with a Meet & Greet session attended by house officers, medical officers, and specialists, featuring updates on SCHOMOS advocacy efforts, experience-sharing, and an interactive discussion. The initiative reinforced SCHOMOS' role in representing doctors' welfare and strengthening communication between healthcare professionals and hospital leadership to support a sustainable and effective healthcare workforce.



MEET & GREET SESSION WITH THE DIRECTOR OF HOSPITAL BESUT AND MEDICAL OFFICERS OF HOSPITAL BESUT

On 2 February 2026, SCHOMOS Terengganu and SCHOMOS Kelantan, together with the National SCHOMOS leadership, successfully conducted a Meet & Greet session at Hospital Besut, Terengganu. The delegation met with Dr Nur Ilyani binti Hasbullah, Director of Hospital Besut, and medical officers to discuss matters concerning doctors' welfare, professional development, and healthcare service delivery.



The programme highlighted strong inter-state collaboration led by Dr Mohd Ilham Ismail (SCHOMOS Terengganu Representative) and Dr Mohamad Hafiz Harun (SCHOMOS Kelantan Representative), with the participation of Dr Timothy Cheng, National SCHOMOS Chairman. The delegation also conducted a field visit to the Emergency Department and engaged with Dr Aisyah, Emergency Physician, to gain a better understanding of emergency and trauma services as well as the challenges faced by doctors serving in the district hospital setting. The visit successfully strengthened cooperation between SCHOMOS and Hospital Besut while reaffirming SCHOMOS' commitment to representing doctors' voices and safeguarding their welfare and professional interests.



MATERNAL HEALTH WEBINAR SERIES 2026, SERIES1: STRENGTHENING MATERNAL DEATH INVESTIGATION & REPORTING

On 11 February 2026, MMA Kelantan Branch collaborated with the Family Health Unit, Kelantan State Health Department (JKN Kelantan), and Persatuan Pakar Perubatan Kesihatan Awam Kelantan (PPAKAK) in successfully organising the first webinar of the Maternal Health Webinar Series 2026. The webinar, entitled "Management of Maternal Death Case Investigation and Reporting: Holistic, Inter-facility, Comprehensive, and On Time", featured Dr Tuty Adrizan Irdawati binti Mohsinon, Senior Principal Assistant Director, Family Health Development Division, Ministry of Health Malaysia, as the invited speaker. The session was moderated by Dr Mohd Azizul, Medical Officer, JKN Kelantan, and was conducted under the patronage of YBrs. Dr Haji Ahmad Faris bin Awang, Deputy State Health Director (Public Health), JKN Kelantan. The webinar recorded an encouraging participation of 1,090 healthcare professionals nationwide, comprising doctors, paramedics, private practitioners, and university representatives, with 420 participants attending via the Zoom platform. MMA Kelantan, led by Dr Mohamad Hafiz Harun (SCHOMOS Kelantan Representative) and Dr Mohd Rahimie (PPSMMA Kelantan Representative), managed the online platform and supported the successful implementation of the programme. The webinar provided valuable insights into strengthening maternal death investigation and reporting processes, while promoting continuous professional development and collaboration in maternal healthcare services.

Branch Reports > MMA Kelantan

MATERNAL HEALTH WEBINAR SERIES 2026, SERIES 2: OBSTETRIC EMERGENCIES

On 24th February 2026, MMA Kelantan Branch, in collaboration with the Family Health Development Unit, Kelantan State Health Department (JKN Kelantan), successfully organised the second webinar in the Maternal Health Webinar Series 2026. The webinar entitled “Obstetric Emergency: What, Why, When and How? Road to Manage it Well” featured Dr Hasni binti Ibrahim, Family Medicine Specialist from Klinik Kesihatan Mahligai, Bachok, Kelantan, as the invited speaker. The programme was attended by doctors from both government and private sectors, as well as allied health professionals and paramedics. The webinar aimed to enhance knowledge and strengthen clinical preparedness among healthcare professionals in managing obstetric emergencies effectively at the primary care level, ultimately contributing towards improved maternal health outcomes. The programme also provided participants with one Continuing Professional Development (CPD) point and served as an important platform for professional education and knowledge sharing in maternal healthcare.

MAJLIS BERBUKA PUASA BERSAMA PRESIDEN DAN PENGASAS MANAGEMENT AND SCIENCE UNIVERSITY (MSU)

On 28 February 2026, the MMA Kelantan Branch attended the Majlis Berbuka Puasa hosted by Prof Tan Sri Dr Mohd Shukri Ab Yajid at the MSU Learning Resource Centre, Kota Bharu. The event was also graced by Dato’ Dr Mohd Azman Yacob and attended by MMA Kelantan representatives including Dr Tuan Zamani Amir Tuan Zakaria, Dr Muhammad, and Dr Mohamad Hafiz Harun. The programme featured opening remarks by the MSU President followed by an address from the Kelantan State Health Director, highlighting ongoing collaboration between MSU, MMA Kelantan, and various healthcare institutions in the state. The gathering also included a token of appreciation ceremony symbolising strengthened partnerships in medical education, healthcare services, and professional development. The event fostered closer ties among healthcare leaders and institutions, reflecting a shared commitment to strengthening professional collaboration, community service, and the spirit of Ramadan.



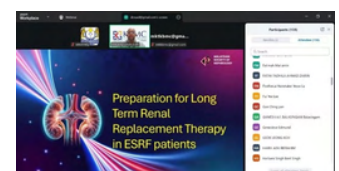
MMA KELANTAN IFTAR GATHERING 2026

On 6 March 2026, the MMA Kelantan Branch organised an Iftar Gathering 2026, bringing together its members for an evening of reflection, gratitude, and unity during the blessed month of Ramadan. The programme fostered stronger camaraderie among the branch members, reinforcing teamwork and shared commitment within the Malaysian Medical Association Kelantan family. The gathering served as a meaningful platform to strengthen professional bonds while renewing the branch’s dedication to serving the medical community and society with compassion, excellence, and integrity.



WEBINAR “PREPARATION FOR LONG TERM RENAL REPLACEMENT THERAPY IN ESRF PATIENTS”

On 12 March 2026, MMA Kelantan Branch, in collaboration with Kota Bharu Medical Centre (KBMC), successfully organised a webinar entitled “Preparation for Long Term Renal Replacement Therapy in ESRF Patients.” The webinar featured Dr Zuad Firdaus bin Rapiah, Internal Medicine Specialist and Nephrologist from Hospital Raja Perempuan Zainab II (HRPZII), who delivered an informative session on the preparation and management of patients requiring long-term renal replacement therapy. The programme attracted 206 participants, reflecting strong interest and commitment towards continuous professional development among healthcare professionals. Participants were awarded one Continuing Professional Development (CPD) point upon completion of the session. MMA Kelantan extends its sincere appreciation to Kota Bharu Medical Centre for its support and collaboration in making this educational programme a success.



Branch Reports > MMA Kelantan

MATERNAL HEALTH WEBINAR SERIES 2026 – SERIES 3

On 16 March 2026, MMA Kelantan Branch, in collaboration with the Kelantan State Health Department (JKN Kelantan), successfully organised the third and final session of the Maternal Health Webinar Series 2026. The webinar featured Dr Mohd Suhaidin bin Che Ngah, Consultant Obstetrician and Gynaecologist from Hospital Sultan Ismail Petra (HoSIP), Kuala Krai, who delivered an insightful presentation on holistic antenatal care and medical conditions contributing to maternal mortality. The session was moderated by Dr Mohd Azizul, Medical and Health Officer, JKN Kelantan. A total of 298 participants attended the webinar via Zoom, while 484 participants registered for the programme, demonstrating strong interest among healthcare professionals in maternal health issues. The webinar provided a valuable platform for knowledge sharing and professional development, while reinforcing collaborative efforts to improve maternal healthcare services and outcomes. MMA Kelantan extends its appreciation to JKN Kelantan, the speaker, moderator, and all participants for contributing to the success of this educational initiative.

ADVANCING SAFE CIRCUMCISION SERVICES IN KELANTAN THROUGH MMA-JKN COLLABORATION

On 18 March 2026, MMA Kelantan participated in the State-level Technical Committee Meeting for the Circumcision Programme 2026 held at Jabatan Kesihatan Negeri Kelantan, focusing on the advancement of safe and standardised circumcision services in Kelantan through MMA-JKN collaboration; the meeting was chaired by YBrs. Dr Rohana bin Daud, Deputy State Health Director (Medical), JKN Kelantan, and attended by Mr Tarmizi, Consultant Paediatric Surgeon from Hospital Raja Perempuan Zainab II (HRPZII), Kota Bharu, alongside the MMA Kelantan delegation comprising Dr Tuan Zamani (Branch Chairman), Dr Mohamad Hafiz, and Mr Muhammad; the session discussed strengthening clinical governance, improving service safety standards, and enhancing coordination between stakeholders in delivering community circumcision programmes, reflecting the continued commitment of MMA Kelantan and JKN Kelantan to ensure high-quality and safe healthcare services for the community.

MMA KELANTAN COURTESY VISIT TO THE NEWLY MINTED KELANTAN STATE HEALTH DIRECTOR

On 18 March 2026 at 12:30 PM, the Malaysian Medical Association (MMA) Kelantan Branch conducted an official courtesy visit to the Kelantan State Health Director at Wisma Persekutuan, Kota Bharu, reinforcing the strong and ongoing collaboration between MMA Kelantan and the Kelantan State Health Department (JKN). The delegation, led by Dr Tuan Zamani Amir Tuan Zakaria, was warmly received by Dato' Dr Mohd Azman Yacob together with senior JKN leadership including Dr Rohana Daud, Dr Anees Abdul Hamid, and Dr Ahmad Sharani. MMA Kelantan representatives included a broad exco team covering multiple portfolios, who presented the branch's key achievements and ongoing initiatives. The session concluded with constructive input from the State Health Director on strengthening the medical profession, improving doctors' welfare, and enhancing community engagement, further reaffirming the shared commitment between both parties to professional development, collaborative progress, and healthcare excellence in Kelantan.



MMA KELANTAN MEMBERSHIP DRIVE AT KLINIK HAYDAR KAMAL CME

On 4 April 2026, A CME programme for General Practitioners titled "Paediatric Growth in Primary Care" was successfully conducted at Klinik Haydar & Kamal in collaboration with MMA Kelantan Branch, focusing on improving clinical knowledge and practice in monitoring child growth, early detection of growth disorders, and appropriate referral pathways in primary care; the programme was attended by a total of 30 participants, with Dr Muhammad bin Che Yaacob representing MMA Kelantan Branch as the official Exco representative; key topics covered included nutrition in the first 1000 days of life, early recognition and management of faltering growth, and assessment of short stature including the role of growth hormone therapy, followed by an interactive Q&A session that encouraged active discussion and knowledge sharing among participants, and overall the CME was successfully conducted, providing valuable updates to strengthen paediatric healthcare delivery in primary care settings.



Branch Reports > MMA Kelantan

MMA KELANTAN X MSU KOTA BHARU COLLABORATION AILDIFITRI

On 5 April 2026, the MMA Kelantan Branch, led by Dr Tuan Zamani Amir Tuan Zakaria, attended the MSU Aildifitri Open House 2026 held at the International Medical School (IMS), MSU Kota Bharu. The delegation included EXCO members Dr Mohamad Hafiz Harun, Assoc Prof Dr Norsuhana, and Dr Muhammad. The visit provided a meaningful opportunity for engagement with Prof Tan Sri Dr Mohd Shukri Ab Yajid, further strengthening the ongoing strategic collaboration between MMA Kelantan and MSU. The event reinforced mutual commitment towards enhancing academic engagement, professional development, and impactful programmes for medical students in Kelantan, while fostering stronger institutional ties in the spirit of Syawal.



KBMC OPEN HOUSE RAYA AIDILFITRI

On 9 April 2026, the MMA Kelantan Branch, led by Dr Tuan Zamani Amir Tuan Zakaria, together with Assoc Prof Dr Norsuhana and Dr Mohamad Hafiz Harun, attended the KBMC Aildifitri Open House 2026. The visit served as a meaningful engagement to strengthen ties and collaboration with KBMC as an important healthcare partner in Kelantan, while also fostering closer professional relationships in the spirit of Aidilfitri and continued inter-institutional cooperation.



WEBINAR: TEEN SAFETY 2026

On 15 April 2026, the Teen Safety Webinar was successfully organised by the National Adolescent Health Committee of the Malaysian Medical Association (MMA), attracting a total of 158 participants; the session featured a multidisciplinary panel of speakers comprising Dr Mohamad Hafiz Harun, Prof Dr Selva Kumar S, Dr Anu Suria Ganason, and Ms Yeap Yen Ying, with Dr Chuah Kheng Hui serving as moderator, covering key topics on adolescent safety including public health risks, road safety, sexual and reproductive health, and digital safeguarding; Dr Mohamad Hafiz bin Harun (Public Health Medicine Specialist and SCHOMOS Kelantan Representative) contributed a focused sharing on emerging adolescent risks, highlighting the “quadruple threat” affecting adolescents—road safety, mental health, sexual and reproductive health, and digital/online risks—and emphasising the importance of early, data-driven preventive interventions at community level, making the session highly relevant, impactful, and valuable in strengthening adolescent health awareness and professional capacity.

MMA ADOLESCENT HEALTH EXPLORACE 2026 @ MRSM TUMPAT, KELANTAN

On 6 April 2026, the PRS_EMaS 2026 Programme (Remaja Sejahtera Emosi, Minda dan Seksual) was successfully conducted at MRSM Tumpat, jointly organised by Pejabat Kesihatan Daerah (PKD) Tumpat in collaboration with the MMA National Adolescent Health Committee and MMA Kelantan Branch, involving a total of 122 Form 2 students; the programme was officiated by YBhg. Dr Anu Suria Ganason (Chairperson, National Adolescent Health Committee, MMA) and attended by key representatives including Dr Mohamad Hafiz bin Harun (PKD Tumpat), Dr Tuan Zamani Amir bin Tuan Zakaria (Chairman, MMA Kelantan Branch), Dr Muazah Binti Mat Jamial (Family Medicine Specialist, KK Pasir Pekan), Dr Mohd Rahimie bin Sayutti (PIBG MRSM Tumpat), and En. Hasnizam bin Mat Ghani (Deputy Principal, MRSM Tumpat), alongside invited specialists Dr Chuah Kheng Hui (Paediatric & Adolescent Medicine, Hospital Pulau Pinang) and Dr Sharifah Najwa (Family Medicine Specialist, USIM); the programme featured an interactive Explorace consisting of 6 stations covering puberty, sexual and reproductive health, safe touch, teenage pregnancy, HIV/STI, and pornography, aimed at enhancing adolescents' understanding of physical and emotional changes during puberty while promoting awareness on reproductive health, safety, and STI prevention; the implementation was supported by adolescent health teams from multiple health clinics in Tumpat district including KK Pasir Pekan, KK Pengkalan Kubor, KK Geting, KK Wakaf Bharu, KK Teluk Renjuna, KK Teluk Jering, KK Bunohan, KK Sungai Pinang, KK Bandar Tumpat, KK Delima, and KK Bendang Kerian, and overall the programme successfully strengthened multi-agency collaboration and delivered impactful health education to adolescents.



Branch Reports > MMA Kelantan

EAST COAST POWERING MOBILITY SYMPOSIUM

On 18 April 2026, the East Coast Powering Mobility Symposium 2026 was successfully held at Renai Hotel Kota Bharu, bringing together healthcare professionals to discuss integrated approaches to musculoskeletal health and mobility; the programme was organised with the support of the MMA Kelantan Branch and collaborating partners, and the opening remarks were delivered by YBrs. Assoc. Prof. Dr. Rosnelifaizur Bin Ramely, MMA Kelantan Exco member, representing the Branch Chairman who was attending a national-level MMA engagement, where he highlighted the importance of continuous professional development and multidisciplinary collaboration in strengthening mobility care services in the region, making the symposium a meaningful platform for knowledge exchange and professional networking among participants.



MMA TEAM BUILDING & STRATEGIC MANAGEMENT WORKSHOP 2026

On 18–19 April 2026, the MMA Kelantan Branch actively participated in the Bengkel Pengurusan Strategik MMA 2026 held in Kuala Terengganu, represented by Dr Tuan Zamani Amir Tuan Zakaria, Dr Aina Jeffery, Dr Amalina, Dr Rahimie, and Dr Mohamad Hafiz Harun. The workshop, attended by approximately 50 delegates from across Malaysia, was officiated by Datuk Haji Ahmad Amzad and witnessed by Datuk Dr Arasu. The programme provided a valuable platform for strategic planning, leadership development, and discussions on issues affecting the medical profession, while also strengthening networking and collaboration among MMA leaders nationwide. Participation in the workshop reaffirmed MMA Kelantan's commitment to contributing at both state and national levels in advancing the profession and safeguarding doctors' welfare.



MAJLIS SAMBUTAN HARI KESIHATAN LELAKI 2026 PERINGKAT NEGERI KELANTAN

On 22 April 2026, the State-level Men's Health Day Programme of Kelantan 2026, themed "Lelaki Cakna, Keluarga Sejahtera," was successfully conducted at Dewan Afshona, Klinik Kesihatan Pengkalan Kubor, bringing together healthcare professionals from across the state in a meaningful and impactful event aimed at strengthening men's health services at community level; the programme was officiated by YBhg. Dato' Dr Mohd Azman bin Yacob, State Health Director of Kelantan, and attended by distinguished guests including Dr Ahmad Faris bin Awang (Deputy State Health Director, Public Health), Dr Hasneezah binti Hassan (District Health Officer, Tumpat), and Dr Tuan Zamani Amir bin Tuan Zakaria (Chairman, MMA Kelantan), alongside district health officers from throughout Kelantan; the programme was led by Dr Mohamad Hafiz bin Harun as Programme Director and jointly organised by the Tumpat District Health Office, Primary Healthcare Unit of the Kelantan State Health Department, and the Malaysian Medical Association (MMA) Kelantan Branch; key highlights included the "Sembang Maskulin" forum featuring experienced panelists in men's health clinic services as well as a special session by Prof Dato' Dr Shaiful Bahari Ismail (Director of Campus, USM and Senior Consultant in Family Medicine, USM Specialist Hospital), complemented by health exhibitions that provided participants with updated knowledge and direct engagement opportunities, ultimately reinforcing continuous professional development and advancing awareness, knowledge, and healthy lifestyle practices for men's health and family well-being.

Branch Reports > MMA Kelantan

PROGRAM JARINGAN KOMUNITI& AKADEMIK – COLLABORATION WITH USM

On 22 April 2026, the Program Jaringan Komuniti & Akademik Kesihatan Keluarga, Universiti Sains Malaysia (USM) was successfully conducted at FELDA Tenang, Besut, Terengganu through a collaboration between the Department of Community Medicine, USM, Master of Public Health (MPH) students, Kelab INCOME, Pejabat Kesihatan Daerah Besut, Klinik Kesihatan Kota Putera, FELDA Tenang management, and the MMA Kelantan and Terengganu Branches. The programme aimed to strengthen partnerships between academic institutions, healthcare providers, and the community while enhancing public health awareness and students' exposure to family health services. Activities included educational sessions on maternal, adolescent, and men's health services, quality assurance in primary care, health screenings, health promotion exhibitions, first aid and choking management demonstrations, physical activity sessions, and community engagement activities for all age groups. The programme successfully fostered meaningful collaboration among stakeholders and contributed to improving health literacy, preventive healthcare awareness, and community participation in health promotion initiatives.



OUTREACH PROGRAMME: MMA KELANTAN COLLABORATION WITH IMS MSU COMMUNITY SERVICE PROGRAMME ENTITLED “CINTA TANPA RISIKO: KESIHATAN REPRODUKTIF UNTUK SEMUA”

On 23 April 2026, the MMA Kelantan Branch participated in the programme “Cinta Tanpa Risiko, Kesihatan Reproduksi Untuk Semua” held at AEON Mall Kota Bharu and organised by the International Medical School (IMS), Management and Science University (MSU) Kota Bharu. MMA Kelantan was represented by Dr Tuan Zamani Amir Tuan Zakaria, while the Men's Health session was delivered by Dr Muhammad Faiz. The programme served as a valuable platform for community engagement and public health education, focusing on reproductive health awareness and preventive healthcare. Participation in the event reflected MMA Kelantan's continued commitment to strengthening partnerships with academic institutions and promoting community medicine and public health initiatives throughout the state.



WEBINAR:FORUM “KETIDAKHADIRAN KE SEKOLAH DI KALANGAN REMAJA”

On 25 April 2026, The School Absenteeism Among Adolescents Forum was successfully conducted virtually, attracting a total of 81 participants comprising parents, school teachers, and healthcare staff. The forum was moderated by Dr Mohamad Hafiz (SCHOMOS Kelantan) and featured three distinguished panelists, namely Dr Chuah, Dr Wong, and Ms Sharinah, who shared their insights on school absenteeism among children and adolescents from the perspectives of paediatrics, psychiatry, and education. Participants demonstrated strong engagement throughout the session, particularly during the interactive question-and-answer segment. The programme also included a quiz session, where six participants won Touch 'n Go e-wallet prizes sponsored by the Malaysian Medical Association (MMA). Organised by the MMA National Adolescent Health Subcommittee, the webinar aimed to raise awareness and enhance public understanding of the factors contributing to school absenteeism among children and adolescents.

11TH CONFERENCE IN INTERNAL MEDICINE(CIIM) 2026: STRENGTHENING KNOWLEDGE, BUILDING CONNECTIONS

On 25 April 2026, the Malaysian Medical Association (MMA) Kelantan Branch proudly participated as a strategic partner in the 11th Conference in Internal Medicine (CIIM) 2026 and the launch of the National Internal Medicine Mortality Review (NIMMR), at Renai Hotel, Kota Bharu. The conference, officiated by Dr Mohd Azman bin Yacob, brought together more than 200 specialists, medical officers, and healthcare professionals from across Malaysia under the theme “Safety in Every Step, Quality in Every Care — Shaping the Future of Internal Medicine Together.” Throughout the two-day event, MMA Kelantan operated an exhibition booth to facilitate membership consultations, renewals, and engagement with healthcare professionals while strengthening professional networking within the medical community. The conference served as an important platform for knowledge sharing, collaboration, and discussions on current developments in internal medicine, while the launch of NIMMR marked a significant initiative towards enhancing quality of care, patient safety, and mortality review practices within the Ministry of Health Malaysia.

Branch Reports > MMA Kelantan

CONNECTING GENERATIONS: SMMAMS & SCHOMOS KELANTAN STRATEGIC ENGAGEMENT

On 27 April 2026, the Connecting Generations: SMMAMS & SCHOMOS Kelantan Strategic Engagement was successfully, bringing together 62 participants and 36 committee members in a meaningful two-way engagement session aimed at strengthening ties between medical students and junior doctors. Represented by Mr Leong Chun Juin from SMMAMS and Dr Mohamad Hafiz Harun from SCHOMOS Kelantan, the discussion focused on fostering collaboration and exploring joint initiatives for medical students at Universiti Sains Malaysia (USM), in partnership with MEDSOC USM and SCOME Medical Education. The engagement provided a valuable platform for networking, knowledge sharing, and future planning, reinforcing the commitment of both organisations towards empowering the next generation of doctors and supporting professional development within the medical community.



STRATEGIC DISCUSSION WITH MMA KELANTAN CIRCUMCISION TECHNICAL TEAM

On 7 May 2026, MMA Kelantan Branch held a discussion session with the MMA Kelantan Circumcision Technical Team involving Mr. Muhammad (MMA Kelantan Exco) and Dr. Ruzaimie, Paediatric Surgery Consultant, KPJ, to discuss future circumcision programmes and potential collaborations. The discussion focused on strengthening collaboration between MMA Kelantan and KKM, planning future circumcision programmes and training activities, exploring joint venture opportunities between the government and private sectors, as well as proposing a collaborative circumcision programme before the next school holiday period. The session reflected MMA Kelantan's continued commitment to enhancing strategic partnerships and improving the delivery of safe and quality circumcision services in Kelantan throughout 2026.

MMA ZOOM DISCUSSION- BRIDGING IDEAS FOR BETTER AGED CARE IN MALAYSIA

On 28 April 2026, a virtual discussion session titled "Bridging Ideas for Better Aged Care" was successfully held from 2.00 p.m. to 3.00 p.m. The session brought together key stakeholders from policy, academia, and clinical practice, including Prof Dr Fahd Adeeb bin Mohamed Ashraf, Dr Mohd Ikhwan bin Azmi, and Dr Muhammad Ruhaifi, with Dr Mohamad Hafiz serving as moderator. Discussions focused on addressing gaps in workforce capacity, training, and healthcare system delivery to support more effective and policy-informed aged care services in Malaysia. The session also explored potential collaboration between the MMA National Health Policy Subcommittee and researchers involved in aged care surveys, with the aim of strengthening evidence-based policy development and improving healthcare outcomes for the ageing population.



ACUTE FEBRILE ILLNESS IN THE TOPIC MANAGEMENT

On 6 - 7 May 2026, the Acute Febrile Illness in the Tropics Management Course 2026 was successfully conducted in a hybrid format at the Auditorium, Daily Treatment Complex, Hospital Raja Perempuan Zainab II (HRPZ II). Jointly organised by Jabatan Kesihatan Negeri (JKN) Kelantan and the MMA Kelantan Branch, the programme attracted a total of 285 participants, comprising 163 physical attendees and 122 virtual participants via Zoom. A total of 19 topics were presented by 16 speakers from various healthcare institutions and disciplines, covering the management of tropical infectious diseases such as dengue, malaria, diphtheria, leptospirosis, typhoid, and other communicable diseases. The course featured case-based symposiums, interactive discussions, and practical clinical insights aimed at enhancing diagnostic approaches and management skills among healthcare professionals. JKN Kelantan was represented by the Vector Control Unit and CDC Unit of the Disease Control Branch (CKP) as well as the Department of Medicine, HRPZ II, while MMA Kelantan Branch was represented by SCHOMOS and PPSMMA representatives. In addition, MMA Kelantan operated a membership drive booth throughout the programme, providing membership consultations and promoting MMA membership among medical practitioners in Kelantan. The programme successfully strengthened clinical knowledge and fostered professional engagement among healthcare providers across the state.

Branch Reports > MMA Kelantan

7TH NATIONAL SEMINAR ON ADOLESCENT MEDICINE

On 9 May 2026, Dr Mohamad Hafiz bin Harun, Public Health Medicine Specialist and SCHOMOS Kelantan Representative, represented MMA Kelantan as a speaker at the 7th National Seminar on Adolescent Medicine held at Hospital Tengku Permaisuri Nurashikin, Kajang. He delivered a presentation entitled “Overview of Cardiometabolic & Respiratory Conditions in Teenagers”, highlighting the interrelationship between cardiometabolic and respiratory health among adolescents from a public health perspective. The session provided an important foundation for discussions on holistic adolescent healthcare, prevention strategies, and multidisciplinary approaches to improving adolescent well-being. Dr Hafiz’s participation reflected MMA Kelantan’s ongoing commitment to strengthening adolescent health awareness and contributing to national-level medical education and professional engagement.



MMA KELANTAN WOUND CARE MINI-WORKSHOP SERIES 2/2026 @ KK BUNOHAN

The second edition of MMA Kelantan Wound Care Mini-Workshop 2026 was held successfully at Klinik Kesihatan Bunohan from 2.00 PM – 5.00 PM. Led by MMA Kelantan Branch together with strategic wound care collaborators, the session highlighted modern wound dressing techniques and practical wound management updates for primary care clinics. Participants comprised Medical Officers, paramedics, and nursing staff. MMA Kelantan remains committed in empowering healthcare professionals through clinical upskilling and strategic collaborations.



MMA KELANTAN WOUND CARE MINI-WORKSHOP SERIES 1/2026 @ KK PENGKALAN KUBOR

The first edition of MMA Kelantan Wound Care Mini-Workshop 2026 was successfully conducted at Klinik Kesihatan Pengkalan Kubor from 2.00 PM – 5.00 PM. Organised by MMA Kelantan Branch in collaboration with strategic wound care partners, the workshop focused on modern dressing updates and practical wound care management in primary care settings. Participants included Medical Officers (incl. gazetted FMS), PPP, and nursing staff. This initiative reflects MMA Kelantan’s ongoing commitment towards clinical upskilling and strengthening primary healthcare services in Kelantan.



MMA KELANTAN WOUND CARE MINI-WORKSHOP SERIES 3/2026 @ KK TELUK RENJUNA

The third edition of MMA Kelantan Wound Care Mini-Workshop 2026 was conducted at Klinik Kesihatan Teluk Renjuna, located at Pulau Teluk Renjuna, on Thursday from 10:00 AM to 12:00 PM. Organised by MMA Kelantan Branch with strategic wound care partners, the small-scale workshop aims to strengthen modern wound care knowledge and practical management skills among primary care staff. Participants include Medical Officers, and paramedics. This initiative reflects MMA Kelantan’s continued role in supporting clinical upskilling and healthcare service delivery, particularly in rural healthcare settings such as Pulau Teluk Renjuna.



MMA TRANSFORMATIONAL LEADERSHIP COURSE IN PATIENT SAFETY

On 13 - 14 May 2026, representatives from MMA Kelantan participated in the MMA Transformational Leadership Course in Patient Safety 2026 held in Klang. The branch was represented by Dr Aina Jeffery, Dr Mohamad Hafiz Harun, and Dr Long Tuan Mastazamin, while Jabatan Kesihatan Negeri (JKN) Kelantan was represented by Dr Hanani Nabilah. The course provided a valuable platform for healthcare professionals to enhance their leadership competencies, strengthen patient safety practices, and exchange ideas on quality improvement initiatives within the healthcare system. Participation in this national-level programme reflects MMA Kelantan’s ongoing commitment to fostering transformational leadership, promoting a culture of patient safety, and supporting continuous professional development among healthcare practitioners.

Branch Reports > MMA Kelantan

KURSUS BASIC SURGICAL SKILLS, CREDENTIALING & PRIVILEGING CIRCUMCISION SESI TEORI

On 14 May 2026, MMA Kelantan Branch served as a strategic partner in the “Kursus Basic Surgical Skills dan Credential & Privileging (C&P) Circumcision Peringkat Kesihatan Awam JKN Kelantan” held at Klinik Kesihatan Pengkalan Kubor. Organised through collaboration between the Jawatankuasa Teknikal Circumcision Negeri Kelantan, Unit Kesihatan Primer JKN Kelantan, PKD Tumpat, and MMA Kelantan Branch, the programme involved theory modules, assessments, and hands-on circumcision simulation training for 30 healthcare participants comprising Family Medicine Specialists, Medical Officers, and Assistant Medical Officers. MMA Kelantan, represented by Dr Tuan Zamani Amir, played an important role in supporting the successful implementation of the programme alongside JKN Kelantan and PKD Tumpat, while contributions from paediatric surgery consultants and facilitators further strengthened the quality of competency-based training. The programme reflected MMA Kelantan’s continued commitment towards continuous medical education, procedural upskilling, and strengthening public-private healthcare collaboration in Kelantan. Dr Mohamad Hafiz Harun and Mr Muhammad both MMA Kelantan Exco were the co-project manager for this event.



STRATEGIC ENGAGEMENT BETWEEN MMA KELANTAN & SUNWAY FERTILITY CENTRE KB: BUILDING BRIDGES IN FERTILITY CARE

On 14 May 2026, MMA Kelantan Branch was represented by Dr Tuan Zamani Amir, Branch Chairman, and Mr. (Dr) Muhammad, Exco member, during an exclusive centre tour at Sunway Fertility Centre Kota Bharu. The inaugural engagement marked an important step in strengthening strategic collaboration and professional networking between MMA Kelantan and Sunway Fertility Centre Kota Bharu, with discussions focusing on future opportunities in medical education, fertility awareness, and multidisciplinary healthcare collaboration. The visit reflected MMA Kelantan’s continued commitment towards building strong partnerships with healthcare institutions in advancing healthcare services and professional development in Kelantan.

SCHOMOS TOUR SERIES

On 15 May 2026, Dr Aina Jeffery represented MMA Kelantan Branch during the SCHOMOS Tour Series 2026 in her capacity as Honorary Assistant Secretary of SCHOMOS 2025/2026. As part of the national SCHOMOS delegation, she participated in a series of engagement sessions with key stakeholders at the Ministry of Communications Malaysia, Hospital Putrajaya, and Hospital Tengku Permaisuri Norashikin, Kajang. The tour served as an important platform to strengthen communication between SCHOMOS and healthcare stakeholders, advocate for issues affecting government medical officers, and promote greater unity and membership engagement within the association. Dr Aina’s active involvement at the national level reflects MMA Kelantan’s continued contribution towards professional advocacy, leadership development, and the advancement of the medical profession in Malaysia.



THE OBSTETRIC EMERGENCY SIMULATION: PPH & PERINEAL TEAR REPAIR WORKSHOP

On 16 May 2026, the “Obstetric Emergency Simulation: PPH & Perineal Tear Repair Workshop” was successfully conducted at Lecture Hall 4 (DK4) and the Multipurpose Laboratory (MPG 1), School of Medical Sciences, Universiti Sains Malaysia (USM), through a collaboration between the USM Medical Sciences Students’ Society (MEDSOC), Society of Malaysian Medical Association Medical Students (SMMAMS) East Coast Chapter, and MMA Kelantan Branch. The programme aimed to provide medical students with practical exposure and hands-on training in the management of obstetric emergencies, particularly postpartum haemorrhage (PPH) and perineal tear repair, through simulation-based learning. The opening ceremony was officiated by Dr. Nurul Shifa binti Ramli, MMA Kelantan Exco, as Guest of Honour, followed by an academic address by Prof. Madya Dr. Nik Ahmad Zuky bin Nik Lah, who emphasised the importance of clinical competency and emergency preparedness among future healthcare professionals. A total of 62 participants and 36 organising committee members, comprising USM medical students and facilitators, took part in the workshop, which successfully achieved its objectives in enhancing participants’ knowledge, clinical skills, and confidence in managing obstetric emergencies in real clinical settings.

Branch Reports > MMA Kelantan

MEDSOC OUTREACH 2.0 (USM X MMA KELANTAN)

On 16 May 2026, MMA Kelantan Branch acknowledged and supported the successful organisation of MEDSOC Outreach 2.0 held at MESRA Homecare Centre, involving medical students from USM Health Campus in community engagement and elderly care activities. MMA Kelantan was represented by YBr. Assoc. Prof. Dr Norsuhana Omar, Exco member and co-advisor of MEDSOC, while the programme was further honoured by the presence of Prof. Dr Kamarul AryffinBaharuddin, Dean of the School of Medical Sciences (PPSP), Universiti Sains Malaysia (USM). The outreach programme reflected MMA Kelantan's continued commitment towards nurturing compassion, community medicine, and social responsibility among future healthcare professionals through meaningful community-based initiatives.



MMA KELANTAN MEET & GREET WITH HOUSE OFFICERS HRPZII

On 19 May 2026, MMA Kelantan Branch successfully organised the Meet & Greet session with House Officers at Hospital Raja Perempuan Zainab II (HRPZ II), Kota Bharu, attended by approximately 80 House Officers. The session involved engagement with MMA Kelantan Exco members including Assoc. Prof. Dr Zulfakar, Dr Mohamad Hafiz, Dr Mohd Rahimie, and Dr Nik Syamim, featuring a presentation entitled "Voice of Our Profession", followed by an interactive Q&A and experience-sharing session aimed at guiding and inspiring young doctors in their early medical careers. The programme reflected MMA Kelantan's continued commitment towards strengthening professional unity, advocacy, leadership, and welfare support for doctors in Kelantan, while also receiving encouraging response from House Officers with 35 participants expressing interest to register as MMA members.

MMA KELANTAN COLLABORATION OPPORTUNITY FOR CLINICAL TRIAL AT HPUSM

On 17 May 2026, MMA Kelantan Branch participated in a virtual engagement session with a multidisciplinary clinical research team led by Prof. Dr. Rosediani from Universiti Sains Malaysia (USM) Kubang Kerian, involving collaborators from several academic institutions in Malaysia. The discussion focused on strengthening collaboration between community General Practitioners (GPs) and academic researchers in advancing clinical research related to Prediabetes and early-stage Type 2 Diabetes Mellitus (T2DM). MMA Kelantan played an important strategic role as a facilitator and connector between primary care practitioners and the university-based research team, supporting awareness, networking, and patient recruitment efforts for the clinical trial initiative. The engagement reflected MMA Kelantan's continued commitment towards promoting research collaboration, primary care involvement, and innovation in community healthcare in Kelantan. Dr Mohamad Hafiz Harun was the moderator for this engagement.

MMA KELANTAN WEBINAR ENTITLED "CLINICAL RESEARCH MATTERS: EXPLORING OPPORTUNITIES WITH CRC KELANTAN"

On 18 May 2026, the MMA Kelantan Branch successfully conducted a webinar entitled "Clinical Research Matters: Exploring Opportunities with CRC Kelantan" from 2.00 PM to 4.00 PM. The programme aimed to enhance participants' understanding of clinical research and to highlight the diverse opportunities available within the research ecosystem. The session featured distinguished speakers from Clinical Research Centre (CRC) Kelantan, HRPZ II Kota Bharu, namely Dr Siti Romaino Mohd Nor (Research Officer Q12) and Dr Muhammad Nabil Abdullah (Medical Officer), as well as Dr Ali Iqbal Ghazali Hasni, Associate Regional Manager (East Coast) from Clinical Research Malaysia (CRM). The webinar was moderated by Dr Farihan Yusoff, who facilitated an engaging and interactive discussion covering career pathways in clinical research, research management experiences, and the growing role of clinical research in healthcare innovation. The programme was attended by 20 participants and received positive feedback, successfully achieving its objective in increasing awareness and interest in clinical research among attendees.



Branch Reports > MMA Kelantan

STRENGTHENING STRATEGIC COLLABORATION IN MEDICOLEGAL PROTECTION WITH MARSH MALAYSIA MEDEFEND

On 20 May 2026, MMA Kelantan Branch participated in a strategic discussion session with representatives from Marsh Malaysia MEDEFEND to exchange views on current medicolegal practices and professional indemnity matters involving medical practitioners in Kelantan. The session was attended by Ms Ratnawati Osman and Ms Anis Nabila Adnan representing Marsh MEDEFEND, alongside MMA Kelantan Exco members led by Dr Tuan Zamani Amir, Dr Aina J, Dr Mohamad Hafiz, and Dr Mohd Rahimie. The engagement reflected the strong spirit of collaboration and strategic cooperation between both entities in supporting doctors in Kelantan, particularly in strengthening awareness and access to professional indemnity protection within the medical profession.



WEBINAR SEVERE ASTHMA NETWORK THE TIME IS NOW TO JOIN FORCES

On 20 May 2026, the MMA Kelantan Branch successfully organised a Virtual Continuing Medical Education (CME) session entitled “Severe Asthma Network Project” from 12.00 noon to 1.00 PM via an online platform. The session featured an educator from the AstraZeneca Medical Department, who delivered an insightful presentation on the Severe Asthma Network Project to healthcare personnel from the Northern Kelantan Cluster. The one-hour programme included an interactive Q&A session and was attended by 31 participants comprising medical specialists, medical officers, and paramedics from primary healthcare facilities. This CME reflects the continuous commitment of SCHOMOS Kelantan in collaboration with strategic partners in strengthening awareness, fostering collaboration, and enhancing integrated care pathways for severe asthma management across hospital and primary care settings within the Northern Kelantan Cluster.

MMA KELANTAN CAREER PATHWAY PROGRAMME

On 21 May 2026, the MMA Kelantan Branch successfully organised the “MMA Kelantan Career Pathway Programme” in collaboration with Hospital Raja Perempuan Zainab II (HRPZ II) and Marsh Malaysia MEDEFEND, held at Bilik Seminar, Aras 5, Bangunan ACC, HRPZ II, Kota Bharu, from 8.00 AM to 1.00 PM. The programme gathered approximately 60 young doctors, comprising Floating Medical Officers and Senior House Officers, with the aim of providing exposure to specialist training pathways, career development opportunities, and long-term professional planning within the Malaysian healthcare system. The event was officiated by YBrs. Dr Tuan Zamani Amir, Chairman of MMA Kelantan Branch 2025/2026, and featured distinguished speakers from various specialties, including Family Medicine, Internal Medicine, Surgery, Paediatrics, Emergency Medicine, and Public Health Medicine, as well as a session on professional indemnity protection for government doctors by Marsh Malaysia. The programme, moderated by Dr Mohamad Hafiz bin Harun, also included networking sessions, booth visits, and interactive engagement activities. The event received strong participation and positive feedback, successfully serving as a valuable platform for mentorship, networking, and career guidance, while reinforcing MMA Kelantan’s commitment to supporting the professional development of young doctors.



PROGRAM IBADAH QURBAN GENERASIKU SAYANG NEGERI KELANTAN

On 30 May 2026, MMA Kelantan Branch Chairman, Dr Tuan Zamani Amir and SCHOMOS Kelantan Rep, Dr Mohamad Hafiz bin Harun, attended the inaugural Program Ibadah Qurban 2026 organised by GenerasiKu Sayang (GKS) Kelantan at Rumah GKS, Tumpat, officiated by the Director of Kelantan State Health Department. As a strategic partner to Persatuan GenerasiKu Sayang Kelantan and JKN Kelantan, MMA Kelantan’s participation reflected its continued commitment towards strengthening community engagement, promoting social responsibility, and fostering meaningful collaborations that bring healthcare professionals closer to the communities they serve.



Branch Reports > MMA Kelantan

MMA X KBMC WEBINAR 2026

On 3 June 2026, MMA Kelantan Branch successfully conducted its Webinar Series in collaboration with KPJ Perdana Specialist Hospital featuring a session entitled “Peripheral Vascular Disease: Cardiologist Perspective” delivered by Dr Mohd Adli Haji Deraman, Consultant Cardiologist, and moderated by Dr (Mr.) Muhammad, Exco MMA Kelantan. The webinar attracted a total of 91 participants, reflecting strong enthusiasm for continuous medical education among healthcare professionals, with all participants awarded 1 CPD point. The programme reflected MMA Kelantan’s continued commitment towards promoting professional development, continuous medical education, and strategic collaboration with healthcare institutions in Kelantan.

MMA MEMBERSHIP TALK @ MMED SURGERY NEW PG STUDENT ORIENTATION SESSION

On 4 June 2026, MMA Kelantan Branch contributed to the MMed Surgery USM Orientation Session through an engaging MMA Talk delivered by Dr Nik Syamim Firdaus, Exco Member of MMA Kelantan. The session provided newly enrolled surgical trainees with insights into the role of the Malaysian Medical Association (MMA), professional advocacy, career development, and the importance of active involvement in the medical fraternity throughout their specialist training journey. The programme reflected MMA Kelantan’s continued commitment towards supporting future medical specialists, strengthening professional leadership, and promoting active engagement within the healthcare community in Kelantan.



