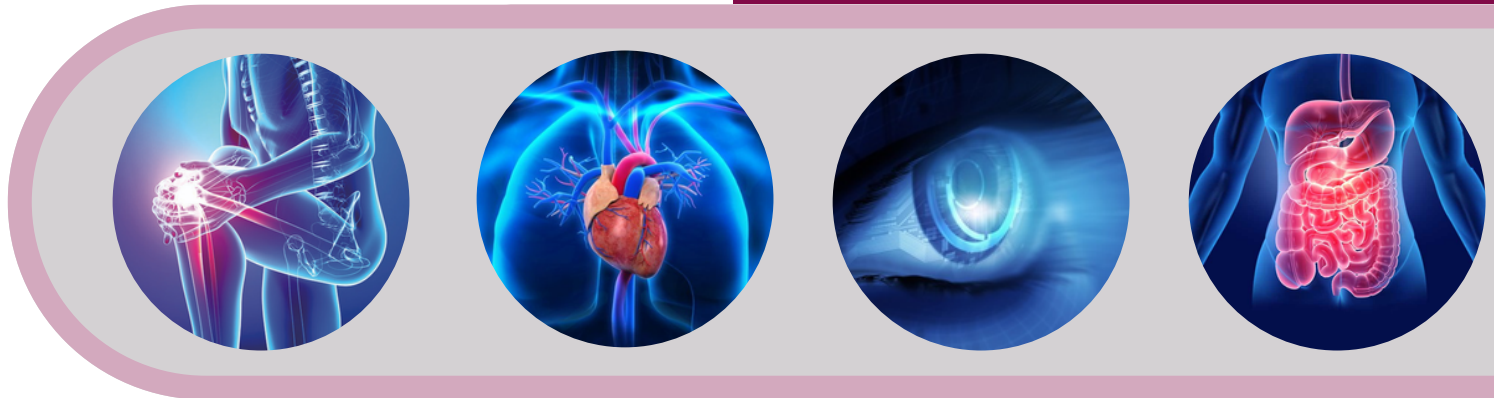




TAIPING MEDICAL UPDATE 2026

**24 - 25
JANUARY 2026**
**GRAND BARON HOTEL,
TAIPING**



REGISTRATION FEES

MMA MEMBER

RM50

**NON MEMBERS :
(LESS THAN 10 YEARS SERVICE)**

RM200

**NON MEMBERS :
(ABOVE 10 YEARS SERVICE)**

RM300

***16 CPD
POINTS***

**REGISTER
HERE**



***** CAR EXHIBITION**

***** LUCKY DRAW**

***** DOOR GIFT**

***GRAND LUCKY DRAW PRIZE
IPAD***

FOR FURTHER DETAILS, KINDLY CONTACT MS MALAR AT 018-8744902 OR EMAIL TO secretariat@mmaperak.org

- 8.00am - 8.30am: Registration
- 8.30am - 9.10am: CME Slot 01 (*Sponsored by Columbia Asia Hospital Taiping*)
Working Together, Minimising Pain, Maximising Benefits
Dr. Karthikeashvaren Subramaniam,
Consultant General Surgeon, Columbia Asia Hospital Taiping
- 9.10am - 9.50am: Breakfast Symposium Day 1 (*Sponsored by Servier Malaysia*)
Beat the Pressure Before It Beats You: Optimizing Hypertension Management with Guidelines
Dr Thong Kah Mean
Consultant Nephrologist, Hospital Raja Permaisuri Bainun, Ipoh
- 9.50am - 10.20am: Coffee / Networking Break
- 10.20am - 10.50am: CME Slot 02
Pearls for Approaching the Unwell Child in Primary Care
Dr. Phan Ai Ping
Family Medicine Specialist, Klinik Kesihatan Menglembu, Ipoh
- 10.50am - 11.30am: CME Slot 03 (*Sponsored by Lab Link Diagnostics*)
TB, NTM and Fungal Infections- Lab link Diagnostics
Dr. Muhammad Nazri Aziz
Consultant Medical Biologist Lab link
- 11.30am-12.10pm CME Slot 04 (*Sponsored by Medefend*)
Ethics and Indemnity: A Dual Approach to Mitigating Risks in Healthcare
Ms. Christine
- 12.10pm - 1.00pm Lunch Symposium Day 1 (*Sponsored by Novo Nordisk*)
Rethinking Obesity Management with the Weight of Evidence with Semaglutide
Dr Tivya Soundarajan
Consultant Endocrinologist, Pantai Hospital, Ipoh
- 1.00pm - 2.00pm: Lunch Break / Prayers
- 2.00pm - 3.00pm: Official Opening Ceremony of Taiping Medical Update 2026
Welcome Speech by Dr. Suretheran Kirsnan, Organising Chairman TMU 2026
Welcome Speech by Dr. Monesh Pillai , Chairman, MMA Perak
Opening Speech by YB Dato' A.Sivanesan Pengerusi Jawatankuasa Sumber Manusia,
Kesihatan, Hal Ehwal Masyarakat India dan Integrasi Nasional Negeri Perak
Opening Ceremony Gimmick
- 3.00pm - 3.40pm: CME Slot 05 (*Sponsored by Columbia Asia Hospital Taiping*)
Red Flags in Rhinology
Dr. Lim Lu Tong, Consultant ENT Surgeon, Columbia Asia Hospital Taiping
- 3.40pm - 4.20pm: Tea Symposium Day 1 (*Sponsored by Hospital Picaso*)
Bariatric & Metabolic Surgery in this era of GLP-1 agonists
Dr Cha Kar Huei
Consultant General Surgeon, Gastrointestinal, Bariatric & Robotic of Hospital Picaso
- 4.20pm - 4.40pm: Coffee / Teabreak
- 4.40pm - 5.00pm Lucky Draw Day 1
- 5.30pm - 7.00pm Walk about / Jogging around Lake Garden Taiping (refreshment given) - *optional*

