



President's Message

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“Thank you to all MMA members for your support and trust in me as the President.”

Thank you very much for making time to attend the Annual Banquet in conjunction with the National Convention and Scientific Meeting and the 63rd Annual General Meeting.

Before I begin my speech, let me briefly introduce myself and my background

I am a mum of three married children, my two older daughters are medical doctors and are working overseas. My older daughter is the 2nd of three pioneer doctors in Malaysia who have completed all the requirements of doing the parallel pathway and obtained the Fellowship of the College of Anaesthesiologists of Ireland or FCAI. My second daughter is among the first batch of contract doctors. So I know what it feels like as a parent watching them go through their challenging journey and giving them the moral support. My son, the youngest, is a dentist. My husband, Dr Razak is a paediatric surgeon attached to KPJ Damansara Specialist Hospital.

I graduated with a MD from UKM in 1986. I joined MMA (Malaysian Medical Association) as a houseman in the same year too and later became a life member!

I am a MMA Wilayah member and active in the committee till I became the first female chairperson of MMA Wilayah in 2010-2012.

Subsequently in Central MMA, I was the Hon. Deputy Secretary and then the Hon. Gen. Treasurer (2013/14) before I took a break to take care of my mum who has Alzheimer's Disease.

Concurrently I was also active and life member of two societies & holding posts in the Society for the Advancement of Hormones & Healthy Ageing Medicine Malaysia (SAHAMM), (where I am also one of the founding members) and also in the Medicolegal Society of Malaysia (MLSM).

For my career background, I have served in the public and private hospitals for many years before becoming a solo GP in 1999.

My goal is to give the best patient care when I was a solo GP in TTDI, KL till I decided to end my well established private clinic practice at the end of 2015 to focus on personal health consultation and wellness.

Ladies and gentlemen,

I would like to thank the Immediate Past President of MMA, Dr Muruga Raj Rajathurai for addressing and championing many issues during his term.

During my one-year term of being the President, I would like to address several issues regarding the well-being of doctors in the public sector, ranging from contract doctors to burnout.

The primary dimensions that characterise physician burnout are emotional exhaustion, depersonalisation, and a reduced sense of personal accomplishment. These factors have profound implications that can affect the physicians quality of care toward his/her patients, their own mental/physical health, and even professional relationships within their team. **BMMA**



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