ROAD TO PRO USM 2026 (MMA KELANTAN X MEDSOC USM X PADU)

From 4 to 6 June 2026, MMA Kelantan Branch participated in the “Road to Pro” programme organised by the Medical Students’ Society (MedSoc) USM involving 142 final-year medical students at Universiti Sains Malaysia (USM) Health Campus, Kubang Kerian. MMA Kelantan was represented by Dr Nurul Shifa Ramli, who delivered a talk entitled “Voice of the Profession”, while Assoc. Prof. Dr Norsuhana Omar attended the closing ceremony officiated by Professor Dr Irfan Mohamad, Deputy Dean of the School of Medical Sciences, USM. MMA Kelantan also received a token of appreciation in recognition of its role as a strategic partner in the annual programme and mock examination sessions for final-year medical students. The engagement reflected MMA Kelantan’s continued commitment towards supporting future doctors through professional advocacy, career guidance, and collaboration with student and academic institutions in Kelantan.



KPJ NEW BUILDING GROUNDBREAKING CEREMONY 2026

On 4 June 2026, MMA Kelantan Branch attended the 2026 Groundbreaking Ceremony for the new building of KPJ Perdana Specialist Hospital, officiated by YAB Dato' Panglima Perang Ustaz Dato' Haji Mohd Nassuruddin Haji Daud, Menteri Besar of Kelantan. MMA Kelantan was represented by Dr Tuan Zamani Amir, Dr Mohamad Hafiz (SCHOMOS), and Dr Mohd Rahimie (PPSMMA), reflecting the strong strategic partnership between MMA Kelantan and KPJ Perdana Specialist Hospital Kota Bharu. The event marked an important milestone in advancing healthcare excellence and expanding quality medical services for the people of Kelantan, in line with MMA Kelantan’s commitment towards strengthening collaboration with healthcare stakeholders in the state.

Branch Reports > MMA Kelantan

SEMINAR KAWALAN IKLAN PERUBATAN NEGERI KELANTAN

On 26 September 2025, the MMA Kelantan Branch collaborated with the Pharmacy Services Division, Kelantan State Health Department (JKN Kelantan), in organising the Seminar Kawalan Iklan Perubatan Negeri Kelantan at Auditorium ACC, HRPZ II. The seminar was officiated by Puan Zuhaini Mukrim and featured presentations by Cik Siti Hufaidah, Puan Suliati, and Dr Wira Alfatah. Attended by approximately 30 participants, the programme provided valuable insights into medical advertising regulations, approval processes for healthcare advertisements, as well as medical ethics and professional practice. The event enhanced participants' understanding of responsible and compliant medical advertising in the evolving digital landscape.



MMA KELANTAN SYMPOSIUM 2025 – CELEBRATING DOCTOR'S DAY WITH KNOWLEDGE, NETWORKING & UNITY

On 3 October 2025 (Friday), the MMA Kelantan Branch successfully hosted the “MMA Kelantan Symposium 2025” at Opal Hall, Level 5, Renai Hotel, Kota Bharu, from 2:30 PM – 5:30 PM. The event was graced by the presence of Dato’ Dr Kalwinder Khaira, Immediate Past President of MMA, alongside most of the MMA Kelantan EXCO members led by Dr Tuan Zamani, and was attended by a total of 50 participants. The evening session was brilliantly moderated by Dr. Nurul Shifa, one of MMA Kelantan’s dynamic EXCO members. Highlights included impactful talks on: Medical Indemnity & Protection for Doctors, Nutrition & Hidden Hunger in Children, Transforming Care in Asthma & COPD; & Medicolegal Updates for Medical Practice. In addition, MMA Kelantan set up a Membership Drive Booth, led by Dr Aina, Dr Alyn, Dr Hafiz, Assoc Prof Dr Suhana, Dr Rahimie, and Mr. Muhammad, assisted by SMMAMS members, to guide members on their benefits and provide consultations to non-members interested in becoming part of our growing MMA family. A heartfelt thank you to our sponsors – Dutch Lady (MaxGro), AstraZeneca, Bank Islam & Marsh – for supporting this meaningful event.



MESYUARAT JAWATANKUASA KESELAMATAN PESAKIT 2025 PERINGKAT JABATAN KESIHATAN NEGERI KELANTAN

On 4 December 2025, the MMA Kelantan Branch participated in the Kelantan State Patient Safety Committee Meeting (No. 2/2026) held at Bilik Mesyuarat Lily, Level 10, Jabatan Kesihatan Negeri Kelantan. The meeting was chaired by Dato’ Dr Mohd Azman Yacob and attended by representatives from the State Medical, Public Health, and Pharmacy Divisions. MMA Kelantan was represented by Dr Tuan Zamani Amir Tuan Zakaria. The meeting served as an important platform for discussing patient safety initiatives and strengthening collaboration among key healthcare stakeholders. Through its participation, MMA Kelantan reaffirmed its commitment to advancing patient safety standards across the state in line with the Malaysian Patient Safety Goals (MPSG) 2.0, while supporting continuous quality improvement in healthcare delivery.

LINCOLN UNIVERSITY COLLEGE – MEET & GREET WITH MMA KELANTAN

On 18 January 2026, the MMA Kelantan Branch conducted a Meet and Greet session with Year 5 medical students at Lincoln University College, Lembah Sireh, Kota Bharu. The session was attended by approximately 50 students and aimed to introduce the role of MMA in supporting medical students and young doctors. MMA Kelantan was represented by Dr Tuan Zamani Amir Tuan Zakaria, Faizur, and Dr Muhammad, while the university was represented by Prof Dr M Walid Hamwi. The programme included an introduction to MMA, its structure, and its student chapter, SMMAMS, followed by discussions on challenges faced by medical students, career pathways, postgraduate training, and professional development. The engagement provided valuable insight into the role of professional organisations and strengthened collaboration between MMA Kelantan and Lincoln University College in supporting the future medical workforce, including its diverse local and international student community.



Branch Reports > MMA Kelantan

KEMPEN DERMA DARAH PERDANA SEMPENA HARI PENDERMA DARAH SEDUNIA

On 15–16 June 2026, the Kempen Derma Darah Perdana UiTM Cawangan Kelantan was successfully organised in conjunction with World Blood Donor Day at the Foyer Block D, UiTM Machang Campus, from 9.00 AM to 4.00 PM. The programme, open to UiTM staff, students, and the public, aimed to promote blood donation awareness and support national blood supply needs under the theme “A Drop of Blood, A Million Hope.” The initiative was organised in collaboration with the Malaysian Medical Association (MMA) Kelantan Branch, Hospital Sultan Ismail Petra Kuala Krai, and the Machang District Health Office. The campaign successfully encouraged community participation and highlighted the importance of voluntary blood donation as a life-saving act, strengthening public awareness on healthcare solidarity and civic responsibility.



Membership Drive

MMA Kelantan was given a booth by the organizing committee the programs, where we managed to attract delegates to visit our booths and some had signed up for MMA membership.

NO.	MEMBERSHIP DRIVE & SALES BOOTH	DATE / PLACE
1	Membership Drive Talk and Booth: Kelantan Cardiology update Exco Member on duty: Dr Mohammad Hafiz bin Harun	Date: 23rd - 24th September 2025 Place: Auditorium HRPZ II Time: 8.00am-5.00pm
2	International Health Conference (KIHC) Exco Members on duty: 1) Dr Mohamad Hafiz 2) Dr Mohd Rahimie bin Sayutti	Date: 6th – 7th October 2025 Place: Renai Hotel, Kota Bharu Time: 8.30am-5.00 pm
3	Membership Drive at New Medical Student Orientation Session, USM Kubang Kerian Exco Member on duty: Dr Nik Syamim Firdaus Bin Nik Ahmad Zuky	Date: 10th October 2025 Place: USM Kubang Kerian, Kelantan Time: 10.am-12.00pm
4	Sales Booth And Membership Drive @11th Conference In Internal Medicine (CIIM) Exco Members on duty: 1) Dr Tuan Zamani Amir Tuan Zakaria 2) Dr Mohammad Hafiz bin Harun	Date: 25th - 26th April 2026 Place: Renai Hotel, Kota Bharu Time: 8.00am-5.00pm
5	MMA Membership Drive Talk Road To Pro ATMA Grand Launch of Shingrix Exco Members on duty: 1) Dr. Norsuhana Binti Omar 2) Dr. Nurul Shifa binti Ramli	Date : 5th October 2024 Place : Hotel Perdana, Kota Bharu Time : 6.00-8.00pm

Prepared by:
ASSOC PROF DR MOHD ZULFAKAR BIN MAZLAN
Honorary Secretary

Verified by:
DR. TUAN ZAMANI BIN TUAN ZAKARIA
Chairman

MMA MELAKA BRANCH

The 43rd Annual General Meeting of the branch was held on the 25th of June 2025 via hybrid. Thirty members attended this meeting virtually. The following were elected as the office-bearers of 2025/2026.

CHAIRMAN:

DR SOH YIH HARNG

VICE-CHAIRMAN:

DR JOTHINATHAN A/L MUNIANDY

HONORARY SECRETARY:

DR LIANNE ALYCHIA HENDRIKS

HONORARY TREASURER:

DATUK DR PANDURANGAN SUBRAMANIAM, DPSM, DSM

PPSMMA REPRESENTATIVE:

DR BRYAN KEK KIT HUN

SCHOMOS REPRESENTATIVE:

DR MUHAMAD SHAHRIMAN BIN MUHAMAD SHARI

COMMITTEE MEMBERS:

DR GAYATHRI K.KUMARASURIAR

DR JACKLYN ANG SI WEI

DR SIVANANTHAN PERIETHAMBY

DR ANDREW LEONG KAH SEONG

DR MITESH CHANDRAKANT

HONORARY INTERNAL AUDITORS:

DR PREMGANESH S/O DR K GANAISAN

DR JEFFRI TEH BIN FAIZAL

BRANCH COMMITTEE MEETINGS

In the year 2025, pandemic-related restrictions are relaxed completely and most meetings have resumed as in-person attendances, with allowances for virtual attendances for members who are unable to attend but still to include their involvement in the various activities of the branch. Barring any unforeseen circumstances, meetings were typically held on the second Friday of the month – to facilitate members who served away from the state. Throughout the year, the committee successfully conducted primarily through physical meetings, with occasional virtual sessions when necessary. These meetings served as important platforms for discussing branch matters, planning activities, and strengthening engagement among members.

✓ = Present X = Absent with Apologies ※ = New committee	2025		2026		%	Date Month
	30 th Sept	21 st Nov	16 th Jan	13 th Mar		
Dr Soh Yih HarnG	✓	✓	✓	✓	100	4/4
Dr Jothinathan A/L Muniandy	✓	✓	✓	✓	100	4/4
Dr Lianne Alychia Hendriks	✓	✓	✓	✓	100	4/4
Datuk Dr Pandurangan Subramaniam	✓	✓	✓	✓	100	4/4
※ Dr. Bryan Kek Kit Hun	✓	✓	X	✓	75	3/4
Dr. Muhamad Shahrman Muhamad Shari	✓	✓	✓	✓	100	4/4
Dr Gayathri K.Kumarasuriar	✓	✓	✓	✓	100	4/4
※ Dr Jacklyn Ang Si Wei	✓	✓	✓	✓	100	4/4
Dr Sivananthan Periethamby	✓	✓	✓	✓	100	4/4
Dr Andrew Leong Kah Seong	✓	✓	✓	X	75	3/4
Dr Mitesh Chandrakant	X	X	X	✓	25	1/4
Co-opted members						
Dr Karamjit Kaur	✓	✓	✓	✓	100	4/4
Dr Irene Jayamaduraa	✓	✓	X	✓	75	3/4
Dr Nafis bin Nadzru	✓	✓	X	✓	75	3/4
Dr Nur Asilah Anez Binti Zainal Abidin	✓	✓	X	X	50	2/4

***Attendances and dates of the committee meetings.**

Branch Reports > MMA Melaka

CONTINUING MEDICAL EDUCATION – SUPPORTED BY PHARMACEUTICAL COMPANIES

MMA Melaka had previously set House Rules for CME sessions.

- CME sessions are strictly for medical doctors.
- No children / babies / maid / guardian / non-medical spouse allowed.
- Doctors who RSVP are given priority (dinner & sitting place) only.
- Dispute which arises are to be discussed with the current CME chairman.
- Doctors who fail to adhere to the above house rules be denied entry.

The following CMEs were held between January till December 2025 are as follows:

Event	Company	Date
Hypertension Navigator	Servier Malaysia Sdn. Bhd.	7/1/2025
Chronic Venous Disease, what if we could go back in time?	Servier Malaysia Sdn. Bhd.	17/1/2025
Medical Ethics Conference	MMA Melaka	15/2/2025
Connect With Experts	Servier Malaysia Sdn. Bhd.	19/2/2025
EMPIRE LITE Melaka	Boehringer Ingelheim (Malaysia) Sdn Bhd	22/2/2025
Push The Paradigm	AstraZeneca Sdn. Bhd.	27/2/2025
Iftar Ramadan Dinner CME	DKSH Malaysia Sdn Bhd	20/03/2025
Cardiometabolic Expert Forum-Across the CKM Continuum	Novo Nordisk Pharma (Malaysia) Sdn. Bhd.	15/04/2025
Optimizing Asenapine and Mirtazapine for mental health disorders	DKSH Malaysia Sdn Bhd	18/04/2025
Decoding the Lipid Frontier: Precision CV Care with Pitavastatin and Pemafibrate	DKSH Malaysia Sdn Bhd	23/04/2025
Lecture Series 2025	Boehringer Ingelheim (Malaysia) Sdn Bhd	25/04/2025
Obesity 360 Masterclass Melaka	Novo Nordisk Pharma (Malaysia) Sdn. Bhd.	22/05/2025
Protection Of Older Adults From RSV Starts Here	GlaxoSmithKline Pharmaceutical Sdn Bhd	12/6/2025
Hypertension & Diabetes Update	Servier Malaysia Sdn. Bhd.	3/7/2025
MMA Melaka 5th Primary Care Symposium	MMA Melaka	04/07/2025 – 06/07/2025
Connect With Experts	Servier Malaysia Sdn. Bhd.	16/07/2025
Enhancing Hope & Outcomes with new hER2 spectrum	AstraZeneca Sdn. Bhd.	25/07/2025
Protection of Older Adults from RSV Starts Here	GlaxoSmithKline Pharmaceutical Sdn Bhd	8/8/2025
Addressing Obesity Beyond BMI: Focus Group Discussion	iNova Pharmaceuticals (Singapore) Pte Ltd Malaysia Branch	26/09/2025

Branch Reports > MMA Melaka

Event	Company	Date
1st Southern Paediatric Surgical Course	MMA Melaka	27/09/2025
From Asthma Treatment to RSV Prevention	GlaxoSmithKline Pharmaceutical Sdn Bhd	28/09/2025
Turning the Tide	AstraZeneca Sdn Bhd	15/10/2025
Program Bengkel “Practical Guide to Insulin Therapy in T2DM 2nd Edition”	MMA Melaka Endocrine Unit, Hospital Melaka	16/10/2025
Melaka Primary Dermatology Update 2025	MMA Melaka Dermatology Unit, Hospital Melaka	1/11/2025
Understanding Workplace Bullying and The Law	MMA Melaka	3/11/2025
Colorectal Weekend Bil. 2/2025	MMA Melaka	8/11/2025
The management of cystitis in adults and Probiotics – Supplement or Treatment	EP Plus Group Sdn. Bhd.	13/11/2025
Cardiovascular Update	MMA Melaka	22/11/2025
ACE Lite Dinner Talk	Hovid Berhad	9/12/2025

MMA Melaka would like to record our appreciation to all the pharmaceutical companies for conducting the above sessions.

MALAYSIAN MEDICAL ASSOCIATION MELAKA BRANCH 43RD ANNUAL DINNER AND INSTALLATION NIGHT

The 43rd Annual Dinner and Installation Night for 2025 was held on 15 November 2025 at the Dusit Princess Hotel Melaka. The prestigious event was graced by distinguished guests, including Dr. Noor Aizam Bin Mohd Said, Deputy State Health Director (Public Health); Dr. Mohd Ridzuan bin Janudin; Melaka Tengah District Health Director, Dr. Shazlin binti Umar; Alor Gajah District Health Director; Dr. Sivanaesan Letchumanan, President-Elect; Dr. Vasu Pillai Letchumanan, Honorary General Secretary; Dr. S Selvarajah Sathaya, Honorary Deputy Secretary; Dr. Eratha Krishnan Gobinadan, Chairman of PPS, hospital CEOs, respected doctors, and their families. It was a memorable evening that celebrated professional achievements while also fostering a spirit of unity, appreciation, and togetherness among members of the medical fraternity.

MEMBERSHIP DRIVE

Membership count as of 31st December 2025

Membership	2025	2026
Ordinary	145	245
Life	355	333
Exempted	28	25
Student	52	176
Total	580	779

Recruited from 1st September 2025 to 30th April 2026

New Membership	2026
Ordinary	46
Life	20
Exempted	0
Student	18

All committee members have made tremendous effort to recruit new members, and it is hoped that these efforts will ultimately lead to an increase in membership in the future.

Branch Reports > MMA Melaka

MMA MELAKA HOUSE

1. MMA MELAKA HOUSE COMMITTEE	
Branch Chairman	Dr Soh Yih Harn
Branch Vice Chairman	Dr Jothinathan A/L Muniandy
Honorary Secretary	Dr Lianne Alychia Hendriks
Honorary Treasurer	Datuk Dr Pandurangan Subramaniam
PPSMMA Chairman	Dr. Bryan Kek Kit Hun
SCHOMOS Chairman	Dr. Muhamad Shahriman Muhamad Shari
Members	Dr Gayathri K.Kumarasuriar
	Dr Jacklyn Ang Si Wei
	Dr Sivananthan Periethamby
	Dr Andrew Leong Kah Seong
	Dr Mitesh Chandrakant
Student Members	Christine
	Alamelu

5. An inventory of all Moveable and Immoveable Properties was listed and a monthly audit to be conduct by any one Committee member on rotation.

6. MMA Melaka Property – MMA House.

FUTURE ASPIRATIONS

- To develop and introduce more engaging activities that are relevant and beneficial to members, catering to both professional growth and personal well-being.
- To actively recruit new members, with a particular focus on engaging younger doctors to ensure continuity and fresh perspectives within MMA Melaka.
- To organize inclusive and family-friendly events such as a Treasure Hunt or Family Day to foster camaraderie and strengthen the sense of community among members.

2. RENTAL OF 1ST FLOOR:

The rental and facilities rates shall be:

Hall for the first 3 hours – RM120.00

Additional for each subsequent hour – RM 50.00

Rental of Projector – RM 200.00

Payment for caretaker – RM 50.00

3. GROUND FLOOR:

Rented to 'Eye to Eye Optometrist Sdn Bhd'.

The new tenancy term started on January 1, 2026 and ends on December 31, 2029, with a rental of RM 4500. Tenancy duration is 3+3.

4. BUILDING INSURANCE PREMISES AND PEST CONTROL

Fire Insurance Premium – MSIG

- Period of Insurance – 19/10/2025 – 18/10/2026
- On 3 storey building – RM 1,000,000.00
- Indoor package content – RM 20,000.00
- Sum insured – RM 1,020,000.00
- Annual Premium – RM 1,023.34

Public Liability Insurance Premium – MSIG

- Period of Insurance – 19/10/2025 – 18/10/2026
- Any one accident – RM 500,000.00
- Annual Premium – RM 226.00

Pest Control Services Contract – Rentokil Initial (M) Sdn. Bhd.

- On 3 story building – Service & inspection on monthly basis
- Total contract per annum – RM 991.01

CONCLUSION

Over the past year, the committee has worked diligently to sustain momentum and foster an active, vibrant MMA Melaka. Looking ahead, the committee remains committed to organizing meaningful activities and creating opportunities for members to engage, connect, and grow together. Continued participation and support from members will ensure that MMA Melaka remains dynamic and relevant in serving the needs of the medical fraternity.

Branch Reports > MMA Melaka

MMA MELAKA ACTIVITIES

COMMITTEE MEETINGS

- 1st committee meeting - 30th September 2025
- 2nd committee meeting - 21st November 2025
- 3rd committee meeting - 16th January 2026
- 4th committee meeting - 13th March 2026

EVENTS ORGANISED BY MMA MELAKA

World Ostomy Day & CORUM Colorectal Cancer Survivorship Malacca Chapter (3 October 2025)

In conjunction with World Ostomy Day, Oriental Melaka Straits Medical Centre and MMA Melaka Branch jointly organised an educational and support programme involving allied health professionals, colorectal cancer survivors, families, and NGOs. The event focused on awareness, survivorship support, and community engagement.

1st Southern Paediatric Surgical Course 2025 (27 September 2025)

Organised by the Paediatric Surgery Department of Hospital Melaka in collaboration with MMA Melaka Branch, the course gathered healthcare professionals from across the southern region for updates and discussions on paediatric surgical care and management.

Deepavali CSR 2025 (11 October 2025)

In conjunction with Deepavali, MMA Melaka Branch carried out a CSR initiative by distributing essential household items to several underprivileged families within the community to help ease their festive preparations.

Engagement Session with the Blood Bank, Hospital Melaka (10 October 2025)

Representatives from MMA Melaka Branch attended an engagement session organised by the Department of Transfusion Medicine, Hospital Melaka, to discuss blood donation campaigns, exchange feedback, and strengthen future collaboration efforts.

MMA Melaka at MUCM MBBS Batch 57 Orientation (16 October 2025)

MMA Melaka Branch delivered an introductory session to MUCM MBBS Batch 57 students, focusing on the role of MMA, SMMAMS, and the importance of professional engagement and leadership among future doctors.

World Diabetes Day 2025 @ MUCM (16 October 2025)

MMA Melaka Branch collaborated with the Endocrine Medical Team of Hospital Melaka for a diabetes awareness programme at MUCM involving healthcare staff and students, alongside a membership and advocacy booth by MMA Melaka.

Medical Camp with St John Ambulance Malaysia (26 October 2025)

MMA Melaka Branch collaborated with St John Ambulance Malaysia Melaka in a Mobile Clinic programme held during the Melaka State Health Carnival, providing free health screenings and medical services to the local community.

Workplace Bullying and The Law Webinar (3 November 2025)

MMA Melaka Branch, together with JDN Malaysia, organised a webinar addressing workplace bullying in healthcare, featuring legal and psychiatric perspectives on creating safer and healthier work environments.

Melaka Primary Dermatology Update 2025 (1 November 2025)

Organised in collaboration with the Department of Dermatology, Hospital Melaka, this CME programme gathered healthcare professionals for updates and discussions on common dermatological conditions and management.

Meeting with the Hospital Director (6 November 2025)

MMA Melaka Branch held a meeting with the Director of Hospital Melaka to introduce the current committee members and discuss future collaboration opportunities, including the proposal for a Doctor's Room within the hospital.

CVS Update 2025 (22 November 2025)

MMA Melaka successfully organised the CVS Update 2025 CME event, attended by over 150 doctors, featuring educational sessions and professional updates in cardiovascular medicine.

Christmas Medical Camp (13 December 2025)

MMA members participated in a Christmas Medical Camp at Cavalry Community Church, providing health screenings and medical services to the surrounding community.

Christmas CSR (29 November 2025)

MMA Melaka carried out a CSR initiative to assist a family in need through the contribution of essential support and household items as part of its community outreach efforts.

MMA Blood Donation Drive (3 January 2026)

MMA Melaka organised a blood donation drive at AEON Melaka with the support of volunteers and community partners to encourage public participation in blood donation efforts.

Branch Reports > MMA Melaka

MMA Melaka CSR @ SJKC St Mary (23 November 2025)

MMA Melaka conducted a CSR programme at SJKC St Mary aimed at community engagement and support through charitable outreach activities.

MMA Melaka Chinese New Year CSR (6 February 2026)

MMA Melaka Branch initiated a Chinese New Year CSR programme involving community visits and needs assessments to identify families requiring assistance and support.

MMA Melaka Buka Puasa Gathering (10 March 2026)

MMA Melaka attended a Buka Puasa gathering together with healthcare leaders and representatives across Melaka, strengthening professional relationships and inter-agency collaboration.

MMA Melaka Hari Raya Aidilfitri CSR (15 March 2026)

MMA Melaka conducted a Hari Raya CSR initiative by providing essential household contributions to families caring for bedridden stroke patients as part of its ongoing community support efforts.

MMA Melaka Blood Donation Drive (17 March 2026)

MMA Melaka participated in and supported a blood donation campaign aimed at increasing community awareness and blood supply contributions.

MUCM Orientation Cohort 58 (1 April 2026)

MMA Melaka collaborated with MUCM during the orientation programme for Cohort 58 students, engaging with future healthcare professionals and introducing the role of MMA in the medical community.

MMA Melaka x MUCM TikTok Video Contest (May – June 2026)

MMA Melaka Branch and MUCM jointly organised a TikTok video contest in conjunction with World Health and Safety Day to promote awareness regarding toxic healthcare environments and workplace wellbeing.

PPSMMA GP Networking Meeting (13 May 2026)

MMA Melaka successfully organised a networking session involving general practitioners to encourage professional engagement, discussion of current healthcare issues, and stronger collaboration within the primary care community.

MMA Melaka Bowling Tournament 2026 (23 May 2026)

The MMA Melaka Bowling Tournament 2026 brought together doctors from various healthcare sectors to strengthen fellowship, promote work-life balance, and identify potential representatives for future national games.

MMA Melaka Medical Camp @ Buddhist Tzu Chi Charity Foundation (24 May 2026)

MMA Melaka and MUCM jointly organised a Medical Camp at the Buddhist Tzu Chi Charity Foundation involving health screenings, medical consultations, and health education activities with support from multiple healthcare organisations.

Prepared by:

DR LIANNE ALYCHIA HENDRIKS
Honorary Secretary

MMA NEGERI SEMBILAN BRANCH

CHAIRMAN:

DR SELVA GANAPATHI GANESON

VICE-CHAIRMAN:

DR NARVINDARAN MARIAPPAN

HONORARY SECRETARY:

DR GUNENTHIRA RAO A/L SUBBARAO

HONORARY TREASURER:

DR VIDYAMALINI A/P DR RAMASAMAY

PPSMMA REPRESENTATIVE:

DR ANDREW A/L SOLAMADAN

SCHOMOS REPRESENTATIVE:

DR TANG JEAT LIANG

COMMITTEE MEMBERS:

DR R ELANGOVAN A/L RADAKRISHNAN
 DR POOBALAN A/L KALIAPPAN
 DR SHARIFAH NAJWA BINTI SYED MOHAMAD
 DR RAJIEV A/L RAJA SAKARAN
 DR BAVANI A/P SANDRAKASAN

HONORARY INTERNAL AUDITORS:

DR RAVINDRAN RAMASAMY
 DR MERLINDA SHAZELLENNE

SECRETARIAT STAFF:

MS DURGA DHARSHINI MAHENDRAN

BRANCH ACTIVITIES

September 2025 >

IMU WHITE COAT CEREMONY (17 SEPTEMBER 2025)

Session introducing future doctors to the Medical Act and professional responsibilities in the medical field in IMU Seremban.

KARNIVAL KESIHATAN HTJS MEETING (23 SEPTEMBER 2025)

Planning meeting for participation in HTJS Health Carnival to strengthen healthcare outreach and collaboration held in HTJ.

COMMITTEE MEETING ATTENDANCE

No.	Name	17/9	29/9	11/12	16/01	10/2	10/3	28/4
1.	Dr Selva Ganapathi Ganeson	/	/	/	/	/	/	/
2.	Dr Narvindaran Mariappan	/	/	/	/	/	/	/
3.	Dr Gunenthira Rao Subba Rao	/	/	/	/	/	/	/
4.	Dr Vidyamalini Ramasamay	/	/	/	X	/	/	/
5.	Dt Tang Jeat Liang	/	/	/	/	/	/	/
6.	Dr Andrew Solamadan	/	/	/	/	/	/	/
7.	Dr Elangovan Radakrishnan	/	/	/	X	/	X	X
8.	Dr Poobalan Kaliappan	/	/	/	X	/	/	/
9.	Dr Rajiev Raja Sekaran	X	/	/	/	/	/	/
10	Dr Sharifah Najwa Binti Syed Mohamad	/	/	X	/	/	X	/
11.	Dr Bavani Sandrakasan	/	/	/	X	X	/	/

Note: /-Present X-Absent

10TH USIM NATIONAL HEALTH SEMINAR 2025 (25 SEPTEMBER 2025)

Seminar strengthening collaboration between MMA Negeri Sembilan and USIM through healthcare discussions and networking held in USIM.

SENYUM SIHAT MADANI COMMUNITY PROGRAM (25 SEPTEMBER 2025)

Community programme highlighting academic-professional partnerships in improving public health awareness and community service which held in Masjid Dato' Klana Petra Undang Luak Sungei Ujong, Bandar Putra Nilai.

October 2025 >

MASTERING WOMEN ULTRASOUND COURSE (4 OCTOBER 2025)

MMA Negeri Sembilan had a collaboration with UCSI on the Mastering Women Ultrasound Course to enhance clinical knowledge and practical skills in women's ultrasound imaging. The programme provided valuable hands-on learning opportunities and updated participants on current practices in women's health and diagnostic imaging.

MMA FINANCIAL GUIDELINES MEETING WITH HGT AND BRANCHES (4 OCTOBER 2025)

MMA Negeri Sembilan participated in the MMA Financial Guidelines Meeting involving HGT and various MMA branches in Zoom. The meeting focused on strengthening financial governance, improving transparency, and ensuring proper financial management practices across MMA branches nationwide.

Branch Reports > MMA Negeri Sembilan

NEGERI SEMBILAN HOSPICE CHARITY FUNDRAISING PROGRAMME (4 OCTOBER 2025)

MMA Negeri Sembilan supported the Negeri Sembilan Hospice Charity Fundraising Programme aimed at raising awareness and funds for palliative and hospice care services. The initiative reflected the association's commitment towards compassionate healthcare and community support for patients requiring long-term and end-of-life care. This program held in Klana Resort.

GOOD CLINICAL PRACTICE (GCP) WORKSHOP (7 OCTOBER 2025)

A Good Clinical Practice (GCP) Workshop was conducted to strengthen understanding of ethical standards, clinical research governance, and patient safety in medical research which was in Zoom meeting. The workshop provided healthcare professionals with essential updates and guidance on conducting clinical studies according to internationally accepted standards.

MEETING WITH UNIT KESIHATAN KELUARGA (MCH), JABATAN KESIHATAN NEGERI SEMBILAN (9 OCTOBER 2025)

MMA Negeri Sembilan attended the Mesyuarat Penyelarasan Isu Berkaitan Pengendalian Kesihatan Ibu Peringkat Negeri Sembilan Bersama Fasiliti Swasta Tahun 2025 organised by the Family Health Unit (MCH) at Jabatan Kesihatan Negeri Sembilan. The meeting focused on strengthening coordination between government and private healthcare facilities in improving maternal healthcare services and addressing maternal health-related issues in the state.

CARDIOMETABOLIC CME PROGRAMME (9 OCTOBER 2026)

A Continuing Medical Education (CME) programme on cardiometabolic health was successfully conducted in collaboration with DKSH which held in Arena Premier Hotel. The session provided valuable updates on the management of cardiometabolic diseases, preventive healthcare strategies, and current clinical practices for healthcare professionals.

PEACE POSTER PROGRAMME (11 OCTOBER 2025)

MMA Negeri Sembilan participated in the Lions Club International Peace Poster Programme, supporting youth creativity and community engagement initiatives promoting peace, unity, and social harmony through art and educational activities. This event successfully conducted at Parkson Prima Mall.

E-INVOICE TALK (12 OCTOBER 2025)

An educational talk on the implementation of the E-Invoice system was organised to provide members with guidance on financial compliance, digital invoicing processes, and updates regarding taxation requirements affecting medical practitioners and healthcare businesses at Klana Resort Seremban.

WORLD PSORIASIS DAY AWARENESS PROGRAMME (12 OCTOBER 2025)

MMA Negeri Sembilan supported the World Psoriasis Day awareness initiative aimed at increasing public understanding of psoriasis, its impact on quality of life, and the importance of early diagnosis and appropriate treatment at Mydin Mall Seremban 2. The programme also promoted patient support and community education on chronic skin conditions.

WEBINAR – SCRUB TYPHUS (14 OCTOBER 2025)

MMA Negeri Sembilan conducted an educational webinar focusing on Scrub Typhus, highlighting early recognition, diagnosis, management, and preventive measures for this infectious disease in Zoom. The session aimed to improve awareness and clinical preparedness among healthcare professionals.

MENTAL HEALTH WOMEN FORUM (14 OCTOBER 2025)

A Mental Health Women Forum was organised to discuss important issues related to women's mental health, emotional wellbeing, stress management, and psychological support systems at Waterfront, Port Dickson. The forum created a meaningful platform for awareness, education, and empowerment among women and healthcare professionals.

CHAMPIONING THE SCIENCE OF GUT MICROBIOTA (18 OCTOBER 2025)

MMA Negeri Sembilan collaborated with Nestlé in organising an educational programme focusing on the science of gut microbiota and its role in overall health and disease prevention at Arena Premier Hotel. The session highlighted current scientific evidence, nutritional approaches, and emerging developments in gut health management.

KARNIVAL KESIHATAN HTJS (25 OCTOBER 2025)

MMA Negeri Sembilan participated in the HTJS Health Carnival aimed at promoting community health awareness through health screenings, educational activities, and public engagement programmes at Kompleks Belia dan Sukan Paroi. The carnival encouraged preventive healthcare practices and strengthened healthcare outreach within the community.

Branch Reports > MMA Negeri Sembilan

DOCTORS' DAY CELEBRATION WITH NATIONAL MMA (25 OCTOBER 2025)

MMA Negeri Sembilan joined the Doctors' Day celebration organised together with National MMA at Auditorium Prince Court Medical Centre, Kuala Lumpur to honour and appreciate the dedication, sacrifices, and contributions of doctors towards healthcare services.

WEBINAR – STROKE IN THE CLINIC: EARLY CLUES, TIMELY REFERRALS, BETTER OUTCOME (31 OCTOBER 2025)

An educational webinar focusing on early recognition and timely referral of stroke cases was successfully conducted in Zoom. The session highlighted the importance of prompt diagnosis, early intervention, and effective referral pathways in improving stroke outcomes and patient recovery.

November 2025 >

BLOOD DONATION SAVES LIVES

(1 & 2 NOVEMBER 2025)

Blood donation campaign at Aeon Seremban 2 to encouraging public participation and awareness on saving lives through blood donation.

DEEPAVALI FESTIVAL GRANT

(8 NOVEMBER 2025)

Charity programme bringing festive joy and support to underprivileged children during Deepavali at Pertubuhan Kebajikan Kanak-Kanak Nanthisar

CME TALK – ASTRAZENECA

(8 NOVEMBER 2025)

CME session discussing GERD and COPD management using evidence-based approaches in primary care at Arena Premier Hotel

PROGRAM KOMUNITI SENYUM SIHAT MADANI (22 NOVEMBER 2025)

Community programme providing health talks and screenings on diabetes, blood pressure, oral health, and eye care.

ORIENTATION FOR NEW HOUSE OFFICERS AT HTJS (27 NOVEMBER 2025)

The session covered MMA's role, support for housemen, welfare channels, and opportunities for involvement in MMA activities at Hospital Tuanku Ja'afar Seremban.

December 2025 >

BASIC SUTURING AND TENDON REPAIR COURSE (4 DECEMBER 2025)

A hands-on surgical skills workshop conducted in collaboration with the HTJS Orthopaedics Department to enhance practical suturing and tendon repair techniques among junior doctors. The programme successfully gathered more than 20 House Officers and was held at UCSI Hall, providing valuable clinical exposure and training experience.

MMA NEGERI SEMBILAN ANNUAL INSTALLATION DINNER (6 DECEMBER 2025)

The annual installation dinner was successfully organised to celebrate leadership, fellowship, and achievements of MMA Negeri Sembilan. The event strengthened camaraderie among members and recognised the contributions of doctors and committee members throughout the year.

JELAJAH PPS NEGERI SEMBILAN (6 DECEMBER 2025)

A professional engagement session involving General Practitioners and private hospital doctors across Negeri Sembilan at Klana Resort Seremban. The session aimed to gather feedback, understand current challenges faced by private practitioners, and discuss issues affecting private healthcare services in the state.

MMA NEGERI SEMBILAN DIABETES AWARENESS (7 DECEMBER 2025)

A community health programme focusing on diabetes awareness, prevention, complications, and healthy living. Collaboration with the Lions Club of Sendayan. MMA Negeri Sembilan played a key role in conducting medical screenings and delivering health talks to the public. The programme was attended by the Chairman, Vice Chairman, and five non-committee doctors, demonstrating strong support for community healthcare outreach.

COURTESY VISIT AND MEETING WITH KELANA RESORT MARKETING TEAM (9 DECEMBER 2025)

A courtesy meeting held with the marketing team of Kelana Resort to explore future collaborations, event opportunities, and partnership support for upcoming MMA Negeri Sembilan programmes and activities.

Branch Reports > MMA Negeri Sembilan

3RD MMA NEGERI SEMBILAN BRANCH MEETING AND FELLOWSHIP (11 DECEMBER 2025)

The third branch meeting of the term was successfully conducted to discuss ongoing activities, upcoming programmes, and organisational matters at Sungei Ujong Club. The session was followed by a fellowship gathering to strengthen networking and teamwork among members.

GP CME PROGRAMME – THE HIDDEN JEWEL: ALL ABOUT CRYPTORCHIDISM (12 DECEMBER 2025)

A Continuing Medical Education (CME) programme organised by MMA Negeri Sembilan for General Practitioners. The session was delivered by Dr. Rajiev and focused on the diagnosis, management, and clinical importance of cryptorchidism, providing valuable updates for primary care practitioners at Arena Premier Hotel.

ATTENDANCE AT ADVOCATE AND SOLICITOR DISCIPLINARY COMMITTEE HEARING SESSION (13 DECEMBER 2025)

Participated in the first hearing session as MMA Chairman and member of the Disciplinary Committee under the Advocate and Solicitor Disciplinary Committee, representing professional responsibility and governance matters.

WEBINAR TALK – THE ART OF BEING GOOD PARENTS (15 DECEMBER 2025)

An educational parenting webinar in Zoom presented by Dr. Kobbigaanivaarani and moderated by Dr. Narvin, Vice Chairman of MMA Negeri Sembilan. The session focused on parenting approaches, communication, emotional wellbeing, and strengthening family relationships.

MEETING WITH SMMAMS USIM (17 DECEMBER 2025)

An engagement meeting between MMA Negeri Sembilan and the SMMAMS USIM committee aimed at introducing both organisations and strengthening ties between medical students and the association. Discussions focused on future collaborations, student involvement, and upcoming educational and community programmes in Google Meet.

January 2026 >

CME PROGRAMME (10 JANUARY 2026)

A Continuing Medical Education (CME) programme successfully organised at Arena Premier Hotel, Seremban in collaboration with Oriental Melaka Medical Centre. The session featured speakers from the MMA Negeri Sembilan committee and provided valuable medical updates and knowledge sharing for healthcare practitioners.

10TH MMA CUP NATIONAL DOCTORS BADMINTON TOURNAMENT 2026 (10 –11 JANUARY 2026)

MMA Negeri Sembilan proudly participated in the 10th MMA Cup National Doctors Badminton Tournament held at Royal Selangor Club Kiara Sports. A total of 14 members represented the branch, fostering sportsmanship, fellowship, networking, and healthy lifestyle practices among doctors nationwide.

DISCIPLINARY COMMITTEE – ADVOCATES & SOLICITORS DISCIPLINARY BOARD (10 JANUARY 2026)

MMA Negeri Sembilan was represented by Dr. Selva Ganapathi, Chairman of MMA Negeri Sembilan, during the disciplinary hearing session involving Pertubuhan Perladang versus Lawyer. The participation reflected MMA Negeri Sembilan's continued involvement in professional and disciplinary governance matters.

DISCIPLINARY COMMITTEE – ADVOCATES & SOLICITORS DISCIPLINARY BOARD (10 JANUARY 2026)

A second hearing session under the Advocates & Solicitors Disciplinary Board was attended by Dr. Andrew Solamadan, PPS Representative of MMA Negeri Sembilan, representing the association in matters related to professional disciplinary proceedings.

2ND COUNCIL MEMBERS MEETING 2025/2026 (11 JANUARY 2026)

Dr. Narvindran, Vice Chairman, together with Dr. Gunen representing the Chairman, attended the 2nd Council Members Meeting held at MMA House. The meeting focused on updates, policy discussions, and strategic planning at the national level.

COURTESY VISIT TO THE DIRECTOR OF HOSPITAL TUANKU JA'AFAR SEREMBAN (HTJS) (12 JANUARY 2026)

A courtesy visit was conducted at the Office of the Director of HTJS to strengthen collaboration and professional relationships between MMA Negeri Sembilan and the hospital administration. Discussions included future cooperation in healthcare programmes and medical professional engagement.

Branch Reports > MMA Negeri Sembilan

4TH MMA NEGERI SEMBILAN STATE BRANCH MEETING (16 JANUARY 2026)

The fourth branch meeting was successfully held at MMA House to discuss ongoing branch matters, review recent activities, and plan upcoming programmes and initiatives for the benefit of members and the community.

MMA SELANGOR ANNUAL DINNER (17 JANUARY 2026)

Ten committee members from MMA Negeri Sembilan attended the MMA Selangor Annual Dinner held at Crystal Crown Hotel, Petaling Jaya, as a gesture of support and fellowship. The event strengthened inter-branch relationships and professional networking among members.

WEBINAR – GASTRITIS: MYTHS AND FACTS (21 JANUARY 2026)

An educational webinar focusing on common misconceptions and evidence-based understanding of gastritis was successfully conducted. The session featured Dr. S. Sivapiragas A/L M. Sivasupoaniam as the speaker, while Dr. Vidyamalani A/P Dr. Ramasamay served as moderator. The programme provided valuable insights for both healthcare professionals and the public.

