

Stop speculating, allow authorities to probe death of trainee doctor, says MMA

By FAZLEENA AZIZ

Sunday, 08 Mar 2026 | 5:16 PM MYT

PETALING JAYA: The Malaysian Medical Association (MMA) has urged the public to stop speculating and allow the authorities to investigate the death of a 29-year-old trainee doctor at Hospital Sultan Ismail Petra (HSIP) in Kuala Krai, Kelantan.

Its president Datuk Dr Thirunavukarasu Rajoo said this after police classified the case as a Sudden Death Report with no initial criminal elements found.

"The MMA is deeply saddened by the passing of a 29-year-old trainee doctor and extends its heartfelt condolences to the family, friends, and colleagues of the deceased.

"We are concerned about the sharing of content related to this incident and strongly remind all media organisations and social media users to adhere to the national Suicide Content Guidelines when reporting or sharing suicide-related content," he said in a statement on Sunday (March 8).

Additionally, he called for sensitivity over sensationalism, respect for the privacy and

dignity of the bereaved, and responsibility in the sharing of any content, as irresponsible circulation of details can harm vulnerable individuals and inflict further trauma on the family and medical community.

"If you or someone you know is struggling, please seek help and do not suffer in silence.

"Support is also available through MMA HelpDoc (for the medical community), Befrienders Malaysia at 03-7627 2929, and Talian Kasih at 15999," Dr Thirunavukarasu said.

On Saturday (March 7) morning, it was reported that a 29-year-old female trainee doctor was found dead in a hostel room at HSIP.

Kuala Krai OCPD Supt Mazlan Mamat said police were alerted to the incident by hospital authorities at 9.55am.

He said preliminary investigations at the hostel room found the victim lifeless with no signs of foul play or criminal elements detected at the scene.