- 8.00am - 8.30am: Registration Day 2
- 8.30am - 9.10am: CME Slot 06 (*Sponsored by KPJ TMC*)
cataract in the Modern Era: Practical Updates for
Primary Care Doctors
Dr. Punitan Rajendran
- 9.10am - 9.50am: Consultant Ophthalmologist, KPJ Taiping Medical Centre
Breakfast Symposium Day 2 (*Sponsored by Menarini*)
Clear Airways, Clear Mind, Clear Days with Lasting AR relief
Dr. Sudha Sivasamy
Senior Consultant ENT Surgeon
- 9.50am - 10.10am: Coffee / Networking Break
- 10.10am - 10.50am: CME Slot 07 (*Sponsored by Pantai Hospital Ipoh*)
Degenerative Spine Conditions: What GPs Can Manage and What Need Specialist Care
Dr. Azizul Akram
Consultant Orthopedic & Spine Surgeon, Pantai Hospital Ipoh
- 10.50am - 11.30am: CME Slot 08 (*Sponsored by Pantai Hospital Ipoh*)
Common Gynaecological Problems in Primary Care: When to Refer for Laparoscopy?
Dr. Eswaran Sinusamy
Consultant Obstetrics & Gynaecology, Pantai Hospital Ipoh
- 11.30am - 12.10pm: CME Slot 09 (*Sponsored by Zuellig Pharma Sdn. Bhd.*)
Redefine treatment success in T2D: Beyond Glycemic Control
Dr. Sivasangkari Mugilarasan
Consultant Endocrinologist & Internal Medicine Physician
- 12.10pm - 1.00pm: Lunch Symposium Day 2 (*Sponsored by Sunway Medical Centre Ipoh*)
Session 1
PET/CT for GPs: When to Order & What to Expect
Dr. Nurnadiah Binti Ahmad Denil
Resident Consultant - Nuclear Medicine
Session 2
Less Pee more Zzz... managing BPH Effectively!
Dr. L. Sivaneswaran P.M.P
Resident Consultant Urologist
Session 3
Warfarin Management Post Heart Valve Surgery
Dr. Abu Bakar Bin Mamat
Resident Consultant Cardiothoracic Surgeon
- 1.00pm - 2.00pm: Lunch Break / Prayers
- 2.00pm - 2.40pm: CME Slot 10 (*Sponsored by Amgen*)
Beyond Statins
Dr. Kwan Yew Fung
Cardiologist, Sunway Medical Centre Ipoh
- 2.40pm - 3.20pm: CME Slot 11 (*Sponsored by PCSH Ipoh*)
Robotic TKR- A New Era In Arthroplasty
Dr Paul Suman Jeya
Consultant Orthopedic Surgeon, Perak Community Specialist Hospital (PSCH)
- 3.20pm - 4.00pm: Tea Symposium Day 2 (*Sponsored by GSK*)
Relvar: Redefining Asthma Management
Dr. Umadevi A. Muthukumar
Consultant Respiratory and General Physician Hospital Pulau Pinang
- 4.00pm - 4.20pm: Closing remarks by Vice Chairman of MMA Perak / Lucky draw
- 4.20pm - 4.50pm: Coffee / Tea break
- 5.00pm: End of day 2