COORDINATION MEETING ON DRAFT DIRECTOR GENERAL OF HEALTH DIRECTIVE UNDER ACT 586 (22 JANUARY 2026)

Dr. Narvindran, Vice Chairman of MMA Negeri Sembilan and representative of the National Working Committee (NWC), attended a coordination meeting in Putrajaya regarding the draft directive under the Private Healthcare Facilities and Services Act 1998 (Act 586) concerning circumcision procedures in private general medical clinics. The meeting served as an important discussion platform for policy review and professional input.

MMA SCHOMOS NEGERI SEMBILAN MEMBERSHIP DRIVE BOOTH AT HTJS MONTHLY ASSEMBLY (23 JANUARY 2026)

MMA SCHOMOS Negeri Sembilan organised a membership drive booth during the HTJS Monthly Assembly held at Dewan Gemilang HTJS. The initiative aimed to promote MMA membership, engage with junior doctors, and increase awareness of the benefits and activities offered by MMA SCHOMOS.

MMA NEGERI SEMBILAN POB MEETING (28 JANUARY 2026)

A productive Planning and Operations Board (POB) meeting was held at The Samtai involving the Chairman, Vice Chairman, Secretary, Treasurer, and SCHOMOS representative. The session focused on strategic planning, upcoming activities, budgeting, and strengthening organisational coordination for future programmes.

LAUNCH OF THE 1ST MMA NEGERI SEMBILAN E-BULLETIN (29 JANUARY 2026)

MMA Negeri Sembilan successfully launched its first monthly E-Bulletin initiative aimed at providing structured and consistent updates to members regarding branch activities, programmes, and achievements. The bulletin also serves as a platform to encourage member participation, volunteerism, and stronger engagement within the association. In addition, a special creative corner was introduced to showcase members' articles, reflections, artwork, photography, and creative contributions, fostering a stronger sense of unity and belonging among members.

February 2026 >

COURTESY VISIT TO THE MENTERI BESAR OF NEGERI SEMBILAN (4 FEBRUARY 2026)

MMA Negeri Sembilan paid a courtesy visit to YAB Dato' Seri Aminuddin Harun, Menteri Besar of Negeri Sembilan, at Wisma Negeri. The delegation was led by Dr. Selva Ganapathi, Chairman of MMA Negeri Sembilan, accompanied by Dr. Narvindran (Vice Chairman), Dr. Gunenthira (Secretary), Dr. Tang (SCHOMOS Representative), and Dr. Nurul Fazilah (Committee Member). The visit aimed to formally introduce the new leadership team, discuss current healthcare issues affecting Negeri Sembilan, strengthen collaboration with the State Government, and seek support for Negeri Sembilan to host the 67th MMA National Convention & Scientific Congress 2027.

STRENGTHENING MEDICAL EDUCATION: MMA NS AT CMET INAUGURATION (4 FEBRUARY 2026)

MMA Negeri Sembilan attended the inauguration ceremony of the Pusat Pendidikan dan Latihan Perubatan (CMET) at UCSI Hospital Springhill, Lukut, upon invitation by UCSI Hospital. The ceremony was officiated by DYMM Tunku Ampuan Besar Negeri Sembilan, Tuanku Aishah Rohani Binti Almarhum Tengku Besar Mahmud. Representatives from MMA Negeri Sembilan included Dr. Selva Ganapathi (Chairman), Dr. Narvindran (Vice Chairman), Dr. Gunenthira (Hon. Secretary), Dr. Tang (SCHOMOS Representative), and Miss Durga. The event highlighted the importance of advancing medical education and continuous professional development in the state.

Branch Reports > MMA Negeri Sembilan

HTJS HOUSEMANSHIP ORIENTATION PROGRAMME (6 FEBRUARY 2026)

MMA Negeri Sembilan was invited by HTJS Management to participate in the Housemanship Orientation Programme held at Dewan Tiga Nenek, HTJS. The session was represented by Dr. Narvindran (Vice Chairman) and Dr. Tang (SCHOMOS Representative), who introduced the Malaysian Medical Association and its role to the newly inducted House Officers. A total of 37 new House Officers attended the session, which aimed to provide guidance and support as they began their medical careers.

MMA NEGERI SEMBILAN INTERSTATE FELLOWSHIP PICKLEBALL TOURNAMENT (7 FEBRUARY 2026)

The MMA Negeri Sembilan Interstate Fellowship Pickleball Tournament was successfully organised at Xpark Pickleball, Bandar Seri Sendayan. The event brought together participants from MMA Negeri Sembilan, MMA Selangor, MMA Wilayah Persekutuan, MMA Melaka, as well as SMMAMS USIM and SMMAMS UCSI. The tournament featured a round-robin format followed by final standings, with MMA Negeri Sembilan (B), MMA Selangor, and MMA Melaka emerging among the top teams. The programme successfully strengthened fellowship, teamwork, and inter-state collaboration among healthcare professionals and medical students.

MMA SCHOMOS HEALTH CARNIVAL (8 FEBRUARY 2026)

MMA SCHOMOS Negeri Sembilan collaborated with the Lions Club of Sendayan and several other associations to organise a community health carnival at Dewan Persatuan Teochew Negeri Sembilan. The programme focused on promoting public health awareness, community engagement, and accessible healthcare services through health screenings and educational activities.

COURTESY VISIT TO RTM NEGERI SEMBILAN (9 FEBRUARY 2026)

MMA Negeri Sembilan conducted a courtesy visit to RTM Negeri Sembilan and met with the Director, Puan Suhana bt Suratman, at Kompleks Penyiaran Tuanku Muhammad. The delegation was led by Dr. Selva Ganapathi (Chairman), accompanied by Dr. Narvindran (Vice Chairman), Dr. Bavani, and Dr. Nurul. Discussions focused on introducing MMA Negeri Sembilan to RTM management, exploring collaborations for public health awareness programmes, potential media engagement opportunities, and enhancing support for MMA activities and crisis communication. The delegation also toured RTM Negeri Sembilan's broadcasting facilities and expressed appreciation for the warm hospitality extended by the RTM team.

WEBINAR – PERSISTENT VOMITING IN INFANTS: EARLY RECOGNITION OF PYLORIC STENOSIS (11 FEBRUARY 2026)

An educational webinar focusing on the early recognition and management of pyloric stenosis in infants was successfully conducted. The session featured Dr. Rajiev Raja Sekaran as the speaker and Dr. Nurul Fazilah Binti Aziz as moderator. A total of 142 participants attended the webinar, reflecting strong interest in paediatric healthcare education.

MMA SCHOMOS NEGERI SEMBILAN MEMBERSHIP DRIVE BOOTH AT HTJS MONTHLY ASSEMBLY (13 FEBRUARY 2026)

MMA SCHOMOS Negeri Sembilan organised a membership drive booth during the HTJS Monthly Assembly at Dewan Gemilang, HTJS. The initiative aimed to promote MMA membership, engage with junior doctors, and provide information regarding SCHOMOS activities and member benefits.

MMA PERAK ANNUAL DINNER (14 FEBRUARY 2026)

A total of 10 committee members from MMA Negeri Sembilan attended the MMA Perak Annual Dinner in Ipoh as a gesture of support and solidarity. The event strengthened inter-branch relationships, professional networking, and fellowship among MMA members nationwide.

“STRENGTHENING SUPPORT FOR OUR FUTURE DOCTORS – WELCOME ON BOARD 2026” PLANNING MEETING (16 FEBRUARY 2026)

MMA Negeri Sembilan held a productive discussion with HTJS Management and Houseman representative Dr. Syahirah regarding the planning and coordination of the upcoming “Welcome on Board & HEARTS” Programme involving House Officers from HTJS and HTAN. The meeting focused on programme objectives, welfare support, and ensuring a meaningful orientation experience for junior doctors.

SPREADING FESTIVE APPRECIATION – CHINESE NEW YEAR HAMPERS AT HTJS (16 FEBRUARY 2026)

In conjunction with the Chinese New Year celebration, MMA Negeri Sembilan distributed festive hampers to Chinese doctors on duty and selected Chinese patients at HTJS as a token of appreciation and gratitude. The initiative reflected the association's commitment to inclusivity, appreciation, and festive goodwill within the healthcare community.

Branch Reports > MMA Negeri Sembilan

WEBINAR – MANAGEMENT OF DIABETES IN RAMADHAN (20 FEBRUARY 2026)

A webinar focusing on diabetes management during the fasting month of Ramadhan was successfully conducted with Dr. Sharifah Najwa as the speaker and Dr. Andrew Solamadan as moderator. The session attracted 186 participants and provided practical clinical guidance for healthcare practitioners managing diabetic patients during fasting.

WELCOME ON BOARD & HEARTS PROGRAMME 2026 (22 FEBRUARY 2026)

MMA Negeri Sembilan successfully organised the Welcome On Board & HEARTS Programme at Dewan Gemilang, HTJS, involving 50 House Officers from HTJS and HTAN. The programme featured welcoming addresses, mental health adaptation sessions, interactive discussions on challenges faced by junior doctors, and SCHOMOS professional sharing sessions. The programme was well received and provided valuable emotional support, professional guidance, and career insights for House Officers transitioning into clinical practice. During the event, MMA Negeri Sembilan also launched the promotional poster and special registration rate for the upcoming 5th Primary Care Symposium.

2ND EDITION OF MMA NEGERI SEMBILAN E-BULLETIN (28 FEBRUARY 2026)

MMA Negeri Sembilan published the second edition of its monthly E-Bulletin to update members on recent activities, upcoming programmes, branch achievements, and ongoing initiatives. The bulletin continued to serve as a platform to strengthen communication, engagement, and unity among members of the association.

March 2026 >

DISASTER RELIEF MANAGEMENT & CPR TRAINING PROGRAMME (1 MARCH 2026)

MMA Negeri Sembilan collaborated with Lions Clubs International District and the Emergency Department of Hospital Tuanku Ampuan Najihah (HTAN) to organise a Disaster Relief Management (DRM) and CPR Training programme at MI Academy, Seremban. The programme highlighted the importance of inter-agency collaboration in strengthening emergency preparedness and disaster response coordination. Participants gained valuable hands-on experience and essential life-saving skills through practical CPR sessions, emergency response training, and professional knowledge sharing.

IFTAR APPRECIATION EVENT (3 MARCH 2026)

MMA Negeri Sembilan organised a meaningful Iftar appreciation gathering at Hayyan Huda, Seremban, as a gesture of gratitude towards healthcare frontliners and committee members. The programme fostered unity, fellowship, and reflection during the Ramadan season while strengthening camaraderie and mutual support among healthcare professionals.

MEET & CONNECT WITH PKD SEREMBAN (5 MARCH 2026)

A Meet & Connect session was conducted with the Seremban District Health Office (PKD) led by the District Health Officer, Dr. Noor Khalil Bin Mohd Ali. The engagement aimed to strengthen collaboration between MMA Negeri Sembilan and district healthcare authorities, while also expressing appreciation for the continuous dedication of healthcare workers and extending Hari Raya greetings.

MEET & CONNECT WITH HOSPITAL TUANKU JA'AFAR SEREMBAN (HTJS) (6 MARCH 2026)

MMA Negeri Sembilan conducted a Meet & Connect session with the Director and management team of HTJS to strengthen professional relationships and collaboration. The visit also served as an opportunity to express appreciation to healthcare personnel for their dedication and contributions while extending Hari Raya greetings to the hospital team.

MEET & CONNECT WITH JABATAN KESIHATAN NEGERI SEMBILAN (JKNS) (6 MARCH 2026)

A professional engagement session was held with the Negeri Sembilan State Health Department (JKNS) to reinforce cooperation between MMA Negeri Sembilan and the state healthcare administration. The programme recognised the commitment and efforts of healthcare personnel throughout the state and promoted stronger networking and collaboration.

SCHOMOS MEMBERSHIP DRIVE AT HTJS (6 MARCH 2026)

MMA SCHOMOS Negeri Sembilan organised a membership drive booth during the Perhimpunan Bulanan at HTJS. The initiative actively engaged House Officers, Medical Officers, and Specialists to promote SCHOMOS membership and encourage greater professional participation within the association.

Branch Reports > MMA Negeri Sembilan

“ONE PROFESSIONAL, ONE VOICE” MEMBERSHIP INITIATIVE AT HTJS (7 MARCH 2026)

MMA Negeri Sembilan introduced the “One Professional, One Voice” initiative at HTJS as part of its membership appreciation and engagement efforts. The programme included symbolic pin presentations to new members, reflecting unity, professionalism, and a stronger sense of belonging within the medical fraternity.

“ONE PROFESSIONAL, ONE VOICE” MEMBERSHIP INITIATIVE AT JKNS (7 MARCH 2026)

The membership engagement initiative was also carried out at JKNS to further strengthen member recognition and reinforce MMA Negeri Sembilan’s commitment towards professional unity, collaboration, and healthcare advocacy across the state.

STRATEGIC COLLABORATION DISCUSSION WITH IMU UNIVERSITY (9 MARCH 2026)

MMA Negeri Sembilan held a strategic discussion session with Dr. Juliet Matthew from IMU University to explore future collaborations and partnership opportunities. Discussions included proposed community healthcare projects, educational programmes, and potential income-generating initiatives aimed at supporting organisational sustainability and professional development.

MEET & CONNECT WITH HOSPITAL TUANKU AMPUAN NAJIHAH (HTAN) (10 MARCH 2026)

A Meet & Connect session was held with the management team of HTAN to strengthen professional cooperation and engagement between MMA Negeri Sembilan and the hospital administration. The visit also served to convey appreciation to healthcare staff and extend Hari Raya greetings.

6TH MMA NEGERI SEMBILAN STATE BRANCH MEETING (10 MARCH 2026)

The 6th State Branch Meeting was successfully conducted at MMA House to discuss organisational matters, review ongoing initiatives, and plan upcoming activities and programmes for the association and its members.

BLOOD DONATION DRIVE – SEREMBAN 2 (14 MARCH 2026)

MMA Negeri Sembilan collaborated with Hospital Tuanku Ja’afar Seremban (HTJS) to organise a blood donation campaign at AEON Seremban 2 in support of the national blood supply. The programme successfully collected 42 units of blood and demonstrated strong public participation and community spirit.

HARI RAYA CELEBRATION PROGRAMME AT HTJS (17 MARCH 2026)

MMA Negeri Sembilan organised a festive Hari Raya programme at Ward 6 Bunga Raya, HTJS. Hampers and festive gifts were distributed to healthcare staff and paediatric patients as a gesture of appreciation and festive cheer, bringing joy and encouragement during the Hari Raya celebration period.

HIV TECHNICAL MEETING WITH PKD SEREMBAN (17 MARCH 2026)

The Chairman of MMA Negeri Sembilan attended the HIV Technical Meeting organised by PKD Seremban. The meeting focused on strengthening awareness, prevention strategies, early detection, and collaborative efforts in addressing HIV-related healthcare challenges within the community.

MEET & CONNECT WITH CORPORATE COMMUNICATIONS UNIT, HTJS (18 MARCH 2026)

A Meet & Connect session was held with the Corporate Communications Unit of HTJS to strengthen collaboration in programme promotion, public engagement, and healthcare communication strategies. The visit also served as a platform to express appreciation for the unit’s support towards MMA Negeri Sembilan activities and initiatives.

BLOOD DONATION DRIVE – NILAI (28 MARCH 2026)

Another successful blood donation campaign was organised at AEON Nilai in collaboration with HTJS. The programme received encouraging public participation and successfully collected 60 units of blood, contributing significantly towards the national blood bank reserves.

MMA JOHOR INSTALLATION DINNER (28 MARCH 2026)

The Chairman of MMA Negeri Sembilan attended the MMA Johor Installation Dinner as a gesture of support and fellowship. The event celebrated new leadership appointments while strengthening inter-state relationships, networking, and collaboration among MMA branches nationwide.

RELEASE OF THE 3RD MMA NEGERI SEMBILAN E-BULLETIN (30 MARCH 2026)

The third edition of the MMA Negeri Sembilan E-Bulletin was successfully released to provide members with updates on recent activities, upcoming programmes, branch achievements, and organisational developments. The bulletin continued to serve as an important communication platform to strengthen engagement and unity among members.

Branch Reports > MMA Negeri Sembilan

April 2026 >

MMA SCHOMOS NEGERI SEMBILAN MEMBERSHIP DRIVE AT HTJS (3 APRIL 2026)

MMA SCHOMOS Negeri Sembilan organised a membership drive booth during the Perhimpunan Bulanan at Dewan Gemilang, HTJS. The initiative engaged House Officers, Medical Officers, and Specialists to promote SCHOMOS membership, strengthen professional networking, and encourage active participation within the medical fraternity.

5TH MMA NEGERI SEMBILAN PRIMARY CARE SYMPOSIUM 2026 (4 APRIL 2026)

The 5th MMA Negeri Sembilan Primary Care Symposium was successfully held at Hotel Royale Chulan, Seremban, gathering approximately 150 healthcare professionals and 17 exhibition booths. The symposium was officially opened by YAB Dato' Seri Utama Haji Aminuddin bin Harun, Menteri Besar Negeri Sembilan, who delivered an inspiring speech appreciating healthcare professionals and MMA Negeri Sembilan's continued efforts in strengthening primary healthcare services. Featuring 10 insightful lectures by expert speakers, the symposium provided an excellent platform for continuous medical education, professional networking, collaboration, and knowledge sharing aimed at improving patient care and healthcare delivery.

MEET & CONNECT – STRENGTHENING DOCTORS' SUPPORT THROUGH WELCOME ON BOARD & HEARTS PROGRAMME (8 APRIL 2026)

MMA Negeri Sembilan continued its engagement with HTJS leadership through a strategic Meet & Connect session focused on advancing the Welcome on Board & HEARTS Programme for Medical Officers and Specialists across Negeri Sembilan hospitals and Klinik Kesihatan. Led by Chairman Dr. Selva Ganapathi Ganeson together with Dr. Zuhaida Bt Che Embi and Dr. Dzulkamal Bin Dawan, the discussion emphasised doctor wellbeing, professional development, mentorship, and the establishment of stronger support systems within the healthcare community.

WELCOMING FUTURE DOCTORS AT IMU WHITE COAT CEREMONY (10 APRIL 2026)

MMA Negeri Sembilan was honoured to attend the White Coat Ceremony at IMU Seremban, marking an important milestone for medical students embarking on their journey into the healthcare profession. Representing MMA Negeri Sembilan, Dr. Bavani and Dr. Narvindran attended the ceremony, with Dr. Bavani delivering a sharing session on the Medical Act to provide guidance and professional insight to future doctors. The ceremony symbolised responsibility, compassion, professionalism, and commitment to patient care.

COMMUNITY HEALTH OUTREACH – PROGRAM MESRA RAKYAT AT KG BARU SIKAMAT (11 APRIL 2026)

MMA Negeri Sembilan, in collaboration with IMU Care, successfully conducted a community health outreach programme at Kg Baru Sikamat under the Program Mesra Rakyat initiative. Supported by five MMA Negeri Sembilan committee members, the programme attracted more than 70 participants who benefited from basic health screenings and health awareness services. Several participants with non-communicable disease (NCD) risk factors were identified and referred to Klinik Kesihatan Sikamat and Klinik Kesihatan Desa Rhu for further medical management. The programme reflected strong collaboration between healthcare organisations, community leaders, and local agencies.

COMMUNITY HEALTH OUTREACH – PROGRAM MESRA RAKYAT AT KG BARU PAROI (12 APRIL 2026)

MMA Negeri Sembilan, together with IMU Care, continued its healthcare outreach efforts through the Program Mesra Rakyat initiative at Kg Baru Paroi. Supported by four committee members, the programme successfully provided basic health screening services and healthcare education to more than 50 community participants, further strengthening healthcare awareness and accessibility within the local community.

KIDNEY HEALTH FOR ALL – WORLD KIDNEY DAY CELEBRATION PROGRAMME (16 APRIL 2026)

MMA Negeri Sembilan proudly collaborated with the Nephrology Unit of Hospital Tuanku Ja'afar Seremban, the National Kidney Foundation of Malaysia, and other healthcare partners in conjunction with the World Kidney Day Celebration Programme held at UiTM Seremban. A total of 120 students and staff participated in the health screening programme, which included BMI assessment, blood pressure monitoring, glucose testing, urine dipstick analysis, and cholesterol screening. Several cases of asymptomatic proteinuria and hypercholesterolemia were identified early and referred for further follow-up. The programme also featured kidney health awareness talks and educational activities promoting preventive healthcare and healthy lifestyle practices.

Branch Reports > MMA Negeri Sembilan

COMMUNITY HEALTH OUTREACH – PROGRAM MESRA RAKYAT AT KG BARU MANTIN (18 APRIL 2026)

MMA Negeri Sembilan and IMU Care continued their outreach efforts through the Program Mesra Rakyat initiative at Balai Raya Kg Baru Mantin. Supported by two committee members, the programme attracted approximately 30–40 participants who received basic health screenings and healthcare education. The initiative demonstrated MMA Negeri Sembilan's ongoing commitment to bringing accessible healthcare services directly to the community.

COMMUNITY HEALTH OUTREACH – PROGRAM MESRA RAKYAT AT KG BARU NILAI (19 APRIL 2026)

MMA Negeri Sembilan, in collaboration with IMU Care, successfully organised another community healthcare outreach session at Kg Baru Nilai. Supported by two committee members, approximately 30–40 participants attended the programme and benefited from basic health screenings and healthcare awareness activities. The initiative further reinforced the association's commitment towards preventive healthcare and community wellbeing.

NATIONAL TEAM BUILDING PROGRAMME – KUALA TERENGGANU (18–19 APRIL 2026)

Four committee members from MMA Negeri Sembilan participated in the National Team Building Programme held in Kuala Terengganu. The programme focused on strengthening leadership skills, teamwork, communication, and collaboration among MMA leaders from across the country.

ADVANCING WOUND CARE KNOWLEDGE – HALF-DAY WOUND COURSE (18 APRIL 2026)

Dynamed and MMA Negeri Sembilan successfully organised a half-day wound care course at Klana Resort, Seremban, focusing on Practical Modern Dressings and Venous Ulcer Management for General Practitioners. The session highlighted evidence-based wound care approaches using the TIME concept alongside practical discussions on venous ulcer management. The programme provided valuable clinical updates and hands-on learning opportunities to enhance patient care and wound management practices.

MEET & CONNECT – WELCOME ON BOARD WITH HEARTS PROGRAMME (24 APRIL 2026)

MMA Negeri Sembilan continued strengthening collaboration with HTJS through another strategic planning session for the upcoming Welcome on Board & HEARTS Programme scheduled for 7 May 2026. Led by Chairman Dr. Selva Ganapathi and SCHOMOS Representative Dr. Tang, the initiative focused on providing professional support, mentorship, motivation, and welfare engagement for Medical Officers and Specialists across Negeri Sembilan hospitals and PKDs. The programme reflected a collective commitment towards building a stronger, more connected, and resilient healthcare fraternity.

WEBINAR – TB OUTBREAK: DO I NEED TO PANIC? (24 APRIL 2026)

MMA Negeri Sembilan successfully conducted a webinar titled TB Outbreak: Do I Need to Panic? via Zoom, attracting 205 participants. The session was delivered by Dr. Raymund Dass, Pulmonologist and Internal Medicine Consultant, who shared valuable insights regarding tuberculosis outbreaks, early detection, prevention strategies, and public health awareness. Dr. Andrew Solamadan served as moderator for the session. The webinar reflected MMA Negeri Sembilan's continued commitment to continuous medical education and professional empowerment.

BUILDING BRIDGES WITH NSIE – MEMBERS DAY 2026 (24 APRIL 2026)

MMA Negeri Sembilan attended NSIE Members Day 2026 held at Sg. Ujong Club, Seremban. The event provided a valuable platform for networking and engagement with entrepreneurs and professionals from various industries. Discussions focused on fostering future collaborations in healthcare, business, and community development while strengthening professional relationships and partnership opportunities.

COMMUNITY HEALTH OUTREACH – PROGRAM MESRA RAKYAT AT KG BARU ULU BERANANG (25 APRIL 2026)

MMA Negeri Sembilan, together with IMU Care, successfully conducted a healthcare outreach programme at Kg Baru Ulu Beranang under the Program Mesra Rakyat initiative. Supported by five committee members and attended by Ho Weng Wah, Personal Assistant to YB Anthony Loke, the programme attracted more than 40 participants who benefited from health screenings and healthcare awareness services. The initiative reflected MMA Negeri Sembilan's continuous commitment to community healthcare outreach.

Branch Reports > MMA Negeri Sembilan

COMMUNITY HEALTH OUTREACH – PROGRAM MESRA RAKYAT AT KG BARU BROGA (26 APRIL 2026)

MMA Negeri Sembilan and IMU Care successfully organised another outreach programme at Kg Baru Seri Broga under the Program Mesra Rakyat initiative. Supported by three committee members, the programme welcomed more than 50 participants and was honoured by the presence of YB Anthony Loke, Member of Parliament for Seremban and Minister of Transport. The outreach initiative continued to strengthen healthcare awareness and accessibility within local communities.

PRIMARY CARE SYMPOSIUM 2026 – APPRECIATION & FELLOWSHIP NIGHT (28 APRIL 2026)

Following the successful 5th MMA Negeri Sembilan Primary Care Symposium 2026, an Appreciation and Fellowship Dinner were organised at Narayana Tea Stall, Sendayan, to recognise and thank all committee members for their dedication and hard work. The symposium received highly positive feedback from participants, speakers, and exhibitors, particularly regarding the scientific programme, smooth organisation, and networking opportunities. The fellowship dinner served as a meaningful gathering to celebrate teamwork, strengthen friendships, and discuss future improvements for upcoming programmes.

HOUSEMEN ORIENTATION PROGRAMME AT HTJS (29 APRIL 2026)

MMA Negeri Sembilan participated in the Housemen Orientation Programme at Hospital Tuanku Ja'afar Seremban (HTJS), welcoming 41 new House Officers as they began their medical careers. The session introduced participants to MMA's role in supporting junior doctors through mentorship, welfare advocacy, professional guidance, and continuous professional development initiatives.

HEALTHY MINDS, BRIGHT FUTURE PROGRAMME (30 APRIL 2026)

MMA Negeri Sembilan collaborated with the National Adolescent Health Committee and USIM in organising the "Healthy Minds, Bright Future" programme at Sekolah Summit 2 Private, Seremban. The programme focused on adolescent health awareness, mental wellbeing, and health education for students, promoting healthier lifestyles and emotional resilience among young people.

RELEASE OF THE 4TH MMA NEGERI SEMBILAN E-BULLETIN (30 APRIL 2026)

The fourth edition of the MMA Negeri Sembilan E-Bulletin was successfully released, providing members with updates on branch activities, healthcare programmes, organisational achievements, and upcoming initiatives. The bulletin continued to strengthen communication, engagement, and unity among MMA Negeri Sembilan members.

May 2026 >

WELCOME ON BOARD & HEARTS PROGRAMME 2026 (7 MAY 2026)

MMA Negeri Sembilan successfully conducted the Welcome On Board & HEARTS Programme at Dewan Gemilang, HTJS, with the participation of 110 Medical Officers and Specialists from across Negeri Sembilan. The programme focused on doctors' mental health and wellbeing, workplace challenges, emotional support, and the importance of standing together as one medical fraternity.

MMA NEGERI SEMBILAN MEMBERSHIP DRIVE (8 MAY 2026)

MMA Negeri Sembilan conducted a membership drive during the HTJS Monthly Assembly held in conjunction with Labour Day at Dewan Gemilang, HTJS. Committee members actively engaged with fellow doctors to promote MMA membership, receiving encouraging interest and positive responses from many healthcare professionals.

MMA NEGERI SEMBILAN SLIM & FIT PROGRAMME (1 – 30 MAY 2026)

MMA Negeri Sembilan launched the Slim & Fit Programme to promote healthy living, fitness awareness, and work-life balance among doctors and healthcare members. The initiative encouraged regular physical activity, healthy lifestyle practices, teamwork, and mutual motivation while fostering mental wellness, stress reduction, and stronger fellowship among members and their families.

PALLIATIVE CARE SEMINAR (9 MAY 2026)

MMA Negeri Sembilan collaborated with Hospice Negeri Sembilan in organising the Palliative Care Seminar at Pertubuhan Hospice Negeri Sembilan Hall. The seminar attracted healthcare professionals from various disciplines and provided valuable updates on palliative care practices, multidisciplinary collaboration, and compassionate patient care.

MMA NS SLIM & FIT PROGRAMME: THE BAND QUEST CHALLENGE (10 MAY 2026)

The first physical activity under the Slim & Fit Programme was successfully held at Seremban 2 IJN City Park. Fifteen participants and their family members completed five rounds around the park to collect colourful bands, promoting healthy living, teamwork, family bonding, and motivation towards a more active lifestyle.

Branch Reports > MMA Negeri Sembilan

TRANSFORMATIONAL LEADERSHIP IN PATIENT SAFETY (13 – 14 MAY 2026)

MMA Negeri Sembilan was represented by Vice Chairman Dr. Narvindran and SCHOMOS Representative Dr. Tang at the Transformational Leadership in Patient Safety Programme held at KSL Esplanade Hotel, Klang. The programme provided valuable insights into leadership development and patient safety enhancement within healthcare settings.

NEGERI SEMBILAN DERMATOLOGY UPDATE (16 MAY 2026)

MMA Negeri Sembilan, in collaboration with the HTJS Dermatology Unit, successfully organised the Negeri Sembilan Dermatology Update at UCSI Hospital. Approximately 100 doctors attended the programme, which provided valuable clinical updates in dermatology. MMA Negeri Sembilan was also given the opportunity to introduce the association and encourage membership participation among attendees.

3RD MMA COUNCIL MEETING (16 MAY 2026)

The Chairman and Vice Chairman of MMA Negeri Sembilan attended the 3rd MMA Council Meeting held at Plaza Sentral. The meeting served as an important platform for discussions on matters affecting the medical profession and the association.

STATE BRANCH MEETING AND AGM PREPARATION (19 MAY 2026)

MMA Negeri Sembilan conducted an online State Branch Meeting to discuss branch matters and finalise preparations for the State Annual General Meeting scheduled for 5th June 2026.

4TH NATIONAL PELVIC RING INJURY SYMPOSIUM 2026 (18 – 19 MAY 2026)

MMA Negeri Sembilan collaborated with the Orthopaedic Department of HTJS in the successful organisation of the 4th National Pelvic Ring Injury Symposium 2026 at Royale Chulan Seremban. The symposium attracted 117 participants and provided important updates in pelvic ring injury management. Chairman Dr. Selva Ganapathi Ganeson delivered a special presentation entitled “Introduction to MMA: Strengthening the Medical Profession Through MMA,” which generated encouraging interest in MMA membership and reinforced the spirit of “One Profession, One Voice.”

CPR TRAINING PROGRAMME AT SEREMBAN PRISON (19 MAY 2026)

MMA Negeri Sembilan collaborated with the Negeri Sembilan Prison Department to conduct a CPR Training Programme for prison staff at Dewan Wawasan, Seremban Prison. The programme enhanced participants’ emergency response knowledge and basic life-saving skills while promoting awareness on the importance of early CPR intervention.

HIV, STI & HEPATITIS C AWARENESS AND SCREENING PROGRAMME (20 MAY 2026)

MMA Negeri Sembilan, together with PKD Seremban and the MMA Right to Health Committee, conducted an HIV and Hepatitis C Awareness Programme at Seremban Prison. The programme included educational sessions for prison staff and inmates, as well as HIV and Hepatitis C screening activities aimed at promoting early detection and improving public health awareness.

JELAJAH MMA SCHOMOS NEGERI SEMBILAN (21 MAY 2026)

MMA Negeri Sembilan organised a meaningful engagement session with doctors from several district hospitals in Negeri Sembilan alongside National SCHOMOS Vice President Dr. Sean Thum and MMA SCHOMOS Negeri Sembilan Representative Dr. Tang. Discussions focused on manpower shortages, increasing workloads, burnout, and challenges faced by healthcare workers while fostering support, camaraderie, and professional solidarity.

BLOOD DONATION CAMPAIGN AT AEON NILAI (23 MAY 2026)

MMA Negeri Sembilan collaborated with the Blood Transfusion Unit of HTJS to organise a Blood Donation Campaign at AEON Nilai. The programme aimed to increase public awareness on the importance of blood donation and support the continuous need for blood supply in healthcare services.

MMA NS SLIM & FIT PROGRAMME: HIKE & VIBE (24 MAY 2026)

MMA Negeri Sembilan successfully organised the “Slim & Fit 2.0 – Hike & Vibe” programme at Kepayang Hill, Seremban 2. More than 20 participants together with their family members took part in the healthy lifestyle activity, which promoted fitness, fellowship, family bonding, and overall wellbeing.

PROFESSIONAL ENGAGEMENT SESSION WITH ANANTHAN CHELLIAH & ASSOCIATES (29 MAY 2026)

MMA Negeri Sembilan conducted a professional engagement session with Ananthan Chelliah & Associates as part of its commitment towards good governance, accountability, and organisational sustainability. The discussion focused on strengthening organisational processes and ensuring continued adherence to best practices in branch management.

Branch Reports > MMA Negeri Sembilan

5TH MMA NEGERI SEMBILAN E-BULLETIN (31 MAY 2026)

MMA Negeri Sembilan published its 5th E-Bulletin to update members on the various activities, programmes, collaborations, and achievements undertaken throughout May 2026, ensuring members remain informed and engaged with branch initiatives.

June 2026 >

MMA NEGERI SEMBILAN ANNUAL GENERAL MEETING (5 JUNE 2026)

MMA Negeri Sembilan successfully conducted its Annual General Meeting (AGM) at Sungei Ujong Club, Seremban. The AGM served as an important platform for members to review the branch's achievements, financial performance, and activities conducted throughout the year. Members also engaged in constructive discussions on future plans, professional matters, and initiatives aimed at strengthening the medical fraternity within Negeri Sembilan.

MARSH TALK: PROFESSIONAL RISK MANAGEMENT AND INSURANCE AWARENESS (5 JUNE 2026)

Following the AGM, members attended an informative session by Marsh, focusing on professional risk management, medico-legal issues, and insurance-related matters relevant to medical practitioners. The session provided valuable insights into protecting professional practice and highlighted the importance of adequate risk management strategies in today's healthcare environment.

HTJS MONTHLY ASSEMBLY (5 JUNE 2026)

MMA Negeri Sembilan participated in the Hospital Tuanku Ja'afar Seremban (HTJS) Monthly Assembly, engaging with healthcare professionals and hospital staff. The programme provided an opportunity to strengthen relationships with doctors and promote awareness of MMA's role in supporting the medical profession and advocating for doctors' welfare.

PHARMA GP DINNER SYMPOSIUM – HYPHENS PHARMA CME (13 JUNE 2026)

MMA Negeri Sembilan supported the Hyphens Pharma Continuing Medical Education (CME) Dinner Symposium held at Royale Chulan Seremban. The scientific programme brought together general practitioners and healthcare professionals to discuss current clinical updates and advancements in patient management. The event also provided opportunities for professional networking and knowledge sharing among participants.

CDC TOWNHALL SESSION AT HTJS (13 JUNE 2026)

MMA Negeri Sembilan representatives attended the CDC Townhall Session at Hospital Tuanku Ja'afar Seremban. The session facilitated open discussions between healthcare stakeholders on current healthcare challenges, service delivery improvements, and future healthcare initiatives aimed at enhancing patient care and workforce sustainability.

Upcoming Programmes >

DENGUE AWARENESS PROGRAMME (18 JUNE 2026)

MMA Negeri Sembilan will be participating in a Dengue Awareness Programme aimed at educating the public on dengue prevention, early detection, and community responsibility in reducing mosquito breeding sites. The initiative supports ongoing public health efforts to combat dengue within the community.

PRIVATE PRACTICE TRAINING PROGRAMME – IDEAL CME (22 JUNE 2026)

MMA Negeri Sembilan members are encouraged to participate in the upcoming Ideal CME training programme, which will focus on topics relevant to private medical practice, professional development, and updates in healthcare management.

EMPOWERING GPs IN FERTILITY CARE – SUNFERT CME (27 JUNE 2026)

MMA Negeri Sembilan will support the Sunfert CME programme titled "Empowering GPs in Fertility Care." The session aims to enhance primary care practitioners' knowledge and confidence in managing fertility-related concerns, early assessment, counselling, and appropriate referral pathways for patients seeking fertility treatment.

COMMUNITY MEDICAL CAMP (28 JUNE 2026)

MMA Negeri Sembilan will be conducting a Community Medical Camp as part of its ongoing commitment towards community service and health promotion. The programme will provide basic health screening, medical consultations, health education, and preventive healthcare awareness to members of the public.

MYKASIH PROGRAMME AT UITM SEREMBAN 3 (26 JUNE 2026)

MMA Negeri Sembilan will collaborate in the upcoming MyKasih Programme at UiTM Seremban 3. The initiative aims to support community wellbeing through health-related activities, awareness programmes, and engagement with students and the surrounding community, reinforcing MMA's commitment towards public health outreach.

Branch Reports > MMA Negeri Sembilan

Summary >

MONTH	ACTIVITIES
Sep 2025	4
Oct 2025	15
Nov 2025	5
Dec 2025	10
Jan 2026	13
Feb 2026	14
Mar 2026	18
Apr 2026	20
May 2026	17
Jun 2026	10

Prepared by:

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Honorary Secretary

MMA PAHANG BRANCH

CHAIRPERSON

ASSOC. PROF. DATIN DR. FA'IZA ABDULLAH

VICE-CHAIRPERSON:

DR THILLAINATHAN A/L T PUSHPANATHAN @ T PASPANADAN

HONORARY SECRETARY:

DR. NOR AZLINA A RAHMAN

HONORARY TREASURER:

DR. LEE CHIN YEN

PPSMMMA REPRESENTATIVE:

DR PREM KUMAR S/O GOPAKUMARAN NAIR

SCHOMOS REPRESENTATIVE:

DR. GOVIND KISHEN PANICKER

COMMITTEE MEMBERS:

DATIN DR. GOWRI A/P SUNDARAM

DR. YU SIEW HONG

DR. ROSLINA BINTI HUSAIN

DR. TAN JIUNN LIANG

DR. MUHAMMAD ARIF MUSTAQIM BIN MOHD BASRI

COMMITTEE MEETINGS

The committee had a total of four meetings to discuss on the programmes that we planned for our branch during the year and all arising matters:

- 1st Committee Meeting - 11 October 2025
- 2nd Committee Meeting - 15 November 2025
- 3rd Committee Meeting - 21 January 2026
- 4th Committee Meeting - 6 May 2026

BRANCH ACTIVITIES

This quarterly report summarizes selected MMA Pahang activities from October 2025 to June 2026. The activities reflect engagement with SCHOMOS, house officers, medical students, specialist updates, continuing medical education, and member development. MMA Pahang contributed through collaboration, membership outreach, professional networking, and participation in scientific and community-oriented programs.

MMA PAHANG 1ST COMMITTEE MEETING 2025-2026 AND DOCTORS' DAY CELEBRATION

Date: 11 October 2025

Location: AC Marriott Hotel, Kuantan

MMA Pahang held its committee meeting to plan activities for the coming year and to mark Doctors' Day. Membership drive elements were incorporated into the activity planning, consistent with SCHOMOS-oriented engagement and branch development.



In conjunction with celebrating Doctors' Day on 10th Oct. 2024, the doctor's day 2025 celebration and MMA Pahang 1st committee meeting 2025-2026 for the coming year activities planning were held at the AC Marriott Hotel on the 11th October. Attended physically and virtually. The membership drive will be incorporated into each activity.

CPD: PRACTICAL APPROACH IN DIZZINESS: DIAGNOSIS, TREATMENT AND REFERRAL

Date: 12 October 2025

Location: AFPM Zoom Webinar

A virtual educational session on the clinical approach to dizziness, including diagnosis, management, and referral. Around 130 doctors attended from various parts of Malaysia, reflecting broad professional reach.



Branch Reports > MMA Pahang

CPD: AFPM & MMA PAHANG WEBINAR: WHEEZING IN CHILDREN

Date: 1 March 2026

Location: AFPM Zoom Webinar

A webinar on wheezing in children led by Assoc. Prof. Dato' Dr. Fadzil Abdullah, focusing on clinical overview, evidence-based management, and practical approaches to diagnosis, treatment planning, and long-term care. The session strengthened continuing education and clinical confidence in pediatric respiratory care.



CPD: CHAMPIONING THE SCIENCE OF GUT MICROBIOME

Date: 25 October 2025

Location: Zenith Hotel, Kuantan

A scientific updates event in collaboration with ICEM Global Sdn. Bhd., featuring lectures on gut microbiome, paediatric gut comfort, and nutritional management of FGID. MMA Pahang contributed to knowledge-sharing and interdisciplinary engagement.



KUANTAN DERMATOLOGY CLINICAL UPDATES 2025

Date: 14 December 2025

Location: AC Hotel, Kuantan

A dermatology clinical update covering psoriasis, vitiligo, atopic dermatitis, AI spot diagnosis, and case report presentation. MMA Pahang contributed to continuing professional education and knowledge exchange among clinicians.



ENDOMETRIAL CANCER EXCHANGE KEYIO+ PAHANG

Date: 16 January 2026

Location: AC Hotel Marriott Kuantan

A collaborative event focused on knowledge sharing, clinical advances, risk factors, management recommendations, and ongoing research in endometrial cancer. MMA Pahang contributed to specialist collaboration and professional learning.



MMA MEMBERSHIP DRIVE WITH HOUSEMEN

Date: 26 November 2025

Location: HTAA, Pahang

MMA Pahang engaged house officers during Houseman Orientation Day to welcome newly graduated doctors and promote membership. This supports SCHOMOS objectives of strengthening support, engagement, and belonging among young doctors.



PAEDIATRIC CIRCUMCISION AND ANAESTHESIA WORKSHOP 2025

Date: 4-5 December 2025

Location: Hospital Bentong, Pahang

A collaborative workshop focused on safe circumcision in children, anaesthesia methods, and complication management. MMA Pahang's involvement helped strengthen practical clinical training and professional development for doctors and paramedics.



10TH MMA CUP NATIONAL DOCTORS BADMINTON TOURNAMENT

Date: 10-11 January 2026

Location: Arena Sukan Kuala Lumpur

MMA Pahang participated in the national doctors' badminton tournament. The women's team reached the semifinals and the veterans won bronze, contributing to camaraderie, wellness, and a stronger MMA community spirit.



Branch Reports > MMA Pahang

MMA MEET & GREET WITH MEDICAL STUDENTS 2026

Date: 31 January 2026

Location: Kulliyah of Medicine, IIUM Kuantan Campus, Pahang

A medical student engagement programme supported by Kulliyah of Medicine, IIUM, and partner organisations. The event helped strengthen professional identity, mentorship, and the future pipeline of young doctors, consistent with SCHOMOS engagement goals.



