

NATIONAL MMA
CONVENTION &
SCIENTIFIC
CONGRESS 2023
&
63RD MMA AGM

DATE: 6TH - 8TH
SEPTEMBER 2023

VENUE: HILTON
HOTEL, KOTA
KINABALU, 88000
SABAH



ANNUAL REPORT

2022 - 2023

Jasa Utama

1

To promote and maintain the honour and interest of the profession of medicine in all its branches and in every one of its segments and help to sustain the professional standards of medical ethics.

2

To serve as the vehicle of the integrated voice of the whole profession and all or each of its segments both in relation to its own special problems and in relation to educating and directing public opinion on the problems of public health as affecting the community at large.

3

To participate in the conduct of medical education, as may be appropriate.

4

To promote social, cultural and charitable activities in building a united Malaysian nation.

5

To participate in, or invest a portion of the Association's fund in any entity, corporation, association, etc by way of joint venture, business partnership, commercial arrangement, transaction and/or any legal means permitted which would be in the interest of the association, and beneficial to, and be advantageous, profitable or calculated directly or indirectly to enhance any or all of the Association's fixed, current, liquid assets, properties, business, investments, commercial arrangements, and rights, provided always that they be not in conflict with the Code of Medical Ethics.

mma

MALAYSIAN MEDICAL ASSOCIATION



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COUNCIL, EXCO, SECTIONS, SOCIETIES, COMMITTEES & MMA REPRESENTATIVES TO EXTERNAL ORGANIZATIONS

COUNCIL

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DR GURUPARAN A/L S RAJALINGAM Vice-Chairman, Johor	DR SELVA GANAPATHI A/L GANESON Vice-Chairman, Negeri Sembilan	DR LIEW SHAN FAP Chairman, Sarawak
DR EDWIN JUDE A/L GNANASEGARAN Chairman, Kedah	DATIN DR FA'IZA BINTI ABDULLAH Chairperson, Pahang	DR ONG ENG-JOE Vice-Chairman, Sarawak
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DR BALACHANDRAN S/O S KRISHNAN Chairman	State Representative, Johor DR SRITHARAN RAO A/L SUBBARAO State Representative, Kedah	MEJ DR JEYARATNAM RATNAVALE State Representative, Perak DR CHEW SHI WEI State Representative, Perlis
DR TEO BENG HO, JOHN Vice Chairman	DR AZMUNEER BIN MUHAMMAD KIFLI State Representative, Kelantan	DR MOY CHUN KEAT State Representative, Sabah
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DR ERATHA KRISHNAN A/L GOBINADAN Honorary Treasurer	DR NARVINDARAN A/L MARIAPPAN State Representative, Negeri Sembilan	DR SELVAMUTHU A/L SELLAMUTHU State Representative, Selangor
DR GUNALAN @ ARUMUGAM PALARI Honorary Assistant Secretary	DR RENA MENON A/P N RAMACHANDRAN State Representative, Pahang	DR JULIANA BT DATO' NOOR AZIZ State Representative, Terengganu
DR MOHAMED IBRAHIM NAGOOR GANY Honorary Assistant Secretary	DR KANTHAN MURUGIAH State Representative, Penang	DR GOKILAVANI SEKAR CHANDRAN State Representative, Wilayah Persekutuan
DR KALPANA A/P RAMASAMY		

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DR TIMOTHY CHENG TSIN JIEN Honorary Secretary	DR MUHAMAD SHAHRIMAN BIN MUHAMAD SHARI State Representative, Melaka	DR GOH ZHONG NING, LEONARD State Representative, Sarawak
DR THUM CHERN CHOONG, SEAN Honorary Treasurer	DR TANG JEAT LIANG State Representative, Negeri Sembilan	DR MUHAMMAD ALIFF IMRAN BIN NOOR MOHAMED State Representative, Selangor
DR LYNETTE SHEENA A/P DEWA RAJO Honorary Assistant Secretary	DATIN DR GOWRI SUNDARAM State Representative, Pahang	DR KARTIK KALIYANA SUNDARAM State Representative, Terengganu
DR MUHAMMAD SHAUQI BIN ABDUL KADIR Honorary Assistant Secretary	DR JOHN EMMANUEL A/L GILBERT FERNANDEZ State Representative, Perak	
DR FAISAL NORIZAN State Representative, Johor	DR SATHESH KUMAR A/L PERIYASAMY	DR HARDIP SINGH GENDEH State Representative, Wilayah Persekutuan

SOCIETIES

MMA PUBLIC HEALTH SOCIETY

DR MURALLITHARAN MUNISAMY Chairman	DR GUGANESAN A/L KRISHNANMOORTHY Assistant Honorary Secretary	PROF DR VICTOR HOE CHEE WAI Member
DR TAN CHIN AUN, ANDREW Vice Chairman	DR THANA SEHGARAN A/L SHANMUGAM Honorary Treasurer	PROF DR SANJAY RAMPAL Member
DR PUNITHA A/P MAKESWARAN Honorary Secretary		DR PETER GAN KIM SOON Member

MMA SOCIETY OF OCCUPATIONAL & ENVIRONMENTAL MEDICINE (SOEM)

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DR JASEEMA BEGUM BT NAZIR KHAN Vice-Chairperson	DR DAYANATH MANIVASAGAM Assistant Secretary & DOSH Co- opted member	DR RAMA KRISHNA A/L SUPRAMANIAM Member
DR GANESH A/L BALASINGAM Honorary Secretary	DR LIM JAC FANG Member	DR GOWREESAN ARIARATNAM Member
		DR TAM JENN ZHUENG Member

MMA SOCIETY OF MEDICAL STUDENTS (SMMAMS)

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LIM YUAN HENG UNIVERSITY OF MALAYA Honorary Secretary	SIEW KE YUAN UNIVERSITI KEBANGSAAN MALAYSIA Capacity Building Director	

COMMITTEES

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Member

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DR GAYATHRI A/P K
KUMARASURIAR
Member

DR EDWIN LEO SUPPIAH
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DR RAVI VENKATACHALAM
Member

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LETCUMANAN
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PROF DR JOHN GEORGE
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PALARI
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IBRAHIM
Advisor

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SIVANANTHAN
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RATNAVALE
Member

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ABD KADIR
Member

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Chairman

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RAMPAL
Advisor

DR DARSHINIA
BALLASINGAM
Member

DR TAKDIR SINGH RIAR
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ASSOC PROF DR MOHD
HASNI BIN JAAFAR
Member

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NAIR
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DR THIYAGAR S/O
NADARAJAW
Member

DR QUAH SOONG YUEN
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DR POONGKODI NAGAPPAN
Member

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PANIRSELVAM
Member

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SANTHIRARAJAN
Chairman

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ANNAMALAI
Member

Dr LEE HONG NIEN
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DR THEYVEEKA SELVY
Member

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DR LEEYNESH SOORIYAPIRAGASAM Member	DR THEYVEEKA SELVY A/P RAJOO Member	DR LOH YUNN HUA Member

PLANTATION HEALTH COMMITTEE

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Member

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LETCUMANAN
Member

DR ASHOK ZACHARIAH
PHILIP
Member

DR KRISHNA KUMARAN A/L
A RAMASAMY
Member

DR SURESHAN SIDDHARTHA
SIVANANTHAN
Member

DATUK DR
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Ex-Officio

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Member

DR MOHAMAD RIFAIE BIN
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Chairman/Honorary General
Treasurer (2022/2023)

DR MURUGA RAJA/L
RAJATHURAI
Member/President
(2022/2023)

DATUK DR
THIRUNAVUKARASU A/L
RAJOO

Member/Honorary General
Secretary (2022/2023)

DR VICTOR GAN KAE SHUAN
Member (2022/2024)

DR ALVIN AUH MIN HAN
Member (2022/2024)

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NADARAJAW
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SUPPAN
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Member

DR KHOR BOON TAT
Member

DR ZAINURA BINTI CHE ISA
Member

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PROF DR R KRISHNAN

MALAYSIAN COUNCIL FOR REHABILITATION

DR SURESHAN SIDDHARTHA SIVANANTHAN

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DR KOH KAR CHAI - *COSTAM Council Member*

DR YEAP GIM EAN

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PROF DR SUBAPRIYA SUPPIAH

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Board Members (2022/2023)

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DR AZIZAN BINTI ABDUL AZIZ - *Alternate Representative*

MAJLIS PENILAIAN TEKNOLOGI KESIHATAN (CPG), MOH

DR MURUGA RAJ A/L RAJATHURAI

MALAYSIAN AIDS COUNCIL (MAC)

DR SARAVANAN A/L A SANTHIRARAJAN

STANDARDS MALAYSIA

Industry Std Committee on
Medical Devices on Facilities
for Healthcare (ISCR)
(1/1/2022 - 31/12/2023)

ASSOC PROF DR
KAMALANATHAN
PALANIANDY

Technical Committee on
Quality Management and
Corresponding General
Aspects for Medical Devices
(TC1)

PROF DR ZARIDA HAMBALI

Technical Committee on
Disposable Devices (TC2)

DR SOH YIH HARNG

Technical Committee on
Anesthetic/Respiratory and
Electromechanical Devices
(TC3)

DR DARSHINIA
BALLASINGAM

Technical Committee on
Diagnostic and Therapeutic
Radiation (TC5)

DR LONG TUAN
MASTAZAMIN BIN LONG
TUAN KECHIK

Technical Committee on
Electromagnetic Field (TC6)

ASSOC PROF DR MOHD
HASNI BIN JAAFAR

Technical Committee on Code
of Practice of Active Medical
and on LV Electrical
Equipment/System in
Healthcare Facilities (TC10)

DATO' DR HJH SELASAWATI
BT HJ GHAZALI

Technical Committee on
Ophthalmic Optics

DR LEE HONG NIEN

National Standards
Committee on Plastic and
Plastic Products (NSC J/TC 3)

DR BALACHANDRAN A/L S
KRISHNAN

ST JOHN AMBULANS MALAYSIA

DR YEO SIEW KIM

LEMBAGA BIDAN, KEMENTERIAN KESIHATAN MALAYSIA

(2021 - 2023)

DR KRISHNA KUMAR HARI KRISHNAN

LEMBAGA RACUN, KEMENTERIAN KESIHATAN MALAYSIA

(1/12/2020 - 30/11/2023)

DR ASHOK PHILIP

MALAYSIAN RED CRESCENT SOCIETY

DR MUHAMMAD FAIRUZ SHAH ABD KARIM

EHA REGISTRATION BOARD, MOH

DR RAVINDRAN NAIDU

DRUG CONTROL AUTHORITY (DCA)

(1/1/2023-31/12/2025)

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DR SIVANAESAN LETCHUMANAN - *Alternate Representative*

LEMBAGA PEMBANTU PERUBATAN (PENDAFTARAN), KKM

DR RAVINDRAN NAIDU

MALAYSIAN PROFESSIONAL CENTRE / BALAI IKHTISAS MALAYSIA (BIM)

DR SARAVANAN A/L A. SANTHIRARAJAN - *Representative*

DR RAVI VENKATACHALAM - *Alternate Representative*

LEMBAGA IKLAN UBAT

DATUK DR THIRUNAVUKARASU A/L RAJOO

PhAMA ETHICS COMMITTEE

PhAMA Ethics Appeal

DR MOHAMED NAMAZIE

IBRAHIM

PhAMA Ethics First Level Case
Review

DR SARAH-JANE KHONG

MEY LEONG

NATIONAL PROFESSIONAL SERVICES EXPORT COUNCIL (NAPSEC), MATRADE

DR VIJEYASINGAM A/L R RAJASINGAM

JAWATANKUASA MAJLIS KESELAMATAN PESAKIT MALAYSIA, KKM

(1/1/2023 - 31/12/2024)

DR MURUGA RAJ A/L RAJATHURAI - *Representative*

DR AZIZAN BINTI ABDUL AZIZ - *Alternate Representative*

JAWATANKUASA KEBANGSAAN "MANAGED CARE", KKM

(1/2/2021 - 31/12/2023)

DATUK DR THIRUNAVUKARASU A/L RAJOO

JWK Kecil Pendaftaran
"Managed Care"

(1/2/2021 - 31/12/2023)

DATUK DR

THIRUNAVUKARASU A/L

RAJOO - *Representative*

DR GUNALAN @ ARUMUGAM

PALARI - *Alternate*

Representative

JWK Kecil Etika "Managed
Care"

(1/2/2021 - 31/12/2023)

DATUK DR

THIRUNAVUKARASU A/L

RAJOO - *Representative*

DR SIVANAESAN

LETCHUMANAN - *Alternate*

Representative

JWK Kecil "Legislation
Managed Care"

(1/2/2021 - 31/12/2023)

DATUK DR

THIRUNAVUKARASU A/L

RAJOO - *Representative*

DR GUNALAN @ ARUMUGAM

PALARI - *Alternate*

Representative

NATIONAL TRANSPLANTATION COUNCIL, MOH

DR MUHAMMAD FAIRUZ SHAH ABD KARIM

JAWATANKUASA FARMAKOVIGILANS VAKSIN (JFV), KKM

(2021 - 2023)

DR KOH KAR CHAI - *Representative*

DR SIVANAESAN LETCHUMANAN - *Alternate Representative*

DASAR UBAT NASIONAL (DUNAS)

**JWK PEMANDU DASAR UBAT
NASIONAL (JKPDUNAS)**

DATUK DR
THIRUNAVUKARASU A/L
RAJOO

**JWK Teknikal Komponen
"Quality Use of Medicines"**

DR SARAH-JANE KHONG
MEY LEONG

**JWK Teknikal Komponen
"Access to Medicines"**

DR SIVANAESAN
LETCHUMANAN

JWK Teknikal Halal

PROF DATO' DR ABDUL
RASHID KHAN

**PANEL PERUNDING SEKTOR PENJAGAAN KESIHATAN, PERBADANAN PRODUKTIVITI
MALAYSIA (MPC) - MITI**

DR MURUGA RAJ A/L RAJATHURAI

DR AZIZAN BINTI ABDUL AZIZ

MALAYSIAN SERVICE PROVIDERS CONFEDERATION (MSPC)

DATIN DR JAYANTHI KRISHNAN - *Representative*

DR LIM WOOI KHAI - *Alternate Representative*

MALAYSIAN ADVERSE DRUG REACTIONS ADVISORY COMMITTEE (MADRAC)

(2022-2024)

DR SIVANAESAN LETCHUMANAN - *Representative*

DR BALACHANDRAN A/L S KRISHNAN - *Alternate Representative*

MALAYSIAN RESUSCITATION ASSOCIATION (MRA)

DR SUGUMAR A/L SAMOGAM

NATIONAL ANTIMICROBIAL RESISTANCE COMMITTEE (NARC), MOH

(2021-2023)

DR BALACHANDRAN A/L S KRISHNAN

JAWATANKUASA KERJA (TWG) NATIONAL ANTIMICROBIAL RESISTANCE COMMITTEE, MOH

DR BALACHANDRAN A/L S KRISHNAN

JAWATANKUASA INOVASI PIHAK PERANTI PERUBATAN, MOH

DR BALACHANDRAN A/L S KRISHNAN

**JAWATANKUASA PINDAAN JADUAL KETIGA BELAS, AKTA KEMUDAHAN DAN
PERKHIDMATAN JAGAAN KESIHATAN SWASTA 1998 (AKTA 586)**

(1/10/2021 - 30/9/2023)

DR VASU PILLAI LETCHUMANAN - *Representative*

DR GUNALAN A/L PALARI @ ARUMUGAM PALARI - *Alternate Representative*

**JAWATANKUASA INDUK PEMBANGUNAN KAJIAN MEDICAL RADIATION EXPOSURE STUDY
BAGI PEMBANGUNAN MALAYSIAN DIAGNOSTIC REFERENCE LEVEL (DRL)**

DR LONG TUAN MASTAZAMIN BIN LONG TUAN KECHIK

**KUMPULAN KERJA TEKNIKAL KECEKAPAN SEKTOR AWAM DAN SEKTOR SWASTA
(TECHNICAL WORKING GROUP ON PUBLIC & PRIVATE SECTOR EFFICIENCY - TWGPPSE) DI
BAWAH PEMUDAH**

DR MURUGA RAJ A/L RAJATHURAI - *Representative*

DATUK DR THIRUNAVUKARASU A/L RAJOO - *Alternate Representative*

JAWATANKUASA FARMAKOVIGILANS KHAS (JFK) VAKSIN COVID-19

DR KOH KAR CHAI

GRIEVANCE MECHANISM COMMITTEE

*(*Appointed by the MMA Council)*

DR GUNALAN A/L PALARI @ ARUMUGAM PALARI

DR VASU PILLAI A/L LETCHUMANAN

DR JOHN TEO BENG HO

DR LIEW SHAN FAP

IMPARTIALITY COMMITTEE FOR TUV SUD (MALAYSIA) SDN BHD

*(*Appointed by the MMA Council)*

DR BALACHANDRAN A/L S KRISHNAN - *Representative*

DR SIVANAESAN LETCHUMANAN - *Alternate Representative*

SELANGOR PUBLIC HEALTH ADVISORY COUNCIL (SELPHAC)

*(*Appointed by the MMA Council)*

DR SIVANAESAN LETCHUMANAN

BOARD OF TRUSTEES

President:

TAN SRI DORAISINGAM A/L RENGASAMY

Chairman:

PROF DR JAYAKUMAR A/L GURUSAMY

Honorary Secretary:

DR MARY SUMA CARDOSA

Honorary Treasurer:

PROF DR VICTOR FEIZAL BIN KNIGHT VICTOR
ERNEST @ ABD SHATAR (RTD)

Board Members:

DR MURUGA RAJ A/L RAJATHURAI

DR KOH KAR CHAI

DR AZIZAN BINTI ABDUL AZIZ

DATUK DR THIRUNAVUKARASU A/L RAJOO

DR VASU PILLAI A/L LETCHUMANAN

DATO' DR VIJAYA SINGHAM A/L PETHARUNAM
PILLAI

DR ASHOK ZACHARIAH PHILIP

DATUK NOEL JOHN A/L M SUBRAMANIAM

MR ANTHONY RAMESH A/L SIVANATHAN

MR LOO CHOO HONG

MS AMIRTHEYESWARY A/P
MAYACHANDRAPIRAPU

A portrait of Dr. Muruga Raj Rajathurai, a man with a beard and glasses, wearing a dark suit, white shirt, and red patterned tie. He is smiling slightly and looking towards the camera. The background is a solid grey color.

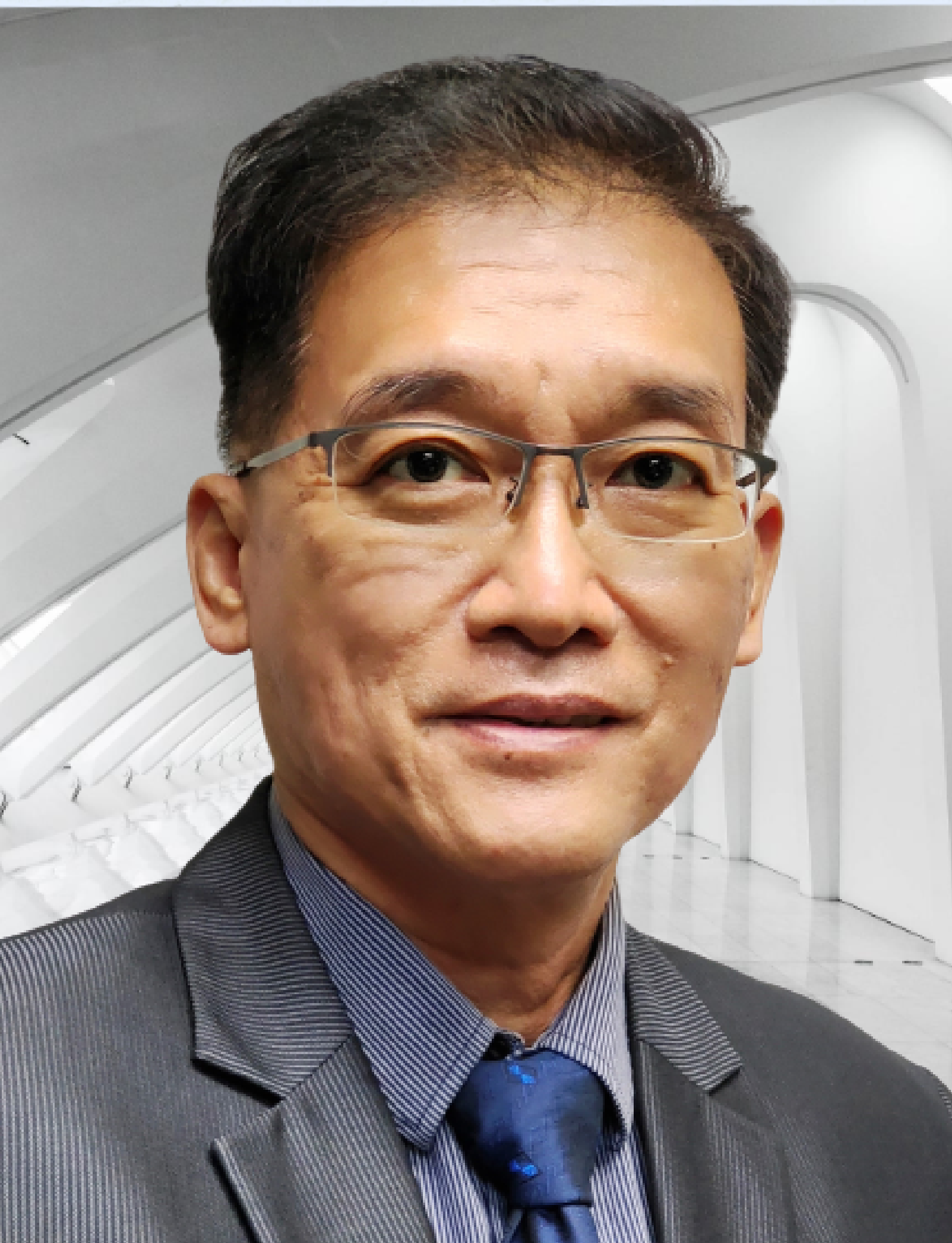
DR MURUGA RAJ RAJATHURAI

P R E S I D E N T

MBBS, FAGE (INDIA), MBA (MSIA), LLB (LONDON)
PRESIDENT OF COMMONWEALTH MEDICAL ASSOCIATION

DR AZIZAN BINTI
ABDUL AZIZ

PRESIDENT-ELECT



DR KOH
KAR CHAI

IMMEDIATE PAST PRESIDENT

COUNCIL MEMBERS



Dr Muruga Raj a/l Rajathurai
President
**Exco Member*



Dr Koh Kar Chai
Immediate Past President
**Exco Member*



Dr Azizan
Binti Abdul Aziz
President-Elect
**Exco Member*



Datuk Dr Thirunavukarasu
a/l Rajoo
*Honorary General
Secretary*
**Exco Member*



Dr Vasu Pillai
a/l Letchumanan
*Honorary General
Treasurer*
**Exco Member*



Dr Arvindran
a/l Alaga
Honorary Deputy Secretary
**Exco Member*



Dr Sivanaesan
a/l Letchumanan
Honorary Deputy Secretary
**Exco Member*



Mej (B) Dr Ahmad Filza
bin Ismail
*SCHOMOS
Chairman*
**Exco Member*



Dr Balachandran
a/l S Krishnan
*PPSMMA
Chairman*
**Exco Member*



Datuk Dr Mohan
a/l Kandasamy Chettiar
Chairman
Johor Branch



Dr Guruparan
S Rajalingam
Vice-Chairman
Johor Branch



Dr Edwin Jude
a/l Gnanasegaran
Chairman
Kedah Branch



Dr Thiyagar
s/o Nadarajaw
Vice-Chairman
Kedah Branch



Dr Wan Nor Aina Ar-
Mardiyah Wan Jeffery
Chairperson
Kelantan Branch



Dr Sivananthan
Perietnamby
Chairperson
Melaka Branch



Dr Gayathri
a/p K Kumarasuriar
Vice-Chairperson
Melaka Branch



Dr Andrew
a/l Solamadan
Chairman
Negeri Sembilan Branch



Dr Selva Ganapathi
a/l Ganeson
Vice-Chairman
Negeri Sembilan Branch



Datin Dr Fa'iza
binti Abdullah
Chairperson
Pahang Branch



Dr Prabhu
a/l Ramasamy
Chairman
Penang Branch



Dr Divagar
a/l Varatha Raju
Vice-Chairman
Penang Branch



Dr Satkunan Mark
Gnanapathy
Chairman
Perak Branch



Dr Suresh
a/l Subramaniam
Vice-Chairman
Perak Branch



Dr Jayneshtira Rao
a/l Krishnamurthy
Chairman
Perlis Branch



Dr Brandon Patrick
Senagang
Chairperson
Sabah Branch



Dr Haslezah Saelih
Vice-Chairperson
Sabah Branch



Dr Liew Shan Fap
Chairman
Sarawak Branch



Dr Ong Eng-Joe
Vice-Chairman
Sarawak Branch



Dr Krishna Kumaran
a/l A Ramasamy
Chairman
Selangor Branch



Dr Juliet Mathew
Vice-Chairperson
Selangor Branch



Dato' Dr Syed Mohammad
Salleh Syed Yusof
Alzawawi
Chairman
Terengganu Branch



Dr Ravi SP Venkatachalam
Chairman
W. Persekutuan
Branch
**Resigned on 1/5/2023*



Dr Selvarajah
a/l Sathaya
Vice-Chairman
W. Persekutuan Branch



EXECUTIVE COMMITTEE

Seated from left to right: Datuk Dr Thirunavukarasu Rajoo, Dr Azizan Abdul Aziz, Dr Muruga Raj Rajathurai, Dr Koh Kar Chai, Dr Vasu Pillai Letchumanan

Standing from left to right: Dr Arvindran Alaga, Dr Balachandran S Krishnan, Dr Sivanaesan Letchumanan, Mej (B) Dr Ahmad Filza Ismail



Seated from left to right: Dr Balachandran S Krishnan, Dr Arvindran Alaga, Datuk Dr Thirunavukarasu Rajoo, Dr Azizan Abdul Aziz, Dr Muruga Raj Rajathurai, Dr Koh Kar Chai, Dr Vasu Pillai Letchumanan, Dr Sivanaesan Letchumanan, Mej (B) Dr Ahmad Filza Ismail

Standing from left to right (Middle Row): Dr Ravi SP Venkatachalam, Dr Juliet Mathew, Dr Haslezah Saelih, Dr Wan Nor Aina Ar-Mardiyah, Dr Gayathri K Kumarasuriar, Dr Krishna Kumaran A Ramasamy

Standing from left to right (Back Row): Dr Satkunan Mark, Dr Selva Ganapathi Ganeson, Dr Suresh Subramaniam, Dr Chan Chee Eng, Dato' Dr Syed Mohammad Salleh, Dr Brandon Patrick Senagang, Dr Jayneshthra Rao, Dr Ong Eng-Joe, Dr Selvarajah a/l Sathaya, Dr Andrew Solamadan, Dr Thiyagar Nadarajaw, Dr Guruparan S Rajalingam, Dr Liew Shan Fap, Dr Prabhu Ramasamy, Dr Divagar Varatha Raju, Dr Edwin Jude Gnanasegaran

MMA SECRETARIAT



First Row:

Ms Rissa (COO), Ms Pathma (Head of Finance),
Ms Jalina, Ms Atikah, Ms Iza, Ms Syema, Ms
Sakthi, Ms Nalini

Middle Row:

Mr Danapal, Mr Vickneshwar, Ms Rafikah, Ms
Nursalimi, Mr Andrew, Ms Anusuria, Ms
Muthuleetchumi, Ms Aishah

Third Row:

Ms Natasha, Ms Ayu, Mr Masri, Ms Idawati, Ms
Zulaikha, Ms Mahaletchumy, Ms Jemima, Ms
Aqila, Mr Azren, Mr Ram

DIARY OF EVENTS

September 2022

10	Emergency Meeting of the 63 rd MMA Council (2022/2023)
13	Mesyuarat Jawatankuasa Pengurusan MMC CPD Bil. 9/2022
17	Plantation Paramedics Webinar 2022 - The Role of Plantation Paramedic in RSPO Certification
26	Meeting with Dr Rabindra, WHO Representative for Malaysia, Brunei, and Singapore
26	National Cancer Society of Malaysia (NCSM) Dinner
27	Meeting with the Ministry of Health on Foreign Equity Investment in Malaysian Healthcare
27	Mesyuarat Pasukan Petugas Khas Perlindungan Harta Intelek Bil 1/2022

October 2022

1	2 nd MMA-RCPI MRCP (Ireland) Clinical Preparatory Course by MMA Parallel Pathway Post-Graduate Education Subcommittee
2	1 st Meeting of 63 rd MMA Council
5-9	World Medical Association (WMA) General Assembly in Berlin, Germany.
6	A Stakeholder Discussion for The Health White Paper Development on Health Workforce
9	1 st SCHOMOS Exco Meeting for 2022-2023
9	1 st SCHOMOS NWC Meeting for 2022-2023
10	MMA Doctor's Day Celebration
11	Mesyuarat Jawatankuasa Pengurusan MMC CPD Bil. 10/2022
11	Persidangan Perwakilan Dwitahunan MBK P&P Kali Ke-16 Sesi 2022-2024
15	1 st MJM Editorial Board Meeting
15	2 nd MMA-RCPI MRCP (Ireland) Clinical Preparatory Course by MMA Parallel Pathway Post-Graduate Education Subcommittee
18	BCDR SYMPOSIUM 2022 - Operational Resilience and Business Continuity Management for Critical National Information Infrastructure
18	Meeting with Malaysian Medical Council to Discuss Guidelines for Medical Practice for Doctors Beyond the Age of 70 Years
19	1 st SMMAMS Meeting for 2022-2023
21	Berita MMA Editorial Board Meeting for November Issue
28	Basic Life Support (BLS) Training for the 12th Sabah MMA Primary Care Pre-Conference

November 2022

1	2 nd Meeting of the Grievance Mechanism Committee (GMC)
3	1 st Injury Prevention Committee Meeting
4-6	26th Triennial Commonwealth Medical Association (CMA) Council Meeting
5	1 st International Junior Doctors Network (JDN) Malaysia Conference
5	1 st PPSMMA Exco Meeting for 2022-2023
5	1 st PPSMMA NWC Meeting for 2022-2023
8	Mesyuarat Jawatankuasa Pengurusan MMC CPD Bil. 11/2022
10	1 st Action on Smoking and Health (ASH) Committee Meeting
11	1 st MMA Volunteer Corps (VoC) Meeting (Virtual)
12	2 nd SMMAMS Meeting for 2022-2023
12	Course for the MMA Staff on "Managing Stress in the Challenging Times"
14	1 st Committee on Integrative Medicine (CIM) Meeting (Virtual)
15	SCHOMOS meeting with Jabatan Perkhidmatan Awam (JPA)

15	Sesi Libat Urus Ketua Pengarah Perkhidmatan Awam (KPPA) Bersama Persatuan/Kesatuan Sekerja Dalam Perkhidmatan Awam
15	Mesyuarat Technical Committee on Plastic Products (NSC 10/TC 3) Bil. 1/2022
24	Berita MMA Editorial Board Meeting for December Issue
29	Perbincangan Kursus Training on Clinical Practice Guidelines for Private General Practitioners
29	1 st MMA Insurance Committee Meeting (Virtual)

December 2022

1	1 st MMA Adolescent Health Committee Meeting
2-5	19 th MASEAN Meeting in Jakarta
3	Team Building Program for the MMA Staff at A'Famosa Resort, Alor Gajah, Malacca.
8	Meeting with FOMEMA Sdn Bhd
9	1 st Meeting of 63 rd MMA Exco
9	2 nd Action on Smoking and Health (ASH) Committee Meeting
11	BLS Training for the MMA Exco and Staff Co-organized by the MMA CPR Committee and X3Si
11	World AIDS Day - Caring Outreach Project by MMA AIDS/STI's Committee
13	Mesyuarat Jawatankuasa Pengurusan MMC CPD Bil. 12/2022
14	1 st National Health Policy Committee Meeting for 2022-2023 (Virtual)
14	MMA Exco - Stakeholder Workshop on Healthcare Sector Reforms
15	2 nd Injury Prevention Committee Meeting
15	Jemputan Menghadiri Program "The Malaysia Launch of the 2022 Report on Lancet Countdown: Health At The Mercy Of Fossil Fuels" Anjuran Universiti Malaysia Terengganu
16	1 st SOEM committee Meeting 2022/2023
17	1 st Ethics Meeting
19	PPSMMA - Legal Taskforce Meeting
21	Berita MMA Editorial Board Meeting for January Issue
27	Pre-discussion meeting with YB Minister of Health
28	Meeting with Minister of Health, YB Dr Zaliha Mustafa
30	Mesyuarat Majlis Bersama Kebangsaan Bagi Pekerja-Pekerja Pengurusan Dan Profesional Bil 1/2022 Sesi 2022 - 2024

January 2023

7	1 st MMA CPD Committee Meeting 2022/2023
7	Another Session of MRCPI Clinical Preparatory Course by MMA Parallel Pathway Post-Graduate Education Subcommittee
10	Mesyuarat Jawatankuasa Pengurusan MMC CPD Bil. 1/2023
10	Meeting With Pharmaceutical Services Division
13	Mesyuarat JK Pengurusan MMC-CPD (Rayuan 2023 APC)
13	Courtesy Call by Chief Operating Officer, Pos Digicert Tn. Haji Amir Suhaimi Hassan
13	4 th Workshop on SOEM Case Series Book
14	CPR Committee Meeting
14	Plantation Health Committee Meeting
17	Meeting With Private Medical Practicing Control Section (CKAPS)
19	Berita MMA Editorial Board Meeting for February Issue
19	Webinar on Towards a No Smoking Generation - Tobacco End Game: "Smoking and Its Effects During Pregnancy" by MMA ASH Committee
27	MMA-CPD – 1 st Meeting on Special Course for APC 2023 Renewal
27	2 nd MMA Volunteer Corps (VoC) Meeting (Virtual)

27	3 rd Action on Smoking and Health (ASH) Committee Meeting
27	PPSMMA - Legal Taskforce's Informal Dinner
28	PPSMMA - Legal Taskforce Meeting
28	2 nd SCHOMOS Exco Meeting 2022-2023
28	2 nd SCHOMOS NWC Meeting 2022-2023
29	2 nd PPSMMA Exco Meeting for 2022-2023
30	Jemputan Ke Sesi Perbincangan Berhubung Isu Penghijrahan Individu Berkemahiran Tinggi (Brain Drain) Bidang Perubatan – with MOHE

February 2023

2	MMA-CPD – 2 nd Meeting on Special Course for APC 2023 Renewal
7	Meeting with FOMEMA Sdn Bhd - Concession Meeting
8	2 nd Committee on Integrative Medicine (CIM) Meeting (Virtual)
8	Meeting with the Ministry of Finance on the Healthcare Budget
10	Meeting with Students from Monash Medical University and Newcastle Medical University
11	Layman CPR at SJKT Sarashwathy, Kuala Lumpur
12	Layman CPR at SRCM Malaysia (Ashram)
13	MMA-CPD – 3 rd Meeting on Special Course for APC 2023 Renewal
14	Mesyuarat Jawatankuasa Pengurusan MMC-CPD Bil. 02/2023
15	Webinar on Towards a No Smoking Generation - Tobacco End Game: "Smoking and Its Effects to Our Respiratory System, Ear, Nose and Throat" by MMA ASH Committee
16	Berita MMA Editorial Board Meeting for March Issue
18	MMA Press Dinner
18	Carnival on "Karnival Kesejahteraan Keluarga" by MMA VoC
18	Preparatory Meeting for Townhall Session 2.0
18	2 nd Meeting of 63 rd MMA Exco
19	2 nd Meeting of 63 rd MMA Council
19	2 nd Preparatory Meeting for Townhall Session 2.0
22	Townhall Meeting 2.0 with the Ministry of Health
23	Plantation Health Committee Meeting with Plantation Paramedics Association Malaysia
25	Engagement Session with Private General Practitioners Addressing the Gaps of Primary Health Care Performance in Private Sector
25	Training on Clinical Practice Guidelines (CPG) for Private General Practitioners - CPG Management of Major Depressive Disorder (Second Edition)
26	2 nd MJM Editorial Board Meeting
26	Webinar on "New Trends in The Treatment of Heart Diseases"

March 2023

2	2 nd MMA Insurance Committee Meeting (Virtual)
4	SOEM CPD Series 1 Seminar - "Embracing Occupational Health in Dynamic Industries"
4-5	Combined MRCP (U.K) and MRCP (Ireland) Clinical Preparatory Course by MMA Parallel Pathway Post-Graduate Education Subcommittee
5	Right To Health for Women Seminar
6	Outreach Program Bersama Majlis Bersama Kebangsaan (MBK)
6	Webinar on Mental Health Among Junior Doctors by MMA Public Health Society
7	Meeting with British High Commission
7	SCHOMOS & UM Research Team - First Stakeholder Engagement Meeting
8	Computer Technical Committee Meeting - Demonstration of the MMA Elections Voting System

8	3 rd Committee on Integrative Medicine (CIM) Meeting (Virtual)
8	Virtual meeting with MOH - Bahagian Kawal Selia Radiasi (Membincangkan Isu Kekurangan Juru X-Ray)
10	3 rd Injury Prevention Committee Meeting
11	Webinar on Prevention on Eye Injury by Injury Prevention Committee
11	Taklimat Garis Panduan Notifikasi Penyakit Berkaitan Penggunaan Rokok Elektronik by MMA ASH Committee
11	2 nd Ethics Meeting
11-12	PPS & SCHOMOS Team Building
13	President's Visit to Buckingham Palace for a reception by King Charles and the Queen Consort
13	Follow up meeting with Royal College of General Practitioner - British High Commission (BHC, UK)
14	Mesyuarat Jawatankuasa Pengurusan MMC-CPD Bil. 03/2023
18	Specialization Pathway Seminar
18-19	Rompin Flood Relief Programme by MMA VoC
20	Meeting with Deputy KSU of MITI, Datuk Norazman
23	Berita MMA Editorial Board Meeting for April Issue
24	Meeting between the Integrity Unit of MOH and MMA
24	Meeting with Unit Integriti KKM - Collaboration on Helpdoc and MyHelp
25	United Kingdom and Eire (Ireland) Council for Malaysian Students (UKEC) Conference
26	1 st MMA MPSN Development Committee Meeting

April 2023

1	Webinar On Language + Health & Wellbeing by SCHOMOS
2	3 rd PPSMMA Exco Meeting for 2022-2023
3	Virtual Meeting - National GP Survey with Dr Arvinder Singh (Medical Researcher)
4	Another Session of MRCPI Clinical Preparatory Course by MMA Parallel Pathway Post-Graduate Education Subcommittee
5	Meeting with YB Senator Dr Lingeswaran
6	Meeting with the Director of Jabatan Komunikasi under the Prime Minister's Department
6	Perjumpaan dan Majlis Berbuka Puasa Bersama Menteri Dan Pengurusan Tertinggi Kementerian Kesihatan Malaysia
6	Mesyuarat Jawatankuasa Pelaksanaan DUNAS Bil 1/2023 (Farmasi)
6	PPSMMA Meeting (hybrid) with National Cancer Society of Malaysia (NCSM)
8	2 nd National Health Policy Committee Meeting for 2022-2023
10	4 th Committee on Integrative Medicine (CIM) Meeting (Virtual)
11	Mesyuarat Jawatankuasa Pengurusan MMC-CPD Bil. 04/2023
15	3 rd MJM Editorial Board Meeting
17	Computer Technical Committee Meeting - MMA Elections Voting System
17	Webinar on Harms of Harm Reduction Series 1 - The False Narrative of Harm Reduction by MMA ASH Committee
19	Berita MMA Editorial Board Meeting for May Issue
19	Webinar on Harms of Harm Reduction Series 2 - Harm Reduction and Harms it Causes by MMA ASH Committee
20	Webinar on Harms of Harm Reduction Series 3 - Vaping: The New Harm by MMA ASH Committee
20-22	World Medical Association Meeting in Nairobi, Kenya
26	4 th Action on Smoking and Health (ASH) Committee Meeting (Virtual)

May 2023	
2	Webinar on Harms of Harm Reduction in Tobacco Control - Perspectives in Harm Reduction: Initiation vs Reduction by MMA ASH Committee
5	Webinar on Harms of Harm Reduction in Tobacco Control - Myths in Harm Reduction: Sources of Misinformation by MMA ASH Committee
6	3 rd SCHOMOS MMA Exco Meeting for 2022-2023
7-8	Perbincangan dan Majlis Berbuka Puasa MBK Pengurusan & Profesional
8	Survey on Issues Faced by General Practitioners (GPs) in Participating in PERKESO Health Screening Program & Webinar GPs, the Important Stakeholder in Early Detection of NCDs – MMA and PERKESO
9	Mesyuarat Jawatankuasa Pengurusan MMC-CPD Bil. 05/2023
9	Jemputan Ke Bengkel Managed Care Organisation (MCO) / Third-Party Administrator (TPA)
11	Hybrid Seminar on Road Traffic Injury in Malaysia by Injury Prevention Committee
12	4 th Injury Prevention Committee Meeting
13	SOEM CPD Series 2 Seminar - "OHDs & Industrial Disaster Management"
13	National Art Competition 2023 Judging Session by MMA ASH Committee
13	2 nd MMA CPD Committee Meeting 2022/2023
13	3 rd SMMAMS Meeting for 2022-2023
13-14	MMA Career Guidance Conference
14	3 rd Ethics Meeting & 1 st EC Code Discussion
15	Webinar on Harms of Harm Reduction in Tobacco Control - Piercing the Veil: Communication Strategies in Dispelling Harm Reduction Myths by MMA ASH Committee
16	Webinar on Harms of Harm Reduction in Tobacco Control - Harm Reduction: A Societal Perspective by MMA ASH Committee
16	Invitation to Pre-launch Engagement for Skim Perubatan MADANI (Pilot)
17	Webinar on Health Financing in Malaysia and Bangladesh by MMA Public Health Society
18	MMA Perlis Branch AGM (Physical)
19	Mesyuarat Jawatankuasa Teknikal Single Use Medical Devices, Drug Delivery Devices & Devices for Processing of Blood and Body Fluid (NSC 18/TC 2) Bil. 1/2023
20	Commonwealth Health Ministers Meeting in Geneva, Switzerland
20	Adolescent Health Seminar 2023
20	3 rd Meeting of 63 rd MMA Exco
21	3 rd Meeting of 63 rd MMA Council
22	2 nd SOEM Committee Meeting 2022/2023
22	2 nd EC Code Discussion
23	MMA's ASH Committee Won the Malaysian Book of Records for The Most Number Of Poster Art Entries For The Annual Competition
24	PPSMMA Meeting with PERKESO
25	Berita MMA Editorial Board Meeting for June Issue
25	Seminar on Harms on Harm Reduction of Tobacco Control by MMA ASH Committee
26	Webinar on Harms of Harm Reduction in Tobacco Control - The Rocky Road Ahead: Challenges from Harm Reduction to a Tobacco-Free Generation by MMA ASH Committee
27	MEDEFEND Stakeholders Engagement Meeting
29	3 rd EC Code Discussion
29	Webinar on Innovation in Smoking Cessation by MMA ASH Committee
31	Celebration of 'World no Tobacco Day'
31	Forum on "Menuju Ke Arah Generasi Tanpa Tembakau: Cabaran Yang Bakal Dihadapi" by MMA ASH Committee
31	National Art Competition 2023 Prize Giving Ceremony by MMA ASH Committee

June 2023

1	Discussion with Plantation Paramedics Association Malaysia
2	4 th EC Code Discussion
3	Training on Clinical Practice Guidelines (CPG) for Private General Practitioners - CPG Management of Atopic Eczema
4	MMA Pre-Congress Forum (Virtual) - 'Under or Over Regulated Primary Healthcare'
10	MMA Johor Branch AGM (Physical)
9-10	2 nd MMA-MRCP (UK) and MRCP (Ireland) Clinical Preparatory Course by MMA Parallel Pathway Post-Graduate Education Subcommittee
9-11	MMA Congress 2023
10	Basic Ultrasound Workshop by SCHOMOS
11	MMA Penang Branch AGM (Hybrid)
13	Mesyuarat Jawatankuasa Pengurusan MMC-CPD Bil. 06/2023
14	MMA Kedah Branch AGM (Hybrid)
16	MMoU Alignment Call between FIFEC, MAHSA & MMA
16-18	National Medical/Safety & Health Seminar for Plantation Paramedics
17	MMA Pahang Branch AGM (Hybrid)
18	MMA Melaka Branch AGM (Hybrid)
18	MMA Wilayah Persekutuan Branch AGM (Physical)
18	Webinar on "Basic Preparation and Airway Management for Cardiac Arrest in Primary Care Setting"
20	MPS Meeting - Partnership and Members Services Procedures
20	Webinar on Reducing the Risk in Work-Related Injuries and Diseases by Injury Prevention Committee
20	Berita MMA Editorial Board Meeting for July Issue
21	1 st MMA Elections Committee Meeting
22	MMA Terengganu Branch AGM (Hybrid)
23	MMA Kelantan Branch AGM (Hybrid)
23	MMA Negeri Sembilan Branch AGM (Physical)
23	Royal College of Ireland (RCPI) Delegates' Visit to MMA House
24	MMA Perak Branch AGM (Physical)
24	4 th SMMAMS Meeting for 2022-2023
25	5 th Committee on Integrative Medicine (CIM) Meeting (Hybrid)
26	Mesyuarat (Hybrid) Kerjasama Berkaitan Program Kesihatan Bayi Dan Kanak-Kanak Daripada Pengamal Perubatan Swasta

July 2023

1	MMA Sabah Branch AGM (Hybrid)
2	MMA Sarawak Branch AGM (Hybrid)
2	MMA Selangor Branch AGM (Physical)
3	Mesyuarat Bagi Membincangkan Penyemakan Caj Pemeriksaan Kesihatan Dan X-Ray
3-6	Asia-Pacific Regional Meeting (APRM) 2023
4	Mesyuarat (Hybrid) Kerjasama Berkaitan Program Kesihatan Bayi Dan Kanak-Kanak Daripada Pengamal Perubatan Swasta
5	3 rd National Health Policy Committee Meeting for 2022-2023 (Virtual)
5	Right to Health for Prisoners in conjunction with World Hepatitis Day



Honorary General Secretary's Report

Dear Members,

It is my great pleasure to present to you our Annual Report for the year 2022-2023. As we look back on the past year, we can take pride in the many accomplishments we have achieved together as a team. For the fourth consecutive year, I was honoured to serve as Honorary General Secretary of the Malaysian Medical Association (MMA).

Despite the many challenges we faced in 2022-2023, our Association remained focused on our mission and continued to make strides towards our long-term goals. We have continued to expand our presence, increase revenue and profits, and invest in new strategies, initiatives and innovations that will position us for continued growth and success.

Our success would not have been possible without the hard work and dedication of our President and all my colleagues on the MMA Executive Committee (Exco) / Council who have demonstrated an unwavering commitment to excellence and a willingness to go above and beyond to deliver outstanding results. We are fortunate to have such a talented and dedicated team, and we are grateful for their contributions to our Association's success. I would also want to thank all the Chairmen and Members of the MMA Branches, Committees, Sections, Societies, and External Organizations Representatives, as well as all Association members, for their support, contributions, and active participation.

I would like to express my heartfelt gratitude to the MMA Secretariat Staff, led by a reputable Chief Operating Officer (COO), for their hard work and unwavering support to the Officer Bearers, particularly the Honorary General Secretary, in carrying out all responsibilities and action plans as planned. We had to say goodbye to a number of committed staff members during the year, but we were also able to employ several new dedicated staff members as replacements.

Looking ahead, we are excited about the opportunities that lie before us. We are confident in our ability to continue to deliver value to not only our members, but also the entire medical fraternity and members of the public. As our Association prepares for more difficult challenges and trying times in the years ahead, the MMA Exco and Council seek the unconditional support of all MMA members.

The 2022/2023 Annual Report is presented on behalf of the 63rd MMA Council to provide a comprehensive overview of our achievements, challenges, and growth over the past year. In this report, we highlight our financial performance, operational efficiency, corporate social responsibility initiatives, various activities done by the Association and strategic plans for the future. We invite you to explore our achievements and milestones and join us in our commitment to excellence.

Property Officers/ Administrators

Currently, all properties of the association in so far as they relate to immovable property shall be registered in the name of the association, whereby three (3) principal office bearers of the association

have been appointed as the Property Officers/Administrators namely: **(1) President, (2) Honorary General Secretary, and (3) Honorary General Treasurer.**

Honorary Members

MMA currently has four Honorary Members: **(1) Tun Dr Mahathir Mohamad, (2) Tan Sri Dato' Azman Hashim, (3) Tun Dr Ling Liong Sik, and (4) Tun Dr Siti Hasmah Mohamad Ali.** There were no new Honorary Members appointed in 2022-2023.

Sadly Missed but Not Forgotten

NO	NAME	DATE	BRANCH
1.	DR RAJINDAR SINGH A/L KARNAIL SINGH	02/10/2022	PERAK
2.	DR KANESHWARAN S/O KANDIAH	06/10/2022	PENANG
3.	DR LOGENDRAN A/L M SIVA SUBRAMANIAM	08/10/2022	SELANGOR
4.	PROF DATUK DR DANIEL MAHENDRAN THURAIAPPAH	21/10/2022	WILAYAH
5.	DR JOHN FOZDAR	22/10/2022	SARAWAK
6.	DR ONG LENG KEW	25/10/2022	PENANG
7.	PROF EMERITUS DATO' DR KHALID BIN TAN SRI ABDUL KADIR	26/10/2022	SELANGOR
8.	DR MEHAR SINGH GILL	15/11/2022	WILAYAH
9.	PROF DR PARIKIAL PHILIP GEORGE	25/11/2022	WILAYAH
10.	DR KUEH POH SIEW	20/12/2022	MELAKA
11.	PROF DATIN DR CHIN GEK LIEW	29/12/2022	WILAYAH
12.	DR YEOH HOCK CHYE	14/01/2023	PENANG
13.	DR LOH LAY HIENG, MICHAEL	20/01/2023	SARAWAK
14.	PROF DATUK DR MEGAT BURHAINUDDIN BIN ABD RAHMAN	13/02/2023	WILAYAH
15.	DR LEE CHOONG MING	18/02/2023	MELAKA
16.	DR TAN SWEE HUA	20/02/2023	N. SEMBILAN
17.	DR MOHD ARIFIN BIN MOHD ALI	26/03/2023	N. SEMBILAN
18.	DR PERUMAL S/O NARAYANASAMY	16/04/2023	N. SEMBILAN
19.	DR GERNAL SINGH A/L KUNDAN SINGH	1/05/2023	WILAYAH
20.	DR VIRASAMY RAJAGOPAL	23/05/2023	PAHANG
21.	DR ZACHARIAH VERGHESE	28/05/2023	SELANGOR
22.	DATIN DR AMBIKA MADHAVAN	21/06/2023	PENANG
23.	DR THIRUNGANA VEHL A/L PACHIAPAN	30/06/2023	WILAYAH
24.	DR THANALINGAM S/O K V PILLAI	17/07/2023	SELANGOR

Membership

As of 15/7/2023, the total number of members of the Malaysian Medical Association (MMA) was 17,130 – this included Ordinary Members in benefit (6,443), Life/Joint Life Members (8,715), Exempted Members (656), Overseas Members (134), Associate Members (3) and Honorary Members (4). In addition, there were 1,175 Student Members. The number of Life Members has increased from 7,988 in 2022 to 8,715 in 2023 (an increase of 9.1%). We need to increase our membership as the total number of doctors registered with the Malaysian Medical Council (MMC) is around 80,000.

FIGURE 1: MMA MEMBERSHIP BY CATEGORY

39.60% of the members are GPs and 18.98% are specialists in private practice; 33.87% work with the government; 0.93% are in the armed forces; 5.64% are in universities (private and public); and 155 members, or 0.98%, are retired. (See Figure 2).

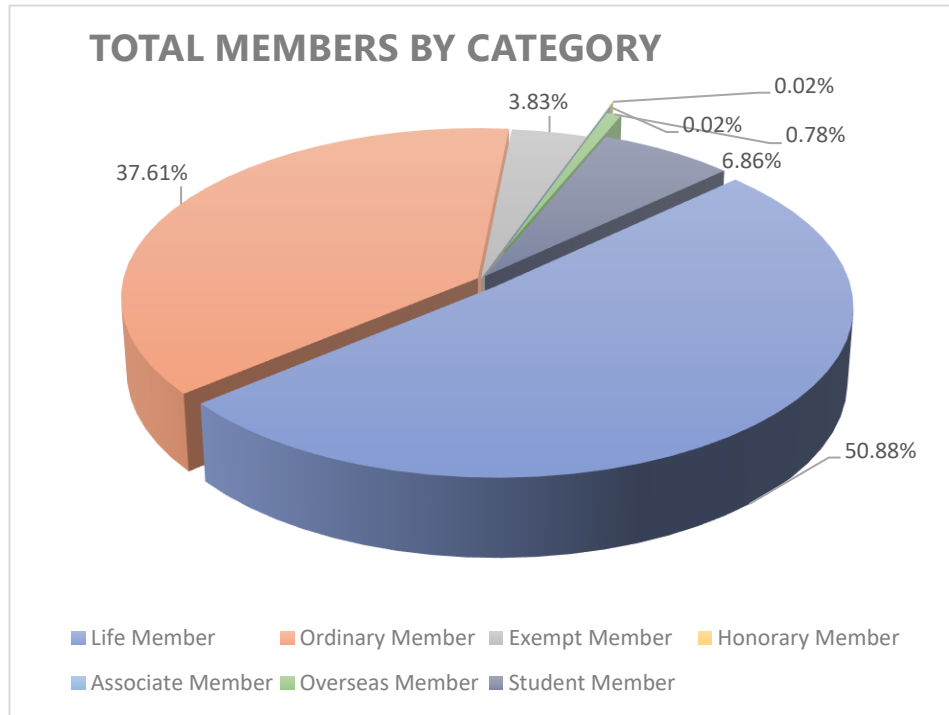
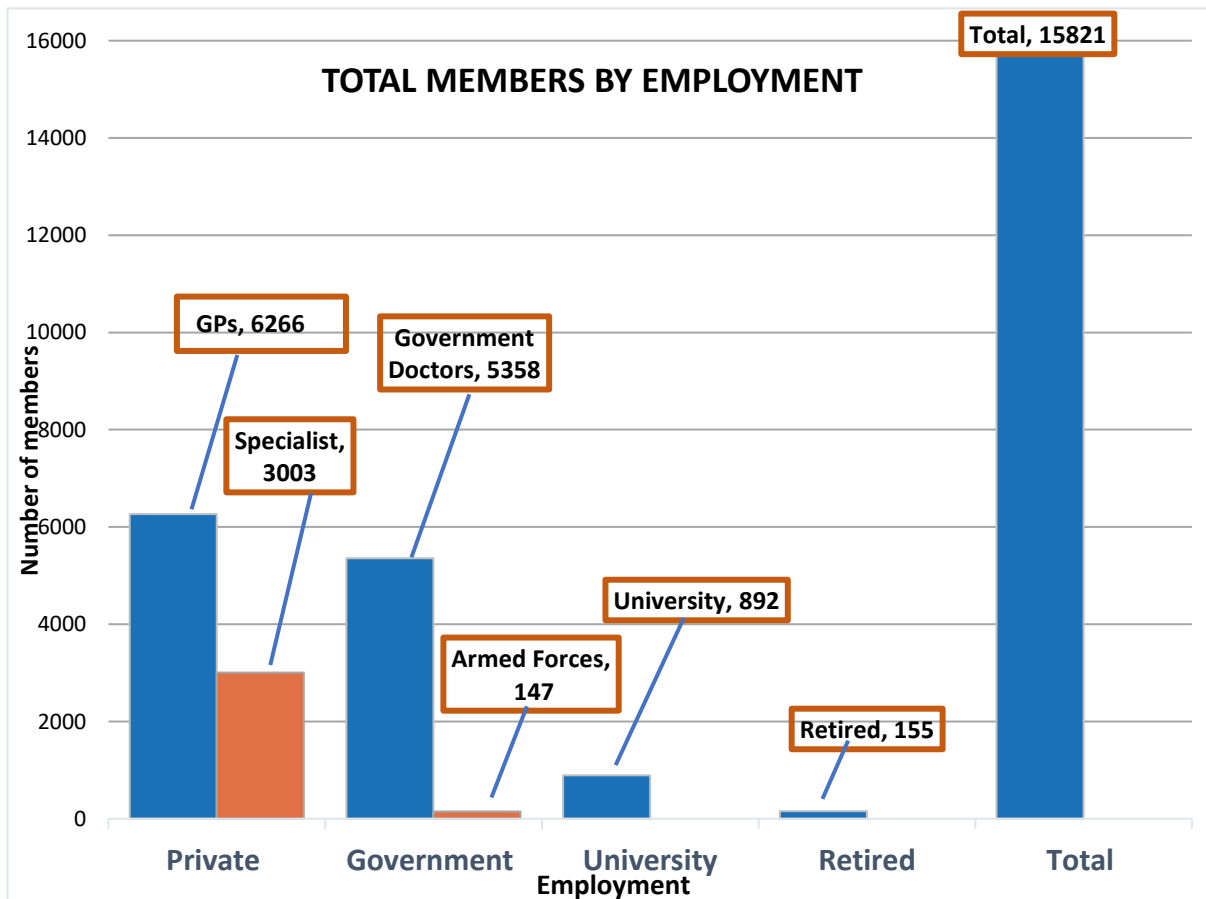
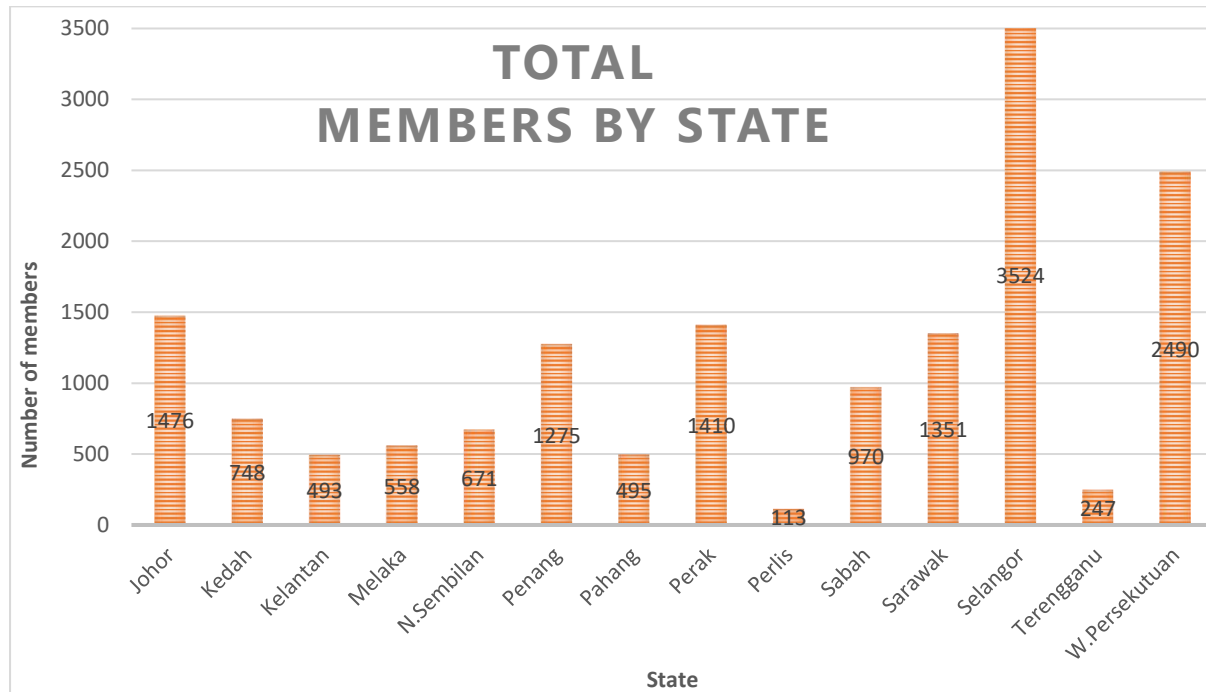


FIGURE 2: MMA MEMBERSHIP BY EMPLOYMENT



Selangor has the most members, followed by Wilayah Persekutuan, Johor, Perak, Sarawak, Penang, Sabah, Kedah, Negeri Sembilan and Melaka. The rest of the states have less than 500 members, ranging from 113 in Perlis to 495 in Pahang. (See Figure 3)

FIGURE 3: MMA MEMBERSHIP BY STATE



*It would be much appreciated if members could update their work details if there is a change for our database to be up to date.

