

# Adolescent Menstruation Myths & Facts



Amenorrhea, Menorrhagia &  
Common Menstrual Disorders

Malaysian Medical  
Association's  
3rd Adolescent Health  
Webinar Series 2025/2026



Invited Speaker:

Dr Sharifah Halimah Jaafar  
Consultant Obstetrician &  
Gynaecologist, Hospital  
PICASO, Petaling Jaya

15 July 2026  
8.00-9.00 PM  
Online via Zoom platform  
Register below!

Moderator:

Dr Sharifah Najwa Syed Mohamad  
Medical Lecturer, USIM  
Family Medicine Specialist &  
Medical Director, USIM Healthcare  
Sdn. Bhd.





**Adolescent Health Committee  
2025-2026**

**WEBINAR SERIES 3:**

**“Adolescent Menstruation Myths & Facts: Amehorrhoea, Menorrhagia and Common Menstrual Disorders”**

Date: 15<sup>th</sup> July 2026, Time: 8.00 – 9.30 pm, Virtual Session (Zoom)

**Programme**

TIME	TOPIC / SPEAKER
8.00 – 8.15 PM	<p style="text-align: center;">Welcome speech</p> <p style="text-align: center;"><b>“Adolescent Menstruation Myths &amp; Facts: Amehorrhoea, Menorrhagia and Common Menstrual Disorders”</b></p> <p style="text-align: center;">Moderator:</p> <p style="text-align: center;"><b>Dr. Sharifah Najwa Binti Syed Mohamad</b></p> <p style="text-align: center;">MMA ADOLESCENT HEALTH COMMITTEE (2025/2026)</p> <p style="text-align: center;">Medical Lecturer UNIVERSITI SAINS ISLAM MALAYSIA (USIM)</p> <p style="text-align: center;">Family Medicine Specialist &amp; Medical Director USIM HEALTHCARE SDN. BHD.</p>
8.15 – 9.15 PM	<p style="text-align: center;"><b>Topic: “Adolescent Menstruation Myths &amp; Facts: Amehorrhoea, Menorrhagia and Common Menstrual Disorders”</b></p> <p style="text-align: center;">Speaker:</p> <p style="text-align: center;"><b>Dr. Sharifah Halimah Jaafar</b> <b>MD (UKM), M.Med (UKM), AM (Mal)</b></p> <p style="text-align: center;"><b>Consultant Obstetrician &amp; Gynaecologist</b> <b>Hospital PiCASO, Petaling Jaya</b></p>
9.15 – 9.30 PM	<p style="text-align: center;"><b>Q&amp;A</b></p> <p style="text-align: center;"><b>Closing remark and session adjourn</b></p>