AURELIUS HOSPITAL PAHANG RAYA GATHERING 2026

Date: 15 April 2026

Location: Zenith Hotel, Kuantan

MMA Pahang Committee members were invited to the Raya Gathering organized by Aurelius Hospital Pahang illustrating the good connections between the two institutions.



MMA TEAM BUILDING 2026

Date: 18 – 19 April 2026

Location: Bidong View Resort, Kuala Terengganu

Every year MMA organizes Team Building programme to engage the newly appointed MMA committee members from every state with the council members, also to enhance their leadership and management skills. This year the event was organized by MMA Terengganu.



FUTURE PROGRAM PLANNED:

20TH JUNE 2026

44th Annual General Meeting of MMA PAHANG
Appreciation Dinner for MMA Pahang members

4TH - 5TH JULY 2026

15th Annual Scientific Meeting & Regional Medical Updates 2026

KIV

- BOWLING NIGHT WITH SCHOMOS
- MEETING WITH THE NEW HTAA HOSPITAL DIRECTOR
- MEETING WITH THE NEW JKPN DIRECTOR
- SCHOMOS TALK DURING THE HOUSEMAN ORIENTATION PROGRAMME IN HTAA



Prepared by:
DR. NOR AZLINA A RAHMAN
Honorary Secretary

Checked and Approved by:
ASSOC. PROF. DATIN DR. FA'IZA ABDULLAH
Chairperson

MMA PENANG BRANCH

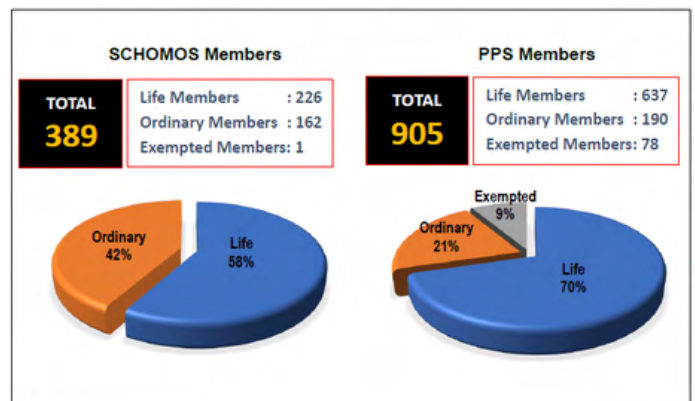
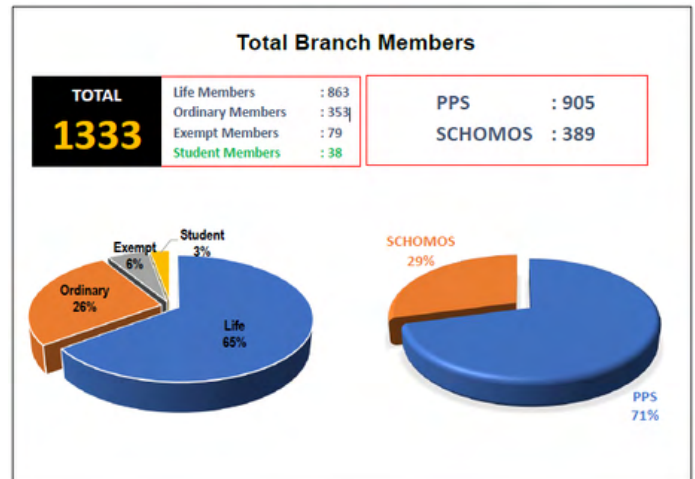


ATTENDANCE AT COMMITTEE MEETINGS

	30.09.25	18.11.25	13.02.26	22.04.26
	Physical	Physical	Physical	Physical
DATO' DR PARMJIT SINGH Chairman	✓	✓	✓	✓
DR DIVAGAR VARATHA RAJU Vice Chairman	✓	✓	✓	✓
DR PRABHU RAMASAMY Honorary Secretary	✓	✓	✓	✓
DR M VAIRAVAN Honorary Treasurer	✓	✓	✓	✓
DR JAMES RAUO DEVADAS PPS Representative	✓	✓	✓	✓
DR KAVIN RAJ PERGAS SCHOMOS Representative	✓	✓	✓	✓
DATO' DR KULWARAN SINGH Committee Member	✓	✓	✓	✓
DR VASU PILLAI LETCHUMANAN Committee Member	✓	✓	✓	✓
DR KANTHAN MURUGIAH Committee Member	✓	✓	✗	✓
DR JAIANAND J TEJANI Committee Member	✓	✓	✓	✓
DR PRAVEEN SELVARAJAH Committee Member	✗	✓	✓	✓

MEMBERSHIP STATISTICS

As of 21st May 2026, there were 1,333 members in benefit. The breakdown is as follows:



MMA COUNCIL MEETINGS

The Branch was represented by the Chairman Dato' Dr Parmjit Singh and Vice Chairman Dr Divagar Varatha Raju. The two alternate representatives, who were nominated and accepted unanimously at the 42nd MMA Penang Branch AGM were Honorary Secretary Dr Prabhu Ramasamy and Honorary Treasurer Dr M Vairavan. Till date there was 3 Council meetings.

PPS AND SCHOMOS NATIONAL WORKING COMMITTEE (NWC) MEETINGS

The Branch was represented by the PPS Representative Dr James Rao Devadas to the PPS NWC Meetings and SCHOMOS Representative Dr Kavin Raj Pergas to SCHOMOS NWC Meetings. Till date there was 3 PPS NWC Meetings and 3 SCHOMOS NWC Meetings

Branch Reports > MMA Penang

SUB-COMMITTEES

MMA Penang Branch currently operates through two key subcommittees that play vital roles in ensuring the smooth administration, coordination, and execution of the branch's activities and professional engagements. These subcommittees are instrumental in supporting the branch's objectives, member welfare, continuing professional development initiatives, and advocacy efforts. The two main subcommittees are:

MMA Penang CPD Subcommittee

Responsible for overseeing Continuing Professional Development (CPD) related matters, including the review and coordination of CPD applications, educational programmes, scientific activities, and professional training initiatives in line with MMA and national CPD requirements.

PPS & SCHOMOS Subcommittee

Focused on matters involving Private Practitioners Section (PPS) and Section Concerning House Officers, Medical Officers and Specialists (SCHOMOS), this subcommittee actively addresses issues related to doctors' welfare, professional development, workplace concerns, and engagement activities involving both private and government healthcare practitioners.

PENANG BRANCH MEMBERS IN NATIONAL MMA COMMITTEES

DATO' DR PARMJIT SINGH A/L KULDIP SINGH

1. MMA Council
2. MMA Executive Committee (EXCO - Honorary Deputy Secretary)
3. PPS Executive Committee (EXCO)
4. PPS National Working Committee (NWC)
5. SCHOMOS Executive Committee (EXCO)
6. SCHOMOS National Working Committee (NWC)
7. Malaysian Adverse Drug Reactions Advisory Committee (MADRAC)
8. MMA Building Committee
9. Jawatankuasa Kebangsaan "Managed Care", KKM
10. Jawatankuasa Gubalan Pindaan Akta Kemudahan Dan Perkhidmatan Jagaan Kesihatan Swasta 1998 (Akta 586)
11. Jawatankuasa Teknikal Senarai Ubat Penting Kebangsaan
12. MMA Insurance Committee

DR KISHEAAN DEVARAJAN

1. Action on Smoking and Health (ASH) Committee

DR KAVIN RAJ PERGAS

1. SCHOMOS National Working Committee (NWC)

DR JAMES RAUO A/L DEVADAS

1. PPS National Working Committee (NWC)

DR DIVAGAR A/L VARATHA RAJU

1. MMA Council
2. Computer Technical Committee
3. MMA Society of Medical Students (SMMAMS Advisor)

DR VASU PILLAI A/L LETCHUMANAN

1. MMA Council
2. MMA Executive Committee (EXCO) - (Honorary General Secretary)
3. SCHOMOS Executive Committee (EXCO)
4. SCHOMOS National Working Committee (NWC)
5. PPS Executive Committee (EXCO)
6. PPS National Working Committee (NWC)
7. MPSN Development Committee
8. MMA Building Committee
9. CPD Committee
10. MMA Insurance Committee
11. Computer Technical Committee
12. MMA's Investment Committee
13. Jawatankuasa Pindaan Jadual Ketiga Belas, Akta Kemudahan dan Perkhidmatan Jagaan Kesihatan Swasta 1998 (Akta 586)
14. Jawatankuasa Gubalan Pindaan Akta Kemudahan Dan Perkhidmatan Jagaan Kesihatan Swasta 1998 (Akta 586)
15. Grievance Mechanism Committee
16. International Affairs Committee
17. Ethics Committee
18. MMA's Investment Committee
19. Lembaga Iklan Ubat
20. Berita MMA Editorial Board

MMA PENANG BRANCH WEBSITE & SOCIAL MEDIA

The website for MMA Penang Branch is updated and mainly used for the GP Conference purposes. MMA Penang activities are regularly updated on Facebook and Twitter. The MMA Penang X (Twitter) and Facebook page is open to all. The MMA Penang Doctors Facebook page and SCHOMOS Penang Facebook is a private group and meant only for internal viewing of Penang Branch members.



www.mmapenang.com



[@MMAPenangBranch](https://twitter.com/MMAPenangBranch)



[MMA Penang Facebook](https://www.facebook.com/MMAPenangFacebook)



[SCHOMOS Penang Facebook \(Members Only\)](https://www.facebook.com/SCHOMOSPenangFacebook)



[MMA Penang Doctors Facebook \(Members Only\)](https://www.facebook.com/MMAPenangDoctorsFacebook)

SECRETARIAL AND ACCOUNTING SERVICES

Currently RW Kugan Advisory Sdn. Bhd. has been engaged to provide secretarial service for the branch.

Branch Reports > MMA Penang

BRANCH ACTIVITIES

42ND MMA PENANG BRANCH AGM (HYBRID) AND CME SESSION

The MMA Penang Branch successfully held its 42nd Annual General Meeting (AGM) on 1st June 2025 at the Penang Marriott Hotel. This year's AGM was conducted in a hybrid format, allowing wider participation, with approximately 60 members attending in person and more joining virtually.



The meeting proceeded smoothly, with all agenda items well received and deliberated by the members. Dato' Dr. Parmjit Singh was elected as the new incoming Chairman, succeeding the outgoing Chairman, Dr. Divagar Varatha Raju.

CHILDREN'S DAY CELEBRATION 2025 AT HOSPITAL BUKIT MERTAJAM

On 13th December 2025, the Malaysian Medical Association (MMA) Penang Branch, together with the Paediatric Department of Hospital Bukit Mertajam and the Hospital Board of Visitors, successfully organised the Children's Day Celebration 2025 at Hospital Bukit Mertajam Auditorium. The event aimed to promote holistic child development while raising awareness among parents on children's physical, emotional, and mental wellbeing.

The programme was co-officiated by MMA Penang Branch Chairman Dato' Dr Parmjit Singh, Hospital Director Dr Prashant Subramanian, and Board of Visitors representative Mr Ang Tun Gee. A total of 75 participants, including parents, children, and invited guests, attended the event.

Educational talks on children's mental health and effective communication skills were conducted to help parents better support their children's emotional and behavioural development.



The event also featured engaging family-friendly activities such as a colouring contest, aerobics, sand art, educational booths, and clown performances, creating a lively and inclusive atmosphere.

Overall, the celebration successfully combined education and entertainment, reinforcing the importance of mental wellbeing, early intervention, effective parenting, and stronger community engagement between healthcare professionals, parents, and children.

LIGHTING UP SMILES: MMA PENANG'S DEEPAVALI ENGAGEMENT WITH CHILDREN

On Sunday 23rd November 2025, the Malaysian Medical Association (MMA) Penang Branch paid a meaningful visit to Pertubuhan Kebajikan Vallal Malaysia (Penang) to share the joy of the Festival of Lights with God's little ones, with the aim of bringing happiness and support to the children at the home.

Our Chairman, Dato' Dr Parmjit Singh, together with the MMA

Penang team, received a warm and heartfelt welcome from the caretaker, Mr. Girithren K. Veerasingam, and the children. As part of the visit, the team also delivered essential rations to support the daily needs of the kids.

During the visit, the team spent about an hour engaging with the caretaker and interacting with the children. The atmosphere was filled with smiles, laughter, and a deep sense of togetherness as the caretaker shared the children's stories and experiences. Mr. Girithren provided a detailed briefing on the home, its daily operations, and the background of the children under their care.

The discussion also touched on the medical needs of the children, where MMA Penang explored ways to offer further medical attention and support to enhance their wellbeing. The visit not only strengthened the relationship between the association and the home but also reaffirmed MMA Penang's commitment to community service and child welfare.

This Deepavali initiative served as a heartwarming reminder of the importance of compassion, inclusion, and giving back to the community.



DOCTORS' DAY 2025

In conjunction with Doctor's Day 2025, the Malaysian Medical Association (MMA) Penang Branch proudly participated in the "Healing the Healers" celebration held at Prince Court Medical Centre, Kuala Lumpur on 25th October 2025.

Representing MMA Penang was Chairman Dato' Dr Parmjit Singh (also the Honorary Deputy Secretary), SCHOMOS Representative Dr Kavin Raj Pergas, PPS Representative Dr James Rao Devadas, and Committee Member Dr Vasu Pillai Letchumanan, who also serves as the Honorary General Secretary.

Branch Reports > MMA Penang

The theme “Healing the Healers” highlights a crucial truth that doctors, too, need care and support. In the face of today’s demanding healthcare environment, maintaining one’s physical, emotional, social, and spiritual well-being is vital to ensure that doctors continue to provide the best possible care to their patients.

Doctors was also held on Friday 10th October 2025 in Penang and was officiated by the Penang State EXCO for Youth, Sports & Health, YB Daniel Gooi, who expressed his heartfelt appreciation to all doctors for their dedication and service to the people of Penang and beyond.

Our Chairman, Dato’ Dr Parmjit Singh, warmly welcomed all members and guests, setting the tone for a night of camaraderie, reflection, and gratitude. The evening wrapped up with exciting lucky draws and plenty of smiles all around!

MMA Penang Branch extends its sincere thanks to our event partners namely, Island Hospital, Pantai Hospital Penang, Loh Guan Lye Specialist Centre, G Hotel Penang for their continuous support and collaboration.



MEDICAL CAMP IN CONJUNCTION WITH THE NORTHERN REGION SIKH MELA 2025

On 15th September 2025, the Malaysian Medical Association (MMA) Penang Branch successfully organised a medical camp in conjunction with the Northern Region Sikh Mela 2025. The event saw the participation of over 556 individuals and their families.

The occasion was officiated by the Chief Minister of Penang, Chow Kon Yeow, and the Deputy Chief Minister II of Penang, Jagdeep Singh Deo, adding prestige and recognition to the community initiative.

The medical camp, led by Dato’ Dr Parmjit Singh, Chairman of the MMA Penang Branch, was made possible through the dedication of the committee members and branch members, who formed the team of doctors conducting the camp. The focus was on screening for non-communicable diseases (NCDs), which was well received by participants.

This initiative forms part of the branch’s ongoing community outreach programme, aimed at promoting health awareness and early detection of diseases among the public.

MMA PENANG AT MADANI HEALTH CARNIVAL & BLOOD DONATION CAMPAIGN 2025

MMA Penang was proud to be part of the MADANI Health Carnival & Blood Donation Campaign 2025, held today at Setia SPICE Arena. This community-driven event, jointly organised by MPKK Lebuhr Relau and the Penang DAP Indian Bureau, brought together healthcare partners, NGOs, and community organisations with one shared goal – to promote better health and wellbeing for all.

The carnival featured free health screenings, informative wellness booths, and a multi-hospital blood donation drive that encouraged the spirit of giving and saving lives.

MMA Penang Branch was represented by PPS Representative Dr Kanthan Murugiah, Committee Members Dato Dr Kulwaran Senie, Dr M. Vairavan and branch member Dr Terlochan Singh.

A big thank you to the organisers for including MMA Penang in this meaningful initiative, and to all the volunteers, partners, and members of the public who came together to make the day a success.



MMA NATIONAL BOWLING TOURNAMENT 2025 – MMA PENANG STRIKES STRONG!

The MMA National Bowling Tournament 2025, held on 3rd August 2025 at Ampang Superbowl, Berjaya Times Square, was a fantastic showcase of team spirit and sportsmanship!

MMA Penang was proudly represented by two solid teams:

- Team Penang A comprises by Dato’ Dr Parmjit Singh, Mr Vasu Pillai Letchumanan and Dr Francis Lau
- Team Penang B comprises by Dr Divagar Varatha Raju, Dr James Rauo Devadas and Dr Kavin Raj Pergas

Team Penang A clinched 2nd place, while Team Penang B secured 4th place among strong national contenders!

Team Event Winners:

- 1st – MMA Kelantan
- 2nd – MMA Penang A,
- 3rd – MMA Perak + Kedah
- 4th – MMA Penang B
- 5th – MMA Negeri Sembilan



A GRAND MILESTONE: MMA PENANG HOSTS THE NATIONAL MMA CONVENTION AND SCIENTIFIC CONGRESS 2025 & 65TH MMA AGM

The MMA Penang Branch proudly marked a historic milestone by successfully hosting the National MMA Convention & Scientific Congress 2025 together with the 65th MMA Annual General Meeting (AGM) from 11th to 13th September 2025 at the prestigious G Hotel Penang. Executed with scale, precision, and unmistakable grandeur, the event firmly positioned Penang as a benchmark host for national-level medical gatherings.

This landmark event was spearheaded by Dato' Dr Parmjit Singh and Dr Divagar Varatha Raju, serving as the Organising Chairman and Co-Organising Chairman respectively. Its success was the result of months of meticulous planning, strategic coordination, and tireless preparation, reflecting strong leadership, disciplined execution, and a committed organising team working behind the scenes to deliver an event of national stature.

The first two days were dedicated to the National MMA Convention and Scientific Congress, attracting more than 350 physical participants from across the country. The congress provided a robust platform for scientific exchange, policy discourse, and professional networking.

On the afternoon of Day 1, the Annual General Meetings of SCHOMOS and PPS were convened, reinforcing engagement across the full spectrum of the medical fraternity. The Scientific Congress concluded successfully on Day 2, rounding off two days of high-impact academic and professional discourse.

The evening of Day 2 witnessed the opening ceremony of the 65th MMA AGM, a centrepiece of grandeur and symbolism. Delegates were greeted with the marching-in of MMA office bearers bearing their respective state flags, accompanied by a bagpipe band, a powerful and symbolic moment of unity. This was followed by a spectacular opening ceremony video. The MMA President warmly welcomed all delegates and formally conducted the AGM proceedings before adjourning the meeting to the following day.

On Day 3, the AGM continued seamlessly, with all agenda items deliberated and well received, reflecting strong governance and collective consensus.

Complementing the formal proceedings, delegates were treated to three grand dinners, each reflecting Penang's hospitality and stature:

Day 1: State Dinner at G Hotel Penang - The State Dinner was graced by Tuan Yang Terutama Tun Dato' Seri Utama Haji Ramli bin Ngah Talib, Yang di-Pertua Pulau Pinang. Also in attendance were the Chief Minister of Penang YAB Chow Kon Yeow, Deputy Chief Minister II of Penang YB Jagdeep Singh Deo, Penang State Executive Councillor for Youth, Sports and Health YB Daniel Gooi Zi Sen, YB Senator Dr R. A. Lingeswaran, and Penang State Health Director Dato' Dr Fazilah binti Shaik Allaudin, alongside distinguished state dignitaries.

Day 2: Informal Night at Laguna Bay - The Informal Night was held in a relaxed beachfront setting at Laguna Bay and was graced by Daniel Gooi Zi Sen, Penang State Executive Councillor for Youth, Sports and Health, offering delegates an evening of camaraderie by the sea.

Day 3: Annual Banquet at Penang Marriott Hotel - The closing highlight was the Annual Banquet at Penang Marriott Hotel, graced by YB Datuk Seri Dr Haji Dzulkefly Ahmad, Minister of Health Malaysia. Also present was YB Datuk Amar Professor Dr Sim Kui Hian, Deputy Premier of Sarawak adding further national significance to the evening.

In summary, the National MMA Convention & Scientific Congress 2025 and the 65th MMA AGM were not merely well-run events, they were a statement of capability, unity, and leadership. MMA Penang delivered excellence at every level, setting a high bar for future national conventions and reaffirming Penang's standing as a premier destination for major professional and scientific gatherings.



Branch Reports > MMA Penang

WOMEN'S HEALTH IS UNIVERSAL HEALTH

On Friday, 25th July 2025, MMA Penang Branch and the Women's Health Committee of the Malaysian Medical Association (MMA), in collaboration with the Klinik Kesihatan Butterworth, successfully organised a public health awareness campaign titled "Women's Health is Universal Health." MMA Penang Branch was honoured to be involved in this impactful initiative, aimed at promoting awareness and empowering the community on critical aspects of women's health.

This collaborative campaign was spearheaded by Dr. Masniza Izani, Dr. Salman Hussin and Dr. Bavani Naido from Klinik Kesihatan Butterworth along with the MMA Women's Health Committee.

Representing MMA Penang Branch, Dr. Divagar Varatha Raju, Chairman of MMA Penang, took this opportunity to engage with the doctors at Klinik Kesihatan Butterworth through a membership talk. He highlighted the importance of uniting under the MMA umbrella as the collective voice of the medical profession in Malaysia.

The campaign not only raised awareness on women's health but also strengthened the collaborative relationship between MMA Penang and Klinik Kesihatan Butterworth. Both parties expressed interest in fostering future joint initiatives that will further enhance healthcare delivery and professional engagement in Penang.



SMMAMS SUTURING WORKSHOP, SUPPORTED BY MMA PENANG

The SMMAMS Suturing Workshop, organized by SMMAMS and supported by MMA Kedah, MMA Penang, and MMA Perak, was a resounding success!

Held at AIMST University on Saturday, 14th June 2025, the event brought together 75 passionate medical students from AIMST, RUMC, and UNISHAMS, all eager to sharpen their clinical skills.

Guided by experienced facilitators and invited doctors, participants received hands-on training in fundamental suturing techniques, an essential skill for every future doctor. The enthusiasm and dedication shown by the students were truly commendable.

Present at the event were both Advisors of SMMAMS, Dr. Thiyagar Nadarajaw and Dr. Divagar Varatha Raju, who was proud to witness the success of this student-led initiative. MMA Penang was represented by its Branch Chairman Dr. Divagar Varatha Raju, Honorary Secretary Mr. Prabhu Ramasamy, and Past Chairman Dr. Kisheaan Devarajan.

Both Mr. Prabhu and Dr. Kisheaan also served as facilitators for the workshop. Other facilitators were from Kedah and one was from Perak.

The event was further enriched through the collaboration with RUMC Surgical Society and MEDSA, and we extend our heartfelt thanks to the sponsors for their generous support. It is proud to see how far these young leaders have come. The workshop was a brilliant display of teamwork, practical learning, and inter-campus camaraderie.



MMA PENANG IN ACTION AT MEDICAL CAMP

On Saturday 11th October 2025, in conjunction with Malaysia Day 2025, the Malaysian Medical Association Penang Branch proudly joined hands with United Sikhs Malaysia and Foodbank Malaysia to serve the community through a Free Medical Screening Camp held today at Gurdwara Sahib Bayan Baru.

This collaborative initiative was spearheaded by Dato' Dr Parmjit Singh, Chairman of MMA Penang Branch, with the support of our members and volunteers.

Our dedicated team of doctors and volunteers offered a comprehensive range of health screenings, covering vital checks, blood investigations, eye and dental assessments, as well as advanced tests such as AI-eye retina scans, ultrasound, echocardiogram, and bone scans, ensuring holistic care for the community.

It was truly a day of service and compassion, bringing together medical professionals and volunteers to care for our community's health and well-being.



DEEPAVALI COMMUNITY HEALTH OUTREACH

On Saturday 18th October 2025, the Malaysian Medical Association (MMA) Penang Branch was honoured to be part of the Pemberian Baucer Kepada Golongan B40 Parlimen Bukit Gelugor event held at Hotel Atrium Sunshine Central, in conjunction with the Deepavali celebrations. MMA Penang, led by Chairman Dato' Dr Parmjit Singh, participated in this event through a medical camp and health screening segment, extending our commitment to community well-being in conjunction with this celebration.

Branch Reports > MMA Penang

In collaboration with other community partners, our dedicated MMA Penang doctors provided free health screenings under the Peka B40 Health Programme, which includes blood pressure, glucose, and cholesterol checks. Also present was MMA Penang Branch Vice Chairman Dr Divagar Varatha Raju and Branch member Dr Terlochan Singh.



RAMADAN IFTAR DINNER WITH JABATAN KESIHATAN NEGERI PULAU PINANG

The MMA Penang Branch organised a Ramadan Iftar Dinner with Jabatan Kesihatan Negeri Pulau Pinang on 5 March 2026 at Sago, Penang Marriott Hotel.

The event was graced by several distinguished guests, including the Penang State Health Director, Dato' Dr Fazilah binti Shaik Allaudin, and the President-Elect of MMA, Dr Sivanaesan Letchumanan.

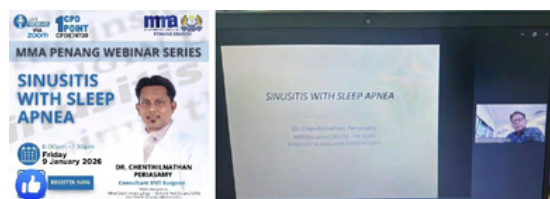
Also in attendance were the Deputy State Health Director; the Directors of Hospital Pulau Pinang, Hospital Seberang Jaya, Hospital Balik Pulau, Hospital Kepala Batas, Hospital Sungai Bakap and representative from Hospital Bukit Mertajam.

Deputy Directors and their representatives from Hospital Pulau Pinang and Hospital Seberang Jaya were also present, along with representatives from State CKAPS.

The District Health Officers for Barat Daya and Seberang Prai Utara attended the dinner, while the District Health Officers of Seberang Perai Tengah, Seberang Prai Selatan, and Timur Laut were represented.

Also present were the Honorary General Secretary of the Malaysian Medical Association, Dr Vasu Pillai Letchumanan, and the Honorary Deputy Secretary, Dato' Dr Parmjit Singh.

The evening, hosted by the MMA Penang Branch, was attended by its Chairman, Dato' Dr Parmjit Singh, Vice-Chairman Dr Divagar Varatha Raju, Honorary Secretary Dr Prabhu Ramasamy, Honorary Treasurer Dr M. Vairavan, SCHOMOS Representative Dr Kavin Raj Pergas, PPS Representative Dr James Rao Devadas and the majority of the branch committee members.



THE MMA PENANG WEBINAR SERIES: SINUSITIS WITH SLEEP APNEA

The MMA Penang Webinar Series: Sinusitis with Sleep Apnea, held on Friday, 9 January 2026, wrapped up strongly with over 200 participants tuning in via Zoom.

This CPD event delivered high-value, practice-relevant insights on the often-overlooked intersection between sinus disease and sleep apnea, an issue that cuts across primary care, ENT, and sleep medicine.

A big shout-out to our speaker, Dr Chenthilnathan Periasamy, Consultant ENT Surgeon, for a sharp, structured, and clinically grounded presentation that translated evidence into real-world decision-making. The event was moderated by the PPS Representative of MMA Penang Branch Dr James Rao Devadas.

The lively Q&A session reflected strong interest and active participation from doctors across disciplines, exactly the kind of engagement we aim for.

We also thank the Chairman of MMA Penang Branch Dato Dr Parmjit Singh for the opening address and all participants for making time after hours to invest in continuous professional development. MMA Penang remains committed to delivering high-quality, accessible CPD that supports doctors on the ground.

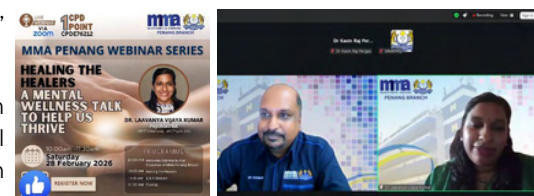
MMA PENANG WEBINAR SERIES: HEALING THE HEALERS: A MENTAL WELLNESS TALK TO HELP US THRIVE

On Saturday, 28 February 2026, the Malaysian Medical Association (MMA) Penang Branch successfully conducted its monthly online CME session, titled "Healing the Healers: A Mental Wellness Talk to Help Us Thrive." The event addressed the critical need for mental health support within the medical community, drawing an impressive audience of nearly 100 participants. The session featured Dr. Laavanya Vijaya Kumar, a psychiatrist from Penang General Hospital, who provided expert insights into the unique psychological pressures faced by clinicians.

Under the moderation of Dr. Divagar Varatha Raju, Vice Chairman of MMA Penang, the webinar transcended the traditional lecture format. Key Highlights:

- **Interactive Engagement:** The session utilized a mix of self-realization exercises and evocative videos to foster deep reflection.
- **Actionable Insights:** Participants explored strategies for resilience and long-term professional thriving.
- **Community Connection:** The high turnout underscored a growing commitment to prioritizing the well-being of healthcare providers.

The high turnout underscores a vital shift in the medical community, recognizing that to provide the best care for patients, healers must first ensure their own mental resilience. By fostering an environment of self-reflection and support, MMA Penang continues to lead the way in professional advocacy and holistic medical professional's health.



Branch Reports > MMA Penang

MMA PENANG WEBINAR SERIES: BIPOLAR DEPRESSION

On 4th March 2026, the Malaysian Medical Association Penang Branch successfully conducted a webinar on Bipolar Depression as part of the MMA Penang Webinar Series.

We extend our sincere appreciation to Dr Thinesh Rajasingam, Consultant Psychiatrist, for delivering a comprehensive and insightful presentation. The session provided valuable updates on the diagnosis and management of bipolar depression, with practical perspectives relevant to daily clinical practice.

The webinar was well attended, with active participation observed during the question and answer session, reflecting the strong interest in mental health care among practitioners.

We would also like to thank all participants for their continued support and engagement, which are essential to the success of our educational initiatives.

Mental health remains an integral component of primary care. Early identification and appropriate management of bipolar depression are crucial in improving patient outcomes and quality of life.

MMA Penang Branch remains committed to providing high quality continuing professional development activities and looks forward to bringing more educational programmes in the near future.

MMA PENANG WEBINAR SERIES: AUTISM SPECTRUM DISORDER (ASD): WHAT CAN WE DO AT PRIMARY CARE?

On Saturday, 25 April 2026, the Malaysian Medical Association (MMA) Penang Branch hosted another insightful session in its monthly webinar series, focusing on a critical topic for frontline healthcare providers: "Autism Spectrum Disorder (ASD): What Can We Do at Primary Care?".

The event kicked off with a welcoming address by Dr. Kavin Raj Pergas, SCHOMOS Representative of the MMA Penang Branch. The session was expertly moderated by Dr. Laavanya Vijayakumar, a Psychiatrist from Penang General Hospital, who facilitated a smooth and engaging dialogue throughout the afternoon.

Our guest speaker, Dr. Sathyabama Ramachandram, Consultant Developmental Paediatrician, delivered a comprehensive presentation aimed at empowering General Practitioners and primary care providers with the tools for early identification and intervention. Key Highlights:

- The Power of Early Detection: Insights into recognizing "Red Flags" as early as 6 months, such as a lack of social smiling or poor eye contact.
- Screening Tools: A practical guide on using the M-CHAT-R/F tool to screen toddlers at 18 and 24 months to ensure no child falls through the cracks.
- Neuroplasticity & Outcomes: Understanding how early referral to multidisciplinary teams—including speech and occupational therapists—leverages neuroplasticity to improve long-term success.
- Debunking Myths: A firm reminder that immunizations are not associated with the development of ASD.

MMA PENANG WEBINAR SERIES: PELVIC ORGAN PROLAPSE, FROM PATHOLOGY TO PERSONALIZED TREATMENT

The MMA Penang Webinar Series titled "Pelvic Organ Prolapse:



From Pathology to Personalized Treatment" was successfully conducted on 5th May 2026 via Zoom, with strong participation from healthcare professionals and medical practitioners.

The webinar featured an informative and engaging presentation by Dr Shasindran Ramanujam, Consultant Uro-Gynaecologist, Obstetrician & Gynaecologist, who provided valuable insights into the pathophysiology, clinical assessment, and individualized management approaches for pelvic organ prolapse. The session highlighted the importance of patient-centred care and current advances in treatment strategies tailored to individual patient needs.

Participants benefited from the comprehensive discussion and interactive Q&A session, which enhanced understanding of this important women's health issue and its management in clinical practice.

MMA PENANG WEBINAR SERIES: RED EYE IN PRIMARY CARE

The MMA Penang Webinar Series titled "Red Eye in Primary Care" was successfully held on 12th May 2026 via Zoom, attracting encouraging participation from healthcare professionals and primary care practitioners. The webinar featured an insightful session by Dr Loh Sze Lian, Ophthalmologist, who delivered a comprehensive overview on the assessment and management of red eye conditions commonly encountered in primary care settings. The session highlighted the importance of early recognition, appropriate management, and timely referral of potentially sight-threatening eye conditions.

Participants benefited from an engaging discussion and interactive Q&A session, which provided practical clinical insights relevant to daily practice. The programme also served as an important platform to strengthen continuous medical education and collaboration between primary care practitioners and specialists.



Branch Reports > MMA Penang

MMA Penang Branch extends its sincere appreciation to Dr Loh Sze Lian for the excellent presentation, as well as to all participants for their active support and participation in making the webinar a success.

OGSM CREATE CONTRACEPTIVE WORKSHOP PENANG 2026

The OGSM CREATE Contraceptive Workshop Penang 2026 was successfully conducted on 7–8 February 2026 at Gleneagles Hospital Penang. This two-day programme was organised by the Obstetrical and Gynaecological Society of Malaysia (OGSM) in collaboration with the Malaysian Medical Association (MMA) Penang Branch, with the objective of strengthening clinicians' competency in contraceptive care through structured, practical, and hands-on training.

The workshop was officially officiated by the Chairman of the MMA Penang Branch, Dato' Dr Parmjit Singh, whose presence underscored the importance of continuous professional development and collaborative efforts in advancing women's reproductive health services.

Participants benefited from comprehensive updates on contraception in Malaysia, including Malaysian LARC guidelines, contraceptive counselling, and practical sessions on intra-uterine contraceptive devices (IUCDs) and hormonal implant insertion and removal. The programme successfully combined evidence-based lectures with supervised hands-on sessions, ensuring direct clinical applicability.

This successful collaboration reflects a shared commitment to enhancing reproductive healthcare delivery and promoting safe, effective contraceptive practices in Malaysia.



MMA PENANG AT THE 10TH MMA CUP NATIONAL DOCTORS BADMINTON TOURNAMENT 2026

Team MMA Penang showed up, stayed sharp, and delivered by clinching 4th place in the Team Event at the recently concluded 10th MMA Cup National Doctors Badminton Tournament 2026, held on 10–11 January 2026 at Lavana Sports Centre, Setapak.

The tournament, organised by MMA Wilayah Persekutuan Branch, saw an impressive 141 doctors from 10 states across Malaysia competing in both team and individual categories, including Men's Open & Veteran Doubles, Mixed Doubles, and Women's Doubles. The Team Dinner at Royal Selangor Club Kiara on 10 January wrapped the day on a high note, creating space for genuine networking, open conversations, and camaraderie beyond the court.

Overall, the tournament delivered on all fronts, healthy competition, strong networking, and nationwide camaraderie within the medical fraternity.

MMA PENANG AT PPS SCHOMOS TEAM BUILDING

MMA Penang Branch proudly participated in the PPS SCHOMOS Team Building Programme held at Bidong View Resort, Terengganu from 18–19 April 2026. This annual initiative brought together representatives from all MMA State Branches, alongside the PPS, SCHOMOS and SMMAMS Sections.

It continues to serve as a key platform to strengthen teamwork, align priorities, and bridge communication gaps across the different arms of MMA. Over the two days, the programme focused on fostering stronger collaboration, breaking down silos, and building a more cohesive network between SMMAMS, SCHOMOS, PPS, and the State Branches.

These engagements are critical in ensuring that we move forward as one unified voice for the profession.

MMA Penang was represented by Chairman Dato' Dr Parmjit Singh, Vice Chairman Dr Divagar Varatha Raju, SCHOMOS Representative Dr Kavin Raj Pergas and Branch Member Dr Sunil Chopra.



Branch Reports > MMA Penang

KEM KESIHATAN MMA

On Sunday 25 January 2025, the MMA Penang Branch, in collaboration with Kawasan Rukun Tetangga (KRT) Taman Batu Maung and Tabika Perpaduan Taman Batu Maung, with the support of Pejabat Kesihatan Daerah (PKD) Barat Daya, successfully organised a Kem Kesihatan for the local community. The programme aimed to promote health awareness, encourage early detection of diseases, and strengthen preventive healthcare practices among residents of Taman Batu Maung and its surrounding areas.

The event was graced by the presence of the MMA Penang Chairman, Dato' Dr Parmjit Singh, Vice Chairman Dr Divagar Varatha Raju, Honorary Treasurer Dr M Vairavan, SCHOMOS representative Dr Kavin Raj Pergas, PPS representative Dr James Rao, Committee Member Dr Kanthan Murugiah as well as members of the MMA Penang Branch including Dr Shasindran Ramanujam and Dr Chuah. Strong support was also extended by the Chairman of KRT Taman Batu Maung, Mr Lim Chiang Keong, together with KRT members, whose cooperation played a vital role in the smooth execution of the programme. Their collective presence underscored MMA's commitment to community service, inter-agency collaboration, and the advancement of public health initiatives at the grassroots level. Health education formed a key component of the Kem Kesihatan. Informative and engaging health talks were delivered by Dr Shasindran Ramanujam, who focused on women's health issues, and Dr Divagar Varatha Raju, who spoke on smoking cessation & health lifestyle.

In addition to the educational sessions, health screening activities under Agenda Nasional Malaysia Sihat (ANMS) were conducted. PeKa B40 health screenings were also provided to eligible participants, ensuring equitable access to essential preventive healthcare services for lower-income groups. These screenings facilitated early identification of health risks and enabled timely medical advice and referrals where necessary. More than 50 participants attended the Kem Kesihatan and benefited from the comprehensive health education and screening services offered. The programme was warmly received by the community and reaffirmed the Malaysian Medical Association's ongoing dedication to serving the public, in line with Sustainable Development Goal 3: Good Health and Well-Being, underscoring MMA's commitment to promoting preventive healthcare, strengthening community resilience, and supporting healthier, more sustainable lives for all.



MMA PENANG AT OPENING CEREMONY OF THE NEW BLOCK OF HOSPITAL SEBERANG JAYA

On Saturday 24th January 2026, the MMA Penang Branch was honoured to be invited to the official opening ceremony of the new block of Hospital Seberang Jaya, officiated by YAB Datuk Seri Anwar Ibrahim, Prime Minister of Malaysia.

MMA Penang was represented by our Chairman Dato' Dr Parmjit Singh, Vice Chairman Dr Divagar Varatha Raju, Honorary Treasurer Dr M. Vairavan, and SCHOMOS Representative Dr Kavin Raj Pergas.

The operation of this new block marks a significant step forward in strengthening healthcare delivery and improving access to quality medical services for the rakyat of Seberang Perai.



MMA PENANG INSTALLATION & FELLOWSHIP DINNER 2025/2026

The MMA Penang Branch successfully hosted its Installation and Fellowship Dinner 2025/2026 on Sunday 18th January 2025, marking an important milestone in the branch's leadership transition and continued commitment to professional unity and service.

The evening was graced by the Penang State EXCO for Youth, Sports and Health, YB Daniel Gooi Zi Sen, whose presence underscored the strong partnership between the medical fraternity and the state government.

Also in attendance were the Penang State Health Director Dato' Dr Fazilah Shaik Allaudin, the Director of the Medical Practice Division, Ministry of Health Malaysia Dr Hirman Ismail, the President of the MMA Datuk Dr Thirunavukarasu Rajoo, and the President of the Penang Medical Practitioners' Society (PMPS) Dr Kirubakaran Malapan.

The event was further honoured by the presence of the President-Elect of MMA Dr Sivanaesan Letchumanan and the Immediate Past President of MMA Dato Dr Kalwinder Singh Khaira along with the Honorary General Secretary Dr Vasu Pillai Letchumanan, Honorary General Treasurer Dr Arvindran Alaga, Honorary Deputy Secretary Dr Selvarajah Sathaya and PPS Chairman Dr Eratha Krishnan. Other distinguished guests from the Penang State Health

Branch Reports > MMA Penang

Department included the Deputy State Director (Medical) Dr Premalosini Ramanathan, Hospital Directors from across Penang, and representatives from State CKAPS.

The event was further strengthened by the presence and support of representatives from the MMA Kedah Branch, MMA Perak Branch and MMA Selangor, reflecting strong inter-branch collaboration and unity within the association.

The highlight of the evening was the formal installation of Dato' Dr Parmjit Singh as the new Chairman of MMA Penang Branch, taking over leadership from the Outgoing Chairman Dr Divagar Varatha Raju.

The introduction of the new MMA Penang Branch Committee followed, symbolising continuity, renewal, and a shared vision for the term ahead.

The dinner also provided a meaningful platform for MMA Penang to soft-launch its upcoming MMA Penang Charity Cycling initiative, themed "Pedal for Purpose, Ride for Autism." This initiative, aimed at supporting the autism community, received strong endorsement and encouragement from YB Daniel Gooi, reflecting a shared commitment to inclusive community engagement and social responsibility.

COURTESY VISIT TO THE TUAN YANG TERUTAMA YANG DI-PERTUA NEGERI OF PULAU PINANG

MMA Penang Branch paid a courtesy visit to Tun Dato' Seri Utama Haji Ramli bin Ngah Talib, the Tuan Yang Terutama Yang di-Pertua Negeri of Pulau Pinang.

The delegation from MMA Penang Branch consisted of:

- Chairman: Dato' Dr Parmjit Singh
- Vice Chairman: Dr Divagar Varatha Raju
- SCHOMOS Representative: Dr Kavim Raj Pergas
- Committee Member: Dato' Dr Kulwaran Singh

Among the key matters discussed with Tun were:

- The role of the Malaysian Medical Association (MMA) in strengthening and empowering the healthcare in Malaysia.
- Healthcare issues in Penang, encompassing both the public and private healthcare sectors.
- Welfare issues affecting doctors, particularly those practising in Penang.
- The involvement of MMA Penang Branch in the healthcare landscape of Penang, including community service programmes and public health initiatives.