Student Membership

The total number of student members in benefit is 1,175. The largest number of student members are from Universiti Sultan Zainal Abidin (UniSZA), followed by Manipal University College Malaysia (MUCM).

The Medical students have formed a Society under MMA known as the MMA Society of Medical Students (SMMAMS). They carry out activities led by an Executive committee composed of members from the various universities. We hope that by engaging them in activities at the student level, they will become MMA members upon their graduation. Unfortunately, there are still quite a number of members who allow their membership to lapse after graduation.

MMA Council

The Council for 2022-2023 (63rd MMA Council) was inaugurated on September 9, 2022, during the 62nd National MMA Annual General Meeting (AGM) in Putrajaya Marriot Hotel, IOI Resort City, Sepang Utara, Putrajaya. The two Honorary Auditors who have been elected at this 62nd AGM were Prof Datuk Dr Lekhraj Rampal and Dr Rajamohan Annamalai. The Honorary Internal Auditors' role is to audit the accounts of the Association to ensure compliance by the administration in terms of financial management. On behalf of the Council, I would like to convey my heartfelt appreciation to the Honorary Internal Auditors of 2022-2023 for their services to the Association.

The MMA Council has three (3) official meetings and one (1) emergency meeting at the time of writing this report. The fourth official meeting will be held in August 2023, before the upcoming AGM. All meetings were held in a hybrid format. I would like to express my thanks and gratitude to all Council Members for their cooperation, guidance, and active involvement during Council Meetings, as well as any other matters discussed via emails and portal during the year.

The attendance of individual Council members at the three meetings held so far is detailed in the table below. When a Council member could not attend a meeting, he or she was normally represented by an alternate, as shown in the same table.

No.	63 rd MMA Council Members	Emergency Meeting (10/9/2022)	1 st Meeting (2/10/2022)	2 nd Meeting (19/2/2023)	3 rd Meeting (21/5/2023)	Attendance
1	DR MURUGA RAJ RAJATHURAI President	/	/	/	/	(4/4)
2	DR KOH KAR CHAI Immediate Past President	/	/	/	X	(3/4)
3	DR AZIZAN BINTI ABDUL AZIZ President – Elect	/	/	/	/	(4/4)
4	DATUK DR THIRUNAVUKARASU RAJOO Honorary General Secretary	/	/	/	/	(4/4)
5	DR VASU PILLAI A/L LETCHUMANAN Honorary General Treasurer	/	/	/	/	(4/4)
6	DR ARVINDRAN A/L ALAGA Honorary Deputy Secretary	/	/	/	/	(4/4)
7	DR SIVANAESAN A/L LETCHUMANAN Honorary Deputy Secretary	/	/	/	/	(4/4)
8	DR BALACHANDRAN A/L S KRISHNAN Chairman, PPSMMA	/	/	/	/	(4/4)
9	MEJ (B) DR AHMAD FILZA ISMAIL Chairman, SCHOMOS DR SIVABALA SELVARATNAM Alternate Representative, SCHOMOS	/	/	/	/	(3/4) (1/4)
10	DATUK DR MOHAN A/L KANDASAMY CHETTIAR Chairman, Johor DR RAMADASS SELVAKUMAR Alternate Representative, Johor	/	/	X	X	(2/4) (0/4)
11	DR GURUPARAN A/L S RAJALINGAM Vice-Chairman, Johor	/	/	/	/	(4/4)
12	DR EDWIN JUDE A/L GNANASEGARAN Chairman, Kedah	/	/	/	/	(4/4)
13	DR THIYAGAR S/O NADARAJAW Vice-Chairman, Kedah	/	/	/	/	(4/4)
14	DR WAN NOR AINA AR- MARDIYAH WAN JEFFERY Chairperson, Kelantan	/	/	/	/	(4/4)
15	DR SIVANANTHAN A/L PERIETHAMBY Chairman, Melaka	/	/	X	X	(2/4)
16	DR GAYATHRI A/P K KUMARASURIAR Honorary Secretary, Melaka	/	/	/	X	(3/4)

17	DATIN DR FA'IZA ABDULLAH Chairperson, Pahang DR CHAN CHEE ENG Alternate Representative, Pahang	/	/	/	/	(3/4)
18	DR ANDREW A/L SOLAMADAN Chairman, Negeri Sembilan	/	X	/	/	(3/4)
19	DR SELVA GANAPATHI GANESON Vice-Chairman, Negeri Sembilan DR RAVINDRAN A/L RAMASAMY Alternate Representative, Negeri Sembilan	/	X	/	/	(2/4) (1/4)
20	DR PRABHU A/L RAMASAMY Chairman, Penang	/	/	/	/	(4/4)
21	DR DIVAGAR A/L VARATHA RAJU Vice-Chairman, Penang	/	/	/	/	(4/4)
22	DR SATKUNAN MARK A/L GNANAPATHY Chairman, Perak	/	/	/	X	(3/4)
23	DR SURESH A/L SUBRAMANIAM Vice-Chairman, Perak	/	X	/	/	(3/4)
24	DR JAYNESHTHRA RAO A/L KRISHNAMURTHY Chairman, Perlis	/	/	/	/	(4/4)
25	DR BRANDON PATRICK SENAGANG Chairman, Sabah	/	/	/	/	(4/4)
26	DR HASLEZAH SAELIH Vice-Chairperson, Sabah	/	/	/	/	(4/4)
27	DR LIEW SHAN FAP Chairman, Sarawak	/	/	/	/	(4/4)
28	DR ONG ENG-JOE Vice-Chairman, Sarawak	/	/	/	/	(4/4)
29	DR KRISHNA KUMARAN A/L A RAMASAMY Chairman, Selangor	/	/	/	/	(4/4)
30	DR JULIET MATHEW Vice-Chairperson, Selangor DR ARULNATHAN A/L AROKIASAMY Alternate Representative, Selangor DR N CHANTHIRAN A/L NATHAN Alternate Representative, Selangor	/	/	/	/	(2/4) (1/4) (1/4)
31	DATO' DR SYED MOHAMMAD SALLEH SYED YUSOF ALZAWAWI Chairman, Terengganu	/	/	/	/	(4/4)
32	DR RAVI VENKATACHALAM <i>(Resigned on 1/5/2023)</i> Chairman, W. Persekutuan KOL DR GNANAMALAR GNANASUNDRAM Alternate Representative, W. Persekutuan	/	/	/	/	(3/4) (1/4)
33	DR SELVARAJAH A/L SATHAYA Vice-Chairman, W. Persekutuan	/	/	/	/	(4/4)

MMA Executive Committee

In between Council meetings, the MMA Executive Committee (Exco) met three (3) times to oversee the day-to-day operations of the Association. The fourth meeting has been scheduled for August 2023, before the upcoming AGM. I would like to express my heartfelt appreciation to all Exco Members for their efforts throughout this demanding but fruitful year. I learned a lot from them and would not have been able to carry out my duties effectively without their valuable input, support, and cooperation. The following is a record of attendance for the three meetings held so far:

No.	63 rd MMA Exco Members	1 st Meeting (9/12/2022)	2 nd Meeting (18/2/2023)	3 rd Meeting (20/5/2023)	Attendance
1	DR MURUGA RAJ RAJATHURAI President	/	/	/	(3/3)
2	DR KOH KAR CHAI Immediate Past President	/	/	/	(3/3)
3	DR AZIZAN BINTI ABDUL AZIZ President – Elect	/	/	/	(3/3)
4	DATUK DR THIRUNAVUKARASU RAJOO Honorary General Secretary	/	/	/	(3/3)
5	DR VASU PILLAI A/L LETCHUMANAN Honorary General Treasurer	/	/	/	(3/3)
6	DR ARVINDRAN A/L ALAGA Honorary Deputy Secretary	/	/	/	(3/3)
7	DR SIVANAESAN A/L LETCHUMANAN Honorary Deputy Secretary	/	/	/	(3/3)
8	DR BALACHANDRAN A/L S KRISHNAN Chairman, PPSMMA	/	/	/	(3/3)
9	MEJ (B) DR AHMAD FILZA ISMAIL Chairman, SCHOMOS DR SIVABALA SELVARATNAM Alternate Representative, SCHOMOS	/	/	/	(2/3) (1/3)

Highlights For 2022-2023

Hybrid Meetings

We have successfully adapted to the changing times by implementing hybrid meetings for various important gatherings, including our Annual General Meeting, Exco, and Council meetings. This approach has brought numerous advantages, including enhanced accessibility, flexibility, cost savings, increased productivity, and improved engagement for both the Association and its members. During this period, eight (8) MMA Branches have conducted their Annual General Meetings in a hybrid format, while the remaining six (6) MMA Branches opted for in-person meetings. Looking ahead, the upcoming National MMA Convention & Scientific Congress 2023 and the 63rd MMA AGM will also be conducted in a hybrid format.

Active Involvement on the Social Media

To effectively communicate with the medical community, the MMA actively utilizes various social media platforms, including Facebook and Twitter. This increased presence on social media enhances accessibility to our services for members. Moreover, our use of social media helps raise awareness of the MMA brand, build stronger relationships with members and the public, and drive business growth. We have also leveraged messaging platforms like WhatsApp and Telegram Broadcast to disseminate information efficiently.

MMA's Presence in the Media

Continuing the positive trend of recent years, MMA has been receiving significant attention from the media, with multiple press releases being issued this year as well. Our focus in these press releases has primarily been on various healthcare reforms, the management of Covid-19 in our country, the matter of contract doctors, the placement of government permanent doctors, the issue of nicotine, and the importance of public-private healthcare collaboration, among others. Undoubtedly, the media coverage has played a crucial role in amplifying MMA's voice and influence.

Revamp of MMA Website

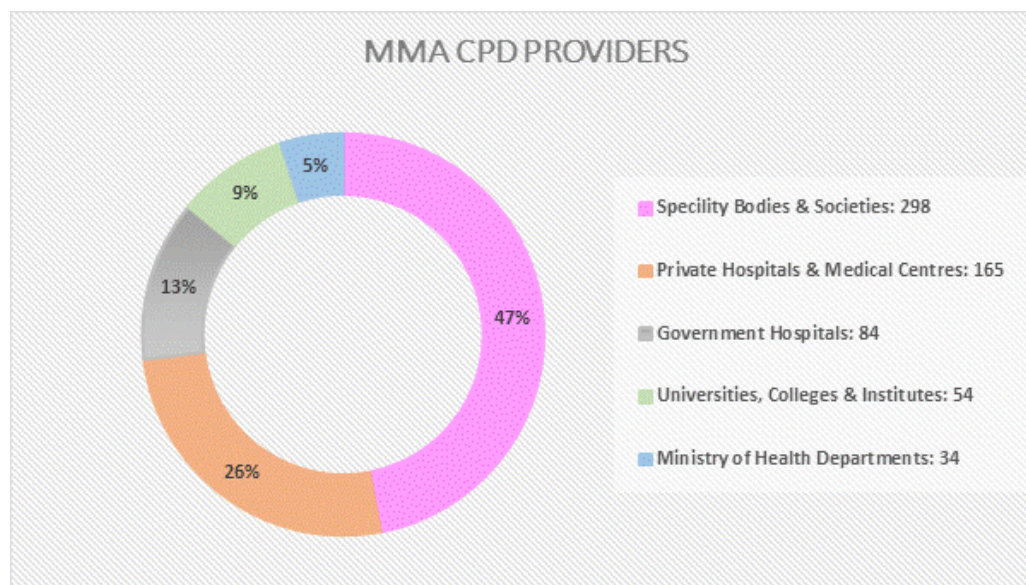
The MMA website will be undergoing a complete revamp with all-new interfaces and updated features. Moving forward, the MMA's IT team will regularly update the MMA website with the ongoing issues and relevant developments.

Revamp of MMA Mobile Application

The MMA Mobile Application (MMA App) has gone through various significant enhancements including the development of the MMA Elections Voting platform on the MMA App. The total number of users for the MMA Mobile Application so far is **68,488**. With various upcoming projects taking place, we remain focused on delivering user-friendly and efficient systems that cater to the needs of the users.

CPD Updates

Since 01/07/2017, the MMA CPD system has received more than 45,000 CPD event applications for review. These events were submitted for accreditation by over 600 approved MMA CPD Providers.



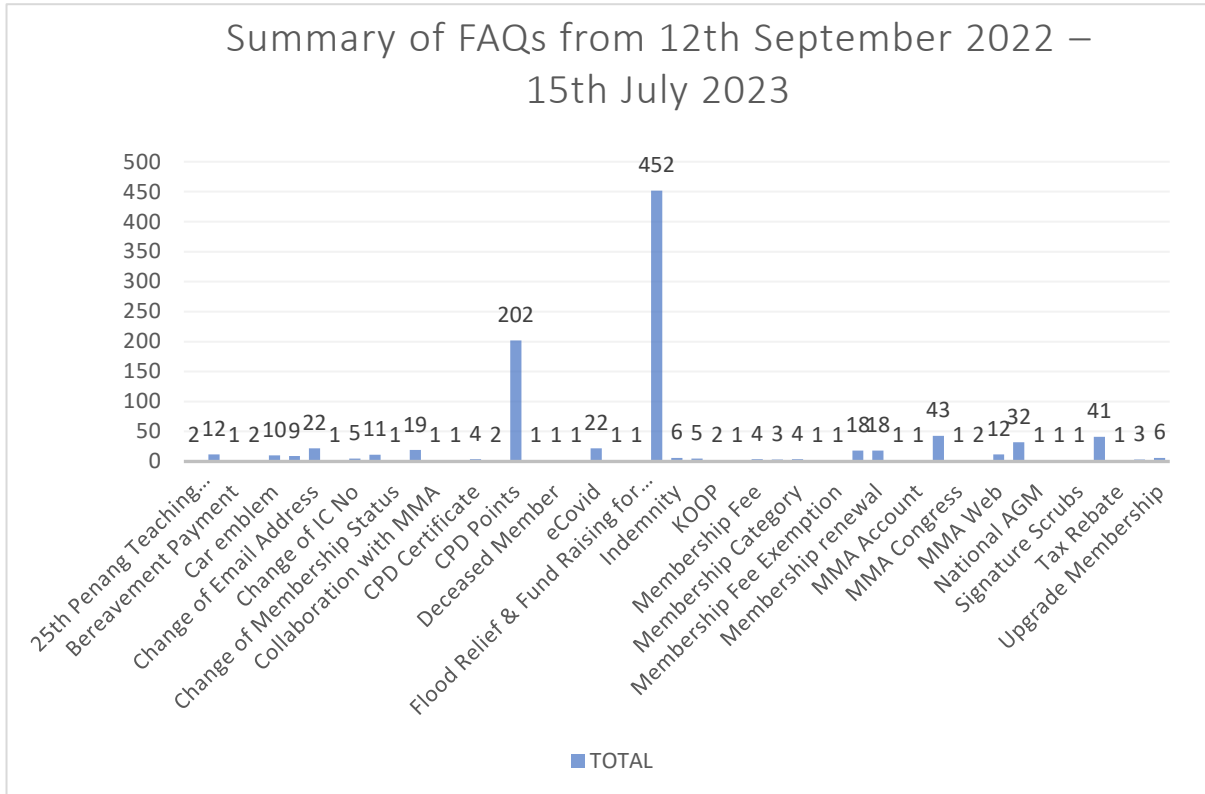
***The Malaysian Medical Council (MMC) issued the revised MMC-CPD Grading System, which takes effect on 01/07/2023.**

MMA Frequently Asked Questions (FAQs)

We continue with our FAQs that was developed in March 2021 to take queries from the doctors and public. FAQs are collected through WhatsApp and phone calls. The staff in charge will respond to the queries by providing necessary information and/or if needed, will channel those queries to the staff/department in charge for further action. Queries should be answered within 24 hours on weekdays, with follow-ups if needed. Weekly reports are submitted to the Honorary General Secretary and a monthly summary of resolved and pending cases is provided. Summary of the queries that we have received since the beginning of this term until 15/7/2023 is as follows:

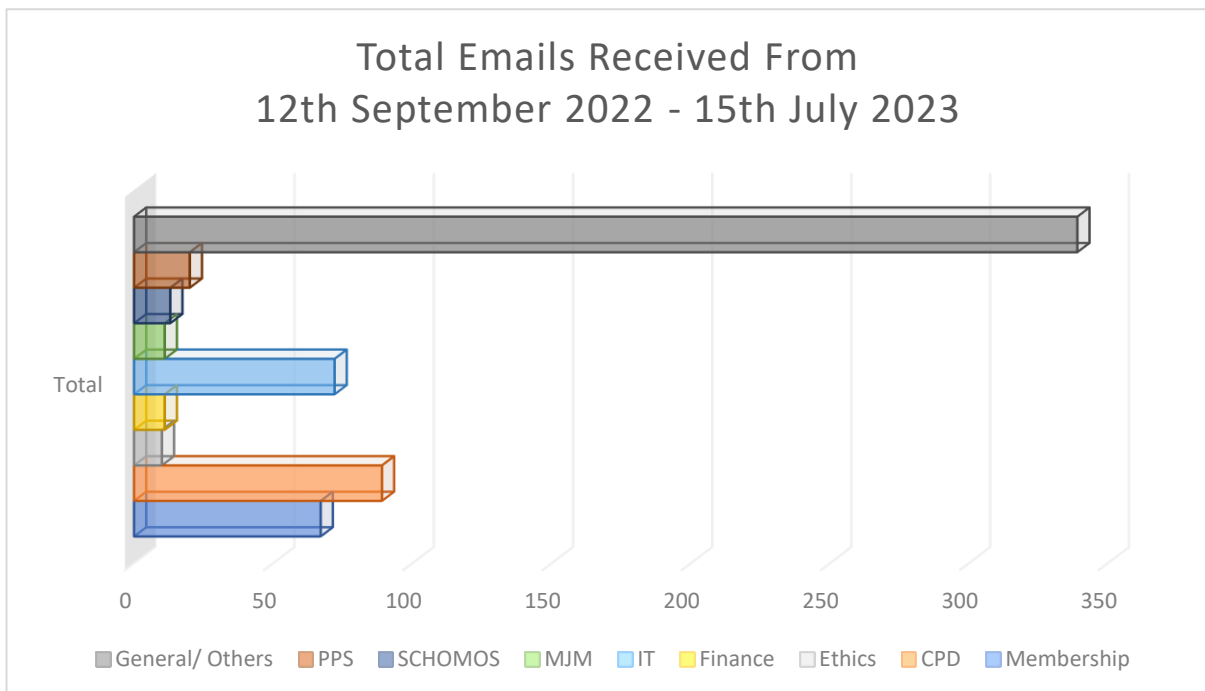
QUERIES	TOTAL	RESOLVED	PENDING
25th Penang Teaching Conference for GP	2	2	-

APC	12	12	-
Bereavement Payment	1	1	-
Berita MMA	2	2	-
Car emblem	10	10	-
Car letter	9	9	-
Change of Email Address	22	22	-
Change of Branch	1	1	-
Change of IC No	5	5	-
Change of Mailing Address	11	11	-
Change of Membership Status	1	1	-
Change of Passport No	19	19	-
Collaboration with MMA	1	1	-
Corporate Rate for Air Asia	1	1	-
CPD Certificate	4	4	-
CPD Manual Submission	2	2	-
CPD Points	202	202	-
CPD Provider	1	1	-
Deceased Member	1	1	-
Docquity	1	1	-
eCovid	22	22	-
Ethics	1	1	-
Flood Relief & Fund Raising for Flood	1	1	-
Health Screening	452	452	-
Indemnity	6	6	-
Membership Instalment	5	5	-
KOOP	2	2	-
LOGS	1	1	-
Membership Fee	4	4	-
Membership Card	3	3	-
Membership Category	4	4	-
Membership Certificate	1	1	-
Membership Fee Exemption	1	1	-
Membership Payment	18	18	-
Membership Renewal	18	18	-
Membership Type	1	1	-
MMA Account	1	1	-
MMA App	43	43	-
MMA Congress	1	1	-
MMA Scanner	2	2	-
MMA Web	12	12	-
MyCPD	32	32	-
National AGM	1	1	-
Patient Information Leaflets	1	1	-
Signature Scrubs	1	1	-
Status of Membership Application	41	41	-
Tax Rebate	1	1	-
Update Profile	3	3	-
Upgrade Membership	6	6	-
TOTAL	993	993	-



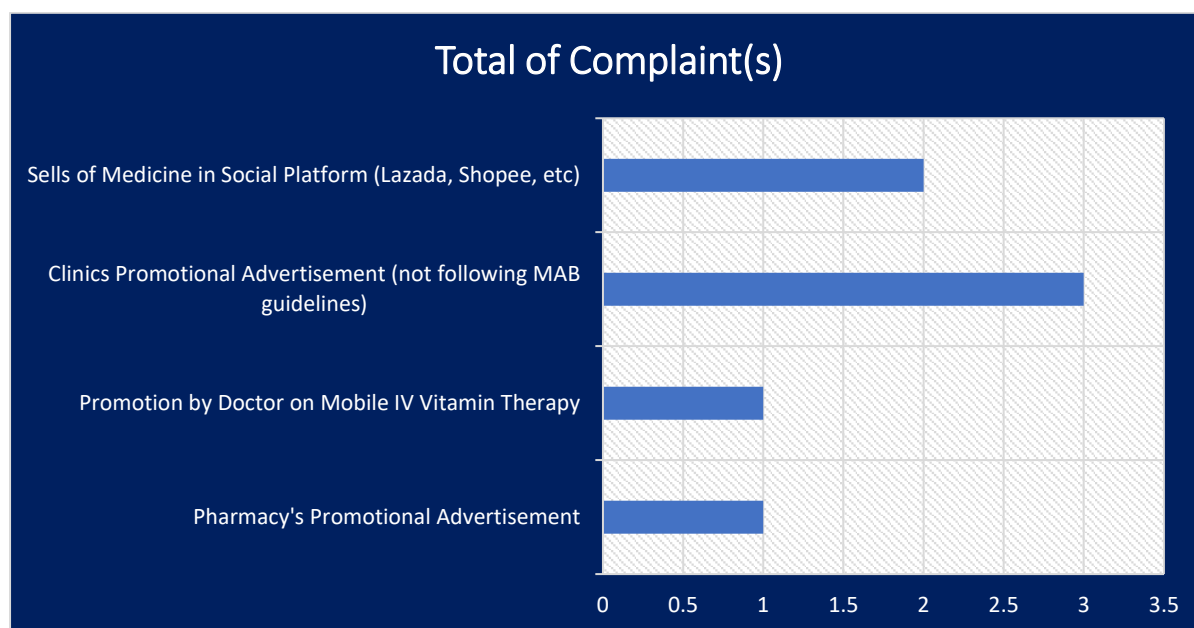
Breakdown of Emails Received by the Honorary General Secretary

Issues	Total	Issues	Total	Issues	Total
Membership	67	Finance	11	SCHOMOS	13
CPD	89	IT	72	PPS	20
Ethics	10	MJM	11	General/ Others	339



Complaints Submitted to Medicine Advertisement Board

Types of Complaint to Medicine Advertisement Board	Total of Complaint(s)
Pharmacy's Promotional Advertisement	1
Promotion by Doctor on Mobile IV Vitamin Therapy	1
Clinics Promotional Advertisement (not following MAB guidelines)	3
Sells of Medicine in Social Platform (Lazada, Shopee, etc)	2



Enhancing the Performance of MMA Branches

- i. Two MMA Exco Members, specifically the Honorary Deputy Secretaries, have been appointed by the Council to assist and lead the activities of MMA Terengganu and MMA Perlis. Dr. Sivanaesan is assigned to MMA Terengganu, while Dr. Arvindran is assigned to MMA Perlis. These Branches have shown significant improvements in their activities and overall performance since implementing this practice. Congratulations to the deputies and thanks to the MMA HQ support staff for their assistance.
- ii. The MMA HQ offers secretarial assistance to branches that require it or lack secretariat staff. Inadequate secretarial support has been identified as a challenge for some branches. Those branches with dedicated secretariat support have demonstrated better performance in administrative tasks, accounting, communications, and related areas. To address this, the MMA HQ provides secretarial services to branches in need, albeit with certain fees involved.

Major Achievements, Events & Activities Throughout 2022-2023

MMA Received an Award from the National Cancer Society of Malaysia's (NCSM) for its Contributions to Public Health

On 26/9/2022, the MMA received a prestigious award from the National Cancer Society of Malaysia (NCSM) for its significant contributions to public health. The recognition took place during the NCSM Dinner, attended by our President. The event was honored by the presence of HRH Sultan Nazrin Shah and his wife, Tuanku Zara Salim. The award was presented to our President by YB Tuan Khairy Jamaluddin, the Minister of Health at that time.

MMA Doctor's Day Celebration



Deputy Director (Medical) III of Hospital Kuala Lumpur.

MMA SCHOMOS and PPS collaborated once again to celebrate the 3rd consecutive Malaysia Doctors' Day event at the MMA House on 10/10/2022. The event was themed "Navigating Healthcare from Treatment to Prevention" and attracted over 150 individuals who participated in health screenings. Additionally, approximately 50 individuals generously donated blood during the blood donation drive. The event was supported by 20 dedicated medical student volunteers. The event was launched by Dr Fairoz Azlim bin Muslim,

Basic Life Support (BLS) Training for MMA Exco and Staff

On 11/12/2022, the MMA CPR Committee, together with X3SI, hosted a BLS Training for the MMA Exco and Staff at Dewan Bunga Raya, MMA House. Several members from Klang Valley were also there to take part in the training.



Exco Members with the MMA CPR Committee Chairman, Dr Sugumar and MMA Wilayah Honorary Secretary Col Dr Gnanamalar during the BLS Training

A Special Course for the Registered Medical Practitioners with Less than 20 CPD Points

The MMA appealed to the Malaysian Medical Council (MMC) on behalf of Registered Medical Practitioners (RMPs) who had less than 20 Continuing Professional Development (CPD) points to renew their Annual Practising Certificate (APC). The MMC responded by requesting the MMA to organize a special course exclusively for those RMPs who did not meet the required 20 CPD points for APC renewal 2023. The MMA successfully organized this special course and allowed doctors to attend the course without any charge. The special course was held in two batches, from February 21-27, 2023, and from March 28-30, 2023.

MMA Press Dinner

The dinner was held on 18/2/2023 at the Sheraton Petaling Jaya Hotel. The main objective of the event was to express gratitude to the media members for their continuous support of MMA. All the members of the MMA Exco and Council were invited to the dinner.



Some of our Council members who were present at the Press Dinner

Release of MMA's New Publication – Healthcare Reform: Healthier Future For Malaysia

The MMA has released a new publication titled "Healthcare Reform: Healthier Future For Malaysia" which is now available for purchase. This book is the outcome of a project spearheaded by our National Health Policy Committee, which is committed to supporting significant healthcare reform in our country. It offers a comprehensive and insightful analysis of the challenges facing the healthcare system today

and provides innovative solutions to address them. It includes contributions from experts in the field and presents a range of perspectives and ideas. The MMA believes that this book will be an



invaluable resource for policymakers, healthcare professionals, academics, and anyone interested in understanding and improving the healthcare system. As a member of our Association, you will get to purchase the book at a special price.

Perjumpaan dan Majlis Berbuka Puasa Bersama Menteri dan Pengurusan Tertinggi Kementerian Kesihatan Malaysia

On 6/4/2023, the MMA organized a Buka Puasa event with the Minister of Health, creating a conducive and interactive environment for discussions. Various issues were raised during the session, including the MMA's disagreement with the proposed removal of nicotine from the Poison Act. The MMA took the opportunity to express its stance on this matter. Additionally, the event served as a platform to conduct a soft launch of a new publication by the MMA, titled "Healthcare Reform: Healthier Future For Malaysia." This book project, led by the National Health Policy Committee of the MMA, aims to contribute to the ongoing efforts in shaping a better healthcare future for Malaysia.



MMA Career Guidance Conference

The MMA successfully organized the MMA Career Guidance Conference on May 13-14 at The Gardens - A St Giles Signature Hotel & Residences in Mid Valley. This groundbreaking conference aimed to address the high dropout rates in colleges/universities and the workforce. A total of 17 organizations

came together to participate in the event. The conference featured 23 speakers from various professions who shared their personal challenges and successes. The purpose of the event was to emphasize the importance of allowing students to pursue courses aligned with their interests rather than being compelled to choose based on external pressures. The conference also highlighted alternative career paths that offer work-life balance and financial stability. The underlying message was the significance of finding happiness in one's chosen profession. Dr Sivabala's commitment to this event was greatly appreciated.

World No Tobacco Day – The MMA's ASH Committee Winning the Malaysian Book of Records

On 23/5/2023, the MMA's ASH Committee achieved a significant milestone by winning the Malaysian Book of Records for receiving the highest number of Poster Art entries (24,248) for the annual competition held in conjunction with World No Tobacco Day. This accomplishment serves as a powerful means of conveying the anti-tobacco message to the youth of



Malaysia. The MMA expresses its gratitude to Prof Dato' Dr Lekhraj Rampal, Dr Muralitharan, and their team for their exceptional work in organizing the competition and spreading awareness about the harmful effects of tobacco.

'World No Tobacco Day' Celebration

On 31/5/2023, the celebration of 'World No Tobacco Day' took place in Melaka, Malaysia, bringing together a diverse group of attendees, including school children, parents, teachers, and politicians. The event was organized excellently by the MMA's ASH committee and its dedicated team. The presence of the Deputy Health Minister, YB Lukanisman, at the event showcased the Ministry of Health's commitment to passing the Global Elimination of Gory Experiences (GEG) bill in Parliament. The event served as a significant platform to raise awareness about the dangers of tobacco and advocate for stronger tobacco control measures.



MMA Congress 2023

The MMA Congress 2023 took place from June 9 to 11, 2023, as a hybrid event featuring pre-congress workshops. The event, organized under the leadership of Dr Vasu Pillai, the Honorary General Treasurer of the MMA, was hosted at the Kuala Lumpur Convention Centre (KLCC). The congress received an enthusiastic response, with more than 200 physical delegates and 500 virtual delegates registered. The sessions were well-attended, and fruitful discussions took place during each talk. Participating delegates were awarded 20 CPD points for their involvement in the congress.

Royal College of Ireland (RCPI) Delegates' Visit to MMA House

On 23/6/2023, representatives from the Royal College of Ireland (RCPI) visited MMA House. The purpose of their visit was related to their participation in the International MRCPI Clinical Examination held at Hospital Kuala Lumpur in Kuala



Lumpur. It is worth noting that MMA and RCPI had previously entered into a Memorandum of Understanding (MoU) in August 2022. Dato' Dr Tharmalingam, the Chairman of MMA's Parallel Pathway Post-Graduate Education Subcommittee, who played a key role in establishing the collaboration between MMA and RCPI, was also present during the visit.

Liaison With Government

Meeting with the Ministry of Health on Foreign Equity Investment in Malaysian Healthcare

On 27/9/2022, the MMA and other stakeholders were invited to a meeting at the Ministry of Health to discuss the engagement of foreign equity investment in Malaysian healthcare.

Majlis Bersama Kebangsaan (MBK) Meeting

The Majlis Bersama Kebangsaan (MBK) meeting took place on 11/10/2022. MBK serves as a platform for submitting position papers for further deliberation and potential policy drafting. Many of the benefits enjoyed by government doctors today can be attributed to the position papers submitted through MBK. Currently, SCHOMOS is the sole medical organization representing doctors in MBK. Among the five attending doctors, three were elected as MBK Exco members.

Meeting with Jabatan Perkhidmatan Awam (JPA)

On 15/11/2022, a meeting was held with the JPA attended by SCHOMOS. During the meeting, SCHOMOS raised various concerns related to contract doctors, in-service medical officers, and specialists. These issues were discussed in order to address the challenges and find potential solutions.

Meeting with Minister of Health, YB Dr Zaliha Mustafa

On 28/12/2022, the MMA Exco, led by the President, met our new Minister of Health YB Dr Zaliha Mustafa in the presence of MOH's top management. We discussed many issues, including the importance of engaging stakeholders like MMA from the onset, for efficient implementation of good policies. Issues discussed included: (a) Public Sector [Contract Doctors, Specialists, Administrative Doctors, On-call Claims & Facility Failure (infrastructure)]; (b) Private Sector [Enhancing GPs, Regulating TPAs, 7th Fee Schedule, a new entity as a one stop centre for private practice (Hospitals, ACC, Specialist & GP clinics, HD centres etc)]; (c) Common Issues [Public Private Partnerships & Healthcare Reform]. The minister was very open and committed to resolving some of the long-standing issues.



MMA Exco With Top Management of Ministry of Health

Meeting with Cawangan Kawalan Amalan Perubatan Swasta (CKAPS)

On 17/1/2023, the MMA participated in a meeting with the Cawangan Kawalan Amalan Perubatan Swasta (CKAPS), chaired by Dr Muhammad Iqbal. The meeting covered several important topics, including clinic setups, scheduled visits by the Ministry of Health (MOH) to clinics, restrictions on obstetrics ultrasound scans for general practitioners (GPs), the use of IV drips only for emergency patients, and the importance of referrals.



Meeting With CKAPS

Meeting with the Ministry of Finance on the Healthcare Budget

On 8/2/2023, a significant meeting took place with the Ministry of Finance, where stakeholders were invited to discuss the Healthcare Budget. Chaired by the Deputy Minister, YB Ahmad Maslan, the meeting aimed to address crucial healthcare funding matters. During the meeting, the MMA presented its position, advocating for a minimum of 5% of the GDP to be allocated to healthcare. The MMA emphasized the importance of viewing healthcare spending as an investment rather than merely an expenditure. Furthermore, the MMA urged the Ministry to prioritize investment in human resources to ensure an adequate number of doctors for optimal healthcare delivery in both the present and the future.

Townhall Session with the Ministry of Health

SCHOMOS has been addressing various issues to different Health Ministers and governments over the years, and MMA has been actively involved in advocating for these issues. With the new Health Minister, YB Dr Zaliha Mustafa, showing a genuine commitment to reform, MMA decided to provide her with some time to understand the issues and work towards resolving them. To facilitate this process, a Townhall meeting was organized by the Ministry of Health in collaboration with MMA on 22/2/2023. The purpose of the meeting was to address the issues raised by SCHOMOS and explore possible solutions. The Health Minister took note of all the issues discussed, and she expressed her commitment to thoroughly investigate and address them accordingly.

Meeting with Deputy KSU of Ministry of Investment, Trade and Industry (MITI), Datuk Norazman

On 20/3/2023, the President and I were invited to a meeting with Deputy KSU of MITI, Datuk Norazman. The purpose of the meeting was to discuss potential solutions for reducing congestion in the emergency departments of public hospitals. Various ideas were shared by all attendees, and there is a positive

outlook that the Deputy KSU will initiate necessary changes to address the issue of congestion in the near future.

Meeting between the Integrity Unit of MOH and MMA

A meeting took place on 24/3/2023 between the Integrity Unit of the Ministry of Health (MOH) and the MMA. The purpose of the meeting was to discuss the collaboration between MyHelp and MMA HelpDoc in addressing the important issues of bullying and doctors' welfare.

Meeting with YB Senator Dr Lingeshwaran a/l Dato' Seri R Arunasalam

A meeting took place on 5/4/2023 at the MMA House with YB Senator Dr Lingeshwaran. The purpose of the meeting was to present an overview of healthcare concerns raised by the MMA. These concerns encompass various issues such as Contract Doctors, Specialists, Administrative Doctors, On Call Claims, Facility Failure, Public Private Partnership, Pandemic Preparedness GP



Clinics, Regulating the TPAs, 7th Fee Schedule, the establishment of a New Entity as a One Stop Centre for Private Practice, and Health Reform, among others. Our Past President, Datuk Dr N Ganabaskaran, was also in attendance.

Meeting with the Director of Jabatan Komunikasi under the Prime Minister's Department

On 6/4/2023, our President was called to meet with the Director of Jabatan Komunikasi under the Prime Minister's Department to discuss the challenges encountered within the Malaysian healthcare system. During the meeting, it was communicated that the identified issues would be brought to the attention of the relevant parties for further consideration and action.

International Affairs

Meeting with Dr Rabindra, WHO Representative for Malaysia, Brunei and Singapore

On 26/9/2022, our President participated in a meeting with Dr Rabindra, the WHO Representative for Malaysia, Brunei, and Singapore, along with other stakeholders. The purpose of the meeting was to explore opportunities for community engagement beyond the scope of Covid-19. Concept papers were requested from the MMA to facilitate collaboration, which would be a significant milestone and an opportunity to establish a strong bond with WHO. This collaboration would enable the MMA to conduct community work on a larger and more organized scale, contributing to one of our key objectives. Recognition by international bodies like WHO is a goal for the MMA.

World Medical Association (WMA) General Assembly in Berlin, Germany

From October 5-9, 2022, our President, President-Elect, and Past President Dr Ashok attended the World Medical Association (WMA) General Assembly held in Berlin, Germany. The MMA actively participated in the working group responsible for developing the proposed International Code of Ethics. This working group took into account the diverse cultural landscapes of different regions. Contributing to the development of this new code of ethics was a valuable experience for the MMA.

26th Triennial Commonwealth Medical Association (CMA) Council Meeting

The 26th Triennial Commonwealth Medical Association (CMA) Council Meeting was held in Malaysia in November 2022, after a gap of 21 years since our last hosting in 2001. The meeting took place from November 4-6, 2022, at The Gardens - A St Giles Signature Hotel & Residences. On November 5, 2023, our President was installed as the President of CMA for the next two years. Additionally, as the MMA's Honorary



General Secretary, I was elected as the CMA Regional Vice President for Southeast Asia, while our Immediate Past President, Dr Koh Kar Chai, was elected as the CMA Treasurer. The meeting was conducted successfully, and important matters were discussed with reference to the aim and goals of the CMA. The CMA meeting also served as the venue for the first MMA Junior Doctors Network (JDN) International Conference. Delegates from various countries, including Nigeria, Kenya, Malta, the United Kingdom, India, Sri Lanka, Ghana, South Africa, and Jamaica, attended the conference. We also had the participation of delegates from Korea for the JDN conference, as well as many other international delegates who joined us virtually.



Group Photo with WMA President Dr Osahon Enabulele, And JDN And CMA Delegates at the 1st Junior Doctors Network Malaysia Conference

1st International Junior Doctors Network (JDN) Malaysia Conference

Junior Doctors Network (JDN) Malaysia, housed under MMA SCHOMOS, organised the 1st International JDN Malaysia Conference on 5/11/2022, in conjunction with the 26th Triennial Commonwealth Medical Association (CMA) Council meeting. This conference was attended by 133 participants from 14 countries across the Asian, African, European, Caribbean, and North American regions.

Medical Association of South East Asian Nations (MASEAN) Meeting in Jakarta

The MASEAN meeting took place in Jakarta from December 3-4, 2022. The MMA Exco attended the meeting, which provided a valuable platform for exchanging experiences and discussing the challenges encountered during the COVID-19 pandemic and the subsequent recovery phase. Delegates from Indonesia, Singapore, Philippines, Vietnam, and Thailand participated in the meeting.

United Kingdom and Eire (Ireland) Council for Malaysian Students (UKEC) Conference

On 25/3/2023, our President attended the UKEC Conference at the University of Manchester, United Kingdom (UK). During the conference, our President engaged in a healthy debate with former Health Minister Tuan Khairy on the topic of "Legalisation of Medical Cannabis." This intriguing and controversial topic sparked an interesting discussion. Additionally, our President had the opportunity to meet and interact with Malaysian students from different universities in the UK during the event.

Meeting with British High Commission

Our President and PPSMMA Chairman held a meeting with Mr Clifford and Miss Bhavana from the British High Commission. The purpose of the meeting was to explore potential collaborations with the Royal College of General Practitioners (RCGP), UK. The discussion revolved around the possibility of offering GP certification courses or postgraduate diploma courses to enhance GP practice in Malaysia. Subsequently, the MMA Exco had their initial meeting with the RCGP on 13/3/2023, to further explore these opportunities.

President's Visit to Buckingham Palace for a reception by King Charles and the Queen Consort

On 13/3/2023, in celebration of Commonwealth Day, our President was invited to Buckingham Palace for a reception hosted by King Charles and the Queen Consort. As the President of the Commonwealth Medical Association, it was a tremendous honor for our President to represent Malaysian doctors and medical professionals from all Commonwealth countries. This Commonwealth Day held special significance as it marked King Charles' first as King and the first time the event was held at Buckingham Palace. During the reception, King Charles expressed gratitude to doctors worldwide for their dedicated efforts, particularly during the challenging times of the pandemic.

Meeting with H.E. Mr B.N. Reddy, the High Commissioner of India in Malaysia

Our President had the privilege of being invited to meet H.E. Mr. B.N. Reddy, the High Commissioner of India in Malaysia. The purpose of the meeting was to explore opportunities for a stronger partnership between the MMA and the Indian Medical Association. The focus was on promoting the healthcare industry and health tourism. During a lengthy discussion, both parties expressed their commitment to exploring potential partnerships and collaborations in these areas.

World Medical Association Meeting in Nairobi, Kenya

Our President, President-Elect, JDN Representative Dr Melinda, and Past President Dr Ashok participated in the WMA meeting held in Nairobi, Kenya. The meeting, which was held on 22-24 April 2023, primarily focused on the council session, where various global healthcare issues were discussed.

Commonwealth Health Ministers Meeting in Geneva, Switzerland

Our President had the honour of attending the Commonwealth Health Ministers Meeting in Geneva, Switzerland on 20/5/2023, representing the Commonwealth Medical Association (CMA) as its President. The meeting was a significant platform for discussing health-related matters among Commonwealth countries. In attendance was our esteemed Health Minister, Dr Zaliha, accompanied by her team, who presented our country's report at the meeting.

Meetings with Other Organisations

Meeting with Federation of Malaysian Consumers Associations (FOMCA) Representatives

The MMA had a meeting with representatives from FOMCA, including Datuk Marimuthu, Datuk Paul, and Dato' Indrani Thuraisingham. The purpose of the meeting was to collaborate on the development of a new Patients Charter.

Meeting with Tenaganita Representatives

The MMA had a meeting with representatives from Tenaganita, a Malaysian human rights non-profit organization, at our office. The purpose of the meeting was to explore ways in which we could support their one-stop center for abused migrant workers. During the meeting, we shared some ideas and expressed our willingness to collaborate with them on this important initiative.

Meeting with Foreign Workers' Medical Examination Monitoring Agency (FOMEMA)

The MMA had a meeting with the FOMEMA to discuss several important issues. These included the shortage of Radiologists, distinguishing between post-COVID-19 lung scarring and TB scarring, and the consideration of increasing fees for doctors. To gather input on the matter, the MMA conducted a survey among GPs and took note of their feedback. The MMA aims to deliver positive news to GPs in the near future regarding FOMEMA fees.

Meeting with Students from Monash Medical University and Newcastle Medical University

On 10/02/2023, our President had a valuable meeting with students from Monash Medical University and Newcastle Medical University. The President delivered a presentation on the topic of bullying and harassment, emphasizing the importance of distinguishing between constructive teaching and harmful bullying. The session facilitated a productive dialogue, and the MMA looks forward to having similar sessions in the future.

A round table meeting by the Association of Professors Malaysia

Our President participated in a round table meeting organized by the Association of Professors Malaysia. The purpose of the meeting was to discuss the proposed "Rang Undang Undang Kawalan Produk Merokok Demi Kesihatan Awam 2023" (Bill for the Control of Tobacco Products for Public Health 2023). During the meeting, all participating associations expressed their unanimous disagreement with the suggested removal of nicotine from the Poison Act. This shared perspective among the associations showcased a united stance on the issue.

Amendments to the Constitution and Resolutions Adopted at the Last MMA Annual General Meeting

During the 62nd MMA Annual General Meeting, several amendments to the Constitution were proposed and voted upon. Out of the 13 proposed amendments, 12 were approved, while one was not passed. The approved changes focused on areas such as Subscriptions Reduction, Life Membership Contributions, Financial Provisions, General Meeting of Branches, Formalization of Junior Doctors Network (JDN) under SCHOMOS, Disciplinary Inquiries, and Internal Dispute Resolution.

Additionally, two resolutions were presented during the meeting. One resolution was successfully passed, while the other was withdrawn before voting. The adopted resolution was as follows:

- **Resolution to Form a Committee Dedicated to Women's Health Within MMA**

Preamble - *The World Health Organization (WHO) States that "the health of women and girls is of particular concern because, in many societies, they are disadvantaged by discrimination rooted in sociocultural factors" while it differs from that of men in many unique ways.*

Women's health is also often benchmarked as an example of the health of a population, where health is defined by the WHO as "a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity". This includes the breadth of a woman's reproductive health needs, her sexual health, as well as her adolescent, maternal, child and new-born health. It would also bring into focus the maternal mortality rate (MMR) of our country; an indicator that monitors deaths related to pregnancy and childbirth. The MMR reflects the capacity of the health systems to provide effective health care in preventing and addressing the complications occurring during pregnancy and childbirth.

There are currently 22 established committees within the Malaysian Medical Association (MMA) but sadly none representing the interest of women's health as a priority. While there are individual organisations and societies that focus on women's health, we believe that it is timely for the MMA to play an active role in championing the needs to elevate the standards of care for women's health in Malaysia to be on par with the vision of the association. This is essential so as to ensure that the MMA leads this important endeavour as we evolve and adapt to be inclusive and holistic.

Resolution - *The House resolves that the Council recognises the Women's Health Committee as an official committee of the MMA.*

This committee shall comprise five (5) members - the Chairperson, and 4 representatives who may be appointed for a term of one year by the Council. The Chairperson would then be elected by members of this committee.

MMA Building Matters

Renovation of MMA Building

At the 60th MMA AGM, a resolution was passed to upgrade the MMA building with a budget of RM 1 million. The renovation process has now begun after being delayed by the pandemic. The designer for the renovation has been engaged, and the concept design has been approved by the MMA Council. However, additional tasks have been identified that need to be completed before the renovation can start which include hiring an architect to assess the concept designs and obtaining a dilapidation report to identify any structural issues. As the total renovation cost may exceed the allocated budget, the MMA Exco and Council have agreed to reassess the overall costing after receiving the dilapidation report. A new resolution will be proposed at the upcoming AGM for approval from the General Bodies. The purpose of renovating the MMA Building is to improve its efficiency, enhance safety and security, and create better living and working conditions. These improvements are crucial for increasing productivity and promoting the growth of the Association.

MMA Secretariat Matters

Corporate Rebranding within MMA

In recent years, the MMA has undergone corporate rebranding, progressively embracing a corporate work culture. The Chief Operating Officer (COO) has been empowered to handle administrative matters independently and to manage the day-to-day operations of the Association. The COO also keeps the principal office bearers updated on past initiatives and policies. The COO and her team have effectively managed the office, ensuring smooth operations. Throughout the rebranding process, we have also been working hard to improve our customer service department.

Course for the MMA Staff on “Managing Stress in the Challenging Times”



On 12/11/2022, the MMA organised a full-day course titled "Managing Stress in Challenging Times" for the MMA Staff. A certified trainer from Aim Skills Development & HR Consultant PLT led the training. The course was designed to equip staff with training programmes

to help them advance in both their personal and professional lives. At the end of the programme, all staff members received a certificate for completing the course.

Team Building Program for the MMA Staff

The MMA organized a Team Building Program for the MMA Staff on 3/12/2022 at A'Famosa Resort in Alor Gajah, Malacca. The program was attended by twenty-four members of the MMA Secretariat Staff. Mr Andy facilitated the team building program, which was separated into two sessions. For the first session, two activities were held: Forbidden Circle and Crimson River, and a telematch was held for the second session. The MMA Staff was divided into three groups of eight members each. For team-building activities, the facilitator employed several training strategies such as group discussion, brainstorming, demonstrations, developing trust, communication, and teamwork. At the end of the session, the facilitator expected the staff to be able to incorporate the team building values into the workplace routines.



“We enjoyed the team building games! It allowed us to bond, share experiences, and strengthen our teamwork in a fun environment. Thanks to all who made it special. Looking forward to more in the future!” – MMA Staff



Power Rangers Team won first place. Wakanda Team came in second place. Tiger Team came in third place. YET THEY'RE ALL WINNERS



Acknowledgements

As I come to the end of my report, I am filled with a sense of pride and gratitude for what we have accomplished as an Association over the past year. It has been a year of challenges and uncertainties, but I am pleased to say that we have emerged stronger and more resilient than ever before.

Our commitment to excellence has been unwavering, and we have continued to push the boundaries of what is possible. None of this would have been possible without the hard work and dedication of our MMA Exco and Council, Branches, Committees, Societies, Sections, Representatives to the External Organizations, all members of the Association and finally, our hardworking and dedicated MMA Secretariat. I want to take this opportunity to thank each and every one of you for your contribution to our success.

Looking ahead, we face a world of new challenges and opportunities. But I am confident that we are well positioned to meet these challenges head on, and to continue to deliver values to our members and the community.

May God always guide our steps and allow us to reach new heights in the Malaysian Medical Association. Thank you for your continued support, and I look forward to another successful year ahead.

DATUK DR THIRUNAVUKARASU RAJOO

Honorary General Secretary

15 July 2023

GENERAL INFORMATION

EXECUTIVE COMMITTEE

President

DR MURUGA RAJ A/L RAJATHURAI

Immediate Past President

DR KOH KAR CHAI

President-Elect

DR AZIZAN BINTI ABDUL AZIZ

Honorary General Secretary

DATUK DR THIRUNAVUKARASU RAJOO

Honorary General Treasurer

DR VASU PILLAI A/L LETCHUMANAN

Honorary Deputy Secretaries

DR ARVINDRAN A/L ALAGA

DR SIVANAESAN A/L LETCHUMANAN

Members

DR BALACHANDRAN A/L S KRISHNAN

MEJ (B) DR AHMAD FILZA BIN ISMAIL

REGISTERED OFFICE

4th Floor MMA House

No.124 Jalan Pahang

53000 Kuala Lumpur

BANKERS

Alliance Bank Bhd

CIMB Bank Bhd

OCBC Al-Amin Bank Bhd

United Overseas Bank (Malaysia) Bhd

AUDITOR

Raki CS Tan & Ramanan (AF: 0190)

Chartered Accountants

TAX AGENT

RTR Tax Services Sdn Bhd (891129-P)

Chartered Accountants



Honorary General Treasurer's Report

This report has been prepared in two parts, with the first being based on the reports and financial statements for the year ended 31st December 2022 and its comparison with the year 2021.

The second part will touch on the financial standing as it relates to the Council year 2022–2023.

The gross income of the year 2022 is RM 9,574,123 as compared to RM 7,199,405 of the previous year, which is a difference of RM 2,374,718. We were able to maintain our income with the 33% increase. The reason for the sustainability and slight increase is that there has been an improvement in the income from:

Commission from Professional Indemnity Insurance
Slight increase from membership subscriptions (increase of 15%)
Malaysian Medical Congress (this is a new income that started in 2021)
Increase in rental income from the two new MMA properties
MMA HQ organised the National MMA Convention and Scientific Congress for the year 2022

After deducting the expenses, including taxation, we have a net surplus of RM 2,211,387 in 2022 as compared to RM 1,723,088 in the previous year, which is a difference of RM 488,299. The

estimated tax for the year 2022 is RM 923,882. The reason for the reduction in tax for the year 2022 is that tax had been calculated in 2021 for the insurance commission for the year 2022 that was received in advance in the year 2021.

The increased spending is noticeable in:

Bereavement payment and GPA insurance (new benefits for members as per the resolution passed in the AGM)
More physical activities
Increase in donations to the MMA Foundation
National MMA Convention and Scientific Congress 2022 expenditure
Introduction of the incentive scheme for the staff
MMA Congress 2022 expenditure
Increase in building maintenance due to the purchase of new buildings
International Conference Expenditure

The benefits for members (GPA and Bereavement payments) and related expenses were necessary and had benefited many.

We have to appreciate the great effort taken by the Berita MMA Editorial Board and Medical Journal of Malaysia (MJM) committee to give net profit from their publications in 2022.

Operating expenses increased mainly due to an increase in building maintenance and the introduction of an incentive scheme for the staff.

As in previous years, the practise of proper and timely submission of substantiated claims that were paid within set timelines without any delay. There is an online claim form available on the MMA website.

Both properties in Plaza Sentral KL have been rented out. The strata title is still pending from the developer, and we have taken all appropriate legal steps to obtain it.

The concern that our income is mainly derived from the professional indemnity coverage commission has been addressed. For that, we now have substantial income from our Continuous Professional Development Activities, which are tied to our MMA Apps, as well as from our activities like the Malaysian Medical Congress (MMAC).

Of concern is also the decreasing rate of interest on our Fixed Deposits. As per the resolution passed in the AGM, we have invested in the Kenanga MoneyExtra Fund (a medium-risk investment fund), and the fund's performance is going into a loss at the moment due to the global economic setback due to the Russian-Ukraine war and pandemic effects. An Investment Committee has been formed by the council, and the investment strategies are being discussed by the committee. The investment in Kenanga MoneyExtra Fund was shifted to Kenanga SyariahExtra Fund and is being monitored closely. If poor performance continues, the fund needs to be withdrawn. The committee has also suggested investing in another fund called the Bradbury Fund, which gives better returns and capital preservation. We have invested in this fund as well. We have started receiving dividends from the fund starting in 2023.

The MMA Congress has been successfully organised for the past three years, and each year, the organising committee strives to create an even more enriching and memorable experience for all attendees. This year it was a hybrid event and was held from June 9th to June 11th, 2023. This year, we chose KLCC, which is an excellent venue and also had many good topics divided into two tracts. The support was overwhelming, and we recorded more than 200 physical delegates and 500 virtual delegates registered for this. We had good support from corporate partners and vendors as well. I would like to thank the MMA secretariat staff, including finance staff and IT officers, and my committee members for the hard work and effort rendered in organising this exciting event. Special thanks to Dr Krishna Kumaran, Co-organising Chairman for the event, who played an important role in the success of the event.

As part of improving the organisation of this event, we organised two pre-congress events:

The Basic Ultrasound Workshop 2023 (pre-congress workshop) had an overwhelming response, and it was conducted successfully as well on June 10, 2023.

On June 4, 2023, the MMA Pre-Congress Forum on 'Under or Over Regulated Primary Healthcare' was conducted virtually by PPS. There were many topics related to primary healthcare related to GPs that were discussed. Panellists consisted of officials from the Ministry of Health, the insurance industry (regarding indemnity insurance), and our Honorary General Secretary.

