

Don't Hold It In: Unlocking the Secrets of Urological Wellness

Urology Webinar 2025

Topics

1. Stone Disease
2. Hematuria
3. Lower Urinary Tract Symptoms
4. Prostate Cancer
5. Erectile Dysfunction
6. Female Urology

12 & 13 July 2025
0800-1600 MST

***CPD points awarded**

Join us for a two-day comprehensive online event addressing key issues in urological health. Designed for both healthcare professionals and the public, this webinar aims to raise awareness, debunk myths, and offer practical insights into urinary tract health.

 12–13 July 2025

 Virtual Platform (Webinar Link to be Provided)

DAY 1: For General Practitioners

 12th July 2025 (Saturday)

 8:00 AM – 4:00 PM

0800–0820 | Participant Registration
0820–0830 | Prologue – *Dr (Mr) Ahmad Nazran*

 Plenary 1
0830–0900 | Urinary Stones: Unveiling the Hard Truth of Stone Disease
— *Dr (Mr) Jeffery Lim Ze Kang*

0900–0930 | Working Up a Patient with Haematuria
— *Dr (Miss) Karthika*

0930–1000 | Prostatomegaly – When Do I Refer Out?
— *Dr (Mr) Novinth Kumar*

1000–1015 |  Morning Break

 Plenary 2
1015–1045 | Shedding Light on Erectile Dysfunction
— *Dr (Mr) Chai Chu Ann*

1045–1115 | Evaluation of Bothersome Nocturia and OAB
— *Dr (Mr) Ahmad Nazran*

1115–1145 | Renal Cysts Demystified
— *Prof Dr Shanggar Kuppusamy*

1145–1215 |  Lunch Symposium

1215–1300 | Break

 Plenary 3
1300–1330 | Debunking Myths Surrounding UTIs
— *Dr (Mr) Kanesh Kumaran*

1330–1400 | PSA Levels – When and Why?
— *Prof Dr Ong Teng Aik*

1400–1430 |  Tea Symposium

1430–1530 | Management of Catheters and Tubes in Primary Care
— *Dr Desmond Ling*

1530–1600 |  Closing Remarks



Why Attend?

Gain expert insights into common and complex urological issues

Learn practical tips for diagnosis and management

Designed for both professionals and the general public

DAY 2: Public Awareness Session

13th July 2025 (Sunday)

8:00 AM – 1:15 PM

Itinerary:

0800–0850 | Participant Registration
0850–0900 | Prologue – *Dr (Mr) Ahmad Nazran*

Plenary 1

0900–0930 | Why Me? Is It Abnormal to Have Prostate Enlargement?
— *Dr (Mr) Umadhevan*

0930–1000 | Can Supplements Reduce My Prostate Size or Dissolve Stones?
— *Dr (Mr) Razaleigh*

Plenary 2

1000–1030 | Fast, Shy, or Lazy? Breaking the Silence on Men's Sexual Health
— *Dr (Mr) Devindran*

1030–1100 | Why Can't I Hold It In? Comprehending Female Incontinence
— *Dr Shuhada*

1030–1100 | Stone-Buster: A Pathway in Conquering Kidney Stones
— *Dr (Mr) Mugialan*

1100–1130 | When Urine Turns Crimson: Managing Blood in Your Pee
— *Dr (Mr) Kumarappan a/l Alagappan*

1130–1200 | Break

Plenary 3

1200–1230 | Restless Nights: Understanding Nocturia
— *Dr (Mr) William Ong*

1230–1300 | The Midnight Leak: Bedwetting in Children
— *Dr (Mr) Roger Anthony Idi*

1300–1315 | Epilogue

SCAN ME