The courtesy visit reflected MMA Penang Branch's continued commitment towards fostering strong strategic ties with the state leadership in advocating for healthcare development, doctors' welfare, and the wellbeing of the community at large.



Branch Reports > MMA Penang

MMA PENANG PARTICIPATION AT THE 3RD NATIONAL MMA LEADERSHIP COURSE

The MMA, in collaboration with the Ministry of Health Malaysia and Jabatan Kesihatan Negeri Selangor, successfully organised the “Transformational Leadership in Patient Safety” course on 13th–14th May 2026 at KSL Esplanade Hotel, Klang.

The MMA Penang Branch was proudly represented by:

- Dr Divagar Varatha Raju, Vice Chairman
- Dr Kavin Raj Pergas, SCHOMOS Representative.

The programme brought together clinical leaders, Heads of Department (HODs), specialists, patient safety managers, and doctors in management roles for two days of intensive discussions and leadership development focused on strengthening patient safety culture within the healthcare system.

Participants were exposed to practical strategies, transformational leadership principles, and real-world insights aimed at enhancing healthcare quality, improving team dynamics, and driving safer patient outcomes. The course also served as an important platform for networking, collaboration, and exchange of ideas among healthcare professionals from various sectors.

The programme received encouraging participation and positive feedback, reflecting the growing importance of strong leadership in advancing patient safety and healthcare excellence in Malaysia.



HEALTH COMMUNITY: ADVOCACY ON DROWNING PREVENTION

On 10th June 2025, MMA Penang, in collaboration with the MMA Injury Prevention Committee and Penang Adventist Hospital, hosted an insightful session on Drowning Prevention. The talk, held at Penang Adventist Hospital attracted many local healthcare professionals.

MMA Penang Branch Chairman, Dr. Divagar Varatha Raju welcomed everyone to the event, emphasizing the importance of awareness and prevention in drowning cases.

We were honored to have two distinguished speakers:

Prof. Krishnan Rajam, Chairman of the MMA Injury Prevention Committee, shared his wealth of knowledge on injury prevention, backed by his experience as a former WHO Technical Officer.

Dato' Dr. Amar-Singh HSS, Honorary Senior Fellow at the Galen Center for Health & Social Policy, enlightened us with his expertise in child intervention and family support, underlining the critical role of early prevention strategies.

A huge thank you to everyone who joined us and contributed to making this event a success!

Let's continue to raise awareness, and together, we can make a difference in preventing drowning.

UPCOMING ACTIVITIES

- **27th Penang Teaching Conference for General Practitioners** (28 – 30 August 2026): The MMA Penang Branch will host the 27th edition of the GP Course at G Hotel Penang.
- **43rd MMA Penang Branch Annual General Meeting (Hybrid)** on Sunday 7th June 2026 at Iconic Marjorie Hotel Penang.
- **MMA Penang Charity Cycling 2026 – Pedal for a Purpose: Ride for Autism:** MMA Penang Branch will be organising the “Charity Cycling 2026 on 5th July 2026 at Gurney Paragon Mall, Penang. This meaningful community initiative aims to raise awareness and support for individuals with autism while promoting healthy lifestyles and community engagement through cycling. The event will feature a 24KM charity ride around Penang Island, bringing together healthcare professionals, cycling enthusiasts, corporate partners, families, and members of the public for a common cause. Participants will receive exclusive event T-shirts, finisher medals, and stand a chance to win attractive lucky draw prizes. Beyond promoting physical wellness, the programme also reflects MMA Penang Branch's ongoing commitment towards social responsibility, inclusivity, and advocacy for special needs communities. Through this initiative, the branch hopes to foster greater public understanding of autism while encouraging unity and compassion within the community.
- **Upcoming Meeting with JKN Pulau Pinang** (June 2026): MMA Penang Branch is scheduled to hold an upcoming engagement meeting with Jabatan Kesihatan Negeri (JKN) Pulau Pinang as part of ongoing efforts to strengthen collaboration between the private and public healthcare sectors. The meeting is expected to serve as an important platform for discussions on current healthcare challenges, doctors' welfare, patient care delivery, and potential joint initiatives that would benefit the healthcare ecosystem in Penang. The engagement also reflects MMA Penang Branch's continued commitment towards fostering constructive relationships with key healthcare stakeholders while advocating for the interests of medical practitioners and the wellbeing of the community. Various matters involving healthcare service improvements, professional development, and collaborative public health programmes are anticipated to be discussed during the session.



Branch Reports > MMA Penang

SCHOMOS UPDATES

Welcome On Board Doctors to Hospital Seberang Jaya

On Tuesday, 24th June 2025, the Hospital Seberang Jaya Auditorium was filled with warmth and inspiration as we officially welcomed our newly posted doctors during the "Welcome On Board Doctors" programme. This meaningful programme which was spearheaded by the Malaysian Medical Association (MMA) Penang Branch in collaboration with the Hospital Seberang Jaya team was not just an orientation, but a holistic session designed by doctors, for doctors.

This initiative has been a brain child of Dr. Sivabala Selvaratnam, the then Deputy Honorary Secretary of MMA, as part of a broader effort to address mental health and emotional well-being among doctors adjusting to new roles and settings. Key highlights included:

- Opening remarks by Dr Divagar Varatha Raju, Chairman of MMA Penang Branch.
- Official address by Dr Veekneesvary Kesavan, the Deputy Director 1 of Hospital Seberang Jaya.
- A focused session on Recognising and Managing Adjustment Challenges by Dr Nur Salsabella Asmuni, Psychiatry from Hospital Bukit Mertajam.
- Sharing session with the hospital leadership on the Challenges Faced by Doctors.
- Insightful sharing on MMA's role and support by Dr Sivabala Selvaratnam, the then Honorary Deputy Secretary of MMA.

Also present was Dr Kavin Raj Pergas, MMA Penang SCHOMOS Representative.



Welcome On Board Doctors to Hospital Bukit Mertajam

On Wednesday, 25th June 2025, MMA Penang Branch in collaboration with Hospital Bukit Mertajam, proudly hosted the "Welcome on Board Doctors" session, an initiative to welcome, guide, and empower newly joined doctors as they embark on their professional journey.

The session was graced by Dr. Prashant a/I Subramanian, Hospital Director of Hospital Bukit Mertajam, who officially officiated the event. In his opening speech, Dr. Prashant shared invaluable words of wisdom, drawing from his own early experiences as a young medical officer.

Following the opening, the session featured a compelling talk titled "Beyond the White Coat: Recognizing and Managing Adjustment Challenges" by Dr. Nur Salsabella binti Asmuni, Psychiatrist at Hospital Bukit Mertajam. Dr. Salsabella addressed the mental and emotional challenges often faced by doctors, highlighting the importance of self-awareness, mental health support, and adaptive coping strategies. Her session resonated strongly with the audience, offering a safe space for reflection and discussion.

The program continued with an engaging session titled "Voice of the Profession" delivered by Dr. Sivabala Selvaratnam, the then Honorary Deputy Secretary of MMA. Dr. Sivabala emphasized the role of the MMA in advocating for doctors' rights, welfare, and continuous professional development. He encouraged young doctors to stay connected, be proactive, and build a strong professional identity grounded in ethical practice and collective voice.

Also present was Dr Kavin Raj Pergas, MMA Penang SCHOMOS Representative.



Welcome On Board Doctors to Hospital Pulau Pinang

On Thursday, 26th June 2025, the Auditorium ACC at Hospital Pulau Pinang played host to a meaningful programme, "Welcome On Board Doctors", a unique initiative tailored specially for doctors, by doctors.

This session, organised by MMA Penang Branch in collaboration with Hospital Pulau Pinang, aimed to ease the transition of newly posted doctors by addressing real challenges faced in the workplace.

Dr Goh Hin Kwang, Director of Hospital Pulau Pinang, delivered the officiating speech on behalf of the Penang State Health Director. In his address, Dr Goh emphasised the importance of unity among doctors and the critical role of being represented through a strong professional association like the MMA.

Key highlights included:

- Opening remarks by Dr Divagar Varatha Raju, Chairman of MMA Penang Branch.

Branch Reports > MMA Penang

- The session on Mental Health, delivered by Dr Laavanya Vijaya Kumar a Psychiatrist from Hospital Pulau Pinang, shed light on the psychological challenges doctors face in new environments.
- An impactful sharing session "Challenges Faced by Doctors", where not only junior doctors but also specialists came forward to openly share their own journeys in dealing with adjustment challenges and mental health issues, creating a safe and supportive environment for all.
- An uplifting words of encouragement from the Hospital Director himself.
- Insightful sharing on MMA's role and support by Dr Sivabala Selvaratnam, Honorary Deputy Secretary of MMA.



Also present was the Deputy Director 2 of Hospital Pulau Pinang, Dr Ibrahim Tahir.

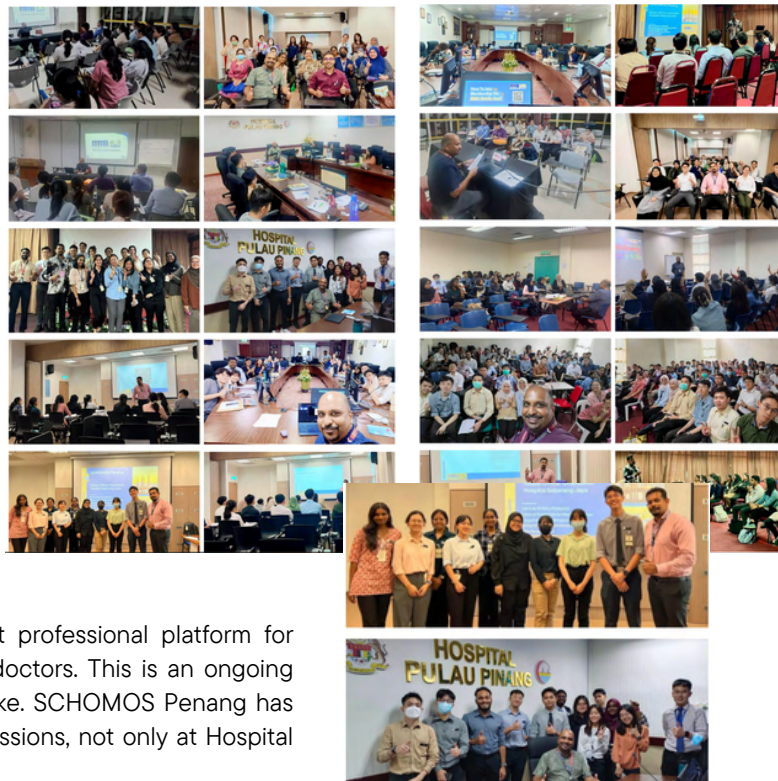
House Officer (HO) Orientation Session

In line with to increase the membership of SCHOMOS, SCHOMOS Penang had been engaging with the new House Officers during their Orientation session.

The membership drive during the Houseman Orientation Session is conducted both at Hospital Pulau Pinang and Hospital Seberang Jaya.

The new doctors are explained to approach their housemanship with an open mind and emphasized the importance of distinguishing between "Teaching" "Bullying" and "Harassment". The HelpDoc initiative was also introduced to them, encouraging all House Officers to seek assistance through MMA's HelpDoc when needed.

The role of MMA and SCHOMOS as the current most relevant professional platform for Doctors in Malaysia is emphasized and explained to these new doctors. This is an ongoing event and is conducted whenever there is a new housemen intake. SCHOMOS Penang has been actively engaging House Officers during their orientation sessions, not only at Hospital Pulau Pinang but also at Hospital Seberang Jaya.



UPCOMING ACTIVITIES

- **Train the Trainers Programme** (August 2026): This workshop aims to equip Specialists and Medical Officers responsible for supervising House Officers with the essential skills and knowledge needed to guide, mentor, and manage them effectively. The program will focus on enhancing leadership, communication, and teaching strategies to foster a more structured, supportive, and harmonious work environment. Through this initiative, we hope to improve the overall training experience for House Officers while ensuring a positive and productive workplace culture.
- **Welcome On Board Doctors to Hospital Balik Pulau** (June 2026): The Welcome on Board Doctors Event aims to warmly introduce newly joined doctors at Hospital Balik Pulau to the state MMA team, foster open discussions on challenges faced in their new work environment, and provide guidance on managing workload, stress, and adaptation. The event also encourages networking with hospital staff to build a supportive and collaborative atmosphere, while offering resources on mental health and self-care to promote a healthy work-life balance.
- **Welcome Onboard Doctors at Hospital Kepala Batas** (June 2026): The Welcome on Board Doctors Event aims to warmly introduce newly joined doctors at Kepala Batas to the state MMA team, foster open discussions on challenges faced in their new work environment, and provide guidance on managing workload, stress, and adaptation. The event also encourages networking with hospital staff to build a supportive and collaborative atmosphere, while offering resources on mental health and self-care to promote a healthy work-life balance.

Branch Reports > MMA Penang

- **Welcome Onboard Doctors follow up at Hospital Pulau Pinang & Hospital Seberang Jaya** (July 2026): This programme serves as a continuation and follow-up to the successful “Welcome Onboard Doctors” initiative conducted last year at both hospitals. The programme aims to further strengthen engagement with newly inducted doctors, provide updates on professional development opportunities, and reinforce the importance of support systems within the medical profession. The sessions will also focus on issues related to doctors’ welfare, workplace challenges, mental health awareness, and career guidance, while creating a platform for open dialogue between junior doctors, senior clinicians, and MMA representatives. Through this continued engagement, MMA Penang Branch hopes to foster stronger camaraderie, mentorship, and professional unity among doctors serving in the government healthcare sector.

PPS UPDATES

MMA Penang GP United Town Hall Meet 2025

On Saturday, August 2nd, 2025, MMA Penang organized a GP United Town Hall Session at Island Hospital Penang, gathering local General Practitioners (GPs) from across Penang.

Led by the PPS Team of MMA Penang, the Town Hall aimed to foster engagement and exchange of opinions among the attending GPs.

Representative from MMA Penang Branch included Committee Member Dr. Kanthan Murugiah.

The session saw the participation of 30-40 GPs from various parts of Penang. Updates on MMA’s initiatives to enhance GP practice were presented and elucidated for the participants.

Furthermore, local challenges and issues were discussed during the two-hour session, facilitating a comprehensive dialogue among the attendees.



MMA Penang Thaipusam Medical Camp 2026: A Tradition of Service and Care

In keeping with a long-standing tradition of service, the MMA Penang Branch successfully concluded the Thaipusam Medical Camp 2026, a continuous 42-Hour medical operation that commenced at 5.00am on 31 January 2026 and concluded at 11.00pm on 1 February 2026. The camp was held in conjunction with the Thaipusam festival at the Penang Waterfall Temple.

This round-the-clock medical camp provided essential healthcare support to devotees, pilgrims, and members of the public.

Medical teams managed semi-urgent and non-urgent cases while delivering immediate first aid and emergency care throughout the peak period of the festival. Operating without pause, the camp served as a critical safety net during one of Penang’s most significant calendar events.

Established in 1991 by Dr Pallai Sellan, the Thaipusam Medical Camp has, for over three decades, embodied the spirit of compassion, duty, and quiet sacrifice.

The leadership of the camp was later carried forward by Dato’ Dr Parmjit Singh, the current Chairman of MMA Penang Branch, who ensured continuity, structure, and consistently high standards of care.

In 2023, under the leadership of then Chairman of MMA Penang Branch Dr Divagar Varatha Raju, the camp was formally rebranded by Dato’ Dr Parmjit Singh as the MMA Penang Thaipusam Medical Camp, reinforcing its identity under MMA Penang as a flagship CSR initiative of the branch.

The 2026 edition was a true test of teamwork, and professionalism. Volunteer doctors worked in rotating shifts across day and night, ensuring uninterrupted medical coverage for 42 continuous hours.

Their dedication reflects the highest standards of medical professionalism and community service.

We were also encouraged by the participation of medical student volunteers, who gained meaningful exposure to real-world community healthcare while contributing to this noble cause.

Among those who commended this noble effort are YAB Tuan Chow Kon Yeow, Chief Minister of Penang; YB Tuan Steven Sim Chee Keong, Minister of Entrepreneur and Cooperative Development; and YB Tuan RSN Rayer, Chairman of the Penang Hindu Endowments Board.



Branch Reports > MMA Penang

MMA Penang Engagement Session with National CKAPS and Private Practitioners

The engagement session organised by the MMA Penang together with CKAPS and private medical practitioners in Penang was successfully held yesterday with close to 100 doctors in attendance.

The session was moderated by MMA Penang Chairman, Dato' Dr Parmjit Singh. Special appreciation is extended to Dr Faizal bin Mat Ariff (Deputy Director, CKAPS), Dr Harshinderjeet Singh (Head of Private Fee and MCO), and Dr Raj Naidu for their valuable participation and insights.

The session saw active engagement from GPs, with constructive discussions and questions raised on Act 586, making it a meaningful and beneficial dialogue for all parties.

The sharing by CKAPS officers provided greater clarity and improved understanding of regulatory matters affecting private general practitioners in Penang.



Strengthening Strategic Healthcare Collaboration Between JKN Pulau Pinang, MMA Penang & ProtectHealth

The MMA Penang Branch recently participated in a courtesy meeting with the Penang State Health Department (JKN Pulau Pinang), led by State Health Director YBhg. Dato' Dr. Fazilah binti Shaik Allaudin. The meeting was also attended by representatives from ProtectHealth Corporation Sdn. Bhd., including its Chief Executive Officer, En. Wan Mohd Hazwan Wan Mohd Najib.

MMA Penang was represented by Chairman Dato' Dr Parmjit Singh.

The discussion focused on strengthening strategic collaboration between JKN Pulau Pinang, MMA Penang Branch, and ProtectHealth in enhancing healthcare service delivery within the state. Among the key matters discussed were initiatives to reduce hospital congestion through the Hospital Services Outsourcing Programme (HSOP), expansion of PeKA B40 and Skim MADANI health screening programmes, as well as strengthening the role of community pharmacies within the healthcare ecosystem.

The engagement reflects the shared commitment of all parties towards improving healthcare accessibility, efficiency, and public health outcomes for the benefit of the people of Penang.



CPD ACTIVITIES

	Date	Topics
1	17/05/2025	BREATHE Together: Bringing Evidence-Based Treatments To The Frontlines Of Respiratory Health
2	17/05/2025	Empower Her Confidence - Heal, Protect, and Prevent
3	23/05/2025	ENHPOWER - ENhancing Hope and Outcomes with neW HER2 spectrum
4	24/05/2025	Neuro Connect – From Headaches to Heartbeats!
5	24/05/2025	ACE Summit Penang 2025
6	31/05/2025	GP Symposium 2025
7	31/05/2025	Penang Primary Care in Action
8	31/05/2025	Powering Mobility HA Workshop
9	01/06/2025	The Hidden Epidemic in Your Clinic: Bridging the Gap with the Nephrologist
10	14/06/2025	Penang Barat Daya CV Symposium
11	14/06/2025	LEAD Meeting
12	21/06/2025	Surgical & ICU Nutrition Workshop: Accelerating Recovery Through Nutrition
13	28/06/2025	Driving Excellence in RAASi Therapy and GDMT: Optimizing Outcomes in CKD and Heart Failure Care
14	03 - 05/07/2025	PCCI (Penang Complications in Cardiovascular Intervention) 2025
15	26/07/2025	Comprehensive Abdominal Ultrasound Workshop For Primary Care

UPCOMING ACTIVITIES

- MMA Penang Blood Donation Drive 2026** (July 2026): A community blood donation initiative promoting awareness of the importance of blood donation.
- Medical Camp with Yayasan Amal Tuan Yang Terutama Yang Di-Pertua Negeri Pulau Pinang** (July/August 2026): A collaborative medical camp aimed at providing healthcare services to the underprivileged.

Branch Reports > MMA Penang

	Date	Topics
16	02 - 03/08/2025	Stronger Foundations, Empowered Practice: Improving bone health through evidence and collaboration
17	09/08/2025	Meet the GUT Guru
18	16/08/2025	EMVOLUTION
19	16/08/2025	LEAD GP Workshop, Penang
20	16/08/2025	Hypertension 360
21	23/08/2025	Intra Articular Injection Workshop (For Knee & Shoulder)
22	23/08/2025	L.E.A.D GP Workshop (Learn.Empower.Advance.Deliver)
23	23/08/2025	Beyond the Itch: Navigating Complexities of Psoriasis and Eczema
24	24/08/2025	Depression Expert Summit
25	11 - 13/09/2026	National MMA Convention and Scientific Congress 2025
26	12/09/2025	Precision In Motion: Ultrasound Guided Intra-Articular Injection & Abdominal Scan Workshop
27	20/09/2025	Scientific Workshop Penang
28	27/09/2025	Primary Care Symposium (5th Northern Region Edition 2025)
29	27/09/2025	Addressing Obesity Beyond BMI: Focus Group Discussion
30	27/09/2025	RELIEF Workshop
31	29/09/2025	Protection of Older Adults from RSV Starts Here
32	04/10/2025	Hyaluronic Acid Knee Injection Discussion
33	04/10/2025	Heart & Mind Matters: A Multispecialty Exchange
34	18/10/2025	Turning the Tide
35	14/10/2025	Penang PGIT Webinar
36	14/11/2025	Advancing Expertise on Early Alzheimer's Disease
37	22/11/2025	Frontline Focus: The Unseen and Unmissable

	Date	Topics
38	22/11/2025	PROTECT Penang roadshow
39	05 - 06/12/2025	Overcoming Diabetes – Penang Edition: Real-Time Strategies for Regeneration & Clinical Growth
40	21/12/2025	Latest Advances in Interventional Treatment of Chronic Back Pain and Slipped Discs
41	09/01/2026	MMA Penang Webinar Series: Sinusitis With Sleep Apnea
42	17/01/2026	The Psychiatrist Table : Sharing Real-World Decisions in Depression, Psychosis and ADHD.
43	19/01/2026	The Weight is Over: Live Lighter with Semaglutide
44	24/01/2026	ACE Lite: Empowering Primary Care
45	24/01/2026	SHIELD PENANG
46	24/01/2026	Breaking the Silence
47	05/02/2026	CKM Masterclass 2026
48	07 - 08/02/2026	PCP Congress 2026
49	28/02/2026	MMA Penang Webinar Series: Healing The Healers, A Mental Wellness Talk to Help us Thrive
50	28/02/2026	Latest Update on What You Need to Know About the Pneumococcal Vaccine
51	04/03/2026	MMA Penang Webinar Series: Bipolar Depression
52	17/03/2026	Evolving Standards in Heart Failure: Integrating CRM Protection
53	28/03/2026	Diabetes Masterclass 2026
54	18 - 19/05/2026	Regional Sola Medica Connection Congress
55	25/04/2026	MMA Penang Webinar Series: Autism Spectrum Disorder, What Can We Do at Primary Care?
56	05/05/2026	MMA Penang Webinar Series: Pelvic Organ Prolapse, From Pathology to Personalized Treatment
57	12/05/2026	MMA Penang Webinar Series: Red Eye in Primary Care
58	23/05/2026	Translating Evidence to Practice in EGFRm NSCLC Across the Spectrum

BRANCH COMMITTEE GROUP PHOTOGRAPH



MMA PERAK BRANCH

CHAIRMAN

DR MONESH PILLAI A/L GOPI

VICE-CHAIRMAN:

DR JOHN EMMANUEL A/L GILBERT FERNANDEZ

HONORARY SECRETARY:

DR SURETHERAN A/L KIRSNAN

HONORARY TREASURER:

DR NAGEENTHREN A/L RAGUNATHAN

PPSMMMA REPRESENTATIVE:

DR MATHIARASU A/L YOGANATHAN

SCHOMOS REPRESENTATIVE:

DR PHAN AI PING

COMMITTEE MEMBERS:

DR KONG LENG EAN CHARIS

DR POTHANANTHA RAJA PATHMANATHAN

DR SURESH A/L SUBRAMANIAM

DR THEVENDRAN A/L SADASIVAM

HONORARY AUDITORS:

DR PREMANANDA RAJA A/L MURUGESU

DR CHONG SWEE WOON

KPI FOR OFFICE BEARERS

DR MONESH PILLAI

Organized Events:

1. Doctor's Day Celebration
2. Deepavali Cheer 2025
3. Official Courtesy Visit : Pengarah JKN Perak
4. MMA Perak Connect: Private Hospital & Member Engagement Programme
5. MMA Perak Connect: Private Hospital & Member Engagement Programme – Perak Community Specialist Hospital
6. MMA Perak Connect: Private Hospital & Member Engagement Programme – KPJ Ipoh Specialist Hospital
7. MMA Perak Connect: Private Hospital & Member Engagement Programme – Hospital Seri Botani
8. MMA Perak Connect: Private Hospital & Member Engagement Programme – Sunway Medical
9. MMA Perak Connect: Private Hospital & Member Engagement Programme – Pantai Hospital
10. Official Courtesy Visit : Pengarah HRPB
11. Chinese New Year Celebration
12. Ramadan Buka Puasa Programme at Old Folks Home & Bed Handover
13. Courtesy Visit to Yb Dato' A. Sivanesan, Perak State Exco for Health
14. Meeting with NCSM
15. "Tolak ubat tidak sah" Awareness Programme
16. Nasopharyngeal Early Detection Awareness Talk
17. Shaping Perak's Ageing Future
18. Emergency Workshop Programme with UniKL RCMP
19. Welcome onboards Doctors
20. Perak Autism Symposium 2026
21. Round Table Discussion with Pantai Hospital Ipoh
22. MMA Perak CPR Workshop for Media Practitioners

Branch Activities

COMMITTEE MEETINGS

MMA Perak Committee had meetings as illustrated below and all were well attended by the Committee Members to discuss branch activities and other matters.

Office Bearers	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th
Dr Monesh Pillai	P	P	P	P	P	P	P
Dr John Emmanuel	P	P	P	P	P	P	A
Dr Suretheran Kirsnan	P	P	A	P	P	P	A
Dr Nageenthren Ragunathan	P	P	P	P	P	P	P
Dr Mathiarasu Yoganathan	P	P	A	A	P	A	A
Dr Phan Ai Ping	P	P	P	P	P	A	P
Dr Kong Leng Ean Charis	P	P	P	P	P	A	A
Dr Pothanantha Raja Patmanathan	P	P	P	P	P	P	P
Dr Suresh Subramaniam	P	P	P	P	P	P	P
Dr Thevendran Sadasivam	P	A	P	P	P	A	P

DR JOHN EMMANUEL

Organized Events:

1. Modern Obesity Care: Where Bariatric Endoscopy Meets Metabolic Medicine
2. 54th Anniversary & Installation Banquet
3. Neonatal & Paediatric Bowel Anastomosis Workshop
4. Mastering the Art of Communication: A Make or Break Skill Workshop
5. Webinar on Womb to Wisdom Perspective in Women's Health

Branch Reports > MMA Perak

DR K.SURETHERAN

Organized Events:

1. Blood Donation Program at Taiping
2. Taiping Medical Update
3. Walk Against Obesity 4.0
4. House Officers Orientation Program at Hospital Taiping (1)
5. House Officers Orientation Program at Hospital Taiping (2)

DR R. NAGEENTHREN

Organized Events:

1. Christmas CSR
2. Blood Donation at AEON Station 18
3. Thaipusam Food Donation
4. Donation Presentation to Kallumalai Temple
5. Ipoh Night Run: Light Up for a Polio-Free World
6. Hold Her Hands 2.0

DR PHAN AI PING

Organized Events:

1. Deepavali Celebration : Hospital Bahagia, Ulu Kinta
2. House Officers Orientation Program at HRPB (1)
3. House Officers Orientation Program at HRPB (2)
4. House Officers Orientation Program at HRPB (3)
5. Chinese New Year Celebration at KK Greentown
6. World No Tobacco Awareness Talk

DR KONG LENG EAN CHARIS

Organized Events:

1. Medical Outreach at Kg Suak Padi
2. Pickle Ball Carnival

DR P. POTHANATHAN RAJA

Organized Event:

1. Sambutan Hari Aids 2025

DR SURESH SUBRAMANIAM

Organized Events:

1. Health & Mental Health Talk at SJKT St Philomena
2. Celik Sihat 2026
3. Walk Against Blindness
4. World Diabetes Day Celebration
5. Clean, Safe & Compliance; Clinical Waste & Pest Control
6. Webinar on "A Paradigm Shift in the Management of Eye Conditions in the Primary Care Setting"
7. Office Ophthalmology Workshop
8. Program Saringan Kesihatan Diabetes
9. Webinar on Eye Trauma Management : A Quick Guide for GPs

DR S. THEVENDRAN

Organized Event:

1. Webinar on Paediatric Infections in Primary Care

WALK AGAINST BLINDNESS IN CONJUNCTION WITH WORLD SIGHT DAY: 21.09.2025

Organized by Dr Suresh Subramaniam

The MMA Perak Branch, in collaboration with the Ophthalmology Department of Hospital Raja Permaisuri Bainun (HRPB), Ipoh, successfully organized the Walk Against Blindness 2026 at Padang Polo, Ipoh, in conjunction with World Sight Day 2026. The programme was part of a statewide initiative aimed at raising public awareness on eye health, vision preservation, and the prevention of blindness.

The event was honored by the presence of YB Dato A. Sivanesan, who officiated the programme and flagged off the walk. MMA Perak extends its sincere appreciation to the Ophthalmology Department, HRPB, for the close collaboration and support in making this meaningful community programme a success.

The Ipoh event attracted approximately 300 participants and commenced with an energetic Zumba session, followed by the opening ceremony and the official flag-off. Participants subsequently took part in the walk and benefited from eye screening and health screening services provided at the venue. To further engage participants and promote health awareness in an interactive manner, six activity stations featuring educational and recreational games were organized throughout the programme.

The Walk Against Blindness initiative was conducted as a series of activities across Perak in conjunction with World Sight Day.

In addition to the Ipoh programme, similar walks were organized in Teluk Intan on 26 September 2026 and Seri Manjung on 27 September 2026. A Virtual Run was also held from 6 October to 16 November 2026, enabling broader participation from the community throughout the state.

MMA Perak would like to express its heartfelt gratitude to all participants, volunteers, healthcare personnel, and partners who contributed to the success of the programme and supported the mission of "Prevention of Blindness." Special appreciation is extended to: YB Dato A. Sivanesan, KMC Medical Centre, Hospital Ar-Ridzuan, Dato' Dr. Jashvinder Singh, KPJ Ipoh Specialist Hospital, ExciMed & Lexus Ipoh. The success of Walk Against Blindness 2026 demonstrates the importance of collaborative efforts between healthcare institutions, professional bodies, corporate partners, and the community in promoting eye health awareness and encouraging early detection and prevention of visual impairment and blindness.

Branch Reports > MMA Perak

PICKLE BALL CARNIVAL: 11.10.2025

Organized by Dr Kong Leng Ean Charis

The Pickleball Carnival 2025 was successfully organized as a collaborative event between MMA Perak and PMPS on 11 October 2025 at Master Dink, Jalan Raja Dihilir, Ipoh. The programme aimed to promote healthy lifestyles, strengthen professional networking, and foster camaraderie among members of both organizations through sports and recreational activities. The event brought together participants for an evening of friendly competition, teamwork, and fellowship in a relaxed and enjoyable atmosphere. Participants took part in a series of fun and friendly pickleball matches between MMA Perak and PMPS teams. The event also provided an excellent opportunity for members to interact and build stronger relationships beyond their professional commitments. Food and refreshments were provided for all participants, while exciting prizes were awarded to the winning teams, adding to the enthusiasm and enjoyment of the event. The Pickleball Carnival 2025 was well received by participants and successfully achieved its objective of promoting wellness, sportsmanship, and collaboration between MMA Perak and PMPS. The programme highlighted the importance of maintaining a healthy work-life balance while strengthening ties within the medical community.

DOCTOR'S DAY CELEBRATION: 12.10.2025

Organized by Dr Monesh Pillai

The Doctors' Day Celebration 2025 was successfully organized on 12 October 2025 by the MMA Perak Branch and PMPS Perak, in collaboration with Pantai Hospital Ipoh and Cycle & Carriage. The event was held at the Cycle & Carriage Showroom, Ipoh. The celebration brought together more than 70 doctors from both the government and private sectors for an evening of fellowship, networking, entertainment, and appreciation of the medical profession. The event provided an excellent platform for doctors to strengthen professional relationships and celebrate their contributions to healthcare and the community. The occasion was honored by the presence of YB Dato A. Sivanesan, Perak State Executive Council Member for Health, who attended as the Guest of Honor. We were also pleased to welcome Dr. Shanmuganathan Ganeson representing FPMPAM, who joined us in the celebration. This year's event held special significance, as the first Doctors' Day celebration in Malaysia was initiated in Ipoh in 2014 through the joint efforts of MMA, FPMPAM, and PMPS. The celebration therefore not only recognized the dedication and contributions of doctors but also commemorated an important milestone in the history of the medical fraternity in Malaysia. MMA Perak extends its sincere appreciation to Pantai Hospital Ipoh for its continuous support of the medical community, and to Cycle & Carriage for its generous hospitality and partnership in making the event a success. We would also like to thank all the doctors who took time from their busy schedules to attend and contribute to the warm, vibrant, and memorable atmosphere of the evening. The Doctors' Day Celebration 2025 successfully strengthened camaraderie among healthcare professionals and served as a meaningful occasion to recognize the invaluable contributions of doctors to society.

DEEPAVALI CHEER PROGRAMME AT

LIGHTHOUSE HOPE SOCIETY: 23.10.2025

Organized by Dr Monesh Pillai

On 23 October 2025, in the spirit of Deepavali, the Malaysian Medical Association (MMA) Perak Branch, led by Chairman Dr. Monesh Pillai Gopi and committee members, together with Perak Community Specialist Hospital (PCSH), organized a Deepavali Cheer Programme at Lighthouse Hope Society, Ipoh. The programme was aimed at sharing the joy of the festive season with the less fortunate and fostering a spirit of compassion, community service, and social responsibility. The delegation was warmly welcomed by Dr. S. S. Gill, President and person in charge of Lighthouse Hope Society, whose unwavering dedication to supporting the underprivileged continues to inspire the community. As part of the programme, goodie bags were distributed and approximately 60 food packs were provided to members of the homeless community near The Store, Ipoh. The initiative brought together volunteers and supporters in an effort to spread kindness and brighten the lives of those in need during the festive season. The programme reflected the true spirit of Deepavali by sharing light, hope, and compassion with the community. MMA Perak extends its sincere appreciation to Perak Community Specialist Hospital (PCSH), Lighthouse Hope Society, and all volunteers who contributed to the success of this meaningful outreach activity.

WORLD DIABETES DAY CELEBRATION AT HOSPITAL SLIM RIVER: 22.11.2025

Organized by Dr Suresh Subramaniam

MMA Perak proudly participated in the World Diabetes Day Celebration at Hospital Slim River, supporting efforts to raise public awareness on diabetes prevention and the importance of early detection of diabetes-related complications. As part of the programme, medical screening, eye screening, and mental health screening services were provided to members of the public as well as hospital staff. These activities aimed to promote preventive healthcare, encourage regular health checks, and increase awareness of the impact of diabetes on overall health and well-being. A special note of appreciation is extended to Consultant Ophthalmologist Dr. Abirami Shavani, who generously contributed her expertise by providing eye consultations and guidance to participants. Her involvement helped highlight the importance of regular eye examinations in preventing vision-threatening complications associated with diabetes.

Branch Reports > MMA Perak

Through its participation, MMA Perak was pleased to advocate for greater awareness of diabetes prevention, early detection, and the importance of managing the disease effectively to reduce the risk of long-term complications. The programme served as a valuable platform to educate the community and promote healthier lifestyles in the fight against diabetes. MMA Perak would like to thank Hospital Slim River, the healthcare professionals, and all participants who contributed to the success of this meaningful health awareness initiative.

MEDICAL OUTREACH PROGRAMME TO ORANG ASLI COMMUNITY, KG. SUAK PADI: 22.11.2025

Organized by Dr Kong Leng Ean Charis

On 22 November 2025, MMA Perak conducted a Medical Outreach Programme to the Orang Asli community at Kg. Suak Padi as part of its ongoing commitment to improving healthcare access for underserved communities. The outreach was carried out in collaboration with Sahabat Orang Asli, a long-standing partner in community service initiatives. Together, MMA Perak and Sahabat Orang Asli have been conducting monthly outreach programmes for the past two years, reaching various remote Orang Asli villages throughout the region. The programme provided basic medical consultations, health assessments, and healthcare advice to members of the community. In addition to addressing immediate healthcare needs, the outreach also served as an opportunity to promote health awareness and encourage preventive healthcare practices among the villagers. These regular visits have helped foster trust and strengthen relationships with the Orang Asli communities while ensuring that essential healthcare services reach populations with limited access to medical facilities. The initiative reflects MMA Perak's commitment to community service and its mission of promoting equitable healthcare for all. MMA Perak would like to express its sincere appreciation to Sahabat Orang Asli, the healthcare volunteers, and all individuals involved in making this outreach programme a success. Their dedication and support continue to make a meaningful difference in the lives of the Orang Asli communities.

OFFICIAL COURTESY VISIT: PENGARAH JKN PERAK: 01.12.2025

Organized by Dr Monesh Pillai

A courtesy call was made by the MMA Perak Branch on 1 December 2026 to the Director of Health for Perak, Dato' Dr. Feisul Idzwan Mustapha at the Jabatan Kesihatan Negeri Perak office. During the meeting, discussions were held on upcoming programmes for junior doctors (House Officers), with a particular focus on initiatives aimed at strengthening mental health and overall wellbeing within the medical fraternity. The engagement also provided a platform to explore continued collaboration in supporting young doctors in their early career development. MMA Perak conveyed its sincere appreciation to Dato' Dr. Feisul for his continuous support of MMA initiatives, including the allocation of MMA Perak sessions during the House Officer Orientation Programme at Hospital Raja Permaisuri Bainun (HRPB), as well as his support for the "Welcome on Board Doctors" initiative. MMA Perak remains committed to working closely with Jabatan Kesihatan Negeri Perak in organizing impactful programmes for the medical community and in strengthening the overall healthcare agenda of the state.

SAMBUTAN HARI AIDS 2025: 13.12.2025

Organized by Dr Pothanathan Raja Pathmanathan

In conjunction with World AIDS Day, a seminar titled "AKHIRI AIDS: MENDEPANI CABARAN, MENTRANSFORMASI TINDAKAN" was successfully conducted on 13 December 2026 at Pantai Hospital Ipoh. The programme was jointly organized by the MMA AIDS/STI Committee, the Malaysian AIDS Council, and MMA Perak, in collaboration with the Jabatan Kesihatan Negeri Perak. The seminar served as a meaningful platform for purposeful dialogue, evidence-based knowledge sharing, and collaborative engagement among healthcare professionals and stakeholders involved in HIV/AIDS prevention and management. Key discussions focused on current challenges in HIV/AIDS control, strengthening public health strategies, and enhancing multidisciplinary approaches to patient care and community outreach. The programme was well supported by all participating organizations, reflecting a strong commitment to advancing awareness, reducing stigma, and reinforcing collective efforts towards ending AIDS as a public health threat. The successful execution of the seminar underscores the importance of continued collaboration between professional bodies, government health agencies, and advocacy groups in driving impactful public health initiatives.

MMA PERAK CONNECT: PRIVATE HOSPITAL & MEMBER ENGAGEMENT PROGRAMME - HOSPITAL FATIMAH, IPOH: 19.12.2025

Organized by Dr Monesh Pillai

On 19 December 2025, MMA Perak carried out a meet & greet session with doctors at Hospital Fatimah. The visit was led by Dr Monesh, Chairman of MMA Perak, with the objective of strengthening engagement between the association and medical practitioners working in the private healthcare sector. The session involved personal interactions with doctors, allowing MMA Perak to share updates on its activities, initiatives, and advocacy efforts on behalf of the medical profession. Discussions also focused on professional development opportunities and current challenges faced by practitioners. The visit successfully fostered stronger connections between MMA Perak and the doctors at Hospital Fatimah. Such engagements reflect MMA Perak's commitment to maintaining close relationships with healthcare professionals and promoting unity within the medical fraternity.

Branch Reports > MMA Perak

BLOOD DONATION PROGRAM AT AEON STATION 18: 20.12.2025

Organized by Dr Nageenthren Ragunathan

The Blood Donation Campaign was successfully held on 20 December 2025 through a collaboration between MMA Perak, Hospital Raja Permaisuri Bainun (HRPB), Rotary Club of Ipoh Central, and with the support of AEON Station 18. The campaign received encouraging support from the public, with a total of 53 units of blood successfully collected. Notably, 28 donors were first-time blood donors, reflecting increased awareness and participation in voluntary blood donation. The blood collected was channeled to the HRPB Blood Bank to help replenish blood stocks and support the ongoing needs of patients requiring transfusions. MMA Perak extends its appreciation to all collaborating partners, volunteers, healthcare personnel, and donors whose contributions made the programme a success. The event highlights the importance of community collaboration in supporting lifesaving initiatives and ensuring an adequate blood supply for healthcare services.

CHRISTMAS CSR – PERSATUAN ANAK-ANAK YATIM KASIH SAYANG: 21.12.2025

Organized by Dr Nageenthren Ragunathan

The Malaysian Medical Association (MMA) Perak Branch successfully organized a heartwarming Christmas Charity Celebration on Sunday, 21 December 2025, at Persatuan Kebajikan Anak-Anak Yatim Kasih Sayang, Ipoh, Perak. The event brought together MMA Perak members, volunteers, and approximately 40 children from the home for a memorable day filled with joy, laughter, and festive cheer. The programme was organized with the aim of spreading the spirit of Christmas and bringing happiness to the children through meaningful engagement and charitable contributions. As part of the celebration, MMA Perak provided the children with school uniforms to support their educational needs, as well as brand-new outfits for the Christmas season. Each child also received a goodie bag filled with treats and essentials. A special lunch was sponsored and served, allowing everyone to enjoy a festive meal together. One of the highlights of the event was the surprise appearance of Santa Claus, who delighted the children with gifts, cheerful interactions, and festive entertainment. The excitement and smiles on the children's faces created a truly magical atmosphere and made the celebration even more memorable. Various fun-filled activities and games were also conducted throughout the event, encouraging participation, interaction, and camaraderie among the children and volunteers. MMA Perak extends its heartfelt appreciation to all members, volunteers, sponsors, and contributors whose generosity and support made this event possible. Their kindness and commitment helped create a meaningful and memorable Christmas celebration for the children. The Association remains committed to supporting community welfare initiatives and looks forward to continuing similar outreach programmes that bring hope, joy, and positive impact to those in need.

