

Hi everyone, I'm Patricia Lim, also known as Tortoise Pat, 41 and married without kiddo! My sports journey started with boot camp in 2021 and progressed to running and cycling. I'm lucky to have completed a few interstates and century rides and then I fell in love with triathlon and fortunate completed a few Ironman races.

This year, I had planned to take it easy and not sign up for any Ironman races, but you were inspired by Kristy Chai to participate in a charity ride. I agreed without hesitation and now I'm getting back into training with your road bike. I'm excited to meet new friends and spread awareness about the ROSE charity.

#tortoisepat #cervelo #giro #specialize #koda #ridelikeagirl