The process of refurbishment or renovation of the MMA building is in the process and design stages, and there are many other aspects we had to look into to obtain permission from authorities. The estimated cost may be higher than expected, and this needs to be presented again to the AGM for approval.

We are still facing difficulty finding tenants for the 1st floor, which has been vacant for more than 4 years.

To facilitate the proper submission of accounts by the 14 MMA Branches, cloud accounting has been implemented. This is important as the MMA HQ Finance Team needs to ensure that our Tax Consultants receive properly audited accounts to prepare us for the income tax submission. I am grateful to all the branches for their efforts to submit their audited accounts within the stipulated time frame.

DR VASU PILLAI LETCHUMANAN
Honorary General Treasurer

Another challenging Council term of 2022–2023 is underway, and with more physical activities being organised, expenses are on the rise again. MMA, with the close watch of Exco and Council, will be prudent in its spending while at the same time increasing its income from new activities and also looking out for new sources of revenue to sustain the activities of this association. With all the steps put in place and being practised, I am sure that it will continue to improve.

An appreciation goes out to the very able and efficient finance team of MMA, who ensured that all account-related issues were well managed.

ACTION ON SMOKING AND HEALTH COMMITTEE

COMMITTEE MEMBERS

1. DR MURALLITHARAN MUNISAMY - **Chairman**
2. PROF DATUK DR LEKHRAJ RAMPAL S/O GYANCHAND RAMPAL - **Advisor**
3. DR TAKDIR SINGH RIAR
4. DR DARSHINIA BALLASINGAM
5. ASSOC PROF DR MOHD HASNI BIN JAAFAR

MMA Secretariat: Ms Syema Saidu

ACTIVITIES FOR THE YEAR

i. Committee Meetings

The Action on Smoking and Health (ASH) Committee held four meetings. Three meetings were held physically on 10/11/2022, 9/12/2022 and 27/1/2023. The fourth meeting was held virtually on 26/4/2023.

ii. Series of Webinars

The ASH Committee also organized a series of webinars on various topics related to smoking and health. These webinars aimed to raise awareness, disseminate knowledge, and promote discussions on important issues surrounding smoking cessation, tobacco control policies and the impact of smoking on public health.

NO	EVENTS	SPEAKERS	DATE
1	Towards a No Smoking Generation - Tobacco End Game: "Smoking and Its Effects During Pregnancy"	<ul style="list-style-type: none"> • Dr Nurfarehar Ramly • Dr David Chan Chee Hoong • Prof Datuk Dr Lekhraj Rampal • Dr Dahlia Abdul Malik 	19/1/ 2023
2	Towards a No Smoking Generation - Tobacco End Game: "Smoking and Its Effects to Our Respiratory System, Ear, Nose and Throat"	<ul style="list-style-type: none"> • Dr Saraspathy Nachimuthu • Dr Mangayarkarasi N Ramanathan • Prof Datuk Dr Lekhraj Rampal 	15/2/2023
3	Harms of Harm Reduction Series 1 The False Narrative of Harm Reduction	<ul style="list-style-type: none"> • Dr Murallitharan Munisamy • Dr Noraryana Hassan 	17/4/2023
4	Harms of Harm Reduction Series 2 Harm Reduction and Harms it Causes	<ul style="list-style-type: none"> • Dr Murallitharan Munisamy • Dr Norliana Binti Ismail 	19/4/2023
5	Harms of Harm Reduction Series 3 Vaping: The New Harm	<ul style="list-style-type: none"> • Dr Murallitharan Munisamy • Prof Datuk Dr Lekhraj Rampal 	20/4/2023
6	Harms of Harm Reduction in Tobacco Control Perspectives in Harm Reduction: Initiation vs Reduction	<ul style="list-style-type: none"> • Dr Murallitharan Munisamy • Dr Noraryana Hassan 	2/5/2023
7	Harms of Harm Reduction in Tobacco Control Myths in Harm Reduction: Sources of Misinformation	<ul style="list-style-type: none"> • Dr Murallitharan Munisamy • Dr Norliana Binti Ismail 	5/5/2023
8	Harms of Harm Reduction in Tobacco Control	<ul style="list-style-type: none"> • Dr Murallitharan Munisamy • Ms Chan Wan Thung 	15/5/2023

Piercing the Veil: Communication Strategies in Dispelling Harm Reduction Myths			
9	Harms of Harm Reduction in Tobacco Control Harm Reduction: A Societal Perspective	<ul style="list-style-type: none"> • Dr Murallitharan Munisamy • Dr Noraryana Hassan 	16/5/2023
10	Harms of Harm Reduction in Tobacco Control The Rocky Road Ahead: Challenges from Harm Reduction to a Tobacco-Free Generation	<ul style="list-style-type: none"> • Dr Murallitharan Munisamy • Dr Norliana Binti Ismail 	26/5/2023
11	Innovation in Smoking Cessation	<ul style="list-style-type: none"> • Dr Takdir Singh Riar 	29/5/2023

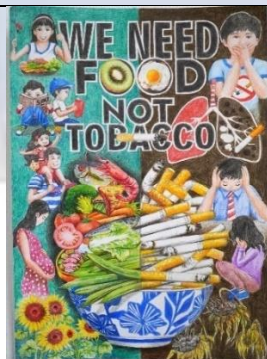
iii. Physical Workshop/Seminar

- "Taklimat Garis Panduan Notifikasi Penyakit Berkaitan Penggunaan Rokok Elektronik" a collaboration with KKM was held in KKM, Putrajaya on 11/3/2023.
- A seminar on "Harms on Harm Reduction of Tobacco Control" on 25/5/2023 at Dewan Yayasan Ipoh, Perak.
- A forum titled "Menuju Ke Arah Generasi Tanpa Tembakau: Cabaran Yang Bakal Dihadapi" held on 31/5/2023 at Dewan Hang Tuah, Malacca, in conjunction with World No Tobacco Day 2023.

iv. National Art Competition 2023

The MMA ASH Committee organised the National Art Competition in collaboration with the Ministry of Health, Ministry of Education, National Cancer Society of Malaysia, Malaysian Council for Tobacco Control, MMA Public Health Society, and NCD Malaysia, MOH. The poster drawing competition themed 'We Need Food, Not Tobacco - Ke Arah Generasi Tanpa Merokok' opened for participation on 9/2/2023 in three categories, namely Primary Schools, Secondary Schools, and University/College/Public Category, with first prizes of RM 750, RM 1,000, and RM 2,000 respectively. The deadline for submissions was 30/4/2023.

Artworks of the Winners for National Art Competition

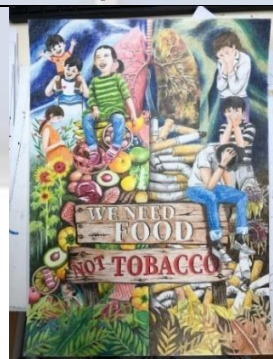


Primary School Category

1st Prize

Setor Zi Cheng

SJKC Shang Wu, Pulau Pinang



Secondary School Category

1st Prize

Setor Ying Er

SMJK Perempuan China, Pulau Pinang



Public Category

1st Prize

Aiman Hakim Bin Rahman

The poster competition judging session was held on 13/5/2023, at the MMA HQ. The following people were on the judging panel:

- Prof Datuk Dr Lekhraj Rampal

- ii. Mr Peter Liew
- iii. Mr Zulkefli Talha
- iv. Ms Christina Chan
- v. Ms Elly Nor Suria
- vi. Ms Rabia'tul Adawiyah
- vii. Ms Tham Siew Moi

The competition entered the Malaysia Book of Records for the Most Anti-Smoking Poster Drawings with 24,248 entries. The certificate was presented at the Malaysia Book of Records Office in Kuala Lumpur on 23/5/2023.



Judging Session - National Art Competition

Certificate presented at Malaysia Book of Records Office



v. World No Tobacco Day 2023

The prize-giving ceremony for the National Art Competition was held in conjunction with World No Tobacco Day at Dewan Hang Tuah, Malacca on 31/3/2023, attended by approximately 500 people; VIP guests, teachers, students and parents and officiated by Deputy Minister of Health, YB Tuan Lukanisman Awang Sauni.



During the event, a book on "The Harms of Harm Reduction in Tobacco Control" was jointly launched by MMA, National Cancer Society of Malaysia, Ministry of Health and Malaysian Council for Tobacco Control.



**Dr
Murallitharan
Munisamy
Chairman**

ADOLESCENT HEALTH COMMITTEE

COMMITTEE MEMBERS

1. DR KASTURI K. I. MANIAM NAIR - **Chairperson**
2. DR THIYAGAR S/O NADARAJAW
3. DR POONGKODI NAGAPPAN
4. DR QUAH SOONG YUEN
5. DR RAVIVARMA RAO A/L PANIRSELVAM

MMA Secretariat: Ms Nursalimi (Initial),
Ms Muthulethchumi (Took over since 27/3/2023)

The MMA Adolescent Health Committee 2022–2023 held its 1st MMA Adolescent Health Committee meeting on 1/12/2022. The meeting, which was held virtually, had the committee members discuss the proposed activities during the said term in order to achieve the committee’s objectives to disseminate knowledge, familiarise current and future healthcare providers in the field of adolescent medicine, and highlight common health issues among adolescents.

The committee organised the "Adolescent Health Seminar 2023" in collaboration with Universiti Tunku Abdul Rahman (UTAR) on 20/5/2023. This seminar, which was held at Lecture Theatre 4, KB Block, UTAR Sungai Long Campus, had a total attendance of 39 UTAR undergraduate medical students. The lectures were delivered by both UTAR’s very own clinical assistant professor in Obstetrics and Gynaecology as well as some of our committee members. The role-playing session, which was presented by the committee

members to the audience, received a good reception. The half-day seminar concluded with a forum discussion by all the MMA Adolescent Health Committee members.



ADOLESCENT HEALTH WEBINAR 2023
29TH JULY 2023

Speakers:
 DR DIVYANGANA VARIK, DR RAVIVARMA RAO PANIRSELVAM, DR POONKODI NAGAPPAN, DR QUAH SOONG YUEN

Topics:
 1.30pm - 2.00pm: Participant's login
 2.00pm - 2.30pm: Welcome Speech by Dr Kasturi K. I. Maniam Nair, Chairperson, MMA Adolescent Health Committee
 2.30pm - 3.00pm: Contraception: Assistant Professor Dr Divyngana Varik, Consultant Obstetrician & Gynaecologist, Universiti Tunku Abdul Rahman
 3.00pm - 3.50pm: Consent: Dr Ravivarma Rao Panirselvam, Paediatric Hospital Hill
 3.50pm - 4.40pm: Sexually Transmitted Infections - Detection and treatment: Dr Poongodi Nagappan, Consultant Urologist, Department of Urology Hospital Kuala Lumpur
 4.40pm - 8.30pm: Adolescents problems of External Cervix: Dr Quah Soong Yuen, Paediatric Surgeon, Subang Jaya Medical Centre
 8.30pm - 8.35pm: Closing Remarks
 • Scanning QR code for chat rooms

LIVE WEBINAR

Adolescent Health Webinar 2023 Flyer

Dr Kasturi K. I. Maniam Nair
Chairperson



Adolescent Health Seminar
Organized by Adolescent Health Committee, Malaysian Medical Association (MMA) in collaboration with Universiti Tunku Abdul Rahman (UTAR) on Saturday, 20th May 2023, 8.30am - 12:00noon. Venue: KB 104, University Tunku Abdul Rahman (Sungai Long Campus)

Time	Topic	Speaker
8.30am - 8.35am	Registration	
8.35am - 8.40am	Opening Remarks	Dr. Kasturi K. I. Maniam Nair
8.40am - 9.05am	Psychological Screening: Setting into the HEBEAGOS of adolescents	Dr. Thiyagar Nadarajaw
9.05am - 9.30pm	From Pitying HEEDGOS	MMA team with students
9.30pm - 10.05am	Free Break	
10.05am - 10.45am	Navigating Troubled Waters: Approaching a Young Person in Crisis	Dr. Ravivarma Rao Panirselvam
10.45am - 11.35am	teenage Pregnancy and Contraception: The science and the controversy	Assistant Professor Dr Divyngana Varik
11.35am - 11.55am	Role-play Scenario	Dr. Kasturi K. I. Maniam Nair
11.55am - 12.00noon	Moderator: A UTAR Student Facilitator: Seminar in Teams	Dr. Quah Soong Yuen Dr. Poongodi Nagappan Dr. Ravivarma Rao Panirselvam Dr. Thiyagar Nadarajaw
12.00noon	Closing Remarks by Dr. Kasturi K. I. Maniam Nair	

Speakers:
 Dr. Divyngana Varik: Assistant Professor, Consultant Obstetrician & Gynaecologist, Universiti Tunku Abdul Rahman
 Dr. Kasturi K. I. Maniam Nair: Director, Group Clinical Services, Thomson Hospital, Chairman, MMA Adolescent Health Committee, 2022/2023
 Dr. Quah Soong Yuen: Paediatric Surgeon, Subang Jaya Medical Centre, Subang Jaya
 Dr. Poongodi Nagappan: Consultant Urologist, Department of Urology, Hospital Kuala Lumpur
 Dr. Ravivarma Rao Panirselvam: Paediatrician, Hospital Hill
 Dr. Thiyagar Nadarajaw: Paediatrician & Adolescent Medicine Specialist, Hospital Universiti Kebangsaan

Kindly scan the QR Code to Register now.

Adolescent Health Seminar 2023 Flyer



Forum Discussion by Committee Members

The committee also plans to conduct the "Adolescent Health Webinar 2023" on 29/7/2023. This virtual event would be open to all healthcare providers, with general practitioners being the main target group. A diverse mix of speakers from multiple specialties, namely Paediatric Surgery, Psychiatry, Obstetrics & Gynaecology and Urology have been lined up for this half-day session with the aim of having them share their knowledge with the attendees.

BERITA MMA EDITORIAL BOARD

COMMITTEE MEMBERS

1. DR ASHOK ZACHARIAH PHILIP - **Editor**
2. DR HO JIM HUANG, EDWIN
3. DR SARAH-JANE KHONG
4. DR PUNITHAVATHY SHANMUGANATHAN
5. LT KOL DR EUGENE TAN CHOON LI
6. DR AW TSUNG WAI
7. DATUK DR THIRUNAVUKARASU A/L RAJOO - **Ex-Officio**

MMA Secretariat: Ms Nurul Zulaikha

The Berita MMA Editorial Board meets every month to deliberate on matters of publication before the issue is approved to go for printing. For the term 2022/2023, the Berita MMA Editorial Board has had nine meetings in total (September 2022 till May 2023).

In the present global economic climate, I am pleased to say that we have managed to keep the cost of production at a reasonable level. We are still trying our level best to strike a balance between the pressure to cut the cost of production of BMMA and having a more streamlined and informative newsletter. Production costs will inevitably rise, yet I am confident that we will be able to mitigate any increases that occur. The Editorial Board is also looking at innovative ways to increase interest in our newsletter. For the present, I am pleased to report that the Berita operates at a modest profit.

It is the EB's fervent hope that our members will continue to contribute articles to BMMA. The Editorial Board of Berita MMA would like to place on record its appreciation and gratitude to the President of MMA, MMA Exco, the MMA Council, and all MMA members and staff for their strong support.

I would also like to take this opportunity to thank the Editorial Board members and VersaComm for their continuous commitment and support in improving the overall quality of our association's iconic newsletter.

Last but not least, thank you to Ms Zulaikha for efficiently and diligently supporting the administrative matters of Berita MMA.

Stay safe and Happy reading!

Dr Ashok Zachariah Philip
Editor



Editorial Board Meeting for February Issue



Editorial Board Meeting for March Issue

COMMITTEE FOR THE HEALTH OF THE OLDER PERSON

COMMITTEE MEMBERS

1. DATIN DR JAYANTHI KRISHNAN - **Chairperson**
2. PROF DATO' DR ABDUL RASHID KHAN MD JAGAR DIN
3. DR GUNASAGARAN A/L N. RAMANATHAN
4. DR R ELANGO VAN RADA KRISHNAN
5. DR SARAVANAN A/L A SANTHIRARAJAN
6. PROF DR JOHN TILAGACHANDRAN AROKIASAMY
7. DR SALLY SURIANI AHIP
8. DR LOH YUNN HUA
9. DATUK DR TEOH SIANG CHIN

MMA Secretariat: Ms Muthulethumi

ACTIVITIES

- i. The MMA Committee for the Health of the Older Person (HOP) conducted one committee meeting for this term.
- ii. On 20/8/2022, the Committee hosted a half-day virtual webinar talk, which 451 participants attended via the Zoom platform. There were four external speakers who spoke on the following topics:
 - a. Dr Kanmani Devi Ganison, Department of Neurosurgery, Kuala Lumpur Hospital – Topic: Common Neurological Problems in the Elderly.
 - b. Dr Hardip Singh Gendeh, Otorhinolaryngologist, Head and Neck Surgeon, and Lecturer at the University Kebangsaan Malaysia Medical Centre (UKMMC) in Kuala Lumpur – Topic: Common ENT Problems in the Elderly.
 - c. Associate Professor Dr Jamali Wagiman, Consultant Obstetrics and Gynaecology, Faculty of Medicine and Health Sciences, UCSI University Port Dickson, Negeri Sembilan – Topic: Gynaecological Perspective of Older Person.
 - d. Dr Cecilia Chan Woen Min, Researcher, Gerontologist, Dementia Advocate & Activist – Topic: A Time to Reimagine Dementia.

We received positive feedback from the participants, who were generally pleased with the topics.
- iii. The Committee plans to work with the Right to Health Committee to conduct an Orang Asli Medical Camp on 15/7/2023 at Rompin, Pahang.
- iv. An upcoming activity is a half-day Webinar scheduled for August 2023.

Datin Dr Jayanthi Krishnan
Chairperson

COMMITTEE ON INTEGRATIVE MEDICINE

COMMITTEE MEMBERS

1. DR ANIL KUMAR KUKREJA - **Chairman**
2. DR ANGELI QUAH AUN CHYI
3. DR CHOONG WAI KWONG, ALSTON
4. ASSOC PROF DR SIM SZE KIAT
5. DR LEEYNESH SOORIYAPIRAGASAM
6. DR DEVANANDHINI KRISNAN
7. DR MUHAMMAD SHUKRI BIN SAID
8. DR BALACHANDRAN A/L S KRISHNAN

MMA Secretariat: Ms Syema Saidu

ACTIVITIES FOR THE YEAR

- Meetings** - As of May 2023, we have had four (4) Zoom meetings. The meetings discussed plans for the next seminar targeted to be held on 19/8/2023 in Kuala Lumpur.
- TNcM Survey Among GPs In Malaysia** - A Google Survey Form was designed and circulated to all GPs in the hope of getting feedback on the use of complementary or traditional forms of medicine practised by our GPs, if any. A total of 38 responses were received, which is not very encouraging but a good start.
- Seminar** - Our next seminar is scheduled to be held on 19/8/2023.

I take this opportunity to thank all my members for their constructive ideas and suggestions. A special thanks to Ms Syema, the secretariat in charge of our committee.

Dr Anil Kumar Kukreja
Chairman

COMPUTER TECHNICAL COMMITTEE

COMMITTEE MEMBERS

1. DR ALAN TEH KEE HEAN - **Chairman**
2. DR MOHAMED NAMAZIE IBRAHIM
3. DR RAVINDRAN R NAIDU
4. DR VASU PILLAI A/L LETCHUMANAN
5. DR ASHOK ZACHARIAH PHILIP
6. DR KRISHNA KUMARAN A/L A RAMASAMY
7. DR SURESHAN SIDDHARTHA SIVANANTHAN
8. DATUK DR THIRUNAVUKARASU A/L RAJOO - **Ex-Officio**

MMA Secretariat: Mr Danapal, Mr Vickneshwar

INTRODUCTION

This report provides an overview of the activities and accomplishments of the Computer Technical Committee for the year 2022/2023. The committee has focused on ongoing projects, system improvements, and user experience enhancements to support the MMA community.

COMPLETED PROJECT

We are pleased to announce the successful completion of the MMA Election Voting platform on the MMA Mobile Apps. The project was delivered on time and within the allocated budget, enabling members to vote electronically. This improved the efficiency of the election process and reduced costs associated with traditional voting methods.

ONGOING PROJECTS

The committee has been actively involved in improving the flow of the MMA Society System, MPS system, and online courses. Several areas requiring enhancement have been identified, and efforts are being made to make the systems more user-friendly and streamlined. These ongoing projects aim to enhance the user experience and optimize system performance.

The SMMAMS system, which is currently live on the MMA APPS, is also being enhanced to provide users with better features and functionality. The committee continues to collaborate with the development team to ensure the system meets the evolving needs of the MMA community.

UPCOMING PROJECTS

The technical team is currently focused on developing the voting platform on the MMA App for state elections. The committee is actively engaged in planning and implementing the necessary features and functionalities to ensure a smooth voting experience.

USER INTERFACE

Recognizing the significance of a user-friendly interface, the committee has prioritized efforts to make the interfaces of various systems more intuitive and user-friendly. Quality-of-life changes and refinements have been implemented to enhance the overall user experience. The committee remains dedicated to continuously improving the usability and accessibility of the MMA systems and platforms.

The most asked for upgrade to solve a pain point for users is the ability to scan QR codes saved on one's device. This is to overcome the problem faced by users who are watching CPD live streams on their mobile and who previously could not scan the presented QR code to claim points. They now can

perform a screenshot and scan from the saved image by selecting the scan from Album option in the MMA App.

CONCLUSION

The Computer Technical Committee has made notable progress in ongoing projects, successfully completed one project, and initiated a new project. The committee's efforts have focused on delivering user-friendly, efficient systems that cater to the needs of the MMA community. We extend our appreciation to all committee members for their valuable contributions, as well as the IT support team for their dedication and hard work.

Dr Alan Teh Kee Hean
Chairman



CONSTITUTION & RESOLUTIONS REVIEW COMMITTEE

COMMITTEE MEMBERS

1. DR ASHOK ZACHARIAH PHILIP - **Chairman**
2. DR EDWIN LEO SUPPIAH
3. DR MOHAMED NAMAZIE IBRAHIM
4. DR RAVI VENKATACHALAM
5. DR GAYATHRI A/P K KUMARASURIAR

MMA Secretariat: Ms Nur Atikah

The Constitution & Resolutions Review (CRR) Committee has reviewed the MMA Constitution as amended at the last AGM. The necessary amendments will be submitted at the upcoming Annual General Meeting (AGM) in September, for consideration by the House.

The deadline for submitting resolutions to amend the Constitution and other resolutions for this year is 12/07/2022. Following this deadline, the CRR Committee will convene a meeting to discuss all proposed amendments and resolutions to be presented at the 63rd MMA AGM.

Dr Ashok Zachariah Philip
Chairman

CONTINUING PROFESSIONAL DEVELOPMENT (CPD) COMMITTEE

COMMITTEE MEMBERS

1. DR RAVINDRAN R NAIDU - **Chairman**
2. DR HOOI LAI NGOH
3. DR LIEW BOON SENG
4. DR EDWIN LEO SUPPIAH
5. PROF DR HARINARAYAN S/O RADHAKRISHNA
6. DR ASHOK ZACHARIAH PHILIP
7. DR VASU PILLAI A/L LETCHUMANAN
8. LT KOL DR EUGENE TAN CHOON LI
9. DR JULIET MATHEW
10. DR MOHAMAD RIFAIE BIN MOHD RAMLI
11. DR MURUGA RAJ A/L RAJATHURAI - **Ex-Officio**

MMA Secretariat: Ms Natasha, Ms Ayu, Ms Idarita

INTRODUCTION

From 2020 to 2023, the MMA organized numerous webinars, e-learning platforms, and physical CPD events. Approximately 3,420 webinars, 292 online modules, and 41,782 physical events were held. 620 approved CPD providers submitted these events for accreditation. Most services by the MMA are free for members and non-members. Starting from 1/2/2023, COVID-19-related events such as invitations to vaccination centers (PPV), COVID-19 Assessment Centers (CAC), PKRC, etc., will no longer be eligible for CPD points due to a rise in daily CPD activities coordination. The Malaysian Medical Council (MMC) only accepted these submissions during the Movement Control Order (MCO).

CPD MOBILE APPLICATION

As of 30/4/2023, the total number of MMA Mobile Application (MMA Mobile App) users were 66,429. The MMA Mobile App is linked with the Ministry of Health's MyCPD system. MMA is still in discussion with the Academy of Medicine (AMM) to link the MMA CPD System with the AMM CPD system.

CURRENT ISSUES

Doctors and CPD providers are familiarising themselves with the system, and CPD providers must submit their application for accreditation in advance. This is done to ensure that all participants are aware of the CPD activities, and the points allocated. All providers must submit events for approval at least 30 days before the CPD activity. The MMA CPD system received 85,603 event applications for review from 1/7/2017 to 30/4/2023. Out of these, 18,556 applications were forwarded to the MMC CPD Committee for non-compliance with grading schedules and guidelines.

THE MMA-CPD COMMITTEE MEETINGS

07/1/2023	-	1st MMA CPD Committee Meeting 2022/2023
13/5/2023	-	2nd MMA CPD Committee Meeting 2022/2023

THE MEETINGS ON CPD SPECIAL COURSE FOR APC 2023

The MMA appealed to the MMC to allow doctors with insufficient CPD points to renew their APC. In response, the MMC requested the MMA to organize a special course exclusively for those who did not meet the 20 CPD points requirement for APC renewal in 2023. The MMA organized the course as a Corporate Social Responsibility (CSR) initiative, offering them free of charge to the registered medical practitioners.

The Special Course took place in two batches, from 21/2/2023 to 27/2/2023 and from 28/3/2023 to 30/3/2023. The MMA held three virtual meetings to discuss the organization of the Special Course, attended by Datuk Dr Thirunavukarasu Rajoo, Dr Ravindran Naidu, Dr Sivanesan, Ms Iza (MMA Secretariat), and Ms Natasha (MMA Secretariat). The first meeting was on 27/1/2023, the second on 2/2/2023, and the third on 13/2/2023.

JAWATANKUASA PENGURUSAN MMC/CPD

Dr Ravindran Naidu and Dr Hooi Lai Ngoh were appointed to the JK Pengurusan MMC/CPD of the MMC on the recommendation of the MMA Exco/ Council, effective 22/3/2022 to 21/3/2024. All meetings were attended virtually as follows:

- i. **Mesyuarat Jawatankuasa Pengurusan MMC CPD Bil.6/2022 on 14/6/2022**
Attended by: Dr Ravindran Naidu, Dr Hooi Lai Ngoh, and Ms Natasha (MMA CPD Secretariat)
- ii. **Mesyuarat Jawatankuasa Pengurusan MMC CPD Bil.7/2022 on 12/7/2022**
Attended by: Dr Ravindran Naidu, Dr Hooi Lai Ngoh, and Ms Natasha (MMA CPD Secretariat)
- iii. **Mesyuarat Jawatankuasa Pengurusan MMC CPD Bil.8/2022 on 9/8/2022**
Attended by: Dr Ravindran Naidu, Dr Hooi Lai Ngoh, and Ms Natasha (MMA CPD Secretariat)
- iv. **Mesyuarat Jawatankuasa Pengurusan MMC CPD Bil.9/2022 on 13/9/2022**
Attended by: Dr Ravindran Naidu, Dr Hooi Lai Ngoh, and Ms Natasha (MMA CPD Secretariat)
- v. **Mesyuarat Jawatankuasa Pengurusan MMC CPD Bil.10/2022 on 11/10/2022**
Attended by: Dr Ravindran Naidu, Dr Hooi Lai Ngoh, and Ms Natasha (MMA CPD Secretariat)
- vi. **Mesyuarat Jawatankuasa Pengurusan MMC CPD Bil.11/2022 on 8/11/2022**
Attended by: Dr Ravindran Naidu, Dr Hooi Lai Ngoh, and Ms Natasha (MMA CPD Secretariat)
- vii. **Mesyuarat Jawatankuasa Pengurusan MMC CPD Bil.12/2022 on 13/12/2022**
Attended by: Dr Ravindran Naidu, Dr Hooi Lai Ngoh, and Ms Natasha (MMA CPD Secretariat)
- viii. **Mesyuarat Jawatankuasa Pengurusan MMC CPD Bil.1/2023 on 10/1/2023**
Attended by: Dr Ravindran Naidu, Dr Hooi Lai Ngoh, and Ms Natasha (MMA CPD Secretariat)
- ix. **Mesyuarat JK Pengurusan MMC-CPD (Rayuan 2023 APC) on 13/1/2023**
Attended by: Dr Ravindran Naidu, Dr Hooi Lai Ngoh, and Ms Natasha (MMA CPD Secretariat)
- x. **Mesyuarat Jawatankuasa Pengurusan MMC-CPD Bil.02/2023 on 14/2/2023**
Attended by: Dr Ravindran Naidu, Dr Hooi Lai Ngoh, and Ms Natasha (MMA CPD Secretariat)
- xi. **Mesyuarat Jawatankuasa Pengurusan MMC-CPD Bil.03/2023 on 14/3/2023**
Attended by: Dr Ravindran Naidu, Dr Hooi Lai Ngoh, and Ms Natasha (MMA CPD Secretariat)
- xii. **Mesyuarat Jawatankuasa Pengurusan MMC-CPD Bil.04/2023 on 11/4/2023**
Attended by: Dr Ravindran Naidu, Dr Hooi Lai Ngoh, and Ms Natasha (MMA CPD Secretariat)
- xiii. **Mesyuarat Jawatankuasa Pengurusan MMC-CPD Bil.05/2023 on 9/5/2023**
Attended by: Dr Ravindran Naidu, Dr Hooi Lai Ngoh, and Ms Ayu (MMA CPD Secretariat)

CPD POINTS ACCUMULATION

The enforcement of the Medical (Amendment) Act 2012 and Medical Regulations 2017 Section 28 (b) by the MMC obligates the application for the renewal of the Annual Practising Certificate (APC) to be accompanied by evidence of having attained 20 CPD points annually from 1/7/2022 until 30/6/2023 (referred to as CPD Cycle) to be eligible to apply for APC 2024. This should be accompanied by indemnity cover.

Medical practitioners must collect CPD points from any one of the following CPD Administrators approved by the MMC Council:

- i. MyCPD - Ministry of Health System; or
- ii. Malaysian Medical Association (MMA) – for Specialists and Non-Specialists
- iii. Academy of Medicine Malaysia (AMM) – Specialists only

The compiled CPD points will be used to apply for the APC issued by the MMC. It is the responsibility of registered medical practitioners to submit evidence of the required 20 CPD points to the Malaysian Medical Council Secretariat for their APC application.

MALAYSIAN MEDICAL COUNCIL CONTINUOUS PROFESSIONAL DEVELOPMENT (MMC-CPD) GRADING SYSTEM

The MMC-CPD Grading Schedule for CPD points was approved at the MMC Meeting on 21/4/2015 and revised in May 2016. The CPD points were awarded under 9 categories (A1 to A9) then. It underwent further revision on 4/4/2018 and was endorsed by the MMC Council on 17/4/2018. Effective from 1/7/2020, the MMC CPD Committee revised the grading schedule to 8 categories (A1 - A8), aligning with the transition from Continuing Medical Education (CME) to Continuous Professional Development (CPD) for registered medical practitioners.

The MMC-CPD Grading System

Category	CPD Activity Description		Credit Points
A1	Scientific Meetings/Congress		
	a.	Half day (2-4 hours)	4 points
	b.	Full day (5-8 hours)	8 points
	c.	2 full days	16 points
	d.	3 or more full days	20 points (max)
A2	Workshops/Courses/Skill Courses including ATLS/CCrISP/CPR/ACLS/ALS/PALS/NRP/MTLS		
	a.	Half day (2-4 hours)	4 points
	b.	Full day (5-8 hours)	8 points
	c.	2 full days	16 points
	d.	3 or more full days	20 points (max)
A3	Work-based Learning		
	a.	Hospital/department CME	1 point/hr
	b.	Small group discussion/case conference	1 point/hr
	c.	Participation in inter-department clinical meeting / epidemiological review	1 point/hr
	d.	Journal club meeting	1 point/hr
	e.	Formal grand ward round	1 point/hr
	f.	External CME lecture/ topic seminar	1 point/hr
	g.	Short courses/attachment >1 – 3 months	10 points
	h.	Short courses/attachment >3 - 6 months	20 points
	i.	Short courses/attachment >6 months - 1 year	30 points
A4	Quality Improvement Activities		
	a.	Morbidity and mortality reviews	1 point/hr
	b.	Audit meetings	1 point/hr
	c.	Participation in accreditation exercise	1 point/hr
	d.	Participation in quality assurance (QA) activities	1 point/hr
A5	Scholarly Activities/Training/Presentation		
	a.	Organising chairperson for a recognised Scientific meeting or workshop	5 points
	b.	Examiner at final undergraduate/postgraduate examination	5 points
	c.	Trainer/facilitator at a workshop	5 points
	d.	Plenary /keynote lecture	5 points
	e.	Presentation of lectures/oral/papers/posters at scientific meetings	5 points
	f.	Presentation at hospital/departmental meetings and external lecture/topic seminar	5 points

A6	Scholarly Activities/Research/Publication		
	a.	Principal/Co-Investigator in a clinical trial/research	5 points
	b.	Obtained a research grant	5 points
	c.	Author of an indexed/peer reviewed journal article	5 points
	d.	Author of a non-indexed/non-peer reviewed journal article	5 points
	e.	Author of a textbook/book chapter	5 points
	f.	Chief Editor of a Journal Editorial Board	5 points
	g.	Member of a Journal Editorial Board	5 points
	h.	Reviewer of a peer reviewed journal article	5 points
	i.	Reviewer of a textbook	5 points
	j.	Supervisor for postgraduate research project	5 points
	k.	Reviewer/examiner of research thesis	5 points
	l.	Preparation of reports/member of reports committee e.g. technical reports, working papers, guidelines	5 points
	m.	Member of clinical guidelines/consensus guidelines (national/international)	5 points
A7	Self-directed Learning		
	a.	Online CME modules	1 point/module
	b.	Self-study (Relevant books, publications, Journal articles, podcasts etc.)	1 point/module
	c.	External lecture/ topic seminar	1 point/hr
A8	Professional Development		
	a.	Leadership role in medical societies /NGOs	5 points
	b.	Self-development courses e.g. IT courses, business management, administrative skills, leadership skills	5 points
	c.	Risk management courses e.g. communications, ethics, medico-legal, patient safety	5 points
	d.	Participation in community activities	5 points
	e.	Participation in innovation projects	5 points
	f.	Public lectures/talks, lectures/talks to NGO/radio/TV	5 points

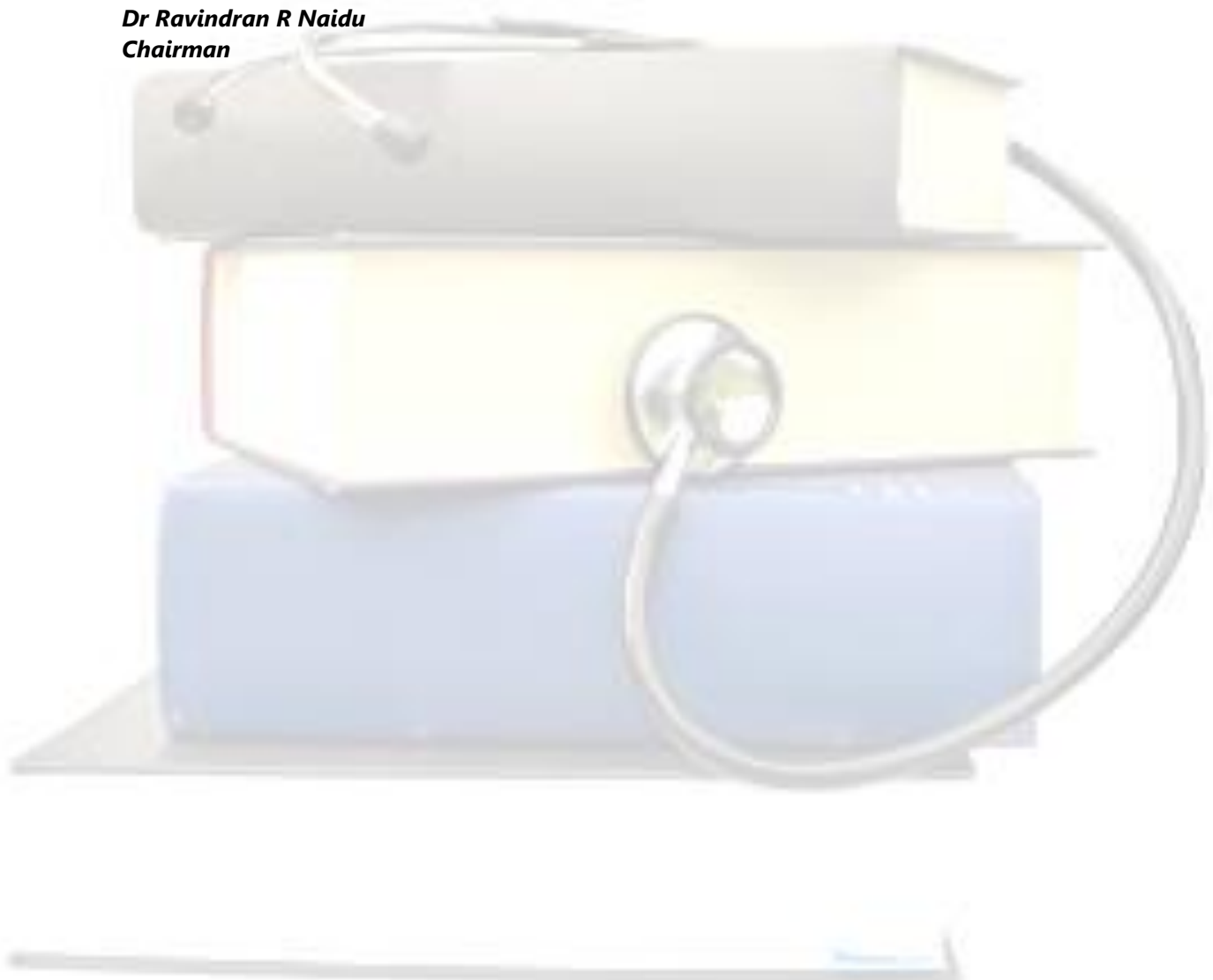
THE BRANCH CPD CHAIRPERSONS / CO-ORDINATORS

1. Dato Dr Yap Ceong Cur, **Johor**
2. Dr Annuar Husainy Hussein, **Kedah**
3. Dr Wan Nor Aina Ar-Mardiyah, **Kelantan**
4. Dr Soh Yih Harn, **Melaka**
5. Dr Andrew Solamadan, **Negeri Sembilan**
6. Dr Yip Kam Hoo, **Pahang**
7. Dr SP Palaniappan, **Penang**
8. Dr Satkunan Mark A/L Gnanapathy, **Perak**
9. Dr Vinayakam A/L Perumal, **Perlis**
10. Dr Freddie Robinson, **Sabah**
11. Dr Soon Su Yang, **Sarawak**
12. Dr N Chanthiran, **Selangor**
13. Dato' Dr Syed Mohammad Salleh, **Terengganu**
14. Dr S Selvarajah Sathaya, **Wilayah Persekutuan**

CONCLUSION

At this point, I would like to thank my MMA CPD Committee for sacrificing so much of their valuable time, effort, and expertise to review each event for approval. This, I must tell, is not an easy task. Thank you very much, my dear committee members; your efforts are truly appreciated. I would like to take this opportunity to thank the MMA Exco, Council, Branch CPD Chairpersons, MMC Council & MMC CPD Committee, all CPD Administrators and Providers for their tireless contributions and organising CPD activities for Registered Medical Practitioners to fulfil the requirement of accruing CPD points for their APC renewal. I must express my appreciation to my dedicated CPD staff, Ms Natasha, Ms Ayu, and Ms Ida, who have ensured that all CPD application requests have been submitted for processing on time, despite doctors verbally abusing them, they have been responsible for the program's success.

Dr Ravindran R Naidu
Chairman



CPR COMMITTEE

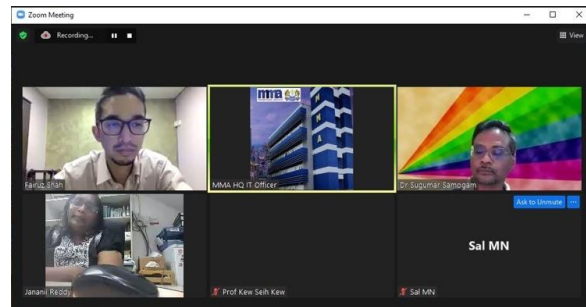
COMMITTEE MEMBERS

1. DR SUGUMAR A/L SAMOGAM - **Chairman**
2. DR THEYVEEKA SELVY A/P RAJOO @ BALUSAMY RADIA
3. DR RAVI VENKATACHALAM
4. DR MUHAMMAD FAIRUZ SHAH B ABD KARIM
5. DR NASEEHA UBAIDI BINTI HISHAMUDIN
6. DR YEO SIEW KIM
7. DR ANBALAGAN A/L KAILASAN
8. PROF DR KEW SEIH TECK

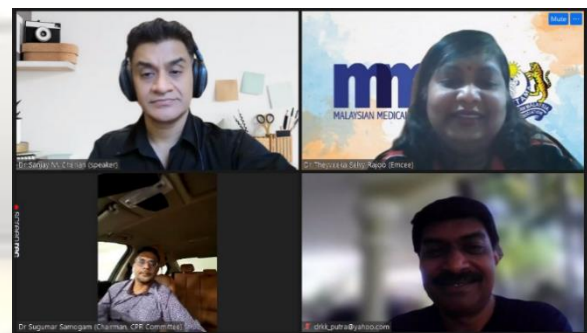
MMA Secretariat: Mr Andrew Lu

COMMITTEE MEETING

MMA CPR Committee had a virtual committee meeting on 14/1/2023.



Picture: Virtual Committee Meeting via Zoom



Picture: Webinar on 26/2/2023

ACTIVITIES

- i. MMA Sabah Branch organized Basic Life Support (BLS) Training for the 12th Sabah MMA Primary Care Pre-Conference on 28/10/2022 and attended by 16 participants. The facilitators were Dr Sugumar Samogam and Dr Theyveeka Selvy Rajoo.
- ii. There was a talk on Layman CPR for The Primary School Students at SJKT Sarashwathy, Kuala Lumpur held on 11/2/2023.
- iii. MMA CPR Committee collaborated with Shri Ram Chandra Mission Malaysia (SCRM), Malaysian Resuscitation Association (MyRES), X3SI and Inner Wheel Club of Klang to organise Layman CPR at SRCM Malaysia (Ashram) on 12/2/2023.
- iv. MMA CPR Committee organized a webinar on “New Trends in The Treatment of Heart Diseases” on 26/2/2023. The speaker was Dr Sanjay M. Cherian from Frontier Lifeline Hospital, Chennai. It was attended by 123 participants.
- v. MMA CPR Committee is planning to organise a webinar on “Basic Preparation and Airway Management for Cardiac Arrest” on 18/06/2023. The speaker will be Assoc Prof Dr Muhammad bin Maaya from Universiti Kebangsaan Malaysia, Kuala Lumpur.



Picture: Flyer of the webinar on 18/6/2023

Dr Sugumar A/L Samogam
Chairman

INTERNATIONAL AFFAIRS COMMITTEE

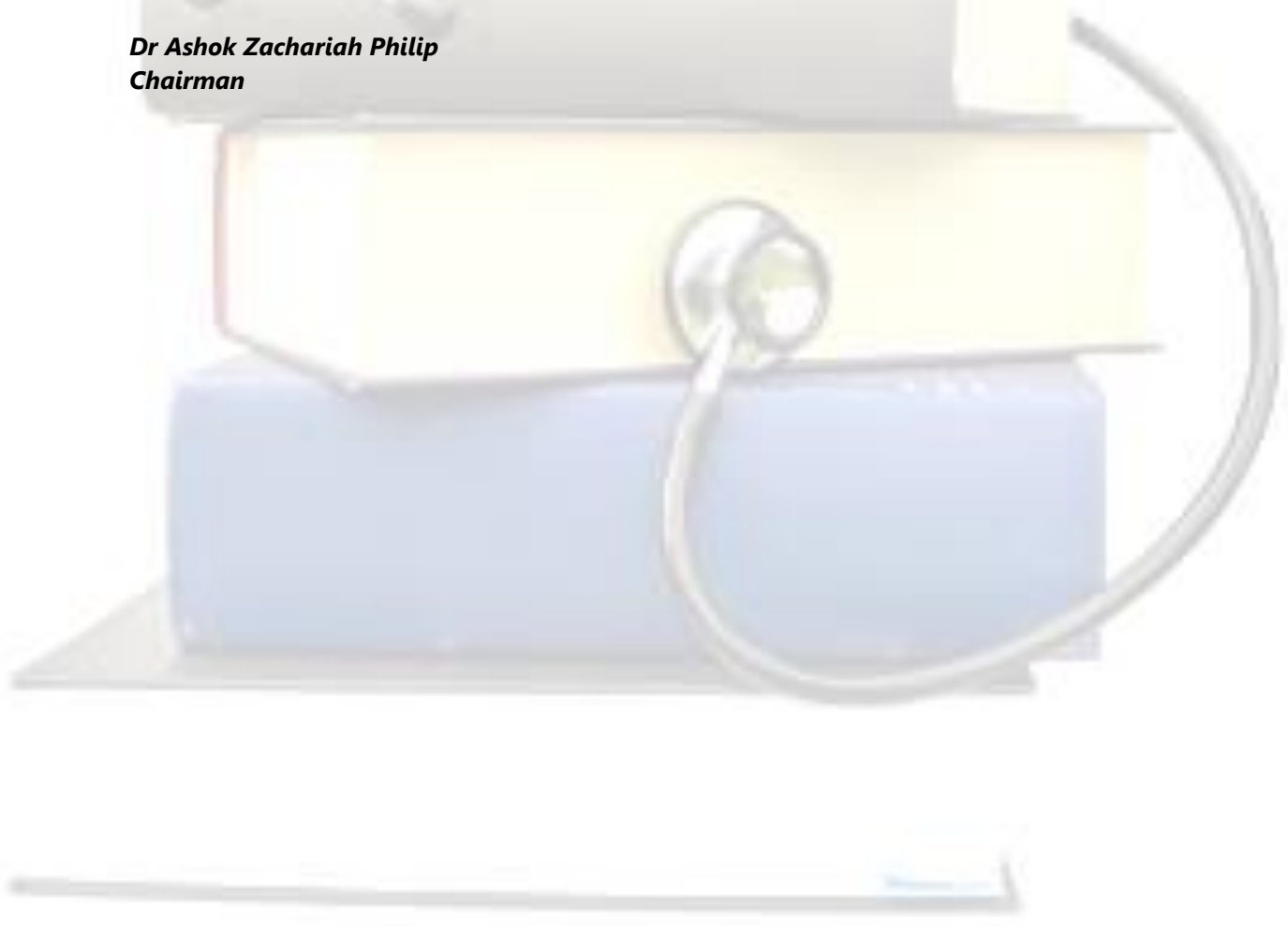
COMMITTEE MEMBERS

1. DR ASHOK ZACHARIAH PHILIP - **Chairman**
2. DR QUEK KWANG LENG, DAVID
3. DATUK DR ARUMUGAM A/L AR NACHIAPPAN
4. PROF DATO' DR N.K.S THARMASEELAN
5. DATUK DR THIRUNAVUKARASU A/L RAJOO - **Ex-Officio**

MMA Secretariat: Ms Nur Atikah

During this term, the International Affairs Committee (IAC) did not hold any formal meetings. However, as Chairman of the IAC, I remained actively engaged in advising and offering input to the President on matters concerning the World Medical Association resolutions. The IAC's expertise and guidance continue to play a vital role in shaping the Association's stance on international healthcare issues.

Dr Ashok Zachariah Philip
Chairman



MJM EDITORIAL BOARD

COMMITTEE MEMBERS

1. PROF DATUK DR LEKHRAJ RAMPAL S/O GYANCHAND RAMPAL - *Editor in Chief*
2. ASSOC PROF DR BAHARUDIN BIN ABDULLAH
3. DR PHILIP RAJAN A/L DEVESAHAYAM
4. DR SUBAPRIYA A/P SUPPIAH
5. DR LIEW BOON SENG
6. PROF DATO' DR N.K.S THARMASEELAN
7. DR TERENCE ONG ING WEI
8. DR RAVINDRAN VASHU
9. DR NAVIN KUMAR A/L DEVARAJ
10. PROF DR SHATRIAH ISMAIL
11. PROF DR VERASINGAM KUMARASAMY

Journal Manager: Ms Mahaletchumy Alagappan

ARTICLE PUBLICATIONS

The MJM published six (6) issues and five (5) supplements in 2022.

- i. In the last year, not only were all MJM issues published on time, but also the highest number of supplements were published.
- ii. There were 182 articles submitted in 2022, and 99 from January to June 12, 2023. This excludes articles and abstracts submitted for the Supplement.

2022 REPORT		2023 REPORT	
Issue	Published	Issue	Published
MJM		MJM	
January	29	January	21
March	28	March	23
May	20	May	20
July	19	July	4 (in process)
September	19	TOTAL	68
November	22	MJM Case Report	
TOTAL	137	April	21
MJM Case Report		August	10 (in process)
August	23	TOTAL	31
December	22	Supplements	
TOTAL	45	Supplement 1	20 articles
Supplements		Supplement 2	53 articles
Supplement 1	17 articles	Supplement 3	In process
Supplement 2	107 abstracts	Supplement 4	In process
Supplement 3	104 abstracts	Supplement 5	In process
Supplement 4	112 abstracts		
Supplement 5	66 abstracts		
TOTAL	406		

NEW PUBLISHER FOR MJM & MJM CASE REPORT

The Editorial Board has met with a new publisher (Wolters Kluwer) and discussed on possibilities to collaborate to upgrade MJM. They have presented to the Editorial Board members on the model, cost, etc. We are currently weighing on the possibilities of collaboration.

MEETINGS

Four (4) meetings were held by the Editorial Board on 15/10/2022, 21/2/2023 (*Meeting with Publisher*), 26/2/2023 and 15/4/2023.

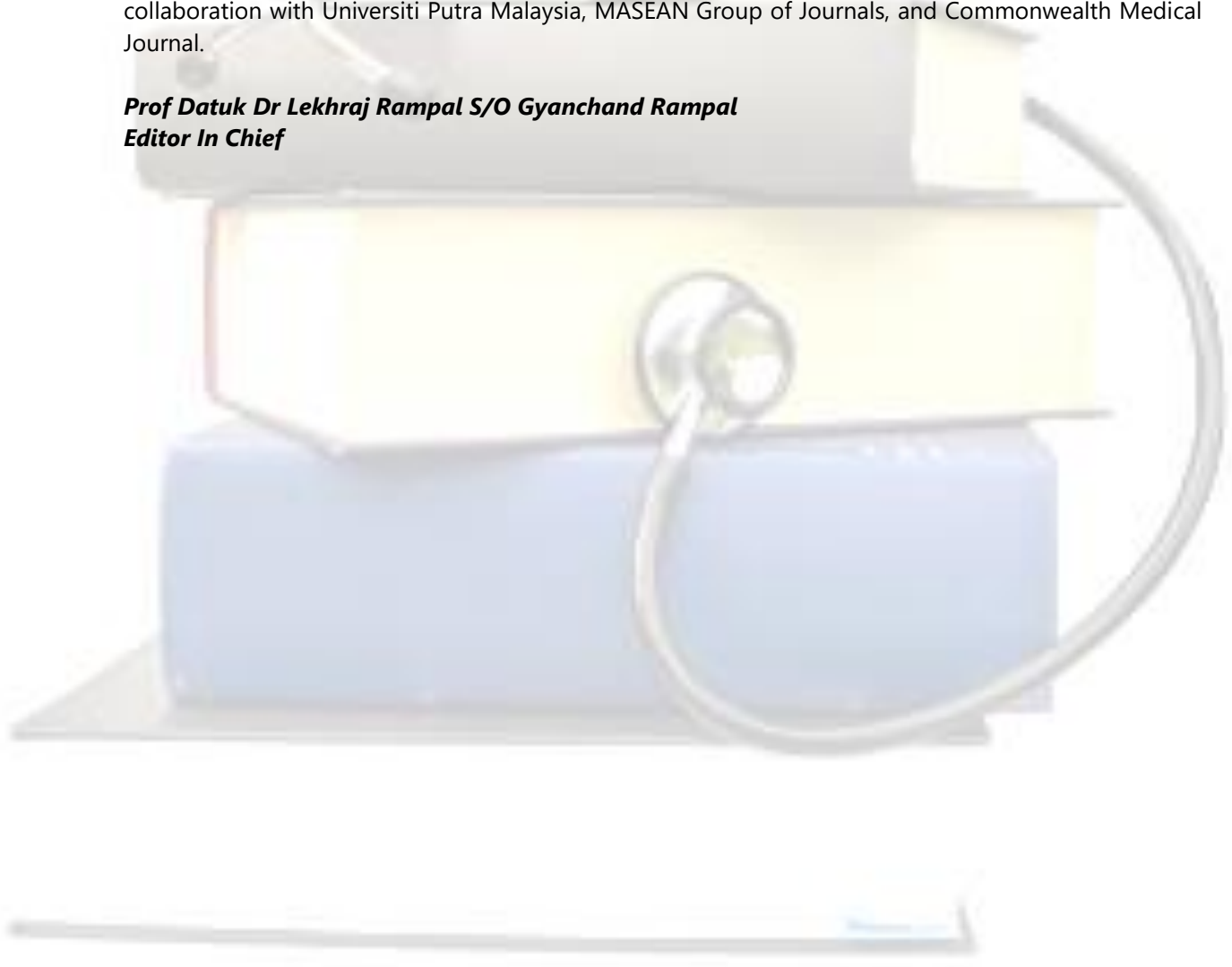
TIMELINESS OF PUBLICATION

Since 2019, MJM has published all issues on time, and continued to do so in 2022/2023. This is a crucial criterion for the Journal's quality. The Editor in Chief and all members of the Editorial Board have worked extremely hard and sacrificed a lot of personal time to improve the efficiency and quality of the Journal.

INTERNATIONAL SEMINAR FOR AUTHORS, REVIEWERS AND EDITORS OF MEDICAL JOURNALS FROM MASEAN AND COMMONWEALTH COUNTRIES 2023

On 21 to 23 July 2023, MJM will host an International Seminar for Authors, Reviewers, and Editors of Medical Journals from MASEAN and Commonwealth Countries. The seminar is being held in collaboration with Universiti Putra Malaysia, MASEAN Group of Journals, and Commonwealth Medical Journal.

Prof Datuk Dr Lekhraj Rampal S/O Gyanchand Rampal
Editor In Chief



MMA AIDS/STI'S COMMITTEE

COMMITTEE MEMBERS

1. DR SARAVANAN A/L A SANTHIRARAJAN - **Chairman**
2. DR THEYVEEKA SELVY A/P RAJOO @ BALUSAMY RADIA
3. DR RAJAMOHAN A/L ANNAMALAI
4. DR HONG NIEN LEE

MMA Secretariat: Ms Muthuleetchumi

COMMITTEE MEETING

The Committee held one virtual meeting where they discussed about the plans for the event, topics, and collaborations with other non-governmental organizations (NGOs) for the term 2022 to 2023.

PLAN OF ACTION (2022/2023)

In conjunction with World AIDS Day, the Committee held a Caring Outreach Project titled "No One Left Behind" at the Ladies & Men Destiny Homes in Klang on 11/12/2022. We got to know the patients and provided free medical consultations by distributing medical kits, urine bags, and food. The Malaysian AIDS Council and the Inner Wheel Club of Klang worked together on this initiative.

REPRESENTATIVE AT THE MALAYSIAN AIDS COUNCIL (MAC) ACTIVITIES

Dr Theyveeka represented the MMA AID/STI Committee at the MyHIV Forum 2022 Getting Prepped, held on the 15 & 16 October 2022 at Universiti Teknologi Mara, Sungai Buloh, and coordinated by Persatuan Perubatan HIV Malaysia. On 26/11/2022, Dr Theyveeka and Dr Rajamohan attended the first MAC meeting (2022-2024). On 27/5/2022, Dr Saravanan and Dr Theyveeka attended the 2nd MAC meeting (2022-2024).

UPCOMING ACTIVITIES

For the coming term (2023-2024), we want to hold a virtual webinar discussion on a regular basis, as well as other AIDS and STI-related activities.

Dr Saravanan A/L A Santhirarajan
Chairman

MMA COMMITTEE ON THE RIGHT TO HEALTH

COMMITTEE MEMBERS

1. DR SELVA GANAPATHI A/L GANESON – **Chairman**
2. DR RAJ KUMAR A/L SEVALINGAM
3. ASSOC PROF DR MUHAMMAD MUHSIN BIN AHMAD ZAHARI
4. DR VANITA SADHASIVAM
5. DR NURUL FAZILAH AZIZ
6. DR PETER GAN KIM SOON

MMA Secretariat: Ms Muthuleetchumi

MEETING

The Committee on the Right to Health (RTH) had three meetings for this term which were held virtually.