BLOOD DONATION PROGRAM AT TAIPING: 21.12.2025

Organized by Dr Suretheran Kirsnan

A Blood Donation Programme was successfully organized on 21 December 2025 at SJK (T) St. Teresa's Convent in collaboration with the Ministry of Health Malaysia, MMA Perak Branch, and supporting NGOs. The programme aimed to promote voluntary blood donation and raise public awareness on the importance of maintaining a safe and sufficient blood supply for healthcare services. Through active community engagement and joint efforts from all collaborating partners, the initiative encouraged greater participation from the public while fostering a spirit of compassion and social responsibility. MMA Perak's involvement, together with other stakeholders, further strengthened the outreach and impact of the programme. The event successfully brought together donors and volunteers in support of a meaningful and lifesaving cause, highlighting the importance of continuous collaboration in sustaining national blood supply needs.

MMA PERAK CONNECT: PRIVATE HOSPITAL & MEMBER ENGAGEMENT PROGRAMME-PERAK COMMUNITY SPECIALIST HOSPITAL (PCSH): 07.01.2026

Organized by Dr Monesh Pillai

MMA Perak conducted the MMA Perak Connect: Private Hospital & Member Engagement Programme at Perak Community Specialist Hospital (PCSH) on 7 January 2026. The visit was led by Dr Monesh, Chairman of MMA Perak, as part of the branch's continuous efforts to engage with medical practitioners in the private healthcare sector and strengthen professional relationships. During the visit, Dr Monesh met with doctors individually to introduce the role and initiatives of MMA Perak, while also providing updates on the association's activities and advocacy efforts. The session offered an opportunity for open discussions on issues affecting medical practice and healthcare delivery, as well as avenues for greater involvement in MMA programmes and events. The engagement was warmly received by the doctors, who appreciated the personal interaction and opportunity to exchange views on matters relevant to the profession. MMA Perak remains committed to fostering strong connections with healthcare professionals and ensuring that the interests and welfare of doctors continue to be represented effectively.

Branch Reports > MMA Perak

MMA PERAK CONNECT: PRIVATE HOSPITAL & MEMBER ENGAGEMENT PROGRAMME –KPJ IPOH SPECIALIST HOSPITAL: 08.01.2026

Organized by Dr Monesh Pillai

MMA Perak continued the MMA Perak Connect: Private Hospital & Member Engagement Programme at KPJ Ipoh Specialist Hospital on 8 January 2026. The visit was led by Dr Monesh, Chairman of MMA Perak, who met with doctors individually to strengthen professional relationships and promote the association's activities. The session provided a platform for meaningful discussions regarding issues affecting medical practitioners, healthcare services, and opportunities for collaboration. Doctors were also briefed on the benefits of MMA membership and the association's ongoing efforts to advocate for the interests of the medical profession. The visit was productive and positively received, reinforcing MMA Perak's commitment to engaging with doctors across both public and private healthcare institutions throughout the state.

MMA PERAK CONNECT: PRIVATE HOSPITAL & MEMBER ENGAGEMENT PROGRAMME – HOSPITAL SERI BOTANI : 12.01.2026

Organized by Dr Monesh Pillai

On 12 January 2026, MMA Perak conducted the MMA Perak Connect: Private Hospital & Member Engagement Programme at Hospital Seri Botani. Led by Dr Monesh, Chairman of MMA Perak, the visit aimed to establish closer engagement with doctors practicing at the hospital and to provide updates on the association's initiatives and activities. Throughout the session, individual discussions were held with doctors to better understand their professional experiences and concerns. The interaction also served as an avenue to introduce MMA Perak's role in advocating for the welfare and interests of medical practitioners while encouraging active participation in the association's programmes. The visit strengthened ties between MMA Perak and the medical community at Hospital Seri Botani, reflecting the association's dedication to supporting doctors and promoting professional collaboration within the healthcare sector.

MMA PERAK CONNECT: PRIVATE HOSPITAL & MEMBER ENGAGEMENT PROGRAMME – SUNWAY MEDICAL CENTRE: 13.01.2026

Organized by Dr Monesh Pillai

MMA Perak conducted its MMA Perak Connect: Private Hospital & Member Engagement Programme at Sunway Medical Centre Ipoh on 13 January 2026. The visit was led by Dr Monesh, Chairman of MMA Perak, who met with doctors individually to foster stronger professional relationships and exchange views on matters affecting the medical profession. The session provided an opportunity to introduce MMA Perak's current initiatives, professional development programmes, and advocacy efforts. Constructive discussions were held on issues relevant to healthcare practice, and doctors were encouraged to participate actively in MMA activities and events. The engagement was fruitful and well received, further strengthening the association's relationship with doctors in the private healthcare sector. MMA Perak remains committed to continuous engagement and collaboration with medical practitioners throughout Perak.

TAIPING MEDICAL UPDATE: 24.01.2026 - 25.01.2026

Organized by Dr Suretheran Kirsnan

The Taiping Medical Update 2026, organized by MMA Perak Branch, was successfully held on 24–25 January 2026 at the Grand Baron Hotel, Taiping. This two-day multidisciplinary scientific conference brought together medical practitioners and healthcare professionals for an engaging programme of continuous medical education. The conference featured a wide range of topics across various medical disciplines, providing participants with the latest clinical updates, evidence-based practices, and emerging developments in healthcare. The programme served as an excellent platform for knowledge sharing, professional networking, and interdisciplinary collaboration. The event was well attended and received positive feedback from participants, reflecting the continued commitment of MMA Perak to promoting lifelong learning and professional development among healthcare practitioners. The successful organization of the conference further reinforced MMA Perak's role in supporting high-quality medical education and advancing healthcare standards within the state.

MMA PERAK CONNECT: PRIVATE HOSPITAL & MEMBER ENGAGEMENT PROGRAMME – PANTAI HOSPITAL, IPOH: 29.01.2026

Organized by Dr Monesh Pillai

On 29 January 2026, MMA Perak conducted its MMA Perak Connect: Private Hospital & Member Engagement Programme at Pantai Hospital Ipoh. The visit was led by Dr Monesh, Chairman of MMA Perak, as part of the branch's ongoing efforts to strengthen engagement with members and medical practitioners in the private healthcare sector. During the visit, Dr Monesh met with doctors individually to share updates on MMA Perak's activities, professional development programmes, and advocacy efforts. The session also provided an opportunity for meaningful discussions on current healthcare issues, professional concerns, and ways to enhance collaboration between MMA and its members. The engagement was well received and further strengthened the relationship between MMA Perak and the doctors at Pantai Hospital Ipoh. Through the MMA Perak Connect programme, the branch remains committed to fostering closer ties with healthcare professionals, promoting professional unity, and ensuring that members remain informed, connected, and supported.

Branch Reports > MMA Perak

MODERN OBESITY CARE: WHERE BARIATRIC ENDOSCOPY MEETS METABOLIC MEDICINE : 31.01.2026

Organized by Dr John Emmanuel

The seminar “Modern Obesity Care: Where Bariatric Endoscopy Meets Metabolic Medicine”, organized by the Malaysian Medical Association (Perak Branch) in collaboration with Boston Scientific, was held on 31 January 2026 from 3:00 PM to 6:00 PM. Featuring expert speakers — Dr. Gayathri Devi Krishnan, Dr. James Emmanuel, and Dr. Sattian Kollanthavelu — the event highlighted the integration of bariatric endoscopy with metabolic medicine as a modern approach to obesity management. Participants benefited from multidisciplinary insights into effective treatment strategies, and CPD points were awarded, underscoring the seminar’s professional and academic value.

THAIPUSAM 2026 FOOD DONATION: 01.02.2026

Organized by Dr Nageenthren Ragunathan

The MMA Perak Branch, in collaboration with the Rotary Club of Ipoh Central, successfully carried out the Thaipusam 2026 Anathanam (Food Donation) programme at Kallumalai Murugan Temple, Ipoh, on 1 February 2026. As part of this community service initiative, free breakfast was distributed to approximately 2,500 devotees between 5.00 AM and 8.00 AM. The programme aimed to provide nourishment and support to devotees who had begun their pilgrimage in the early hours of the morning and participated in various religious observances during the Thaipusam celebration. The funds for this meaningful initiative were contributed personally by MMA Perak members, reflecting their generosity and commitment towards serving the community. The programme was well received by devotees and contributed to the spirit of compassion, unity, and service that characterises the Thaipusam festival. MMA Perak would like to express its sincere appreciation to all members, volunteers, and the Rotary Club of Ipoh Central for their support and dedication in making this charitable effort a success.

COURTESY VISIT TO THE DIRECTOR OF HOSPITAL RAJA PERMAISURI BAINUN: 05.02.2026

Organized by Dr Monesh Pillai

On 5 February 2026, the Malaysian Medical Association (MMA) Perak Branch, led by Chairman Dr. Monesh Pillai together with Past Chairman Dr. Suresh Subramaniam, paid a courtesy visit to the newly appointed Director of Hospital Raja Permaisuri Bainun (HRPB), YBrs Dr. Fakhruddin Amran. The meeting was cordial and constructive, focusing primarily on the welfare and wellbeing of doctors, particularly House Officers as they begin their professional careers. Discussions included ongoing and future initiatives aimed at supporting doctors in adapting to their work environment, building resilience, and promoting mental wellbeing. MMA Perak also expressed its support for the collaborative efforts with the HRPB HEARTS team, including programmes such as the Welcome on Board Doctors initiative, which provides guidance, peer support, and mental health awareness for newly appointed doctors. The Association took the opportunity to share its continued commitment towards advocating for doctors through welfare programmes, professional development activities, mentorship initiatives, and engagement with healthcare stakeholders. MMA Perak extends its sincere appreciation to Dr. Fakhruddin Amran and the management team of HRPB for their warm reception, openness, and commitment to the wellbeing of the medical fraternity. The Association looks forward to strengthening this collaboration and implementing more meaningful programmes in the future.

HEALTH & MENTAL HEALTH TALK AT SKJT ST PHILOMENA: 09.02.2026

Organized by Dr Suresh Subramaniam

The MMA Perak Branch was invited by SKJT St Philomena to conduct a health and mental health awareness talk for teachers. The session involved approximately 25 teachers and focused on promoting overall well-being, stress management, and mental health awareness among educators. The talk was delivered by Dr Suresh, who highlighted key aspects of maintaining physical health, managing occupational stress, and identifying early signs of mental health issues. Emphasis was also placed on self-care practices and building resilience in the teaching profession. The session was interactive, with active participation from teachers through questions and sharing of experiences related to workplace stress. The programme concluded successfully with positive feedback, and MMA Perak Branch expressed its appreciation to SKJT St Philomena for the invitation and collaboration.

54TH ANNIVERSARY & INSTALLATION BANQUET: 14.02.2026

Organized by Dr John Emmanuel

The MMA Perak Branch celebrated its 54th Anniversary and Installation Night on 14 February 2026, marking the installation of Dr. Monesh Pillai as Chairman of MMA Perak. The event was attended by nearly 400 doctors, healthcare professionals, and partners from across the state. Distinguished guests included YB Kula Segaran, Deputy Minister in the Prime Minister’s Department; Datuk Dr. Thirunavukarasu Rajoo, President of the Malaysian Medical Association; and Dr. Muhammad Najib bin Adnan, Deputy Director (Medical) of the Perak State Health Department. Guests embraced the evening’s theme, with many dressed in elegant kebaya and batik attire, adding colour and vibrancy to the celebration. The evening featured cultural performances, live music, lucky draws, and fellowship among members of the medical fraternity, making it a memorable and successful event.

Branch Reports > MMA Perak

CHINESE NEW YEAR CELEBRATION: 24.02.2026

Organized by Dr Monesh Pillai

In conjunction with the Chinese New Year celebrations, MMA Perak had the pleasure of bringing festive cheer to children at Sunway Medical Centre Ipoh through a simple yet meaningful outreach activity. Small gifts and goodies were distributed to the children, bringing smiles and joy to their faces during the festive season. It was heartwarming to see the excitement and happiness shared by the young recipients and their families. This initiative reflects MMA Perak's commitment to community engagement and spreading kindness, especially to children who may be spending the festive period in a healthcare setting. We would like to extend our sincere appreciation to the team at Sunway Medical Centre Ipoh for their warm hospitality and invaluable assistance in facilitating this programme. Their support helped make the visit a memorable and meaningful experience for everyone involved. MMA Perak wishes all those celebrating a Happy Chinese New Year filled with happiness, good health, and prosperity.

RAMADAN BUKA PUASA PROGRAMME AT OLD FOLKS HOME & BED HANDOVER: 12.03.2026

Organized by Dr Monesh Pillai

MMA Perak, in collaboration with Pantai Hospital Ipoh, successfully organized a Ramadan Buka Puasa Programme with residents of Rumah Orang-Orang Tua Islam Titian Abadi. The programme was held as part of a community outreach initiative aimed at sharing the blessings of Ramadan and supporting those in need. The event brought together residents, volunteers, and representatives from both organizations for an evening of fellowship and the breaking of fast. As part of the programme, essential supplies and daily necessities were presented to the welfare home to assist in meeting the needs of its residents. A key highlight of the event was the handover of hospital beds to the welfare home, aimed at enhancing the comfort, care, and wellbeing of its residents. This contribution reflects the shared commitment of MMA Perak and Pantai Hospital Ipoh towards supporting vulnerable communities through meaningful and sustainable assistance. During the programme, MMA Perak Chairman, Dr. Monesh Pillai, highlighted the importance of community service and social responsibility within the medical profession, emphasizing that caring for the community extends beyond clinical practice. He also reaffirmed MMA Perak's commitment to continuing various welfare and outreach initiatives throughout Perak. MMA Perak extends its sincere appreciation to Pantai Hospital Ipoh, the welfare home management, volunteers, and all contributors for their support in making this meaningful programme a success.

COURTESY VISIT TO YB DATO' A. SIVANESAN, PERAK STATE EXCO FOR HEALTH – 17.03.2026

Organized by Dr Monesh Pillai

On 17 March 2026, the Malaysian Medical Association (MMA) Perak Branch paid a courtesy visit to YB Dato' A. Sivanesan, Perak State EXCO for Health, at his office. The visit provided an opportunity for MMA Perak to brief YB Dato' Sivanesan on the Association's upcoming programmes and ongoing initiatives, as well as to discuss current collaborations aimed at benefiting the healthcare community and the public in Perak. MMA Perak also shared updates on the upcoming 66th MMA National AGM and Convention, which will be held in Ipoh this September. The event marks a significant milestone, as Ipoh will once again host the national gathering after a gap of 15 years. The meeting was cordial, productive, and fruitful, reflecting a shared commitment towards strengthening healthcare services and fostering greater collaboration within the state. MMA Perak also took the opportunity to extend its heartfelt congratulations to YB Dato' A. Sivanesan on being conferred the prestigious Darjah Dato' Paduka Mahkota Perak (D.P.M.P.), which carries the title of Dato', and expressed appreciation for his continuous support of MMA Perak's initiatives. MMA Perak looks forward to continuing its close collaboration with YB Dato' A. Sivanesan in advancing healthcare and community wellbeing throughout Perak.

MEETING WITH NCSM: 17.03.2026

Organized by Dr Monesh Pillai

On 17 March 2026, a meeting was held with the National Cancer Society of Malaysia (NCSM) to discuss potential collaborations for future programmes and outreach activities in Perak. The discussion focused on strengthening joint efforts in cancer awareness, early detection, and community engagement initiatives across the state. Both parties expressed mutual interest in expanding outreach programmes to benefit the public and improve health literacy. The meeting was attended by Dr Monesh and Dr Suren, representing MMA Perak Branch. The session concluded with a positive outlook towards establishing continued collaboration with NCSM for upcoming health-related initiatives in Perak.

DONATION PRESENTATION TO KALLUMALAI TEMPLE: 02.04.2026

Organized by Dr Nageentren Ragunathan

On 2 April 2026, MMA Perak Branch presented a donation of RM2,000 to Kallumalai Arulmigu Subramaniyar Temple in support of its Thaipusam food donation programme. The contribution was made possible through the generous personal donations of MMA Perak members, reflecting their commitment to community service and support for charitable initiatives. The donation was intended to assist the temple in providing food and refreshments to devotees and visitors during the Thaipusam celebrations. MMA Perak extends its appreciation to all members who contributed towards this meaningful cause and remains committed to supporting community-based welfare and outreach activities.

Branch Reports > MMA Perak

TOLAK UBAT TIDAK SAH AWARENESS PROGRAMME: 09.04.2026

Organized by Dr Monesh Pillai

On 9 April 2026, MMA Perak Branch participated in the “Tolak Ubat Tidak Sah” Awareness Programme organized by the Pharmacy Enforcement Division, Perak. The programme aimed to educate the public on the risks associated with illegal and unregistered medicines, while promoting the safe and responsible use of medications. The initiative also highlighted the importance of obtaining medicines from licensed healthcare facilities and authorized pharmacies, as well as encouraging the public to verify the authenticity of health products before purchase. Representing MMA Perak Branch, Dr Monesh Pillai, Chairman of MMA Perak, attended the programme in support of ongoing efforts to enhance public awareness and safeguard community health. MMA Perak appreciates the invitation and looks forward to future collaborations in health education and advocacy initiatives.

IPOH NIGHT RUN: LIGHT UP FOR A POLIO-FREE WORLD: 10.04.2026

Organized by Dr Nageentren Ragunathan

The Malaysian Medical Association (MMA) Perak Branch, in collaboration with the Perak Bar Committee, The Institution of Engineers Malaysia (IEM), and the Rotary Club of Ipoh Central, jointly organized the Ipoh Night Run – Light Up for a Polio-Free World on 10 April 2026 at Ipoh Padang. The event aimed to raise awareness on the global effort towards polio eradication while promoting a healthy and active lifestyle among the community. The 5KM night run saw enthusiastic participation from runners of all ages, beginning with registration at 6:00 PM, followed by warm-up activities at 7:30 PM and flag-off at 8:00 PM. MMA Perak Branch is honored to be part of this meaningful collaboration alongside fellow professional bodies and service organizations in supporting public health advocacy through community engagement.

CELIK SIHAT 2026 – COMMUNITY EYE SCREENING PROGRAMME: 11.04.2026

Organized by Dr Suresh Subramaniam

On 11 April 2026, MMA Perak, MMA Selangor, SMMAMS, and the Department of Ophthalmology, Hospital Selayang successfully organised Celik Sihat 2026, a community eye screening programme aimed at promoting eye health awareness and facilitating early detection of eye diseases. The programme was led entirely by first- and second-year medical students from Universiti Malaya, whose dedication, teamwork, and organizational skills were truly commendable. Their enthusiasm and professionalism played a key role in the success of the event. Approximately 50–60 residents from the surrounding community participated in the screening. Around five cases of eye pathology were identified and promptly referred to Hospital Selayang for further assessment and management, highlighting the importance of community-based screening initiatives in detecting eye conditions early. MMA Perak extends its sincere appreciation to the Board of Directors of SJK(C) Selayang Baru, especially its Chairman, Mr. Tan, for their invaluable support and cooperation in hosting the programme.

WALK AGAINST OBESITY 4.0: 12.04.2026

Organized by Dr Suretheran Kirsnan

The Walk Against Obesity 4.0 was successfully held at the Polo Ground in conjunction with World Obesity Day, with the participation of approximately 400 participants. The event, now in its fourth consecutive year, was initiated by Dr Satkunan Mark in 2023 and has continued annually as a collaborative community health initiative. The programme was jointly supported by MMA Perak Branch and Hospital Fatimah, along with other partners, reflecting strong ongoing commitment towards promoting healthier lifestyles and raising awareness on obesity prevention. The event featured an energetic 5KM walk with interactive activity stations along the route, including fitness challenges and hydration points. Participants also benefited from free basic health screening and physiotherapy assessments, alongside additional health promotion activities and community engagement booths, creating a vibrant and family-friendly environment. The programme concluded with a telematch session, further encouraging active participation and community bonding. Walk Against Obesity continues to serve as an important platform to promote healthy living and sustained public awareness on obesity prevention.

NASOPHARYNGEAL EARLY DETECTION AWARENESS TALK: 26.04.2026

Organized by Dr Monesh Pillai

The MMA Perak Branch collaborated with the National Cancer Society Malaysia (NCSM) in organizing the Nasopharyngeal Early Detection Awareness Talk on 26 April 2026 at Dewan NCSM Caritas, Ipoh. The programme aimed to increase public awareness on nasopharyngeal cancer, its risk factors, symptoms, and the importance of early detection. The talk was delivered by Dr Gagandeep Singh Mann, Consultant Otorhinolaryngologist (ENT), who shared valuable information on recognizing early warning signs and seeking timely medical attention. Participants also took part in interactive engagement activities, making the programme both educational and engaging. The event successfully promoted greater awareness of cancer prevention and early diagnosis within the community.

Branch Reports > MMA Perak

SHAPING PERAK'S AGEING FUTURE: 27.04.2026

Organized by Dr Monesh Pillai

MMA Perak Branch was honored to be invited to “Shaping Perak’s Ageing Future”, an initiative launched by Pantai Hospital Ipoh in collaboration with SilverGenz in conjunction with Pantai Hospital Ipoh’s 30th Anniversary celebration. The programme marked an important step towards enhancing elderly care in Perak by promoting better continuity of care, community support, and quality of life for the ageing population. The event also highlighted the importance of collaboration among healthcare providers, government agencies, and community stakeholders in addressing the needs of older adults. Representing MMA Perak Branch, Dr Monesh Pillai, Chairman of MMA Perak, attended the event. MMA Perak appreciates the invitation and supports efforts aimed at creating a more integrated and sustainable healthcare ecosystem for the elderly community in Perak.

EMERGENCY WORKSHOP PROGRAMME WITH UNIKL RCMP: 02.05.2026

Organized by Dr Monesh Pillai

On 2 May 2026, MMA Perak Branch collaborated with UniKL Royal College of Medicine Perak (UniKL RCMP) to organise an Emergency Workshop Programme aimed at enhancing participants’ knowledge and skills in managing medical emergencies. The programme provided valuable exposure to essential emergency care principles through interactive learning sessions and practical demonstrations. Participants had the opportunity to strengthen their understanding of emergency response and patient management in various clinical scenarios. MMA Perak is pleased to collaborate with UniKL RCMP in supporting continuous medical education and professional development. Such initiatives reflect our shared commitment to improving healthcare knowledge, promoting clinical excellence, and enhancing preparedness in emergency situations.

MMA PERAK CPR WORKSHOP FOR MEDIA PRACTITIONERS: 21.05.2026

Organized by Dr Monesh Pillai

On 21 May 2026, MMA Perak Branch organized a CPR Workshop for media practitioners in Perak as part of its ongoing efforts to promote public awareness of lifesaving skills and the importance of early intervention during cardiac emergencies. The workshop aimed to equip participants with basic CPR knowledge and increase awareness of the crucial role bystanders play in improving survival rates following cardiac arrest. Participants were introduced to the fundamentals of CPR and encouraged to help spread awareness of the importance of CPR training within the community. MMA Perak expressed its appreciation to the media practitioners for their enthusiastic participation and support in promoting this important public health message. Through continued outreach programmes and training initiatives, MMA Perak remains committed to empowering the public with lifesaving knowledge and building a community that is better prepared to respond during emergencies.

SCHOMOS REPORT

NEONATAL AND PAEDIATRIC BOWEL

ANASTOMOTIC WORKSHOP 2025: 29.09.2025

Organized by Dr John Emmanuel

MMA Perak, in collaboration with the Paediatric Surgical Unit, Hospital Raja Permaisuri Bainun (HRPB), Ipoh, successfully organized the Neonatal and Paediatric Bowel Anastomotic Workshop 2025 on 29 September 2025. The full-day workshop was held at the Anatomy Laboratory, Institut Latihan Kementerian Kesihatan Malaysia (ILKKM), Tanjung Rambutan, and attracted 40 participants from various states across Malaysia. The programme was designed to enhance participants’ knowledge and practical skills in bowel anastomosis procedures in neonates and children. The workshop comprised a series of lectures covering various aspects of neonatal and paediatric bowel anastomosis, followed by hands-on training sessions. Participants were given the opportunity to practise anastomosis techniques using cattle gut tissue, which closely resembles human tissue and provided a realistic surgical training experience. Experienced facilitators were present throughout the workshop to provide guidance and support during the practical sessions. The workshop was well received, with participants expressing positive feedback regarding both the educational content and the hands-on learning experience. The programme provided a valuable platform for surgical trainees and healthcare professionals to strengthen their technical competencies and exchange knowledge with peers and experts in the field.

DEEPAVALI CELEBRATION: 18.10.2025

Organized by Dr Phan Ai Ping

On 18 October 2025, in conjunction with the Deepavali celebrations, MMA Perak Branch organized a goodwill visit to Hospital Bahagia Ulu Kinta to spread festive cheer and express appreciation to the healthcare personnel on duty during the festive season. Led by Chairman, Dr. Monesh Pillai Gopi together with MMA Perak committee members, the visit included the distribution of festive goodies to doctors and staff members as a token of appreciation for their dedication, commitment, and invaluable service to patients and the community. MMA Perak was honoured to be warmly received by Dr. Ian Lloyd Anthony, Hospital Director, and Dr. Ahmad Qabil bin Khalib, Deputy Director (Medical) and Head of Psychiatry Services, Perak State. The visit provided

Branch Reports > MMA Perak

an excellent opportunity to engage with the hospital leadership and staff while strengthening the relationship between MMA Perak and the healthcare community. The event was both meaningful and fruitful, reflecting MMA Perak's commitment to recognizing the contributions of healthcare workers, especially those who continue to serve tirelessly during festive periods. MMA Perak extends its sincere gratitude to Hospital Bahagia Ulu Kinta for the warm hospitality and looks forward to continued collaboration in supporting the well-being of healthcare professionals and the community.

MASTERING THE ART OF COMMUNICATION: A MAKE OR BREAK SKILL WORKSHOP: 23.10.2025

Organized by Dr John Emmanuel

The "Mastering the Art of Communication: A Make or Break Skill" workshop was successfully held on 23 October 2025 at Hospital Raja Permaisuri Bainun (HRPB), Ipoh. Organized through a collaboration between the Paediatric Department, HRPB and MMA Perak, the workshop aimed to enhance healthcare professionals' communication skills in day-to-day clinical practice. Effective communication plays a crucial role in building trust, improving patient satisfaction, and achieving better healthcare outcomes. The programme featured a series of engaging talks and case-based simulation sessions conducted by experienced facilitators and experts. Participants gained valuable insights into effective communication strategies, patient-centred interactions, and managing challenging clinical scenarios through practical learning experiences. The workshop was officiated by Dr. Siti Aishah binti Saidin, Perak State Head of Paediatrics, and Dr. Monesh Pillai Gopi, Chairman of MMA Perak. Their presence underscored the importance of communication as a fundamental skill in healthcare delivery. The workshop was well received by participants and provided a valuable platform for learning, reflection, and professional development. Through this initiative, MMA Perak and the Paediatric Department of HRPB reaffirmed their commitment to supporting continuous medical education and improving the quality of patient care.

"HOLD HER HANDS" AWARENESS PROGRAM: 26.11.2025

Organized by Dr Nageendran Ragunathan

On 26 November 2025, MMA Perak Branch proudly collaborated with the Rotary Club of Ipoh Central and the Perak State Government to organize "Hold Her Hands 2.0: Hygiene and Boundaries" at SK St Michael, Ipoh. The programme was attended by more than 50 upper-primary school girls and aimed to empower young girls with essential knowledge on personal hygiene, body autonomy, personal safety, and healthy boundaries. Through engaging and interactive sessions, participants learned about the importance of maintaining good personal hygiene, recognizing safe and unsafe touch, understanding their rights over their own bodies, and developing the confidence to speak up and seek help when necessary. A key message emphasized throughout the programme was: "I Decide. I Protect. I Rise." The educational sessions were delivered by Dr. Phan Ai Ping and Dr. Kong Leng Ean Charis, whose engaging presentations and meaningful interactions enabled the participants to better understand these important topics in a supportive and age-appropriate environment. MMA Perak extends its sincere appreciation to the Rotary Club of Ipoh Central, led by Dr. Rita Oliikh, for their dedication and partnership in making this programme a success. We would also like to thank the Principal and teachers of SK St Michael, Ipoh, for their warm hospitality and support throughout the event. Special thanks are also extended to YB Dato' A. Sivanesan and the Perak State Government for their unwavering support of initiatives aimed at empowering young girls and promoting their well-being. The programme was well received by participants and successfully achieved its objective of equipping young girls with the knowledge, confidence, and skills needed to protect themselves and make informed decisions as they grow.

HOUSE OFFICER ORIENTATION PROGRAM AT HOSPITAL TAIPING [1]: 27.11.2025

Organized by Dr Suretheran Kirsnan

MMA Perak was honored to participate in the House Officers' Orientation Programme at Hospital Taiping, where Dr. Suretheran Kirsnan, Honorary Secretary of MMA Perak, had the opportunity to meet and welcome seven newly appointed House Officers (HOs) as they embarked on their medical careers. During the session, the new House Officers were introduced to the role, objectives, and activities of the Malaysian Medical Association (MMA), as well as the benefits of membership and professional engagement within the medical community. The programme provided a valuable platform for young doctors to gain a better understanding of MMA and the support available to them throughout their professional journey. MMA Perak extends its sincere appreciation to the Hospital Director and the management of Hospital Taiping for their continuous support and for providing this opportunity to engage with the new House Officers. As part of MMA Perak's ongoing membership recruitment initiative, we are pleased to share that all seven House Officers registered as Ordinary Members of MMA during the programme, achieving a 100% membership recruitment rate for the session. The programme was both fruitful and encouraging, reflecting the enthusiasm of young doctors to become actively involved in the medical profession and the activities of MMA. MMA Perak looks forward to supporting these doctors throughout their housemanship and future medical careers.

Branch Reports > MMA Perak

HOUSE OFFICER ORIENTATION PROGRAM AT HRPB [1] : 01.12.2025

Organized by Dr Phan Ai Ping

A House Officers Orientation Programme was successfully conducted on 1 December 2026 at Hospital Raja Permaisuri Bainun (HRPB) with the kind arrangements and support of the hospital management. During the programme, MMA Perak Chairman Dr. Monesh Pillai and SCHOMOS Chairperson Dr. Phan Ai Ping met and welcomed the newly appointed House Officers as they begin their service in the medical profession. The session provided an opportunity to share valuable insights, guidance, and experiences aimed at supporting them in adapting to their new roles and responsibilities. The Malaysian Medical Association (MMA), the largest professional body representing doctors in Malaysia, was also introduced to the House Officers. The briefing highlighted the role of MMA in advocating for doctors' welfare and professional interests, as well as the benefits of membership, including professional development opportunities, networking, and continuous medical education. Assistance was also provided to facilitate their registration and enrolment as MMA members. The programme served as a meaningful platform to strengthen early professional engagement and foster a sense of belonging within the medical fraternity. It also reflects MMA Perak's continued commitment to supporting young doctors at the start of their careers. MMA Perak extends its sincere appreciation to the management of HRPB for their kind arrangements and continuous support in making this programme a success. A warm welcome is extended to all newly appointed House Officers.

WEBINAR ON WOMB TO WISDOM PERSPECTIVE IN WOMEN'S HEALTH: 18.12.2025

Organized by Dr John Emmanuel

The webinar titled "Womb to Wisdom: Perspectives in Women's Health" was successfully organized by MMA Perak and MMA SCHOMOS on 18 December 2025. The virtual event brought together healthcare professionals, medical officers, house officers, and other interested participants to explore contemporary issues and advancements in women's health across different stages of life. The webinar featured a panel of expert speakers who shared the latest insights, evidence-based practices, and practical approaches on a variety of common women's health topics. The sessions provided participants with valuable knowledge on preventive care, disease management, reproductive health, and overall wellbeing, encouraging a holistic approach to women's healthcare. The programme received an overwhelming response, attracting more than 300 participants from across the country. The high level of attendance and engagement reflected the relevance of the topics discussed and the growing interest in advancing knowledge and awareness in women's health. The webinar successfully achieved its objective of providing continuous medical education and fostering professional discussion among healthcare practitioners. It also underscored the commitment of MMA Perak and MMA SCHOMOS to delivering accessible, high-quality educational programmes that support lifelong learning and improved patient care. MMA Perak and MMA SCHOMOS extend their sincere appreciation to all speakers, participants, and organizing committee members for their valuable contributions towards the success of this webinar. The strong participation and positive engagement demonstrated the importance of continued dialogue and education in promoting better health outcomes for women.

WEBINAR ON PAEDIATRIC INFECTIONS IN PRIMARY CARE: 29.1.2026

Organized by Dr Thevendran Sadasivam

The Webinar on Paediatric Infections in Primary Care was successfully conducted via Zoom Webinar, attracting more than 300 participants comprising primary care doctors, general practitioners, and other healthcare professionals.

The webinar covered important topics including red flags in common paediatric infections, infections requiring paediatric surgical referral, and primary immunodeficiency in children and adults. The sessions provided practical insights and updates to assist healthcare professionals in the early recognition, management, and referral of paediatric infectious conditions. The programme was well received by participants and successfully achieved its objective of enhancing knowledge and supporting continuous medical education in primary care practice.

HOUSE OFFICER ORIENTATION PROGRAM AT HOSPITAL TAIPING [2]: 09.02.2026

Organized by Dr Suretheran Kirsnan

MMA Perak was honored to once again be invited to participate in the House Officer (HO) Orientation Programme at Hospital Taiping, where a briefing session was conducted for newly appointed House Officers. This ongoing collaboration between MMA Perak and Hospital Taiping reflects a strong and meaningful partnership in supporting young doctors as they embark on their professional careers. Although only one House Officer reported for duty on the day, the session was conducted as planned, underscoring MMA Perak's commitment to mentorship, engagement, and professional development regardless of the number of participants. During the session, MMA Perak's vision, mission, and ongoing initiatives were shared by Dr. Suretheran Kirsnan, Honorary Secretary of MMA Perak. The briefing also provided an opportunity to introduce the role of MMA in advocating for and supporting medical practitioners throughout their careers. We extend our best wishes to the new House Officer for a rewarding, enriching, and successful Housemanship journey. MMA Perak would

Branch Reports > MMA Perak

also like to express its sincere appreciation to the Hospital Director and the management team of Hospital Taiping for their continued support, collaboration, and engagement with MMA Perak in nurturing the next generation of doctors.

HOUSE OFFICER ORIENTATION PROGRAM AT HRPB [2]: 10.02.2026

Organized by Dr Phan Ai Ping

On 10 February 2026, MMA Perak had the pleasure of meeting and welcoming 30 newly appointed House Officers at Hospital Raja Permaisuri Bainun (HRPB). The session was led by MMA Perak Chairman, Dr. Monesh Pillai, together with SCHOMOS Perak Chairperson, Dr. Phan Ai Ping. During the engagement, the House Officers were introduced to the Malaysian Medical Association (MMA), the largest professional body representing doctors in Malaysia and the collective voice of the medical profession. The session also provided an opportunity for an open exchange of perspectives and experiences, offering guidance and encouragement to the new doctors as they embark on their housemanship journey and the next chapter of their medical careers.

MMA Perak was delighted by the positive feedback and appreciation expressed by the House Officers. Such interactions reaffirm our commitment to supporting young doctors through advocacy, mentorship, and professional development throughout their medical careers.

CHINESE NEW YEAR CELEBRATION: 25.02.2026

Organized by Dr Phan Ai Ping

On 25 February 2026, MMA Perak paid a courtesy visit to the specialists and medical officers at Klinik Kesihatan Greentown. As part of the Chinese New Year celebrations, festive goodies were distributed to spread the festive cheer and express our appreciation to the doctors for their unwavering dedication and commitment to patient care and public health services. The visit also provided an opportunity for meaningful engagement with healthcare professionals serving at the primary care level, while strengthening the relationship between MMA Perak and the medical fraternity within the government healthcare system. MMA Perak extends its heartfelt gratitude to Dr. Amilia Hamidon, Consultant Family Medicine Specialist and Head of Klinik Kesihatan Greentown, for the warm hospitality and gracious welcome extended to our team. We also thank all the doctors and staff for their tireless service and contributions to the community.

WELCOME DOCTORS ONBOARD – 25.02.2026

Organized by Dr Monesh Pillai

On 25 February 2026, the Malaysian Medical Association (MMA) Perak Branch, in collaboration with Hospital Raja Permaisuri Bainun (HRPB), successfully organized the Welcome Onboard Doctors programme. The programme was attended by more than 60 newly appointed House Officers, Medical Officers, and Specialists who had recently commenced their service at HRPB. The initiative aimed to support doctors in adapting to their new working environment and to promote wellbeing during the transition into a new workplace. The programme featured a session by HRPB Psychiatrist, Dr. Anildev Singh Malhi, who shared valuable insights on workplace adaptation, stress management, and mental health awareness. HRPB Director, Dr. Fakhruddin Amran, also welcomed the new doctors and encouraged them in their professional journey. MMA Perak

Chairman, Dr. Monesh Pillai, introduced the role of MMA and SCHOMOS in advocating for doctors' welfare and professional development, while encouraging active engagement with professional associations. MMA Perak extends its appreciation to HRPB for the successful collaboration and looks forward to continuing initiatives that support the wellbeing and development of doctors.

PERAK AUTISM SYMPOSIUM 2026 :

11.04.2026 – 12.04.2026

Organized by Dr Monesh Pillai

The Perak Autism Symposium 2026 was successfully held from 11–12 April 2026 at the Ipoh Convention Centre (ICC), Ipoh. The programme was organised through a collaboration between the Paediatric Department, Hospital Raja Permaisuri Bainun (HRPB) and MMA Perak Branch. The symposium brought together healthcare professionals, educators, therapists, parents, and stakeholders to enhance understanding and awareness of autism spectrum disorder. A series of lectures, discussions, and knowledge-sharing sessions were conducted, covering various aspects of autism diagnosis, management, intervention, and support services. MMA Perak was pleased to collaborate in this meaningful initiative, which served as a valuable platform for multidisciplinary learning and strengthened efforts towards improving autism care and support within the community.

HOUSE OFFICER ORIENTATION PROGRAM AT HRPB [3]: 05.05.2026

Organized by Dr Phan Ai Ping

On 5 May 2026, MMA Perak SCHOMOS participated in the House Officers Orientation Programme at Hospital Raja Permaisuri Bainun (HRPB), where representatives had the opportunity to meet and engage with newly reported House Officers. During the session, MMA Perak shared valuable insights, experiences, and practical advice to help the new doctors navigate their housemanship journey. The House Officers were also introduced to the role of the Malaysian Medical Association (MMA), the largest professional body representing medical practitioners in the

Branch Reports > MMA Perak

country, and its commitment to safeguarding the welfare and interests of the medical profession. The programme provided a platform for meaningful interaction and engagement, reaffirming MMA Perak's commitment to supporting young doctors as they embark on their medical careers. MMA Perak extends its sincere appreciation to the Director and management of Hospital Raja Permaisuri Bainun for their continued collaboration and engagement. This ongoing partnership reflects a shared commitment to nurturing, supporting, and empowering the next generation of doctors.

WORLD NO TOBACCO AWARENESS TALK: 31.05.2026

Organized by Dr Phan Ai Ping

In conjunction with World No Tobacco Day 2026, MMA Perak Branch collaborated with National Cancer Society Malaysia (NCSM)-Caritas Perak to raise public awareness on the harmful effects of tobacco and nicotine products, particularly the growing concern of nicotine exposure among children and adolescents. The event, held on 31 May 2026, featured educational sharing sessions, awareness booths, and smokerlyser tests to educate participants on the health risks associated with smoking and vaping, as well as the support services available for those seeking to quit. The programme served as a meaningful advocacy initiative in line with the 2026 World No Tobacco Day theme, "Unmask the Appeal," highlighting the tactics used to make tobacco and nicotine products attractive while exposing their true health consequences. MMA Perak remains committed to supporting public health campaigns that promote a tobacco-free and healthier community.

PPSMMA REPORT

CLEAN SAFE COMPLIANCE : CLINICAL WASTE AND PEST CONTROL IN MANAGEMENT HEALTHCARE: 29.09.2025

Organized by Dr Suresh Subramaniam

Healthcare institutions have a responsibility to provide quality services while maintaining a clean, safe, and compliant environment in accordance with established regulations. Good clinical waste and pest control management are essential in ensuring patient safety, workplace hygiene, and environmental sustainability. To promote awareness and best practices in these areas, MMA Perak organized the "Clean, Safe & Compliant: Clinical Waste and Pest Control Management" seminar. The programme featured informative presentations by Mr. Chriti Nathan (CKAPS), Mr. Anba (Medi One) on clinical waste management, and Mr. Yeong, Founder of Pest Craft, on pest control management. The seminar was attended by approximately 40 participants from various government and private healthcare institutions. Participants gained valuable knowledge and practical insights into maintaining compliance, improving workplace safety, and supporting a cleaner and healthier healthcare environment. Overall, the programme was well received and provided an excellent platform for learning and sharing best practices in clinical waste and pest control management.

WEBINAR ON "A PARADIGM SHIFT IN THE MANAGEMENT OF EYE CONDITIONS IN THE PRIMARY CARE SETTING": 26.11.2025

Organized by Dr Suresh Subramaniam

MMA Perak successfully organized the webinar "A Paradigm Shift in the Management of Eye Conditions in the Primary Care Setting" on 26 November 2025 via Zoom. The webinar aimed to update primary care practitioners and healthcare professionals on current approaches and best practices in the management of common eye conditions encountered in primary care settings. The two-hour educational programme featured distinguished speakers with expertise in ophthalmology and optometry. The speakers delivered insightful presentations covering the latest developments in eye care, early detection of eye diseases, referral pathways, and the evolving role of primary care practitioners in managing ophthalmic conditions. Participants also benefited from practical clinical insights and interactive discussions with the panel of experts. The webinar attracted healthcare professionals from various sectors and provided a valuable platform for continuous medical education. Participants gained enhanced knowledge and confidence in identifying, managing, and appropriately referring patients with eye conditions, ultimately contributing to improved patient care and outcomes. The programme was well received by attendees and successfully fulfilled its objective of promoting greater awareness and strengthening competencies in eye health management within the primary care setting. Participants were awarded 4 CPD points for their attendance and participation.

