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Diabetes Lifestyle Programme (DLP) presents

2025

PRACTICE UPDATE

W E B I N A R

The Evolving Landscape of Diabetes Care in the GLP-1 Era: Where Does Lifestyle Fit?



6th September 2025, Saturday | 10am – 11.30am

Virtual on **zoom**

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GLP-1 vs Lifestyle Change: Who Leads in the Future of Diabetes Care?

GLP-1 therapies are revolutionizing the way we manage Type 2 diabetes — but as pharmacotherapy advances, where does lifestyle fit in?

Join us for this exclusive webinar featuring **Associate Professor Dr Osama Hamdy** from **Joslin Diabetes Center**, as we explore how lifestyle interventions remain essential in delivering long-term, sustainable outcomes — even in the GLP-1 era.

MODERATOR



Prof Dr Winnie Chee

- DLP Expert Panel Member
- Director, Institute of Research, Development and Innovation (IRDI), IMU University
- Vice President of the Malaysian Dietitians' Association (MDA) and member of the Malaysian Allied Health Professions Council

SPEAKER



Assoc Prof Dr Osama Hamdy

- Senior Endocrinologist and Medical Director of the Obesity Clinic Program and Inpatient Diabetes Program, Joslin Diabetes Center in Boston, Massachusetts
- Associate Professor in Department of Medicine, Harvard Medical School

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