ACTIVITIES

- i. Seremban Health Carnival 2022 (Right to Health for Orang Asli in Seremban)**
 - a. Date: 26/6/2022, Venue: Kampung Orang Asli Tekir, Seremban; Held in collaboration with Unit HIV/STI/HEP C and unit TB/KUSTA from Pejabat Kesihatan Daerah (PKD) Seremban and Jabatan Kemajuan Orang Asli (JAKOA) Seremban.
 - b. The following screenings were conducted: HIV and Hepatitis C screening; General Screening (height, weight, and blood pressure); Counselling for participants on HIV and Hepatitis C screening test findings; TB screening; Leprosy screening.
 - c. Primary goal: To screen Kampung Orang Asli residents; 51 individuals were screened for Tuberculosis (TB) and Leprosy, and 11 sputum samples were sent to the lab, none of which tested positive for TB. Two individuals were sent to the nearest hospital for Leprosy testing. All HIV and Hepatitis C screening tests came back negative.
- ii. Right To Health for Women Seminar**
 - a. It was a half-day event held on 5/5/2023, with around 75 participants. The seminar was supported by the MMA Negeri Sembilan Branch and the Seremban Lions Club.
 - b. The speakers were:
 - Dr Selva Ganapathi Ganeson, Medical Officer at Klinik Kesihatan Penjara, Seremban – Topic: Women & Occupational Health.
 - Prof Dr Nazimah Idris, Consultant Obstetrician & Gynaecologist & Medical Director of IMU Healthcare – Topic: Climate Change Effect on Women.
 - Dr Nurul Fazilah binti Aziz, Medical Officer at Seremban District Health Office – Topic: Right to Health for Women: Is PrEP for Women?
 - Associate Prof Dr Muhammad Muhsin Ahmad Zahari, Senior Consultant Psychiatry at the University of Malaya Medical Centre – Topic: Mental Health & Women.

UPCOMING PROGRAMMES

- i.** 5/7/2023 - Right to Health for Prisoners in conjunction with World Hepatitis Day; In collaboration with the Seremban Prison and PKD Seremban.
- ii.** 14 to 16 July 2023 – The RTH Committee, in collaboration with Pekan District Health, Pahang, Jabatan Kemajuan Orang Asli (JAKOA), Pekan, Pahang, and MMA Pahang Branch, will hold an Orang Asli Medical Camp at Kampung Pecah Bateri, Rompin, Pahang.
- iii.** The RTH Committee also plans a virtual webinar talk on the role of GPs in the Right To Health.

Dr Selva Ganapathi A/L Ganeson
Chairman

MMA ELECTIONS COMMITTEE

COMMITTEE MEMBERS

1. DATUK DR N ATHIMULAM - **Chairman**
2. DR RAVINDRAN R NAIDU - **Secretary**
3. DR MOHAMED NAMAZIE IBRAHIM
4. PROF DR G JAYAKUMAR
5. DR MOHAMAD RIFAIE BIN MOHD RAMLI

Announcements calling for nominations for the posts of President-Elect, Honorary General Secretary, Honorary General Treasurer and two Honorary Deputy Secretaries 2023/2024 were made in the Berita MMA (February issue), MMA Website, and the same contents were sent by email blast on 17/1/2023.

The candidates for the post of President-Elect for 2023/2024 shall be MMA members in the Electoral Roll from the Eastern Region.



The MMA Elections Committee met on Wednesday, 21/6/2022, at the closing date of the nomination and officially opened the nomination box. There was one nomination for the post of President-Elect, one nomination for the post of Honorary General Secretary, two nominations for the post of Honorary General Treasurer and two nominations for the post of Honorary Deputy Secretaries. All six nomination forms were valid. The posts of President-Elect, Honorary General Secretary, and two Honorary Deputy Secretaries were unopposed.

The time period for the candidates to withdraw is from 22/6/2023 to 28/6/2023. The manifesto of the candidates for the post of Honorary General Treasurer must be received by 7/7/2023 and will be printed in the Berita MMA, August 2023 issue, and sent by email blast to MMA members.

The MMA Election for the key Office Bearers will be conducted on 27/8/2023 and all members in the Electoral Roll shall be eligible to vote electronically.

The elections for the PPS MMA and SCHOMOS MMA Exco will be conducted by the Elections Committee on Wednesday, 6/9/2023 via a virtual platform.

Datuk Dr N Athimulam
Chairman

MMA INJURY PREVENTION COMMITTEE

COMMITTEE MEMBERS

1. PROF DR R KRISHNAN - **Chairman**
2. MEJ DR JEYARATNAM M RATNAVALE
3. ASSOC PROF DR ADZURA BINTI SALAM
4. DR MUHAMMAD SHAUQI B ABD KADIR
5. DR SURESHAN SIDDHARTHA SIVANANTHAN

MMA Secretariat: Ms Nurul Zulaikha

COMMITTEE MEETINGS

The MMA Injury Prevention Committee (IPC) had four (4) meetings for the term 2022/2023. The meetings were conducted virtually and physically.

- | | |
|---|---|
| i. 23/1/2022 – 1 st IPC Meeting (Virtual) | iii. 10/3/2023 – 3 rd IPC Meeting (Hybrid) |
| ii. 20/3/2022 – 2 nd IPC Meeting (Virtual) | iv. 12/5/2023 – 4 th IPC Meeting (Virtual) |

ACTIVITIES CONDUCTED

- i. 7/11/2022 – Webinar on Prevention of Falls
- ii. 11/3/2023 – Webinar on Ocular Trauma - Prevention of Eye Injury
- iii. 11/5/2023 – Webinar on Road Traffic Injury Prevention in Malaysia



WEBINAR ON
OCULAR TRAUMA -
PREVENTION OF EYE
INJURY

UPCOMING ACTIVITIES

- i. 20/6/2023 – Webinar on Reducing the Risk in Work-Related Injuries and Disease
- ii. 22/7/2023 – Webinar on Drowning Prevention

HYBRID SEMINAR:
ROAD TRAFFIC
INJURY PREVENTION
IN MALAYSIA



TARGET ACTIVITIES FOR THE 2023/2024 TERM

- i. The committee proposed to conduct webinar on the following topics:
 - a. **Advocacy for Child Injury Prevention.**
 - b. **Webinars for medical students, and medical practitioners.**
- ii. Emergency Kit – to provide goody bags for MMA members containing car emergency supplies.
- iii. Safety Day Project for participating universities.
- iv. CO-ED (Community Education) programme:
 - a. **DREAM (Drowning Risk Evaluation and Management) Project.**
 - b. **RICE (Roadside Community Education) Project.**
 - c. **Public Exhibition 'Towards a safe cycling generation'.**

I wish to thank the committee members for their exuberance and passion in ensuring that injury prevention is at the forefront of their activities. I would also like to thank the secretariat staff, Ms Zulaikha, and the IT Officers, Mr Dana and Mr Vickneshwar, for doing their best in managing and assisting the activities, webinars, and meetings organised by this committee.

Prof Dr R Krishnan
Chairman

MMA INSURANCE COMMITTEE

COMMITTEE MEMBERS

1. DR VASU PILLAI A/L LETCHUMANAN - **Chairman/ Honorary General Treasurer**
2. DR MURUGA RAJ A/L RAJATHURAI - **President**
3. DR AZIZAN BINTI ABDUL AZIZ - **President-Elect**
4. DR KOH KAR CHAI - **Immediate Past President**
5. DATUK DR THIRUNAVUKARASU A/L RAJOO - **Honorary General Secretary**
6. DR SIVANAESAN A/L LETCHUMANAN - **Honorary Deputy Secretary**
7. DR ARVINDRAN A/L ALAGA - **Honorary Deputy Secretary**
8. DR MOHAMED NAMAZIE IBRAHIM
9. DR ASHOK ZACHARIAH PHILIP

MMA Secretariat: Ms Syema, Mr Andrew, Ms Nursalimi/ Ms Anusuria

The MMA Insurance Committee held two virtual meetings during the 2022/2023 term on 29/11/2022 and 2/3/2023. To provide optimal support for its members, the MMA has formally endorsed two reputable firms, the Medical Protection Society (MPS) and MEDEFEND by Marsh Insurance Brokers (Malaysia) Sdn Bhd, as trusted providers of professional indemnity insurance for healthcare practitioners. MPS and MEDEFEND are highly reliable choices for insurance coverage, given their extensive experience and commitment to supporting medical professionals. The endorsement of MPS and MEDEFEND by the MMA aims to provide its members with access to top-tier insurance providers, prioritizing the protection and well-being of medical professionals and instilling confidence and peace of mind.

MPS

MMA-MPS Person In Charge: Dr Sivanaesan Letchumanan

MMA-MPS Secretariat: Mr Andrew

MPS, endorsed by MMA, provides medical indemnity for doctors, specialists and medical practitioners in Malaysia. Over 2,300 members have applied for medical indemnity with MPS, and membership will increase as the medical indemnity is now mandatory for the Annual Practising Certificate (APC) application.

MMA had two quarterly Insurance Committee meeting with MPS on 29/11/2022 and 2/3/2023 to discuss the marketing plan to increase memberships, issues raised by the members and the ways to improve working relationship with MPS.

MPS offers free student membership, which has received positive responses and a high number of applications from universities and medical centers in Malaysia. This is due to the mandatory requirement of medical indemnity for students applying for elective attachments in various universities.

MPS has made efforts to attract more general practitioners by introducing a new GP grade with lower subscription fees. They sent an email blast to all MMA members and conducted an online webinar to raise awareness about the membership for general practitioners.

MPS has conducted a series of webinars to educate doctors on current medical trends, medicolegal matters, and promote the benefits of MPS membership. MPS had the privilege of promoting its indemnity plan at the MMA Medical Congress 2023 held at Kuala Lumpur Convention Centre on 9 to 11 June 2023. MMA and MPS will continue collaborating to increase MPS memberships. MPS plans to organize more talks, seminars, workshops, and webinars to reach out to MPS members and other doctors, sharing information about their offerings and explaining the medicolegal trends in Malaysia.

MEDEFEND

MMA-MEDEFEND Person In Charge: Dr Arvindran Alaga

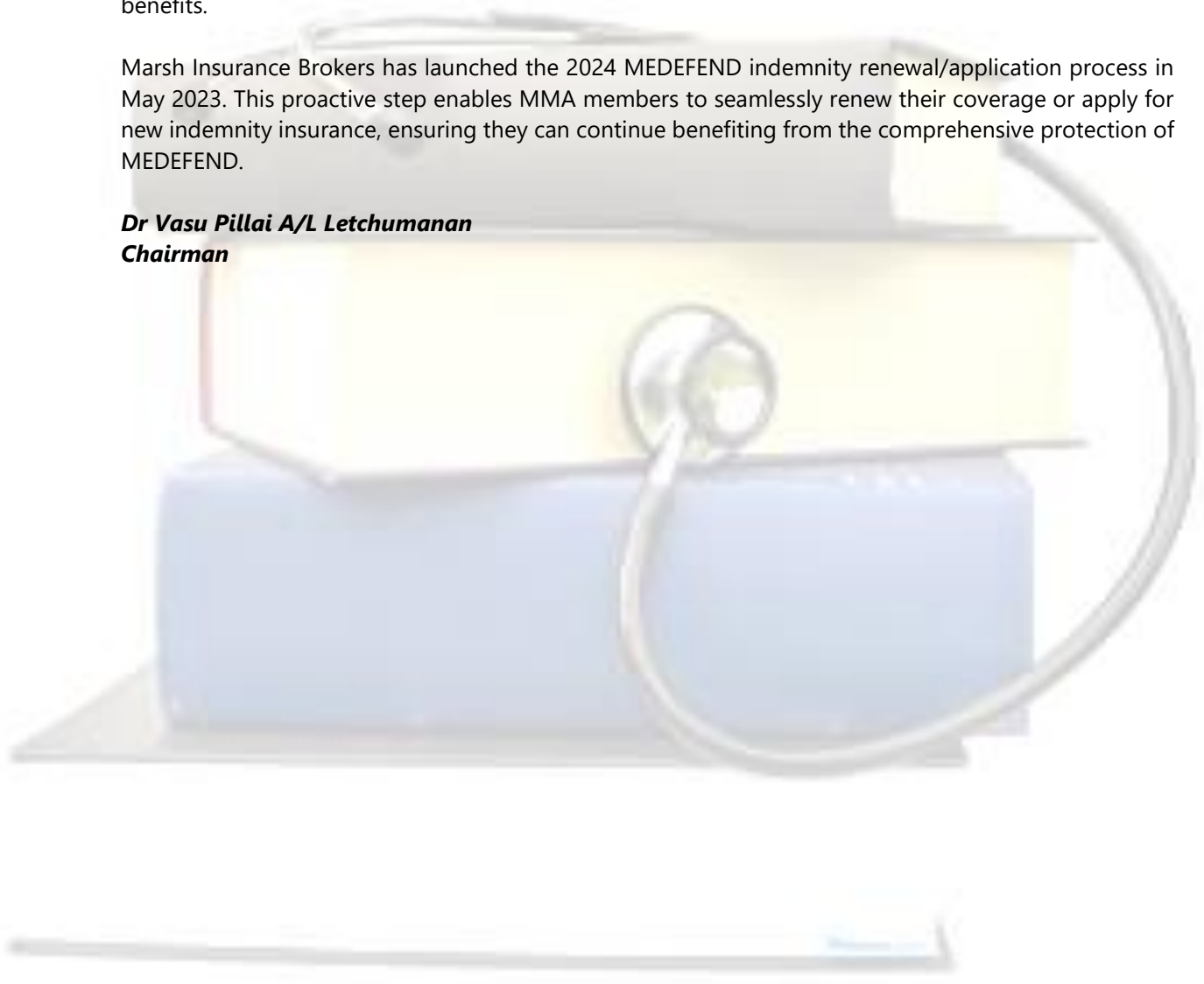
MMA-MEDEFEND Secretariat: Ms Nursalimi Mohd Noor/ Ms Anusuria Gunusegran

During the 2022/2023 term, Marsh Insurance Brokers (Malaysia) Sdn Bhd actively supported MMA in addressing medicolegal issues. They organized webinars focused on these issues, keeping MMA members informed about the latest developments and best practices in handling medicolegal challenges.

Marsh Insurance Brokers also actively promoted MEDEFEND indemnity insurance through different MMA channels, including social media (Facebook, Twitter), email blasts, the MMA mobile app, Telegram, WhatsApp, and the MMA website, in order to raise members' awareness of the insurance and its benefits.

Marsh Insurance Brokers has launched the 2024 MEDEFEND indemnity renewal/application process in May 2023. This proactive step enables MMA members to seamlessly renew their coverage or apply for new indemnity insurance, ensuring they can continue benefiting from the comprehensive protection of MEDEFEND.

Dr Vasu Pillai A/L Letchumanan
Chairman



MMA PARALLEL PATHWAY POST GRADUATE EDUCATION SUB-COMMITTEE

COMMITTEE MEMBERS

1. DATO' DR THARMALINGAM A/L PALANIVELU - **Chairman**
2. DR SUSHILNATHAN A/L K KATHIRGAMANATHAN
3. DR THIYAGAR S/O NADARAJAW
4. DR VIJAYA KUMAR A/L L. SUPPAN
5. DR ARVINDRAN A/L ALAGA



6. DR KHOR BOON TAT
7. DR ZAINURA BINTI CHE ISA

MMA Secretariat: Ms Muthuletchumi

The MMA Parallel Pathway Post Graduate Education Sub-Committee was officially formed by MMA in the month of April 2022.

ACTIVITIES

- i. **9 & 23 April 2022** – Co-organized the 1st MMA-RCPI MRCP (Ireland) Clinical Preparatory Course at the MMA Kedah Service Centre, Gandhi Hall, Sg. Petani. The course was attended by 20 MRCP (Ireland) Candidates, who were Senior and Junior Medical Officers from various MOH hospitals in Malaysia.



MMA-MRCP- MRCPI Postgraduate Clinical Teaching Sessions by Committee members

- ii. **21 & 22 May 2022** – Facilitated International MRCPI Clinical Exam at Kuala Lumpur General Hospital by providing RCPI with logistical support. The international exam was attended by around 40 candidates and 8 international candidates from other countries.
- iii. **26 August 2022** – Actively involved in MMA Landmark Ceremony of Memorandum of Understanding (MOU) Signing with the Royal College of Ireland (RCPI). The purpose of the MOU is to facilitate logistics for the delivery of RCPI Clinical examinations in Malaysia. The RCPI and the MMA have identified mutual benefits in administering RCPI clinical examinations in Malaysia through Parallel Pathway Postgraduate Medical Education Programmes.
- iv. **6 August, 1 & 15 October 2022** – Co-organized the 2nd MMA-RCPI MRCP (Ireland) Clinical Preparatory Course Sessions at MMA Kedah Service Centre, Gandhi Hall, Sg. Petani. The 3-session course attended by 20 MRCP (Ireland) Candidates, who were Senior and Junior Medical Officers from various MOH hospitals in Malaysia.
- v. **7 January 2023** – Successfully co-organized another session of MRCPI clinical Preparatory course which was attended by 18 candidates from MOH hospitals.

- vi. **21 & 22 February 2023** – Facilitated the International MRCPI Clinical Exam at Hospital Tengku Fauziah (HTF) Kangar, Perlis by providing RCPI with logistical support. The international exam was attended by around 38 candidates and 6 international candidates from other countries.
- vii. **4 & 5 March 2023** – Successfully co-organized two days of Combined MRCP (UK) and MRCP (Ireland) Clinical Preparatory Course at MMA Kedah Service Centre, Gandhi Hall, Sungai Petani, Kedah. It was attended by 18 exam Candidates.
- viii. **10 March 2023** – As the Committee Chairman, I spoke at the RCPI Post Graduate Career Pathway Talk at AIMST University Campus. The 2-hour talk was attended by around 300 medical students. SMMAMS invited us to the campus for an MMA membership drive.
- ix. **4 April 2023** – Successfully co-organized another session of MRCPI Clinical Preparatory Course at the MMA Kedah Service Centre, Gandhi Hall, Sg. Petani, attended by 15 Medical Officers from all over country.
- x. **9 & 10 June 2023** – Co-organized the 2nd MMA-MRCP (UK) and MRCP (Ireland) Clinical Preparatory Course at the MMA Kedah Service Centre, Gandhi Hall, Sg. Petani. The course attended by 20 MRCP (Ireland) candidates who were Senior and Junior Medical Officers from various MOH hospitals in Malaysia.
- xi. **24 & 25 June 2023** – Will be facilitating the International MRCPI Clinical Examination at KLGH by providing the logistical assistance. About 40 International Candidates will be attending this reputed International Examination.



Facilitating MMA-RCPI Memorandum of Understanding

As the founding Chairman, I am pleased to report that, since the formation of the Subcommittee, we have been extremely busy organising Parallel Pathway Post Graduate Training Courses, Post Graduate Career Pathway Talks, facilitating Memorandum of Understanding with Royal College of Physicians Ireland, and other Post-Graduate Educational initiatives with Medical Colleges in Malaysia.

I would like to thank my committee members, the MMA Exco, and the MMA Kedah Branch Committee for their unwavering support and collaboration.

Dato' Dr Tharmalingam A/L Palanivelu
Chairman

MMA VOLUNTEER CORPS

COMMITTEE MEMBERS

1. DR MURALLITHARAN MUNISAMY - **Chairman**
2. PROF DATUK DR LEKHRAJ RAMPAL S/O GYANCHAND RAMPAL - **Advisor**
3. DR LEEYNESH SOORIYAPIRAGASAM
4. MEJ DR JEYARATNAM M RATNAVALE
5. DR THUM CHERN CHOONG
6. DR THEYVEEKA SELVY A/P RAJOO @ BALUSAMY RADIA
7. DR RAJ KUMAR A/L SEVALINGAM
8. DR RENA MENON A/P N RAMACHANDRAN
9. DR LOH YUNN HUA

MMA Secretariat: Ms Syema Saidu

OBJECTIVES OF THE MMA VOLUNTEER CORPS (VOC)

- i. To engage with the community in socio economic and health related activities for vulnerable communities during disaster and peace times.
- ii. To empower the community in healthcare related activities such as Non communicable diseases Risk Factor Reduction.
- iii. To assist in disaster management.
- iv. Instil the sense of voluntarisms among the medical fraternity.

CRITERIA FOR APPOINTMENT OF VOC MEMBERS

- i. Life Member/ Member of MMA.
- ii. Must have passion to serve humanity and do volunteerism on behalf of MMA.
- iii. Must be willing to make time and whose work permits time and has time for MMA volunteerism activity during Disasters locally and abroad and during peace times.
- iv. Able to work as a TEAM.
- v. Attend at least 2 out of the 3 meetings in a year.

ACTIVITIES FOR THE YEAR 2022 – 2023

- i. The MMA VoC had two (2) meetings on 11/11/2022 and 27/1/2023. Both meetings were conducted virtually.
- ii. CSR Activities:
 - a. **Karnival Kesejahteraan Keluarga**
A variety of healthy lifestyle events and activities were offered to all community members, including senior citizens, parents, single mothers, and low-income families.



“KARNIVAL KESEJAHTERAAN KELUARGA”

- Held on Saturday, 18/2/2023 at MPP Zon 20 Office Area, Puncak Alam, Selangor Darul Ehsan.

- Officiated by Puan Ghandimathi Suppiah, Ahli Majlis MBSA & Pengerusi MPP Zon 20, and YB Mohd Najwan Halimi, Adun Kota Anggerik.

b. Rompin Flood Relief Programme from 18 – 19 March 2023

It was held in collaboration with Jabatan Kesihatan Negeri Pahang, Pejabat Kesihatan Daerah Rompin, Fakulti Perubatan dan Sains Kesihatan UPM and Majlis Daerah Rompin at several venues including Balai Raya Kg Pianggu, Balai Raya Kg Setajam, Balai Raya Kg Kerpal and Dewan Orang Ramai Bukit Serok.

List of Volunteers: **5 Medical Doctors, 20 Students from FPSK UPM, 4 Nurses from FPSK UPM, 2 Drivers from UPM, 2 Pharmacists from BIG Pharmacy**



Dr Murallitharan Munisamy
Chairman

MPSN DEVELOPMENT COMMITTEE

COMMITTEE MEMBERS

1. DR VASU PILLAI A/L LETCHUMANAN - **Chairman**
2. DR MOHAMED NAMAZIE IBRAHIM - **Advisor**
3. PROF DR JOHN GEORGE
4. DATUK DR AMEEN SHAIK BIN SEHU MOHAMED
5. DR GUNALAN A/L PALARI @ ARUMUGAM PALARI

MMA Secretariat: Ms Jalina

The MMA MPSN Development Committee had one meeting which was held on Sunday, 26/3/ 2023 and conducted virtually.

The Medical Practice Division, MOH is in the process of doing revision on additional procedures for Thirteen Schedule under the Private Healthcare Facilities and Services Act 1998 [Act 586].

The MMA Representatives, Dr Vasu and Dr Gunalan, attended the following meetings with the Medical Practise Division, MOH and representatives from the specialties involved to finalize the Thirteenth Schedule Amendment under the Private Health Care Facilities and Services Act 1998 [Act 586]:

DATE	TIME	ORGANISATIONS / ASSOCIATIONS
5/7/2022	9.00 am – 1.00 pm	Malaysian Society of Neurosciences (MSN)
7/7/2022	9.00 am– 1.00 pm	Malaysian Oncological Society (MOS)
14/7/2022	9.00 am – 5.00 pm	Malaysian Society of Nuclear Medicine & Molecular Imaging (MSNMMI)
19/7/2022	9.00 am – 5.00 pm	Malaysian Urological Association (MUA)
4/8/2022	9.00 am – 5.00 pm	Malaysian Society of Ophthalmology (MSO)
9/8/2022	9.00 am – 5.00 pm	Malaysian Society of Otorhinolaryngology & Head Neck Surgeons (MSO-HNS)
11/8/2022	9.00 am – 5.00 pm	National Heart Association of Malaysia (NHAM)
24/8/2022	9.00 am – 5.00 pm	Malaysian Society of Hepato-Pancreato-Biliary Surgeons (MyHPBS)
5/9/2022	9.00 am – 5.00 pm	Malaysian Society of Anaesthesiologists (MSA)
23/9/2022	3.00 pm– 4.30 pm	Malaysian Society of Otorhinolaryngology and Head Neck Surgeons (MSO-HNS)
28/9/2022	9.00 am – 11.00 am	Malaysian Society of Intensive Care (MSIC)
28/9/2022	2.30 pm – 4.30 pm	Malaysian Society of Rheumatology (MSR)

Dr Vasu Pillai A/L Letchumanan
Chairman

NATIONAL HEALTH POLICY COMMITTEE

COMMITTEE MEMBERS

1. DR MARY SUMA CARDOSA - **Chairperson**
2. DATUK DR TEOH SIANG CHIN
3. DR RAVINDRAN R NAIDU
4. DR MOHAMED NAMAZIE IBRAHIM
5. DR KRISHNAMURTHY THURAIAPPAH
6. DR ASHOK ZACHARIAH PHILIP
7. DATUK DR LEE HAN KYUN @ JOSEPH LEE
8. DR PETER GAN KIM SOON
9. DR LEE YEW FONG
10. DR KASTURI K. I. MANIAM NAIR
11. DR MERLINDA SHAZELLENNE JAMES PILLAI
12. DR KOH KAR CHAI
13. DR ARVINDER SINGH A/L HARBAKSH SINGH

MMA Secretariat: Ms Nur Atikah

INTRODUCTION

The National Health Policy Committee (NHP) Committee has completed another year of remarkable achievements. We continued to prioritize our efforts towards promoting healthcare policies that ensure equitable access to healthcare for all citizens.

HEALTHCARE REFORM: HEALTHIER FUTURE FOR MALAYSIA BOOK

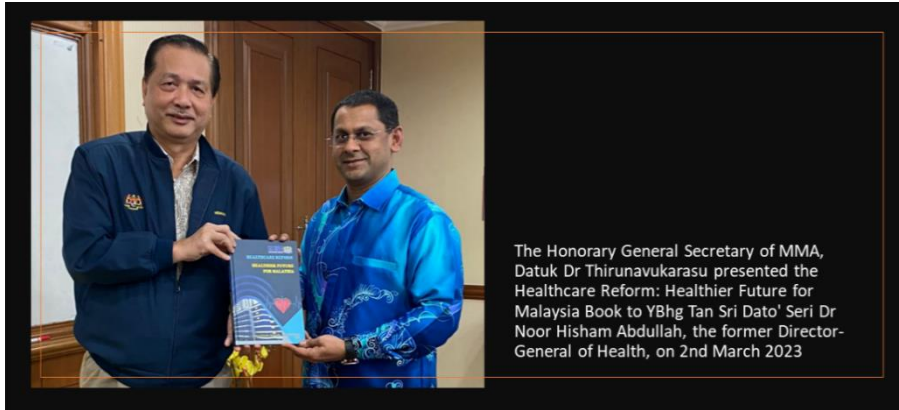
One of our major achievements this year was the publication of the book "Healthcare Reform: Healthier Future for Malaysia". This offers a comprehensive analysis of the current state of healthcare in our country and proposes practical solutions to address the challenges that we face. We believe that the book will serve



Chairperson of the National Health Policy Committee presented the Healthcare Reform: Healthier Future For Malaysia Book to the Health Minister, YB Dr Zaliha binti Mustajfa on 6th April 2023

as an essential resource for policymakers, healthcare professionals, citizens and all those who are committed to improving healthcare outcomes in our country.

We have distributed copies of the book to our valued contributors, the Minister of Health, the then Director-General of Health, and other high-ranking officials from the Ministry of Health. Additionally, we have sent copies to various reviewers and members of the media to seek their insights and opinions. The response thus far has been encouraging. As we prepare for the official launch scheduled for July 2023, anticipation grows for the positive impact this publication will have on healthcare reform.



The Honorary General Secretary of MMA, Datuk Dr Thirunavukarasu presented the Healthcare Reform: Healthier Future for Malaysia Book to YBhg Tan Sri Dato' Seri Dr Noor Hisham Abdullah, the former Director-General of Health, on 2nd March 2023

MMA POSITION PAPERS

In addition to the publication of our book, we have also been actively engaged in revising our position papers on various healthcare issues. We recognize that the healthcare landscape is constantly evolving,

and it is essential for us to stay abreast of the latest developments and update our recommendations accordingly. Our position papers reflect the latest research and best practices in healthcare, and we are confident that they will serve as a valuable resource for healthcare professionals and policymakers. The committee reviewed and revised the "Process for Publication of MMA Position papers" and the MMA council approved the revised "Process". This committee has proposed that new Position Papers be published on the MMA website to get members' feedback, and a synopsis or summary be published in Berita MMA when accepted by Council. Committee members are currently reviewing a number of recently revised position papers.

MEETINGS

i. Committee Meetings

- a. 14/12/2023 - 1st Meeting of the National Health Policy Committee (Virtual)
- b. 8/4/2023 - 2nd Meeting of the National Health Policy Committee (Hybrid)

ii. Editors Meeting – Healthcare Reform: Healthier Future for Malaysia Book

The Editors met twice, on 10/3/2023 and 6/6/2023, to discuss plans for the book including the launch of the book, sales of the book and the webinar series to expand on the chapters in the book and to stimulate more discussion on healthcare reform. The second meeting was held in conjunction with an appreciation lunch for the Editorial Team for completing the publication of the book.

UPCOMING MEETINGS/EVENTS

- i. 5/7/2023 – 3rd Meeting of the National Health Policy Committee (Virtual)
- ii. 11/7/2023 – Launch of Healthcare Reform: Healthier Future for Malaysia Book, which will include a panel discussion on Healthcare Reform.

CLOSING REMARKS

I would like to express my gratitude to all the NHP Committee Members for their tireless efforts and dedication as well as the dedicated Editorial Committee, whose expertise and commitment were instrumental in bringing "Healthcare Reform: Healthier Future for Malaysia" to fruition. I would also like to acknowledge and thank the MMA Exco and Council for their unwavering support, which has been important in driving the success of our committee's endeavours.

Last but not least, I would like to thank the MMA Secretariat, particularly the staff in charge of this committee, Miss Atikah, for supporting the work of this committee so efficiently and effectively.

Dr Mary Suma Cardosa
Chairperson

PLANTATION HEALTH COMMITTEE

COMMITTEE MEMBERS

1. DR RAVINDRAN R NAIDU - **Chairman**
2. DR ANIL KUMAR KUKREJA A/L KUNDAN LAL
3. DR ALEXANDER VOON HSIEN LOONG

MMA Secretariat: Ms Nur Aishah

The Committee successfully organized two webinars for Plantation Paramedics on 28/6/2022 and 17/9/2022. These webinars were aimed to provide valuable insights and updates on medical topics to the plantation paramedics community.

During the current term, the Committee held a physical committee meeting on 14/1/2023. During this term, we actively engaged with key stakeholders, including the Estate Hospital Assistants Board, Ministry of Health (MOH). Additionally, we fostered a close collaboration with the Estate Hospital Assistants Association (EHA), currently known as the Plantation Paramedics Association Malaysia (PPAM).

We are delighted to announce our ongoing collaboration with PPAM in organizing a Medical & Health Seminar for plantation paramedics. An online meeting was held with PPAM on 23/2/2023 and 31/5/2023 to finalize the seminar details. The event has been scheduled for 16 to 19 June 2023, at Hotel Sentral Riverview, Melaka. We anticipate that this seminar will play a significant role in promoting and upholding the profession of Plantation Paramedics in Malaysia, fostering their continued growth and success.

The upcoming Estate Hospital Assistants (EHAs) Registration Board meeting in Ministry of Health, scheduled for 15/6/2023, holds great importance for the Committee. Our representative will diligently present the key issues discussed in the meeting to the relevant authorities for further deliberation and action. The issues proposed by MMA to the Lembaga among others is for all Estate Clinics to follow the Private Healthcare & Services Act, Act 586 that is to be registered and to comply. Other pertinent issues discussed were registration of all Estate Hospital Assistants and Medical Assistants, to introduce an APC for them with minimum CPD points collection. This is being recommended so that healthcare services in the Plantation Sector may be upgraded.

Our unwavering commitment revolves around compiling a comprehensive collection of materials pertaining to health issues in the plantation or agricultural sector. This collection aims to serve as a valuable resource for easy future reference. Furthermore, we remain dedicated to collaborating with other relevant agencies to seek sustainable solutions to the healthcare challenges faced by the plantation sector.

Our fundamental objective is to witness the full integration of the healthcare delivery system in plantations into the National Health Services. This integration would ensure alignment with the overall healthcare framework of our country, further enhancing the well-being of plantation workers and their communities.

We extend our sincere appreciation to EXCO, Council, committee members, all stakeholders and MMA secretariat for their invaluable support throughout the year. Together, we strive to make a positive impact in the lives of the plantation community and contribute to the overall advancement of the healthcare sector in Malaysia.

Dr Ravindran R Naidu
Chairman

MALAYSIAN ROAD SAFETY COUNCIL

The Malaysian Road Safety Council organized a joint webinar with University of Malaya. I have been invited by Malaysian Institute of Road Safety Research (MIROS) to speak at the webinar.

Prof Dr Krishnan A/L Rajam
MMA Representative

COUNCIL OF THE CONFEDERATION OF SCIENTIFIC & TECHNOLOGICAL ASSOCIATION OF MALAYSIA (COSTAM)

MEETING REPORTS

i. 38th COSTAM Annual General Meeting (AGM)

Purpose: Election of 38th COSTAM Office Bearers (EXCO) for 2022/24

Summary: The meeting started with a talk on Blended Learning at 10 a.m., by Ahmad Ezzat Ismail, followed by an address from COSTAM President, Prof Ir Dr Ruslan Hassan. The minutes of the 37th Annual General Meeting were then confirmed, and the Annual Report 2021/2022 was adopted. The Financial Statements for 2021/2022 have been received and approved. Finally, a resolution was passed to reduce the AGM notice from 42 to 30 days. A certificate was presented to outgoing Exco members 2020/2022. Dr Koh Kar Chai, the MMA Immediate Past President, was represented by me to receive his certificate. The 38th COSTAM office bearers (EXCO) for 2022/2024 were elected, with Dr Koh Kar Chai re-elected as Honorary Assistant Secretary uncontested for the year 2022/24, and I elected as an EXCO member for 2022/24. Following this, two auditors were appointed. Prof Ir Dr Ruslan Hassan, who was re-elected as President of COSTAM 2022/24, delivered a speech to all attendees before the meeting was adjourned at 2 p.m.

ii. COSTAM Exco Meetings

The following meetings were held:

1) 29/11/2022 – COSTAM-PSN SEMINAR on STEMtech Educator

Summary: COSTAM has been allocated office space for the purpose of StemTech Educator certification. The cost is expected to be between RM 80k and RM 100k (including piping, wiring, and wall). The benefits of the office space include: no upkeep, no utilities (electric and telephone), and an excellent location. COSTAM will have access to PSN lecture halls (Ibn Sinna and Alfred Nobel). There was a suggestion to have 8 seats in the room, and if needed, Council can hold subcommittee meetings instead of a video conference.

2) 15/12/2022 – Renovation of COSTAM Office

Summary: Organising Committee for the 26th MSTC - The conference will be co-organized with MMA and supported by Akademi Sains Malaysia, MRANTI, UiTM, and PSN, with an emphasis on the convergence of the life sciences, physical sciences, and engineering. The Chairman suggested that the meeting be held in November, with a new refresher meeting with MOSTI required owing to the previously approved grant of RM 40k. The President suggested the following Exco Members: Dr Sam Mohan and Dato' Vellayan (Animal Sciences and Veterinary Sciences), Dato' Yew (Chemical

Sciences), Dr Abd Rahman Milan (Genetic Sciences), Prof Lee (Data Sciences), Dr Muhd Firdaus (Soil Sciences) and Mr Tan Boon Kong (Geological Sciences). A Steering Committee will be constituted, comprised of Exco Members, technical committee members, and other organising committee members.

3) **16/2/2023 - MSTC "Convergence of Life Sciences, Physical Sciences and Engineering"**

Summary: The Chairman presented the previous MoU proposed by COSTAM and UPSI. As UPSI elected a new vice chancellor since the previous meeting, another meeting will be scheduled to finalise the agreement. The terms of the MoU will be communicated to all Exco Members.

Dr Yeap Gim Ean
MMA Representative

RADIOLOGICAL ADVISORY COMMITTEE, MOH

The last meeting was held on Friday, 2nd of September 2022. There was a discussion on performing a survey for radiation dose in nuclear medicine procedures under the standard code. There has not been an official meeting recently.

Associate Professor Dr Subapriya A/P Suppiah
MMA Representative

MALAYSIAN AIDS COUNCIL (MAC)

Dr Rajamohan, the MMA AIDS/ STI's Committee Member, attended the 1st Malaysian AID Council's (2022-2024) Council Meeting on November 26, 2022, virtually, representing MMA.

The Malaysian AIDS Council (MAC) contributed a grant of RM2,000 to the MMA AIDS/STI's Committee as part of the expenses in organising a Caring Outreach Project at the Ladies & Men Destiny Homes, Klang, on December 11, 2022, in conjunction with World AIDS Day 2022.

The MMA AIDS/STI's Committee also participated in a Zoom regional dialogue session hosted jointly by APCASO, UNAIDS, USAID, and PEPFAR on the Financial Sustainability of Community Led Responses in Asia and the Pacific on December 6 and 8, 2022.

Dr Rajamohan and Dr Lee Hong Nien attended the Hari Raya Open House at Dewan Serbaguna, Taman Melati Impian, Gombak Setia on May 14, 2023.

Dr Saravanan and Dr Theyveeka attended the International AIDS Memorial Day on May 17, 2023, that was organised by the Malaysian AIDS Council on a virtual platform.

Dr Saravanan A/L A Santhirarajan
MMA Representative

MALAYSIAN RED CRESCENT SOCIETY

ACTIVITIES

- i. Attended the Malaysian Red Crescent National Council Meeting held on December 6, 2022.
- ii. Invited to Majlis "Perasmian Ibu Pejabat Kebangsaan Persatuan Bulan Sabit Merah Malaysia (PBSMM) Serta Pelancaran Sambutan Ulang Tahun PBSMM ke-75".



Group photo with the National Chairperson, Her Highness Dato' Seri DiRaja Tan Sri (Dr) Tunku Puteri Intan Safinaz Binti Almarhum Sultan Abdul Halim Mu'adzam Shah and the Governing Board Members of BSMM

Dr Muhammad Fairuz Shah bin Abd Karim
MMA Representative

EHA REGISTRATION BOARD, MINISTRY OF HEALTH

The EHA Registration Board convened a highly productive meeting on November 10, 2022, under the distinguished chairmanship of YBhg Dato' Dr Asmayani Khalib, Deputy Director (Medical), Ministry of Health (MOH).



During the meeting, the Board engaged in a fruitful discussion on various important matters, with a particular focus on advancing the EHA profession and enhancing healthcare services within the plantation sector. The topics deliberated included the Annual Practising Certificate (APC) for all Estate Hospital Assistants, registration of estate clinics, representation from the PPAM and SEDA in the EHAs Registration Board, and improvement in standards for EHAs and MAs in the plantation sector.

The EHAs Registration Board has scheduled another meeting for June 15, 2023, during which additional pressing issues will be addressed for the benefit of the EHAs, MAs, and the healthcare of the plantation workers.

I would like to express my sincere gratitude to the MMA for entrusting me with the responsibility of serving as the MMA representative to the EHA Registration Board, MOH. It has been a privilege and an honour to contribute to the advancement of healthcare standards and the interests of Estate Hospital assistants in the Plantation Sector. I would also like to extend my gratitude to all stakeholders involved in supporting the objectives and initiatives of the EHA Registration Board. Together, we remain committed to promoting excellence in plantation healthcare and ensuring the well-being of the plantation community.

Dr Ravindran R Naidu
MMA Representative

MALAYSIAN SERVICE PROVIDERS CONFEDERATION (MSPC)

Six (6) meetings were held in both hybrid and virtual formats for this term.

A general Council meeting was held to pass the accounts. It was tentatively decided to have two icon nights: one in Penang in 2023 and one in Sarawak in 2024.

An MOU was signed with Timor-Leste after a trade mission on construction services was held.

It was decided that starting in 2022, no yearly subscription has to be paid by member organisations that have been paying actively. It will be converted to a life membership with no yearly payment.

Datin Dr Jayanthi, who is the MMA Representative, has been elected as MSPC's Council Member and Treasurer for 3 years until 2024/2025.

The next MSPC Annual General Meeting will be on June 24, 2023.

Datin Dr Jayanthi Krishnan
MMA Representative

PHAMA ETHICS FIRST LEVEL CASE REVIEW

MEETING HELD:

Mesyuarat Jawatankuasa Teknikal Dasar Ubat Nasional (DUNas): Komponen Penggunaan Ubat Berkualiti (Quality Use of Medicines)

Date: 16/1/2023 (Monday)

Time: 8.30 a.m. – 1 p.m.

Venue: Dewan Serai Wangi, Bahagian Regulatori Farmasi Negara (NPRA)

Summary: Emphasis on the pharmacy's role in patient education, particularly drug safety and medication identification.

Dr Sarah-Jane Khong
MMA Representative

PRIVATE PRACTITIONERS SECTION (PPS)

1. DR BALACHANDRAN A/L S KRISHNAN - **Chairman**
2. DR TEO BENG HO, JOHN - **Vice-Chairman**
3. DATO' DR PARMJIT SINGH A/L KULDIP SINGH - **Honorary Secretary**
4. DR ERATHA KRISHNAN A/L GOBINADAN - **Honorary Treasurer**
5. DR GUNALAN A/L PALARI @ ARUMUGAM PALARI - **Honorary Assistant Secretary**
6. DR MOHAMED IBRAHIM NAGOOR GANY - **Honorary Assistant Secretary**
7. DR KALPANA A/P RAMASAMY - **State Representative, Johor**
8. DR SRITHARAN RAO A/L SUBBARAO - **State Representative, Kedah**
9. DR AZMUNEER BIN MUHAMMED KIFLI - **State Representative, Kelantan**
10. DR JEFFRI TEH BIN FAIZAL - **State Representative, Melaka**
11. DR NARVINDARAN A/L MARIAPPAN - **State Representative, Negeri Sembilan**
12. DR RENA MENON A/P N RAMACHANDRAN - **State Representative, Pahang**
13. DR KANTHAN MURUGIAH - **State Representative, Penang**
14. MEJ DR JEYARATNAM RATNAVALE - **State Representative, Perak**
15. DR CHEW SHI WEI - **State Representative, Perlis**
16. DR MOY CHUN KEAT - **State Representative, Sabah**
17. DR MORN BIN ABU SAMAT - **State Representative, Sarawak**
18. DR SELVAMUTHU A/L SELLAMUTHU - **State Representative, Selangor**
19. DR JULIANA BINTI DATO' NOOR AZIZ - **State Representative, Terengganu**
20. DR GOKILAVANI SEKAR CHANDRAN - **State Representative, Wilayah Persekutuan**

MEETINGS

As of the writing of this report, a total of three (3) PPSMMA Exco Meetings and one (1) PPSMMA National Working Committee (NWC) meeting have been conducted.

MEETING	PPSMMA EXCO	PPSMMA NWC
1 st Meeting	5/11/2022	5/11/2022
2 nd Meeting	29/1/2023	-
3 rd Meeting	2/4/2023	-
4 th Meeting	16/7/2023	-

PPS EXCO	ATTENDANCE	
	PPSMMA EXCO MEETING	PPSMMA NWC MEETING
Dr Balachandran S Krishnan	3/3	1/1
Dr Teo Beng Ho, John	2/3	1/1
Dato' Dr Parmjit Singh Kuldip Singh	3/3	1/1
Dr Eratha Krishnan Gobinadan	3/3	1/1
Dr Gunalan Palari @ Arumugam	3/3	1/1
Dr Mohamed Ibrahim Nagoor Gany	2/3	1/1

i. 7th Fee Schedule

Since April 2018, the amendments to the 7th Schedule have been undergoing a process of Regulatory Impact Analysis (RIA), which will then be reviewed by the Malaysian Productivity Corporation (MPC) and further obtain the Minister of MOH's approval for the amendment draft before sending it to the Attorney General Chambers of Malaysia (Jabatan Peguam Negara) to be gazetted. This issue was kept pending, and no decision has been made by MOH until now. Following that, MMA has decided to get a legal opinion from a lawyer. A legal opinion was sought, and according to the lawyer, court action will likely not change anything significant, so it was best to continue negotiations with MOH. Even if there

is an attempt to address this in court, it would be a lengthy and complicated process that may not be in MMA's favour as well.

ii. Managed Care Organisations/ Third Party Administrators

MMA was invited to attend the MCO/TPA workshop co-organized by the Ministry of Health (MOH) and Ministry of Investment, Trade, and Industry (MITI) on 9/5/2023 at Menara MITI to discuss in detail current updates on MCO/TPA issues and further suggest the solutions. This issue has also been discussed at the Private Healthcare Productivity Nexus (PHPN) level as part of the initiative under the Regulatory Reforms Working Group. A study on Pelan Tindakan Sektor Perkhidmatan (SSB) 2021–2025 suggested that this challenging issue has to be looked into and necessary action must be taken in order to sustain the growth of the healthcare sector.

iii. FOMEMA

Several meetings were held with FOMEMA within this term to discuss the critical radiographer shortage in private healthcare facilities, the GP fee revision, and the FOMEMA biometric system. FOMEMA has previously brought up the acute radiographer shortage issue with Bahagian Kawalselia Radiasi Perubatan (BKR, MOH), and subsequently, a virtual meeting was held, and it was highlighted to MMA that the major cause was due to the low wage offered for radiographers in private healthcare. The GP's fee for X-ray services in private healthcare is suggested to be increased from RM 25 to RM 40. FOMEMA's concessionaire is approaching the end of this year. MMA has held several meetings to strategize an appropriate payout for GPs who have provided their services as consultants and for X-ray services. We have prepared a specific number and are awaiting engagement with the Ministry of Health (MOH) to strengthen our demand, as the fees have not been reviewed in the past 25 years. We are hopeful for a positive outcome by the end of this year.

iv. iHEED

The ongoing collaboration with iHEED has been successful so far. Multiple short certificate workshops have been conducted to enhance the knowledge of GPs. These workshops cover various topics such as intraarticular injection training, ultrasound, wound care, and more.

v. Royal College of Surgeons, London

In light of enhancing general practitioners (GPs), PPSMMA held meetings with several academies within the country and abroad. One of the collaborations is with the University of Malaya, with plans to offer various microcredentialing courses. These courses would allow GPs to accumulate points, which can later be converted into diploma or degree courses. The aim is to empower GPs to provide additional services within their clinic premises. Additionally, PPSMMA is engaging with the Royal College of Surgeons in London to develop diploma courses specifically designed for GPs. These courses will be financially viable and structured to accommodate GPs' working hours.

vi. Public-Private Partnership (PPP) - Skim Perubatan Madani - Pilot

The Health Screening Programme (HSP) 3.0, a project under the PERKESO Public Private Partnership (PPP), has been launched in collaboration with governmental organisations (GOs) within the country. The objective of the programme is to screen 2.2 million subscribers aged 40 and above before the end of this year. This initiative presents a significant opportunity for general practitioners (GPs). PPSMMA closely collaborates with PERKESO in implementing strategies to encourage general practitioners (GPs) across the country to provide services either at their clinics or through outreach programmes to eligible subscribers. This collaborative effort aims to assist in achieving PERKESO's objectives.

vii. PPSMMA Sub-Committee: Grievance Mechanism Committee (GMC)

After numerous meetings between the Life Insurance Association of Malaysia, General Insurance Association of Malaysia, Malaysian Takaful Association, and Association of Private Hospitals Malaysia, as well as the regulators such as Bank Negara Malaysia and the Ministry of Health Malaysia, an agreement

was reached to formalise a Grievance Mechanism Committee comprising the above stakeholders. Four representatives from the Malaysian Medical Association will work together with the other stakeholders to ensure that the working relationship between doctors and the insurance industry remains as harmonious as possible.

viii. PPSMMA Sub-Committee: Legal Task Force Committee

The new PPSMMA subcommittee was formed due to the concern voiced by doctors about how the medicolegal act can affect their practise and the increasing number of medicolegal cases. The committee is planning to organise an educational forum at the state level targeting junior doctors and focusing on the importance of proper documentation and patient consent to reduce lawsuits for the medicolegal act. The committee also planned to co-organise a roadshow with PPSMMA and SCHOMOS, aiming to educate doctors on the impact of the medicolegal act and reduce legal lawsuits.

PPSMMA ACTIVITIES 2022/2023

i. Blood Donation Drive

The PPSMMA has again successfully organized Blood Donation Drive nationwide in April and May 2023. Each PPSMMA state took part in the program, and we have received good feedback from the donors. Eight (8) MMA branches that took part which were W.P. Kuala Lumpur, Sabah, Sarawak, Kedah, Negeri Sembilan, Penang and Pahang.

ii. GP Landscape Survey

The first study on the GP Landscape Survey was carried out by MMA and Universiti Putra Malaysia (UPM) in 2017, aiming to understand the landscape of GP services in Malaysia, especially in the context of Health Economics (revenues, fees, and expenditures), and the role of MMA as a platform to serve the public. A virtual meeting was held between PPSMMA Exco, MMA National Exco, and Dr Arvinderjit Singh (a medical researcher) in April 2023 to review the questionnaire before it could be circulated to all GPs.

MONTH	NO	DATE	TIME	MEETING	VENUE
SEPTEMBER	1	8-9-2022	3.00 PM	41 st PPSMMA AGM Meeting	Putrajaya Marriott Hotel
	2	9-9-2022	3.00 PM	National MMA Convention & Scientific Congress 2022	Putrajaya Marriott Hotel
	3	10-09-2022	4.30 PM	Emergency Meeting of The MMA Council (2022/2023)	VIRTUAL
	4	27-09-2022	12.00 PM	Mesyuarat Pasukan Petugas Khas Perlindungan Harta Intelek Bil. 1/2022	Putrajaya
OCTOBER	5	06-10-2022	12.00 PM	Invitation To a Stakeholder Discussion for The Health White Paper Development on Health Workforce	MOH, Putrajaya
	6	09-10-2022	10.00 AM	1st SCHOMOS EXCO meeting for the term of 2022-2023	MMA House
	7	09-10-2022	2.00 PM	1st SCHOMOS NWC meeting for the term of 2022-2023	MMA House
	8	18-10-2022	9.00 AM	BCDR SYMPOSIUM 2022 - Operational Resilience and Business Continuity Management for Critical National Information Infrastructure.	Cyberjaya

	9	18-10-2022	10.00 AM	Invitation To Discuss on Guidelines for Medical Practice for Doctors Beyond the Age Of 70 Years	MMC
	10	29-10-2022	8.00 AM	Kursus Cold Chain and Infection Control anjuran CKAPS KL	JKWP KL & PUTRAJAYA
NOVEMBER	11	01-11-2022	2.30 PM	Second Meeting of the Grievance Mechanism Committee (GMC)	VIRTUAL
	12	05-11-2022	2.00 PM	1 st PPSMMA Exco Meeting	The Gardens Hotel, KL
	13	05-11-2022	3.15 PM	1 st PPSMMA NWC Meeting	The Gardens Hotel, KL
	14	12-11-2022	2.30 PM	SMMAMS 2 nd Official Committee Meeting	VIRTUAL
	15	15-11-2022	2.30 PM	Mesyuarat Technical Committee on Plastic Products (NSC 10/TC 3) Bil. 1/2022	VIRTUAL
	16	29-11-2022	9:00 AM	Perbincangan Kursus Training on Clinical Practice Guidelines for Private General Practitioners	MOH, Putrajaya
	DECEMBER	17	01-12-2022	3.00 PM	COVID-19: Cepat Uji & Rawat Campaign
18		08-12-2022	11.00 AM	Meeting With Fomema Sdn Bhd	MMA House
19		14-12-2022	12.45 PM	Exco - Jemputan ke Stakeholder Workshop on Healthcare Sector Reforms	Shah Alam, Selangor
20		19-12-2022	8.00 AM	Legal Taskforce under the PPSMMA meeting	VIRTUAL
JANUARY	21	10-01-2023	10.00 AM	Meeting With Pharmaceutical Services Division	Petaling Jaya
	22	13-01-2023	10.30 AM	Courtesy Call by Chief Operating Officer, Pos DigiCert Tn. Haji Amir Suhaimi Hassan	MMA House
	23	17-01-2023	9:30 AM	Meeting With Private Medical Practising Control Section (CKAPS)	MOH, Putrajaya
	24	27-01-2023	8.00 PM	Legal Taskforce Under the PPSMMA - Informal Dinner	Bijan Bar & Restaurant
	25	28-01-2023	8.30 AM	Legal Taskforce under the PPSMMA Meeting	MMA House
	26	29-01-2023	10.00 AM	2 nd PPSMMA Exco Meeting	MMA House
FEBRUARY	27	07-02-2023	2.00 PM	Fomema Sdn Bhd - Concession Meeting	MMA House
	28	25-02-2023	8.30 AM	Engagement Session with Private General Practitioners Addressing the Gaps of Primary Health Care Performance In Private Sector	The Majestic Hotel Kuala Lumpur
	29	25-02-2023	2.00 PM	Training on Clinical Practice Guidelines (CPG) for Private General Practitioners - CPG Management of Major Depressive Disorder (Second Edition)	MMA House
	30	25-02-2023	6.30 PM	MMA NS Annual Installation Dinner 2022/2023	Royale Chulan Seremban

MARCH	31	04-03-2023	7.00 AM	MMA Perak "Walk Against Obesity"	Padang Polo, Ipoh, Perak
	32	07-03-2023	10.00 AM	Appreciation Ceremony & Luncheon for the "Malaysian Researchers Uncover Adjunctive Therapy for Non-Communicable Diseases with First Local Clinically Proven Probiotics (HEXBIO®)"	Sunway Resort Hotel, PJ
	33		3.30 PM	Meeting with British High Commission	British High Commission (BHC), KL
	34	08-03-2023	10.00 AM	Virtual meeting with MOH - Bahagian Kawal Selia Radiasi (<i>membincangkan isu kekurangan juru x-ray</i>)	VIRTUAL (Google Meet)
	35	11 & 12/3/23	7.00 AM	SCHOMOS & PPSMMA Team Building	Bidaisari resort, Janda Baik, Pahang
	36	13-03-2023	7.00 PM	Follow up meeting with Royal College of General Practitioner - British High Commission (BHC, UK)	VIRTUAL (Google Meet)
	37	18-03-2023	8.00 AM	Specialisation Pathway Seminar	Gleneagles Hospital KK, Sabah
APRIL	38	02-04-2023	10.00 AM	3 rd PPSMMA EXCO Meeting 2022/2023	MMA House
	39	03-04-2023	9.00 PM	Virtual meeting - National GP Survey with Dr Arvinder Singh (Medical researcher)	VIRTUAL (Zoom)
	40	06-04-2023	9.30 AM	Mesyuarat Jawatankuasa Pelaksanaan DUNas BIL 1/2023 (<i>Farmasi</i>)	Bahagian Regulatori Farmasi Negara
	41		2.30 PM	PPSMMA meeting (hybrid) with National Cancer Society of Malaysia (NCSM)	MMA House & via Zoom
	42		5.00 PM	Perjumpaan Dan Majlis Berbuka Puasa Bersama Menteri Dan Pengurusan Tertinggi Kementerian Kesihatan Malaysia	Eastin Hotel Kuala Lumpur
MAY	43	06-05-2023	10.00 AM	3 rd SCHOMOS Exco meeting 2022/2023	MMA House
	44	08-05-2023	8.30 PM	Survey on Issues Faced by General Practitioners (GPs) in Participating in PERKESO Health Screening Program & Webinar GPs, the Important Stakeholder in Early Detection of NCDs – MMA and PERKESO (<i>Dr Bala was the moderator for this webinar</i>)	VIRTUAL (Zoom)
	45	09-05-2023	8.30 AM	Jemputan Ke Bengkel Managed Care Organisation (MCO) / Third-Party Administrator (TPA)	Menara MITI
	46	14-05-2023	8.30 AM	MMA's Career Guidance Conference (CGC) - SCHOMOS event	The Gardens, Mid Valley

	47	16-05-2023	9.30 AM	Invitation to Pre-launch engagement for Skim Perubatan MADANI (pilot)	Menara PERKESO, Ampang
	48	19-05-2023	9.30 AM	Mesyuarat Jawatankuasa Teknikal Single Use Medical Devices, Drug Delivery Devices & Devices for Processing of Blood and Body Fluid (NSC 18/TC 2) Bil. 1/2023	Jabatan Standard Malaysia
	49	20-05-2023	5.00 PM	3 rd MMA Exco meeting 2022/2023	MMA House
	50	21-05-2023	9.00 AM	3 rd MMA Council meeting 2022/2023	MMA House
	51	24-05-2023	11.00 AM	PPSMMA meeting with PERKESO	Menara PERKESO, Ampang
	52	31-05-2023	9.00 AM	World No Tobacco Day	Dewan Hang Tuah, Melaka
JUNE	53	03-06-2023	1.30 PM	Training on Clinical Practice Guidelines (CPG) for Private General Practitioners - CPG Management of Atopic Eczema	VIRTUAL (Zoom)
	54	04-06-2023	4.30 PM	MMA Pre-Congress Forum (virtual) - 'Under or Over Regulated Primary Healthcare'	VIRTUAL (Zoom)
	55	26-06-2023	2.30 PM	Mesyuarat (Hybrid) Kerjasama Berkaitan Program Kesihatan Bayi Dan Kanak-Kanak Daripada Pengamal Perubatan Swasta	Kompleks E, KKM Putrajaya & via Google Meet

OTHER ACTIVITIES

- i. March 2023 - SCHOMOS & PPSMMA Team Building at Janda Baik, Pahang
- ii. 25/2/2023 - 1st CPG Online Training: Training on Clinical Practice Guidelines (CPG) for Private General Practitioners - CPG Management of Major Depressive Disorder (Second Edition)
- iii. 3/6/2023 - 2nd CPG online training: Training on Clinical Practice Guidelines (CPG) for Private General Practitioners - CPG Management of Atopic Eczema
- iv. 4/6/2023 - Pre-Congress Forum (webinar) - 'Under or Over Regulated Primary Healthcare'



SCHOMOS and PPSMMA Team Building at Bidaisari Resort, Janda Baik, Pahang



Blood Donation Drive by PPS NWC



PPSMMMA Exco Meeting at Dr MK Rajakumar Room, MMA House



TRAINING ON CLINICAL PRACTICE GUIDELINES (CPG) FOR PRIVATE GENERAL PRACTITIONERS
CPG MANAGEMENT OF MAJOR DEPRESSIVE DISORDER (SECOND EDITION)

MODERATOR
Assoc. Prof. Dr. Mohamad Ibrahim
Chairman, Psychiatry & Family Medicine, Universiti Kebangsaan Malaysia, Kuala Lumpur

25 February 2023 (Saturday)
2:00pm - 4:00pm (Registration at 1.30pm)

SPEAKER
Dr. Alan Syarifin
Psychiatry & Senior Lecturer, Universiti Malaya Medical Centre, Kuala Lumpur

SPEAKER
Dr. Yee Sim Yee
Family Medicine Specialist & GP, Kluang Hospital, Johor Bahru

SPEAKER
Dr. Sara Yusoff
Consultant in Psychiatry, Hospital Kuala Lumpur

2 CPD Points
FOR SHARING OF QUESTIONS AND CASES PLEASE SIGN UP



4 CPD Points Provided

Scan To Register

MMA Pre-Congress Forum
(Dates Or Over Registered Primary Healthcare)
Date : 04th June 2023, 4.30PM - 7.30PM

Speakers:
Mr. Abdul Halim bin Abu Naim (KKUM) - General Practitioner, Speaker
Ms. Rozawati Osman - Psychiatrist, Speaker
Ms. Umairah Khatima (MPSA) - Senior Principle Anaesthetist, Speaker
Ms. Jackie Ng - Specialist, Speaker
Pangsan (CKAPS) - General Practitioner, Speaker

Dr. Ramesh Babu S. Krishna - Moderator

Posters of 1st and 2nd Clinical Practice Guidelines (CPG) training for General Practitioners



KEMPEN DERMA DARAH
1 BEG DARAH MAMPU SELAMATKAN 3 NYAWA

SYARAT ASAS PENDERMA DARAH

- Sihat seluruh badan
- Berumur di antara 17-70 tahun untuk yang pernah menderma
- Berumur di antara 17-40 untuk pertama kali menderma
- [17 tahun perlu dipantau selanama belajar]
[sebagai buhaya/bongkang]
[bagi yang berumur 45 dan ke atas perlu memulakan Laporan Kesihatan]
- Berat badan melebihi 45kg ke atas
- Tidak mencekuk 5 jam
- Tidak masalah keihatan
- Tidak mengambil makanan sebelum menderma darah
- Pendermaan terakhir 3 bulan lepas
- Bagi penderma wanita tidak mengandungi NOK dalam hair tidak mempunyai anak
- Menunggu di Malaysia sekurang-kurangnya 1 tahun (bagi balai warganegara)
- Tidak menggunakan langkah atau gaya hidup berisiko tinggi (conton pengangkutan darat, berbasikal, perlanggukan pesangin seks, pertubuhan seksual)
- Membawa dokumen pengesanan di (Kad Pengesanan/ Pasport)

DONATE BLOOD SAVE LIFE
DERMA DARAH SELAMATKAN NYAWA

UNIT BERGERAK KAMI BERADADI:
OUR MOBILE UNIT WILL BEHERE:

TARIKH/ DATE : 18th June 2023
TEMPAT/ VENUE : IOI MALL PUCHONG JAYA (3rd FLOOR SOUTH WING)
MASA/ TIME : 11.00am to 5.00pm

PUSAT DARAH NEGARA
www.pdn.gov.my
Tel : 03-2613 2857 / 2858
Fax : 03-2698 0328
Email : pdn_pdn@moh.gov.my

#jomedardarah

Blood Donation Campaign Poster

Dato' Dr Parmjit Singh A/L Kuldeep Singh
Honorary Secretary

SECTION CONCERNING HOUSE OFFICERS, MEDICAL OFFICERS & SPECIALIST (SCHOMOS)

1. MEJ (B) DR AHMAD FILZA BIN ISMAIL - **Chairman**
2. DR SIVABALA SELVARATNAM - **Vice-Chairman**
3. DR TIMOTHY CHENG TSIN JIEN - **Honorary Secretary**
4. DR THUM CHERN CHOONG - **Honorary Treasurer**
5. DR LYNETTE SHEENA A/P DEWA RAJO - **Honorary Assistant Secretary**
6. DR MUHAMMAD SHAUQI BIN ABDUL KADIR - **Honorary Assistant Secretary**
7. DR FAISAL NORIZAN - **State Representative, Johor**
8. DR MUHAMMAD SHAUQI B ABD KADIR - **State Representative, Kedah**
9. DR ROSNELIFAIZUR BIN RAMELY - **State Representative, Kelantan**
10. DR MUHAMAD SHAHRIMAN BIN MUHAMAD SHARI - **State Representative, Melaka**
11. DR TANG JEAT LIANG - **State Representative, Negeri Sembilan**
12. DATIN DR GOWRI A/P SUNDARAM - **State Representative, Pahang**
13. DR JOHN EMMANUEL A/L GILBERT FERNANDEZ - **State Representative, Perak**
14. DR SATHESH KUMAR A/L PERIYASAMY - **State Representative, Perlis**
15. DR HUNG WEI PIN - **State Representative, Pulau Pinang**
16. DR MERVIN GEORGE P MATHEW - **State Representative, Sabah**
17. DR GOH ZHONG NING, LEONARD - **State Representative, Sarawak**
18. DR MUHAMMAD ALIFF IMRAN BIN NOOR MOHAMED - **State Representative, Selangor**
19. DR KARTIK KALIYANA SUNDARAM - **State Representative, Terengganu**
20. DR HARDIP SINGH GENDEH - **State Representative, Wilayah Persekutuan**



Seated Left – Right:

Dr Muhammad Shauqi, Dr Sivabala Selvaratnam, Dr Ahmad Filza, Dr Timothy Cheng, Dr Thum Chern Choong (Sean), Dr Lynette Sheena

Standing Left – Right:

Dr Mervin George, Dr Tang Jeat Liang, Dr John Emmanuel, Dr Muhamad Shahrman, Dr Leonard Goh, Dr Muhammad Aliff Imran

Not in the Picture:

Dr Faisal Norizan, Dr Hardip Singh Gendeh, Dr Rosnelifaizur, Dr Kartik, Datin Dr Gowri, Dr Sathesh Kumar, Dr Hung Wei Pin

ACTIVITIES

i. Exco Meetings

SCHOMOS Exco has met three (3) times this term. The date for the fourth Exco Meeting has yet to be determined. Below are the Exco Meeting dates:

Meeting	Venue	Date
1 st Exco Meeting	MMA House, KL & Online via Zoom	9/10/2022
2 nd Exco Meeting	MMA House, KL & Online via Zoom	28/1/2023

3rd Exco Meeting	MMA House, KL & Online via Zoom	6/5/2023
4th Exco Meeting	TBA	TBA

ii. National Working Committee (NWC) Meetings

The NWC, which comprises the Exco and state SCHOMOS Representatives, has met twice thus far, and one more meeting has been planned for this year before the upcoming National AGM. The dates of the NWC meetings are listed below.

