

PRESIDENT'S MESSAGE

Hello Doctors. I hope all of you are keeping well. Just to share, here are some of the activities in October and November.

To start, we had several MMA States' Installation Dinner/ Annual Dinner.

MMA Penang was the first to organise their Installation Dinner on 30 September 2023. Their Chairman is Dr Divagar a/l Varatha Raju, and it was a well organised dinner; everyone had a good time!

MMA Kelantan held their Annual Dinner on 13 October 2023. Their Chairman is Dr Wan Nor Aina Ar-Mardiyah Binti Wan Jeffrey, and their chief guests included YB Hilmi Abdullah, Health Exco of Kelantan, Dato Dr Zaini, State Health Director, Dr Nikman KPJ Director (gold sponsor).

On 21 October 2023, MMA Sarawak held their Annual Dinner in Sibü. Their guest of honour was YB Joseph Chien, Bukit Assek Assemblyman, representing YB Datuk Amar Prof Dr Sim Kui Hian, Deputy Premier of Sarawak, Minister of Public Health, Housing and Local Government. Their Chairman is Dr Liew Shan Fap, who mentioned that this is the first time that the President of MMA (non-Sarawakian) visited Sibü.

On 28 October 2023, MMA Selangor held their Installation Dinner. Their Chairman is Dr Juliet Mathew, who is also the first female Chairman for this branch. Their guest of honour was YBhg Tan Sri Dr Abu Bakar Suleiman. It was a joyous and memorable event for MMA Selangor!

Not to be outdone, MMA Wilayah held their Installation Dinner on 4 November 2023. Their Chairman is Dr S Selvarajah a/l Sathaya. Their chief guest was Yang Bhg Tan Sri Nor Mohamed Yakcop, Chairman Khazanah Research Institute.

MMA Wilayah is close to my heart as I was installed as the first female Chairman of Wilayah in 2010/12. There were many prominent guests



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With Dr Juliet, Tan Sri Dr Abu Bakar Suleiman and Dr Kalwinder Singh

attending the event including The Flying Doctor of Malaysia, the fastest man in Asia then, YBhg. Tan Sri Dr M Jegathesan who celebrated his 80th birthday on 2 November 2023. He looked amazing! He is famed for saying "Never be afraid to dream".

MMA Melaka also had their Installation Dinner on 4 November 2023, which I had to decline as MMA Wilayah invited me first. It is advisable for State Chairmen to check with MMA Central on the President's diary if you would like the President to attend any event organised by the State.

MMA also celebrated Doctor's Day at MMA House on 15 October 2023 whereby it was graced by Deputy DG of Health (Research & Technical Support) Datuk Dr Nor Fariza Ngah as the guest of honour. Activities for the public was a free medical camp with free health screenings done for the public.

The sharing of the SCHOMOS Survey was done over a period of 17 days from 15 September – 1 October 2023 (to get feedback from doctors regarding work environment and work culture) by Dr Loke Xi Mun. I had mentioned in my Inaugural Speech on addressing the issues of doctors well-being in the public and also private sectors, thus this survey was intended to source for data on public doctors.

The survey results showed 728 doctors participated; comprising 46 House Officers, 476 Medical Officers and 206 specialists/consultants. Overall, 90% of doctors still work overtime at varying degrees. 30-40% across all States reported having experienced some form of bullying. It became a headline in the press and caught MOH attention!

Apart from that I was invited as MMA President to a forum organised by IMAM (Islamic Medical Association of



Myself at IMAM conference

Malaysia) on 27 October 2023 in conjunction with their annual international scientific conference.

The topic of the forum together with three prominent lady leaders was "Muslim Women Leadership in Healthcare & Nation Building".

That is all for now doctors. Lets see how we can contribute to healthcare as doctors, take care of your well being to give quality and safe patient care!

Thank you.



With Tan Sri Dr M. Jegathesan