OFFICE OPHTHALMOLOGY WORKSHOP: 30.11.2025

Organized by Dr Suresh Subramaniam

The Office Ophthalmology Workshop 2025 was successfully organized by the MMA Perak Branch in collaboration with KOOPMMA on 30 November 2025 at Travelodge Hotel, Ipoh. This practical, hands-on workshop was designed to equip healthcare professionals with essential ophthalmology examination skills that can be readily applied in daily clinical practice. The programme aimed to enhance participants' confidence in assessing and managing common eye conditions encountered in primary care and outpatient settings. The workshop covered several important topics, including: Smartphone-Assisted Eye Examination Techniques, 1-Minute Office Ophthalmology Procedures, Fundoscopy Made Easy, Ophthalmology Emergencies and Referral Pathways

Branch Reports > MMA Perak

& Eye Drops Administration. Through a combination of lectures, demonstrations, and interactive hands-on sessions, participants gained valuable practical knowledge and skills to improve the assessment and management of patients with eye-related complaints. The workshop also highlighted the importance of early recognition of ophthalmic emergencies and appropriate referral to specialist services when required. The programme was well received by participants, who appreciated the practical approach and the opportunity to develop clinical skills in a supportive learning environment. Participants were awarded 4 CPD points for their attendance and active participation. MMA Perak would like to express its sincere appreciation to KOOPMMA, the facilitators, and all participants for their support and contribution towards the success of this workshop. The programme reflects MMA Perak's ongoing commitment to providing continuous medical education and enhancing clinical competencies among healthcare professionals.

PROGRAM SARINGAN KESIHATAN DIABETES: 22.11.2025

Organized by Dr Suresh Subramaniam

In conjunction with World Diabetes Day 2025, MMA Perak Branch collaborated with KMC Medical Centre and Persatuan Thamizhar Malaysia Cawangan Kampar to organize the Program Saringan Kesihatan Diabetes on 22 November 2025 at Pusat Khidmat Rakyat DUN Malim Nawar, Mambang Di Awan, Kampar, Perak. The programme aimed to raise public awareness on diabetes prevention, early detection, and the importance of regular health screening. Free diabetes screening and eye screening services were provided to members of the local community, enabling participants to better understand their health status and identify potential risk factors at an early stage. The event was honored by the presence of YB Puan Bavani Veraiah, Ahli Dewan Undangan Negeri (ADUN) Malim Nawar, who attended as the Guest of Honor and demonstrated her support for community health initiatives. A total of 130 individuals underwent diabetes and eye screening during the programme. Healthcare professionals and volunteers were on hand throughout the event to conduct screenings, provide health education, and offer advice on diabetes prevention, management, and healthy lifestyle practices. The initiative also emphasized the importance of regular eye examinations in preventing vision-related complications associated with diabetes. MMA Perak would like to express its sincere appreciation to KMC Medical Centre, Persatuan Thamizhar Malaysia Cawangan Kampar, healthcare volunteers, sponsors, and all participants whose support and commitment contributed to the success of this meaningful community outreach programme. The programme successfully reinforced the message that early detection, regular monitoring, and healthy lifestyle choices are key to preventing diabetes and reducing the risk of long-term complications. The encouraging response from the community, with 130 individuals screened, reflects the growing awareness of the importance of preventive healthcare.

WEBINAR ON EYE TRAUMA MANAGEMENT: A QUICK GUIDE FOR GP'S: 16.12.2026

Organized by Dr Suresh Subramaniam

The MMA Perak Branch successfully organized a webinar entitled "Eye Trauma Management – A Quick Guide for GPs" on 16 December 2025 via Zoom. The webinar was conducted to provide General Practitioners with essential updates on the recognition, initial assessment, and management of common eye injuries encountered in primary care practice. Participants gained practical knowledge on identifying ocular emergencies, administering appropriate first-line treatment, and making timely referrals to specialist care when necessary. The webinar attracted more than 200 participants comprising General Practitioners and other healthcare professionals from across the country. The session featured an informative presentation followed by an interactive question-and-answer session, allowing participants to engage actively with the speaker and clarify practical aspects of eye trauma management. MMA Perak extends its sincere appreciation to the speaker and all participants for their support and active participation, which contributed to the success of the webinar. The Association remains committed to providing quality continuing medical education programmes for healthcare professionals.

FROM REFLUX RELIEF TO GUT RESILIENCE: 09.01.2026

Organized by Dr Satkunan Mark

The MMA Perak Branch successfully organized a medical talk entitled "From Reflux Relief to Gut Resilience" on Friday, 9 January 2026, at Weil Hotel, Ipoh. The session was conducted to provide healthcare professionals with practical insights into the effective management of Gastroesophageal Reflux Disease (GERD) and the importance of maintaining gut health to promote long-term gastrointestinal resilience. Participants gained valuable knowledge on current management strategies and approaches to improving patient outcomes. The event was attended by approximately 50 healthcare professionals, who actively participated in the discussion and exchange of clinical experiences. The interactive session provided an excellent platform for learning and professional networking. MMA Perak would like to express its sincere appreciation to the speaker, sponsors, and all participants for their support and contribution towards the success of the event. The Association remains committed to providing continuous medical education opportunities for healthcare professionals in the region.

Branch Reports > MMA Perak

ROUND TABLE DISCUSSION WITH PANTAI HOSPITAL IPOH: 20.04.2026

Organized by Dr Monesh Pillai

On 20 April 2026, MMA Perak Branch, represented by Dr Monesh Pillai, together with PMPS represented by Dr Nantha, participated in a round table discussion with Pantai Hospital Ipoh on behalf of general practitioners (GPs) practicing in and around Ipoh. The discussion centered on Pantai Hospital Ipoh's proposed RM30 blood screening package, introduced in conjunction with its 30th Anniversary celebration and aimed at providing affordable health screening for the elderly and low-income community. MMA Perak and PMPS highlighted concerns that such heavily subsidized laboratory promotions could adversely affect GP practices, where laboratory services and vaccinations form an important component of primary care services.

The representatives emphasized the need for all stakeholders within the healthcare ecosystem to support one another and suggested that promotional efforts be directed towards services that would not impact primary care practices. Concerns were also raised regarding the potential public perception that GP charges for similar services are excessive, which may not accurately reflect the actual costs involved. Following the discussion, Pantai Hospital Ipoh agreed to discontinue the promotion of the RM30 blood screening package and indicated that alternative initiatives are being explored as part of its 30th Anniversary "Give Back to the Public" campaign. The meeting concluded with constructive engagement and mutual understanding between all parties.

ACKNOWLEDGEMENT

MMA Perak would like to record its heartfelt thanks to the following who have constantly given much support to its cause:

- **Datuk Dr Thirunavukarasu Rajoo (MMA President 2025/2026)**
- **Members of MMA Council 2025/2026**
- **Perak State Health Director**
- **All who have rendered kind assistance to MMA Perak in one way or another**

Deepest gratitude to MMA Perak members and the committee members for their cooperation and contribution to all the programmes held. I wish the upcoming MMA Perak team a very fruitful and productive season.

Prepared by:
DR SURETHERAN A/L KIRSAN
Honorary Secretary

MMA PERLIS BRANCH

Overview

The 2025/2026 term for the MMA Perlis Branch was characterized by a robust agenda focused on **governance, community service, medical education, and member welfare**. Under the leadership of the branch committee, MMA Perlis successfully strengthened its relationship with the State Health Department (JKN) and provided a supportive environment for medical practitioners across all levels.

Governance & Strategic Engagement

- **Courtesy Visit to JKN Perlis (13 November 2025):** The new committee, led by Mej (K) Dr. Hari Ram, held a high-level meeting with the Perlis State Health Director to align on collaborative opportunities and address current issues in state healthcare.
- **Lions Club Collaboration (13 October 2025):** A strategic partnership was formed with the Lions Club of Penang to co-organize medical outreach programs.
- **Installation Dinner & Fellowship Night (24 January 2026):** Held at the Putra Regency Hotel, the term was officially inaugurated in the presence of **YBhg. Datuk Dr. Thirunavukarasu Rajoo**, President of MMA Malaysia.
- **Majlis Bersama Jabatan Bil. 1/2026 (22 April 2026)** held at Hospital Tuanku Fauziah (HTF). The meeting outlines explicit outcomes regarding **On-Call Facilities** (improving room comfort for long shifts) and **Infrastructure Safety** (addressing non-ergonomic road bumps around Block B). None of this dialogue is mentioned in the first document.

Continuing Medical Education (CME)

Inaugural Northern Foot & Ankle Deformity Course

- **Date:** 29 – 30 April 2026
- **Venue:** Auditorium Dr. Syed Mahmood, JKN Perlis.
- **Impact:** This milestone event attracted **103 participants** from the northern states, Malacca, and Kelantan. Officiated by the State Health Director, Dr. Ghazali bin Chik, it featured surgical experts and multidisciplinary case discussions.

"Northern Dengue Course Committee Meeting 2026

- **Date:** 7 May 2026
- **Venue:** Dewan Mawar HTF
- **Impact:** framework for an upcoming September 2026 course, focusing on clinical guidelines, vector control strategies, and Continuing Professional Development (CPD) point allocations.

Community Outreach & Public Advocacy

Kaki Bukit Community Outreach 3.0 (7 – 8 December 2025)

A massive 2-day program at SMK Raja Puan Muda Tengku Fauziah featuring:

- **Health Carnival:** Free screenings (BP, BMI, glucose) via the NKF Bus.
- **Youth Education:** Exhibitions on vaping dangers and Dengue awareness.
- **Skills Training:** CPR and Basic Life Support demonstrations by MMA Perlis.
- **CSR:** Environmental project at Gua Kelam and aid to B40 students from SRJK (C) Kong Hwa.

World Doctors' Day Celebration (3 March 2026)

The medical community of Perlis gathered at Klinik Kesihatan Kampung Gial for a momentous celebration. The event was graced by the **royal presence of HRH the Raja Muda of Perlis and HRH the Raja Puan Muda of Perlis**, highlighting the modernization of state health services. The theme for the event: *"Driving Modernization of Services, Elevating the Quality of Health"*.

Royal Attendance Details:

- HRH Tuanku Syed Faizuddin Putra Ibni Tuanku Syed Sirajuddin Jamalullail
- HRH Tuanku Dr. Hajah Lailatul Shahreen Akashah Khalil
- HRH Syed Sirajuddin Areeb ibni Tuanku Syed Faizuddin Putra

Branch Reports > MMA Perlis

Member Welfare & Doctor Wellbeing

MMA Perlis remains dedicated to the "Recharge" and "Support" philosophy:

- **Recharge Docs (9 January 2026):** A mental health initiative at Gunung Medan providing a safe space for House Officers to receive psychosocial support.
- **I.H.S.A.N Ramadan Drive (March/April 2026):** Distribution of nearly 100 appreciation bags to frontline doctors across all major Perlis health facilities.
- **Festive Contributions:** Distribution of "Kuih Raya" to medical personnel at Hospital Tuanku Fauziah (HTF) and private practitioners across Kangar to foster inter-sectoral unity.

Junior Doctor Career Development

The branch conducted several sessions to assist new Provisionally Registered Medical Officers (PPS/HOs) in their transition:

Date	Program	Target Audience	Key Focus
Dec 10, 2025	Engagement Session	New HOs	Introduction to MMA/SCHOMOS support services
Jan 28, 2026	Welcome Program 2.0	New MOs & HOs	Occupational Safety & Health (OSH) and Wellbeing
Feb 4, 2026	SCHOMOS Orientation	12 New PPS	Membership advocacy and professional rights
May 4, 2026	HTF Briefing Session	27 New PPS	The Importance of MMA in Service and Staff Welfare," covering welfare advocacy, professional protection, and medico-legal support.

Sports & Fraternity Building

- **10th MMA Cup National Badminton (10 – 11 January 2026):** MMA Perlis sponsored and sent a state contingent to the national tournament in Setapak, promoting sportsmanship and a healthy lifestyle.
- **Bond & Bowl 2026 (17 January 2026):** A recreational bowling tournament for 36 members at Lite Superbowl JB Perlis to enhance networking and work-life balance.

Conclusion

The 2025/2026 session has been a year of significant growth for the MMA Perlis Branch. By integrating high-level governance with grassroots welfare and national-level participation, the branch has successfully upheld its commitment to the medical fraternity and the people of Perlis.

Prepared by:
DR. MUHAMMAD SHAUQI BIN ABDUL KADIR
Honorary Secretary

MMA SABAH BRANCH

CHAIRMAN

DR BRANDON PATRICK SENAGANG

VICE-CHAIRMAN:

DR DEENISH MUNIANDY

HONORARY SECRETARY:

DR SHAHNAZ IRWANI SABRI

HONORARY TREASURER:

PROF DR FREDIE ROBINSON

PPSMMA REPRESENTATIVE:

DR MOY CHUN KEAT

SCHOMOS REPRESENTATIVE:

DR FRANCESCA PRIMUS CHEW

COMMITTEE MEMBERS:

DR JASON JIMMY LEE PILLAY

DR DINESH NAIR A/L SUDHAHARAN

DR CATHERINE SOO SHEN CHAN

DR JONATHAN BIN LAMIT

PROF DR KEW SEIH TECK

HONORARY AUDITORS:

DR AMARJEET SINGH A/L MODAN SINGH

DR WOVEHAM SINDEH

EXECUTIVE SECRETARY

MS NUR DIANA HASYIMAH BINTI MOHAMAD HASHIM

Section Concerning HO, MO & Specialist (SCHOMOS)

*- Report contributed by Dr. Francesca Primus Chew***1. Flood Donation Campaign**

- 16th – 20th September 2025 | Penampang, Papar & Membakut
- Over 500 families received essential relief items including food, toiletries, mattresses, and cleaning supplies. The initiative showcased the spirit of solidarity, compassion, and community service among MMA members and partners.

2. Maternal Care 101 Symposium 2025

- 27th September 2025 | Hotel Suria 7, Kota Kinabalu
- The event gathered nearly 150 healthcare professionals from various disciplines to discuss evidence-based updates in maternal care. The symposium strengthened collaboration between O&G, Family Medicine, and Psychiatry, marking a milestone in advancing holistic maternal health in Sabah.

3. House Officer of the Month (Sept)

- 12th October 2025 | Gleneagles Kota Kinabalu Sabah
- HO of the Month: Dr Hasya Bazilah Binti Shahelmey

4. Meet & Greet UMS Medical Student

- 8th October 2025 | Auditorium, UMS
- The event gathered nearly 88 medical students. The session focused on introducing the MMA roles, and the importance of early professional engagement.

5. Breast Cancer Awareness Month

- 12th October 2025 | Gleneagles Kota Kinabalu Sabah
- The event featured expert talks, an interactive quiz, and the distribution of 30 free mammogram screening vouchers to eligible participants, fostering proactive health practices and community engagement in women's health.

6. MMA Sabah Webinar Series: Ears, Eyes, Brain Or Something Else? Pinpointing The Cause Of Vertigo

- 29th October 2025 | Via Zoom Meeting
- Participants: 110 delegates

7. House Officer Of The Month October 2025

- Dr. Hishen A/L Khrishnamoorthy
- HO in Hospital Tawau

8. Doctors' Family Day Celebration

- 1st November 2025 | Langkah Syabas Resort
- Total of 50 participants include family & committee members

MEMBERSHIP STATISTICS

920Total members as of
30th April 2025**1,033**Total members as of
30th April 2026

Branch Reports > MMA Sabah

9. SCHOMOS x MPH UMS Meet and Connect

- 7th November 2025 | Universiti Malaysia Sabah
- A productive session with Master of Public Health (MPH) students at UMS on career pathways, leadership in public health, research opportunities, and how SCHOMOS can support training, mentorship, and community projects.

10. Lung Cancer Awareness Week

- 10th – 14th November 2025 | Held in Hospital Beaufort
- In collaboration with Radiology Department, Hospital Beaufort

11. Kem Sihat Sejahtera

- 16th November 2025 | Madrasah Al-Hikmah, Likas
- In collaboration with Harmoni Mesra, JKN Sabah, Malaysian Dental Association East Zone, Klinik Pergigian Alawa & AMSA UMS

12. Meet & Greet Session with New House Officers

- 25th November 2025 | Hospital Queen Elizabeth
- The session attended by 22 HOs, provided an opportunity for orientation, information sharing, and open dialogue, while offering guidance, support, and encouragement as the House Officers begin their clinical training. The programme also aimed to foster early engagement, connection, and a sense of belonging within the medical community.

13. Outreach Health Screening Program – Alamesra

- 29th November 2025 | Kampung Likas
- A community-based outreach health screening programme conducted in Kampung Likas to provide basic health checks, promote preventive care, and improve health awareness among local residents.

14. Kangaroo Mother Care (KMC) Workshop 2025

- 15th November 2025 | Gleneagles Kota Kinabalu Sabah
- Participants: 35 delegates

15. MMA Sabah Webinar Series: Managing Chronic Low Back Pain – What Doctors & The Public Should Know?

- 4th December 2025 | Via Zoom Meeting
- Participants: 134 delegates

16. House Officer Of The Month November 2025

- Dr. Wong Kok Yi
- HO in Hospital Dutchess of Kent, Sandakan

17. MMA Sabah Blood Donation Drive

- 27th December 2025 | ITCC Penampang
- An impactful blood donation drive organised by MMA Sabah in collaboration with the Blood Bank, HQE2, at ITCC Penampang. The programme successfully collected 27 pints of blood, contributing to the national blood supply while promoting voluntary blood donation and community participation in life-saving initiatives.

18. Flood Donation Campaign – Tenom

- 9th January 2026
- Sending donation to Pejabat Daerah Tenom to be distributed to affected families

19. House Officer Of The Month December 2025

- Dr Mohd Habib Hafi bin Muti
- HO in Hospital Keningau

20. Courtesy Visit To JKN Sabah

- 22nd January 2026 | JKN Sabah Office
- Attended by MMA Sabah Committee

21. MMA Sabah Webinar Series: When The World Spins – An Updated Approach To BPPV

- 20th January 2026 | Via Zoom Meeting
- Participants: 109 Delegates

22. Csr Initiative For Cny – The Hope Village

- 11th February 2026 | The Hope Village, Tuaran
- Donated Essential Needs For 72 Elderly Residents

23. House Officer Of The Month January 2026

- Dr Vera Effa Rezar Binti Frederic Ng
- Ho In Hospital Queen Elizabeth

24. MMA Sabah Webinar Series: Hypertension In Pregnancy – Latest Updates

- 24th February 2026 | Via Zoom Meeting
- Participants: 172 delegates

25. MMA Meet & Greet Session with House Officers

- 3rd February 2026 | Hospital Queen Elizabeth
- The session with 36 House Officers provided a valuable platform for engagement, open discussion, and sharing of challenges faced, while also highlighting MMA's role in supporting doctors' welfare and professional development.

26. Townhall “Voice it Out” – Kota Kinabalu Cluster

- 8th February 2026 | Cempaka Square
- A platform for open dialogue among doctors, addressing key workplace issues while highlighting MMA's role in advocating for members' welfare and professional growth.

27. MMA Sabah Webinar Series: Primary Immunodeficiency In Children & Adults – A Practical Guide For Prontline Clinicians

- 26th March 2026 | Via Zoom Meeting
- Participants: 192 delegates

28. House Officer Of The Month February 2026

- Dr Lim Ying Han
- HO in Hospital Dutchess of Kent, Sandakan

Branch Reports > MMA Sabah

29. House Officer Of The Month March 2026

- Dr Andrena Soon Ming Fern
- HO in Hospital Dutchess of Kent, Sandakan

30. MMA Schomos Doctors' Rights & Responsibilities Seminar 2026

- 11th April 2026 | Sabah International Convention Centre, Kota Kinabalu
- Participants: 120 delegates

31. Bengkel Pendidikan Autism Untuk Ibu Bapa 2026 (Sandakan)

- 18th April 2026 | Livingston Hotel, Sandakan
- Participants: 170 delegates

32. Paediatric Dermatology Masterclass 2026

- 18th April 2026 | ILKKM Sandakan
- Participants: 45 delegates

33. Surgical Workshop

- 18th April 2026 | FPSK, Universiti Malaysia Sabah
- Participants: 50 delegates

34. MMA Sabah Webinar Series: Chest Pain At The Frontline – Making The Right Decision Every Time

- 25th May 2026 | Via Zoom Meeting
- Participants: 150 delegates

35. Townhall “Voice it Out” – Sandakan Cluster

- 8th April 2026 | Crowd 99, Sandakan
- The event was attended by more than 30 doctors from various departments and clinics. Many pertinent issues were raised by the doctors present and valuable sharing were done in a spirit of friendship and comradeship.

36. Healthy Workforce, Stronger Future

- 21st April 2026 | Cempaka Square
- 70 participants – this initiative focused on promoting early detection, health awareness, and community well-being.

37. MMA Meet & Greet Session with House Officers

- 28th April 2026 | Hospital Queen Elizabeth
- The session with 58 House Officers provided a valuable platform for engagement, open discussion, and sharing of challenges faced, while also highlighting MMA's role in supporting doctors' welfare and professional development.

38. MMA Sabah Webinar Series - “Recognising and Managing Malassezia-Associated Skin Diseases in Primary Care”

- 30th April 2026 | Via Zoom Meeting
- Appreciation to Dr. Nadia Hamimah Kamaludin, Family Medicine Specialist with AOI Dermatology in Primary Care, for delivering a highly informative session that provided valuable insights for frontline clinicians, 100 participants, in recognising and managing Malassezia-Associated Skin Diseases in Primary Care.

39. Townhall “Voice it Out” – Keningau Cluster

- 6th May 2026 | Dekori Premium Café, Keningau
- The event was attended by more than 30 doctors from various departments and clinics. Many pertinent issues were raised by the doctors present and valuable sharing were done in a spirit of friendship and comradeship.

40. Courtesy Call – Hosp Keningau & PKK Keningau

- 7th May 2026 | Hospital Keningau & PKK Keningau

41. Townhall Bersama Guru Prasekolah: Pencegahan Penyakit Berjangkit

- 9th May 2026 | Majlis Perbandaran Penampang
- The Communicable Disease Townhall Program for preschool educators was successfully conducted with the support of the Malaysian Medical Association (MMA), involving approximately 50 tadika, tabika, and preschool teachers. The program aimed to enhance awareness and knowledge on communicable disease prevention, early detection, and infection control practices in preschool settings, while promoting a safer and healthier environment for children.

42. Prevention and Control Rabies Community Program

- 23rd May 2026 | Dewan Huguan Siou Tuavon, Penampang
- The Program was successfully conducted in Kg. Tuavon with the involvement of approximately 150 community members and support from multiple agencies. The program aimed to increase awareness on rabies prevention, responsible pet ownership, vaccination, and the importance of early treatment following animal bites, while strengthening community participation in rabies control efforts.

43. Seminar Pendidikan Autisme 2026

- 23rd May 2026 | Gleneagles Kota Kinabalu
- 150 participants who joined the program. This seminar brought together parents, caregivers, teachers and the community to learn more about autism, early intervention, communication strategies and the importance of support for children with autism

44. MMA Sabah Webinar Series - “Chest Pain At The Frontline: Making The Right Decision Every Time”

- 25th May 2026 | Via Zoom Meeting
- Appreciation to Dr. Chandan, for delivering a highly informative session that provided valuable insights for frontline clinicians, 234 participants, in chest pain management.

Branch Reports > MMA Sabah

Private Practitioner Section (PPS)

- Report contributed by Dr. Moy Chun Keat

1. Meet & Greet with Private Practitioners

- 31st October 2025 | Sabah Oriental Hotel, Kota Kinabalu
- Total participants: 40 pax included committee member

2. Influenza Vaccination Program

- 19th December 2025 | Bukit Harapan in conjunction with the Christmas Festive
- Total vaccinated: 50 pax included caretaker

3. 15th MMA Sabah Primary Care Conference 2026

- 24th – 26th April 2026 | Hilton Hotel, Kota Kinabalu
- Total participants: 150 pax included committee member

4. Wound Care Workshop 2.0 2026

- 9th May 2026 | The Palace Hotel, Kota Kinabalu
- Total participants: 40 pax included committee member

5. USG Workshop 2.0 2026

- 14th June 2026 | Hilton Hotel, Kota Kinabalu
- Total participants: 30 pax included committee member

6. Clinic Assistant Professional Training Program 2026

- 20th June 2026 | ThirtyOne Event Space, Bundusan
- Total participants: 50 pax included committee member

Other Branch Activities

1. Building Baby's Brain Connection

- 26th September 2025 | Thai Spoon Kitchen & Café, Tawau
- Total of 20 participants has joined the Round Table Discussion

2. 15th Inter Professional Bodies Games 2025

- January 2025 – December 2025 | Kota Kinabalu Sabah

3. Courtesy Visit & Meeting With KPJ Sabah Specialist Hospital

- 6th November 2025 | BOD Room, KPJ Sabah Specialist Hospital
- Attended by MMA Sabah Committee, CEO of KPJ & Team

4. Courtesy Visit To Jabatan Alam Sekitar, Sabah

- 7th November 2025 | Jabatan Alam Sekitar Sabah Office
- Attended by MMA Sabah Committees, APPS Committees & JAS team

5. Courtesy Visit To CKAPS, JKN Sabah

- 10th November 2025 | CKAPS, JKN office
- Attended by MMA Sabah Committees, APPS Committees & CKAPS Team

6. Type 1 Diabetes Day Workshop 2025

- 16th November 2025 | Hospital Wanita & Kanak Kanak Sabah
- In collaboration with HWKKS

7. Courtesy Visit To DSP Dr Joachim Gunsalam, Deputy Chief Minister I & Minister Of Work & Utilities Sabah

- 22nd December 2025 | Ministry of Infrastructure Office
- Attended by MMA Sabah Committee & APPS Committee

8. Courtesy Visit To YB Datuk Julita Majungki

- 12th January 2026 | Ministry of Women, Health & People's Well Being Office
- Attended by MMA Sabah Committee & Minister's Team

9. MMA Sabah Annual Dinner & Installation Night 2026

- 31st January 2026 | Sabah International Convention Centre Kota Kinabalu
- Total of 270 attendees included committee member & VIPs

10. MMA Tawau Buka Puasa Gathering 2026

- 14th March 2026 | Marco Polo Hotel, Tawau
- Participants: 30 delegates

Meetings

1. MMA Sabah Branch Committee Meeting

- 21st September 2025
- 6th February 2026
- 8th June 2026
- 15th August 2026

2. 66th MMA Council Meeting

- 26th October 2025
- 11th January 2026
- 17th May 2026
- 9th August 2026

Branch Reports > MMA Sabah

Continuous Medical Education (CME) Events

- Report contributed by Dr. Dr. Dinesh Nair A/L Sudhaharan

1. 18TH SABAH STATE CLINICAL UPDATE IN SPORTS MEDICINE 2025

- 17th July 2025 | PGMCM, Hospital Queen Elizabeth
- Collaboration with Hospital Queen Elizabeth

2. THE UROLOGY CARE CONTINUUM: FROM SYMPOSIUM TO SOLUTIONS

- 18th July 2025 | Auditorium Hospital Queen Elizabeth
- Collaboration with Hospital Queen Elizabeth

3. LEAD GP WORKSHOP

- 26th July 2025 | Hyatt Regency Hotel KK
- Collaboration with Abbott Laboratories (Malaysia) Sdn Bhd

4. HYBRID SYMPOSIUM ON DIAGNOSIS, RISK, PREVENTION, AND MANAGEMENT OF OSTEOPOROSIS & SARCOPENIA

- 5th August 2025 | EWA Auditorium, Lot 85, Level 2, Block M, Alamesra Plaza Utama, Kota Kinabalu, 88400 Sabah, Malaysia
- Collaboration with European Wellness Biomedical Group (EWBG)

5. SABAH HAEMATOLOGY UPDATE 2025

- 8th August 2025 | Auditorium Hospital Tawau
- Collaboration with Hospital Queen Elizabeth

6. SECONDARY EYE CARE SABAH 2025

- 14th August 2025 | Auditorium, Level 2 Hospital Queen Elizabeth, Sabah
- Collaboration with Hospital Queen Elizabeth

7. KINABALU PAIN INTERVENTION & ORTHOBIOLOGICS COURSE 2025

- 2nd September 2025 | Queen Elizabeth Hospital
- Collaboration with Hospital Queen Elizabeth

8. BASIC ULTRASOUND COURSE AND HANDS ON PERINGKAT KLUSTER BEAUFORT

- 12th September 2025 | Auditorium, Level 2 Hospital Queen Elizabeth, Sabah
- Collaboration with Hospital Queen Elizabeth

9. BALANCING ACT: ARBs IN BLOOD PRESSURE MANAGEMENT AND ORGAN PROTECTION

- 11th October 2025 | Virtual - Zoom Webinar
- Collaboration with Sanofi Aventis (Malaysia) Sdn Bhd

10. 6TH SABAH BREAST CANCER UPDATE 2025

- 17th October 2025 | Galeri Azman Hashim, UMS
- Collaboration with Hospital Wanita & Kanak-Kanak Sabah

11. CPG MANAGEMENT OF RETINOPATHY OF PREMATURITY

- 24th October 2025 | Dewan Elopura, Mini Putrajaya Sabah
- Collaboration with Hospital Queen Elizabeth II

12. NATIONAL OPHTHALMOLOGY CME

- 24th October 2025 | Via Google Meet
- Collaboration with Hospital Queen Elizabeth

13. ALL YOU WILL NEED TO KNOW ABOUT LUNG CANCER IN PRIMARY CARE

- 1st November 2025 | Kota Kinabalu Marriott Hotel, Sabah, Malaysia
- Collaboration with Society Of Lung Cancer Network Malaysia

14. BASIC OBSTETRICS & GYNAECOLOGICAL ULTRASOUND COURSE 2025

- 1st November 2025 | Hospital Lahad Datu, Sabah
- Collaboration with Hospital Lahad Datu, Sabah

15. KPJ SABAH MEDICAL PARTNERS SYMPOSIUM 2025

- 1st November 2025 | Le Meridien Hotel, Kota Kinabalu, Sabah
- Collaboration with KPJ Sabah Specialist Centre

16. SHIELD

- 22nd November 2025 | Sabah
- Collaboration with GlaxoSmithKline Pharmaceutical Sdn Bhd

17. THE WEIGHT IS OVER: LIVE LIGHTER WITH SEMAGLUTIDE

- 20th January 2026 | Le Meridien Hotel, Kk Sabah
- Collaboration with Novo Nordisk Sdn Bhd

18. CT RENAL: WHAT RADIOLOGIST NEED TO KNOW

- 26th January 2026 | Bilik Mesyuarat, Jabatan Radiologi Hospital Beaufort
- Collaboration with Hospital Beaufort

19. PAEDIATRIC DERMATOLOGY MASTERCLASS 2026

- 18th April 2026 | ILKKM SANDAKAN
- Collaboration with Hospital Dutchess of Kent Sandakan

20. CT TEMPORAL ANATOMY PT 1

- 27th February 2026 | Bilik Mesyuarat, Jabatan Radiologi Hospital Beaufort
- Collaboration with Hospital Beaufort

Branch Reports > MMA Sabah

21. GP SYMPOSIUM EMPOWERING PATIENTS: INTEGRATIVE APPROACHES TO COMPREHENSIVE CARE

- 7th February 2026 | Le Méridien Hotel KK
- Collaboration with DKSH Holdings (Malaysia) Berhad

22. 3RD SABAH MEDICO-LEGAL AND ETHICS CONFERENCE

- 6th February 2026 | Hotel 7 Suria, Suria Sabah, Kota Kinabalu
- Collaboration with Hospital Queen Elizabeth

23. PERFUSION IMAGING 101: A RADIOLOGIST'S GUIDE TO CT PERFUSION

- 6th February 2026 | Meeting Room, Radiology Department Hospital Beaufort
- Collaboration with Hospital Beaufort

24. PCP SUMMIT 2026 - SABAH

- 4th February 2026 | Borneo Seafood Restaurant, Kota Kinabalu
- Collaboration with AstraZeneca Sdn Bhd

25. OPEN HERNIA WORKSHOP

- 31st March 2026 | Hospital Labuan
- Collaboration with Hospital Labuan

26. PERFUSION IMAGING 101: A RADIOLOGIST'S GUIDE TO CT PERFUSION

- 10th April 2026 | Meeting Room, Radiology Department Hospital Beaufort
- Collaboration with Hospital Beaufort

27. MALAYSIAN PAEDIATRIC LIFE SUPPORT BIL 1 & 2, 2026

- 29th April 2026 | Dewan Selingan, Hospital Dutchess of Kent, Sandakan
- Collaboration with Hospital Dutchess of Kent, Sandakan

28. ORL EMERGENCY AND TRACHEOSTOMY WORKSHOP 2026

- 4th May 2026 | Auditorium Hospital Queen Elizabeth
- Collaboration With Hospital Queen Elizabeth

29. TRAUMA LIFE SUPPORT (TLSM) PROVIDER COURSE 2026

- 5th May 2026 | ILKKM Sandakan
- Collaboration with Jabatan Kecemasan & Trauma, Hospital Dutchess Of Kent Sandakan

30. GP SYMPOSIUM 2026: EMPOWERING PRIMARY CARE 2.0: LEAD THE CHANGE

- 16th May 2026 | Sheraton Kota Kinabalu, Sabah
- Collaboration with Pfizer (M) Sdn Bhd

31. SABAH NEONATAL PICC AND NUTRITION WORKSHOP / NEONATAL UPDATE 2026

- 15th May 2026 | Hospital Wanita Dan Kanak-Kanak Sabah
- Collaboration with Hospital Wanita Dan Kanak-Kanak Sabah

32. DIAGNOSTIC DERMATOLOGY AND STEROID RESPONSIVE DERMATOSES IN PAEDIATRIC

- 7th June 2026 | Hilton Hotel Kota Kinabalu
- Collaboration with Kotra Pharma Sdn Bhd

33. ONE STEP CLOSER: ADVANCING PROTECTION AGAINST JAPANESE ENCEPHALITIS

- 20th June 2026 | Le Meridien Hotel, KK Sabah
- Collaboration with Zuellig Pharma Sdn Bhd

34. SABAH UROLOGY UPDATE 2026: NAVIGATING NEW HORIZONS

- 18th July 2026 | Auditorium Hospital Queen Elizabeth I
- Collaboration with Hospital Queen Elizabeth

35. RADIATION PROTECTION OFFICER (MEDICAL) SUNSET CLAUSE - CATEGORY 3

- 9th June 2026 | Hyatt Regency Kinabalu, Sabah
- Collaboration with Sinaran Consultancy Sdn Bhd

Prepared by:
DR SHAHNAZ IRWANI SABRI
Honorary Secretary

Verified by:
DR BRANDON PATRICK SENAGANG
Chairman

MMA SARAWAK BRANCH

Annual General Meeting

The 54th Hybrid AGM was held on Sunday, 29th June 2025 at Imperial Hotel Kuching with an attendance of 36 members, comprising of 17 physical and 19 virtual delegates. The office bearers elected are as follows:

CHAIRMAN

DR ONG ENG-JOE

VICE-CHAIRMAN:

DR LAU BIK LIANG

HONORARY SECRETARY:

DR KON KA HIN

HONORARY TREASURER:

DR YAU MAY YANN

IMMEDIATE PAST CHAIRMAN & PPSMMA REPRESENTATIVE:

DR LIEW SHAN FAP

SCHOMOS REPRESENTATIVE:

DR TAN SHONG SHENG

COMMITTEE MEMBERS:

DR AIMIR BIN MA'ROF

DR YEAP KIM PEY

DR PRAVIND A/L NARAYANAN

DR JOSHUA TAYLOR THOMAS

DR WONG SII HIENG

HONORARY AUDITORS:

DR LAM CHIN CHYOU

DR TIONG XUN TING



Left Row: Dr Ong Eng-Joe, Dr Kon Ka Hin, Dr Tan Shong Sheng, Dr Pravind Narayanan, Dr Joshua Taylor Thomas

Right Row: Dr Lau Bik Liang, Dr Liew Shan Fap, Dr Yau May Yann, Dr Wong Sii Hieng

Not in Picture: Dr Aimir Bin Ma'rof, Dr Yeap Kim Pey

Activities

1. 53RD MMA SARAWAK ANNIVERSARY DINNER 2025

It was held on 13th December 2025 at the Imperial Hotel Kuching and graced by the Guest of Honour Datuk Amar Professor Dr Sim Kui Hian, Deputy Premier and Minister of Public Health, Housing and Local Government Sarawak. Dr Sivanaesan A/L Letchumanan (MMA President-Elect) represented Datuk Dr Thirunavukarasu A/L Rajoo (MMA President) at the dinner. A Meet-the-President-Elect session was held prior to the dinner, during which Dr. Sivanaesan discussed issues affecting the medical profession with MMA Sarawak members.

MEDEFEND participated with an exhibition booth and an educational talk entitled "Protecting Doctors When Things Go Wrong" by En Yusri Ezzat Bin Amir, Senior Client Consultant, Marsh Specialty.

During the dinner, Dr Abdul Rahaman Pozan received the MMA Sarawak Branch Honours Award and Dr Ngian Hie Ung received the MMA Sarawak Public Service Award for 2025.

2. CPD: Dr Soon Su Yang remained as the CPD Chairman.

Academic Symposiums and Seminars:

1. Pre-Conference Workshop – Kuching Borneo Dermatology Update on 15th August 2025
2. Kuching Borneo Dermatology Update on 16th & 17th August 2025
3. 3rd Liver, Pancreas & Biliary Tract Cancer Congress on 11th & 12th October 2025

4. Sarawak Sport Medicine & Sport Conference on 6th & 7th November 2025
5. Sarawak ENT Update on 25th & 26th April 2026
6. Sarawak General Practitioners Update on 23rd May 2026
7. Bintulu Hospital Communication Skills Workshop on 12th & 13th June 2026
8. Sri Aman Surgical Society Seminar on 13th June 2026
9. Oasis Eye Care Symposium on 28th June 2026

Branch Reports > MMA Sarawak

Other Activities

(i) **Sarawak-Sabah Games** – MMA Sarawak hosted the Games on 23rd August 2026 with 55 players from each team. MMA Sarawak emerged as overall champion and retained the trophy after winning the Games for 3 consecutive years.

(ii) **PPSMMA CSR Project** – Collaborated with NGO, HOPE Place to deliver food and essential items to five underprivileged households in Kuching.

(iii) **Sarawak's Aging Population and Adult Immunization Workshop** – Organised by JKNS in collaboration with GSK, it was held on 6th Sept 2026 and attended by Dr Ong Eng-Joe, Dr Liew Shan Fap and Dr Joshua Taylor Thomas.

(iv) **Doctors' Family Night** was held on 6th Sept 2026 at Sarawak Club with around 150 pax comprising of members, spouse and children.

(v) **Inter-Professional Games** – MMA Sarawak participated in this Games involving 11 professional bodies and achieved a historic third-place finish for the first time.

(vi) **Neurodiversity Workshop** was organized by MMA Miri Sub-Committee and Miri Hospital on 4th October 2025. It was attended by Dr Ong Eng-Joe and officiated by YB Dato Sri Hajjah Fatimah Abdullah.

(vii) **Doctors' Day Celebration** – As part of MMA Sarawak's CSR's initiative, 70 goody bags were distributed to patients at RTU and Palliative Wards on 10th October 2025 at SGH, Kuching.

(viii) **MMA Sibul Sub-Committee Doctor's Day Celebration** was held on 12th October 2025 at Kingwood Hotel Sibul with about 80 members attending. Dr Lau Bik Liang represented the MMA Sarawak Chairman.

(ix) **SCHB and SAFHIS Engagement and Consultations** – MMA Sarawak & SPMPs had a ZOOM engagement session with Sarawak GPs on 8th November 2025 to discuss SCHB & SAFHIS related issues.

(x) **CSR Project** – MMA Miri Sub-Committee conducted a health talk, medical screening and influenza vaccinations at Kompleks Kebajikan Hamidah Yakup, a local orphanage on 15th November 2025.

(xi) **Consultative Meetings with the State Health Director** – MMA Sarawak & SPMPs had consultative meetings with State Health Director, Dr Veronica Lugh and her team members on 16th January, 23rd June, 5th December and 8th December 2025

(xii) **Sarawak Public Health Master Plan Workshop** on 18th & 19th November 2025 – Dato Dr Kalwinder Singh Khaira, Dr Ong Eng-Joe and Dr Liew Shan Fap attended the workshop and contributed feedbacks towards the development of Sarawak Public Health Master Plan.

(xiii) **Roundtable on Community Engagement & Patient Advocacy in Preventive Healthcare** was held on 18th November 2025 at Sheraton Kuching Hotel. MMA Sarawak's Dr Lau Bik Liang and Dr Pravind Narayanan represented MMA Headquarters in the discussions.

(xiv) **MMA Bintulu Sub-Committee Annual Dinner** was held on 29th November 2025 at NU Hotel Bintulu. Dr Ong Eng-Joe attended the dinner and took the opportunity to engage with members in Bintulu.

(xv) **Joyful Together: Unity Celebration** was organised by MMA Bintulu Sub-Committee and held on 19th December 2025 at Bintulu Hospital to foster collegiality and appreciation among healthcare professionals.

(xvi) **Corporate Social Responsibility Activities** – Voluntary services started in 2023 to Home of Peace, an elderly home. Since then, monthly visits have been ongoing to provide medical advice and support to the residents and nursing staff. Festive gifts were distributed to the 45 elderly residents on 20th December 2025.

(xvii) **Donation of Medical Equipment** – 3 nebulizer machines and 1 digital weight scale with height rod were donated to SGH on 6th January 2026 using funds from the 2025 MMA Sarawak Charity Run.

(xviii) **CIFA Regional Symposium** was attended by Dr Ong Eng-Joe on 27th April 2026 at the Borneo Convention Centre on behalf of MMA President, Datuk Dr Thirunavukarasu Rajoo.

(xix) **MMA Sarawak Charity Fun Run on 1st May 2026 at MBKS, Kuching** – 863 participants registered for the run. Dato Mayor Wee Hong Seng represented Guest of Honour, Datuk Amar Dr Sim Kui Hian.

(xx) **Meet and Greet the HODs of SGH & PJS & SCHOMOS Committee Dinner** was held at Sunnysdale Café, Kuching. 30 attendees comprising of HODs, MMA Sarawak and MMA Sarawak SCHOMOS committee members had the opportunity to network and bond.

(xxi) **MMA-UNIMAS Datu Dr Sengupta Lecture Series** – Dr Christine Lee Mui Fong delivered "Ectopic Pregnancy: When Embryo Makes a Wrong Turn" on 28th November 2025. Dr Voon Pei Jye, delivered "Putting Sarawak on the Map of Global Oncology Drug Development Sphere" on 15th May 2026 for Year 5 students at UNIMAS City Campus Auditorium.

Branch Reports > MMA Sarawak

(xxii) **Meeting with YB Datuk Dr Haji Hazland bin Haji Abang Hipni, Deputy Minister for Energy & Environmental Sustainability** – MMA Sarawak and SPMPs representatives met with the Minister on 19th May 2026 to discuss clinical waste disposal issues faced by GP Clinics.