Meeting	Venue	Date
1st NWC Meeting	MMA House, KL & Online via Zoom	9/10/2022
2nd NWC Meeting	MMA House, KL & Online via Zoom	28/1/2023
3rd NWC Meeting	TBA	TBA

iii. Other Meetings attended by Exco Members

Up until 14/6/2023, the SCHOMOS Exco Members had attended 39 meetings in total, as shown in the table below.

No	Date	Meeting Name
1	10/9/2022	Emergency Council Meeting
2	2/10/2022	1st Council Meeting 2022-2023
3	9/10/2022	1st SCHOMOS EXCO and NWC 2022-2023
4	10/10/2022	Doctors Day Celebration 2023
5	11/10/2022	Persidangan Perwakilan Dwitahunan MBK P&P Kali Ke-16 Sesi 2022-2024
6	12/10/2022	CMA Committee Meeting
7	5/11/2022	1st International Junior Doctors Network (JDN) Malaysia Conference 1st PPS EXCO and NWC Meeting 2022-2023
8	15/11/2022	Sesi Libat Urus Ketua Pengarah Perkhidmatan Awam (KPPA) Bersama Persatuan/Kesatuan Sekerja Dalam Perkhidmatan Awam
9	2-5/12/2022	19th MASEAN Meeting
10	9/12/2022	1st EXCO Meeting 2022-2023
11	15/12/2022	Jemputan Menghadiri Program "The Malaysia Launch of The 2022 Report On Lancet Countdown: Health At The Mercy Of Fossil Fuels" Anjuran Universiti Malaysia Terengganu
12	27/12/2022	Pre discussion meeting with YBMK
13	28/12/2022	Meeting with YBMK
14	30/12/2022	Mesyuarat Majlis Bersama Kebangsaan Bagi Pekerja-Pekerja Pengurusan Dan Profesional Bil 1/2022 Sesi 2022 - 2024
15	1/1/2023	SCHOMOS-PPS Team Building Meeting
16	28/1/2023	2nd SCHOMOS EXCO and NWC Meeting 2022-2023
17	29/1/2023	2nd PPS EXCO Meeting 2022-2023
18	30/1/2023	Jemputan Ke Sesi Perbincangan Berhubung Isu Penghijrahan Individu Berkemahiran Tinggi (Brain Drain) Bidang Perubatan – with MOHE
19	6/2/2023	Meeting to discuss on Selection Criteria for Permanent Posts
20	9/2/2023	2nd Meeting to discuss on Selection Criteria for Permanent Posts - MMA Senior Members
21	11/2/2023	Meeting to discuss on Selection Criteria for Permanent Posts - External Organisations
22	18/2/2023	Preparatory Meeting for Townhall session 2.0
23	18/2/2023	2nd MMA EXCO Meeting 2022-2023
24	19/2/2023	2nd Preparatory Meeting for Townhall session 2.0
25	19/2/2023	2nd MMA Council Meeting 2022-2023

26	22/2/2023	Town Hall Meeting 2.0 with YB Minister of Health
27	6/3/2023	Outreach Program Bersama MBK
28	7/3/2023	SCHOMOS & UM Research Team - First Stakeholder Engagement Meeting
29	11-12/3/2023	SCHOMOS – PPS Team Building Program
30	24/3/2023	Meeting with Unit Integriti KKM - Collaboration on Helpdoc and MyHelp
31	1/4/2023	Webinar On Language + Health & Wellbeing
32	2/4/2023	3rd SCHOMOS PPS EXCO
33	6/4/2023	Perbincangan dan Majlis Berbuka Puasa MMA with KKM
34	7-8/5/2023	Perbincangan dan Majlis Berbuka Puasa MBK P&P
35	6/5/2023	3rd SCHOMOS EXCO Meeting
36	13-14/5/2023	MMA's Career Guidance Conference
37	20/5/2023	3rd MMA EXCO Meeting
38	21/5/2023	3rd MMA Council Meeting
39	10/6/2023	Basic Ultrasound Workshop

iv. SCHOMOS-MMA Doctors' Day Celebration 2022 on Monday, 10/10/2022

Held at Bilik Mesyuarat Bunga Raya with a health screening for the public on the ground floor carpark. In collaboration with MMA PPS and SMMAMS, we acknowledged the head of services by inviting them and giving a token of appreciation for their service during the COVID-19 pandemic.

v. Townhall Meeting 2.0 with KKM on 22/2/2023

A townhall meeting was organized in collaboration with the KKM and YBMK Dr Zaliha Mustafa. About 400 participants turned up, and it was a lively session where doctors could speak freely under the Chatham House Rules. Badges with the words "Reform Malaysian Healthcare" were also given out to everyone.

vi. SCHOMOS-PPS Team Building

To foster camaraderie and strengthen bonds between the National Working Councils (NWC) of MMA's Section Concerning House Officers, Medical Officers, and Specialists (SCHOMOS) and the Private Practitioners Society (PPS), a team building retreat was jointly organised. Participants spent a lovely weekend in Janda Baik, Pahang, getting to know one another better and planning for future events involving both units. We had a good time at the retreat and are hoping for it to become an annual event.

vii. MMA's Career Guidance Conference

The inaugural Malaysian Medical Association's Career Guidance Conference (MMA's CGC) was held on May 13 & 14, 2023, at the Gardens Hotel Ballroom, Mid Valley City, KL. It witnessed the participation of at least 300 parents and students. This event was yet another one of MMA's CSR projects. It was held free of charge for our participants.

For the first time in Malaysia, 17 organisations, comprising 23 speakers supported by private education institutions of higher learning, came together on one platform with the singular aim of empowering our future through education and the pursuit of knowledge. The idea of having this conference was the brainchild of Dr Muruga Raj Rajathurai, MMA President. He felt that there's an increased rate of dropout amongst students (and young professionals) in all fields. This predicament needed to be addressed so that our students are better informed when making career decisions.

viii. Basic Ultrasound Workshop

The Basic Ultrasound Workshop 2023 was held this year on the 9th of June at the KL Convention Centre, organised by the Women in Medicine/Schomas MMA and held concurrently with the MMA Congress of 2023. This year's collaboration was with Sains Medika, a company dedicated to non-invasive imaging, among others. The aims of the workshop were to provide participants with an opportunity to acquire practical knowledge in sonography that is useful in daily practise.

Prof Anushya Vijayanathan from UMMC, Dr Kartik Balaraman from Hospital Selayang, Dr Adienuar Ahmad Norawi from KK Bandar Kuantan, and Dr Raymond Ong Yu Ying from Hospital Serdang made up an established team of esteemed speakers that delivered engaging talks. The former 3 were joined by Dr Farhana Fadzli from UMMC, Dr Muniswaran Ganeshan from HTA KL, Dr Vicky Ho Miaw Ping from Hospital Sg Bulah, Dr Mohamed Rizwan from Hopital Tengku Ampuan Rahimah, and Mr Kumaran Govindasamy from Prince Court Medical Centre for the hands-on session.

The day was a smooth flow from start to finish, with two sessions of the workshop that enabled the participants to see a live demonstration of sonography, followed by hands-on training. The day concluded with eight lucky draw prize winners. The overall success is due to the dedicated Secretariat and Organizing Committee from MMA and Sains Medika, as well as all the Speakers, facilitators, and Delegates who attended this event.

ix. Webinars

In order to make the sharing of knowledge accessible and available, MMA SCHOMOS had been turning seminars into webinars even before the COVID-19 pandemic. While we are seeing more events reverting to the physical format, we are pleased to continue our webinars, as it is a good way of allowing our participants across the country to access valuable knowledge. There have been three webinars this term (quarterly), and we look forward to organizing more in due time.

x. Social Media

MMA SCHOMOS Facebook – 12k followers; MMA SCHOMOS Instagram – 4.8k followers MMA SCHOMOS Facebook: 12k followers; MMA SCHOMOS Instagram: 4.8k followers — main channels of communication with the public.

xi. Responding to Toxicologic Emergencies – A Pocket Reference

Members from SCHOMOS Sarawak, Dr Parthevan Rajasingam and Dr Loi Siew Ling, proposed having a quick reference book to guide doctors in responding to toxicologic emergencies. SCHOMOS was quick to support this brilliant initiative as part of our ongoing efforts to support junior doctors in their career and professional development. We are glad to have officially launched it at the Career Guidance Conference 2023 and hope it proves useful to our members. This is the second book SCHOMOS has published for junior doctors, the first of which was the SCHOMOS House Officer Guidebook 2022 (also spearheaded by SCHOMOS Sarawak).

CORPORATE PARTNERS

No	Type	Company	Details	Eligibility	Remarks
1	Car	BMW Malaysia	7% first unit onwards 7 + 1% from 1st unit onwards reg under Company	Life Members Only [CL from MMA]	Expiring on 31/12/2023

			Complete Built Up (CBU), Battery Electric Vehicle, M340I XdRIVE & Mini no discount		
2	Car	Hyundai	First Unit - 3% off RRP for all models Subsequent Unit - 5% off RRP for all models	Ordinary and Life Members	expiring on 31/12/2023
3	Car	Mercedes Benz Malaysia	6% for all model (TBC approval from MBM)	Life Members Only [CL from MMA]	expiring on 31/12/2023
4	Car	Nissan	based on promotion from Edaran Tan Chong Motors	Ordinary and Life Members	expiring on 31/12/2023
5	Car	Volkswagen	Corporate Employees Purchase Scheme (CEPS) Additional Promo (3%)	Ordinary and Life Members	expiring on 31/12/2024
6	Optical	Pott Glasses	20% for all glasses and sunglasses Online purchase code 20% - PGMMA20	Ordinary and Life Members	expiring on 31/07/2023
7	CPR/ AED [Training]	X3SI Sdn Bhd	Application/ Registration Fee Applies	Ordinary and Life Members	expiring on 31/07/2027
8	Scrub	FA Signature	Email schomos@mma.org.my to get the promo code	Ordinary and Life Members	expiring on 08/08/2023
9	Travel Partner	AirAsia		Ordinary and Life Members	Ongoing

MEMBERSHIP

i. Active and New Members

As of 14/6/2023, there are 5,873 active SCHOMOS members, and 1,540 of them are new members recruited from 9/9/2022 to date.

ii. Life Members

As of 14/6/2023, the number of Life Members stood at 2,805 of which 263 of them are new Life Members.

HELPDOG

19 cases concerning government doctors have been mitigated thus far. Having been set up in 2016, this platform is increasingly being used by doctors as the go-between to get a quicker and more effective response from the Ministry of Health.

SPECIAL ACKNOWLEDGEMENT

Appreciation and acknowledgement are hereby given to Ms Rafikah Nordin, MMA SCHOMOS secretariat, for her dedication and excellence in her work. Her contributions to MMA SCHOMOS have been invaluable.

CLOSURE

It is hoped that the coming year will see increased growth in MMA Life Membership and more engagement of MMA SCHOMOS with the Malaysian government.

Dr Timothy Cheng Tsin Jien
Honorary Secretary

MMA PUBLIC HEALTH SOCIETY

1. DR MURALLITHARAN MUNISAMY - **Chairman**
2. DR TAN CHIN AUN - **Vice-Chairman**
3. DR PUNITHA A/P MAKESWARAN - **Honorary Secretary**
4. DR GUGANESAN A/L KRISHNANMOORTHY - **Assistant Honorary Secretary**
5. DR THANA SEHGARAN A/L SHANMUGAM - **Honorary Treasurer**
6. PROF DR HOE CHEE WAI, VICTOR
7. PROF DR SANJAY RAMPAL A/L LEKHRAJ RAMPAL
8. DR PETER GAN KIM SOON

MMA Secretariat: Ms Muthuleetchumi

During this year 2022-2023, the MMA Public Health Society continued to be one of the more active wings of the MMA and carry out activities to ensure the vision and mission of the MMA, especially within the Public Health segment, continue to be realised.

MMA Public Health Society continued to be actively engaged in our core focus areas, namely in leading collaborative strategies and initiatives with various health stakeholders, running Public Health-related activities, and actively leading various Public Health advocacy initiatives. The MMA Public Health Society continues to be well-represented at international and local Public Health meetings and relevant stakeholder engagements and is constantly working to further improve the health of all Malaysians.

Some of the activities carried out by this Committee during the tenure of its term include:

- i. On 6/8/2022, the MMA Public Health Society organised a half-day Seminar focusing on young doctors choosing Public Health as one of their career pathways. The event was carried out in Dewan Bunga Raya, 6th floor, MMA Building, and featured eminent speakers, including Professor Datuk Dr Lekhraj Rampal, one of the most senior Public Health Physicians in Malaysia. Other speakers included those presenting viewpoints from industry, academia, and other workplaces utilising the role of Public Health Physicians. More than a few of the attendees have now moved into formal training positions in Public Health, showcasing the success of this Seminar in getting more young people into Public Health.
- ii. Webinar on the “Ask and Answer Series”.
The MMA Public Health Society continued to conduct a regular series of sensational topics related to Public Health with the engagement of key stakeholders in expressing their views, followed by a question-and-answer session with the audience. These sessions are conducted virtually on the designated MMA Zoom platform. The webinars are regularly conducted every two months. The following were the programmes conducted in this term:

DATE	THEME	SPEAKERS AND TITLE	ATTENDED
6/3/2023	Mental Health Among Junior Doctors	1. Dr Priya Ragunath – “MOH Malaysia Perspective-Mental Health Among Malaysian Junior Doctors” 2. Dr Husni Zaim Bin Abd Latiff – “Clinical Perspective-Realtime Scenario and its Management Strategies”	367

17/5/2023	Health Financing in Malaysia and Bangladesh	1. Dr Muhammad Anis bin Abd Wahab – “Health Financing in Malaysia” 2. Prof. Dr Harunur Rashid – “Health Financing in Bangladesh”	150
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iii. Jointly organised activities with other institutions or associations. MMA Public Health Society had the privilege to collaborate with several organisations and jointly organise some Activities. This included:

DATE	VENUE	THEME	AFFILIATION WITH	ROLE OF MMA-PHS
13/12/2022	Sunway Putra Hotel, Kuala Lumpur	Universal Health Coverage Day	National Cancer Society Malaysia NCD Malaysia APPGM SDG	Co-Organiser
28/1/2023	Everly Hotel, Putrajaya	National Conference on Mental Health and Wellbeing: “Preserving Mental Health in Crisis”	National Coalition of Mental Wellbeing	Co-Organiser
31/5/2023	Dewan Hang Tuah, Melaka	The Harms of Harm Reduction in Tobacco Control	National Cancer Society Malaysia	Co-organiser

iv. MMA Public Health Society also actively worked on putting out multiple publications this year on a wide range of topics. The table below outlines these various publications in detail:

No	Title	Category	List of Publications	Link
A. Publications				
Year 2023				
1	The Harms of Harm Reduction in Tobacco Control	Book	National Cancer Society Malaysia. THE HARMS OF HARM REDUCTION IN TOBACCO CONTROL: An in-depth guide for tobacco control advocates on debunking the false narrative of harm reduction. Kuala Lumpur: National Cancer Society Malaysia; 2023.	https://cancer.org.my/wp-content/uploads/2023/06/The-Harms-of-Harm-Reduction-in-Tobacco-Control-1.pdf
Year 2022				
2	From Cancer To COVID	Book	Munisamy M, Thoo M, Low C, Sundaram SK, Joseph P, Ma’som M, Rajendran S et al. From Cancer to COVID. Kuala Lumpur (MY): National Cancer Society of Malaysia; 2022.	https://tinyurl.com/2gsrbeld
B. Reports				
Year 2022				
1	The NCD Malaysia	Report	Munisamy M, Thoo M, Ma’som M, Rajendran S, Hwong TJ,	https://tinyurl.com/2lnerjag

	Strategic Plan 2022-2025		Pereira J, et al. NCD Malaysia Strategic Plan 2022-2025 [Internet]. Kuala Lumpur: National Cancer Society Malaysia; 2022 [Cited on 2023 Feb 21]. Available from: https://tinyurl.com/2lnerjag	
2	Our Struggles, Our Stories: Perspectives of the NCD Care Landscape by People Living with NCDs in Malaysia	Report	Munisamy M, Thoo M, Hwong TJ, Ma'som M, Rajendran S, Pereira J, et al. Our Struggles, Our Stories: Perspectives of the NCD Care Landscape by People Living with NCDs in Malaysia [Internet]. Kuala Lumpur (MY): National Cancer Society of Malaysia; 2022 [Cited on 2023 Feb 21]. Available from: https://tinyurl.com/2el7spbo	https://tinyurl.com/2el7spbo
C.	E-Media			
Year	2023			
1	The False Narrative of Harm Reduction	Video	Harms of Harm Reduction in Tobacco Control: The False Narrative of Harm Reduction. The National Cancer Society of Malaysia. 2023. Available from: https://www.youtube.com/watch?v=FFSUsqaZyKE&list=PLeG1ZxZDDC0ViCiqJGnUXAbJN-VHiQJB4	https://www.youtube.com/watch?v=FFSUsqaZyKE&list=PLeG1ZxZDDC0ViCiqJGnUXAbJN-VHiQJB4
2	Harm Reduction and Harm it Causes	Video	Harms of Harm Reduction in Tobacco Control: Harm Reduction and Harm it Causes. The National Cancer Society of Malaysia. 2023. Available from: https://www.youtube.com/watch?v=3BR9pUVU1-M&list=PLeG1ZxZDDC0ViCiqJGnUXAbJN-VHiQJB4&index=2	https://www.youtube.com/watch?v=3BR9pUVU1-M&list=PLeG1ZxZDDC0ViCiqJGnUXAbJN-VHiQJB4&index=2
3	Vaping: The New Harm	Video	Harms of Harm Reduction in Tobacco Control: Vaping: The New Harm. The National Cancer Society of Malaysia. 2023. Available from: https://www.youtube.com/watch?v=sW-3t2Yo3hg&list=PLeG1ZxZDDC0ViCiqJGnUXAbJN-VHiQJB4&index=3	https://www.youtube.com/watch?v=sW-3t2Yo3hg&list=PLeG1ZxZDDC0ViCiqJGnUXAbJN-VHiQJB4&index=3
4	Perspectives in Harm Reduction:	Video	Harms of Harm Reduction in Tobacco Control: Perspectives in Harm Reduction: Initiation vs Reduction. The National Cancer	https://www.youtube.com/watch?v=dq_KRH44S-E&list=PLeG1ZxZDD

	Initiation vs Reduction		Society of Malaysia. 2023. Available from: https://www.youtube.com/watch?v=dq_KRH44S-E&list=PLeG1ZxZDDC0ViCiqJGnUXAbJN-VHiQB4&index=4	C0ViCiqJGnUXAbJN-VHiQB4&index=4
5	Myths in Harm Reduction: Sources of Misinformation	Video	Harms of Harm Reduction in Tobacco Control: Myths in Harm Reduction: Sources of Misinformation. The National Cancer Society of Malaysia. 2023. Available from: https://www.youtube.com/watch?v=pLn4d_zA9Gg&list=PLeG1ZxZDDC0ViCiqJGnUXAbJN-VHiQB4&index=5	https://www.youtube.com/watch?v=pLn4d_zA9Gg&list=PLeG1ZxZDDC0ViCiqJGnUXAbJN-VHiQB4&index=5
6	Piercing the Veil: Communication Strategies in Dispelling Harm Reduction Myths	Video	Harms of Harm Reduction in Tobacco Control: Piercing the Veil: Communication Strategies in Dispelling Harm Reduction Myths. The National Cancer Society of Malaysia. 2023. Available from: https://www.youtube.com/watch?v=WTaA0XR7NIs&list=PLeG1ZxZDDC0ViCiqJGnUXAbJN-VHiQB4&index=6	https://www.youtube.com/watch?v=WTaA0XR7NIs&list=PLeG1ZxZDDC0ViCiqJGnUXAbJN-VHiQB4&index=6
7	Advocating Against Harm Reduction A Societal Perspective	Video	Harms of Harm Reduction in Tobacco Control: Advocating Against Harm Reduction A Societal Perspective. The National Cancer Society of Malaysia. 2023. Available from: https://www.youtube.com/watch?v=dTymzfeTOM4&list=PLeG1ZxZDDC0ViCiqJGnUXAbJN-VHiQB4&index=7	https://www.youtube.com/watch?v=dTymzfeTOM4&list=PLeG1ZxZDDC0ViCiqJGnUXAbJN-VHiQB4&index=7
8	The Rocky Road Ahead: Challenges from Harm Reduction to a Tobacco-Free Generation	Video	Harms of Harm Reduction in Tobacco Control: The Rocky Road Ahead: Challenges from Harm Reduction to a Tobacco-Free Generation. The National Cancer Society of Malaysia. 2023. Available from: https://www.youtube.com/watch?v=o4nGsSG7wDc&list=PLeG1ZxZDDC0ViCiqJGnUXAbJN-VHiQB4&index=8	https://www.youtube.com/watch?v=o4nGsSG7wDc&list=PLeG1ZxZDDC0ViCiqJGnUXAbJN-VHiQB4&index=8
Year	2022			
9	The SK Dharmaling	Video	The SK Dharmalingam Lecture Series 22 - From Fighting to Thriving [Internet]. Kuala Lumpur	https://tinyurl.com/2mmqd8pe

	am Lecture Series		(MY): National Cancer Society of Malaysia; 2022 Jun 26 [Cited on 2023 Feb 21]. Available from: https://tinyurl.com/2mmqd8pe	
10	The SK Dharmalingam Lecture Series	Video	The SK Dharmalingam Lecture Series 23 - Minimally Invasive, Maximally Effective [Internet]. Kuala Lumpur (MY): National Cancer Society of Malaysia; 2022 Jul 30 [Cited on 2023 Feb 21]. Available from: https://tinyurl.com/2qvdkaff	https://tinyurl.com/2qvdkaff
11	The SK Dharmalingam Lecture Series	Video	The SK Dharmalingam Lecture Series 24 - Updates in the Management of Gastric Cancer [Internet]. Kuala Lumpur (MY): National Cancer Society of Malaysia; 2022 Sep 13 [Cited on 2023 Feb 21]. Available from: https://tinyurl.com/2nl8txwh	https://tinyurl.com/2nl8txwh
12	The SK Dharmalingam Lecture Series	Video	The SK Dharmalingam Lecture Series 25 - Molecular Profiling & Precision Medicine [Internet]. Kuala Lumpur (MY): National Cancer Society of Malaysia; 2022 Sep 30 [Cited on 2023 Feb 21]. Available from: https://tinyurl.com/2qwxgr8l	https://tinyurl.com/2qwxgr8l
13.	The SK Dharmalingam Lecture Series	Video	The SK Dharmalingam Lecture Series 26 - Silently Servicing the Cancer Cause [Internet]. Kuala Lumpur (MY): National Cancer Society of Malaysia; 2022 Sep 30 [Cited on 2023 Feb 21]. Available from: https://tinyurl.com/2gwpkee9	https://tinyurl.com/2gwpkee9
14.	The SK Dharmalingam Lecture Series	Video	The SK Dharmalingam Lecture Series 27 [Internet]. Kuala Lumpur (MY): National Cancer Society of Malaysia; 2022 Dec 21 [Cited on 2023 Feb 21]. Available from: https://tinyurl.com/2pa4mukj	https://tinyurl.com/2pa4mukj
D.	Booklets			
Year	2023			
1	Psychosocial Support Series:	Booklet	Kah Yee L, Wei YJ, Thoo M, Munisamy M. Psychosocial Support Series: Relaxation	https://cancer.org.my/wp-content/uploads/202

	Relaxation Technique - Coping with Cancer		Technique - Coping with Cancer. National Cancer Society of Malaysia. 2023.	3/05/Relaxation-Techniques-Booklet_ENG.pdf
Year	2022			
2	Our Stories, Our Struggles Series	Booklets	Munisamy M, Thoo M. All About Insurance [booklet]. Kuala Lumpur (MY): National Cancer Society of Malaysia; 2022.	https://tinyurl.com/2gvd6dg3
3	Our Stories, Our Struggles Series	Booklets	Munisamy M, Thoo M. Healthcare Professional Viewpoint [booklet]. Kuala Lumpur (MY): National Cancer Society of Malaysia; 2022.	https://tinyurl.com/2f2mxtl9
4	Our Stories, Our Struggles Series	Booklets	Munisamy M, Thoo M. Human Rights Viewpoint [booklet]. Kuala Lumpur (MY): National Cancer Society of Malaysia; 2022.	https://tinyurl.com/2jlzpc4v
5	Our Stories, Our Struggles Series	Booklets	Munisamy M, Thoo M. Patient Viewpoint [booklet]. Kuala Lumpur (MY): National Cancer Society of Malaysia; 2022.	https://tinyurl.com/2drgu7do
E.	Policy Briefs			
Year	2022			
1	HPV Vaccination	Policy Brief	Chakbarty HJ, Abir MI, Mah WY, Ma'som M, Murugesan K, Lingam G, et al. Policy Brief: Restart the HPV Vaccination Programme. Kuala Lumpur (MY): National Cancer Society of Malaysia; 2022.	https://tinyurl.com/2eejpo9p
2	Improving the Care Landscape in Malaysia for Healthcare Workers and People Living with NCDs	Policy Brief	Munisamy M, Thoo M, Majid HM, Gafor AH, Abdullah NH, Abidin Z, et al. Improving the Care Landscape in Malaysia for Healthcare Workers and People Living with NCDs. Kuala Lumpur (MY): NCD Malaysia; 2022.	https://tinyurl.com/2q2ngxp6

Finally, in total, the Committee wishes to record its gratitude for being given the opportunity to serve the MMA and its members in the cause of Public Health. The Committee also thanks Ms Muthulechumi for her continuous support and dedication as the Secretariat for the MMA Public Health Society and the Secretariat of the NCSM for their valuable support.

Dr Punitha A/P Makeswaran
Honorary Secretary

MMA SOCIETY OF MEDICAL STUDENTS (SMMAMS)

1. TENG ZHI SEAN, University of Malaya - **Chairman**
2. DR THIYAGAR S/O NADARAJAW - **Advisor**
3. FOO MING XIAN, University of Malaya - **Vice-Chairman**
4. LIM YUAN HENG, University of Malaya - **Honorary Secretary**
5. SOON MING YI, University of Malaya - **Honorary Treasurer**
6. ENG PINK HUEY, University of Malaya - **Honorary Assistant Secretary**
7. CHEAH KHAI HOE, University of Malaya - **Activities Director**
8. SIEW KE YUAN, Universiti Kebangsaan Malaysia - **Capacity Building Director**
9. KOK FANG JUIN, University of Malaya - **External Affairs Director**
10. MUHAMMAD ZULKARNAIN BIN ABD RAHIM, Universiti Sains Islam Malaysia - **Membership Director**
11. SEAH YI HAN, Universiti Kebangsaan Malaysia - **Committee Member**

MMA Secretariat: Ms Jemima

ACTIVITIES

No.	Timeline	Activity title	Description
1	8/10/2022 (Throughout whole term)	SCOPE the world with SCORP	"Scope The World With SCORP" social media advocacy is a 12-month social media campaign to advocate for a series of human rights and peace issues. This social media advocacy aims to provide education in the field of human rights, especially on health and peace to the community, in the form of increasing awareness and knowledge of prospective health professionals in the health system for refugees, displaced people or groups vulnerable to disaster and health. In this social media campaign, we will celebrate international days created by the United Nations to promote international awareness and action on the aforementioned issues.
2	10/10/2022	MMA Malaysian Doctor's Day 2022	SMMAMS celebrated Doctor's Day on October 10, 2022, with the Malaysian Medical Association, themed "Navigating Healthcare from Treatment to Prevention". It is SMMAMS' privilege to be part of this campaign to acknowledge and honour doctors across Malaysia for their contribution to the community, especially during the pandemic.
3	4-6/11/2022	CMA 26th Triennial Conference & Council Meeting	The Commonwealth Medical Association (CMA) held its 26th Triennial Conference and Council Meeting from November 4-6, 2022, in Kuala Lumpur, Malaysia. During this meeting, Dr Osahon Enabulele handed over the leadership of CMA to Dr Muruga Raj, the newly elected president of CMA. SMMAMS would like to

No.	Timeline	Activity title	Description
			congratulate Dr Muruga Raj and wish him all the best in this role.
4	5/11/2022	1st International JDN Malaysia Conference	The Junior Doctors Network (JDN) serves as an international platform for junior doctors to facilitate an open dialogue about global events and activities that are relevant to their postgraduate training and the World Medical Association (WMA). The MMA Junior Doctors Network hosted its first international annual conference on the sidelines of the CMA 26th Triennial Council Meeting on November 5, 2022, in Kuala Lumpur. The event theme was "Empowering Junior Doctors: The Future of Malaysian Healthcare."
5	12-13/11/2022	SMMAMS 22/23 1st TO Meeting & Capacity Building	18 members from the SMMAMS 22/23 Team of Officials (TO) have taken part in this 2D1N event, held in MMA House. Beside finalizing the Annual Working Plan (AWP), the TO also participated in the SWOT analysis, EDI training session and various fun capacity building activities throughout the event.
6	3/12/2022	My Right to Health	SMMAMS and NCD Malaysia collaborated to organise a virtual town hall to educate and inform future doctors' as well as the public on this important issue at hand and give insight into how insurance discrimination is affecting our nation.
7	17/12/2022	World AIDS Day Forum (SCORA x SCOPH)	We organised a virtual SCORA-SCOPH Malaysia World AIDS Day Forum via Microsoft Teams. It is the first event held by SCORA Malaysia for term 2022/23. The row of panellists consisted of Dr. Rachael Winston, a certified sexologist from MUC Healthcare; Mr Muhd al-Hafiz Zulkiflee, a person living with HIV (PLHIV); and Ms. Nabil Razali@Belle, Research Coordinator for NIH Projects from CERiA UM. The forum was steered by Joseph Hamzah Anwar, the National Officer of SCORA Malaysia.
8	30/12/2022	Activity Management 101	Activity Management 101 is a workshop that was organised by the capacity building team to aid the new committee on how to design effective programmes throughout their tenure under their committee. During the workshop, a mini presentation was done to help guide them on the principles of using brainstorming techniques that can be used

No.	Timeline	Activity title	Description
			<p>in their programme. We also provided them with the protocols that they need to be aware of when they are organising an activity with SMMAMS. 9There was also a virtual "hands-on" session for the participants as they applied techniques to come up with a mock proposal of their own. Approximately 22 members from various standing committees participated in our workshop, while the capacity-building team members facilitated the programme.</p>
9	8/1/2023	ISMKI x SMMAMS Virtual Exchange 2023	<p>Ikatan Senat Mahasiswa Kedokteran Indonesia (ISMKI) or the Indonesian Medical Student Executive Boards Association (IMSEBA) is a forum for coordination, consolidation and advocacy for all Indonesian Medical Students which was established in 1981 and currently consists of 90 BEM/SEMA/HIMA/LEM Faculty of Medicine throughout Indonesia.</p> <p>The virtual exchange was held via Zoom. The exchange aims to expand relations, share information about both organizations and promote cultural understanding between Indonesia and Malaysia.</p>
10	23/1/2023	#TuGetherBreakTheStigma IG Contest	<p>An online advocacy event held by the Standing Committee on Sexual and Reproductive Health and Rights, including HIV and AIDS (SCORA) Malaysia to raise the awareness of the public towards People Living with HIV (PLHIV) through some online quizzes, interactive posts, and sharings regarding HIV and AIDS.</p>
11	28-29/1/2023	ISMKI x SMMAMS Physical Exchange 2023	<p>Ikatan Senat Mahasiswa Kedokteran Indonesia (ISMKI) or the Indonesian Medical Student Executive Boards Association (IMSEBA) is a forum for coordination, consolidation and advocacy for all Indonesian Medical Students which was established in 1981 and currently consists of 90 BEM/SEMA/HIMA/LEM Faculty of Medicine throughout Indonesia.</p> <p>We had the opportunity to discuss various topics during the physical exchange between ISMKI and SMMAMS, including differences in healthcare systems in both countries, visited MMA House as well as some famous tourist spots such as Batu Caves and Putrajaya. It was a meaningful and unforgettable exchange experience.</p>

No.	Timeline	Activity title	Description
12	6/2/2023 – 5/3/2023	SMMAMS Merchandise Sales	<p>SMMAMS has been selling our merchandise throughout the 1-month period. Below are some of the merchandises that we offer during the merchandise sales:</p> <p>SMMAMS T-shirt (<i>only for SMMAMS members</i>) Canva Bag Measuring Tape Cutlery Set Medical Pen Torch Lanyard</p> <p>The merchandise is sold in both bundles and non-bundles. Delivery services were provided with coverage to both West and East Malaysia.</p>
13	18/3/2023	SCORA in ERASE 2022/2023	<p>Eradicate AIDS and Stigma for Equality (ERASE) is an annual flagship event under the purview of the Universiti Malaya Medical Society (UM MEDSOC), in which they aim to contribute towards instilling awareness, strengthening factual knowledge, as well as tackling the controversy and misinformation concerning HIV/AIDS.</p> <p>The SCORA is invited as one of the collaborators for ERASE 2022/2023 and will be attending the physical event as one of the booths to educate the public on sexual health issues.</p>
14	10/4/2023	ELSEVIER X SMMAMS: Student Book Reviewer	<p>SMMAMS Malaysia is collaborating with ELSEVIER, looking for Talley & O'Connor's Clinical Examination 9th Edition, Southeast Asia Edition student book reviewers.</p> <p>The selected reviewers are able to comment and provide feedback for future editions and receive a complimentary copy of the book.</p>
15	29/4/2023	Introduction to Policy Writing Workshop	<p>This event was organized by the Capacity Building team of SMMAMS 2022/2023. This event aims to guide committees on the basics of policy writing via a sharing session with our trained IFMSA Asia Pacific External Affairs Regional Assistant, Mr. Vedant Shukla!</p>
16	30/3/2023 – 1/4/2023	Medical Student to Houseman: What does the Future Hold?	<p>The Society of MMA Medical Students (SMMAMS) and the Malaysian Medical Association-Junior Doctor Network (MMA-JDN) have come together to collaborate for this event - Medical Student to Houseman: What does the Future Hold?</p>

No.	Timeline	Activity title	Description
			<p>The main aim of this event is to provide the medical students with some insights on what to expect during their housemanships and some tips to survive in their future career. In this half-day event, experienced speakers from MMA-JDN will also provide some information about the alternative career pathways that can be taken by medical graduates so that they have more freedom to make choices for the betterment of their future.</p>
17	April - June 2023	SCORP Refugee Medical Community Outreach	<p>The refugee medical community outreach programme is a collaborative event between SMMAMS, Malaysian Pharmacy Students' Association (MyPSA) and the Malaysian Dental Students' Association (MDSA). Doctors on Ground (DnG) was also involved in this outreach programme.</p> <p>The aim of this refugee medical community outreach is to improve the knowledge of the community and engage with most-at-risk groups and individuals by providing continuous presence in the communities to build rapport and mutual trust with the community. This event also builds on the capacities, knowledge and skills of refugee communities by promoting access to information and raising awareness.</p>
18	6-7/5/2023	National Research Camp: Systemic Review 101	<p>The aim of this research workshop is to reduce the friction for medical students, especially those who are still in the early stages of their medical education, to enter the field of research. We have introduced the basic outline of research to medical students so that they have the appropriate basic research skills required to progress throughout their careers. The research workshop was a collaborative workshop between SCORE and PERSIAP UKM, held at the Universiti Kebangsaan Malaysia (UKM).</p> <p>This year, we focused on the Systematic Review, which is the highest research hierarchy in research appraisal. We have gone in-depth for medical students in understanding how to initiate research for systematic review and how to critically appraise a systematic review paper.</p>
19	13/5/2023	Surgical Competence and Proficiency Enhancement Learning Scheme	<p>With the collaboration of the Standing Committee On Medical Education (SCOME) of the Society of Malaysian Medical Association Medical Students</p>

No.	Timeline	Activity title	Description
		<p>(SCALPELS) Workshop</p> <p><i>Previously:</i> Basic Surgical Skill Workshop (BSSW) 2022/2023</p>	<p>(SMMAMS) and the University Malaya Medical Society (UM MEDSOC) Surgical Interest Group (SIG), we organized the workshop to provide the necessary basic knowledge regarding surgical skills and techniques for medical students. The event was held at the University of Malaya.</p> <p>We were able to provide the chance for medical students to learn, practice and master the necessary basic knowledge regarding surgical skills and techniques.</p>
20	2/5/2023 - 28 May 2023	Terry Fox Run	<p>The Standing Committee On Public Health (SCOPH) has organized a virtual run campaign - Terry Fox Run, to raise funds for Cancer Research Malaysia (CRM). The event was held fully online, and the run was attended by more than 40 participants.</p> <p>The total fund raised for CRM in this run was RM 1409. All the raised funds will be donated to CRM to help in the research of cancer.</p>
21	May - September 2023	Webinar Series: Diagnostic Skill 101	<p>This series aims to provide clinical professionals with a comprehensive understanding of the fundamental principles and techniques required for accurate diagnostic and interpretation skills. The series will cover topics such as ECG interpretation, ABG interpretation, CT scan interpretation, chest X-ray interpretation, and more.</p> <p>Through this webinar series, participants will gain an in-depth understanding of the diagnostic and interpretation processes and develop practical skills that will enable them to make accurate and timely diagnosis. Additionally, the webinar series will provide participants with the opportunity to interact with industry experts and peers, further enhancing their knowledge and skills.</p>
22	9/6/2023	SMMAMS Bonding Buzz	<p>The Activities Management and Capacity Building Team of SMMAMS 2022–2023 has co-organised this bonding buzz in order to strengthen the bond among the SMMAMS committee and general members.</p> <p>The event was attended by around 20 SMMAMS members. We have organized some bonding station games as well as invited Dr. Mohd Hafidzul Jasman as our speaker for a workshop about</p>

No.	Timeline	Activity title	Description
			teamwork in organization. The event was a great success!
23	10-11/6/2023	National General Assembly (NGA) 2023	<p>The National General Assembly (NGA) is an annual assembly organised by SMMAMS to gather and unite medical students from all medical schools in the country in a physical setting for connection and bonding.</p> <p>Abiding by the mission of SMMAMS in "Empowering Medical Students, Shaping Nation's Health", we aim to provide a unique platform for multilateral discussion of national health issues, the exchanging of opinions regarding topics of curriculum and issues related to the current and future status of medical students, and building the capacity of medical students to well prepare them with various skills for their future careers.</p> <p>The event was held at the Universiti Kebangsaan Malaysia (UKM) and was attended by more than 60 participants. We have planned out various activities, including parallel sessions of the SCO, an activity fair, simulations, and social nights. Overall, the event was a great success!</p>
24	Nov 2022 - August 2023	<p>IFMSA Exchanges Outgoing Recruitment - Poland, Portugal, Indonesia, Italy, Hungary, Germany</p> <p>(SCORE & SCOPE)</p>	<p>SCORE Exchange facilitates and coordinates the IFMSA Research Exchange Programme and aims to provide intensive and focused research projects that allow medical students to widen their horizons by partaking in research projects in other countries and experiencing different approaches in medical research, education, treatment, health care, and ethical standards.</p> <p>SCOPE Exchange aims to promote understanding and cooperation amongst medical students and all health professionals, through the facilitation of international student exchanges by IFMSA. SCOPE Exchange provides a non-salaried clinical clerkship, that aims to give all the students the opportunity to learn about global health and attains this partly by having its exchange accredited by medical faculties across the world.</p>
25	1/6/2023 – 17/6/2023	Blood Donation Drive 2.0: Be the Reason of Someone's Smile	The Standing Committee on Public Health (SCOPH) has organised this hybrid event to raise awareness about blood donation. The physical event will be held on June 17, 2023, at the Hospital Pakar Kanak-Kanak (HPKK) UKM.

No.	Timeline	Activity title	Description
			<p>World Blood Donor Day was established by the World Health Organisation (WHO) in 2004, and since then, it has been celebrated in more than 100 countries worldwide on June 14th each year. It serves as an important reminder of the critical need for blood donation and the life-saving impact that blood donors can have. In conjunction with that, we have come out with "Be the Reason of Someone's Smile", a hybrid campaign in the hope of raising awareness about the importance of blood donation as well as health screening and early diagnosis of non-communicable disease.</p>
26	22/6/2023 – 28/6/2023	Diabetes Awareness Campaign: Let's Dia-Beat This!	<p>The Standing Committees on Public Health (SCOPH) will be organizing the programme to raise awareness about the burden that diabetes patients face in our community. This online event aims to educate and empower the public about the prevalence, risks, prevention, and treatment of these chronic conditions, reduce the stigma of diabetes patients, and promote early detection. The "Let's Dia-Beat This" program will feature a keynote speech by a renowned healthcare professional who will share their expertise on diabetes and vision loss, the latest research, and management strategies. In addition, we will launch an Instagram campaign that includes informative posts and reels about diabetes and vision loss as a complication of diabetes, risk factors, healthy habits, and patient stories. This campaign aims to engage and educate a broader audience, especially young adults and social media users, who may be at risk of developing these conditions.</p>
27	2/7/2023	Health & Hope	<p>The Standing Committee on Sexual and Reproductive Health and Rights Including HIV and AIDS (SCORA) will be collaborating with Publika, The Inner Lynk, the PT Foundation and Community Health Care Clinic (CHCC) to organize this event.</p> <p>Through the Health Screening Program, we intend to let the society know more about their current health situation. Health Screening allows people to detect a problem early, when diseases are much easier to treat. Discovering all these problems early can help people make better informed decisions about their health.</p>

No.	Timeline	Activity title	Description
			The event includes basic health screening and free HIV testing (conducted by the PT Foundation & CHCC).
28	June 2023	Malaysia MedEd Collaborative Recruitment	<p>SMMAMS is recruiting 2 collaborators from a single university for this collaborative network. Collaborators who collected a predetermined number of responses within the data collection period will be given a PubMed-citable collaborative co-authorship under the group name 'Malaysia MedEd Collaborative' when the study is published. The proposal title of this collaboration is - Malaysian Medical Students Career Intentions: A Cross-Sectional Study.</p> <p>This study is a national, multi-centre cross-sectional study of all medical students at all medical schools in Malaysia. It will be administered via an online questionnaire and disseminated through this collaborative network recruited for this purpose.</p>
29	Sep 2022 - Aug 2023	SMMAMS Membership Drive	<p>Throughout the term, SMMAMS has been actively obtaining new memberships via various ways including physical promotions, online promotions, SMMAMS introductory videos and other means.</p> <p>The Membership Team also visited various medical faculties in universities including UM, UKM, USM, UPM, IIUM, AIMST, IMU etc. to promote membership to freshmen and current medical students throughout the whole term.</p>

INTERNATIONAL FEDERATION OF MEDICAL STUDENTS' ASSOCIATIONS (IFMSA) INVOLVEMENT

No.	Timeline	Activity title	Description	Outcome
1	12-17/10/2022	ACTION 2022	The Asian Collaborative Training on Infectious Disease Outbreaks, Natural Disasters, and Refugee Management (ACTION) is a transnational project in the Asia-Pacific region. The training provides knowledge and skills for preventing, relieving, and rehabilitating victims of infectious outbreaks and natural disasters to participants, in order for them, as future doctors, to respond to emergency settings with confidence and to provide care with holistic humanitarian actions, as well as to further deliver their skills and capabilities obtained in this training to others.	SMMAMS Malaysia has sent 3 delegates to the 5 days training workshop held at Bangkok, Thailand this year. Topics discussed include Pre-Hospital Disaster Management, Hospital Disaster Management and Triage. It was also a precious chance for our delegates to be involved in the disaster simulation which was held at Chulalongkorn Hospital. Field trip to the Disaster Management Unit of Thailand was an eye-opening experience as it exposed the participants to how the stakeholders monitor and react to the disaster when it happens.
2	24-28/10/2022	WPRO RCM73	WHO Western Pacific Region is composed of 37 Member States and strives for excellence in working to bring better health and well-being. Every year, the Regional Committee meets formally to provide oversight for regional programmes, hear progress reports, revise and endorse new initiatives and formulate key policies. Ultimately, these decisions guide the work of the Regional Offices and country offices and help direct the efforts of individual member states in achieving the overarching vision for health for all.	As delegates representing IFMSA, one of the Non-State Actors (NSA) in the meeting, we are able to advocate and call for more meaningful youth engagement at the global stage and integration of youth perspective in health through efforts such as the release of statements in WPRO NSA website that showcase IFMSA stance in various health issues most concerning our regions

No.	Timeline	Activity title	Description	Outcome
3	14-18/11/2022	COP 27	United Nations Framework Convention on Climate Change-Conference of Parties 27 (UNFCCC COP27) is the formal meeting between parties to update, discuss and negotiate documents, papers, regulations and statements, regarding climate change which can potentially dictate the actions that organizations (both governmental and non-governmental) take moving forward from the meeting.	SMMAMS representatives had the great honor to represent the AP region from IFMSA during the second week of COP27. For IFMSA, our goals were: 1) Better Planetary Health policies (the concept where the health of the environment affects human health); 2) Better youth representation and engagement for decision making.
4	30/1/2023	COVID-19 Responses Across the Asia Pacific	<p>This event was organized by the Standing Committee on Public Health (SCOPH) from AMSA Hong Kong. It was done online through the Zoom Platform and Facebook live. The main objective of this programme is to know about the response taken towards COVID-19 and their respective impacts on the society from different AP countries.</p> <p>It was a collaboration between AMSA Hong Kong and SCOPH Asia Pacific. A total of 6 National Member Organisations (NMOs) from 6 different countries joined the event, including SMMAMS Malaysia.</p>	<p>From the programme, we can see that different countries have different ways and priorities in terms of battling the pandemic. There are countries that start the lockdown immediately when there are few cases of COVID-19, and there are also those who need to stabilize between the safety of their citizens and the economic burden that they need to face.</p> <p>In conclusion, this programme gave us lots of input regarding the actions taken by different countries in the AP region towards battling the pandemic.</p>
5	1-7/3/2023	IFMSA 72nd March Meeting 2023	IFMSA General Assemblies are among the biggest youth-led events around the world and the main decision-making platform in the IFMSA. It aims to inspire	SMMAMS sent a delegation of 7 members physically to Tallinn, Estonia.

No.	Timeline	Activity title	Description	Outcome
			the next generation of future physicians to become leaders and advocates through the exchange of ideas, networking and learning from the various programming sessions.	
6	24/3/2023	Angels of Asia-Pacific: Sexual and Reproductive Health and Rights (SRHR) Issues Across Borders	SCORA Hong Kong under AMSA Hong Kong together with other SCORAs around the Asia Pacific (AP) region will be organising an international seminar on sexual and reproductive health and rights (SRHR) issues facing the AP region on the 24th of March 2023. The objective in organising such an event is so that NORAs from different countries can present on different pressing SRHR issues that they are currently facing and for us to learn from these countries as well. This event will also allow collaboration and exchanges between NORAs and LORAs of different NMOs in the AP region. Each NMO will have 10-15 minutes to give a short presentation and afterwards, there will be breakout room sessions where the participants can share their thoughts on how we can improve our delivery back in our home country.	<p>From the Angels of Asia-Pacific programme, members of the SCORA team from the Asia-Pacific region were able to exchange their ideas and thoughts on the SRHR issues.</p> <p>The SCORA team from SMMAMS Malaysia was involved in this programme. The NMO that are involved in this programme include those from Hong Kong, India, Indonesia, Kazakhstan, Australia and Malaysia.</p>
7	3- 6/7/2023	Asia-Pacific Regional Meeting (APRM) 2023	<p>Asia Pacific Regional Meeting (APRM) is an annual project by the IFMSA Asia Pacific Regional Team, to gather medical students and NMOs around the AP region for idea exchanges and discussions.</p> <p>APRM 2023 will be hosted by AMSA-Philippines in Manila, Philippines. This year, the event theme will be, Global Competitiveness in Healthcare: Improving Access for a Better Tomorrow.</p>	<i>The event is still ongoing by the time of End of Term Report Submission.</i>

No.	Timeline	Activity title	Description	Outcome
8	1- 7/8/2023	IFMSA August Meeting 2023	IFMSA General Assemblies are among the biggest youth-led events around the world and the main decision-making platform in the IFMSA. It aims to inspire the next generation of future physicians to become leaders and advocates through the exchange of ideas, networking and learning from the various programming sessions.	<i>The event is still ongoing by the time of End of Term Report Submission.</i>

Cheah Khai Hoe, *Activities Director*
Teng Zhi Sean, *Chairperson*



MMA SOCIETY OF OCCUPATIONAL & ENVIRONMENTAL MEDICINE (SOEM)

The 29th Annual General Meeting of the SOEM-MMA was held from 11.00 a.m. -1.00 p.m. on the 6/8/2022 (Saturday) at AC by Marriott hotel, Kuala Lumpur. The following were elected as Office Bearers for the term 2022/2023.

