

7th National Seminar on Adolescent Medicine

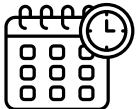


Heart, Lungs & Metabolism

Holistic Care for Adolescents



Dewan Akasia, Level 5, Pusat Rawatan Wanita dan Kanak-kanak,
Hospital Tengku Permaisuri Norashikin, Kajang



9th May 2026 (Saturday)

7.30am till 4.30pm



CPD Points

[REGISTER HERE](#)



(Registration Fees exclude 8% SST)

FEES :

Specialist: RM100.00

Medical Officer: RM80.00

HO/Nurse/Medical Assistant: RM30.00

Students: RM25.00



Miss Muthu :
publichealth@mma.org.my
03-40411375

Time	Topic	Speaker
07:30-08:00	Registration	–
08:00-08:05	Recite prayers	
08:05-08:10	Opening Speech	Dr Hj,MuhdSiv Azhar Merican Bin Abdullah,Pengarah Hospital Tengku Permaisuri Norashikin
08:10-08:20	Adolescent Screening – When, Where, Why & How	Dr Anu Suria Ganason, Chairperson & Family Medicine Specialist, Universiti Sains Islam Malaysia
08:20-08:30	Overview of Cardiometabolic & Respiratory Conditions in Teenagers	Dr Mohamad Hafiz bin Harun, Public Health Medicine Specialist, Pejabat Kesihatan Daerah Tumpat, Kelantan
08:30-08:50	What's in HEEADSSS	Dr Sharifah Najwa binti Syed Mohamad, Family Medicine Specialist Universiti Sains Islam Malaysia
08:50-09:20	Hypertension in Adolescents & CVS Risk	Dr Anu Ratha Gopal, Paediatrician and Paediatric Cardiologist, Institut Jantung Negara
09:20-09:50	Congenital Cardiac Disease in Young Adults	Dr Anu Ratha Gopal, Paediatrician and Paediatric Cardiologist, Institut Jantung Negara
09:50-10:10	Tea Break	–
10:10-10:40	Metabolic Disorders – Obesity in Adolescents	Dr Thiyagar Nadarajaw, Paediatrician and Adolescent Medicine Specialist, AIMST University, Kedah
10:40-11:10	Nephropathy in Obesity	Dr Selva Kumar Sivapunniam Paediatrician and Paediatric Nephrologist, AIMST University, Kedah
11:10-11:40	Eating Disorders in Teenagers	Dr Chuah Kheng Hui, Paediatrician and Adolescent Medicine Specialist, Hospital Pulau Pinang
11:40-12:10	Obstructive Sleep Apnoea (OSA)	Dr Tan Yee Yen, Paediatrician and Paediatric Respiratory Medicine Specialist, Hospital Tengku Ampuan Rahimah Klang
12:10-12:40	Asthma – Latest GINA & Malaysian CPG	Dr N Fafwati Faridatul Akmar binti Mohamad, Paediatrician and Pediatric Respiratory Medicine Specialist, Hospital Tunku Azizah, Kuala Lumpur
12:40-14:00	Lunch Break & Prayers	–
14:00-14:30	When the body speaks : Understanding functional pain syndromes in adolescents	Dr Nor Azwani binti Che Yusoff , Child and Adolescent Psychiatrist, Hospital Tengku Permaisuri Norashikin
14:30-15:00	The emotional heart: Mood disorder and cardiometabolic health in adolescents	Dr Roopa Vausu Dev Varma , Psychiatrist, Hospital Kuala Lumpur
15:00-15:30	Improving Treatment Adherence in Adolescents	Miss Jacqueline Tan Sheng Ing, Pharmacist Hospital Selayang
15:30-16:00	Transition Care for Adolescents with Chronic Conditions	Dr Thiyagar Nadarajaw, Paediatrician and Adolescent Medicine Specialist, AIMST University, Kedah
16:00-16:05	Closing Remarks	Dr Selva Kumar Sivapunniam