(xxiii) **Meeting with YB Datuk Gerewat Gala, Deputy Minister in the Sarawak Premier's Department for Labour, Immigration and Project Monitoring** – MMA Sarawak and SPMPs representatives met with the Minister to discuss challenges faced by the private healthcare providers, particularly GPs, foreign workers' medical screening and proposed possible solutions.

PPS & SCHOMOS

Dr Liew Shan Fap was elected as the PPSMMA Representative while Dr Tan Shong Sheng was elected as the SCHOMOS Representative for 2025/2026.

MMA Sarawak House

Ground Floor Tenant, Kotaraya Medical and Health Systems continues to have good track record on rental payment. The 1st to 3rd Floor Tenant, Abdul Rahim Sarkawi Razak Tready Fadillah & Co. showed improvement compared with previous years. Currently, only May and June 2026 rental remains outstanding.

Membership

Membership drives were carried out during:

- 1.Sarawak Blood Donation Campaign on 25th October 2025 at SGH Blood Bank
- 2.Deepavali Open House at SCHOMOS Room SGH on 30th October 2025
- 3.Christmas-New Year Open House at SCHOMOS Room SGH on 6th January 2026
- 4.JKNS PTM for House Officers at Penview Hotel Kuching on 29th January 2026
- 5.Pre-Chinese New Year Open House at SCHOMOS Room SGH on 5th February 2026
- 6.Raya Open House at SCHOMOS Room SGH on 9th April 2026
- 7.Paediatric in Practice Workshop at Sheraton Hotel Kuching on 19th April 2026
- 8.Sarawak ENT Update at Sarawak State Library Kuching on 25th & 26th April 2026
- 9.MMA-UNIMAS Datu Dr Sengupta Lecture Series on 28th November 2025 and 15th May 2026
- 10.Gawai Open House at Dewan Pesona SGH on 6th June 2026
- 11.MMA Sarawak Career Pathway Event at CRC Auditorium SGH on 6th June 2026
- 12.Sri Aman Surgical Society Seminar on 13th June 2026 at Sri Aman Hospital

1,408

Total MMA Sarawak members
as of 25th May 2026

354

Ordinary Members

994

Life Members

39

Exempt Members

21

Student Members

Prepared by:
DR KON KA HIN
Honorary Secretary

MMA SELANGOR BRANCH

The 43rd Annual General Meeting of MMA Selangor branch was held on 14th June 2025 at Dorsett Grand Subang Jaya

The following members were elected to the Committee.



CHAIRMAN

DR KRISHNA KUMARAN A/L A.RAMASAMY

VICE-CHAIRMAN:

DR. N CHANTHIRAN A/L NATHAN

HONORARY SECRETARY:

DR ARULNATHAN A/L AROKIASAMY

HONORARY TREASURER:

DR. THUM CHERN CHOONG

PPSMMA REPRESENTATIVE:

DR RISHI VARMAA A/L GANASAN

SCHOMOS REPRESENTATIVE:

DR ZAITUL AKMA BT BAHARUDDIN

COMMITTEE MEMBERS:

DR. AMUTHAMEENA A/P MANOHARAN
DR. GAYATHRI DEVI RAMANATHAN
DR. MOHAMMAD AL-IMRAN BIN DR KASSIM
DATO DR ALAGENDRAN VENGADESON
DR MUHAMMAD GOWDH MUHAMMED JAFFAR

A total of 7 committee meetings were held.

The following activities were carried out:

Community Outreach & Engagement (28-9-2025)

1. MMA Selangor in collaboration with IMU conducted the Community Outreach Program at Kg Orang Asli Sg. Kelubi in Rawang. Beyond strengthening ties with the community, the activity also supported the education and professional growth of SMMAMS members, as medical students from IMU were given valuable hands-on exposure to community medicine.

Participants:

- MMA Women's Health Committee
- IMU Cares
- National Cancer Society of Malaysia
- Persatuan Penduduk Kampung Orang Asli Sungai Kelubi

MMA Committee members who participated:

- Dr Juliet Mathew
- Dr Thum Chern Choong
- Dr Muhammad Aliff Imran bin Noor Mohamed
- Dr Amuthameena Manoharan
- Dr N. Chanthiran
- Dr Rishi Varmaa A/L Ganasan

Branch Reports > MMA Selangor

Medical Outreach Programme At Rumah Titian Kaseh, Titiwangsa

4th October 2025 | Rumah Titian Kaseh, Titiwangsa, Kuala Lumpur.

The objectives of the programme were as follows:

1. To provide basic medical check-ups and encourage early detection of health issues among children aged 6 to 17 years.
2. To increase health awareness among participants through educational sharing sessions by medical students.
3. To promote dental hygiene practices and provide basic oral health screening in collaboration with the Medical Dental Student Association.
4. To strengthen students' involvement in community-based health promotion and enhance their communication and leadership skills.

Number of Participants:

30 children (aged 6–17 years)

A total of 30 children underwent health and dental screening successfully. Participants demonstrated improved understanding of personal hygiene and health maintenance practices.

The programme enhanced collaboration between medical and dental students in multidisciplinary community work. Positive feedback was received from Rumah Titian Kaseh management and participants, highlighting the programme's educational value and impact.

MMA Committee members involved:

- Dr. Krishnan Kumaran
- Dr. Zaitul Akma

MMA Selangor & MAHSA University CSR Project Report

Community Outreach and Engagement: 27–28 September 2025

The Malaysian Medical Association (MMA) Selangor, in collaboration with MAHSA University, organised a Corporate Social Responsibility (CSR) project on 27 and 28 September 2025. This initiative aimed to foster community engagement, promote health awareness, and provide opportunities for medical students to interact with the public and professionals. The event saw an impressive turnout, with nearly 1,000 participants from various backgrounds attending. MMA Selangor representatives took the opportunity to explain the advantages of joining MMA, including access to professional development, networking opportunities, and support throughout their medical careers.

MMA Committee members involved:

- Dr. Krishnan Kumaran
- Dr. Zaitul Akma

MMA Selangor Membership Drive in Conjunction with Breast Cancer Awareness Month

24th October 2025 | HTAR (Klang)

This initiative aimed to encourage doctors to join the Malaysian Medical Association (MMA), further strengthening the medical fraternity while simultaneously promoting awareness of breast health and the importance of early detection. Many specialists, alongside several medical officers (MOs) and house officers (HOs), took the opportunity to register as new members of MMA.

MMA Committee members involved:

- Dr. Juliet Mathew

MMA Selangor Installation Night

Saturday, 17th January 2026 | 6.30 pm – 11.00 pm | Crystal Crown Hotel, Petaling Jaya.

A total of 320 people attended this event including:

- Tan Sri, Dr. S. Subramaniam (past Minister of Health and Guest of Honour at this event)
- YB Puan Jamaliah (Exco member of Selangor State Assembly)
- Datuk Dr Thiruvanakarasu Rajoo (President of MMA)
- Exco Members of National MMA
- Directors of several hospitals in Selangor
- Deans of Medical Faculties in Selangor

The evening was a great success and was very entertaining. The installation of the new committee for the term 2025–2026 was the highlight of this event.

Branch Reports > MMA Selangor

Meeting with JKNS Selangor & the Heads of the Hospitals & District Health Centres in Selangor

29 January 2026 | Auditorium Dahlia, Masjid Shah Alam.

MMA Selangor was present at SESI TAKLIMAT JKNS which was attended by:

- Heads of the various divisions in JKNS
- Pengarah of the Government Hospitals in Selangor
- Heads of all the Pusat Kesihatan in Selangor

Dr Gowdh and Dr. Arul attended this event on behalf of MMA Selangor.

Dr. Gowdh gave a 30 minute presentation on how MMA can collaborate and work with the various heads of divisions/hospital in several activities where we can promote MMA.

Pertubuhan Gemilang Ilmu (Deepavali Grant) in Banting

MMA Selangor donated groceries to Pertubuhan Gemilang Ilmu near Banting. This home accommodates 20 inmates (age; 2 till 19yo). This is one of the branch's CSR programmes.

Golden Child Program

17th – 19th April 2026 | A' Famosa Resort, Melaka.

The Rotary Club of PJ organised a special program for children with cancers in the form of a weekend outing to Melaka.

Dr Juliet Mathew and Dr Aliff attended this event and gave talks on Counselling Platform for care-givers to the cancer patients and to the participants. Rotary Club of PJ absorbed the expenses for the event.

Dengue Management Planning With JKNS

MMA Selangor participated in a MESYUARAT KHAS PENGURUSAN PESAKIT DEMAM DENGGI DI FASILITI PERUBATAN SWASTA NEGERI SELANGOR conducted by JKNS at their office in Wisma Sunway on 25th May 2026.

The objective of this meeting is to come out with an action plan to manage dengue fever by private medical facilities in Selangor.

MMA Selangor was represented by:

- Dr. Arulnathan
- Dr. Muhammad Gowdh
- Dr. Rishi Vaarma
- Dr. Md. Al-Imran

SCHOMOS Activities

No.	Month	Event
1	4th October 2025	Medical Outreach Programme in Collaboration with SMMAMS, MMA Selangor and MDSA Venue: at Rumah Titian Kaseh, Titiwangsa KL Date:4/10/2025
2	24th October 2025	MMA SCHOMOS Selangor Membership Drive in conjunction with Breast Cancer Awareness Day Venue: Auditorium Permata, HTAR, Klang Time: 24/10/2025
3	13 - 15th January 2026	Selangor State Level QA Convention jointly organised by Risk Management & Clinical Surveillance Branch, Medical Division of the Selangor State Health Department (JKNS) and MMA Selangor Venue: National Institute of Health, Setia Alam Date: 13-15 January 2026

Branch Reports > MMA Selangor

No.	Month	Event
4	29th January 2026	MMA was honoured to be invited as a speaker at the Monthly Assembly Briefing Session organised by the Selangor State Health Department (JKNS) <i>Venue: Auditorium Dahlia, Masjid Sultan Abdul Aziz Shah, Shah Alam</i>
5	11th April 2026	Free Vision Screening Programme held at SJK(C) Selayang Baru. <i>Venue: SJK(C) Selayang Baru</i>
6	14th April 2026	Welcome on Board Doctors Hospital Shah Alam <i>Venue: Auditorium Hospital Shah Alam</i>
7	15th April 2026	Welcome on Board Doctors Hospital Sungai Buloh <i>Venue: Auditorium Hospital Sungai Buloh</i>
8	13 - 14th May 2026	Transformational Leadership in Patient Safety
9	15th May 2026	Welcome on Board Doctors Hospital Tengku Permaisuri Norashikin Hospital, Kajang <i>Venue: Dewan Akasia</i>
10	16th May 2026	Eat Smart, Live strong Medical Outreach Programme with SMMAMS <i>Venue: Xing An Miao Chinese Temple</i>

PPS Activities

No.	Month	Event
1	28th March 2026	WEBINAR: Sharpening Diagnostic skills for Dengue 2 CPD points were awarded
2	18 - 19th July 2026	MMA GP Clinic and Clinician Conference <i>Venue: KSL Esplanade</i>

CPD Activities

The following CPD talks were organized through MMA Selangor branch for the term 2025-2026:

No.	Topic	Date
1	Catch it Early, Treat it Smart with the New Kid on Board	13/05/2026
2	Tuning the Spotlight on Tuberculosis	9/5/2026
3	Managing HPV and Hormonal Health in Everyday Practice	26/04/2026
4	Medical Law & Practice	18/04/2026
5	Radiological Health Risk Assessment (RHRA) Workshop	15/04/2026

Branch Reports > MMA Selangor

No.	Topic	Date
6	Help Protect our Little Ones, Insights into Rotavirus and Pneumococcal Vaccine	11/4/2026
7	Women Cancer Forum - Central	11/4/2026
8	FIGHT THE BITE! Beyond the fever : Sharping diagnostic skills for dengue	28/03/2026
9	Basic Stoma Care Workshop	14/03/2026
10	ORTHOPEDIC HEALTH TALK "Care Your Bone & Joint, Live Healthier: Early Detection, Treatment & Cure"	7/2/2026
11	GP Entrepreneurship Masterclass: Buy Right. Exit Strong. Transitioning Leadership.	24/01/2026
12	Restoring Rhythm For Women's Health: Integrating Detox, Hormonal Restoration & Case Insights for Better Outcomes	7/12/2025
13	1st Hospice Klang Palliative Care Symposium	6/12/2025
14	Basic O&G Ultrasound Skills Workshop	6/12/2025
15	PPS Webinar Series:Ears, Eyes, Brain or Something Else? Pinpointing the cause of Vertigo	2/12/2025
16	Focus Group Discussion Primary Care Selangor	29/11/2025
17	Frontline Focus: The Unseen and Unmissable	23/11/2025
18	Learn From The Expert: Ultrasound Guided Joint Injections (Part 1)	22/11/2025
19	Diorsmed Round Table Meeting	21/11/2025
20	Meet the Experts:Connect & Exchange 2025	7/11/2025
21	Osteoarthritis: Not just a single disease	1/11/2025
22	Sunfert-OBGYN Round Table Discussion –Insights on Fertility Care	30/10/2025
23	Advanced Circumcision Skills Workshop	18/10/2025
24	Beyond the Numbers: Turning CGM Data into Action	11/10/2025
25	Empowering GPs in Urogyneacology: from Diagnosis to Pelvic Floor Therapy	10/10/2025
26	Latest Update on Osteoarthritis Managemen	5/10/2025
27	Managing Diabetes Workshop 2 with a Preview of Innovative Medical Frontiers	27/09/2025
28	5th MAAFIM International Congress on Integrative Medicine & Healthcare 2025 "Leading Insights on the Future of Medicine: Advancing Holistic Health Together – Transforming Health Through Connection, Innovation, and Wholistic Care."	18/09/2025

Branch Reports > MMA Selangor

No.	Topic	Date
29	Live Longer, Live Better	18/09/2025
30	Radiation Protection Officer Medical Sunset Clause Category 3	16/04/2026
31	All About HPV Forum: Collaborative Strategies for Preventing Certain HPV Related Cancers and Diseases	16/05/2026
32	Protect From The Start With Early Intensification & Prevention	17/05/2026
33	Outpatient Management Workshop of Thyroid Lesion for General Practitioner (GP)	23/05/2026
34	PCOS, Fertility & Male Sexual Health A Functional & Clinical Approach for Modern	13/06/2026
35	Sprint Ahead	13/06/2026
36	GP Fertility Forum 2026: From Fundamentals to Hands-On Practice	20/06/2026
37	Outpatient Management Workshop of Breast Lesion for General Practitioner (GP)	20/06/2026
38	Device-Assisted Male Circumcision Principles Safety And Clinical Application	15/02/2026

Prepared by:
DR ARULNATHAN A/L AROKIASAMY
 Honorary Secretary

MMA TERENGGANU BRANCH

Office Bearers

CHAIRMAN

DR KARTIK A/L KALIYANA SUNDARAM

VICE-CHAIRMAN:

DR WAN MOHD RAZIN BIN HASAN @
WAN HASSAN

HONORARY SECRETARY:

DR ZAATIL IFFAH BINTI ASMAWI

HONORARY TREASURER:

DR PRAVEETHA A/P BALACHANRAN

PPSMMA REPRESENTATIVE:

DR NFIZREE BIN MOHD NORDIN

SCHOMOS REPRESENTATIVE:

DR MOHD ILHAM BIN ISMAIL

COMMITTEE MEMBERS:

- DATO' DR SYED MOHAMMAD SALLEH
BIN SYED YUSOF ALZAWAWI, DPMT
- DR LOH YOON DOONG
- DR AHMAD FARDI BIN SULAIMAN
- DR NOORAZIAH BINTI NOOR
- DR AMER TAUFEEK BIN ABD WAHAB

CO-OPT MEMBERS:

- DR DAYAL KRISHNAN
- DR SADESVARAN A/L MUNIANDY

Committee Meeting Attendance

NAME / DATE	04/10/2025	22/04/2026	20/05/2026	05/06/2026	%
Dr Kartik Kaliyana	P	P	P	P	100
Dr Wan Mohd Razin	P	A	A	A	25
Dr Zaatil Iffah	A	A	P	P	50
Dr Praveetha	P	P	P	P	100
Dr Mohd Ilham	P	P	P	P	100
Dr Nfizree	A	P	P	A	50
Dato' Dr Syed Mohd Salleh	A	A	A	A	0
Dr Loh Yoon Doong	A	P	A	A	25
Dr Haji Ahmad Fardi	A	P	A	A	25
Dr Nooraziah	A	P	A	A	25
Dr Amer Taufek	P	A	A	A	25
Dr Dayal	P	A	A	P	50
Dr Sadesvaran	P	P	P	P	100

P = Present | A = Absent

Participation In National Events

MMA Terengganu remained actively engaged in national-level MMA activities throughout the reporting period, ensuring that the interests and concerns of doctors in Terengganu were represented at both branch and national platforms.

The Branch Chairman attended the 65th MMA National Annual General Meeting (AGM) held in Penang from 11–13 September 2025. In addition, the Chairman regularly participated in MMA Council Meetings, contributing to discussions on issues affecting the medical profession, healthcare delivery in Malaysia, and matters concerning MMA at both national and branch levels.

On 7–8 December 2025, the Branch Chairman, Acting Treasurer, and SCHOMOS Representative coordinated an official visit by Dr Sivanaesan, MMA President-Elect, to key healthcare stakeholders in Terengganu. The delegation met with the Deputy State Health Director(Public Health), Dr Anuar bin Abd Rahman, Director of Hospital Sultanah Nur Zahirah (HSNZ), Dr Saifur Rahman bin Muhammad, Director of Hospital Kemaman, Dr Amran bin Japar,

District Health Officer of Kemaman, Dr Shafik bin Abd Majid, Dean of the Faculty of Medicine, UniSZA, Prof Dr Harmy bin Mohamed Yusoff, and other stakeholders. The visit concluded with a dinner engagement at Sumai Hotel, Kuala Terengganu, attended by 55 doctors. The event also featured a medical indemnity talk delivered by MEDEFEND.

The Branch's Private Practitioners Section (PPS) represented by Dr Nfizree, attended the 2025 Annual General Meeting of the MMA Private Practitioners Section in Kuala Lumpur. The Branch SCHOMOS Representative, Dr Ilham, attended the 1st SCHOMOS National Working Committee (NWC) Meeting on 25 October 2025, contributing to discussions on issues affecting house officers, medical officers, and specialists nationwide. This was followed by participation in the Doctors' Day programme organised by MMA at Prince Court Hospital. The 2nd NWC Meeting, held virtually on 24 April 2026, provided an opportunity for MMA Terengganu to share its activities and achievements while learning from programmes conducted by other state committees. The meeting facilitated knowledge sharing, networking, and collaboration, while also providing guidance from the national SCHOMOS leadership for future initiatives.

Branch Reports > MMA Terengganu

On 2 February 2026, MMA Terengganu SCHOMOS coordinated a meeting between the SCHOMOS National Chairman, Dr Timothy, SCHOMOS Kelantan representatives, and the Director of Hospital Besut. The delegation also visited the Emergency Department of Hospital Besut to gain a better understanding of the department's workload and operational challenges.

A major national programme hosted by MMA Terengganu was the MMA Team Building Programme, held on 18–19 April 2026 at Bidong View Resort, Terengganu. The two-day event brought together MMA members from across Malaysia through a variety of indoor and outdoor activities focusing on teamwork, leadership, communication, and problem-solving. As much of MMA's work is conducted virtually, the programme provided a valuable opportunity to strengthen interpersonal connections, align organisational goals, and foster camaraderie among members nationwide.

Professional Development Programs

The SCHOMOS and PPS sections of MMA Terengganu remained committed to organising continuous professional development activities across multiple disciplines to enhance the knowledge and skills of healthcare professionals. These programmes also served as platforms for networking between practitioners from the public sector, academia, and private practice.

The positive response received from participants highlights the value of these initiatives, which not only contributed to professional learning but also promoted mentorship, collaboration, and cross-institutional engagement.

Virtual Continuing Medical Education (CME) Programmes

SCHOMOS organised three virtual CME webinars during the reporting period:

- 30 November 2025 – Revisiting the Intricacies in the Management of Acne Vulgaris by Dr Loh Yoon Doong
- 17 December 2025 – Common Thyroid Disorders in Primary Care Setting by Dr Siti Sanaa
- 11 January 2026 – Update on Anaphylaxis and Its Management by Dr Sadeswaran Muniandy

Educational Workshops and Interactive Seminars

An Obesity Masterclass was held on 8 August 2025 at Paya Bunga Hotel, Kuala Terengganu, and was attended by approximately 50 private healthcare practitioners. The programme featured case-based discussions on obesity management led by consultant endocrinologist and internal medicine specialist. The session provided practical updates and strategies for managing obesity in clinical practice.

On 10 October 2025 A Holistic Approach to Shingles Prevention in the East Coast programme was attended by 60 doctors. Prof. Dr Zakuan Zainy delivered updates on shingles prevention, vaccination, and patient counselling, reinforcing the importance of preventive healthcare and adult immunisation.

The Basic ECG and X-Ray Interpretation Course was conducted on 11 October 2025 in the Emergency Department of Hospital Kemaman. With participation of 17 house officers and junior medical officers, the course provided a practical introduction to ECG and radiographic interpretation, to improve diagnostic confidence and clinical competence.

The Powering Mobility Workshop was conducted on 8 November 2025 in collaboration with Salam Specialist Hospital and Brego Lifesciences. Approximately 30 participants attended the programme, which included hands-on training in intra-articular injection techniques led by orthopaedic surgeons Dr Zaharul Azri and Dr Muhammad Aizat.

On 23 January 2026, PPS MMA Terengganu organised the East Coast Primary Care Update 2026 at Raia Hotel & Convention Centre, Kuala Terengganu. The programme provided updates on contemporary management strategies for hypertension and diabetes, while also serving as a platform for professional networking and continuing medical education.

On the same day, PPS supported a Training of Trainers (TOT) Programme on Childhood Nutrition and Growth, organised by Stepping Stones Child Specialist Clinic. 21 private primary care doctors, including general practitioners and government medical officers, where the session focused on practical approaches to childhood nutrition and growth.

The “Live Lighter with Wegovy” programme was held on 10 March 2026 during Ramadan at Paya Bunga Hotel, Kuala Terengganu. A total of 46 healthcare professionals attended a lecture on obesity management delivered by Prof. Dato Paduka Dr Mafauzy, followed by a case discussion and roundtable session after iftar.

Branch Reports > MMA Terengganu

Collaborative Programs

MMA Terengganu actively collaborated with various partners and stakeholders to organise professional development, community outreach, and recreational programmes. These initiatives aimed to strengthen clinical competencies, promote interdisciplinary collaboration, and enhance networking opportunities among healthcare professionals.

On 30 October 2025, SCHOMOS participated in the Wilderness Medicine and Aquatic Life Support Programme, organised in collaboration with the Emergency and Trauma Department, Universiti Sultan Zainal Abidin (UniSZA), and MMA Terengganu. The programme provided practical exposure to wilderness medicine, emergency response in remote environments, water rescue awareness, and aquatic life support techniques.

In November 2025, the PPS Representative participated in a cardiometabolic drug update programme organised by Novugen in collaboration with general practitioners and also conducted the Powering Mobility Programme.

On 20 November 2025, SCHOMOS representative met with the Head and academic staff of the Department of Ophthalmology, UniSZA, to explore opportunities for future educational collaborations and community outreach activities.

On 12 December 2025, SCHOMOS collaborated with the Organ Procurement Team of HSNZ in organising a Fun Walk Programme at Taman Rekreasi Hiliran, promoting public awareness and healthy lifestyles.

On 21–22 April 2026, MMA Terengganu SCHOMOS collaborated with Universiti Sains Malaysia (USM) and local healthcare stakeholders in the Program Jaringan Komuniti & Akademik Kesihatan Keluarga held at FELDA Tenang, Besut. The programme, organised by USM's Department of Community Medicine, involved MPH students, PKD Besut, Klinik Kesihatan Kota Putera, local healthcare facilities, FELDA management, and MMA representatives from Kelantan and Terengganu. Activities included academic exposure sessions, health screenings, health education exhibitions, demonstrations, and targeted community health interventions. The programme exceeded its target with participation from more than 250 community members and concluded with a closing ceremony attended by healthcare, academic, and community leaders.

On 25–26 April 2026, MMA Terengganu SCHOMOS collaborated in the House Officer Preparatory Course (HOPE 4.0), jointly organised with PAPISMA, UniSZA, and the Terengganu State Government. The programme was designed to prepare future house officers for clinical practice. MMA Terengganu representatives delivered sessions focusing on motivation, teamwork, professional unity, and early engagement with MMA membership. The programme attracted nearly 50 participants and over 20 specialists, medical officers, and facilitators, including attendees from outside Terengganu. The initiative successfully fostered mentorship, networking, and professional development, while generating encouraging interest in MMA among future doctors.

On 21 May 2026, SCHOMOS representative participated in a Candat Sotong Recreational and Networking Programme organised in collaboration with the Ophthalmology Club of HSNZ. Conducted off the waters of Marang, Terengganu, the event provided an informal platform for professional networking and relationship building among healthcare professionals.

Throughout the term, a series of roundtable discussions, supported by GSK, AstraZeneca, Pharmaniaga, and Novugen, were organised by PPS to discuss updates in the management of chronic diseases such as diabetes and hypertension. The sessions also served as a platform for private practitioners to address key issues affecting primary care, including vaccine supply disruptions, rising operational costs, TPA-related challenges, professional practice concerns, and the expanding role of pharmacies in health screening services.

In conclusion, MMA Terengganu remains committed to supporting the professional growth and well-being of doctors through advocacy, education, networking, and engagement at both state and national levels. Building on the achievements of the past term, the branch will continue to enhance the quality of its activities, strengthen collaborations with healthcare, academic, and community partners, and expand outreach initiatives that contribute to the development of the medical profession and the well-being of the wider community.

Branch Reports > MMA Terengganu

Planned Activities For MMA Terengganu Branch 2026/2027

No	Program	Date	Goals	Collaborators	Estimated Budget (RM)
1	Mobile Legends Online Tournament	Sep 2026	An e-sports competition aimed at promoting networking, teamwork, and camaraderie among doctors across the East Coast region in a fun and engaging environment.	SCHOMOS and PPS MMA Kelantan and Pahang	2,000
2	Cataract Screening & Community Health Carnival (Besut)	Aug 2026	An outreach program to promote early detection of cataracts and improve community awareness of eye health through accessible screening services and health education activities	Ophthalmology Club HSNZ	3,500
3	Cataract Screening & Community Health Carnival (Dungun)	Sep 2026	An outreach program to promote early detection of cataracts and improve community awareness of eye health through accessible screening services and health education activities	Ophthalmology Club HSNZ	3,500
4	Basic Cardiopulmonary Resuscitation (CPR) Course	Oct 2026	A hands-on training programme to enhance participants' knowledge and competency in basic life support and emergency response.	MMA CPR Committee (Headquarters)	Sponsored by MMA CPR Committee
5	Everyday Medical Essentials (EME) 2026	Nov 2026	A comprehensive educational programme covering practical and essential clinical topics commonly encountered by junior doctors in daily practice.		2,600
6	Basic ECG and Radiology Workshop for Young Doctors	Dec 2026	A skills-based workshop focusing on systematic ECG interpretation and basic radiological assessment to improve diagnostic confidence among junior healthcare practitioners.		2,600
7	Advanced Life Support (ALS) Course	Jan 2027	An advanced resuscitation programme aimed at strengthening participants' competencies in managing critically ill patients and medical emergencies.	ALSG	7,500
8	East Coast ABCs of Housemanship Course	TBC	A preparatory course designed for medical graduates and future house officers, focusing on practical knowledge, workplace expectations, communication skills, and strategies to navigate the challenges of housemanship.	SCHOMOS MMA Kelantan and Pahang	10,000
9	Monthly Webinar Series	Ongoing throughout 2026–2027	Regular online educational sessions featuring expert speakers on clinical updates, professional development, leadership, and healthcare-related topics.	JKN Terengganu UNISZA / HOSZA	2,400

Branch Reports > MMA Terengganu

Planned Activities For MMA Terengganu Branch 2026/2027

No	Program	Date	Goals	Collaborators	Estimated Budget (RM)
10	SCHOMOS Bowling Tournament	TBC	A recreational and networking event designed to promote teamwork, wellness, and stronger relationships among SCHOMOS members throughout the region.	SCHOMOS MMA Kelantan and Pahang	TBC
11	Hospital / PKD tour and engagement	Ongoing throughout 2026–2027	A statewide outreach initiative involving visits to hospitals and District Health Offices to foster stronger partnerships, encourage active participation in MMA and SCHOMOS, gather feedback from members, and identify opportunities for future collaborative activities.	JKN Terengganu	2,100
12	Employer Obligations and Tax Compliance	TBC	An informative session to educate private healthcare professionals on safeguarding the rights and interests of employers & tax compliances.	Malaysia Employers Federation and LHDN	2,000
13	Virtual MMA Run	TBC	A virtual program to encourage a healthy and active lifestyle among MMA Terengganu members		1,000
Total Estimated Budget for Planned Activities: RM 39,200					

Prepared by:
DR ZAATIL IFFAH BINTI ASMAWI
 Honorary Secretary

Verified by:
DR KARTIK A/L KALIYANA SUNDARAM
 Chairman

MMA WILAYAH PERSEKUTUAN BRANCH

Office Bearers

The following office bearers were elected at the 43rd Annual General Meeting that was held 14th June 2025:

CHAIRMAN

KOL DR GNANAMALAR A/P
GNANASUNDRAM

VICE-CHAIRMAN:

DR ERATHA KRISHNAN A/L GOBINADAN

HONORARY SECRETARY:

DR GOKILAVANI A/P SEKAR CHANDRAN

HONORARY TREASURER:

DR MANOHAR A/L BENDIAH @ BALLU

PPSMMA REPRESENTATIVE:

DR RUKESWARAN A/L GANASEN

SCHOMOS REPRESENTATIVE:

DR MOHD BASIL BIN SULAIMAN

COMMITTEE MEMBERS:

DR SARAVANAN A/L A.SANTHIRARAJAN
PROF DR HOE CHEE WAI, VICTOR
DR MUHAMMAD YUSOF SIBERT
DR NORASRINA BINTI ISHAK
DR VIKRAM VERAJANAN

A total of 9 committee meetings were held as of 4th of June 2026. The attendance list is as below:

Name	No. of Attendance
Kol Dr Gnanamalar A/P Gnanasundram	(9/9)
Dr Eratha Krishnan A/L Gobinadan	(7/9)
Dr Gokilavani A/P Sekar Chandran	(8/9)
Dr Manohar A/L Bendiah @ Ballu	(9/9)
Dr Rukeswaran A/L Ganasen	(9/9)
Dr Mohd Basil Bin Sulaiman	(7/9)
Dr Saravanan A/L A.Santhirarajan	(9/9)
Prof Dr Hoe Chee Wai, Victor	(7/9)
Dr Muhammad Yusof Sibert	(7/9)
Dr Norasrina Binti Ishak	(9/9)
Dr Vikram Verajanan	(6/9)

Continuous Medical Education (CME)

MMA Wilayah had fostered smart partnerships with various pharmaceutical companies in organizing these CME Talks at various hotels in the Klang Valley. There was a total of 174 talks approved from January 2025 to December 2025 and 62 talks approved January 2026 to May 2026.

The 22nd Annual Primary Care Symposium (PCS)

The 22nd MMA Wilayah Primary Care Symposium was successfully held at Courtyard by Marriott Kuala Lumpur South, with strong participation from over 180 delegates representing various healthcare disciplines. The scientific programme featured more than nine (9) speakers who delivered a series of relevant, comprehensive, and practice-oriented sessions covering key areas in primary care.

The event was further enhanced by a vibrant industry exhibition comprising 36 vendor booths, offering delegates exposure to the latest medical products, services, and innovations. Active engagement was observed throughout the symposium, both during scientific sessions and within the exhibition area, reflecting strong interest and participation from attendees.



L-R: Dr Norasrina Ishak, Dr Muhammad Yusof Sibert, Dr Saravanan A Santhirarajan, Dr Manohar Bendiah @ Ballu, Dr Eratha Krishnan, Col Dr Gnanamalar Gnanasundram, Dr Gokilavani Sekar Chandran, Dr Mohd Basil Bin Sulaiman, Dr Rukeswaran Ganasen, Prof Dr Victor Hoe Chee Wai, Dr Vikram Verajanan

Branch Reports > MMA Wilayah Persekutuan

Private Practitioners Section (PPS)

MMA Wilayah Persekutuan in collaboration with Columbia Asia organised “Bridging Specialities: Elevate Your GP Practice” on 16th August 2025, aimed at enhancing clinical knowledge and strengthening general practice through specialist collaboration.

MMA Wilayah Persekutuan conducted a light-hearted video on 10th October 2025, featuring public opinions on doctors, in conjunction with Doctors’ Day to highlight appreciation for the medical profession and strengthen the bond between doctors and the community.

MMA Wilayah Persekutuan organised a Movie Night on 17th October 2025 at TGV Sunway Velocity, attended by approximately 110 doctors in conjunction with Doctors’ Day to promote camaraderie within the medical fraternity.

MMA Wilayah Persekutuan in collaboration with JDN conducted a free medical screening during NPC 2025 on 31st October 2025, screening 85 participants for blood pressure, blood glucose, and BMI, with health counselling provided by MMA volunteer doctors.

MMA Wilayah Persekutuan Defensive Driving Course was successfully held on 13th December 2025 at Sepang International Circuit, providing medical professionals with essential road safety awareness and practical defensive driving skills in a controlled environment.

MMA Wilayah Persekutuan successfully hosted a webinar on E-Invoice implementation for private GPs on 18th December 2025, attended by 274 participants, providing practical insights and key updates from HASiL to enhance practitioner readiness.

MMA Wilayah Persekutuan in collaboration with MyBONE successfully conducted a CME on Bone Health & Fragility Fracture Care on 20th December 2025, bringing together primary care practitioners for essential updates and practical insights in bone health management.

MMA Wilayah Persekutuan Friendly Darts Tournament 2025 was held on 27th December 2025 at Kelab Aman, featuring an interstate friendly match between Wilayah, Selangor, Negeri Sembilan, Melaka, and Perak.

MMA Wilayah Persekutuan successfully hosted a PrEP webinar on 30th December 2026, attended by 186 participants.

MMA Wilayah Persekutuan successfully hosted the webinar “Catch It Early: Unmasking Cancer Through Screening” on 30th January 2026, attended by 105 participants.

MMA Wilayah Persekutuan successfully conducted the webinar “Nipah Virus Update: From Outbreaks to Frontline Management” on 24th February 2026, attended by 127 participants, providing key updates on Nipah virus management and frontline care.

MMA Wilayah Persekutuan successfully hosted the webinar “Hepatitis B Across the Lifespan: Prevention to Treatment” on 7th March 2026 attended by 292 participants.

MMA Wilayah Persekutuan in collaboration with Rotary Club of Bangsar conducted the Pos Betau Medical Camp 2026 on 18th April 2026 in Pahang, providing consultations and treatment to 450 patients. The programme involved 8 volunteer doctors and was supported by donated medicines, reflecting strong commitment to community healthcare.

MMA Wilayah Persekutuan successfully conducted the webinar “Headache & Neck Pain: A Practical Approach to Diagnosis and Management” on 10 June 2026, attended by 85 participants who gained practical insights into the diagnosis and management of headache and neck pain.

SCHOMOS

MMA Wilayah Persekutuan in collaboration with JKWPKL&P conducted a webinar on Pelaksanaan Program Imunisasi Tambahan Measles & Rubella on 2nd September 2025, focusing on the implementation of the supplementary immunisation programme.

MMA Wilayah Persekutuan hosted a webinar on “The Life Saving Impact of Organ Donation: A Gift of Life” on 12th December 2025, raising awareness on the importance of organ donation in Malaysia and encouraging informed, life-saving decisions.

MMA Wilayah Persekutuan participated in a meaningful collaboration with UM Business Club and PERTIWI on 14th December 2025 at DBKL Medan Tuanku, providing essential medical care and health education to the urban poor.

MMA Wilayah Persekutuan successfully hosted a webinar on Obstructive Sleep Apnoea – A Multi-Disciplinary Pathway on 24th January 2026, attended by 101 doctors from across Malaysia.

MMA Wilayah Persekutuan successfully conducted a webinar on Mpox on 9th April 2026, attended by 78 participants, covering its epidemiology, clinical presentation, and management.

MMA Wilayah Persekutuan successfully conducted the webinar “Red Eye Uncovered: From Benign to Blinding” on 20th April 2026, attended by 135 participants, providing valuable insights into the assessment and management of red eye conditions.

The MMA Wilayah Blood Donation Drive 2026 was held on 16 May 2026 at AEON Alpha Angle, Wangsa Maju, in collaboration with Pusat Darah Negara (PDN) and AEON. A total of 98 participants registered, resulting in 64 successful units of blood collected, surpassing the target of 50 units. An Organ Donation Awareness Booth recorded 11 visitors and 5 new organ donor pledgers. The programme was also supported by the MMA CPR Team and volunteers, who assisted with event operations and public engagement throughout the day.

Branch Reports > MMA Wilayah Persekutuan

Annual Dinner 2025

The Annual Dinner & Comradeship 2025 was held at Courtyard by Marriott Kuala Lumpur South on 20th December 2025. The Chief Guest for the event was Dr. Hirman Bin Ismail, Pengarah Bahagian Amalan Perubatan, Kementerian Kesihatan Malaysia. A total of 300 guests attended. The event marked a new leadership chapter and strengthened fellowship within the medical fraternity.

Property

The property transfer process for the MMA Wilayah office at Menara Vistra Sentral, Suite 11-06, is currently in progress. The appointed solicitors have confirmed that the transfer is awaiting execution of the relevant documents by the authorised signatories of MMA Central.

Upon completion of the signing process, the solicitors will proceed with the necessary legal steps to transfer the property into MMA's name. The estimated timeline for completion is approximately one (1) to two (2) months, subject to final documentation and statutory procedures.

The remaining balance payment is scheduled to be made within one month, in accordance with the agreed terms, prior to completion of the transfer.

The MMAWP Award for Professionalism & Leadership

The Malaysian Medical Association Wilayah Persekutuan (MMAWP) Award for Professionalism and Leadership was presented on 31 October 2025 at the International Medical University (IMU) in recognition of exemplary professionalism, leadership qualities, and commitment to the medical profession. The 2025 award was presented to Ms. Yap Ai Ki, an MBBS student from IMU, who received a certificate, plaque, and a monetary token of RM1,000 in acknowledgement of her outstanding achievements and potential as a future leader in healthcare.

Meeting with Jabatan Kesihatan Wilayah Persekutuan & Putrajaya (JKWPKL & P)

A meeting was held on 7th November 2025 at the JKWPKL&P Office. The meeting was attended by committee members where discussions focused on key issues in private healthcare, including vaccination enforcement, clinic approval processes, parallel-imported medicines, as well as current health concerns such as the influenza surge, notifiable diseases, and workplace bullying.

Corporate Social Responsibilities (CSR)

MMA Wilayah Persekutuan supported the Wilayah Persekutuan Under 12 Tamil Schools Badminton Tournament on 27th September 2025 at Arena Sukan DBKL, Cheras, as part of its Deepavali CSR, with a RM1,000 contribution to Kelab Badminton Brickfields in support of the event involving 15 Tamil schools.

MMA Wilayah Persekutuan supported the "100 Smiles" Charity Health Check on 29th November 2026, providing basic health screening for about 100 children from Klang Valley orphanages.

MMA Wilayah Persekutuan conducted a Christmas CSR programme on 20th December 2025 at Rumah Ozanam, spreading festive cheer through the distribution of gifts and school essentials, while sharing meaningful moments with the community.

MMA Annual Iftar 2026, organised by the Malaysian Medical Association (MMA) in collaboration with MMA Wilayah Persekutuan, was held on 26th February 2026, bringing together MMA leaders, medical practitioners, Ministry of Health officials, and invited guests. Officiated by YB Dato' Seri Dr. Dzulkefly Ahmad, Minister of Health, the programme featured updates on key healthcare developments and included a charitable contribution of RM2,000 by MMA Wilayah Persekutuan to Kebajikan Nur Qaseh.

MMA Wilayah Persekutuan conducted the Chinese New Year CSR Programme 2026 on 1st March 2026 at Pertubuhan Kebajikan Kasih Sayang Alam Damai with six committee members, spreading festive cheer and support to the residents.

MMA Wilayah Persekutuan participated in the HKL Colorectal Cancer Awareness Programme 2026 on 4th May 2026 and supported the upcoming Blue Ribbon Dash 2026 by sponsoring lanyards, demonstrating its commitment to colorectal cancer awareness and community health initiatives.

Branch Reports > MMA Wilayah Persekutuan

Sports

MMA Wilayah Persekutuan x HKL Friendly Football Match was held on 30th August 2025 at Kelab Aman, promoting camaraderie and sportsmanship between teams.

The 10th MMA Cup National Doctors Badminton Tournament 2026 was organised by MMA Wilayah Persekutuan and held on 10th-11th January 2026 at Lavana Sports Centre, Setapak, bringing together 141 doctors from 10 states across Malaysia for two days of friendly competition, camaraderie, and networking among medical practitioners.

MMA Wilayah Friendly Darts Tournament 2025 was held on 27 December 2025 at Kelab Aman, Kuala Lumpur, bringing together interstate MMA teams for a friendly competition. The event promoted camaraderie and sportsmanship among members during the festive period.

MMA Wilayah Cross Border Tour

The MMA Wilayah Manila Cross Border Tour was held from 26th to 30th April 2026, involving 28 participants from MMA Wilayah Kuala Lumpur, MMA Selangor, and MMA Kelantan.

During the visit in Manila, MMA Wilayah was formally received by the President of the Philippine Medical Association (PMA), Dr. Hector M. Santos Jr. The engagement provided a platform for professional exchange and collaboration between the Malaysian Medical Association Wilayah Persekutuan and the Philippine Medical Association.

Upcoming Activities

1. The MMAWP Award for Professionalism & Leadership to be held on 3rd of July 2026.
2. GP Masterclass 5.0, organised by Prince Court Medical Centre in collaboration with MMA Wilayah Persekutuan Branch, to be held on 5th July 2026.

Membership Update as of December 2025

2025		
2,916 Total members	1,651 PPS	938 SCHOMOS
2026		
2,609 Total members	1,686 PPS	811 SCHOMOS

*MMA Wilayah Total Membership

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Honorary Secretary



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