1. DR PRIYA A/P RAGUNATH - **Chairperson**
2. DR JASEEMA BEGUM BT NAZIR KHAN - **Vice-Chairperson**
3. DR GANESH A/L BALASINGAM - **Honorary Secretary**
4. DR SANTHANA MOHAN NAGESPERAM - **Treasurer**
5. DR DAYANATH MANIVASAGAM - **Assistant Secretary & DOSH Co-opted member**
6. DR LIM JAC FANG
7. DR KUMARAN A/L KRISHNAN
8. DR RAMA KRISHNA A/L SUPRAMANIAN
9. DR GOWREESAN ARIARATNAM
10. DR TAM JENN ZHUENG

MMA Secretariat: Ms Nursalimi

MEETINGS

Two meetings were held during the term of 2022/2023 at MMA House on 16/12/2022 and 22/5/2023. The meetings were held to discuss the various activities of the society, including SOEM seminars, case series books, collaboration activities, and administrative and financial matters. The attendance of the members of the committee was recorded as below:



Committee Member	Attendance
Dr Priya Ragunath	2/2
Dr Jaseema Begum Nazir Khan	2/2
Dr Ganesh Balasingam	1/2
Dr Santhanamohan Nagesperam	2/2
Dr Dayanath Manivasagam	2/2
Dr Lim Jac Fang	2/2
Dr Kumaran Krishnan	2/2
Dr Rama Krishna Supramaniam	2/2
Dr Gowreesan Ariaratnam	1/2
Dr Tam Jenn Zhueng	1/2

ACTIVITIES OF THE SOCIETY

Occupational Health and Safety Seminars were organised for the Occupational Health Practitioners throughout the term as follows:

NO	EVENT/SEMINARS	CO-ORGANIZED BY	DATE/DAY	VENUE
1.	SOEM CPD SERIES 1 Seminar - "Embracing Occupational Health in Dynamic Industries"	SOEM & SOCSO	4/3/2023	Armada Hotel, Petaling Jaya
2.	4 th SOEM Case Series Book Workshop	SOEM	13/1/2023	MMA House
3.	Mesyuarat Jawatankuasa IH2C (Industrial Health Catalyst Committee) 2021-2025	SOEM	26/1/2023	Menara Petronas 1
4.	SOEM CPD SERIES 2 seminar - "OHDs & Industrial Disaster Management"	SOEM	13/5/2023	Royale Chulan Penang hotel (RCP), Penang
5.	30 th SOEM Annual General Meeting (AGM) & Annual Occupational Health (OH) Seminar	SOEM & SOCSO	22/8/2023	To be ascertained



CASE SERIES BOOK

A workshop was organised in Malacca to conclude the second edition of the Occupational Medicine Case Series Book. Currently, the book is being proofread.



SOEM new bunting

OSH FOR SCHOOL VIDEO

The OSH For School video has been completed and will be handed to the Department of Occupational Safety and Health's (DOSH) OSM MP Committee.

Dr Ganesh A/L Balasingam
Honorary Secretary

MMA JOHOR BRANCH

1. DATUK DR MOHAN A/L KANDASAMY CHETTIAR - **Chairman**
2. DR GURUPARAN A/L S RAJALINGAM - **Vice-Chairman**
3. DR TAN ZI HAN - **Honorary Secretary**
4. DR RAMADASS SELVAKUMAR - **Honorary Treasurer**
5. DR KALPANA A/P RAMASAMY - **PPSMMA Representative**
6. DR FAISAL NORIZAN - **SCHOMOS Representative**
7. DATO DR YAP CEONG CUR - **Committee Member**
8. DR ANANTHISVARY A/P RAMALINGAM - **Committee Member**
9. DR ANNIE MAGDALANE A/P BARNABAS WILLIAM - **Committee Member**
10. DR M M SMITH A/L MUTHU MANICKAM - **Committee Member**
11. DR NICHOLAS EE ZHING HENG - **Committee Member**

ACTIVITIES

i. CME Talks

There were 12 monthly clinical meetings and 57 physical CME talks.

ii. MMA Student Dialogue 2023

MMA SCHOMOS Johor collaborated with Johor's medical universities. There were two sessions held on 10/2/2023, first with Monash University and second with Newcastle University.

iii. The MMA Johor 7th GP Symposium 2023

Organised by PPSMMA Johor

iv. CSR Programmes

- a. Medical Camp & Visitation at Pusat Pemindahan Sementara (PPS) Iskandar Puteri Johor Bahru on 5/3/2023.
- b. Medical Camp & Bakul Rahmah for flood victims at Kg Melayu Raya Pontian on 19/3/2023.

v. PPS Programme

- a. State Badminton Tournament (Kluang) on 27/5/2023
- b. National Badminton Tournament (Penang) on 24 & 25 June 2023

vi. SCHOMOS Programme

- a. Townhall Session with YB Dr Zaliha Mustafa (Health Minister) on 22/2/2023
- b. Promoted and distributed House Officers' Guidebook 2023
- c. Provided talks on the introduction of MMA (physical & virtual)
- d. A talk on Introduction of MMA to House Officers (Tentative)
- e. Rights and Responsibilities Seminar for Government Doctor – It is a joint event between SCHOMOS Melaka and SCHOMOS Johor. Tentative date: 15/7/2023.

Dr Tan Zi Han
Honorary Secretary

MMA KEDAH BRANCH

1. DR EDWIN JUDE A/L GNANASEGARAN - **Chairman**
2. DR THIYAGAR S/O NADARAJAW - **Vice-Chairman**
3. DR IZZATUL NADZIRAH BINTI ISMAIL - **Honorary Secretary (11/9/2022 – 31/1/2023)**
4. DR THANUSHA NAIDU PERABAKARAN - **Acting Honorary Secretary (Effective from 1/2/2023)**
5. DR ANNUAR HUSAINY HUSSEIN - **Honorary Treasurer**
6. DR SRITHARAN RAO A/L SUBBARAO - **PPSMMA Representative**
7. DR MUHAMMAD SHAUQI B ABD KADIR - **SCHOMOS Representative**
8. DATO' DR THARMALINGAM A/L PALANIVELU - **Committee Member**
9. DATO' DR BAVANANDAM NAIDU A/L P GOPAL - **Committee Member**
10. DATO' DR GUNASAEGARAM KRISHNAN CHETTY - **Committee Member**
11. DR NANG JUNIZA BINTI NIK ZAHARI - **Committee Member**
12. DR KUMARAGURU MARIVAPEN - **Committee Member**
13. DR NANG JUNIZA BINTI NIK ZAHARI - **CME Coordinator**
14. DATO' DR RAGUPATHY NAIDU A/L RAMANUJAM NAIDU - **Internal Auditor**
15. DATO' DR SHAH KAMAL KHAN B JAMAL DIN - **Internal Auditor**

MEETINGS

The committee has successfully conducted a total of three meetings to date. The attendance record for these meetings is as follows:

NO.	NAME	29.09.2023	25.01.2023	09.03.2023
1.	Dr Edwin Jude A/L Gnanasegaran	Present	Present	Present
2.	Dr Thiyagar S/O Nadarajaw	Absent	Present	Absent
3.	Dr Izzatul Nadzirah binti Ismail	Absent	Present	N/A
4.	Dr Annuar Husainy Hussein	Present	Present	Present
5.	Dr Sritharan Rao A/L Subbarao	Present	Present	Present
6.	Dr Muhammad Shauqi bin Abdul Kadir	Absent	Present	Present
7.	Dato' Dr Tharmalingam A/L Palanivelu	Absent	Present	Present
8.	Dato' Dr Bavanandam Naidu A/L P Gopal	Present	Present	Absent
9.	Dato' Dr Gunasegaram Krishnan Chetty	Absent	Present	Present
10.	Dr Nang Juniza binti Nik Zahari	Present	Absent	Absent
11.	Dr Kumaraguru Marivapen	Present	Absent	Present
12.	Dr Thanusha Naidu Perabakaran	N/A	N/A	Present

ACTIVITIES

1. MMA Kedah Annual Dinner and Installation Night

MMA Kedah held its prestigious Annual Dinner and Installation Night on 25/11/2022, at the Star City Hotel in Alor Setar. The event attracted a remarkable turnout of 300 guests. Notably, Dr Muruga Raj, the President of the Malaysian Medical Association, graced the occasion with his presence. The event featured an 8-course dinner and captivating music by musicians from Ipoh. A significant highlight of the Annual Dinner and Installation Night was the formal introduction and swearing-in ceremony of the MMA Kedah committee members. This segment symbolized the commencement of their official roles within the organization, recognizing their unwavering dedication and commitment. It was a momentous occasion for the medical community in Kedah.

2. Northern Regional Scientific Meeting – Inflammatory Skin Disease

The Northern Regional Scientific Meeting on inflammatory skin diseases was held on 26/11/2022 at the Grand Alora Hotel in Alor Setar. The meeting provided valuable insights and updates on the latest advancements in dermatology, focusing on psoriasis, atopic dermatitis, acne, and rosacea. The topics covered during the meeting were carefully selected to address the most relevant and pressing issues in the field. Renowned dermatology consultants from across Malaysia were invited to share their expertise as speakers, bringing their vast knowledge and experience to enrich the discussions on various aspects of inflammatory skin diseases.

3. MMA Membership Drive at Private Hospitals

From 2 – 6 December 2022, the PPSMMA Kedah Branch, led by Dr Sritharan Rao, organized a series of successful MMA membership drive at prominent private hospitals in Kedah. The drive strategically targeted diverse private hospitals, including the Kedah Medical Centre, Putra Medical Centre, Metro Hospital, Laguna Merbok Pantai Hospital, and Amanjaya Pantai Hospital, to ensure outreach to healthcare professionals practicing in different locations within Kedah. This initiative aimed to encourage healthcare professionals to join the MMA and avail themselves of its numerous benefits and resources. By emphasizing these benefits, the organizers aimed to attract physicians, specialists, and other healthcare professionals to join the association and become active participants in shaping the future of healthcare in Kedah.

4. Kedah Doctor's Day Celebration & Townhall Session

A remarkable collaboration between SHOMOS and the PPSMMA Kedah Branch culminated in a special Doctor's Day celebration on 10/12/2023, from 8 a.m. to 5 p.m. at the Auditorium Hospital Sultanah Bahiyah, to honour and recognize the contributions of doctors in both government and private sectors. 130 doctors from various healthcare settings attended the event. A notable highlight of the event was the award ceremony, which acknowledged the exceptional contributions of doctors during the COVID-19 pandemic. The event included sessions on crucial topics, including mental health among doctors, the latest advancements and best practices in medical practice, and a symposium. The event also featured booths from renowned organizations such as Medico, MEDEFEND, Hurix, and BMW.

5. Karnival Kesihatan "Jom Sihat" and Christmas Celebration Flat Paya Nahu, Sungai Petani

MMA Kedah organized the "Jom Sihat" Health Carnival and at Paya Nahu Flat, Sungai Petani, on 16/12/2022 in conjunction with Christmas Celebration. This collaborative event involved the MMA Kedah Branch and Persatuan Pembangunan Kebajikan dan Pendidikan Cahaya Bethel Kedah. Approximately 200 active participants and 50 volunteers from various organizations, including Klinik Kesihatan Bandar Sungai Petani, LPPKN, Lions Club Kuala Muda, Rotary Club Sungai Petani, AIMST University, and Pantai Hospital Sungai Petani, contributed to its success. The carnival featured health screenings, eye examinations, nutritional health talks, and the distribution of food baskets to B40 families. The event which was inaugurated by YB Dr. Mohammed Taufiq Johari, Member of Parliament for Sungai Petani, showcased the power of collaboration and community involvement in fostering a healthier and more caring society.

6. Health Carnival 'Sihat Itu Nikmat', CNY Celebration Rainbow Senior Care Centre and Food Donation for Orphanage Home Kamakshi Children Home

MMA Kedah, Rotary Club Butterworth, Lions Club Kuala Mud, Hospital Kulim, and Klinik Kesihatan Lunas collaborated to organize the medical camp on 27/1/2023 in Lunas, Kulim, Kedah. The event focused on promoting the well-being of elderly residents at the Rainbow Senior Care Centre. Comprehensive health screenings were conducted for 38 individuals, including assessments of their general well-being, mental health, eyes, and musculoskeletal condition. These screenings were intended to identify any potential health issues or concerns, along with providing appropriate recommendations or interventions. Dr Sritharan Rao Subbarao, the PPSMMA Kedah Representative, facilitated the event, assuring its smooth operation and the provision of quality healthcare services to the elderly residents. Food baskets were

also donated to the nearby Kamakshi Children Home orphanage as part of the occasion. This charitable deed aims to assist and cater for the nutritional needs of the orphanage's children, demonstrating the spirit of giving and community support.

7. MMA Membership Drive at General Practitioner Clinics

Under the initiative of PPSMMA Kedah Branch, the MMA Membership Drive took place on 29/1/2023, at several General Practitioner (GP) clinics in Alor Setar, Sungai Petani, and Kulim. The primary objective of the drive was to raise awareness among GPs about the benefits of MMA Membership, emphasizing its value in professional and personal development. The drive aimed to highlight the resources available to MMA members, such as access to continuous medical education programs, advocacy on healthcare issues, and professional development opportunities. The drive also aimed to encourage GPs to join MMA and become active members of the Association. By joining, GPs may actively contribute to the Association's initiatives, participate in knowledge-sharing, and collaborate with fellow healthcare professionals to better the healthcare landscape.

8. Visit to Cawangan Kawalan Amalan Perubatan Swasta (CKAPS), Jabatan Kesihatan Negeri Kedah

PPSMMA Kedah Branch arranged a visit to CKAPS Kedah on 30/1/2023, to meet with CKAPS officials and discuss the health department's requirements, regulations, and standards for ensuring excellent healthcare services in the private sector. Topics discussed included compliance requirements, accreditation procedures, and ongoing monitoring processes. These discussions provided valuable insights into the challenges faced by the private healthcare sector in meeting the required standards and shed light on the initiatives and measures undertaken by CKAPS to ensure quality assurance and compliance.

9. Visit to Open University Malaysia, Sungai Petani Branch

On 10/2/2023, the PPSMMA paid a visit to the Open University Malaysia (OUM) Sungai Petani Branch to discuss the Master of Occupational Safety and Health Risk Management (MOSHRM) programme offered by the OUM. This is a part-time postgraduate Open & Distance Learning (ODL) programme. The PPSMMA Kedah was successful in addressing questions or issues about the programme, such as its accreditation, the availability of scholarships or financial assistance, its teaching methodology, and the academic support provided to students. This information allowed PPSMMA to make informed decisions and recommendations to the medical community, particularly those in Kedah's private sectors, about the potential benefits of pursuing this postgraduate programme in occupational safety and health risk management.

10. Getting You Ready: Interview Preparation for Permanent Post

This programme was organised on the 18/2/2023 by SCHOMOS Kedah and led by Dr Muhammad Shauqi. The programme, which was designed to offer participants with the necessary skills, knowledge, and confidence to excel in their interviews, attracted 90 individuals who were looking for support and guidance for their upcoming interviews. Recognising the importance of interview performance, the programme aimed at improving their prospects of getting permanent employment with the Ministry of Health. The participants were taught about strategies for interviews such as effective communication, presenting skills, and body language. The participants were also given significant insights into the Ministry of Health's unique criteria and expectations.

11. Visit to Jabatan Keselamatan dan Kesihatan Pekerjaan Kedah

PPSMMA Kedah engaged in a productive meeting with JKKP Kedah Representatives, responsible for overseeing workplace safety and health compliance. The purpose of the meeting was to address the specific challenges and concerns faced by Occupational Health Doctors (OHDs) in managing occupational-related injuries and accidents within private organizations. Various topics related to occupational health and safety in the private sector were discussed, with PPSMMA Kedah highlighting

key issues such as timely injury reporting, access to crucial medical records, effective coordination with employers and insurance providers, and ensuring appropriate treatment and rehabilitation for affected employees. The insightful inputs, guidance, and expertise shared by the JKKP Kedah Representatives proved invaluable in addressing these concerns and finding effective solutions.

12. Townhall Session with Doctors and Ministry of Health, YB Dr. Zaliha Mustafa

On 22/2/2023, the Ministry of Health (MOH) collaborated with MMA to organize a crucial Townhall meeting addressing various issues in public healthcare facilities, career pathways, contract doctor issues, and other technical matters. The event aimed to facilitate open and constructive dialogue between healthcare professionals and the MOH. MMA Kedah branch proactively participated by sending a team of 25 doctors to attend the meeting held at the Ministry of Health headquarters in Putrajaya. Recognizing the number of attendees, the branch arranged transportation by chartering a bus for the team. The Townhall meeting provided a platform for healthcare professionals, including the MMA Kedah team, to express concerns, share experiences, and contribute to ongoing efforts in improving the healthcare system.

13. Extended and Comprehensive MMA Kedah - MRCP Paces (UK) & MRCP (Ireland) Clinical Preparatory Sessions

A comprehensive two – day preparatory session for the MRCP clinical exams, specifically for MRCP (UK) and MRCP (Ireland) was held on 4 & 5 March 2023, at the MMA Kedah Charity Service Centre Gandhi Hall in Sungai Petani, Kedah. This unique course brought together 17 candidates from both West and East Malaysia, including future candidates, medical officers (MOs), and junior MOs. The newly planned PACES (Practical Assessment of Clinical Examination Skills) format for the year 2023 was discussed and demonstrated throughout the course, particularly for Diet 3 candidates of the MRCP (UK). This ensured that the candidates were up to date with the latest examination format and requirements. The MMA Kedah MRCP Clinical Training facility is possibly the only centre in Malaysia that offers a combined preparation course for both the MRCP (UK) and MRCP (Ireland) formats. Dato' Dr Tharmalingam Palanivelu, Chairperson of the MMA Parallel Pathway Subcommittee, Professor Terlochan Singh from AIMST University and Dr Khor Boon Tat from Hospital Sultan Abdul Halim (HSAH) in Sungai Petani all contributed to the success of this newly designed and expanded course.

14. Workshop on Management of Osteoarthritis and Intra – articular Injection

The management of knee osteoarthritis (OA) and intra-articular injection workshop took place on 9/3/2023 at the Grand Alora Hotel in Alor Setar, Kedah. Organized by MMA Kedah in collaboration with the Orthopaedics Department of Hospital Sultanah Bahiyah and TRB Malaysia, this educational event aimed to provide healthcare professionals with comprehensive knowledge and skills in knee OA management and intra-articular injections. The workshop covered various aspects of knee OA, including causes, risk factors, symptoms, and diagnosis methods. Participants gained a deeper understanding of knee OA's pathophysiology and its stages, essential for accurate diagnosis and effective management. Non-surgical treatment approaches for knee OA, particularly intra-articular injections, were emphasized, with discussions on types, indications, benefits, and risks. Practical training and demonstrations provided hands-on experience in administering intra-articular injections.

15. Seminar on Career Pathway in MOH (RCPI) and Student Membership Drive AIMST University

The seminar, held on March 10, 2023, specifically targeted final-year medical students interested in a career within the Ministry of Health (MOH). Its primary focus was to provide valuable information and guidance regarding career opportunities within the MOH. An important objective of the seminar was to familiarize students with the Royal College of Physicians of Ireland (RCPI) and the benefits of obtaining membership. The RCPI offers specialized training programs and certifications that can enhance medical professionals' career prospects. The seminar aimed to encourage students to consider joining the RCPI to access these opportunities. Furthermore, an MMA Student Membership drive was conducted during the seminar, encouraging AIMST University medical students to join the association. MMA membership

offers advantages such as networking opportunities, professional development resources, and a platform to engage with other healthcare professionals.

16. Blood Donation Campaign and Medical Camp at Gurun Buddhist Association

On 31/3/2023, Gurun Buddhist Association collaborated with PPSMMA Kedah to host a joint blood donation campaign and free medical screening event. The primary objective of this initiative was to promote blood donation and ensure an adequate blood supply for medical transfusions at Hospital Sultan Abdul Halim in Sungai Petani, Kedah. The campaign aimed to raise awareness about the significance of blood donation in saving lives and encouraged community participation in this noble cause. Alongside the blood donation drive, the event also provided free medical screenings to attendees. This aspect aimed to give the individuals the opportunity to monitor their health, identify potential health issues and early signs of diseases or conditions, and seek timely medical intervention and treatment if needed.

17. Webinar on Personal and Business Taxes

A webinar on personal and business taxes was held on 1/4/2023 via Zoom Platform. The webinar aimed to provide participants with valuable information and guidance on various taxation aspects for both individuals and businesses. It served as an educational session focusing on tax planning, compliance, deductions, and strategies for optimizing tax liabilities. Accomplished tax professionals from accounting firms delivered insightful presentations, sharing their expertise and practical insights. Topics likely covered during the webinar included tax planning techniques for individuals and businesses, compliance requirements, available deductions and exemptions, and effective strategies to minimize tax burdens. The interactive Q&A session allowed participants to engage with the speakers and seek clarifications. The webinar attracted 119 participants who were interested in expanding their knowledge and understanding in the field of taxation.

18. Ultrasound Training and Hands on Practice For GPs

A training event called "Ultrasound Training and Hands-on Practice for GPs" took place on 2/4/2023, with the participation of 5 General Practitioners (GPs). The event aimed to enhance the ultrasound skills of the attending doctors, with a specific focus on obstetrics scans for pregnant mothers. Led by an experienced Obstetrics and Gynaecology (O&G) doctor, the training provided valuable insights, best practices, and practical tips. Each doctor had the opportunity to practice their hands-on skills, ensuring a hands-on learning experience. Patient consent and ethical principles were strictly followed throughout the event.

19. Blood Donation Campaign and Free Health Screening at Masjid Al – Hasanah

MMA Kedah collaborated with the Blood Bank of Hospital Sultanah Bahiyah to organize a Blood Donation Campaign and Free Medical Screening on 3/4/2023 at Masjid Al – Hasanah, Mergong, Kedah. The event aimed at promoting both community health and blood donation. In addition to donating blood, participants were able to get health screenings (blood pressure monitoring, blood sugar monitoring, BMI measurement, and doctor consultations) and access to medical services.

20. MMA Kedah – MRCPI/MRCP Preparatory Session

MMA Kedah conducted a preparatory session for the MRCPI and MRCP examinations on 8/4/2023 at the MMA Kedah Charity Service Centre Gandhi Hall in Sungai Petani, Kedah. This seminar was attended by 12 applicants and potential candidates from various Ministry of Health (MOH) hospitals around Malaysia. The event sought to provide these candidates with the guidance and knowledge they needed to excel in their MRCPI and MRCP examinations. Dato' Dr Tharmalingam Palanivelu, Chairperson of the MMA Parallel Pathway Subcommittee, Professor Terlochan Singh from AIMST University, and Dr Khor Boon Tat from Hospital Sultan Abdul Halim (HSAH) in Sungai Petani all made significant contributions to the event's success.

21. MMA Kedah and UTM – MBA Healthcare Management Program

On 15/4/2023, MMA Kedah met with the UTM's MBA Healthcare Management Students who recently enrolled in the programme at the Kedah Health Department. These MBA students, who are also MMA members, constituted the second group for the year 2023, following the successful completion of the first group in the previous year. The meeting aimed to promote MMA student membership among the students and discussed various aspects such as career pathways in the Ministry of Health (MOH), the role of healthcare managers, essential management skills in the healthcare industry, and potential career opportunities within the MOH. The collaboration between MMA Kedah and UTM demonstrated their joint commitment to nurturing and developing future healthcare leaders.

22. Medical Camp during the Holy Month of Ramadhan

A two-day medical camp was held at Masjid An-Nur and Masjid Ubudiyah during the holy month of Ramadhan, on 15 and 16 April 2023. The camp aimed to provide free health screenings and healthcare services to the community. Approximately 150 individuals underwent screenings for common comorbidities such as diabetes mellitus, hypertension, and obesity. Uncontrolled cases were referred to nearby Klinik Kesihatan for further evaluation and management. The camp helped bridge the gap between healthcare providers and individuals, offering convenient access to healthcare services and essential health information. It aimed to raise awareness about prevalent health conditions and promote early intervention and prevention.

23. Visit to NIOSH Wilayah Utara Kedah

PPSMMA Kedah Branch organized a visit to National Institute of Occupational Safety and Health (NIOSH) Wilayah Utara Kedah on 27/4/2023 to foster collaboration and enhance understanding of occupational safety and health among healthcare professionals as well as to gain insights into the services offered by NIOSH. The visit involved discussions on workplace hazards, safety regulations, risk assessment, accident prevention, and implementing effective safety measures in healthcare settings. NIOSH Representatives shared valuable insights and knowledge specific to the healthcare industry's occupational safety and health practices.

24. A Medical Camp Series

On 29/4/2023, MMA Kedah and Lion's Club Kuala Muda collaborated to organise a medical camp series at SP Rumah Idaman Kasih Sayang, Ming Yuet Senior Citizen Home, D'Zenith Home, and Pusat Jagaan Glory Children Care, demonstrating their commitment to serving the community and delivering vital healthcare services, with one significant initiative taken being the distribution of face masks. Around 100 residents were screened for high blood pressure and blood glucose levels allowing for early diagnosis of any underlying conditions, while general health check-ups were performed to assess overall well-being. The camp also included educational sessions on various health topics, promoting healthy living and prevention of common ailments.

25. MMA Kedah Paediatric Webinar Series: Early Recognition and Management of Respiratory Failure in Children

MMA Kedah organized an educational webinar on 30/4/2023, to equip healthcare professionals with the necessary knowledge and skills to identify and manage respiratory failure in pediatric patients. The webinar, attended by 100 medical professionals from both government and private sectors, aimed to enhance patient outcomes through early recognition, appropriate interventions, and evidence-based management strategies. This collaborative platform allowed for the knowledge sharing and exchange of best practices as well as enhanced understanding and expertise in managing respiratory failure in paediatric patients among a diverse group of healthcare professionals.

26. Wesak Day Medical Camp

In collaboration with Klinik Kesihatan Bedong and Lion's Club Kuala Muda, MMA Kedah organized a medical camp at the Gurun Buddhist Association on 4/5/2023. This camp aimed to offer free medical

care services to devotees while promoting compassion and mindfulness. It also provided healthcare professionals an opportunity to detect and treat medical issues early on, potentially preventing more serious health problems. Various agencies joined forces to provide health screenings, including blood pressure measurement, random or fasting blood sugar monitoring, anthropometric measurement, and eye screening, along with promotional activities on general health.

27. MADA Cergas dan Sihat: Blood Donation Campaign and Health Carnival

MMA Kedah and MADA Kedah collaborated to organize the "MADA Cergas dan Sihat: Blood Donation Campaign and Health Carnival" on 15/5/2023. The event aimed to promote community health and well-being in a festive setting, attracting over 400 participants. The blood donation drive was a significant highlight, allowing individuals to contribute to this noble cause and potentially save lives. The carnival also featured dental check-ups, general health screening, women's health screening, eye examinations and so forth. Additionally, health talks and discussions provided valuable insights on maintaining a healthy lifestyle, disease prevention, and overall well-being.

28. Medical Camp and Tuberculosis Screening

MMA Kedah, Persatuan Mencegah Penyakit Tibi Kedah, Kedah Health State Department, Padang Terap District Health Office, Chest Department of Hospital Sultanah Bahiyah, LPPKN, and the National Kidney Foundation (NKF) collaborated to organize a medical camp and tuberculosis screening event on 18/5/2023 at Pusat Komuniti Cikgu Hashim in Kuala Nerang, Kedah. This collaborative effort aimed to provide healthcare services and raise awareness about tuberculosis (TB) within the local community. Multiple organizations joined forces to ensure a comprehensive approach to healthcare, which included screening for tuberculosis infections. Educational sessions and awareness programs may have been conducted to empower the community with knowledge about tuberculosis prevention, symptoms, treatment, and the importance of medication adherence, encouraging early detection and appropriate management of TB.

29. Free Ultrasound Women Scans in Conjunction with Mother's Day Celebration

On May 20, 2023, MMA Kedah organized a significant project in celebration of Mother's Day. Led by Dr. Thanusha Naidu Perabakaran, the project aimed to promote women's health and well-being within the community. The event took place at Klinik Mesra in Mergong and spanned from 8:30 am to 3:30 pm. Throughout the day, a total of 20 mothers attended the event, representing different age groups and backgrounds. Each mother was given the opportunity to undergo abdominal and pelvic scans, which are valuable diagnostic tools for identifying potential health issues within the abdominal region. In addition to the abdominal and pelvic scans, fetal well-being scans were also conducted during the event. Education sessions on topics such as menstrual health, reproductive health, and the importance of regular screenings were also conducted.

30. AIMST University Felicitation Ceremony 2023

The Faculty of Medicine organized the AIMST University Felicitation Ceremony 2023 on 26/5/2023 to honour the achievements and hard work of the graduating students from the batch of 2018/2023. MMA Kedah was invited to participate in the event. During the ceremony, three outstanding students were chosen as the top performers based on their academic performance, and they were presented with awards by MMA Kedah. These awards likely served as motivation for the students to continue their pursuit of excellence in their medical careers. A notable moment of the ceremony was the Hippocratic Oath session.

31. MMA Talk and Membership Drive at Kedah Advanced Internal Medicine Conference

MMA Kedah actively engaged with healthcare professionals at the Kedah Advanced Internal Medicine Conference on 25 & 26 May 2023. They raised awareness about the Association, conducted a membership drive, and shared valuable insights through a booth presence and a talk. Representatives, including the Executive committee members, interacted directly with visitors, providing information and

answering questions about the Association's work and membership benefits. The association's goal was to attract healthcare professionals at the conference to join MMA.

32. MMA Kedah CME Series: Approach to Backpain

The MMA Kedah organized a CME event called "Approach to Backpain" on 30/5/2023, at the MMA Kedah Building. The event focused on addressing the global issue of back pain. Mr Muhammad Azhar, an orthopaedic surgeon from Hospital Sultanah Bahiyah, served as the keynote speaker, leveraging his expertise and experience in the field. Healthcare professionals had the opportunity to engage in discussions, ask questions, and exchange ideas with Mr Azhar. The event which was held physically allowed for face-to-face interactions, fostering networking and professional connections among attendees.

Dr Thanusha Naidu Perabakaran
Acting Honorary Secretary



MMA KELANTAN BRANCH

1. DR WAN NOR AINA AR MARDIYAH WAN JEFFERY - **Chairperson**
2. DR TUAN ZAMANI AMIR TUAN ZAKARIA - **Vice-Chairperson**
3. DR NIK NAEIMAH BINTI NIK SOH - **Honorary Secretary**
4. DR ZUKRI BIN MAT AIL - **Honorary Treasurer**
5. DR AZMUNEER BIN MUHAMMED KIFLI - **PPSMMA Representative**
6. DR ROSNELIFAIZUR BIN RAMELY - **SCHOMOS Representative**
7. DR MOHD ZULFAKAR MAZLAN - **Committee Member**
8. DR NORSUHANA BINTI OMAR - **Committee Member**
9. DR MOHD AZFAN BIN CHE YUSOFF @ MOHD AFFANDI - **Committee Member**
10. DR MOHD RAHIMIE SAYUTTI - **Committee Member**
11. DR TAN SHONG SHENG - **Committee Member**

MEMBERSHIP

Total - 479 Members, breakdown as follows:

Ordinary Members	: 123
Medical Officers	: 93
House Officers	: 0
Life Members	: 227
Exempted Members	: 9
Student Members	: 27

MEETINGS

- i. 1st Exco Meeting – 23/9/2022, 3 p.m. at Starbucks KB Mall
- ii. 2nd Exco Meeting – 16/12/2022, 3 p.m. at Ibis Styles, Kota Bharu
- iii. 3rd Exco Meeting (Online) – 6/2/2023, 8 p.m. via Webex

ACTIVITIES

- i. MMA Kelantan's Best Student Award Presentation during the USM White Coat Ceremony
- 22/9/2022, 7.30 a.m. -12 p.m. at Dewan Utama USMCK
- ii. PPSMMA: Program Santuni Orang Asli Gua Musang
- 4 – 5 October 2022 at Pos Gob, Gua Musang
- iii. Membership Drive & Sales Booth at 13th Asia Pacific Cardiology Update
- 14 – 16 October 2022, 8 a.m.- 5 p.m. at Grand Renai Hotel, Kota Bharu
- iv. High Tea with YM Tengku Temenggong Kelantan
- 9/11/2022, 11.20 a.m. - 3 p.m. at Hotel Perdana, Kota Bharu
- v. SCHOMOS MMA Meet & Greet Session With 4th Year USM Medical Students
- 9/11/2022, 4.30 p.m. – 6 p.m. at Lecture 5, PPSP, USM
- vi. SCHOMOS MMA Kelantan Meet & Greet with Master of Medicine (Surgery) Students
- 4/12/2022, 4 p.m. – 5 p.m. at Lecture Hall 7 USMCK
- vii. Kelantan Flood Relief Programme 2022/2023
- 31/12/2022, 8 a.m. – 1 p.m. at Kampung Bendang Pak Yong, Tumpat, Kelantan
- viii. Doctor Kelantan Sport Carnival: Bowling
- 2/2/2023, 5 pm - 6.30 pm at KB Land Management, L4, Billion Kota Bharu
- ix. PPSMMA: Program Santuni Ahli Persatuan Thalassemia Kelantan
- 6/2/2023, 2.30 p.m. - 5 p.m. at Hospital Universiti Sains Malaysia
- x. Sunathon: MMA Kelantan in collaboration with Persatuan Pekerja Islam HRPZ II & Masjid Tengku Aziza
- 18/2/2023, 8 a.m. -12 p.m. at Masjid Tg Aziza Binti Tengku Hamzah, Melor, Kelantan
- xi. Doctor Kelantan Sport Carnival: Badminton

- 24/2/2023, 2 pm - 8.30 pm at USM Sport Complex 1
- xii. Junior Doctor Session with Year 5 USM Medical Student
 - 1/4/2023, 1.30 p.m. - 2.30 p.m. at Lecture Hall 4 USMCK

CME REPORT - Prepared by Dr Mohd Rahimie Bin Sayutti (Committee Member)

- i. Novartis Corporation (Malaysia) Sdn Bhd
 - 2/7/2022, Topic: East Coast Hematology Workshop
- ii. Novartis Corporation (Malaysia) Sdn Bhd
 - 23 – 24 July 2022, Topic: Malaysian Severe Asthma: Deep Dive Clinical Workshop
- iii. Unit Tibi/Kusta Jabatan Kesihatan Negeri Kelantan
 - 14/8/2022, Topic: Bengkel Pengurusan Tuberkulosis Untuk Pegawai Perubatan dan Pegawai Perubatan Siswazah Bil 1/2022
- iv. Danone Specialized Nutrition (Malaysia) Sdn. Bhd.
 - 24/9/2022, Topic: Sasaran Tumbesaran Optimum
- v. Taisho Pharmaceutical Group
 - 7/10/2022, Topic: Novel Topical NSAID for Osteoarthritis
- vi. Unit Tibi/Kusta Jabatan Kesihatan Negeri Kelantan
 - 26/10/2022, Topic: Kursus Update Kusta Untuk Pengelola Kusta Negeri Kelantan Bil 1/2022, Dengan Kerjasama Penyelidik "Living with Leprosy (Hansen'S Disease) In Malaysia"
- vii. Inova Pharmaceuticals (Singapore) Pte Ltd – Malaysia Branch
 - 28/10/2022, Topic: Connecting the Experts GP Symposium
- viii. Infection Control Unit Hospital Raja Perempuan Zainab 11(HRPZ 11) & Kelab Medik HRPZ 11
 - 5 - 6 November 2022, Topic: Kelantan Antimicrobial dan Infection Prevention & Control Update 2022
- ix. Boehringer Ingelheim (Malaysia) Sdn. Bhd.
 - 7/12/ 2022, Topic: Unlocking the Cardio-Renal-Metabolic Continuum in T2D: Science to Practical Strategies with SGLT2i
- x. Mahkota Medical Centre
 - 12/1/2023, Topic: High Intensity Focused Ultrasound (HIFU) a Non-Invasive Surgery of Shrinking Fibroids and Adenomyosis
- xi. Eisai (M) Sdn Bhd
 - 17/2/2023, Topic: Hear from The Expert
- xii. Taisho Pharmaceutical Group
 - 24/2/2023, Topic: Practical Learning for Right Treatment Outcome
- xiii. Boehringer Ingelheim (Malaysia) Sdn. Bhd.
 - 18/4/2023, Topic: Managing T2D Patients during Ramadan
- xiv. Taisho Pharmaceutical Group
 - 5/5/2023, Topic: Changing T2DM With SGLT2-i For Lasting Legacy Effect
- xv. Jetpharma Sdn Bhd
 - 26/5/2023, Topic: Saline Nasal Irrigation a Clinical Update for GP
- xvi. Pfizer Biopharmaceuticals Group
 - 26/5/2023, Topic: Community Infections in the Lung: For You and Your Patients
- xvii. Ep Plus Group
 - 29/5/2023, Topic: Xcellence in BoNT-A Injection Techniques (X-CITE) Workshop
- xviii. Zuellig Pharma Sdn Bhd.
 - 31/5/2023, Topic: ZEAL Roadshow 2023-Diabetes Management and Updates
- xix. GlaxoSmithKline Pharmaceutical Sdn Bhd
 - 1/6/2023, Topic: Nose to Toes Roadshow

Since July 2022 to June 2023, a total of 19 applications for CPD points received under MMA Kelantan.

SCHOMOS ACTIVITIES - Prepared by Dr Rosnelifaizur Bin Ramely (SCHOMOS Representative)

- i. **High Tea with YM Tengku Temenggong Kelantan** - Held on 9/11/2022 at Hotel Perdana, this event was organized by Persatuan Kesihatan Mental Kelantan. MMA Kelantan donated 5 tickets.



- ii. **SCHOMOS MMA Kelantan Meet & Greet Session with 4th Year Medical Students** - The yearly event at USM Health Campus involved medical students and featured the presence of the MMA President and National SCHOMOS Chairman. It took place on 9/11/2022, from 3:00 pm to 6:00 pm at Lecture Hall 5 USM. The activities



included a briefing on MMA, a membership drive, and a special talk by MMA President, Dr Muruga Raj. The objective of the event was to provide encouragement, guidance, and introduce the MMA to medical students. A total of 155 students and all Exco members attended the program.

- iii. **SCHOMOS MMA Kelantan Meet & Greet with Master of Medicine (Surgery) Students** - The program took place on 4/12/2022, at Lecture Hall 7 USM from 4:00 pm to 5:00 pm. The objective was to reach out to new medical students, introduce them to the MMA, discuss current doctors' issues, highlight the benefits, and promote the membership drive. A total of 35 students and 15 lecturers attended the program.



- iv. **Doctors Kelantan Sport Carnival 2023** - The program was scheduled to take place from February to March 2023, aiming to provide an opportunity for doctors in Kelantan, including those from the government and private sectors, to participate in a major activity. USM medical students in Kelantan are also part of the organizing committee.



- a. Bowling Tournament on 2/2/2023, at KB Land Level 4, Billion Shopping Mall, participated by with 27 doctors.



- b. Badminton Tournament on 24/2/2023 at USM Sport Complex 1, participated by 20 doctors.

The planned futsal competition by PPSMMA and other sports activities were unable to take place due to unforeseen circumstances.

v. **Sunathon: A Collaboration with HRPZ II** - A circumcision program was held on 18/2/2023 at Masjid Tengku Azizah Tengku Anis, Pasir Puteh. The aim was to provide circumcision services to those who could not access them elsewhere. A total of 45 students were circumcised. Traditional and smart clamp methods were utilized.



vi. **Townhall Session with YB Minister of Health** - It was held on 22/2/2023, at Dewan Serbaguna MOH, Level 8, Blok E7 Putrajaya. MMA presented agendas on doctors' issues, including salary, exploitation, junior doctors, promotion, administration, facilities, infrastructure, and strategy. The meeting was attended by 350 doctors, including 5 participants from MMA SCHOMOS Kelantan.



total of

vii. **Junior Doctor Session with 5th Year Medical Students** - It was held on 1/4/2023, at Lecture Hall 4 USM Health Campus to prepare medical students for their housemanship career. Topics covered included housemanship expectations, preparation tips, and alternative careers. A 105 students attended.

PPSMMA ACTIVITIES - Prepared by Dr Azmuneer bin Muhammed Kifli (PPSMMA Representative)

i. **Program Santuni Orang Asli Gua Musang**

- It was held on 4 & 5 October 2022, at Pos Gawi and Pos Gob in Gua Musang, involving the Orang Asli community. The objective was to provide healthcare knowledge to the native community.



YB Ab Aziz Bin Yusoff (ADUN Nenggiri), YB Amran Bin Ariffin (ADUN Paloh), Dr Azmuneer Bin Muhammed Kifli (PPSMMA), En Azmawi Bin Fikri (Pengerusi Majlis Belia Gua Musang) and Mitsubishi CSR Group participated in the program.

ii. **Program Santuni Persatuan Thalassemia Kelantan**

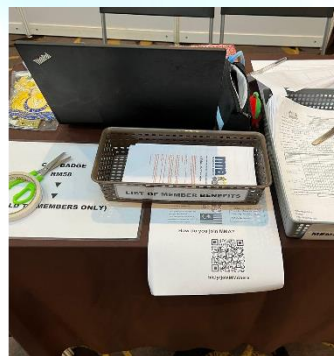
- PPSMMA Kelantan attended a special lecture by the UNESCO Chair of Human Genetics of Thalassemia on 6/2/2023. Prof Zilfalil Alwi was appointed as the UNESCO Chair of Human Genetics in Thalassemia. PPSMMA met with Persatuan

Thalassaemia Kelantan members, offering encouragement to follow doctors' advice for good health. Attendees included PPSMMA Kelantan Representative, MMA Kelantan Vice-Chairman and MMA Kelantan Exco Member, Dr Norsuhana binti Omar.



MULTIMEDIA/MEMBERSHIP DRIVE REPORT - Prepared by Dr Tan Shong Sheng (Committee Member)

i. **Flyers and QR Code for Online MMA Registration** - MMA Kelantan was invited to various academic events at undergraduate, postgraduate, and regional conference levels. The branch used these opportunities to introduce MMA membership to medical students and doctors. The registration process was simplified by providing a QR code for online registration displayed during presentations and on printed flyers.



ii. **MMA Kelantan Booth @ Asia Pacific Cardiology Congress 2022** - MMA Kelantan had a booth at the Asia Pacific Cardiology

Congress in Grand Renai Hotel, Kota Bharu from 14-16 October 2022. Delegates visited the booth, and some signed up for MMA membership.

iii. **MMA Kelantan and New Master of Medicine (MMED) Surgery Candidates for 2022/2023 Orientation** - MMA Kelantan introduced MMA membership to newly enrolled USM Master of Medicine (Surgery) candidates for intake 2022/2023. The talk was given by Dr Rosnelifaizur Ramely, a senior lecturer and vascular surgeon, who also served as the MMA Kelantan SCHOMOS Representative.



iv. **MMA Kelantan and Forum: Medical Student to Houseman What Does the Future Hold?**

MMA Kelantan was invited to a forum





organized by SMMAMS, JDN, and MEDSOC. Dr Rosnelifaizur Ramely, the SCHOMOS Representative, delivered a talk on MMA membership to medical students.

COMMUNITY SERVICE REPORT - Prepared by Dr Norsuhana Binti Omar (Committee Member)

i. **Kelantan Flood Relief Programme 2022/2023 -**

A flood relief mission took place on 31/12/2022 in Kampung Bendang Pak Yong, Tumpat, Kelantan, with the objectives of community involvement and understanding the challenges faced by flood victims in the state. The mission aimed to assess the impact of the flood



and distribute food essentials to 150 families, amounting to RM 50 each. The total expenses incurred were RM 10,427.50. The event involved 22 volunteers, 7 MMA Committee members, and assistance from village residents. Health check-ups were also provided to the village residents in addition to aid donations.

SPORT REPORT - Prepared by Dr Mohd Azfan Bin Che Yusoff @ Mohd Affandi (Committee Member)

i. **Doctor Kelantan Indoor Futsal Tournament 2023** - We will organize an indoor futsal tournament in July 2023 at All Sport Futsal, Machang. We encourage all members to participate and promote sportsmanship, a healthy lifestyle, and strengthen relationships.

WELFARE REPORT - Prepared by Dr Mohd Zulfakar Bin Mazlan (Committee Member)

- i. Dr Nasir underwent a minor operation at Hospital Universiti Sains Malaysia (USM). As a token of appreciation for his MMA membership, Dr Azmuneer presented him with a fruit basket on 18/9/2022 (Picture 1).
- ii. Associate Prof Dr Mohd Zulfakar Mazlan was admitted to CRW Hospital Universiti Sains Malaysia (USM) for Atrial Tachycardia on 13/12/2022. In recognition of his MMA membership, MMA Kelantan presented him with a fruit basket (Picture 2).
- iii. Dr Zurairie underwent a minor operation at Hospital Raja Perempuan Zainab 2 (HRPZII). MMA Kelantan expressed appreciation for his MMA membership by presenting him with a fruit basket (Pictures 3a & 3b).

- iv. Dr Zurairie and Dr Tuan Zamani represented MMA Kelantan in donating a Thermos to the Day Care Ward at HRPZII in January 2023 (Pictures 4a & 4b).
- v. Abdullah Khalil bin Patria @ Ahmad Patria was honored with the MMA Kelantan Best Student Award during the White Coat Ceremony of USM School of Medical Science in September 2022 (Pictures 5a & 5b).



Picture 1



Picture 3a



Picture 4a



Picture 5a



Picture 2



Picture 3b



Picture 4b



Picture 5b

Dr Nik Naeimah Binti Nik Soh
Honorary Secretary



MMA MELAKA BRANCH

The 40th Annual General Meeting of the branch was held virtually on 11/6/2022, with 26 members in attendance. The following were elected as the office-bearers of 2022/2023:

1. DR SIVANANTHAN A/L PERIETHAMBY - **Chairman**
2. *LT. COL (DR) EUGENE TAN CHOON LI - **Vice-Chairman (Resigned on 19/2/2023)**
3. DR GAYATHRI A/P K. KUMARASURIAR - **Honorary Secretary**
4. DR KARAMJIT KAUR SARBAN SINGH - **Honorary Treasurer**
5. DR JEFFRI TEH BIN FAIZAL – **PPSMMA Representative**
6. DR MUHAMAD SHAHRIMAN MUHAMAD SHARI - **SCHOMOS Representative**
7. DATUK DR PANDURANGAN SUBRAMANIAM – **Committee Member**
8. DR GUNASEKARAN A/L M RAMASAMY - **Committee Member**
9. DR SHANKAR GUNARASA - **Committee Member**
10. DR SOH YIH HARNG - **Committee Member**
11. DR RAVINNIYA A/P SANDRASEGAR - **Committee Member**
12. PROF DATO' DR N.K.S THARMASEELAN - **Honorary Internal Auditor**
13. PROF DR JAYAKUMAR A/L GURUSAMY - **Honorary Internal Auditor**

BRANCH COMMITTEE MEETINGS

Barring any unavoidable circumstances, the monthly Branch Committee Meeting are usually held on the second Tuesday of each month. However, during this term, to date, the committee had managed to meet successfully, either physically but most of the time virtually, in total eight times to discuss branch matters and organize branch activities as we dealt with the nation's Movement Control Order (MCO). The attendances and dates of the committee meetings are as follows:

✓ = Present X = Absent with Apologies ✖ = New committee	2022				2023			Percentage (%)	Total of Meetings
	05 th	15 th	19 th	09 th	11 th	1st	9th		Date
	Jul	Aug	Sep	Nov	Jan	Mar	May		Month
DR SIVANANTHAN A/L PERIETHAMBY	✓	✓	✓	✓	✓	✓	✓	100	07/07
LT. COL (DR) EUGENE TAN CHOON LI	X	✓	✓	✓	X	X	X	47	03/07
DR GAYATHRI A/P K. KUMARASURIAR	✓	✓	✓	✓	✓	✓	✓	100	07/07
DR KARAMJIT KAUR SARBAN SINGH	✓	✓	✓	✓	✓	✓	✓	100	07/07
DR JEFFRI TEH BIN FAIZAL	✓	✓	✓	✓	✓	✓	✓	100	07/07
DR MUHAMAD SHAHRIMAN MUHAMAD SHARI	✓	✓	✓	✓	✓	✓	✓	100	07/07
DATUK DR PANDURANGAN SUBRAMANIAM	✓	X	✓	X	X	✓	X	47	03/07

DR GUNASEKARAN A/L M RAMASAMY	√	x	√	√	√	√	x	71	05/07
DR SHANKAR GUNARASA	√	x	√	√	√	√	x	71	05/07
DR SOH YIH HARNG	√	√	√	√	√	√	√	100	07/07
DR RAVINNIYA A/P SANDRASEGAR	√	√	√	x	√	√	x	71	05/07
MS KAVITHA SINNIHAH	N/A				√	x	x	33	01/03
MS ALAMELU VAIRAVAN	N/A				√	x	x	33	01/03

*Note: Dr Eugene changed his membership to Sabah branch on 7/12/2022 & resigned as Vice Chairman on 19/2/2023. The committee agreed unanimously that there was no need to replace the Vice-Chairman at that point as the AGM was due in June 2023.

CONTINUING MEDICAL EDUCATION – SUPPORTED BY PHARMACEUTICAL COMPANIES

MMA Melaka had previously set House Rules for CME sessions.

- i) CME sessions are strictly for medical doctors.
- ii) No children / babies / maid / guardian / non-medical spouse allowed.
- iii) Doctors who RSVP are given priority (dinner & sitting place) only.
- iv) Dispute which arise are to be discussed with the current CME chairman.

Doctors who fail to adhere to the above house rules be denied entry.

The following CMEs were held between January till December 2023, as follows:

NO	DATE	TOPIC	SPEAKER	SPONSOR
1	15/01/2022	Diabetes Dyslipidemia: Shall we hit hard from the start?	Dr Yew Shiong Shiong	Organon
2	09/02/2022	Know The Potential of SEMAGLUTIDE for Your Type 2 Diabetes Treatment	Dr. Chow Yok Wai	Novo Nordisk
3	19/03/2022	Peer-To-Peer Scientific Forum	Professor Dr Chee Kok Han Dr Lim Siang Chin Dr Yew Shiong Shiong	Novo Nordisk
4	26/03/2022	Novel Topical NSAID for Osteoarthritis	Dr Mohd Zaidi B. Yaakub	Taisho Pharmaceutical Group
5	20/05/2022	C.R.E.S.T. Lipid Forum Cardiovascular Disease Prevention with	Dr. Yew Shiong Shiong Datuk Dr Nor Izham Aziz	AstraZeneca Sdn Bhd

		Optimized Lipid Management		
6	01/06/2022	(1) Early A1C Control in Practice: Why & How I Do It (2) "A+D in Diabetics with Hypertensive. Why?	Assoc. Prof. Dr. Chow Yok Wai Dr Yew Shiong Shiong	Servier
7	07/06/2022	GLP-1 Region Workshop	Dr. Yew Shiong Shiong	Novo Nordisk
8	08/06/2022	Canagliflozin: The forgotten but remarkable SGLT-2 inhibitor	Dr. Radhakrishna Sothiratnam	Janssen, Merck
9	11/06/2022	Dementia In Elderly	Dr. Tay Hui Sian	Laboratories Torrent (Malaysia)
10	18/06/2022	1st Melaka Primary Care Update Public-Private Partnership 2022	Dr. Norsiah binti Ali Dr. Benedict Sim Lim Heng Dr. Mohd Shukri b Mat Saad Dr. Ezra binti Mohammad Dr. Azman bin Othman Dr. Masseni Bt Abd Aziz Dr. Siti Zaleha binti Suleiman Dr. Lee Choon Sian Dr. Rusdi bin Abdul Rahman	
11	25/06/2022	I ON-SITE MELAKA 2022	Dr. Chow Yok Wai Dr. Lim Kien Chien Dr. Lim Siang Chin Dr. Yew Shiong Shiong Dr. Tay Hui Sian	Boehringer Ingelheim (Malaysia) Sdn. Bhd
12	16/07/2022	MSC Stem Cells - Recent Advancement in Stem Cell	Dr. Chin Sze Piaw	Sheng Life
13	26/07/2022	Expert Forum: Advancing OAB Management for Older People	Dr. Christopher Ho Chee Kong Dr. Tay Hui Sian	Astellas Pharma Malaysia Sdn Bhd
14	12/08/2022	Chronic Venous Disease: Let's tackle it together!	Dr. Ong Kheng Wah Dr. Lim Li Aik	Servier
15	15/10/2022	GP Connect: T2D & Lipid Management in Primary Care	Dr. Shalini C Sree Dharan Dr Kogulakrishnan Kaniappan Dr. Jeffri Teh Bin Faizal	AstraZeneca Sdn Bhd
16	28/10/2022	MMA Melaka 2nd Primary Care Symposium	Dr Shankar Gunarasa Dr Sharmini Pillay A/P Datuk Sivaraman Dr Mohd Hanif Abd Gaus Dr Ruben Raj Theyventhiran Datuk Dr Kumaresan Sellamuthu	MMA Melaka branch

			Dr Sendhil Kumar A/L Somasundaram Dr Gopinath Mathavan Mr. Tan Cheh Li Lt Col (Dr) Eugene Tan Choon Li Associate Professor Dr Chow Yok Wai Dr Nor Idayu Ahmad Ruslan Dr Gayathri K.Kumarasuriar Dr Radhakrishna A. Sothiratnam Professor Dr Jaspal Singh Sahota Mr Tan Yew Aik Dr Nanthini Ponnuvelu Dr Tay Hui Sian Dr Abel Zachariah Dr Ng Chiun Yan Dr Gan Chye Lee Dr Livia Chow Huey Ling Dr Nur Aileen Wee binti Abdullah Dato Dr Lee Joon Kiong Dr Julian Tay Hock Chuan Dr Nor Idayu Ahmad Ruslan	
17	03/12/2022	Sasaran Tumbesaran Optimum	Pn Mahnon Suria	Danone Specialized Nutrition Sdn Bhd
18	10/12/2022	Sucroferric Oxyhydroxide: A Novel Phosphate Binder for Hyperphosphataemia Control in Dialysis Patients	Prof Dr Markus Ketteler Dr Sharmila Karathu Dr Lily Mushahar	ICEM SDN BHD

- ❖ MMA Melaka would like to record our appreciation to all the pharmaceutical companies for conducting the above sessions.

MMA MELAKA BRANCH 39TH ANNUAL DINNER AND INSTALLATION NIGHT

The 39th Annual Dinner and Installation Night for 2022 was held on 29/10/2022, at the Holiday Inn. It was held after a lapse of three years.

MEMBERSHIP DRIVE AS AT 31-12-2022

MEMBERSHIP	2022	2021
Ordinary	240	181
Life	286	280
Exempted	24	25
TOTAL	550	486

Recruited from 1/1/2022 to 31/12/2022:

NEW MEMBERSHIP	2022
Ordinary	172
Life	2
Student	79

All committee members had made efforts to get more new members and this; we hope that it could eventually increase the number of members in the future.

MMA MELAKA HOUSE

i. MMA Melaka House Committee

a. Dr Roy Gunasekaran	–	House Chairman
b. Dr Sivananthan Periathamby	–	Branch Chairman
c. Dr Gayathri Kumarasuriar	–	Hon. Secretary
d. Dr Karamjit Kaur	–	Hon. Treasurer
e. Dr Jeffri Teh Faizal	–	PPS Chairman
f. Dr Muhamad Shahrman	–	SCHOMOS Chairman
g. Datuk Dr. Pandurangan	–	Member
h. Dr Ravinniya Sandrasegar	–	Member
i. Dr Soh Yih Harnng	–	Member
j. Kavita Sinniah	–	Student member
k. Alamelu Vairavan	–	Student member

ii. Rental of 1st Floor

The rental and facilities rates shall be:

a. Hall for the first 3 hours	–	RM120.00
b. Additional for each subsequent hour	–	RM 50.00
c. Rental of Projector	–	RM 200.00
d. Payment for caretaker	–	RM 50.00

iii. Ground Floor

Rented to 'Eye to Eye Optometrist Sdn Bhd'.

The New Tenancy term will start from 1/8/2022 till December 2022 with a rental of RM3500. From January 2023 onwards the rental will be RM4000 with a tenancy duration of 3+3.

iv. A new Acer Laptop was purchased for RM1,799.00.

v. Building Insurance Premises and Pest Control.

a. Fire Insurance Premium – MSIG

• Period of Insurance	–	05/11/2021 – 04/11/2022
• On 3 storey building	–	RM 1,000,000.00
• Indoor package content	–	RM 20,000.00
• Sum Insured	–	RM 520,000.00
• Annual Premium	–	RM 757.94

b. Public Liability Insurance Premium – MSIG

• Period of Insurance	–	19/10/2021 – 18/10/2022
• Any one accident	–	RM 500,000.00
• Annual Premium	–	RM 222.00

c. Pest Control Services Contract – Rentokil Initial (M) Sdn. Bhd.

• On 3 story building	–	Service & inspection on monthly basis
• Total contract per annum	–	RM 865.66

vi. **An inventory of all Moveable and Immoveable Properties was listed and a monthly Audit to be conduct by any one Committee member on rotation.**

vii. **MMA Melaka Property – MMA House:**

To-recap:

MMA Melaka Property (the MMA House) was bought by the National MMA from MMA Foundation for a sum of RM1.725 million and initial deposit of RM116,650.00 had been paid upfront to MMA Foundation on 23rd Feb 2021.

It was then decided that the sum equivalent of 26% of the purchase price paid, which is RM448,500.00 to be given by way of yearly grant to MMA Melaka over 5 years, the grant per year being RM89,700.00 which is yet to be binding.

Due to our dire financial distress, we MMA Melaka had by correspondence relayed to the current Chairman of MMA Foundation the monies due to us to be paid in wholesome. We are awaiting a reply to that note.

FUTURE ASPIRATIONS

- i. To generate more activities relevant to the members.
- ii. To recruit more members especially the younger doctors.
- iii. To increase the COVID-19 vaccination awareness.
- iv. Treasure Hunt / Family Day.

ACTIVITIES DONE BY MMA MELAKA IN 2022/2023

i. Committee Meetings

Year 2021/2022:

- a. 10th Committee meeting – 5/7/2022
- b. 11th Committee meeting – 15/8/2022

Year 2022/2023:

- a. 1st Committee meeting – 19/9/2022
- b. 2nd Committee meeting – 9/11/2022
- c. 3rd Committee meeting – 11/1/2023
- d. 4th Committee meeting – 1/3/2023
- e. 5th Committee meeting – 9/5/2023

ii. MMA 2nd Primary Care Symposium 28th – 30th October 2022

MMA Melaka organized its 2nd Primary Care Symposium which was held at Holiday Inn on 28/10/2022 till 30/10/2022. Attendance was overwhelming as we have doctors as far from Perlis that supported the program. We thank all our sponsors on that day and looking forward to organizing again next year as the feedback was good. We thank the organizing committee of MMA Melaka Branch.

iii. Installation Night 2022 on 29/10/2022

Installation Night was organized on 29/10/2022 at Holiday Inn. The theme was Masquerade: Black or Red. It was the first installation following the Endemic of COVID-19. We would like to thank our guests for making it possible. State Health Director Datuk Dr Rusdi, President elect and her spouse, President, and his spouse.

iv. Membership Drive

MMA Melaka membership drive is an ongoing process. Three specific membership activities were done as follows:

- a. WMHD at Hospital Melaka on 14/10/2022
- b. MUCM Melaka Campus on 20/10/2022
- c. MUCM Muar Campus on 1/12/ 2022

The Hon Secretary of MMA Melaka had 2 sessions introducing MMA to the MUCM students during their orientation program at the Muar & Melaka Campus on 1/12/2022 and 17/4/2023 respectively.

v. CSR Programme 2022 (MMA Melaka)

MMA Melaka has conducted a CSR programme on 21/12/2022 at Rumah Seri Kenangan Cheng, Melaka. Approximately a total of 167 patients who have received help in the form of dry food, adult pampers and medical equipment to carry out their daily lives.

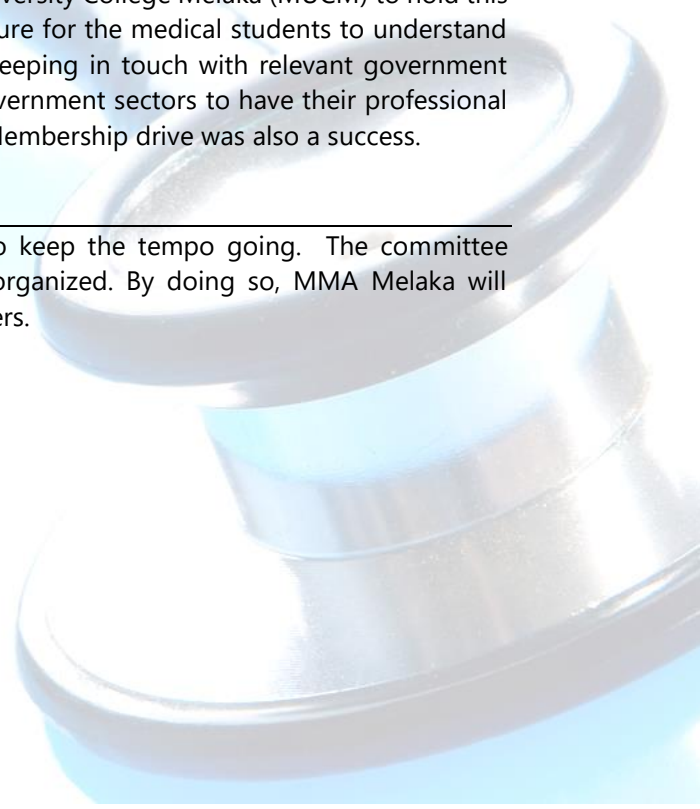
vi. Dialogue Session with National MMA President, Dr Muruga Raj

MMA Melaka Branch collaborated with Manipal University College Melaka (MUCM) to hold this session on 25/4/2023. It was indeed a good exposure for the medical students to understand what MMA represents and its role in constantly keeping in touch with relevant government agencies to ensure doctors in both private and government sectors to have their professional interest is protected despite changing in policies. Membership drive was also a success.

CONCLUSION

The committee had worked hard in the past one year to keep the tempo going. The committee encourages members to partake in activities which are organized. By doing so, MMA Melaka will continue to be active and retain its relevance to the members.

Dr Gayathri A/P K Kumarasuriar
Honorary Secretary



MMA NEGERI SEMBILAN BRANCH

COMMITTEE MEMBERS

1. DR ANDREW A/L SOLAMADAN - **Chairman**
2. DR SELVA GANAPATHI A/L GANESON - **Vice-Chairman**
3. DR RAVINDRAN RAMASAMY - **Honorary Secretary**
4. DR MERLINDA SHAZELLENNE A/P JAMES PILLAI - **Honorary Treasurer**
5. DR NARVINDARAN A/L MARIAPPAN - **PPSMMA Representative**
6. DR TANG JEAT LIANG - **SCHOMOS Representative**
7. DR SIVAKUMAR A/L KUMARASAMY - **Committee Member**
8. DR SITI ROKIAH BT KAMARUDIN - **Committee Member**
9. DR DEEBAN A/L RAMASAMY - **Committee Member**
10. DR PRASSAAD ARUJUNAN - **Committee Member**
11. DR NURUL FAZILAH AZIZ - **Committee Member**
12. DR GLORIAN PAUL BOSCO A/L VELUSAMY - **Committee Member**
13. DR R ELANGOVAN RADAKRISHNAN - **Honorary Internal Auditor**
14. DR VANITA SADHASIVAM - **Honorary Internal Auditor**

Secretariat Staff: Ms Jayaisree

COMMITTEE MEETING ATTENDANCE

NAME / DATE	22/09/22	20/10/22	24/11/2022	19/01/2023	28/03/2022	17/05/2023	%
Dr Andrew Solamadan	P	P	P	P	P	P	100
Dr Selva Ganapathi	P	P	P	P	P	P	100
Dr Ravindran R	P	P	P	P	P	P	100
Dr Merlinda Shazellenne	P	P	P	P	P	A	83
Dr Tang Jeat Liang	P	A	P	P	P	P	83
Dr Narvindaran	P	P	P	P	P	P	100
Dr Siti Rokiah	A	P	A	P	P	P	67
Dr Sivakumar	P	P	A	P	A	P	67
Dr Deeban Ramasamy	P	A	A	A	A	A	17
Dr Nurul Fazilah	P	P	P	P	P	A	83
Dr Glorian Bosco	N/A	P	P	A	A	A	33

CME/ CPD & MMA NS PROGRAMS 2022-2023

- i. **June 2022** – 12/6/2022 at Optimax Eye Specialist Centre in Palm Hotel, Seremban.
- ii. **September 2022** – Glycemic Variability in T2DM - Why Does It Matter? on 25/9/ 2022 at DKSH, Royal Chulan Seremban.
- iii. **October 2022** – (a) Lunch Symposium on 2/10/2022 at Menarini, D'tempat Hall, (b) 360 Insulin Summit on 29/10/2022 at Novartis - Port Dickson
- iv. **November 2022** – (a) Master Class Diabetes on 5 & 6 November 2022, (b) Bowling Tournament in Conjunction with the World Aids Day on 13/11/2022
- v. **December 2022** – MMA Negeri Sembilan Kempen Kesihatan on 18/12/2022
- vi. **March 2023** – MMA Negeri Sembilan 2nd Primary Care Symposium 2023 on 18 & 19 March 2023

- vii. **May 2023** – (a) Practical Learning for Right Treatment Outcome on 20/5/2023 at MMA Negeri Sembilan, (b) Negeri Sembilan Sports Medicine Symposium 2023 on 23 & 24 May 2023.

MEETING WITH JKNNS OFFICIALS

- i. Multiple attempts to schedule a meeting with the State Health Department were unsuccessful this term.
- ii. Fortunately, we had the chance to meet and dine with JKN NS officials at the Annual Dinner, which was attended by the State Health Director.
- iii. The Deputy State Health Director also joined us in other events, including the opening ceremony, indicating a positive relationship with JKNNS.

MEMBERSHIP RECRUITMENT

- i. Introductory sessions on MMA were held during the membership drives in HTJ Seremban and HTAN Kuala Pilah for House Officers reporting to Negeri Sembilan. Dr Tang and Dr Glorian conducted the sessions.
- ii. PPS conducts membership drives periodically.

OTHER EVENTS

- i. MMA Negeri Sembilan (NS) Right to Health Committee organized a **Medical Camp** on 25/6/2022 in an Orang Asli Village in NS with support from MMA NS.
- ii. MMA NS organized a talk on the **Well Being of Housemen** on 11/6/2023, addressing the issue of bullying and harassment. The event received positive feedback, attended by doctors and graced by the Deputy Director of Health NS. Dr Selva Ganapathi took the lead in organizing it.
- iii. MMA NS conducted the **"MMA NS Health Carnival"** on 9/7/2022 at Mydin Mall Seremban. The event was successful, attracting many visitors to various booths offering services like blood donation, organ donation, eye check-ups, BP/sugar checks, physiotherapy, and children's programs etc.
- iv. The program **"Strengthening Ties Between Doctor, Leadership, and Healthcare"** took place on 13/11/2022 at the Royale Sg Ujong Club. Dr Selva organized this first-ever leadership program for doctors in any MMA Branch, receiving overwhelming support from about 40 participants comprising doctors and healthcare workers. The participants requested for more leadership programs in the future.
- v. A **Medical Camp** in collaboration with LIONS Club Seremban was organized as part of CSR programmes, at Dewan Kg. Baru, Rasah on 18/12/ 2022, focusing on the PEKA B40 program. The event received good support from the surrounding community.
- vi. The **Commonwealth Medical Association (CMA) Dinner Function** was held on 5/12/2022 at Gardens Club in Glenmarie Resort, Shah Alam, followed by the Junior Doctors Network (JDN) Conference. Dr Merlinda currently chairs the Malaysian chapter of JDN.
- vii. MMA NS collaborated with PKD Seremban and the AIDS Council to organize a **World AIDS Day program**. The event included a bowling competition at Mydin Mall in the evening. Dr Nurul Fazilah took the lead in organizing this program.
- viii. **MMA NS Annual Installation Dinner** took place on 25/2/2023 at Royale Chulan Seremban, where Dr Andrew Solamadan was installed as the Branch Chairman for a second term. The event was a grand success with various activities such as live band performances, dances, lucky draws, and a best-dressed competition. The turnout was outstanding, with 340 attendees from diverse backgrounds.
- ix. **MMA Pre-Congress**, a program addressing issues affecting doctors in the private sector, especially General Practitioners, was held on 4/6/2023 in a hybrid format.

CHAIRMAN'S ITINERARY

- i. Dr Andrew had a productive **meeting with Associate Professor Dr Ismail Abdul Satar Burud (Vice-Dean of IMU) and an IMU student representative** at the MMA House. Discussions focused on strengthening ties and collaboration.
- ii. Dr Andrew attended the "**Majlis Perasmian & Hari Terbuka**" at Aurelius Hospital on 23/9/2023. The Deputy Health Minister was the guest of honor, and the Chairman of MMA NS received recognition as one of the VIPs, highlighting the growing acknowledgment of MMA NS in Negeri Sembilan.
- iii. Dr Andrew participated in the **MMA National Council Meeting**, attending the Council meetings alongside Dr Selva Ganapathi (Vice-Chairman).
- iv. Dr Andrew received an invitation to attend the "**Perasmian Pusat Hemodialisis Hospital UCSI & Pelancaran Projek ADIC**" at UCSI Hospital on 11/6/2023. The honorable Health Minister was the guest of honor at the event.

OTHER ACTIVITIES

- i. Our committee members attended the **Annual Installation Dinners** of MMA Melaka and MMA Wilayah Branches to support our neighboring MMA Branches. In return, they attended our Installation Dinner as well, and MMA Selangor was also present at our event.
- ii. **The 2nd MMA NS Primary Care Symposium** took place successfully on 18 & 19 March 2023 at Royale Chulan Hotel. Approximately 100 participants, including medical students, from the government and private sectors attended the event. We had a good number of sponsors, and the symposium offered 16 CPD points. Doctors in the state are looking forward to this becoming an annual event, and 32 medical students signed up as MMA student members.
- iii. **The MMA TriState Committee** (MMA Wilayah, MMA Selangor, and MMA NS) co-organized programs, holding two meetings on 18/12/2022 and 7/5/2023. The next meeting in September 2023 will be hosted by MMA NS.
- iv. TriState Committee shortlisted programs: **(a)** Kuala Selangor Family Day Trip (Selangor) – 24/6/2023, **(b)** Overseas trip to Darjeeling & Calcutta (Wilayah) – *TBA*, **(c)** Treasure Hunt (Wilayah) – 29/7/2023, **(d)** Ultimate Frisbee Series (Negeri Sembilan) – *TBA*.
- v. **MMA NS Branch AGM 2022/2023** – Friday, 23/6/2023, 5.30pm at Sg Ujong Club Seremban.
- vi. **Meet & Greet Program with USIM** – Scheduled for 9/7/2023 2023, the event will gather medical students from USIM, IMU and UCSI. Led by Dr Tang and Dr Nurul.
- vii. MMA NS is collaborating with **Sky Fitness and Evolution Fitness Centre** to offer discounted rates for MMA members, promoting a healthy lifestyle. Dr Selva leads the negotiations.
- viii. Mr Sivasangaran Kumaran, nominee from MMA Negeri Sembilan, received the prestigious **MMA Healthcare Services Award** for his work with children with rare diseases.
- ix. The **refurbishment of MMA House** in Oakland is completed, giving it a new professional look.

CONCLUSION

The Chairman Dr Andrew Solamadan expresses gratitude to the MMA NS Committee for their outstanding support and efforts in organizing various programs despite the challenges. Appreciation is extended to all MMA members who have contributed in various ways. Let's continue dedicating our time and resources to further strengthen the Branch MMA and elevate it to new heights.

Dr Ravindran Ramasamy
Honorary Secretary

MMA PAHANG BRANCH

BRANCH COMMITTEE



1. DATIN DR FA'IZA ABDULLAH - **Chairperson**
2. DR CHAN CHEE ENG - **Vice-Chairperson**
3. DR REUBEN GOH ERN TZE - **Honorary Secretary**
4. DR NOR AZLINA A RAHMAN - **Honorary Treasurer**
5. DR RENA MENON A/P N RAMACHANDRAN - **PPSMMA Representative**
6. DATIN DR GOWRI A/P SUNDARAM - **SCHOMOS Representative**
7. DR MOHD AL-BAQLISH MOHD FIRDAUS - **Committee Member**
8. DR MUHD KHAIRI BIN MOHD TAIBI - **Committee Member**
9. DR TAN JIUNN LIANG - **Committee Member**
10. DR THILLAINATHAN A/L T PUSHPANATHAN @ T PASPANADAN - **Committee Member**
11. DR LIM WAI TONG - **Committee Member**

Secretariat Staff: M Ariff Hazami Elliazir

COMMITTEE MEETINGS

22/10/2022 – 1st Committee Meeting
28/12/2022 – 2nd Committee Meeting
7/3/2023 – 3rd Committee Meeting
5/4/2023 – 4th Committee Meeting

ACTIVITIES OF THE BRANCH

The MMA Pahang is collaborating with the Academy of Family Physician Malaysia (AFPM) to organise monthly Medical Webinars which are held online. The subjects covered are given in the table below. Each webinar attracts over 100 participants as consultants and experts provide updates and discuss issues in primary care management. Most participants are Medical Officers and General Practitioners.

- i. **AFPM-MMA Pahang Branch Collaboration: Medical Webinar Series**
 - a. 2/10/2022 - Applying Mindfulness in Clinical Practice

- b. 12/12/2022 - Management of Hypertension: An Update for Primary Care Doctors
- c. 5/3/2023 - Approach to Abnormal LFTs in Primary Care
- d. 16/4/2023 - Approach to Abnormal Serum Calcium Level in Primary Care
- e. 5/3/2023 - Approach to Abnormal LFTs in Primary Care
- f. 28/5/2023 - Managing Hepatitis B at Primary Care
- g. 25/6/2023 - Update on Management of Helicobacter Pylori

ii. Activities in the Year 2022

a. 5/8/2022 - New House Officers SCHOMOS Membership Drive

Datin Dr. Gowri, the SCHOMOS Representative, introduced MMA to the new House Officers coming into Hospital Tengku Ampuan Afzan to start their training. A total of 16 new House Officers attended the briefing.



b. 22/10/2022 - Appreciation Lunch for the Committee of 2021-2022

The previous office bearers were invited for an Appreciation Lunch at the AC Marriot. Everyone who contributed to the events of 2021-2022 was also invited to the appreciation lunch, making a total of 20 attendees.



A certificate of appreciation was given to everyone who contributed to the activities for 2021-2022.



c. 23/11/2022 - Membership Drive at the East Coast Primary Care Symposium

Dr Tyler, representing PPS, gave the MMA Membership Drive talk at the East Coast Primary Care Symposium organised by MH Wellness Group and Oxford Education in collaboration with MMA Pahang.



d. 4/2/2023 - MMA Pahang Meet and Greet with Medical Students 2023

150 Medical Students from International Islamic University Malaysia (IIUM) and WIDAD University College, Kuantan, Pahang attended our Meet and Greet with Medical Students 2023. It was held at the International Islamic University Malaysia (IIUM). MMA Pahang, gained 45 new members.



Our honoured Speakers include:

- Dr Azizan binti Abdul Aziz, President Elect MMA, gave an eye-opening introduction to MMA to the 150 attending future doctors.
- Associate Prof Dr Soraya Ismail, Deputy Dean of the Kulliyah of Medicine, gave the opening speech.
- Prof Dato' Dr Khairidzan Mohd Kamal, a Life Member of MMA, delivered an inspiring motivational talk about the Medical Profession: The Ups and Downs.
- Teng Zhi Sean, Chairman of the Society of MMA Medical Students (SMMAMS), along with his deputies Zulkarnain (USIM) and Farhan (USIM), came to showcase the events in SMMAMS under MMA.



Before lunch, we had some bonding activities between the MMA and the medical students. The event concluded with a fruitful forum titled "Issues and Concerns in Medical Life".



e. 5/2/2023 - Post Flood Relief at Kampung Pecah Bateri, Kuantan

MMA Pahang brought smiles to 42 families who were flood victims earlier this month. It has been raining continuously for 2 weeks, with heavy showers for the past few days preventing the locals of Kampong Pecah Bateri, an Orang Asli settlement on the outskirts of Kuantan, from their daily chores of tapping rubber. Flood waters also cut off road access. A little help to quench their hunger goes a long way.



MMA Pahang Corporate Social Responsibility (CSR) Programme 2023 has donated a 'Food Aid Basket'. A box of basic dry rations per family was delivered to them on Sunday, 05.02.2023, by Dr Prem, a life member of Pahang MMA. He once held the position of State Chairman. Dr Prem also generously donated some basic medicines.

f. 16/2/2023 - Dengue and Malaria Community Awareness

MMA Pahang Branch, in collaboration with JKN Pahang and Family Health Clinic, Kulliyah of Medicine, had a Dengue and Malaria Community Awareness Programme. A total of 130 participants attended the talk.



g. 22/2/2023 - MMA Pahang SCHOMOS Attended the Town Hall Session with the Minister Of Health Regarding Contract HOs.

Dr Chan, Vice-Chairman of MMA Pahang, represented SCHOMOS MMA Pahang in the Town Hall session with our Minister of Health regarding contract house officers. A total of 18 house officers, medical officers, and specialists from Pahang attended the town hall session in Putrajaya.



h. 26/2/2023 - CPR and Basic Life Support Course

The Representative of the Private Practitioners Section (PPS) of MMA Pahang, Dr Rena Menon, had successfully organised a CPR and Basic Life Support course in Hotel Seri Malaysia, Temerloh, in collaboration with St. John's Ambulance, Pahang, headed by Dr Hew Kin Sun. The course was designed to update and retrain fellow doctors and nurses in the methods of basic life support and first aid at the respective clinics. A total of 16 doctors and 12 nurses (all MMA members) attended the course. Dr Hew and his team of five volunteers from St. John's Ambulance Pahang were experienced in training.



i. 4/5/2023 - Kempen Derma Darah

Dr Rena Menon of MMA Pahang (PPS) and Cik Emy of the Blood Bank Team of Hospital Tengku Ampuan Afzan (HTAA), Kuantan successfully organized a blood donation drive in Berjaya Megamall, Kuantan, on Wesak Day. The blood donation campaign was in line with the National MMA Blood Donation Drive program during the month of May. Many volunteers were prepared for the blood donation, contributing to our total collection of 93 pints of blood!



j. 16/5/2023 - MMA Pahang attended the Town Hall session with the Minister of Health regarding Health White Paper

Dr Chan, Vice-Chairman and SCHOMOS Representative, and Dr Reuben, Secretary and PPS Representative of MMA Pahang, attended a dialogue and town hall session with the Minister of Health regarding the Health White Paper in Terengganu.



SUMMARY OF ACTIVITIES

5/8/2022	New House Officers SCHOMOS Membership Drive
2/10/2022	CME Webinar: Applying Mindfulness in Clinical Practice
22/10/2022	Appreciation Lunch For The Committee Of 2021-2022
23/11/2022	Membership Drive at the East Coast Primary Care Symposium
12/12/2022	CME Webinar: Management of Hypertension: An Update for Primary Care Doctors
4/2/2023	MMA Pahang Meet and Greet with Medical Students 2023 at International Islamic University Malaysia (IIUM)
5/2/2023	Post Flood Relief at Kampung Pecah Bateri, Kuantan
16/2/2023	Dengue and Malaria Community Awareness
22/2/2023	MMA Pahang SCHOMOS attended the Town Hall session with the Minister of Health regarding contract HOs.
26/2/2023	CPR and Basic Life Support Course

5/3/2023	CME Webinar: Approach to Abnormal LFTs in Primary Care
16/4/2023	CME Webinar: Approach to Abnormal Serum Calcium Level in Primary Care
4/5/2023	KEMPEN DERMA DARAH
16/5/2023	MMA Pahang attended the Town Hall session with the Minister of Health regarding Health White Paper
28/5/2023	CME Webinar: Managing Hepatitis B at Primary Care

SCHOMOS REPORT – by Datin Dr Gowri Sundaram

The committee had a total of four (4) meetings to discuss arising issues and the programmes that we planned for our branch during the year on 22/10/2022, 28/12/2022, 7/3/2023 and 5/4/2023.

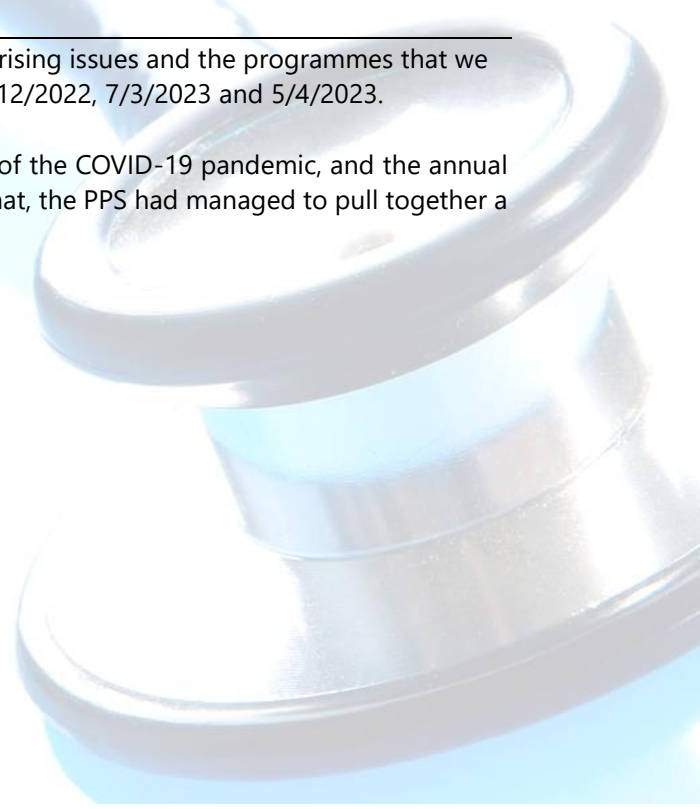
The term of 2022–2023 had been tough with the recovery of the COVID-19 pandemic, the issues of contract doctors, and health reforms. Nonetheless, SCHOMOS managed to organise the Meet and Greet and attend the Town Hall sessions with our Ministry of Health. SCHOMOS has more activities planned during the second half of 2023.

PPSMMA REPORT – by Dr Rena Menon

The committee had a total of four (4) meetings to discuss arising issues and the programmes that we planned for our branch during the year on 22/10/2022, 28/12/2022, 7/3/2023 and 5/4/2023.

The term of 2022–2023 had been tough with the recovery of the COVID-19 pandemic, and the annual floods had cramped some of the planned events. Despite that, the PPS had managed to pull together a CPR and BLS Course and a blood donation campaign.

Dr Reuben Goh Ern Tze
Honorary Secretary



MMA PERAK BRANCH

BRANCH COMMITTEE

1. DR SATKUNAN MARK A/L GNANAPATHY - **Chairman**
2. DR SURESH A/L SUBRAMANIAM - **Vice-Chairman**
3. DR FARAH AISHAH BINTI HAMDAN - **Honorary Secretary**
4. DR MONESH PILLAI A/L GOPI - **Honorary Treasurer**
5. MEJ DR JEYARATNAM M RATNAVALE - **PPSMMA Representative**
6. DR JOHN EMMANUEL A/L GILBERT FERNANDEZ - **SCHOMOS Representative**
7. DR JONAH SEENI A/L JOHN DEVASAGAYAM - **Committee Member**
8. DR SATNAM KAUR A/P HARBHAJAN SINGH - **Committee Member**
9. DR MOHAMED SIDEK BIN ALI - **Committee Member**
10. DR DURAIMANICKKAM A/L SUBRAMANIAM - **Committee Member**
11. DR MOHD REEDZA BIN ABDUL SALAM - **Committee Member**
12. DATO' DR VASAN S/O P SINNADURAI – **Honorary Auditor**
13. DR YEK SING CHEE - **Honorary Auditor**

BRANCH ACTIVITIES

i. Committee Meetings

All meetings were well attended by the Committee Members to discuss branch activities and other matters as below:

OFFICE BEARERS	1 ST	2 ND	3 RD	4 TH	5 TH
Dr Satkunan Mark	P	P	P	P	P
Dr Suresh Subramaniam	P	P	P	P	P
Dr Farah Aishah Hamdan	P	P	P	A	P
Dr Monesh Pillai	P	P	P	P	P
Dr John Emmanuel	P	P	P	P	P
Mej Dr Jeyaratnam M Ratnavale	P	P	P	P	P
Dr Jonah Seeni	P	A	A	P	P
Dr Satnam Kaur	P	P	P	P	P
Dr Mohamed Sidek	P	P	P	A	A
Dr Duraimanickkam Subramaniam	P	P	P	A	A
Dr Mohd Reedza Bin Abdul Salam	P	P	P	A	P

ii. KPI for Office Bearers

NAME	ORGANIZED EVENTS	SUPPORTED
Dr Satkunan Mark	<ul style="list-style-type: none"> • Doctors Day • Deepavali Celebration at PCSH • MMA Perak Taiping Medical Update • Christmas Celebration at Fatimah Hospital • Chinese New Year Celebration at Hospital Pantai • Walk Against Obesity 	<ul style="list-style-type: none"> • Basic Abdominal Ultrasound Workshop • Career Pathway & SCHOMOS

	<ul style="list-style-type: none"> • Women In Medicine • Hari Raya Celebration at KPJ Ipoh • Meeting With State Health Director • Berita MMA Article
Dr Suresh Subramaniam	<ul style="list-style-type: none"> • World Sight Day • World Diabetes Day • New Age Treatment in Glaucoma • Doctors Day • Walk Against Obesity • Women In Medicine • Basic Abdominal Ultrasound Workshop • Hari Raya Celebration at KPJ Ipoh • Career Pathway & SCHOMOS • Meeting with State Health Director
Dr Farah Aishah Hamdan	<ul style="list-style-type: none"> • MMA Perak Scientific Writing Workshop • Berita MMA Article • Doctors Day • Christmas Celebration at HRPB • Walk Against Obesity • Women In Medicine • An Overview of ADHD - From Diagnosis to Management • Christmas Celebration at HRPB • Medical Outreach at Orang Asli Village • MMA Townhall Session
Dr Monesh Pillai	<ul style="list-style-type: none"> • Webinar On "Iklan Perkhimatan Kesihatan" • An Overview of ADHD - From Diagnosis to Management • Walk Against Obesity • Hari Raya Celebration at KPJ Ipoh • Career Pathway & SCHOMOS • Medical Outreach at Orang Asli Village • Meeting with State Health Director
Dr John Emmanuel	<ul style="list-style-type: none"> • Paediatric Resuscitation Course 2022 • 1st HRPB Paediatric Circumcision Workshop • Perak Children's Health Fund • Spread the Cheer Programme • Chinese New Year Celebration at Hospital Taiping • Basic Abdominal Ultrasound Workshop • Webinar On Autism • Career Pathway & SCHOMOS Update • Essential Radiology for Junior Doctors • Neonatal And Paediatric Bowel Anastomosis Workshop • Doctors Day • World Sight Day • MMA Perak Taiping Medical Update • MMA Townhall Session • Walk Against Obesity • Women In Medicine • An Overview of ADHD-From Diagnosis to Management • Basic Abdominal Ultrasound Workshop • Hari Raya Celebration at KPJ Ipoh • Meeting with State Health Director

	<ul style="list-style-type: none"> • Represented MMA Perak at MMA Townhall Session • Berita MMA Articles
Dr Jeyaratnam M Ratnavale	<ul style="list-style-type: none"> • Chinese New Year Celebration at Hospital Pantai • Women In Medicine • An Overview of ADHD-From Diagnosis to Management • Medical Outreach at Orang Asli Village
Dr Jonah Seeni	<ul style="list-style-type: none"> • Medical Outreach at Orang Asli Village • Doctors Day • MMA Perak Taiping Medical Update • Women In Medicine • Walk Against Obesity
Dr Satnam Kaur	<ul style="list-style-type: none"> • Webinar On Updates in Psychiatry • Distribution of Toys & Raya cookies at HSR • Doctors Day • MMA Perak Taiping Medical Update • Chinese New Year Celebration at Hospital Pantai • Walk Against Obesity • Women In Medicine • Basic Abdominal Ultrasound Workshop • Hari Raya Celebration at KPJ Ipoh
Dr Mohamed Sidek	<ul style="list-style-type: none"> • MMA Perak Taiping Medical Update • Walk Against Obesity • MMA Townhall Session
Dr Duraimanickam	
Dr Mohd Reedza	<ul style="list-style-type: none"> • Chinese New Year Celebration at Hospital Pantai • Walk Against Obesity

iii. Blood And Organ Donation Campaign (Collaboration with Caritas OMPH)

MMA Perak provided both medical personnel and screening services at a blood and organ donation campaign at the parish hall of Our Mother of Perpetual Help Church, Ipoh. It was held on 25/9/2022. The event also featured basic medical checkups and free medical consultations. It was well attended by members of the church and the general public.

iv. GP Symposium 2022: Moving Towards Better Management of Cardiovascular Disease

This symposium was held on 25/9/2022, at Casuarina@Meru. The event was officiated by the Perak State Health Director, Dr Sirajuddin MMA Perak, who was a co-organiser of this symposium, which focused on current updates in the field of cardiology. Lectures were delivered by renowned experts in the field.

v. Doctors Day Celebration by Mma Perak

MMA Perak treated branch members to a simple and cosy high tea session. We had organised two talks by Dato Dr Amar Singh and Dr Tan HC, followed by fellowship and lucky draws on

16/10/2022, at the Tower Regency Hotel, Ipoh. It was an excellent session for networking and also to enjoy the camaraderie among the MMA Perak members present.

vi. Screening In Conjunction with World Sight Day 2022

MMA Perak had successfully organised a screening programme in conjunction with World Sight Day 2022 on 17/10/2022, at Hospital Tapah. MMA Perak performed free eye screening (IOP checking, fundus photos, and OCT imaging) in the morning and a CME talk on Prevention of Blindness in the afternoon. About 200 people were screened, and those with ophthalmology issues were given free consultations and redirected for further assessments. This is one of the many private-public partnerships between Optimax and public healthcare facilities, which was spearheaded by MMA Perak.

vii. Light Up a Smile At Perak Community Specialist Hospital

MMA Perak was represented by its chairman, Dr. Satkunan Mark, who gifted children admitted to the PCSH Paediatric Ward with goodie bags. The event was in conjunction with the Festival of Lights and was held on 24/10/2022.

viii. Webinar On Iklan Perkhidmatan Kesihatan

MMA Perak had organised a webinar on "Iklan Perkhidmatan Kesihatan" on 16/12/2022. The talk was presented by Cik Azlin Nafisa Binti Anuar from CPF, Perak, and was well attended by the private practitioners.

ix. MMA Perak Medical Outreach at Orang Asli Village

The MMA Perak committee travelled to Lawin Selatan, Lenggong, on 18/12/2022, for a medical outreach at an Orang Asli village where around 100 people reside. Access to the village is via an off-road trail 5km from the main road, which becomes challenging to travel on during the rainy season. 30 food baskets and medications were donated to the villagers, and health promotion advice was also given to them.

x. Paediatric Ward Visit At Hospital Fatimah

Apart from educational and training activities, MMA Perak also conducts ward visits and distributes gifts during the holiday season. Dr Satkunan Mark represented MMA Perak for this event held at Hospital Fatimah on 25/12/2022. Gifts were given to the patients who were visited.

xi. Screening and Eye Examination for World Diabetes Day 2023

World Diabetes Day (WDD) became an official United Nations Day in 2006, and it is marked every year on November 14. The theme for WDD 2021–23 is Assessing Diabetes Care. According to published articles, millions of people with diabetes around the world do not have access to diabetes care. In conjunction with World Diabetes Day 2022, MMA Perak organised a free diabetic eye screening at Klinik Kesihatan Menglembu on Monday, 9/1/2023. This eye screening programme was co-organised by Klinik Kesihatan Menglembu and Optimax Eye Specialist Ipoh. Prior to this event, Dr. Phan Ai Ping (a family medicine specialist) collected a number of diabetic patients who were due for the regular diabetic eye assessment. During the 4 hours of eye screening, we managed to see all appointment patients and a few walk-in patients. In total, about 80 patients were screened during this programme. Diabetic eye screenings that we offered to all our patients included visual acuity (VA), an intraocular pressure (IOP) check, Optical Coherence Tomography (OCT) scanning of the retina, and direct fundus examination (in those difficult cases, the pupil was dilated for a better fundus view). As a token of appreciation, all patients received a goody bag sponsored by Optimax Eye Specialist Ipoh.

xii. Ward Visit at Pantai Hospital Ipoh

MMA Perak was represented by Dr Satnam Kaur, Dr Jeyaratnam, and Dr Mohd Reedza during this visit. Goodie bags were distributed to the inpatients during this visit, which was held on 20/1/2023.

xiii. Meeting With YB Sivanesan Achalingam (Perak State Health Exco)

MMA Perak was represented by Dr. Satkunan Mark and Dr. Suresh Subramaniam during this meeting held on 2/2/2023, with YB Sivanesan Achalingam. Issues with regards to state healthcare services and the role of MMA Perak as a bridge between the state and doctors were emphasised. He was also briefed on activities that were carried out by MMA Perak and collaborations with the state government.

xiv. Walk Against Obesity

Walk Against Obesity, an awareness programme in conjunction with World Obesity Day A successful collaboration between Mma Perak Branch and Hospital Fatimah Ipoh, which was held on 4/3/2023. A successful turnout of over 200 participants on a Saturday morning featured aerobics, a fun walk, free Health screenings, games, and a lucky draw. A special thanks to all who worked tirelessly to make this event a success.

xv. Women In Medicine

MMA Perak celebrated Women's Day by honouring women in the field of medicine. It was held on 11/3/2023, at the Casuarina Meru Hotel in Ipoh. The half-day symposium saw 110 participants, with 5 talks. The forum was officiated by YB Sivanesam Achalingam, Perak State Health Exco, and the keynote address was given by President Elect Dr. Azizan Abdul Aziz. The 5 non-clinical talks were delivered by Dato' Dr Fariza Ngah; Head of Ophthalmology Services MOH, Dr Azizan Abdul Aziz; President Elect Malaysian Medical Association, Prof Dr Esther Ebernesan; Consultant Psychiatrist, Lt Kol Dr Nor Aida bt Datuk Astaman; Consultant Paediatrician ATM Lumut; and Dr Nilawati bt Isha; Consultant ObGyn Botani Hospital Ipoh. The topics touched on various issues related to the contributions and struggles of women in medicine. This year, in the spirit of Women's Day, the entire programme was organised by the men in the subcommittee of MMA Perak. The mood and atmosphere were pleasant and cheerful, with lots of discussion and sharing. The participants received goodie bags and certificates, and the event ended with a photo session and lunch.

xvi. MMA Perak 51st Anniversary Banquet

MMA Perak celebrated its 51st anniversary dinner on 18/3/2023. It was a lovely evening that hosted approximately 400 members and guests. The dinner was held in the Galasa Banquet Hall in Ipoh, which suited the theme "Grand in Green". The theme was chosen to highlight MMA Perak's motives and stand for a greener environment and approach. The event was officiated by YB Sivanesan Achalingam, Perak State Health EXCO, and attended by Dr. Thirunavarasoo Raju, MMA Honorary General Secretary. The guests were mainly Perak members, doctors from private and government hospitals, guests from medical universities in Perak, medical students, and invited guests from Perak Bar. There were various dance performances, including lion dances, Indian cultural dances, live music to soothe the event, and lucky draws. Awards were also given to the children of members who scored straight A's in the recent SPM examinations. It was a relaxed and joyous evening that ended at 11 p.m.

xvii. Hari Raya Celebration

As we all indulged in delicious delicacies on the first day of Hari Raya Aidil Fitri, MMA Perak Branch took a moment to reflect on this festive season of giving and lend a supportive moment to those who are less fortunate by giving Hari Raya goodies to paediatric patients in KPJ, Ipoh.

xviii. New Age Treatment in Glaucoma

Glaucoma blindness is the leading cause of irreversible blindness in the world. Awareness of glaucoma and its sight-threatening health issues remains a major obstacle in glaucoma management. To mark World Glaucoma Week 2023, MMA Perak organised a free eye screening with private partnerships and an educational glaucoma webinar to highlight the new age treatment for glaucoma management. Our Perak state glaucoma specialist shared their experiences with minimally invasive and non-invasive treatments for glaucoma.

xix. An Overview of ADHD: From Diagnosis to Management

On Sunday, 21/5/2023, MMA Perak, in collaboration with The Rotary Club of Greentown and the National Coalition of Mental Wellbeing, organised a talk on attention deficit hyperactivity disorder (ADHD), themed "An Overview of ADHD: From Diagnosis to Management". Over 80 medical practitioners from all over the country attended the seminar, which was held at the Kinta Riverfront Hotel in Ipoh. MMA Perak would like to thank all our partners and participants for making it a wonderful session.

xx. Seminar on Harm Reduction in Tobacco Control

This seminar was held on 25/5/2023, at Dewan Yayasan Ipoh, Perak. This full-day session featured informative and thought-provoking lectures on various aspects of tobacco control and the issues with harm reduction.

xxi. MMA Perak Scientific Writing Workshop

On 28/5/2023, MMA Perak organised a Scientific Writing Workshop webinar. Among the speakers were Dato' Dr Amar Singh HSS, Dr Ikhwan Sani, Dr Philip Rajan, Dr Subashini Ambigapathy, Dr Vasu Pillai Letchumanan, and Dr Ng Wei Leik. The workshop was moderated by Dr Farah Aishah Hamdan, MMA Perak Honorary Secretary. The objectives of the workshop are to promote interest in research and publication among medical doctors (especially junior doctors) and to impart knowledge on scientific writing for publication. A total of 225 participants attended this free 3-hour webinar.

xxii. Meeting With the State Health Director

The MMA Perak committee had a brief meeting with Dr Sirajuddin Hashim, Perak State Health Director, on 2/6/2023, to discuss matters pertaining to the roles and contributions of MMA Perak in the state. He stressed the importance of MMA Perak being a bridge between the state health department and both public and private doctors in the state. Dr Sirajuddin was very enthusiastic to hear about our activities and further plans for 2023. We discussed further collaborations that could be scheduled in the following months. We handed over a gift of appreciation to D. Sirajuddin as well. MMA Perak is grateful to have his encouragement and support, and we hope to strengthen our collaborative efforts with the Perak State Health Department.

xxiii. Berita MMA: Contribution of Articles

The MMA Perak committee has been actively sending articles to MMA for publication in Berita MMA. A total of Four articles have been published in Berita MMA up until May 2023. These include articles on branch activities, clinical issues, and non-clinical write-ups.

SCHOMOS REPORT

i. Paediatric Resuscitation Course 2022

MMA Perak (SCHOMOS) had organised a Paediatric Resuscitation Course 2022 on 24/9/2022, at Hospital Raja Permaisuri Bainun, Ipoh. It was done in collaboration with the Paediatric Intensive Care Unit of HRPB. There were 30 participants and featured skill stations on CPR, fluid resuscitation, and case-based scenarios.

ii. 1st HRPB Paediatric Circumcision Workshop

MMA Perak (SCHOMOS) had organised the 1st HRPB Paediatric Circumcision Workshop from December 19 to 20, 2022, at HRPB Ipoh. The event was open to both healthcare workers from the private and public healthcare sectors. It was attended by 33 participants and featured hands-on surgery and lecture slots. A lecture on the medico-legal aspects of botched circumcision was also included in the training module.

iii. Spread the Christmas Cheer Celebration at Kompleks Wanita, Kanak-Kanak Dan Kardiologi HRPB

This has been an annual event organised by Dr John Emmanuel using a religious grant and donations from individual sponsors. MMA Perak Branch distributed gifts to the inpatient children at all the paediatric wards in Hospital Raja Permaisuri Bainun on Christmas Day 2022. Special thanks to the Paediatric Surgery Unit in HRPB for coordinating the giveaway there. The children enjoyed their presents.

iv. Celebrating Chinese New Year at Hospital Taiping

In conjunction with Chinese New Year, MMA Perak has traditionally distributed mandarin oranges to doctors and staff working there. This was done on 18/1/2023, at Hospital Taiping, and MMA Perak was represented by Dr Philip Ding.

v. MMA Townhall Session with YB Dr Zaliha Mustafa, Minister of Health

SCHOMOS National held a townhall session with YB Dr Zaliha on 22/2/2023, at the Ministry of Health, Putrajaya. Discussions between SCHOMOS representatives and multiple other doctor organisations were held before the town hall session with the minister. Issues raised include criteria for permanent posts, bullying among healthcare workers, specialisation opportunities, on call allowances, promotions, and data availability from the ministry. The delegation from Perak to the townhall session was led by Dr John Emmanuel, SCHOMOS Perak Representative.

vi. Neonatal and Paediatric Bowel Anastomosis Workshop

MMA Perak held a bowel anastomotic workshop featuring a wet lab. The team of facilitators was led by Dato Dr Mohan Nallusamy. Participants from as far away as Johor, Kedah, and Melaka attended this one-day workshop, which was held at UNIKL RCMP on 10/3/2023. They were exposed to bowel anastomotic techniques and were able to perform their skills on cattle gut. This educational workshop was attended by 35 participants.

vii. MMA Perak Basic Abdominal Ultrasound Workshop 2023

MMA Perak had organised the ultrasound workshop on 12/3/2023, at the Tower Regency Hotel. About 50 medical officers attended the workshop. This full-day workshop featured lectures and hands-on sessions that were conducted by five clinical radiologists from within and outside Perak. Small-group teaching sessions were held in the afternoon. Participants were allowed to perform abdominal ultrasounds on volunteers hired by MMA Perak. This workshop was supported by Eikon Medical Solutions and their equipment.

viii. Webinar on Autism

In conjunction with World Autism Awareness Day 2023, SCHOMOS Perak organised a webinar on autism on 2/4/2023. It featured a sharing session by parents of children with autism. There were also talks on the various aspects of the diagnosis and management of autism by developmental paediatricians from Hospital Tunku Azizah. Dr Nur Aini Raman, a paediatrician from Hospital Teluk Intan, also shared the challenges faced by general paediatricians in diagnosing autism. This online session was attended by 100 participants. The session was informative and featured an active Q&A session.

ix. Majlis Berbuka Puasa Bersama Menteri Kesihatan

This session was a follow-up of the earlier town hall session held in February, organised by SCHOMOS National, and was held on 6/4/2023, at the Eastin Hotel. SCHOMOS Perak was represented by Dr John Emmanuel at the dialogue session with the Minister of Health.

x. Career Pathway and SCHOMOS Update by MMA Perak

MMA Perak organised an online session for junior doctors on Career Pathway and SCHOMOS Update on 30/4/2023. The session featured individual specialisation pathways and career opportunities both in the private and public sectors. The webinar also catered to those interested in non-clinical career opportunities. About 80 junior doctors participated in this webinar.

xi. Cancer Screening at Kg Simee Old Folks Home Fun Fair

The National Cancer Society of Malaysia held a cancer screening exercise at the Kg Simee Old Folks Home Fun Fair on 15/4/2023. Free clinical examinations, blood tests, and consultations were provided via the NCSM Mobile Unit. Dr Navinder Singh represented MMA Perak as one of the volunteer medical officers at the screening exercise.

xii. Webinar on Updates in Psychiatry

SCHOMOS Perak organised a virtual course on the latest developments in psychiatry on May 6, 2023. This course was part of our focus on training sessions that can be beneficial for junior doctors on clinical aspects of the various psychiatric illnesses. This half-day virtual session featured four prominent speakers and was well attended.

xiii. Distribution of Toys and Raya Cookies at Hospital Slim River

This event was organised by Dr Satnam Kaur at Hospital Slim River on 19/5/2023, and was graced by Dr Sivanandarajah Satgunam, Director of Hospital Slim River. Stuffed toys were given to the children, and raya goodies were given to the parents and caretakers. Both children and parents were elated to receive these contributions from MMA Perak, as they were not able to celebrate Raya with their loved ones.

xiv. Essential Radiology for Junior Doctors 2023

MMA Perak successfully organised a webinar on Essential Radiology for Junior Doctors on May 27, 2023. The half-day webinar was attended by 30 junior doctors. We are grateful to all the speakers who are Clinical Radiologists from various hospitals and universities: Dr Jeyaletchumi Annamalai, Dr Yik Weng Fai, Dr Anithaa Tangaperumal, Dr Preetvinder Singh, Dr Alan Basil Peter, Dr Jaspreet Kaur, Dr Fharweena Shakira, and Dr Nurashikin Jamaluddin.

xv. Donation of Clinical and Non-Clinical Items to The Oncology Unit Hrpb

The oncology unit in Hospital Raja Permaisuri Bainun, Ipoh, has only recently started oncology services in the state. The influx of oncology patients resulted in additional equipment being required to help run their services and patient care. MMA Perak contributed both clinical and non-clinical equipment for use at the oncology unit.

xvi. Perak Children's Health Fund by MMA Perak

This fund was started by Dr John Emmanuel and has been an ongoing effort to help finance healthcare-related equipment and activities for children in the state. Children of lower economic status are helped with the purchase of medical equipment, medicines, or medical treatment. Each case or activity is discussed in the MMA Perak committee, and a majority approval is required before an amount is fixed and utilised.

PPSMMA REPORT

i. MMA Perak - Taiping Medical Update

A successful one-day medical update for members in and around Taiping A programme dedicated for members in the district to update themselves on various specialties and have dialogue sessions regarding issues faced. It was held on 11/12/2022, at the Hotel Grand Baron, Taiping, and featured various clinical talks.

ii. Upcoming Activities

- Northern Primary Care Update 2023: June 10–11, 2023
- Visit to NASOM Ipoh, tentative June 12, 2023
- Train the Trainers on Bullying Among Healthcare Workers, Alor Setar, June 16, 2023
- Webinar on Switching to Private Practise: June 17, 2023
- JHOSSC 2023: Tentative July 2023

ACKNOWLEDGEMENT

MMA Perak would like to record its heartfelt thanks to the following, who have constantly given much support to its cause:

- Dr Muruga Raj (MMA President 2022-2023)
- Members of the MMA Council 2022-2023
- Perak State Health Director
- All who have rendered kind assistance to MMA Perak in one way or another.

Our deepest gratitude to MMA Perak members and the committee members for their cooperation and contribution to all the programmes held. I wish the upcoming MMA Perak team a very fruitful and productive season.

Dr Farah Aishah Hamdan
Secretary

MMA PERLIS BRANCH

BRANCH COMMITTEE

- i. DR JAYNESHTHRA RAO A/L KRISHNAMURTHY - **Chairman**
- ii. DR FADZLY RAMIDI - **Vice-Chairman**
- iii. DR UMAIRAH NORAZMAN - **Honorary Secretary**
- iv. DR NOOR AZURA BT CHE SENAPI - **Honorary Treasurer**
- v. DR CHEW SHI WEI - **PPSMMA Representative**
- vi. DR SATHESH KUMAR A/L PERIYASAMY - **SCHOMOS Representative**
- vii. DR HARI RAM A/L RAMAYYA - **Committee Member**
- viii. DR YOUNG CARMEN WINNIE - **Committee Member**
- ix. DR MEGALA PERIYASAMY - **Committee Member**
- x. DR AMBIGGAN A/L SUPAYA - **Committee Member**
- xi. NURUL FARHANA BINTI OTHMAN - **Committee Member**

ACTIVITIES

- i. Membership Drive
- ii. Blood Donation Campaign During Fasting Month
- iii. Bowling Tournament "Let's Bowl" on 1/7/2022
- iv. MMA CME involving PPS and SCHOMOS
- v. Surviving Housemanship Webinar on 13/8/2023

Dr Umairah Norazman
Honorary Secretary



MMA PENANG BRANCH

BRANCH ANNUAL GENERAL MEETING

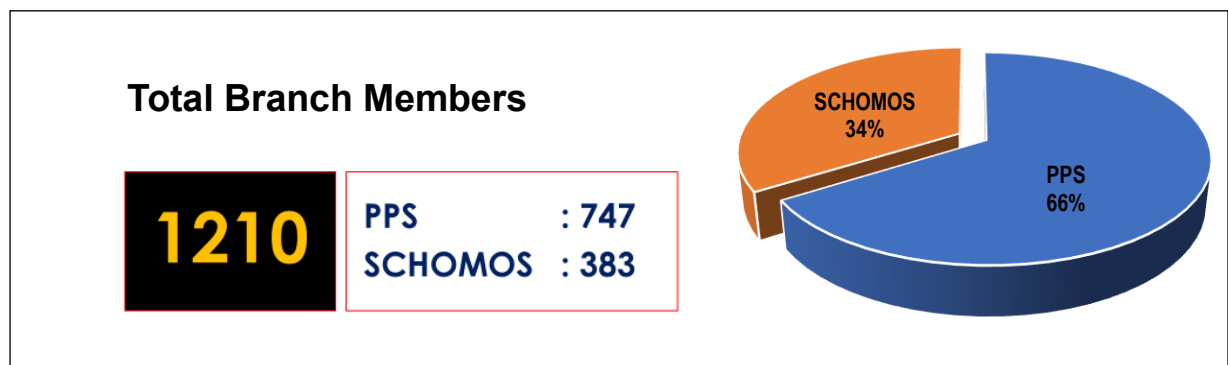
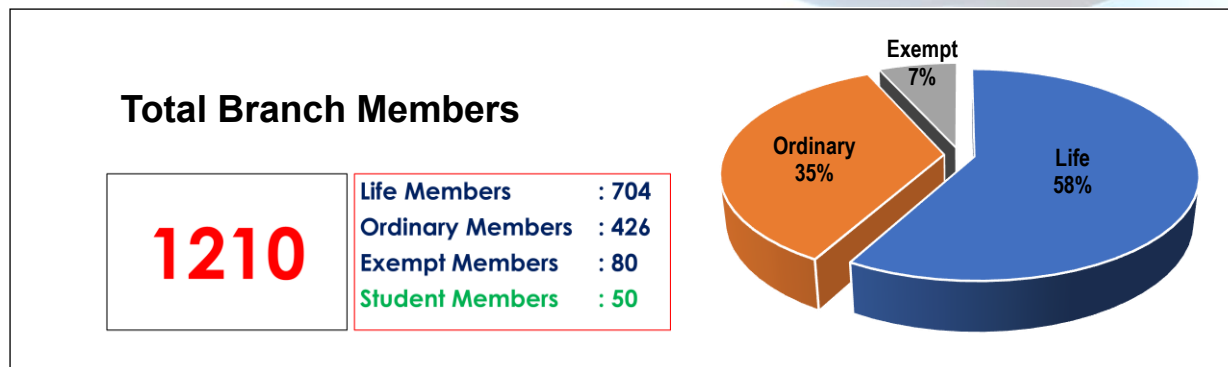
The MMA Penang Branch's 39th Annual General Meeting was a hybrid meeting held on 12/6/2022. Committee members were physically present at Bayview Georgetown Hotel, while other members attended virtually via Zoom. The meeting had 104 attendees and was guided by MMA Headquarters.

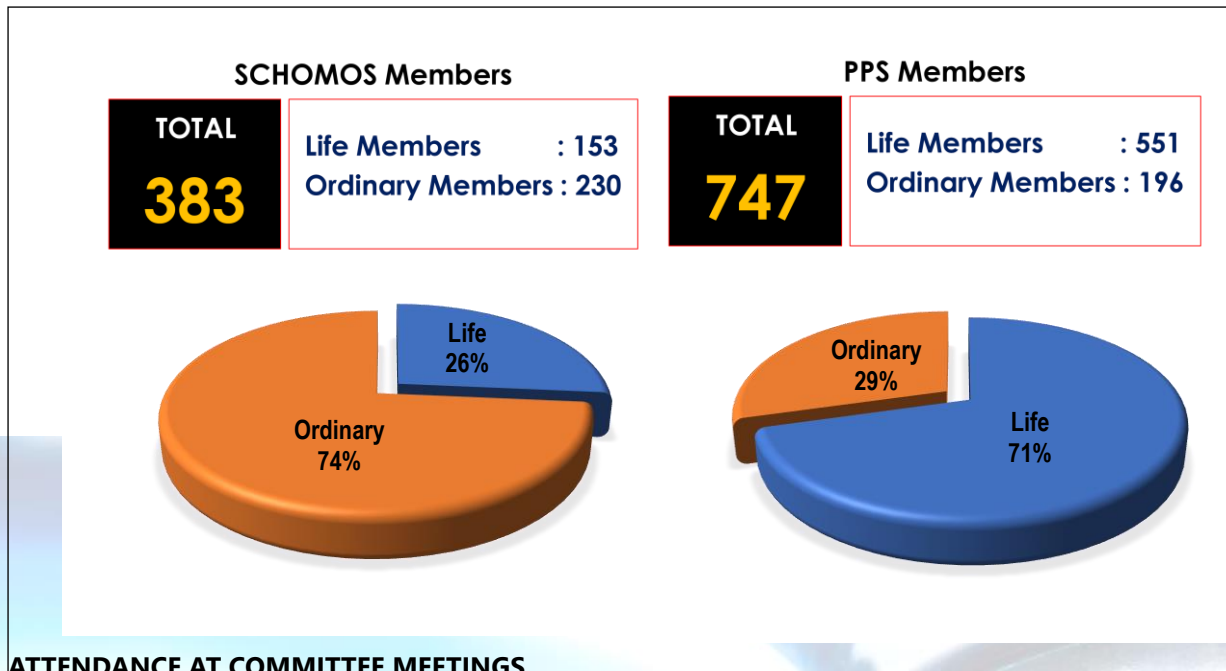
BRANCH COMMITTEE AND AUDITORS

- i. DR PRABHU A/L RAMASAMY – **Chairman**
- ii. DR DIVAGAR VARATHA RAJU - **Vice-Chairman**
- iii. DATO' DR PARMJIT SINGH A/L KULDIP SINGH - **Honorary Secretary**
- iv. DR PRAVEEN A/L SELVARAJAH - **Honorary Treasurer**
- v. DR KANTHAN MURUGIAH - **PPSMMA Representative**
- vi. DR HUNG WEI PIN - **SCHOMOS Representative**
- vii. DR S P PALANIAPPAN A/L SUPPIAH - **Committee Member**
- viii. DR SARASWATHI BINA RAI S.K NAGALINGAM - **Committee Member**
- ix. DR JAIANAND J. TEJANI - **Committee Member**
- x. DR MUHAMMAD FADZLIN BIN MOHD RAFI - **Committee Member**
- xi. DR PRASSAAD ARUJUNAN - **Committee Member**
- xii. DR JITENDRA KUMAR A/L S N TEJANI
- xiii. DR INDRAN V SAMINATHAN

MEMBERSHIP STATISTICS OF MMA PENANG BRANCH

As of 10/5/2023, there were 1210 members in benefit. The breakdown is as follows:





ATTENDANCE AT COMMITTEE MEETINGS

Name	30.09.22	26.11.22	15.02.23	31.03.23	12.05.23
	Physical	Physical	Virtual	Physical	Virtual
Dr Prabhu Ramasamy CHAIRMAN	P	P	P	P	P
Dr Divagar Varatha Raju VICE CHAIRMAN	P	P	P	P	P
Dato' Dr Parmjit Singh HONORARY SECRETARY	P	P	P	P	P
Dr Praveen Selvarajah HONORARY TREASURER	P	P	P	P	A
Dr Kanthan Murugiah PPS REPRESENTATIVE	P	P	P	P	P
Dr Hung Wei Pin SCHOMOS REPRESENTATIVE	A	P	P	P	A
Dr SP.Palaniappan COMMITTEE MEMBER	P	P	P	P	P
Dr Saraswathi Bina Rai COMMITTEE MEMBER	A	P	P	P	A
Dr Jaianand J Tejani COMMITTEE MEMBER	P	P	P	P	P
Dr Muhammad Fadzlin COMMITTEE MEMBER	A	P	P	A	P
Dr Prasaad Arujunan COMMITTEE MEMBER	A	P	P	P	P

MMA COUNCIL MEETINGS

Chairman Dr Prabhu Ramasamy and Vice-Chairman Dr Divagar Varatha Raju represented the MMA Penang Branch. Alternate Representatives nominated and accepted unanimously at the 39th MMA Penang Branch AGM were Honorary Secretary Dato' Dr Parmjit Singh and Honorary Treasurer Dr Praveen Selvarajah.

SECRETARIAL AND ACCOUNTING SERVICES

Braxton Consulting Sdn. Bhd. currently provides secretarial services for the branch.

EXTERNAL AUDITOR

S. Thillaimuthu & Co. Certified Public Accountants were appointed as the External Auditor.

PENANG BRANCH MEMBERS IN NATIONAL MMA COMMITTEES

NAME	COMMITTEE
Dr Prabhu Ramasamy	<ul style="list-style-type: none"> MMA Council
Dr Divagar Varatha Raju	<ul style="list-style-type: none"> MMA Council
Dato' Dr Parmjit Singh	<ul style="list-style-type: none"> PPS EXCO (Honorary Secretary) PPS National Working Committee (NWC)
Dr Vasu Pillai A/L Letchumanan	<ul style="list-style-type: none"> MMA Council MMA Executive Committee (Honorary General Treasurer) SCHOMOS National Working Committee (NWC) PPS National Working Committee (NWC) MPSN Development Committee MMA Building Committee CPD Committee MMA Insurance Committee Computer Technical Committee MMA's Investment Committee Jawatankuasa Pindaan Jadual Ketiga Belas, Akta Kemudahan dan Perkhidmatan Jagaan Kesihatan Swasta 1998 (Akta 586) Grievance Mechanism Committee
Dr Hung Wei Pin	<ul style="list-style-type: none"> SCHOMOS National Working Committee (NWC)
Dr Kanthan Murugiah	<ul style="list-style-type: none"> PPS National Working Committee (NWC)
Dr Gunasekaran A/L Balasundaram	<ul style="list-style-type: none"> Ethics Committee
Dr Hooi Lai Ngoh	<ul style="list-style-type: none"> CPD Committee

MMA PENANG BRANCH WEBSITE AND SOCIAL MEDIA

The website for the MMA Penang Branch has been updated and is primarily used for the GP Conference. The activities of MMA Penang are regularly updated on Facebook and Twitter. The MMA Penang and SCHOMOS Penang Facebook pages are private groups for Penang Branch members only. The MMA Penang Twitter account is open to the public.

 Website	www.mmapenang.com
 MMA Penang Facebook	www.facebook.com/groups/MMApenang/

	SCHOMOS Penang Facebook	www.facebook.com/groups/mmaspng/
	MMA Penang Twitter	@MMAPenangBranch

24TH PENANG TEACHING CONFERENCE FOR GENERAL PRACTITIONERS

The meeting has been held annually for 24 consecutive years, focusing on topics relevant to primary care medicine. The virtual event, which took place from August 5th to 7th, 2022, was a great success. Most participants highly appreciated the speakers, who received excellent or good ratings. Suggestions for the next conference's topic from evaluations will be considered in the planning process.

BRANCH ACTIVITIES

i. The National MMA Convention and Scientific Congress 2022 & 62nd MMA AGM

This was held at the Putrajaya Marriott Hotel from 8 to 10 September 2022. MMA Penang was represented by almost 30 Penang Branch members at the AGM.



ii. 26th Triennial Commonwealth Medical Association Conference and Council Meeting & 1st International Junior Doctor Network (JDN) Malaysia Conference

The 26th Triennial Commonwealth Medical Association (CMA) Conference and Council Meeting, along with the 1st International Junior Doctor Network (JDN) Malaysia Conference, took place from 4 to 6 November 2022, at the Gardens Hotel Kuala Lumpur. Dr Muruga Raj, the MMA President, was elected as the new CMA President, making him only the second Malaysian to hold this position. The former CMA President, Dr Osahon Enabulele, who was also the President-Elect of the World Medical Association (WMA), officially handed over the leadership to Dr Muruga Raj during the Installation Dinner in Kuala Lumpur.



Established in 1952, the CMA is an independent organisation comprising medical associations from 54 Commonwealth nations. It serves to enhance people's health, well-being and human rights.

The 1st International Junior Doctors Network (JDN) Malaysia Conference coincided with the 26th Triennial Commonwealth Medical Association Conference. Representing the MMA Penang Branch at the event were Vice-Chairman, Honorary Secretary and Committee Member Dr Muhammad Fadzlin. The Vice-Chairman participated as a panellist in the JDN forum, alongside

Dr Gayathri K Kumarasuriar (MMA Melaka), Dr Sivabala Selvaratnam (SCHOMOS Exco), Dr Lianne (JDN Malaysia), and Dr Lwando Maki (JDN WMA).

iii. MMA Penang Bowling Meet 2023

MMA Penang hosted a Bowling Meet for members on 7/1/2023, at Aspiration Bowling Centre in Penang. The event was filled with fun,



featuring good food, lucky draws, individual and team prizes, bringing together a diverse group of doctors, from housemen to senior consultants, to mingle and showcase their talents.

iv. MMA SCHOMOS & PPS Team Building at Janda Baik, Pahang

MMA Penang Branch, represented by the Vice-Chairman and SCHOMOS Representative participated in a joint team-building event held on 11 and 12 March 2023. The event aimed to strengthen bonds among representatives from the SCHOMOS and PPS. The participants had an enjoyable time learning from and about each other. It is hoped that the plans and activities put in place as a result of this meeting would be beneficial to all of our members.



v. Meeting with State Health Department

MMA Penang had a productive meeting with the new State Health Director, Dr Fazilah binti Shaik Allaudin, at the State Health Department, Jalan Residensi, on 10/4/2023. MMA Penang was represented by the Chairman, Vice-Chairman, Honorary Secretary, PPS Representative and Committee



Member Dr Jaianand Jai Tejani. The State Health Department was represented by the State Health Director and Deputy State Health Director (Medical) Dato' Dr Teo Gim Sian. The meeting addressed various healthcare issues, and both parties emphasized the importance of continuous engagement and teamwork to enhance healthcare in the state.

vi. Free Health Screening Programme & Food Basket Donation for the B40 Group

MMA Penang collaborated with the Bagan Member of Parliament's office to organize a Free Health Screening Programme & Food Basket Donation for the B40 Group at SRJK (T) Mak Mandin Butterworth on 16/4/2023. Over 250 individuals from the B40 group participated in the medical

camp, which included general health examinations, blood glucose screenings, and physiotherapy sessions. The event was led by Penang Branch Honorary Secretary and officiated by Bagan MP YB Lim Guan Eng, with Senator YB Dr Lingeshwaran also in attendance. MMA Penang office bearers, including the Chairman, Vice-Chairman, Honorary Secretary, PPS Representative, and Committee Member, actively participated in the event.

vii. Health White Paper (HWP) Town Hall Session, Northern Zone

On 2/5/2023, the Penang State Health Department organized a Health White Paper Town Hall Session (Northern Zone) with notable attendees, including Director General of Health Datuk Dr Muhammad Radzi bin Abu Hassan, Health White Paper (HWP) Advisory Council Chairman & Former Health Minister Tan Sri



Dr S. Subramaniam, Special Advisor to Health Minister & Bandar Kuching MP YB Dr Kelvin Yii Lee Wuen and Planning Division Director of MOH Dr Rozita Halina binti Tun Hussein. Representing MMA Penang Branch were the Chairman, Vice-Chairman, Honorary Secretary, PPS Representative and Committee Member Dr Jaianand Jai Tejani. The purpose of the town hall session was to disseminate the reform plan outlined in the Health White Paper, gather stakeholders' perspectives, and garner support before its presentation in Parliament in May or June.

viii. Upcoming Activities

- Senior Citizen Association of Penang Home Medical Screening on Sunday, 28/5/2023 from 9 a.m. to 1 p.m.
- B40 Medical Camp in collaboration with ADUN Dato Keramat YB Jagdeep Singh at Dato Keramat area on Sunday, 4/6/2023 from 9 a.m. to 12 p.m.
- 40th MMA Penang Branch AGM (Hybrid) with physical CME session on Sunday, 11/6/2023 at Amari Spice Bayan Lepas
- 8th MMA Interstate Doctor's Badminton Tournament 2023 on 24 & 25 June 2023 at Badminton International Penang.
- 25th Penang Teaching Conference for General Practitioners from 4 to 6 August 2023 (Virtual Conference).
- 5th MMA Penang Fellowship Dinner on 30/9/2023 at Bayview Beach Resort, Batu Ferringhi.

SCHOMOS UPDATES

i. 5th Penang Respiratory Summit



The 5th Penang Respiratory Summit 2022 was organized by the Respiratory Department of Penang General Hospital, in collaboration with MMA SCHOMOS PENANG and Clinical Research Society of Penang (CRISP) on 14 to 15 September 2022, at Ascott

Gurney Penang. The event welcomed Physicians, Family Medicine Specialists, Medical Officers, Pharmacists, General Practitioners, and Paramedics. SCHOMOS Penang was represented by Dr Divagar Varatha Raju, Dr Kishaan Devarajan, and Dr Fadzlin Rafi, who also conducted a membership drive during the summit.

ii. Housemanship Survival Skills Course



SCHOMOS Penang organized a one-day Housemanship Survival Skills Course at the Auditorium of Hospital Pulau Pinang on 27/1/2023, attended by House Officers from both Hospital Pulau Pinang and Hospital Seberang Jaya, as well as medical students.

The event was jointly officiated by the President of MMA & CMA, Dr Muruga Raj Rajathurai, the Director of Seberang Jaya Hospital, Dr Hj Saiful Azlan bin Hj Sharif and the Deputy Director II of Hospital Pulau Pinang, Dr Premaloshini Ramanathan, with the Deputy Director III of Hospital Pulau Pinang (In charge of House Officers) Dr Ibrahim Tahir and the National SCHOMOS Vice-Chairman Dr Sivabala Selvaratnam were in attendance.

MMA Penang Branch was represented by the Chairman, Vice-Chairman, Honorary Secretary, Honorary Treasurer, SCHOMOS Representative and Committee Member Dr Mohammad Fadzlin Rafi.

The course covered various topics related to housemanship training, delivered by expert speakers including:

- a. Do I Need a Professional Body to Represent Me?
- b. The Role and Requirement of a House Officer
- c. How Do I Deal with Harassments and Bullying?
- d. Making a Proper Referral – Tips and Pointers
- e. Documentation – It's More than What You Think It Is
- f. Ethical Use of Social Media for Junior Doctors
- g. Why Doctors Don't Get Rich

Special talks:

- a. "How do I Deal with Harassment and Bullying" by the MMA President
- b. "Making a Proper Referral – Tips and Pointers" by the MMA Penang Branch Chairman

- c. "The Role and Requirement of a House Officer" by Dr Mohamed Syazwan from Medical Development Division of Ministry of Health Malaysia

The talks received positive feedback from attendees, and a membership drive was conducted alongside the event.

iii. Townhall Session with RCSI & UCD Malaysia Campus Students

On 11/2/2023, MMA Penang organized a mini town hall session with RCSI & UCD Malaysia Campus students. The MMA President talked on harassment and bullying, while the SMMAMS Chairperson Mr Teng Zhi Sean talked about the role of SMMAMS. The MMA Penang SCHOMOS Representative shared his experiences, and all attendees signed up as student members. The MMA Penang Branch Chairman, Vice-Chairman and National SCHOMOS Vice-Chairman Dr Sivabala Selvaratnam were also present.



iv. SCHOMOS Townhall Meeting with Health Minister YB Dr Zaliha Mustafa

On 22/2/2023, YBMK Dr Zaliha Mustafa and the Ministry of Health Malaysia organized a town hall session in collaboration with the MMA with the Deputy Health Minister YB Tuan Lukanisman Awang Sauni and Bandar Kuching MP YB Dr Kelvin Yii Lee Wuen were in attendance. Representatives from MMA Penang Branch, including Vice-Chairman, SCHOMOS Representative, Committee Member Dr Muhammad Fadzlin, Immediate Past Chairman Dr Kisheaan Devarajan, and three other SCHOMOS members, were also present. During the town hall session held in Putrajaya, various issues affecting the public healthcare system and its workforce were discussed, and potential solutions were provided. Over 400 doctors working in the public healthcare system attended the session. House officers, medical officers (both contract and permanent), specialists, and consultants openly expressed their concerns.



While many issues cannot be resolved immediately, the town hall served as a positive starting point. The minister demonstrated a willingness to engage with healthcare workers, listen to their issues, and assured that no action would be taken against doctors who raise concerns. This commitment is crucial for meaningful improvements in the healthcare system.

The issues raised by MMA were categorized into two main areas: human resources and facility/infrastructure. MMA will follow up on the proposed solutions to address these issues.

v. House Officer (HO) Orientation Session

SCHOMOS Penang has been actively engaging with new housemen during their Orientation session to increase SCHOMOS membership. Membership drives during the Houseman Orientation Session were conducted by Dr Divagar and Dr Hung Wei Ping at Hospital Pulau Pinang (HPP), as well as by Dr Sivabala Selvaratnam (SCHOMOS National Vice-Chairman) and Dr Muhammad Fadzlin at Hospital Seberang Jaya (HSJ). The importance of MMA and SCHOMOS as the leading professional platform for doctors in Malaysia is emphasized and explained to the new doctors. These engagement sessions are held regularly whenever there is a new intake of housemen.



vi. MMA Notice Boards at Hospital Pulau Pinang and Hospital Seberang Jaya

In January of this year, MMA Penang achieved success in obtaining a notice board at a strategic location along the main entrance of Hospital Seberang Jaya. This marks their second notice board placement in a government hospital, with the first one located along the main corridor at Hospital Pulau Pinang.



1st Notice Board at Hospital Pulau Pinang



2nd Notice Board at Hospital Seberang Jaya

PPS UPDATES

i. Basic Life Support Workshop

PPSMMA Penang Branch collaborated with Penang Cardiopulmonary Resuscitation Society to hold a Basic Life Support (BLS) Workshop on 15/1/2023. This event, which provided 8 CPD points, was attended by 25 GPs and their clinic assistants, who learned CPR and how to use an AED during this training session.



ii. Thaipusam Medical Camp

In conjunction with the Thaipusam Festival 2023, the MMA Penang Branch Honorary Secretary, Dato' Dr Parmjit Singh, organised a medical camp on 4 and 5 February 2023 at the Penang Waterfall Temple (Thannermalai Sree Balathandayuthabani Temple), demonstrating the branch's CSR commitment to the community.



This medical camp, which provides medical services for semi-urgent and non-urgent cases as well as first aid care, was personally run by Dato' Dr Parmjit Singh with the help of some volunteer doctors before it was rebranded and placed under the MMA Penang Branch.

iii. Northern Region Procedure in Dermatology and Aesthetic Medicine for Primary Care Doctor (GPs) Course

From 11 to 12 February 2023, the PPSMMA Penang Branch, led by Dato' Dr Parmjit Singh, hosted a two-day Northern Region Procedure in Dermatology and Aesthetic Medicine for Primary Care Doctors (GPs) Course, which drew more than 60 participants from throughout the country. The participants enjoyed the presentation of interesting topics and techniques.



The President of MMA offered a welcome speech and addressed the GPs' issues. The MMA Penang Branch Chairman and Vice-Chairman were also present.

iv. MMA Penang Blood Donation Drive

On 14/5/2023, MMA Penang collaborated with the Blood Bank Team of Hospital Pulau Pinang to host a Blood Donation Drive at Lotus's Egate in Penang. The Blood Bank team was represented by 13 staff members from various categories, including doctors and MLT, while MMA Penang was represented by the Chairman, Vice-Chairman, and PPS Representative.

The event intended to promote awareness about the need of donating blood on a regular basis in order to enhance the availability of safe blood and its products for patients in need, as well as to thank donors who volunteered to donate life-saving blood. 65 kind souls came forward to donate blood, with 52 of them successfully donated. 13 donors were rejected due to low hemoglobin level and high BP. Goodies bags were given to the donors and some lucky donors managed to win the lucky draw as well.

v. MMA Penang GP United Town Hall Meet

On Sunday, 21/5/2023, MMA Penang hosted a GP United Town Hall Session with Penang GPs at Island Hospital Penang. The Penang PPS Team organised this Town Hall Session to interact and exchange opinions with the GPs in Penang.



This session drew more than 60 GPs from throughout Penang. The attendees were given updates on the MMA's initiatives to enhance GP practise. Local concerns and issues were also highlighted throughout the two-hour event.



The MMA Penang Branch was represented by its Chairman, Vice-Chairman, Honorary Secretary, PPS Representative and Committee Member Dr Jaianand Jai Tejani.

vi. Upcoming Activity

- a. Orthopaedic Instructional Workshop Local Procedure for Clinic Setting on 16/6/2023, co-organized by MMA Penang and Orthopaedic Society GHPP.

CPD ACTIVITIES

1. Date: 5-7 August 2022. The 24th Penang Teaching Course for General Practitioners
2. Date: 13 August 2022. Not All Sutures Are The Same
3. Date: 21 August 2022. Paving The Way For New Possibilities
4. Date: 27 August 2022. A New Hope For Depressive And Suicidal Patient
5. Date: 27 August 2022. 2022 Primary Care Symposium
6. Date: 3 September 2022. Solving The Riddle Of 3Ds In Primary Care
7. Date: 14-15 September 2022. 5th Penang Respiratory Summit 2022
8. Date: 24 September 2022. A Multifaceted Approach In T2DM Management
9. Date: 1 October 2022. Reframing Asthma Care' Anti-Inflammatory Reliever Across All Severities
10. Date: 3 October 2022. DXA Reporting Workshop
11. Date: 10-14 October 2022. British Imaging Course In Malaysia
12. Date: 10-14 October 2022. MSK Ultrasound (Hand-On) Course
13. Date: 12 October 2022. The Role Of Xanthines In Asthma And COPD
14. Date: 15 October 2022. Liver Cancer Awareness Month Outreach Programme On HCC
15. Date: 16 October 2022. S.E.E.K Meeting Surgical Elites Exchanging Knowledge
16. Date: 16 October 2022. Lunch Date With Prof. Hiddo Lambers Heerspink
17. Date: 29 October 2022. A Multifaceted Approach In T2DM Management
18. Date: 29 October 2022. Educational Module For Primary Care Physicians In T2D And Respiratory Disease Management
19. Date: 12-13 November 2022. Inspire: Summit The Heart Of Community Care
20. Date: 24 November 2022. Benign Prostate Enlargement
21. Date: 26 November 2022. Penang Oral GLP-1 Summit
22. Date: 3 December 2022. Managing Depressive In Primary Care
23. Date: 3 December 2022. Take Charge Stay In Control Early Changing Diabetes With SGLT2-I For Lasting Legacy Effect
24. Date: 11 December 2022. Sucroferric Oxyhydroxide: A Novel Phosphate Binder For Hyperphosphataemia Control In Dialysis Patients
25. Date: 27 January 2023. SCHOMOS Penang House Officer Survival Skills Course 2023
26. Date: 10 February 2023. The Role Of Xanthines In Asthma And COPD
27. Date: 11 February 2023. Primary Care Update
28. Date: 11 February 2023. The Xa Factor (Premiere Edition) Season 2 Episode 3
29. Date: 11-12 February 2023. Penang Dermatology Symposium
30. Date: 15 February 2023. Protect Early, Protect Now For Better Tomorrow
31. Date: 11-12 March 2023. 10th Northern Dermatology Summit 2023
32. Date: 20 March 2023. Penang - Allergic Rhinitis Masterclass
33. Date: 21 March 2023. Penang - Dinner Symposium
34. Date: 25 March 2023. Penang - Heart In Focus Forging Towards Better CV Outcomes
35. Date: 1 April 2023. Penang - Medtalk GP Symposium
36. Date: 8 April 2023. Penang - A Comprehensive Look At Atrial Fibrillation And Arthritis In Primary Care
37. Date: 10 May 2023. Penang - Testing Inflammation Upfront In Paediatric Asthma Exacerbations
38. Date: 13 May 2023. Penang - LIV-A-Love Penang Dinner Symposium
39. Date: 13 May 2023. Penang - Women First Workshop
40. Date: 14 May 2023. Penang - Latest Update On Osteoarthritis Management



Standing Front (Left to Right)

Dr Praveen Selvarajah, Dato' Dr Parmjit Singh, Mr Prabhu Ramasamy, Dr Divagar Varatha Raju, Dr Saraswathi Bina Rai.

Standing Back (Left to Right)

Dr Hung Wei Pin, Dr Prasaad Arjunan, Dr Jaianand Tejani, Dr Kanthan Murugiah, Dr Muhammad Fadzlin, Mr SP Palaniappan.

Dato' Dr Parmjit Singh A/L Kuldip Singh
Honorary Secretary

MMA SABAH BRANCH

- i. DR BRANDON PATRICK SENAGANG – **Chairperson**
- ii. DR HASLEZAH BINTI SAELIH – **Vice-Chairperson**
- iii. DATUK DR HERIC CORRAY – **Honorary Secretary**
- iv. DR TEH WEN CHEE – **Honorary Treasurer**
- v. DR MOY CHUN KEAT – **PPSMMA Representative**
- vi. DR MERVIN GEORGE P MATHEW – **SCHOMOS Representative**
- vii. DR VASANTHI BINTI SELVARAJU – **Committee Member**
- viii. DR FREDIE ROBINSON – **Committee Member**
- ix. DR TEO BENG HO, JOHN – **Committee Member**
- x. PROF DR KEW SEIH TECK – **Committee Member**
- xi. DR RUHAIZAD BIN DAUD – **Committee Member**
- xii. DR KIEW CHIK SANG – **Internal Auditor**
- xiii. DR DEVA DAS A/L PATHIYIL RAMANKUTTY – **Internal Auditor**

BRANCH ACTIVITIES

- i. Free Blood Glucose Screening in conjunction with the Blood Donation Drive on 18/9/2022.
- ii. Invitation to Family Medicine Conference 2023 by Persatuan Pakar-Pakar Perubatan Keluarga Malaysia on 26/9/2022.
- iii. Courtesy visit to Hospital Angkatan Tentera Wilayah Kota Kinabalu on 21/10/2022 - Over 20 doctors from public hospitals in Kota Kinabalu attended this visit in an effort to foster a good relationship between the military hospital and local public hospitals.
- iv. Courtesy visit to the State Health Director on 26/10/2023.
- v. BLS Training (Pre-Congress PCC) on 28/10/2022.
- vi. CSR Medical Camp at Kampung Nandal, Tambunan (November 12 to 13, 2022).
- vii. Branch Chairman's Visit to Tawau and formation of the MMA Tawau Sub-Branch (14/11/2023) - Met with over 30 MMA members in Tawau and agreed on the formation of the Tawau Sub-Branches, which will be brought up as a resolution in the upcoming national AGM.
- viii. Courtesy visit to the Director of Tawau Hospital on 14/11/2022
- ix. T.A.B.L.E. Course on 18/11/2022 - Accredited training to over 40 healthcare workers who attended the course.
- x. World Children's Day celebration on 20/11/2022 - Attended by over 20 collaborations with local NGOs supporting children as well as the Sabah Law Society.
- xi. Scuba Fun Dive and Underwater Clean-up on 3/12/2022 - Attended by over 20 Over 20kg of trash were collected.
- xii. Annual Dinner and Installation Night 2022 on 16/12/2022 - First after decades. Attended by over 100 members and family.
- xiii. Courtesy visit to Tuan Yang Terutama (TYT) in Sabah on 1/3/2023) - In conjunction with the upcoming National AGM.
- xiv. MMA Financial Seminar on 11/3/2023 – A collaboration with Kaisen Wealth Attended by 30 participants.
- xv. Free Blood Glucose Screening in conjunction with the Blood Donation Drive on 8/4/2023.
- xvi. Meeting with UMS: *Perbincangan Penambahbaikan Kerjaya Pensyarah/Pakar di Universiti Malaysia Sabah* on 19/5/2023.
- xvii. Newborn free Vitamin K injection (ongoing)
- xviii. HPV Screening CSR Project with Hibiscus Petroleum (ongoing)
- xix. Childhood Cancer Care Basket Programme (ongoing)

SCHOMOS

- i. MMA Meeting with 1st Year UMS medical students ON 2/11/2022
- ii. A Townhall Meeting with the Minister of Health in Putrajaya on 22/2/2023 – MMA Sabah sent 3 representatives.
- iii. MMA Sabah Specialisation Seminar 2023 on 18/3/2023 - Attended by over 40 junior doctors and medical students.
- iv. MMA President Meets UMS Medical Students on 10/5/2023.
- v. Talk on "Why Join MMA?" to new House Officers
 - QEH (25/3/2023)
 - JKNS (19/5/2023)
 - QEH (23/5/2023)

PPSMMA

- i. 12th Primary Care Conference 2022 (October 29th–30th, 2022) - Attended by over 100 participants.
- ii. Influenza vaccination at Bukit Harapan Shelter Home on 24/12/2023.
- iii. Membership Promotion Drive 2023 - KFC vouchers were distributed to new Ordinary Members with additional surgical scrubs for new Life Members.
- iv. Blood Donation Drive 2023 on 14/5/2023.

SPORTS

- i. Inter-Professional Bodies Games
 - Volleyball (13/9/2022)
 - Bowling (26/9/2022)
 - Badminton (3/10/2022) - Champion
 - Table Tennis (16/10/2022)- Champion
 - 9-ball Pool (3rd to 4th December 2022)
 - Golf (10/12/2022)
 - Darts (26/11/2023) – 3rd Place
 - 7km Fun Run (18/3/2023)
- ii. MMA National Basketball Tournament 2022 on 5/10/2022) - Champion
- iii. MMA Sabah-Sarawak Games 2023 on 6/5/2023 - Champion

SANDAKAN SUB-BRANCH

- i. MMA Sandakan CME Series 1 on 12/2/2023 – A talk on "Management of Dengue in Children and Acute Flaccid Paralysis in Children".

UPCOMING ACTIVITIES (TILL SEPTEMBER 2023)

- i. MMA Inter-State Badminton Tournament @ Penang (24th to 25th June 2023)
- ii. Talk on updates on Poison Act (23rd June 2023)
- iii. National AGM (6th to 8th September 2023)

Datuk Dr Heric Corray
Honorary Secretary

MMA SARAWAK BRANCH

The virtual 51st Hybrid AGM was held on Sunday, 15/5/2022 at Danum 2, Imperial Hotel Kuching with an attendance of 46 members, consisting of 10 physical and 36 virtual delegates. Dr Donald Liew Ngian San, who was attending onsite, was appointed as the Election Officer. The office bearers elected are as follows:

- i. DR LIEW SHAN FAP – **Chairperson**
- ii. DR ONG ENG-JOE – **Vice-Chairperson**
- iii. DR LAU BIK LIANG – **Honorary Secretary**
- iv. DR ALEXIS WONG CHING – **Honorary Treasurer**
- v. DR MORNI BIN ABU SAMAT – **PPSMMA Representative**
- vi. DR GOH ZHONG NING, LEONARD – **SCHOMOS Representative**
- vii. DR AIMIR BIN MA'ROF – **Committee Member**
- viii. DR KALWINDER SINGH KHAIRA – **Committee Member**
- ix. DR WONG CHYA WEI – **Committee Member**
- x. DR JOEFFERY AK SYLVESTER SABANG – **Committee Member**
- xi. DR TEH SIAO HEAN – **Immediate Past Chairperson**
- xii. DR JUSLINA OMAR – **Internal Auditor**
- xiii. DR DONALD LIEW NGIAN SAN – **Internal Auditor**



Left to Right:

Dr Kalwinder Singh Khaira
Dr Lau Bik Liang
Dr Liew Shan Fap
Dr Alexis Wong Ching
Dr Leonard Goh Zhong Ning
Dr Ong Eng-Joe

Not In Picture:

Dr Teh Siao Hean
Dr Morni Bin Abu Samat
Dr Aimir Bin Ma'rof
Dr Wong Chya Wei
Dr Joeffery Sylvester Sabang

BRANCH ACTIVITIES

i. 50th MMA SARAWAK GOLDEN ANNIVERSARY DINNER

MMA Sarawak celebrated this auspicious occasion with a grand dinner on 4th December 2022 at Imperial Hotel Kuching. The Premier of Sarawak, YAB Datuk Patinggi Tan Sri (Dr) Abang Haji Abdul Rahman Zohari Bin Tun Datuk Abang Haji Openg was the Guest of Honour. The highlights during the dinner were the Roll Call of Past Chairpersons, the Cake Cutting Ceremony, and performances by our very own doctors.

ii. CPD: Dr Soon Su Yang remained as the CPD Chairman.

Academic Symposiums and Seminars:

1. The 11th Hybrid Sarawak Private Medical Practitioners Conference organized jointly by SPMPs and MMA Sarawak, was successfully held from July 22 to 24, 2022 at the Imperial Hotel Kuching.
2. MMA Sarawak and the Dermatology Department of Sarawak General Hospital jointly organised the Borneo Dermatology Update that was held on August 27 and 29, 2022, at the Imperial Hotel Kuching.

3. MMA Sarawak and the Medical Department of Sarawak General Hospital jointly organized the Sarawak Internal Medicine Update that was held on October 1 and 2, 2022, at the Imperial Hotel Kuching.
4. The Kuching ACS Update, jointly organized by MMA Sarawak and Sarawak Heart Centre, was held on November 13, 2022, at the CRC Auditorium, Sarawak General Hospital, Kuching.
5. MMA Sarawak and Sarawak Heart Centre jointly held the Sarawak Heart Failure Masterclass on February 11, 2023, at Pullman Kuching.
6. MMA Sarawak collaborated with the Malaysian Society of Colorectal Surgeons to organise the Common Colorectal Conditions for Primary Care Practices on March 4, 2023, at Pullman Kuching.
7. The Infectious Diseases Unit in Sarawak General Hospital and MMA Sarawak jointly organized the HIV Update 2023 on May 13, 2023, at Auditorium Belian, Akademi Percukaian Kuching.

OTHER ACTIVITIES

- i. **Sarawak-Sabah Games:** The much-anticipated and postponed Sarawak-Sabah Games 2021 were finally held. On 20/8/2022 in Miri, Sarawak. It was successfully hosted by the MMA Sarawak Miri Sub-Committee led by Dr Yeap Kim Pey. The 2022 Sabah-Sarawak Games were hosted by MMA Sabah and held on May 6, 2023, at Kota Kinabalu. MMA Sarawak will host the proposed 2023 Sarawak-Sabah Games on November 25, 2023, in Kuching.
- ii. **Career Guidance Talk:** SCHOMOS Representative, Dr Leonard Goh, represented MMA Sarawak in the UPC Career Guidance and Experiential Sharing by Professionals Webinar on April 9, 2022.
- iii. **Doctors' Family Night:** After a hiatus of 2 years, members happily attended the Doctors' Family Night Dinner on September 24, 2022, at Damai Beach Resort.
- iv. **MMA National Basketball Tournament:** The inaugural Basketball Tournament held in conjunction with the 50th MMA Sarawak Anniversary was held on October 1, 2022, at Chung Hua Middle School 3, Kuching. Deputy Premier Sarawak, Dato Sri Prof Dr Sim Kui Hian, was the Guest of honour.
- v. **Consultative Meeting with the State Health Director:** MMA Sarawak and SPMPs had a consultative meeting with the new State Health Director, Dr. Ooi Choo Huck, and his team members on June 10, 2022.
- vi. **MMA-UNIMAS Datu Dr. Sengupta Lecture Series:** Due to the COVID-19 pandemic, the lecture series were put on hold. It will be revived with a lecture on "The Future of Respiratory Medicine" scheduled for July 14, 2023, by Dr. Kho Sze Shyang, one of the MMA Sarawak Gold Medal Award recipients.
- vii. **Farewell Dinner for National SCHOMOS Chairman:** MMA Sarawak Chairman, Dr. Liew Shan Fap, hosted a farewell dinner at Sunnydale Cafe for Dr. Vijay Ganasan, who has served on the committee for four years. Dr. Vijay left for further studies in July 2022.
- viii. **Health Screening Programme:** MMA Sarawak joined hands with HOPE Place, Klinik Tang, and Gribbles to do the Peka B40 Health Screening on November 26, 2022, at Kampung Kudei Baru Iban, Kuching.
- ix. **MMA Sarawak Blood Donation Campaign:** A Blood Donation Campaign was held at the Blood Bank Centre, Sarawak General Hospital, on April 1, 2023. Out of the 60 donors, 25 were doctors.

- x. **Appreciation Dinner:** MMA Sarawak Chairman, Dr. Liew Shan Fap, hosted an appreciation dinner for the EXCO members and secretariat staff for their hard work on February 13, 2023, at Sarawak Club, Kuching.
- xi. **Rabies Public Awareness Public Forum:** Due to the resurfacing of rabies in Sarawak, MMA Sarawak organised a Public Forum on May 26, 2023, at the MBKS Auditorium, Kuching, to raise public awareness. The guest of honour was Sarawak Deputy Premier, Dato Sri Prof Dr Sim Kui Hian.
- xii. **MMA Sub-Committees:** Sibu will be having a Membership Drive and a student Membership Drive on 15th and 17th July 2023, respectively. The Sibu Sub-Committee is also going all out on a Life Membership Drive for its members. Miri Sub-Committee celebrated the 50th MMA Sarawak Anniversary with a combined dinner for the Prize Giving of the Sarawak-Sabah Games 2021 on August 20, 2022, at Eastwood Golf and Country Club. A membership drive was held at Miri Hospital on August 19, 2022. Bintulu Sub-Committee held a Membership Drive during the 50th MMA Sarawak Anniversary Dinner with YB Dato Sri Tiong King Sing as the Guest of Honour on August 5, 2022, at the Greens Hotel, Bintulu.
- xiii. **Corporate Social Responsibility Activities:** MMA Sarawak was given an additional allocation for its CSR activities. We collaborated with a local NGO, Hikmah Kota Samarahan, to provide food aid packages to needy families on March 27, 2022. We also collaborated with another local NGO, Hope Place, on April 9, 2022, to provide food and essential items to families who were in need due to illness in the MMA Sarawak members will help out in Homes for the elderly, namely Home of Peace and Sarawak Hun Nan Siang Tng, as CSR projects.

MEMBERSHIP

New members have been encouraged to apply online. Currently, we have 1330. 1330 A Life Membership Drive was held from January 1 to March 31, 2023, with stethoscopes for lucky draws. Working hand in hand with JKNS, MMA Sarawak conducted membership drives during the induction courses for house House Officers on June 15 and July 28, 2022, and March 13 and May 15, 2023.

PPSMMA AND SCHOMOS

Dr Morni Bin Abu Samat was elected as the PPSMMA Representative, while Dr Leonard Goh Zhong Ning was elected as the SCHOMOS Representative for 2022–2023.

MMA SARAWAK HOUSE

Ground Floor tenant, SL Colours Services, vacated the premise on March 27, 2023, due to outstanding rent for nine months. The new tenant, Kotaraya Medical and Health System, started tenancy on May 1, 2023, for 5 years. Repair and maintenance work has been done for the 1st to 3rd floors. However, the tenant complained that rainwater still seeped in during heavy rain. A water-proofing consultant will be called in to take a look.

QUICK BOOK ACCOUNTING SYSTEM

MMA Sarawak secretariat staff managed to master the accounting system and was able to produce the financial statement for the year ending December 31, 2022.

Dr Lau Bik Liang
Honorary Secretary

MMA SELANGOR BRANCH

The 40th MMA Selangor branch AGM was held on 3/7/2022 at the Glenmarie Hotel and Golf Resort in Shah Alam. The following members were elected to the Committee:

1. DR KRISHNA KUMARAN A/L A RAMASAMY - **Chairman**
2. DR. JULIET MATHEW - **Vice-Chairman**
3. DR ARULNATHAN A/L AROKIASAMY - **Honorary Secretary**
4. DR. N CHANTHIRAN A/L NATHAN - **Honorary Treasurer**
5. DR SELVAMUTHU A/L SELLAMUTHU - **PPSMMA Representative**
6. DR MUHAMMAD ALIFF IMRAN BIN NOOR MOHAMED - **SCHOMOS Representative**
7. DR SIVANAESAN A/L LETCHUMANAN - **Committee Member**
8. DR RAJA KUMAR MENON A/L BHASKARAN - **Committee Member**
9. DR EDWIN LEO SUPPIAH - **Committee Member**
10. DR THUM CHERN CHOONG - **Committee Member**
11. DR LOKEXI MUN - **Committee Member**

MEETINGS

A total of six (6) committee meetings were held for this term.

ACTIVITIES

i. CSR Activity

a) Medical Camp - A medical camp was successfully organised by Dr Selvamuthu at Puchong on December 18, 2022.

- Theme: HEALTHY LIVING - OBESITY-FREE
- Venue: Dewan MBSJ, Batu 14, Puchong
- More than 100 people came for this health screening.
- BSM laboratories provided laboratory screening (FBC, LFT, RFT, etc.).
- The event was graced by YB Yeo Bee Yin, a member of parliament for Puchong.

b) HealWell Expo

MMA Selangor had volunteers doing health screenings for the public at the HealWell Expo organised by MAHSA University on March 11–12, 2023, at MAHSA Avenue, Kuala Lumpur.

c) Blood Donation Drive

- Date: Sunday, June 18, 2023
- Venue: IOI Mall, Puchong

ii. Family Day Overseas Trip

MMA Selangor organised a family day trip to Phuket.

- Date: March 16–19, 2023
- 4 days/3 nights trip
- 23 people (members and their families) went on this trip.

iii. CME Activities

The following CME activities were held in the current term:

NO	DATE	TOPIC	FACILITATOR
1	8/1/2023	Cardiology Conference	Subang Jaya Medical Centre
2	19/1/2023	Cancer Symposium	Subang Jaya Medical Centre

3	12/2/2023	Primacy Care of Atopic Dermatitis & Other Skin Conditions	Vivital Pharma Sdn Bhd
4	18/2/2023	Integrated Approach to Reversing Coronary Arteries Blockages and Hypertension using Epigenetic Management workshop	UNIQUE REMEDY SDN BHD (1273844-W)
5	25/2/2023	Malaysian International Circumcision Conference	Mymedik Academy
6	26/2/2023	Undernutrition Management	Danone Specialised Nutrition (Malaysia) SDN BHD
7	26/2/2023	CME Activity MMA Selangor	MMA Selangor
8	11/3/2023	A&E +Connect	Astra Zeneca
9	18/3/2023	MEN United Symposium 2023	Astellas Pharma
10	18/3/2023	Bipolar Disorder Masterclass 2023	Lundbeck Malaysia Sdn Bhd
11	18/3/2023	Changing Diabetes with SGLT2-I for Lasting Legacy Effect	Taisho Pharmaceutical Group
12	25/3/2023	Atopic Dermatitis Masterclass- A Deeper Dive	Johnson & Johnson
13	27/3/2023	Ultrasound Workshop 2023	Sonobee Ultrasound Puchong
14	28/3/2023	Women with Epilepsy: Considerations for Clinical Practice	GlaxoSmithKline Pharmaceutical Sdn Bhd
15	10/5/2023	High Risk Patients with Non-Valvular Atrial Fibrillation	Pfizer (M) Sdn Bhd
16	13/5/2023	TNBC Academy Symposium	MSD
17	13/5/2023	Basic Emergency Sonography for Trauma (BEST) 2.0	Mymedik Academy
18	20/5/2023	Women's First Workshop 2023 - Central Region	Abbott Laboratories (M) Sdn. Bhd.
19	21/5/2023	Wound & Stoma Care Seminar	Mymedik Academy
20	26/5/2023	PART I OF IV: BHRT SEMINAR SERIES Mastering the Protocols For Optimisation of Hormone Replacement Therapy	Accent Wellness Compounding Pharmacy
21	31/5/2023	From Theory to Practice: Ketoanalogue Nutritional Therapy to Delay Dialysis	Fresenius Kabi Malaysia Sdn. Bhd.
22	17/11/2023	PART II OF IV: BHRT SEMINAR SERIES Mastering the Protocols For Optimisation Of Hormone Replacement Therapy	Accent Wellness Compounding Pharmacy

iv. Virtual Webinar

Dr Siva organised a virtual webinar using the Zoom platform at MMA HQ on Sunday, 26/2/2023 at 9.00 am to 1.00 pm. Topics and speakers were:

- Updates on Dengue (Dr. Ho Bee Kiau)
- COVID-19 and influenza updates (Dr. Leong Chee Loon)
- Current patterns of Communicable diseases in Selangor (Dr. Haikal)
- Selcare programme for the B40 group: GP participation (Selcare team)

v. **Tri-State Activities**

The MMA branches from Wilayah Persekutuan, Selangor, and Negeri Sembilan have agreed to have joint activities for participation from members of the three states. The first meeting was held on December 18, 2022, at Royal Lake Club. The three neighbouring states branches (Selangor, Wilayah, and Negeri Sembilan) planned to have joint activities.

Proposed activities:

- **Donation Drive:** To mitigate crisis or emergency assistance (e.g., pandemics, floods), support government hospitals in times of need in the three States.
- **A Family Day Tour** to Kuala Selangor is planned for June 24, 2023. The MMA Selangor Branch will host this.
- **Treasure Hunt:** planned for July 30, 2023. Hosted by the MMA Wilayah Branch.
- **Overseas trip (to Kolkata and Darjeeling)** planned for August 21–27, 2023. Hosted by the MMA Wilayah Branch.

vi. **Membership Drive**

Focused on increasing Student members. MMA Selangor has sent a request to the medical colleges in Selangor to meet the medical students and promote MMA Student membership in the following medical schools:

- MAHSA University, completed on April 7, 2023 113 medical students joined the MMA as student members.
- University Putra Malaysia, completed on April 15, 2023 97 medical students joined the MMA as student members.
- Taylors University
- Monash University
- MSU

vii. **SCHOMOS Activities**

- Programme Transformasi Mindah (PTM) courses
- Orientation programmes for House officers at the hospitals
- Jelajah Sports

*The details are in the SCHOMOS report.

viii. **PPS Activities**

- Blood Donation Drive – it was held on 18/6/2023 at the IOI Mall, Puchong Jaya (3rd Floor, South Wing), in collaboration with Pusat Darah Negara

Dr Arulnathan A/L Arokiasamy
Honorary Secretary

MMA TERENGGANU BRANCH

- i. DATO' DR SYED MOHAMMAD SALLEH BIN SYED YUSOF ALZAWAWI - **Chairman**
- ii. DR DAYAL A/L K V KRISHNAN - **Vice-Chairman**
- iii. DR ROSLIZA BINTI YAHAYA - **Honorary Secretary**
- iv. DR JAYASHREE PILLAI - **Honorary Treasurer**
- v. DR JULIANA BINTI DATO' NOOR AZIZ - **PPSMMA Representative**
- vi. DR KARTIK KALIYANA SUNDARAM - **SCHOMOS Representative**
- vii. DR AHMAD LUTFI B MOHAMED YUSOFF - **Committee Member**
- viii. DR WAN DAIZYREENA BINTI WAN JAAFAR - **Committee Member**
- ix. DR WAN MOHD RAZIN B. WAN HASSAN - **Committee Member**
- x. DR SAMSURI BIN ISMAIL - **Committee Member**
- xi. DR SUKILAN SOMARAJAN - **Committee Member**

MEETINGS

NAME	DATE			%
	27.8.23	31.01.23	17.03.23	
Dato' Dr Syed Mohammad Salleh bin Syed Yusof Alzawawi	P	P	P	100
Dr Dayal A/L KV Krishnan	P	P	P	100
Dr Rosliza binti Yahaya	P	P	P	100
Dr Jayashree Pillai	P	P	P	100
Dr Kartik Kaliyana Sundaram	P	P	P	100
Dr Juliana Binti Dato' Noor Aziz	P	A	A	33
Dr Ahmad Lutfi b Mohamed Yusoff	P	P	A	67
Dr Wan Mohd Razin Bin Wan Hassan	P	P	P	100
Dr Wan Daizyreena binti Wan Jaafar	P	P	P	100
Dr Samsuri Bin Ismail	P	P	A	67
Dr Sukilan Somarajan	P	A	P	67

CME/CPD MMA TERENGGANU 2022-2023

- i. **CME "POINT OF CARE ULTRASOUND(POCUS) FOR PRIMARY CARE"**
Date: 16th February 2023
Venue: Intan Hall, Hotel Permai, Kuala Terengganu.
Time: 8.00 – 10.30 pm
- ii. **CME "PGA VOYAGE SATELLITE SUMMIT."**
Date: 10th March 2023
Venue: Auditorium, Faculty of Medicine, UniSZA Medical Campus, Kuala Terengganu.
Time: 3.30 – 6.30 pm
Collaboration: Universiti Sultan Zainal Abidin (UniSZA) Novo Nordisk



Terengganu fellow doctors with MMA

MEETING WITH HOSPITAL DIRECTOR & MEDICAL OFFICERS, HOSPITAL SULTANAH NUR ZAHIRAH (HSNZ)

A brief meeting was held on February 16, 2023, with the director, housemanship, and medical officers in Hospital Sultanah Nur Zahirah, Kuala Terengganu. Nearly 40 officers attended it. Most of them are concerned about their career pathways in government hospitals. There were also claims of burnout and stress among the officers and requests for activities and collaboration in the future.



MEMBERSHIP RECRUITMENTS

Membership recruitment was done with assistance from Dr Sivanaesan Letchumanan, Honorary Deputy Secretary, Malaysian Medical Association, during meetings with officers in HSNZ. Besides that, Dr Sivanaesan also supported future doctors by sponsoring five batches (Year 1 to Year 5 MBBS UniSZA's undergraduate) of about 300 students as MMA student memberships.

OTHER EVENTS

i. Collaboration with Universiti Sultan Zainal Abidin (UniSZA)

Universiti Sultan Zainal Abidin (UniSZA) was among the 'youngest' universities that offered Medical Bachelor and Basic Surgery (MBBS) on January 8, 2009. Under the Faculty of Medicine at UniSZA, there are three colleges: Preclinical and Clinical, School of Nursing, and School of Medical and Health Sciences.



Dr Sivanaesan handed over a replica of the student membership card to Akmal (Student Representative).

Apart from MBBS, other programmes they offer are Diploma and Degree in Nursing and Degree in Medical and Health Sciences (Medical Assistant). Most of the programmes are collaborations under these three schools involving lecturers (MMA members) and students (MMA student members). In the near future, UniSZA is working out a postgraduate speciality programme at Level 8 (currently, all masters in medicine in Malaysia are acknowledged by MQA only at Level 7) that will bring better career pathways for doctors.

The new teaching hospital, Hospital Pengajar UniSZA' (HPUiSZA), located in Gong Badak, Kuala Nerus, has been operating since April 2023. It will officially open to the public soon, as at this moment, it caters to UniSZA's staff and students. In the first phase, it provides service for 200 beds. HPUiSZA is soon working on setting up an underwater specialty (hyperbaric medicine).

Collaboration with the local university by the MMA Terengganu Branch is an excellent step to show and support our members, recruit new members, and contribute to the community.

ii. Team Building & Survival Camp

The programme was attended by nearly 70 MBBS students from November 10–12, 2022. It was held at UniSZA Merang Camp, Merang, Terengganu.



The talk was given by Dr Wan Razin (MMA Committee)



Participants and facilitators involved in the program

iii. Community program 'Kesihatan Sepanjang Hayat' in Kampung Kijal, Kemaman, Terengganu.

The programme was attended by nearly 30 students and five MMA members (accompanying lecturers) on January 13–14, 2023. It was held in Kampung Kijal, Kemaman, Terengganu.



AP Dr Nik Arif (MMA member) and the students doing visits and medical check-ups at the villager's house

iv. Community program ‘Jalinan Kasih Kesihatan Orang Asli’ at Pos Brooke, Gua Musang, Kelantan.

The programme was attended by nearly 40 students and five MMA members (accompanying lecturers) on May 24-26, 2023. It was held in Pos Brooke, Gua Musang, Kelantan.



v. Autism Awareness Day 2023

The programme was attended by nearly 200 participants, including teachers and parents, on April 17, 2023. It was held in the Al-Zahrawi Auditorium, HPuniSZA, Terengganu.



Speech from the Program Director, MMA Terengganu Branch’s Honorary Secretary.



Participants during Autism Awareness Day 2023

vi. Housemanship Survival Skill Course for UNISZA Medical Students

This event was held at Hospital Sultanah Nur Zahirah (HSNZ) in Kuala Terengganu on February 18, 2022. UNISZA invited MMA Terengganu to be part of their event, and 62 medical students attended the meeting. The talks were given by Dr Kartik Kaliyana Sundaram, SCHOMOS Chairperson, explaining the importance of joining MMA and by Dr Guganesan, an invitee from MMA Negeri Sembilan, on financial management. The main aim of this meeting was to guide the future house officers' basic skills needed to pass their service and give tips on how to survive each required posting. The meeting also served as a platform for the students to highlight any questions or issues they faced, and our panellists answered these.

vii. Advocacy, Talk and Discussion by MMA Terengganu

There were several series of talks in collaboration with government agencies (Jabatan Kebajikan Masyarakat, Jabatan Kesihatan Negeri Terengganu, and Jabatan Pendidikan Negeri Terengganu) given by Dr. Rosliza binti Yahaya.



Talk on “Pengesanan Awal Lewat Perkembangan”

- ‘Pengurusan Kesihatan Mental, Psikologi Remaja: Cabaran Kaunselor Mendepani Psikologi Remaja’ on October 12, 2022.
- Neurodevelopmental Disorders on November 23, 2022.

- 'Kursus Peningkatan Profesionalisme: Pengesanan Awal Kelewatan Perkembangan Kanak-kanak' on March 7, 2023
- Neurodevelopmental disorders for primary care on March 20, 2023
- Discussion on adolescent issues with PEMADAM and other agencies on April 12, 2023

viii. 1st Interprofessional Chess Competition

SCHOMOS Terengganu conducted an interprofessional chess competition with Selangor Bar on March 3. It was conducted in hybrid mode and well received. We had 42 participants from both the legal and medical fraternities. The main aim of this event was to attract more doctors to join MMA and encourage existing members to convert to life members by offering a considerable discount on the event fee. We managed to secure six new members for MMA, with two members converting themselves to life membership. The event ended with a thank-you speech from Dato Syed, MMA Terengganu President.



Discussion on Adolescent Mental Health issues with the state government led by PEMADAM.

ix. Article on the website: 'Dewan Kosmik – Mengubah Tanggapan tentang Kesihatan Mental.'

An article to educate the public regarding mental health issues may affect anyone—a person with any background (different age, race, or gender). (Link: <https://dewankosmik.jendeladb.my/2022/07/25/mengubah-tanggapan-tentang-kesihatan-mental/>)



Oleh Rosliza Yahaya
25 Julai 2022, 14:32

Dr Rosliza Binti Yahaya
Honorary Secretary

MMA WILAYAH PERSEKUTUAN BRANCH



L-R (Front Row): Prof Dr Hoe Chee Wai, Victor; Kol Dr Gnanamalar D/O Gnanasundram; Dr Ravi Venkatachalam; Dr S Selvarajah Sathaya; Dr Gokilavani Sekar Chandran; Dr Saravanan A Santhirarajan
L-R (Back Row): Dr Eratha Krishnan Gobinadan; Dr Sanjiv Rampal Lekhraj Rampal; Dr Hardip Singh Gendeh; Dr Balachandran S Krishnan; Dr Jeevindra Naidu Aplanaidu

The following were elected at the 40th Branch Annual General Meeting that was held on 2/7/2022:

1. *DR RAVI VENKATACHALAM – **Chairman (Resigned on 1/5/2023)**
2. DR S SELVARAJAH SATHAYA - **Vice-Chairman**
3. KOL DR GNANAMALAR D/O GNANASUNDRAM - **Honorary Secretary**
4. DR SARAVANAN A/L A SANTHIRARAJAN - **Honorary Treasurer**
5. DR GOKILAVANI SEKAR CHANDRAN - **PPSMMA Representative**
6. DR HARDIP SINGH GENDEH - **SCHOMOS Representative**
7. DR BALACHANDRAN A/L S KRISHNAN - **Committee Member**
8. PROF DR HOE CHEE WAI, VICTOR - **Committee Member**
9. DR ERATHA KRISHNAN A/L GOBINADAN - **Committee Member**
10. DR JEEVINDRA NAIDU A/L APLANAIDU - **Committee Member**
11. DR SANJIV RAMPAL A/L LEKHRAJ RAMPAL - **Committee Member**

MEETINGS

A total of 9 committee meetings were held as of 1/6/2023. The attendance list is as below:

Name	No. of Attendance
Dr Ravi Venkatachalam (resigned w.e.f. 01/05/23)	(7/7)
Dr S Selvarajah Sathaya	(9/9)
Kol Dr Gnanamalar D/O Gnanasundram	(8/9)
Dr Saravanan A Santhirarajan	(9/9)
Dr Gokilavani Sekar Chandran	(8/9)
Dr Hardip Singh Gendeh	(6/9)
Dr Balachandran S Krishnan	(5/9)
Prof Dr Victor Hoe Chee Wai	(7/9)
Dr Eratha Krishnan Gobinadan	(8/9)
Dr Jeevindra Naidu Aplanaidu	(7/9)
Dr Sanjiv Rampal Lekhraj Rampal	(9/9)

CONTINUOUS MEDICAL EDUCATION (CME)

- i. MMA Wilayah had fostered smart partnerships with various pharmaceutical companies in organizing these CME talks at various hotels in Klang Valley.
- ii. There was a total of 124 talks approved from January 2022 to December 2022 and 70 talks approved January 2023 to May 2023. The increase in 2022 was due to Malaysia moving into an endemic phase.

THE 19TH ANNUAL PRIMARY CARE SYMPOSIUM (PCS)

- i. The 19th Primary Care Symposium was held on 11/2/2023 at Royale Chulan Damansara Hotel, Petaling Jaya, attended by 160 doctors.

PRIVATE PRACTITIONERS SECTION (PPS)

- i. Webinar GP Series 1 – Private Clinic Advertising Dos & Don'ts in GP setup held on 13/12/2022 attended by 90 participants.
- ii. Webinar GP Series 2 – Management of Thyroid Disorder in GP setup held on 30/1/2023 attended by 80 participants.
- iii. Intra Articular Injection Workshop by ALTY Hospital followed by Meet the President Dr. Muruga Raj Rajathurai on 18/2/2023 attended by 31 participants at Shiso Restaurant, Micasa All Suites Hotel.
- iv. Webinar GP Series 3 – Management of menstrual problems in GP setup held on 2/3/2023 attended by 112 participants.
- v. Blood Donation Campaign, held in conjunction with National MMA Blood Donation Drive was successfully conducted on 26/5/2023 at Plaza Salak Park, Taman Desa Petaling with the support from National Blood Bank. We managed to obtain 35 bags of blood from qualified donors out of 56 potential donors.

SECTION CONCERNING HOUSE OFFICERS, MEDICAL OFFICERS & SPECIALIST (SCHOMOS)

- i. Webinar Series 5 : Money Matters – Optimizing Doctors Taxation was conducted on 13/1/2023 attended by more than 340 participants.
- ii. Webinar Series 6 : VIRTUAL SCALPEL – The role of Gamma Knife in Head Tumours was conducted on 21/2/2023 attended by 400 participants.
- iii. Professional Skills Course for House Officers & Medical Officers, Hospital Kuala Lumpur on 24/3/2023 attended by 78 participants and 3 speakers.

PROPERTY

- i. We have taken possession of the Sentul Property (D6 Sentul East) in August 2021.
- ii. The monthly rental is RM 3,300 and monthly service charge is RM 803.72.

ANNUAL DINNER 2022

- i. The Annual dinner was held at the Glenmarie Golf & Country Resort on the 1/10/2022, attended by 250 guests.
- ii. The chief guest for the dinner was Tan Sri Dato' Dr R Palan, Pro Chancellor of University of Cyberjaya.
- iii. Dr Ponnusamy A/L Muthaya was presented with a long service award.

THE MMAWP AWARD FOR PROFESSIONALISM & LEADERSHIP

- i. The first award presentation (as per 5 years agreement) was held on 4/11/2022 at the International Medical University.

OVERSEAS TRIP

- i. The trip to Lombok, Indonesia took place from 26/11/2022 to 30/11/ 2022, participated by 18 persons.

TRI-STATE COMMITTEE MEETING

- i. This is an initiative of MMA Wilayah.
- ii. The first meeting was held on 18/12/2022 at the Royal Lake Club hosted by MMA Wilayah and the second meeting was held on 7/5/2023 at Shah Alam Club hosted by MMA Selangor.

UPCOMING ACTIVITIES

- i. Presentation of MMAWP Award for Professionalism & Leadership for the year 2023.
- ii. Tri-State Family Day to Kuala Selangor to be held on 24/6/2023.
- iii. Tri-State Treasure Hunt from Kuala Lumpur to Melaka to be held on 29 & 30 July 2023.
- iv. Tri-State Annual Overseas Trip Darjeeling and Kolkota between 21 – 28 August 2023.

MEMBERSHIP UPDATE AS OF DECEMBER 2022

MMA Wilayah Total Membership:

Total	2021		Total	2022	
	PPS	SCHOMOS		PPS	SCHOMOS
2,307	1,457	850	2,418	1,633	785

Kol Dr Gnanamalar D/O Gnanasundram
Honorary Secretary

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